

1. Luther 174; 2. Central 162; 3. Simpson 122; 4. Wartburg 91; 5. Dubuque 21; 6. Buena Vista 10; 7. William Penn 6; 8. Upper Iowa 0.

High jump — 1. Scott Smart, Central, 6-8½ (record — old mark, 6-6, Percy Graves, William Penn, 1974, Randy Jones, Central, 1977, and Cal Tadema, Central, 1979); 2. Tom Wilson, Luther, 6-4; 3. Mike Updike, Simpson, 6-4; 4. Scott Sievers, Buena Vista, 6-4; 5. Tie among Al Friedland, Central, Paul Zenke, Luther, and Dave Venne, Luther, 6-0.

Discus — 1. Bret Hennessy, Simpson, 153-3; 2. Jeff Glaw, Wartburg, 149-0; 3. Kean Richard, Central, 147-1; 4. Eric Brekke, Luther, 140-11½; 5. Mark Coast, Central, 138-1; 6. Kevin German, Luther, 135-4.

Pole vault — 1. Pete Forsgren, Luther, 14-0; 2. Jason Locke, Central, 13-6; 3. Eric Bunge, Luther, 13-6; 4. Darryl Speller, Luther, 13-0; 5. Steve Sproule, Central, 12-6.

Triple jump — 1. Cyril Jervis, Luther, 46-9½; 2. John Whipple, Central, 45-8½; 3. Rich Van Pelt, Simpson, 45-1; 4. Lee Dillard, William Penn, 43-4; 5. Chip Norris, Luther, 42-3¼; 6. Steve Strawser, Central, 42-3.

3,000-meter steeplechase — 1. Mark Muyskens, Central, 9:21.72; 2. Mark Glessner, Luther, 9:38.90; 3. Mike Dodseth, Luther, 9:53.26; 4. Scott Visser, Central, 10:06.60; 5. T.J. Shirley, Dubuque, 10:13.00; 6. Mark Jensen, Luther, 10:25.60.

4 x 100-meter relay — 1. Simpson (Pat Lister, Kevin Speese, Larry Lehmer, Jeff Nielsen), :42.93; 2. Central, :42.96; 3. Wartburg, :43.16; 4. Luther, :43.97; 5. Buena Vista, :45.80.

1,500 meters — 1. Steve Rogers, Wartburg, 3:54.80; 2. Doug Rogers, Wartburg, 3:54.90; 3. Marty Wubbena, Central, 3:55.90; 4. Doug Kitzinger, Luther, 3:56.12; 5. Rob Serres, Luther, 3:57.10; 6. Pete Anderson, Central, 3:59.10.

110-meter high hurdles — 1. Kevin Speese, Simpson, :14.94; 2. Rich Barnett, Wartburg, :15.12; 3. Steve Strawser, Central, :15.13; 4. Dave Venne, Luther, :15.26; 5. Bradd Markush, Luther, :15.35; 6. Jeff Pfundheller, Central, :15.40.

400 meters — 1. Brad Depke, Central, :47.91 (record — old mark, :49.57, Gary Nymeyer, William Penn, 1977); 2. Rich Van Pelt, Simpson, :48.70; 3. Ron Bolden, Luther, :49.37; 4. Wes Boehm, Simpson, :50.10; 5. Mike Boender, Wartburg, :50.70; 6. Jim Kust, Luther, :50.75.

100 meters — 1. Jeff Nielsen, Simpson, :10.54 (record — old mark, :10.7, Sam Maxie, Simpson, 1977, and Don Keller, Central, 1979); 2. Niel Mullen, Wartburg, :10.96; 3. Aaron Ellis, Luther, :11.10; 4. John Warren, Central, :11.30; 5. Larry Lehmer, Simpson, :11.40; 6. Chip Norris, Luther, :11.45.

800 meters — 1. Dave Van Sickle, Simpson, 1:55.18; 2. Doug Kitzinger, Luther, 1:55.40; 3. Brad Schulze, Central, 1:55.70; 4. Steve Rogers, Wartburg, 1:57.09; 5. Scott Layman, Luther, 1:58.60; 6. Pete Anderson, Central, 1:59.80.

400-meter intermediate hurdles — 1. Rich Van Pelt, Simpson, :55.10; 2. Dan Kust, Luther, :55.10; 3. Tim Schaefer, Luther, :55.20; 4. Brad Markush, Luther, :56.24; 5. Phil Sudman, Central, :56.65; 6. Rich Barnett, Wartburg, :57.0.

200 meters — 1. Jeff Nielsen, Simpson, :21.76 (record — old mark, :21.8, Sam Maxie, Simpson, 1977); 2. Brad Depke, Central, :22.0; 3. Niel Mullen, Wartburg, :22.02; 4. Ron Bolden, Luther, :22.53; 5. Rich Van Pelt, Simpson, :22.9; 6. Scott Harms, Central, :22.95.

5,000 meters — 1. Mark Glessner, Luther, 15:01.18 (record — old mark, 15:08.0, Jim Thompson, Wartburg, 1979); 2. Marty Wubbena, Central, 15:11.0; 3. Paul Sparks, Central, 15:12.37; 4. Rob Serres, Luther, 15:12.99; 5. Dan Inbody, Luther, 15:25.55; 6. Doug Rogers, Wartburg, 15:34.50.

4 x 400 relay — 1. Central (Marty Kauzlarich, Paul Van Farow, Brad Schulze, Brad Depke), 3:20.34; 2. Simpson, 3:20.7; 3. Luther, 3:22.90; 4. Wartburg, 3:28.55; 5. William Penn, 3:35.4.