

AT INDIANOLA**Mens' Team Scoring**

1. Luther 187½; 2. Simpson 154½; 3. William Penn 80; 4. Wartburg 59; 5. Central 55½; 6. Dubuque 27; 7. Buena Vista 26½.

Mens' Results

10,000—1. Justin Garcia, Simpson, 32:21.6; 2. Stephen Sandness, Luther, 33:10.3; 3. Brian Stevens, Dubuque, 33:37.6.

Shot put—1. Tracy Teague, Buena Vista, 48-0; 2. Bob Phelps, Luther, 46-9; 3. Greg Wellman, Simpson, 46-1¼.

Javelin—1. Kip Janverin, Simpson, 171-2; 2. Chris Bandy, Simpson, 166-5; 3. John Pelzer, Buena Vista, 163-7.

Long jump—1. Louis Glasper, William Penn, 23-4½; 2. Mike Richards, William Penn, 22-11¼; 3. Janverin, Simpson, 21-10.

Pole vault—1. Janverin, Simpson, 15-1 (record; old record, 15-0, Forsgren, Simpson, 1977 and Bunge, Luther, 1984); 2. Rob Junkroski, Dubuque, 13-6; 3. Eric Blumhagen, Luther, 13-0.

Discus—1. Phelps, Luther, 138-5; 2. Curt Mayer, Buena Vista, 137-0; 3. Bill Fullerton, Luther, 135-3.

High jump—1. Janverin, Simpson, 6-6; 2. Todd Bohnsack, Luther, 6-4; 3. tie, Steve Johnson, Luther, and Martin VanZee, Central, 6-2.

3,000 steeplechase—1. Loran Storts, Luther, 9:32.8; 2. Paul Runnel, Luther, 9:36.8; 3. Terry Ramlo, Luther, 9:44.1.

4x100—1. William Penn (Joe Sales, Glasper, Rich Pena, Tom Young) 42.0 (record; old record, 42.5, Central, 1982); 2. Central 42.4; 3. Wartburg 43.2.

1,500—1. Jeff Brooks, Simpson, 3:52.3 (record; old record, 3:53.7, Fitzsimmons, Central, 1979); 2. Mike Christiansen, Simpson, 3:53.9; 3. Craig Crandall, Luther, 3:54.3.

110 high hurdles—1. Mark Hillman, Luther, 15.4; 2. Janverin, Simpson, 15.8; 3. Rick Coy, Simpson, 16.0.

Triple jump—1. Glasper, William Penn, 45-2½; 2. Mike Richards, William Penn, 44-8¾; 3. Steve Johnson, Luther, 44-3½.

400—1. Steve Naatz, Dubuque, 48.9; 2. Pena, William Penn, 49.1; 3. Rich Freland, William Penn, 49.5.

100—1. Glenn Norwood, Central, 11.1; 2. Tony Harris, Wartburg, 11.1; 3. Wade Welton, Simpson, 11.3.

800—1. Brooks, Simpson, 1:53.6; 2. Dave Juhl, Luther, 1:54.5; 3. Christiansen, Simpson, 1:54.8.

400 intermediate hurdles—1. Janverin, Simpson, 53.5 (record; old record, 53.7, Kasik, Wartburg, 1984); 2. Todd Sanford, Wartburg, 55.2; 3. Eric Engelby, Wartburg, 55.5.

200—1. Norwood, Central, 21.9; 2. Harris, Wartburg, 22.2; 3. Pena, William Penn, 22.4.

5,000—1. Storts, Luther, 15:00.12; 2. Al Livingood, Luther, 15:04.9; 3. Craig Crandall, Luther, 15:06.7.

4x400—1. William Penn (Roy Moorman, Mike Richards, Freland, Pena) 3:18.8; 2. Simpson 3:19.4; 3. Luther 3:21.4.

Women's Team Scoring

1. Central 226; 2. William Penn 116; 3. Wartburg 99; 4. Luther 65; 5. Simpson 47; 6. Dubuque 6; 7. Buena Vista 1.

Women's Results

Discus—1. Carol Garlow, Central, 124-2 (record; old record, 123-9, Garlow, Central, 1985); 2. Melissa Ferguson, Central, 119-7; 3. Jan Dass, Wartburg, 112-7.

High jump—1. Renee Addison, William Penn, 5-4; 2. Jan Quick, Central, 5-4; 3. Teresa Cordes, Wartburg, 5-2.

Long jump—1. Lori Sears, Central, 17-10½; 2. Michelle Palmer, William Penn, 16-7½; 3. Krista Flory, Central, 16-5½.

10,000—1. Ingrid Elvebak, Central, 39:37.3 (record; old record, 40:30.2, Hougland, Luther, 1984); 2. Sarah Lutz, Wartburg, 40:17.8; 3. Connie Kemp, Central, 41:16.6.

Javelin—1. Kim Amidon, Luther, 111-5; 2. Heidi Bickel, Luther, 96-10; 3. Mary Body, Central, 94-3.

Triple jump—1. Jane Dalen, Luther, 35-3 (record; old record, 33-0, McKnight, Dubuque, 1985); 2. Jacqui Johnson, William Penn, 32-11½; 3. Flory, Central, 32-4¾.

Shot put—1. Ferguson, Central, 42-3½ (record; old record, 41-9¾, Ferguson, Central, 1984); 2. Garlow, Central, 36-11¾; 3. Renee Hudson, Simpson, 36-2¾.

5,000—1. Elvebak, Central, 18:43.4 (record; old record, 18:45.3, Swiggum, Luther, 1984); 2. Lutz, Wartburg, 19:06.0; 3. Paula Wilbur, Central, 19:37.6.

4x100—1. William Penn (Angie Thompson, Johnson, Deshay Addison, Renee Addison) 49.8; 2. Central 50.0; 3. Wartburg 51.5.

1,500—1. Karen Baumgartner, Wartburg, 4:50.6; 2. Connie Kemp, Central, 4:54.7; 3. Lori Phipps, Luther, 4:59.5.

100 hurdles—1. Sears, Central, 15.2; 2. Johnson, William Penn, 15.3; 3. Desiree Orwig, William Penn, 15.7.

400—1. R. Addison, William Penn, 58.8 (tied record, Cesar, Central, 1983); 2. Quick, Central, 59.1; 3. D. Addison, William Penn, 59.3.

100—1. Shari Underwood, Simpson, 12.9; 2. Andrea Janssen, Wartburg, 13.2; 3. Marti Haan, Central, 13.3.

800—1. Baumgartner, Wartburg, 2:21.5; 2. Deb Kerchebal, Central, 2:23.5; 3. Sue Erickson, Luther, 2:26.2.

400 hurdles—1. Orwig, William Penn, 1:04.5 (record; old record, 1:04.6, Sears, Central, 1984); 2. Amy Usher, Simpson, 1:04.8; 3. Johnson, William Penn, 1:07.2.

200—1. Quick, Central, 25.8; 2. R. Addison, William Penn, 26.8; 3. Haan, Central, 26.9.

3,000—1. Elvebak, Central, 10:50.8; 2. Mary Pishek, Simpson, 10:55.7; 3. Lenni O'Neill, Central, 10:57.7.

4x400—1. William Penn (Johnson, Orwig, D. Addison, R. Addison) 4:01.8; 2. Central 4:04.9; 3. Wartburg 4:12.1.