

## Men's Scoring

1. Loras 180½; 2. Simpson 169½; 3. Luther 119; 4. Central 85½; 5. Buena Vista 79; 6. Wartburg 68½; 7. William Penn 15; 8. Upper Iowa 4; 9. Dubuque 3.

## Results

**Shot put**—1. Brian Kulf (Lo), 15.55 meters (about 51 feet); 2. Lance Hindt (WP), 15.06; 3. P.J. Holbach (W), 14.73.

**Discus**—1. Kulf (Lo), 46.72 meters (about 155 feet); 2. Greg Cox (S), 45.66; 3. Curt Mayer (BV), 43.82.

**Javelin**—1. Dave Den Hartog (Lu), 59.59 meters (about 195 feet 6 inches); 2. Kent Jay (S), 54.23; 3. Hindt (WP), 53.12.

**High jump**—1. Ken Fox (BV), 2.3 meters (about 7 feet 6 inches); 2. Tie, Rick Burke (Lu) and Chris Laufenberg (C), 1.98.

**Pole vault**—1. Randy Lewis (BV), 4.57 meters (about 15 feet); 2. Allen Krob (Lo), 4.42; 3. Jim Bruxvort (C), 4.42.

**Long jump**—1. Mike Cunningham (S), 6.82 meters (about 22 feet 4 inches); 2. Rob Liston (S), 6.82; 3. Maury Zuber (C), 6.79.

**Triple jump**—1. Jason Smith (Lo), 13.81 meters (about 45 feet 4 inches); 2. Doug Delahanty (Lu), 13.52; 3. Tim Vander Hoot (Lu), 13.51.

**100**—1. Barry Harris (Lo), 10.6; 2. Dan Wallace (C), 10.7; 3. Brenton Shavers (S), 10.7.

**110 hurdles**—1. Shavers (S), 14.4; 2. Mike Godbout (S), 14.5; 3. John Hintz (W), 14.9.

**200**—1. Harris (Lo), 21.5; 2. David Ellingson (C), 21.9; 3. Wallace (C), 22.0.

**400**—1. Harris (Lo), 49.1; 2. Mike Naslund (Lu), 49.9; 3. Tony Lawrence (BV), 50.1.

**400 hurdles**—1. Tim Keane (Lo), 54.0; 2. Lawrence (BV), 54.4; 3. Tom Walter (Lu), 55.2.

**800**—1. John Ondande (Lo), 1:55.1; 2. Paul Lovell (C), 1:55.1; 3. Bob Howie (W), 1:56.3.

**1,500**—1. Kori Stoffregen (W), 3:59.7; 2. Brian Annis (Lo), 4:01.4; 3. Kevin Drake (S), 4:02.2.

**3,000 steeplechase**—1. Ondande (Lo), 9:46.4; 2. Jon Jensen (Lu), 9:53.8; 3. Eric Wood (Lu), 9:59.4.

**5,000**—1. Dave Halferty (S), 16:43.6; 2. Dave Heppner (Lo), 16:52.0; 3. Stoffregen (W), 16:52.1.

**10,000**—1. Halferty (S), 31:49.5; 2. Heppner (Lo), 32:33.5; 3. Ron Cox (C), 32:35.7.

**4 x 100**—1. Central (Wallace, John Adams, Jeff Wallerich, Ellingson), 42.3; 2. Simpson, 43.2; 3. Loras 43.4.

**4 x 400**—1. Loras (Keane, Garg Heilers, Harris, Ondande), 3:19.9; 2. Simpson, 3:19.9; 3. Luther, 3:21.3.

## Women's Scoring

1. Simpson 206; 2. Central 116; 3. Buena Vista 106; 4. Wartburg 100½; 5. Loras 93; 6. Luther 67½; 7. William Penn 5; 8. Dubuque 1.

## Results

**Shot put**—1. Renee Hudson (S), 13.5 meters (about 44 feet 1 inch); 2. Joni Waters, 13.08; 3. Tina Gehringer (C), 11.86.

**Discus**—1. Julie Fortin (C), 41.71 meters (about 135 feet 7 inches); 2. Jane Dicke (W), 40.13; 3. Shelly Miller (BV), 37.96.

**Javelin**—1. Kristin Tondra (Lu), 38 meters (about 124 feet 6 inches); 2. Juli Welu (Lo), 33.7; 3. Jill Harden (BV), 33.37.

**High jump**—1. Lynette Vogt (S), 1.58 meters (about 5 feet); 2. Julie Evers (BV), 1.53; 3. Sue Chapman (W), 1.53.

**Long jump**—1. Barb Buckwalter (BV), 5.55 meters (about 18 feet 1 inch); 2. Audrey Everson (S), 5.54; 3. Missy Mellecker (S), 5.4.

**Triple jump**—1. Julie Ingram (Lo), 10.86 meters (about 35 feet 6 inches); 2. Steph Schulte (C), 10.63; 3. Kelly Flory (C), 10.37.

**100**—1. Steph Schulte (C), 12.6; 2. Buckwalter (BV), 12.8; 3. Angie Heilmann (W), 13.0.

**100 hurdles**—1. Kim Beckman (BV), 15.3; 2. Michelle Cutler (S), 15.4; 3. Missy Mellecker (S), 15.5.

**200**—1. Rhesa Ashbacher (S), 26.2; 2. Evers (BV), 26.4; 3. Barb Adderly (Lo), 26.4.

**400**—1. Ashbacher (S), 59.4; 2. Barb Adderly (Lo), 1:00.2; 3. Lisa Simpson (S), 1:01.0.

**400 hurdles**—1. Barb Buckwalter (BV), 1:05.7; 2. Lori Meade (S), 1:08.5; 3. Lisa Ness (W), 1:09.5.

**800**—1. Everson (S), 2:15.8; 2. Amy Hudek (S), 2:21.1; 3. Mary Welsh (Lo), 2:24.4.

**1,300**—1. Sarah Cross (S), 4:49.4; 2. Lynn Schull (S), 4:50.3; 3. Welsh (Lo), 4:55.0.

**3,000**—1. Schull (S), 10:50.4; 2. Sarah Cross (S), 10:51.0; 3. Maggie Schroeder (Lo), 11:04.6.

**5,000**—1. Mary Pishek (S), 18:35.2 (meet record); 2. Teresa Newcomb (C), 18:53.1; 3. Vickie Belcher (S), 19:29.7.

**10,000**—1. Newcomb (C), 39:17.0; 2. Amy Babcock (S), 40:10.5; 3. Nancy Peterson (S), 40:18.9.

**4 x 100**—1. Buena Vista (Jonda Black, Beckman, Evers, Buckwalter), 49.9; 2. Wartburg, 50.4; 3. Central, 50.7.

**4 x 400**—1. Simpson (Everson, Ashbacher, Hudek, Simpson), 4:03.4; 2. Loras; 3. Central.