

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Women 100 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

**Meet Record:** 11.98 # 1998 **Melanie Uhl, BUENA VISTA**  
**NCAA AUTO:** 11.97 @  
**NCAA PROVO:** 12.33 %

| Name                  | School           | Prelims   | Wind | H# |
|-----------------------|------------------|-----------|------|----|
| <b>Preliminaries</b>  |                  |           |      |    |
| 1 Burt, Faith         | Wartburg College | % 12.31 Q | 1.0  | 3  |
| 2 Coleman, Felicia    | Central          | 12.37 Q   | 2.0  | 2  |
| 3 Morrison, Nevada    | Wartburg College | 12.45 Q   | 1.0  | 1  |
| 4 Wright, Stefani     | Coe              | 12.51 q   | 1.0  | 3  |
| 5 Thomas, Brittany    | Wartburg College | 12.55 q   | 2.0  | 2  |
| 6 Sindelar, Sarah     | Luther           | 12.77 q   | 1.0  | 1  |
| 7 Boraas, Sarah       | Wartburg College | 12.80 q   | 2.0  | 2  |
| 8 Starks, Tieisha     | Dubuque          | 12.98 q   | 1.0  | 3  |
| 9 Loftus, Kathleen    | Loras            | 13.03     | 1.0  | 1  |
| 10 Grangaard, Melanie | Luther           | 13.05     | 1.0  | 3  |
| 11 Sieverding, Molly  | Loras            | 13.07     | 1.0  | 1  |
| 12 Pilcher, Molly     | Loras            | 13.09     | 2.0  | 2  |
| 13 Denny, Alisa       | Coe              | 13.12     | 1.0  | 3  |
| 14 Gerst, Lis         | Central          | 13.41     | 1.0  | 1  |
| 15 Mulder, Nicole     | Simpson          | 13.53     | 2.0  | 2  |
| 16 Maher, Jordan      | Simpson          | 13.70     | 1.0  | 3  |
| 17 Boyd, Andrea       | Buena Vista      | 13.92     | 2.0  | 2  |
| 18 Freland, Elsie     | Cornell College  | 14.49     | 1.0  | 1  |

**Women 100 Meter Dash**

**Meet Record:** 11.98 # 1998 **Melanie Uhl, BUENA VISTA**  
**NCAA AUTO:** 11.97 @  
**NCAA PROVO:** 12.33 %

| Name                  | School           | Prelims | Finals  | Wind | Points |
|-----------------------|------------------|---------|---------|------|--------|
| <b>Finals</b>         |                  |         |         |      |        |
| 1 Burt, Faith         | Wartburg College | 12.31   | 12.26 % | 1.2  | 10     |
| 2 Coleman, Felicia    | Central          | 12.37   | 12.38   | 1.2  | 8      |
| 3 Wright, Stefani     | Coe              | 12.51   | 12.46   | 1.2  | 6      |
| 4 Boraas, Sarah       | Wartburg College | 12.80   | 12.71   | 1.2  | 5      |
| 5 Thomas, Brittany    | Wartburg College | 12.55   | 12.72   | 1.2  | 4      |
| 6 Starks, Tieisha     | Dubuque          | 12.98   | 12.99   | 1.2  | 3      |
| 7 Sindelar, Sarah     | Luther           | 12.77   | 13.00   | 1.2  | 2      |
| 8 Morrison, Nevada    | Wartburg College | 12.45   | 13.39   | 1.2  | 1      |
| <b>Preliminaries</b>  |                  |         |         |      |        |
| 9 Loftus, Kathleen    | Loras            | 13.03   |         |      |        |
| 10 Grangaard, Melanie | Luther           | 13.05   |         |      |        |
| 11 Sieverding, Molly  | Loras            | 13.07   |         |      |        |
| 12 Pilcher, Molly     | Loras            | 13.09   |         |      |        |
| 13 Denny, Alisa       | Coe              | 13.12   |         |      |        |
| 14 Gerst, Lis         | Central          | 13.41   |         |      |        |
| 15 Mulder, Nicole     | Simpson          | 13.53   |         |      |        |
| 16 Maher, Jordan      | Simpson          | 13.70   |         |      |        |
| 17 Boyd, Andrea       | Buena Vista      | 13.92   |         |      |        |
| 18 Freland, Elsie     | Cornell College  | 14.49   |         |      |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Women 200 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

**Meet Record:** 24.49 # 2010 Faith Burt, WARBURG  
**NCAA AUTO:** 24.50 @  
**NCAA PROVO:** 25.25 %

| Name                  | School           | Prelims | Wind | H# |
|-----------------------|------------------|---------|------|----|
| <b>Preliminaries</b>  |                  |         |      |    |
| 1 Burt, Faith         | Wartburg College | 25.36 Q | 1.7  | 4  |
| 2 Wright, Stefani     | Coe              | 25.36 Q | 0.8  | 3  |
| 3 Coleman, Felicia    | Central          | 25.67 Q | 0.9  | 1  |
| 4 Morrison, Nevada    | Wartburg College | 25.69 Q | 0.8  | 2  |
| 5 Morrison, Skye      | Wartburg College | 25.54 q | 0.8  | 3  |
| 6 Kregel, Kendra      | Wartburg College | 25.93 q | 1.7  | 4  |
| 7 Heizer, Sara        | Coe              | 26.10 q | 0.9  | 1  |
| 8 Teas, Emily         | Central          | 26.35 q | 0.8  | 2  |
| 9 springer, kelli     | Coe              | 26.41   | 0.8  | 2  |
| 10 Denny, Alisa       | Coe              | 26.42   | 0.8  | 3  |
| 11 Loftus, Kathleen   | Loras            | 26.88   | 0.8  | 3  |
| 12 Sindelar, Sarah    | Luther           | 26.89   | 0.8  | 2  |
| 13 Pilcher, Molly     | Loras            | 26.98   | 0.9  | 1  |
| 14 Starks, Tieisha    | Dubuque          | 27.02   | 1.7  | 4  |
| 15 Grangaard, Melanie | Luther           | 27.04   | 0.9  | 1  |
| 16 Ferch, Kirsten     | Loras            | 27.13   | 1.7  | 4  |
| 17 Purdy, Rachel      | Central          | 27.66   | 0.9  | 1  |
| 18 Wynn, Tiffany      | Dubuque          | 27.86   | 0.8  | 2  |
| 19 Hennessy, Anna     | Luther           | 27.92   | 0.8  | 3  |
| 20 Schafbuch, Bailey  | Buena Vista      | 28.05   | 0.8  | 3  |
| 21 Sieverding, Molly  | Loras            | 28.23   | 0.8  | 2  |
| 22 Boyd, Andrea       | Buena Vista      | 28.26   | 1.7  | 4  |
| 23 Meyers, Alyse      | Simpson          | 28.54   | 0.9  | 1  |
| 24 Guittar, Anna      | Cornell College  | 28.66   | 0.9  | 1  |
| 25 Strobel, Jaimie    | Dubuque          | 28.86   | 1.7  | 4  |
| 26 Freland, Elsie     | Cornell College  | 29.86   | 0.8  | 2  |
| 27 Kraker, Melissa    | Cornell College  | 29.96   | 0.8  | 3  |
| 28 Kirts, Meagan      | Simpson          | 30.29   | 1.7  | 4  |

**Women 200 Meter Dash**

**Meet Record:** 24.49 # 2010 Faith Burt, WARBURG  
**NCAA AUTO:** 24.50 @  
**NCAA PROVO:** 25.25 %

| Name               | School           | Prelims | Finals  | Wind | Points |
|--------------------|------------------|---------|---------|------|--------|
| <b>Finals</b>      |                  |         |         |      |        |
| 1 Burt, Faith      | Wartburg College | 25.36   | 25.05 % | 0.9  | 10     |
| 2 Coleman, Felicia | Central          | 25.67   | 25.36   | 0.9  | 8      |
| 3 Morrison, Nevada | Wartburg College | 25.69   | 25.40   | 0.9  | 6      |
| 4 Wright, Stefani  | Coe              | 25.36   | 25.61   | 0.9  | 5      |
| 5 Kregel, Kendra   | Wartburg College | 25.93   | 25.62   | 0.9  | 4      |
| 6 Morrison, Skye   | Wartburg College | 25.54   | 25.90   | 0.9  | 3      |
| 7 Teas, Emily      | Central          | 26.35   | 26.33   | 0.9  | 2      |
| 8 Heizer, Sara     | Coe              | 26.10   | 26.59   | 0.9  | 1      |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Preliminaries ... (Women 200 Meter Dash)**

| Name                 | School             | Prelims         | Finals | Wind | Points |
|----------------------|--------------------|-----------------|--------|------|--------|
| <b>Preliminaries</b> |                    |                 |        |      |        |
| 9                    | springer, kelli    | Coe             | 26.41  |      |        |
| 10                   | Denny, Alisa       | Coe             | 26.42  |      |        |
| 11                   | Loftus, Kathleen   | Loras           | 26.88  |      |        |
| 12                   | Sindelar, Sarah    | Luther          | 26.89  |      |        |
| 13                   | Pilcher, Molly     | Loras           | 26.98  |      |        |
| 14                   | Starks, Tieisha    | Dubuque         | 27.02  |      |        |
| 15                   | Grangaard, Melanie | Luther          | 27.04  |      |        |
| 16                   | Ferch, Kirsten     | Loras           | 27.13  |      |        |
| 17                   | Purdy, Rachel      | Central         | 27.66  |      |        |
| 18                   | Wynn, Tiffany      | Dubuque         | 27.86  |      |        |
| 19                   | Hennessy, Anna     | Luther          | 27.92  |      |        |
| 20                   | Schafbuch, Bailey  | Buena Vista     | 28.05  |      |        |
| 21                   | Sieverding, Molly  | Loras           | 28.23  |      |        |
| 22                   | Boyd, Andrea       | Buena Vista     | 28.26  |      |        |
| 23                   | Meyers, Alyse      | Simpson         | 28.54  |      |        |
| 24                   | Guittar, Anna      | Cornell College | 28.66  |      |        |
| 25                   | Strobel, Jaimie    | Dubuque         | 28.86  |      |        |
| 26                   | Freland, Elsie     | Cornell College | 29.86  |      |        |
| 27                   | Kraker, Melissa    | Cornell College | 29.96  |      |        |
| 28                   | Kirts, Meagan      | Simpson         | 30.29  |      |        |

**Women 400 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times****Meet Record: 54.56 # 2007 Hannah Baker, WARTBURG****NCAA AUTO: 55.70 @****NCAA PROVO: 57.30 %**

| Name                 | School           | Prelims   | H# |
|----------------------|------------------|-----------|----|
| <b>Preliminaries</b> |                  |           |    |
| 1                    | Morrison, Nevada | % 56.20 Q | 1  |
| 2                    | Morrison, Skye   | 57.53 Q   | 2  |
| 3                    | Kregel, Kendra   | 57.76 Q   | 3  |
| 4                    | Teas, Emily      | 58.35 q   | 3  |
| 5                    | Ganshirt, Jen    | 58.81 q   | 2  |
| 6                    | Purdy, Rachel    | 59.01 q   | 1  |
| 7                    | Sigmund, April   | 59.96 q   | 1  |
| 8                    | Wehde, Miranda   | 1:00.73 q | 2  |
| 9                    | Kleopfer, molli  | 1:01.91   | 2  |
| 10                   | springer, kelli  | 1:02.17   | 3  |
| 11                   | Hennessy, Anna   | 1:03.51   | 1  |
| 12                   | Dupont, Tia      | 1:04.06   | 1  |
| 13                   | Dudek, Jordyn    | 1:04.19   | 3  |
| 14                   | Strobel, Jaimie  | 1:05.72   | 2  |
| 15                   | Meyers, Alyse    | 1:06.94   | 3  |
| 16                   | Kirts, Meagan    | 1:08.81   | 3  |
| 17                   | Wright, Alli     | 1:10.94   | 2  |
| 18                   | Kelly, Caitlin   | 1:13.13   | 1  |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Women 400 Meter Dash****Meet Record: 54.56 # 2007 Hannah Baker, WARTBURG****NCAA AUTO: 55.70 @****NCAA PROVO: 57.30 %**

| Name               | School           | Prelims | Finals  | Points |
|--------------------|------------------|---------|---------|--------|
| <b>Finals</b>      |                  |         |         |        |
| 1 Morrison, Nevada | Wartburg College | 56.20   | 56.03 % | 10     |
| 2 Kregel, Kendra   | Wartburg College | 57.76   | 56.87 % | 8      |
| 3 Morrison, Skye   | Wartburg College | 57.53   | 58.27   | 6      |
| 4 Teas, Emily      | Central          | 58.35   | 58.64   | 5      |
| 5 Purdy, Rachel    | Central          | 59.01   | 59.39   | 4      |
| 6 Ganshirt, Jen    | Wartburg College | 58.81   | 59.53   | 3      |
| 7 Sigmund, April   | Simpson          | 59.96   | 1:00.49 | 2      |
| 8 Wehde, Miranda   | Central          | 1:00.73 | 1:02.07 | 1      |

**Preliminaries**

|                    |         |         |  |  |
|--------------------|---------|---------|--|--|
| 9 Kleopfer, molli  | Coe     | 1:01.91 |  |  |
| 10 springer, kelli | Coe     | 1:02.17 |  |  |
| 11 Hennessy, Anna  | Luther  | 1:03.51 |  |  |
| 12 Dupont, Tia     | Central | 1:04.06 |  |  |
| 13 Dudek, Jordyn   | Luther  | 1:04.19 |  |  |
| 14 Strobel, Jaimie | Dubuque | 1:05.72 |  |  |
| 15 Meyers, Alyse   | Simpson | 1:06.94 |  |  |
| 16 Kirts, Meagan   | Simpson | 1:08.81 |  |  |
| 17 Wright, Alli    | Luther  | 1:10.94 |  |  |
| 18 Kelly, Caitlin  | Dubuque | 1:13.13 |  |  |

**Women 800 Meter Run****9 Advance: Top 1 Each Heat plus Next 6 Best Times****Meet Record: 2:11.46 # 2007 Heidi Porter, WARTBURG****NCAA AUTO: 2:10.60 @****NCAA PROVO: 2:14.40 %**

| Name                  | School           | Prelims   |
|-----------------------|------------------|-----------|
| <b>Preliminaries</b>  |                  |           |
| 1 Adkins, Kaly        | Wartburg College | 2:17.75 Q |
| 2 Rieger, Laura       | Loras            | 2:17.82 Q |
| 3 Finnel, Keelie      | Coe              | 2:19.24 Q |
| 4 Eimers, Emily       | Wartburg College | 2:17.88 q |
| 5 Cochrane, Karly     | Wartburg College | 2:19.09 q |
| 6 Klepper, Annie      | Luther           | 2:20.34 q |
| 7 Weidman, Audrey     | Wartburg College | 2:21.87 q |
| 8 McAllister, Sam     | Luther           | 2:23.32 q |
| 9 Pierson, Maggie     | Luther           | 2:23.33 q |
| 10 Reinhold, Eve      | Central          | 2:25.25   |
| 11 Farriss, Kristen   | Central          | 2:26.70   |
| 12 Powers, Nicole     | Luther           | 2:27.13   |
| 13 Severns, Ginny     | Central          | 2:27.67   |
| 14 Flogel, Katie      | Loras            | 2:31.29   |
| 15 Lorenz, Molly      | Buena Vista      | 2:31.59   |
| 16 Michaelis, Bethany | Dubuque          | 2:33.61   |
| 17 Swift, Hilary      | Cornell College  | 2:34.24   |
| 18 Rouse, Ashley      | Loras            | 2:39.36   |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Preliminaries ... (Women 800 Meter Run)**

| Name              | School | Prelims |
|-------------------|--------|---------|
| 19 Miller, Ashley | Loras  | 2:47.78 |

**Women 800 Meter Run****Meet Record: 2:11.46 # 2007 Heidi Porter, WARTBURG****NCAA AUTO: 2:10.60 @****NCAA PROVO: 2:14.40 %**

| Name              | School           | Prelims | Finals  | Points |
|-------------------|------------------|---------|---------|--------|
| <b>Finals</b>     |                  |         |         |        |
| 1 Finnel, Keelie  | Coe              | 2:19.24 | 2:17.96 | 10     |
| 2 Adkins, Kaly    | Wartburg College | 2:17.75 | 2:18.79 | 8      |
| 3 Eimers, Emily   | Wartburg College | 2:17.88 | 2:19.70 | 6      |
| 4 Cochran, Karly  | Wartburg College | 2:19.09 | 2:20.60 | 5      |
| 5 Rieger, Laura   | Loras            | 2:17.82 | 2:21.17 | 4      |
| 6 Klepper, Annie  | Luther           | 2:20.34 | 2:21.70 | 3      |
| 7 McAllister, Sam | Luther           | 2:23.32 | 2:23.96 | 2      |
| 8 Weidman, Audrey | Wartburg College | 2:21.87 | 2:24.72 | 1      |
| 9 Pierson, Maggie | Luther           | 2:23.33 | 2:31.12 |        |

**Preliminaries**

|                       |                 |         |  |  |
|-----------------------|-----------------|---------|--|--|
| 10 Reinhold, Eve      | Central         | 2:25.25 |  |  |
| 11 Farriss, Kristen   | Central         | 2:26.70 |  |  |
| 12 Powers, Nicole     | Luther          | 2:27.13 |  |  |
| 13 Severns, Ginny     | Central         | 2:27.67 |  |  |
| 14 Fogel, Katie       | Loras           | 2:31.29 |  |  |
| 15 Lorenz, Molly      | Buena Vista     | 2:31.59 |  |  |
| 16 Michaelis, Bethany | Dubuque         | 2:33.61 |  |  |
| 17 Swift, Hilary      | Cornell College | 2:34.24 |  |  |
| 18 Rouse, Ashley      | Loras           | 2:39.36 |  |  |
| 19 Miller, Ashley     | Loras           | 2:47.78 |  |  |

**Women 1500 Meter Run****Meet Record: 4:24.35 # 2004 Missy Buttry, WARTBURG****NCAA AUTO: 4:29.20 @****NCAA PROVO: 4:38.00 %**

| Name               | School           | Finals  | Points |
|--------------------|------------------|---------|--------|
| <b>Finals</b>      |                  |         |        |
| 1 Finnel, Keelie   | Coe              | 4:42.25 | 10     |
| 2 Kilburg, Tara    | Loras            | 4:44.93 | 8      |
| 3 Eimers, Emily    | Wartburg College | 4:45.00 | 6      |
| 4 Uphoff, Kayla    | Luther           | 4:51.42 | 5      |
| 5 Rieger, Laura    | Loras            | 4:52.78 | 4      |
| 6 Crippen, Sara    | Central          | 4:53.13 | 3      |
| 7 Screws, Justine  | Coe              | 4:53.72 | 2      |
| 8 Meirick, Dani    | Luther           | 4:54.32 | 1      |
| 9 VonHolten, Molly | Central          | 4:54.84 |        |
| 10 Weidman, Audrey | Wartburg College | 4:56.05 |        |
| 11 Lundine, Sarah  | Luther           | 4:59.26 |        |
| 12 Hills, Annie    | Simpson          | 5:05.39 |        |
| 13 Newman, Allison | Cornell College  | 5:08.12 |        |
| 14 Burt, Meghann   | Central          | 5:08.37 |        |
| 15 Cole, Jayne     | Luther           | 5:11.45 |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Women 1500 Meter Run)**

| Name                 | School           | Finals  | Points |
|----------------------|------------------|---------|--------|
| 16 Seemann, Lauren   | Cornell College  | 5:13.70 |        |
| 17 Goodwin, Danielle | Wartburg College | 5:16.66 |        |
| 18 Wagner, Kellie    | Loras            | 5:18.21 |        |
| 19 Flogel, Katie     | Loras            | 5:25.73 |        |
| 20 LaBrier, Mia      | Cornell College  | 5:34.90 |        |
| 21 Long, Emily       | Wartburg College | 5:37.98 |        |
| 22 Larsen, Katie     | Buena Vista      | 5:41.37 |        |
| 23 Thill, Chelsey    | Coe              | 5:42.70 |        |
| 24 Platt, Bre        | Buena Vista      | 6:44.58 |        |

**Women 5000 Meter Run****Meet Record: 15:57.69 # 2004 Missy Buttry, WARTBURG****NCAA AUTO: 16:55.00 @****NCAA PROVO: 17:35.00 %**

| Name                       | School           | Finals   | Points |
|----------------------------|------------------|----------|--------|
| <b>Finals</b>              |                  |          |        |
| 1 Tlach, Lori              | Wartburg College | 18:23.01 | 10     |
| 2 Sigmund, Laura           | Wartburg College | 18:28.15 | 8      |
| 3 Kilburg, Tara            | Loras            | 18:33.61 | 6      |
| 4 Schiefelbein-Egan, Julia | Luther           | 18:47.44 | 5      |
| 5 Spoon, Emma              | Luther           | 18:49.62 | 4      |
| 6 Neubauer, Ellie          | Luther           | 18:50.63 | 3      |
| 7 Horner, Kim              | Luther           | 18:58.50 | 2      |
| 8 Mendoza, Shelby          | Central          | 19:08.17 | 1      |
| 9 Youngberg, Kirsten       | Wartburg College | 19:24.82 |        |
| 10 Rector, Mary            | Loras            | 19:28.83 |        |
| 11 Osborne, Jade           | Simpson          | 19:32.06 |        |
| 12 Kinley, Genna           | Loras            | 19:39.35 |        |
| 13 Garcia, Claudia         | Central          | 19:47.29 |        |
| 14 Frederick, Courtney     | Dubuque          | 20:57.48 |        |
| 15 Manion, Teresa          | Loras            | 21:03.51 |        |
| 16 McAreavy, Maddy         | Simpson          | 21:31.70 |        |

**Women 10000 Meter Run****Meet Record: 36:36.22 # 2010 Anna Kraayenbrink, WARTBURG****NCAA AUTO: 35:48.00 @****NCAA PROVO: 37:24.00 %**

| Name                 | School           | Finals     | Points |
|----------------------|------------------|------------|--------|
| <b>Finals</b>        |                  |            |        |
| 1 Neubauer, Ellie    | Luther           | 36:55.50 % | 10     |
| 2 Spoon, Emma        | Luther           | 37:16.32 % | 8      |
| 3 Horner, Kim        | Luther           | 37:22.24 % | 6      |
| 4 Mead, Elise        | Cornell College  | 38:15.87   | 5      |
| 5 McDermott, Mel     | Central          | 38:36.32   | 4      |
| 6 Heyer, Sharon      | Luther           | 39:10.57   | 3      |
| 7 Kinley, Genna      | Loras            | 39:22.89   | 2      |
| 8 Youngberg, Kirsten | Wartburg College | 39:53.53   | 1      |
| 9 Melcher, Amanda    | Central          | 39:53.92   |        |
| 10 Bloedow, Megan    | Dubuque          | 42:30.31   |        |
| 11 Hall, Bridget     | Loras            | 42:52.53   |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Women 100 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

**Meet Record:** 13.92 # 2009 Lauren Bucklin, SIMPSON  
**NCAA AUTO:** 14.58 @  
**NCAA PROVO:** 14.99 %

| Name                  | School           | Prelims   | Wind | H# |
|-----------------------|------------------|-----------|------|----|
| <b>Preliminaries</b>  |                  |           |      |    |
| 1 Thomas, Brittany    | Wartburg College | @ 14.50 Q | 1.6  | 1  |
| 2 Goods, Camesha      | Wartburg College | % 14.88 Q | 1.1  | 2  |
| 3 Anderson, Lauren    | Simpson          | 15.19 Q   | 0.8  | 3  |
| 4 Denny, Alisa        | Coe              | 15.14 q   | 1.6  | 1  |
| 5 Stoullil, Megan     | Central          | 15.25 q   | 0.8  | 3  |
| 6 Haberer, Stephanie  | Wartburg College | 15.46 q   | 1.6  | 1  |
| 7 Bak, Kinsey         | Simpson          | 15.47 q   | 1.1  | 2  |
| 8 McAllister, Tashina | Wartburg College | 15.64 q   | 1.1  | 2  |
| 9 Boyd, Andrea        | Buena Vista      | 15.70     | 0.8  | 3  |
| 10 Maher, Jordan      | Simpson          | 16.29     | 1.6  | 1  |
| 11 Burnette, Rachel   | Buena Vista      | 16.48     | 0.8  | 3  |
| 12 Krebs, Katie       | Central          | 16.61     | 1.1  | 2  |
| 13 Hatfield, Megan    | Luther           | 16.82     | 1.1  | 2  |
| 14 Schafbuch, Bailey  | Buena Vista      | 17.06     | 1.6  | 1  |
| 15 Miller, Paige      | Buena Vista      | 18.25     | 0.8  | 3  |
| 16 Johnston, Donna    | Loras            | 18.66     | 0.8  | 3  |

**Women 100 Meter Hurdles**

**Meet Record:** 13.92 # 2009 Lauren Bucklin, SIMPSON  
**NCAA AUTO:** 14.58 @  
**NCAA PROVO:** 14.99 %

| Name                  | School           | Prelims | Finals  | Wind | Points |
|-----------------------|------------------|---------|---------|------|--------|
| <b>Finals</b>         |                  |         |         |      |        |
| 1 Thomas, Brittany    | Wartburg College | 14.50   | 14.69 % | 1.4  | 10     |
| 2 Goods, Camesha      | Wartburg College | 14.88   | 14.73 % | 1.4  | 8      |
| 3 Denny, Alisa        | Coe              | 15.14   | 15.40   | 1.4  | 6      |
| 4 Bak, Kinsey         | Simpson          | 15.47   | 15.68   | 1.4  | 5      |
| 5 McAllister, Tashina | Wartburg College | 15.64   | 15.69   | 1.4  | 4      |
| 6 Anderson, Lauren    | Simpson          | 15.19   | 15.70   | 1.4  | 3      |
| 7 Haberer, Stephanie  | Wartburg College | 15.46   | 15.78   | 1.4  | 2      |
| 8 Stoullil, Megan     | Central          | 15.25   | 15.81   | 1.4  | 1      |
| <b>Preliminaries</b>  |                  |         |         |      |        |
| 9 Boyd, Andrea        | Buena Vista      | 15.70   |         |      |        |
| 10 Maher, Jordan      | Simpson          | 16.29   |         |      |        |
| 11 Burnette, Rachel   | Buena Vista      | 16.48   |         |      |        |
| 12 Krebs, Katie       | Central          | 16.61   |         |      |        |
| 13 Hatfield, Megan    | Luther           | 16.82   |         |      |        |
| 14 Schafbuch, Bailey  | Buena Vista      | 17.06   |         |      |        |
| 15 Miller, Paige      | Buena Vista      | 18.25   |         |      |        |
| 16 Johnston, Donna    | Loras            | 18.66   |         |      |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Women 400 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

**Meet Record: 1:02.12 # 2010 Laurnen Bucklin, SIMPSON**  
**NCAA AUTO: 1:02.00 @**  
**NCAA PROVO: 1:04.20 %**

| Name                  | School           | Prelims     | H# |
|-----------------------|------------------|-------------|----|
| <b>Preliminaries</b>  |                  |             |    |
| 1 Melloy, Brittany    | Wartburg College | % 1:02.55 Q | 3  |
| 2 Heizer, Sara        | Coe              | % 1:03.00 Q | 1  |
| 3 McAllister, Tashina | Wartburg College | % 1:04.03 Q | 2  |
| 4 Voigts, Michelle    | Luther           | 1:04.45 q   | 1  |
| 5 Anderson, Lauren    | Simpson          | 1:04.98 q   | 2  |
| 6 Fagerlind, Rebecca  | Wartburg College | 1:05.55 q   | 3  |
| 7 Sabers, Molly       | Simpson          | 1:06.32 q   | 3  |
| 8 Haberer, Stephanie  | Wartburg College | 1:07.13 q   | 2  |
| 9 Langmeier, Katie    | Loras            | 1:08.95     | 1  |
| 10 Mulder, Nicole     | Simpson          | 1:09.32     | 2  |
| 11 Wehde, Maggie      | Central          | 1:09.82     | 3  |
| 12 Wondra, Laura      | Loras            | 1:10.55     | 3  |
| 13 Burnette, Rachel   | Buena Vista      | 1:10.57     | 1  |
| 14 Franklin, Kirsten  | Coe              | 1:10.85     | 2  |
| 15 Jamison, Riley     | Luther           | 1:11.34     | 1  |
| 16 Nelson, Ashley     | Central          | 1:13.32     | 2  |
| 17 Hatfield, Megan    | Luther           | 1:15.92     | 1  |
| 18 Miller, Paige      | Buena Vista      | 1:17.15     | 3  |

**Women 400 Meter Hurdles**

**Meet Record: 1:02.12 # 2010 Laurnen Bucklin, SIMPSON**  
**NCAA AUTO: 1:02.00 @**  
**NCAA PROVO: 1:04.20 %**

| Name                  | School           | Prelims | Finals    | Points |
|-----------------------|------------------|---------|-----------|--------|
| <b>Finals</b>         |                  |         |           |        |
| 1 Melloy, Brittany    | Wartburg College | 1:02.55 | 1:01.35 @ | 10     |
| 2 Heizer, Sara        | Coe              | 1:03.00 | 1:03.71 % | 8      |
| 3 Voigts, Michelle    | Luther           | 1:04.45 | 1:03.82 % | 6      |
| 4 McAllister, Tashina | Wartburg College | 1:04.03 | 1:05.94   | 5      |
| 5 Fagerlind, Rebecca  | Wartburg College | 1:05.55 | 1:06.59   | 4      |
| 6 Haberer, Stephanie  | Wartburg College | 1:07.13 | 1:07.71   | 3      |
| 7 Sabers, Molly       | Simpson          | 1:06.32 | 1:09.03   | 2      |
| <b>Preliminaries</b>  |                  |         |           |        |
| 5 Anderson, Lauren    | Simpson          | 1:04.98 |           |        |
| 9 Langmeier, Katie    | Loras            | 1:08.95 |           |        |
| 10 Mulder, Nicole     | Simpson          | 1:09.32 |           |        |
| 11 Wehde, Maggie      | Central          | 1:09.82 |           |        |
| 12 Wondra, Laura      | Loras            | 1:10.55 |           |        |
| 13 Burnette, Rachel   | Buena Vista      | 1:10.57 |           |        |
| 14 Franklin, Kirsten  | Coe              | 1:10.85 |           |        |
| 15 Jamison, Riley     | Luther           | 1:11.34 |           |        |
| 16 Nelson, Ashley     | Central          | 1:13.32 |           |        |
| 17 Hatfield, Megan    | Luther           | 1:15.92 |           |        |
| 18 Miller, Paige      | Buena Vista      | 1:17.15 |           |        |



**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Women 3000 Meter Steeplechase****Meet Record: 10:35.64 # 2007 Janet Dobyms, LUTHER****NCAA AUTO: 10:43.10 @****NCAA PROVO: 11:10.00 %**

| Name                   | School           | Finals   | Points |
|------------------------|------------------|----------|--------|
| <b>Finals</b>          |                  |          |        |
| 1 Storlie, Christina   | Luther           | 11:17.15 | 10     |
| 2 Jagielo, Allie       | Cornell College  | 11:30.18 | 8      |
| 3 Erickson, Melissa    | Luther           | 11:32.22 | 6      |
| 4 Bruett, Sammie       | Wartburg College | 11:37.72 | 5      |
| 5 Pierson, Maggie      | Luther           | 11:38.80 | 4      |
| 6 Wilson, Nicole       | Luther           | 11:51.64 | 3      |
| 7 Vawter, Haddie       | Wartburg College | 12:00.61 | 2      |
| 8 Mapes, Lauren        | Wartburg College | 12:05.53 | 1      |
| 9 Kruse, Kelsey        | Loras            | 12:11.58 |        |
| 10 Hageman, Elissa     | Wartburg College | 12:44.83 |        |
| 11 Matthias, Elizabeth | Coe              | 13:12.83 |        |
| 12 Bauder, Kate        | Loras            | 14:12.31 |        |
| 13 Platt, Bre          | Buena Vista      | 15:27.24 |        |

**Women 4x100 Meter Relay****Meet Record: 46.79 # 2010 Wartburg College, WARTBURG****KORDICK, MORRISON, GANSHIRT, BURT****NCAA AUTO: 47.15 @****NCAA PROVO: 48.65 %**

| Team                | Relay                 | Finals               | H#                    | Points |
|---------------------|-----------------------|----------------------|-----------------------|--------|
| <b>Finals</b>       |                       |                      |                       |        |
| 1 Wartburg College  | A                     | 47.84 %              | 1                     | 10     |
| 1) Burt, Faith      | 2) Morrison, Skye     | 3) Morrison, Nevada  | 4) Ganshirt, Jen      |        |
| 2 Coe               | A                     | 48.47 %              | 1                     | 8      |
| 1) Wright, Stefani  | 2) Finnel, Keelie     | 3) Heizer, Sara      | 4) Breitbach, Hanah   |        |
| 3 Central           | A                     | 48.57 %              | 1                     | 6      |
| 1) Purdy, Rachel    | 2) Teas, Emily        | 3) Coleman, Felicia  | 4) Ziskovsky, Jill    |        |
| 4 Loras             | A                     | 49.45                | 1                     | 5      |
| 5 Luther            | A                     | 50.23                | 1                     | 4      |
| 1) Sindelar, Sarah  | 2) Voigts, Michelle   | 3) Kirkvold, Allison | 4) Grangaard, Melanie |        |
| 6 Simpson           | A                     | 51.46                | 1                     | 3      |
| 7 Buena Vista       | A                     | 52.30                | 2                     | 2      |
| 1) Boyd, Andrea     | 2) Burnette, Rachel   | 3) Hanish, Nikki     | 4) Schafbuch, Bailey  |        |
| 8 Dubuque           | A                     | 52.47                | 2                     | 1      |
| 1) Starks, Tieisha  | 2) Michaelis, Bethany | 3) Jentz, Jessica    | 4) Strobel, Jaimie    |        |
| 9 Cornell College   | A                     | 54.15                | 2                     |        |
| 1) Harris, Christal | 2) Houts, Amanda      | 3) Kraker, Melissa   | 4) Guittar, Anna      |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Women 4x400 Meter Relay****Meet Record: 3:51.18 # 2010****Wartburg College, WARTBURG****KREGEL, MELLOY, MARCHIK, GANSHIRT****NCAA AUTO: 3:50.10 @****NCAA PROVO: 3:56.00 %**

| Team                                     | Relay                    | Finals                             | Points |
|--|--------------------------|------------------------------------|--------|
| <b>Finals</b>                            |                          |                                    |        |
| 1 Wartburg College<br>1) Ganshirt, Jen   | A<br>2) Melloy, Brittany | 3:50.37 #<br>4) Cochrane, Karly    | 10     |
| 2 Central<br>1) Ziskovsky, Jill          | A<br>2) Teas, Emily      | 3:51.24 %<br>4) Coleman, Felicia   | 8      |
| 3 Coe<br>1) Heizer, Sara                 | A<br>2) Wright, Stefani  | 3:59.53<br>4) Finnel, Keelie       | 6      |
| 4 Loras                                  | A                        | 4:07.52                            | 5      |
| 5 Luther<br>1) Voigts, Michelle          | A<br>2) Uphoff, Kayla    | 4:09.38<br>4) Meirick, Dani        | 4      |
| 6 Simpson<br>1) Anderson, Lauren         | A<br>2) Sabers, Molly    | 4:14.79<br>4) Mulder, Nicole       | 3      |
| 7 Cornell College<br>1) Harris, Christal | A<br>2) Newman, Allison  | 4:19.42<br>4) Stewart, Arden       | 2      |
| 8 Buena Vista<br>1) Burnette, Rachel     | A<br>2) Lorenz, Molly    | 4:21.95<br>4) Ahrendsen, Elizabeth | 1      |

**Women 4x800 Meter Relay**

| Team                                     | Relay                        | Finals                         | Points |
|--|------------------------------|--------------------------------|--------|
| <b>Finals</b>                            |                              |                                |        |
| 1 Wartburg College<br>1) Weidman, Audrey | A<br>2) Cochrane, Karly      | 9:22.86<br>4) Melloy, Brittany | 10     |
| 2 Luther<br>1) Klepper, Annie            | A<br>2) Uphoff, Kayla        | 9:23.08<br>4) Meirick, Dani    | 8      |
| 3 Central<br>1) Lamb, Amanda             | A<br>2) Reinhold, Eve        | 9:32.76<br>4) Crippen, Sara    | 6      |
| 4 Loras<br>1) Rieger, Laura              | A<br>2) Kalb, Maria          | 9:34.62<br>4) Kilburg, Tara    | 5      |
| 5 Cornell College<br>1) Newman, Allison  | A<br>2) Ettlin, Laura        | 9:58.66<br>4) Stewart, Arden   | 4      |
| 6 Simpson                                | A                            | 10:17.03                       | 3      |
| 7 Coe<br>1) Franklin, Kirsten            | A<br>2) Matthias, Elizabeth  | 10:33.37<br>4) Screws, Justine | 2      |
| 8 Buena Vista<br>1) Lorenz, Molly        | A<br>2) Ahrendsen, Elizabeth | 11:07.10<br>4) Miller, Paige   | 1      |

**Women High Jump****Meet Record: 5-07.50 # 1995****Teresa Breyfogle, BUENA VISTA****NCAA AUTO: 1.71m @****NCAA PROVO: 1.65m %**

| Name                   | School  | Finals         | Points |
|------------------------|---------|----------------|--------|
| <b>Finals</b>          |         |                |        |
| 1 Bak, Kinsey          | Simpson | 1.60m 5-03.00  | 10     |
| 2 Morigaki, Cassandra  | Coe     | 1.55m 5-01.00  | 8      |
| 3 Strickland, Michelle | Dubuque | J1.55m 5-01.00 | 5.50   |
| 3 Groeper, Caitlin     | Loras   | J1.55m 5-01.00 | 5.50   |
| 5 Langmeier, Katie     | Loras   | J1.55m 5-01.00 | 3.50   |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Women High Jump)**

| Name                    | School           | Finals         | Points |
|-------------------------|------------------|----------------|--------|
| 5 springer, kelli       | Coe              | J1.55m 5-01.00 | 3.50   |
| 7 Wilson, Caitlin       | Central          | 1.50m 4-11.00  | 1.50   |
| 7 Rickels, Addy         | Luther           | 1.50m 4-11.00  | 1.50   |
| 9 Ahrendsen, Elizabeth  | Buena Vista      | J1.50m 4-11.00 |        |
| 10 Ziskovsky, Jill      | Central          | 1.45m 4-09.00  |        |
| 11 Axon, Amber          | Wartburg College | J1.45m 4-09.00 |        |
| 12 McWilliams, Michelle | Loras            | J1.45m 4-09.00 |        |
| 12 Shunk, Felica        | Central          | J1.45m 4-09.00 |        |
| 14 Kraker, Melissa      | Cornell College  | 1.40m 4-07.00  |        |
| 15 Thill, Cassie        | Loras            | 1.35m 4-05.00  |        |

**Women Pole Vault****Meet Record: 11-11.75 # 2007 Whitney Calvert, LORAS****NCAA AUTO: 3.86m @****NCAA PROVO: 3.55m %**

| Name                 | School           | Finals          | Points |
|----------------------|------------------|-----------------|--------|
| <b>Finals</b>        |                  |                 |        |
| 1 Riedy, Amber       | Buena Vista      | 3.25m 10-08.00  | 10     |
| 2 Hasenmiller, Liz   | Central          | 3.10m 10-02.00  | 8      |
| 3 McQuillan, Bridget | Loras            | J3.10m 10-02.00 | 6      |
| 4 Kolbeck, Rachel    | Loras            | J3.10m 10-02.00 | 5      |
| 5 Houts, Amanda      | Cornell College  | 2.95m 9-08.00   | 4      |
| 6 Caldwell, Andrea   | Luther           | 2.80m 9-02.25   | 3      |
| 7 Roth, Emily        | Loras            | J2.80m 9-02.25  | 2      |
| 8 Blodgett, Kristen  | Coe              | J2.80m 9-02.25  | 1      |
| 9 Seguin, Caileen    | Loras            | J2.80m 9-02.25  |        |
| 10 Anderson, Lauren  | Simpson          | 2.65m 8-08.25   |        |
| 11 Benda, Ashley     | Wartburg College | 2.50m 8-02.50   |        |
| 12 Kelly, Caitlin    | Dubuque          | J2.50m 8-02.50  |        |
| 13 Kubiacyzk, Beckie | Central          | 2.35m 7-08.50   |        |
| --- Ewy, Emily       | Wartburg College | NH              |        |
| --- Egts, Courtney   | Wartburg College | NH              |        |
| --- Englert, Melissa | Dubuque          | NH              |        |

**Women Long Jump****Meet Record: 19-09.75 # 2000 Katie Brees, CENTRAL****NCAA AUTO: 5.84m @****NCAA PROVO: 5.60m %**

| Name                | School           | Finals           | Wind | Points |
|---------------------|------------------|------------------|------|--------|
| <b>Finals</b>       |                  |                  |      |        |
| 1 Morrison, Skye    | Wartburg College | 5.61m % 18-05.00 | 0.8  | 10     |
| 2 Bak, Kinsey       | Simpson          | 5.21m 17-01.25   | 0.8  | 8      |
| 3 Ferch, Kirsten    | Loras            | 5.14m 16-10.50   | 2.1  | 6      |
| 4 Kirkvold, Allison | Luther           | 5.11m 16-09.25   | NWI  | 5      |
| 5 Ziskovsky, Jill   | Central          | 5.09m 16-08.50   | 1.9  | 4      |
| 6 Davisson, Monique | Wartburg College | 5.08m 16-08.00   | +0.0 | 3      |
| 7 Wondra, Laura     | Loras            | 4.96m 16-03.25   | NWI  | 2      |
| 8 Wilson, Caitlin   | Central          | 4.91m 16-01.50   | 1.1  | 1      |
| 9 Hanish, Nikki     | Buena Vista      | 4.85m 15-11.00   | NWI  |        |
| 10 Kregel, Kendra   | Wartburg College | 4.80m 15-09.00   | +0.0 |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Women Long Jump)**

| Name                | School           | Finals | Wind         | Points |
|---------------------|------------------|--------|--------------|--------|
| 11 Purnell, Mia     | Wartburg College | 4.76m  | 15-07.50 NWI |        |
| 12 Schadl, Steph    | Loras            | 4.74m  | 15-06.75 NWI |        |
| 13 Loftus, Kathleen | Loras            | 4.65m  | 15-03.25 NWI |        |
| 14 Sharp, Morgan    | Central          | 4.64m  | 15-02.75 0.3 |        |
| 15 Jentz, Jessica   | Dubuque          | 4.61m  | 15-01.50 NWI |        |

**Women Triple Jump****Meet Record: 39-03.75 # 2000 Katie Pettigrew, LUTHER****NCAA AUTO: 12.00m @****NCAA PROVO: 11.36m %**

| Name                 | School           | Finals   | Wind          | Points |
|----------------------|------------------|----------|---------------|--------|
| <b>Finals</b>        |                  |          |               |        |
| 1 Morrison, Skye     | Wartburg College | 11.46m % | 37-07.25 +0.0 | 10     |
| 2 Davisson, Monique  | Wartburg College | 11.11m   | 36-05.50 0.5  | 8      |
| 3 Egts, Courtney     | Wartburg College | 10.77m   | 35-04.00 NWI  | 6      |
| 4 Wynn, Tiffany      | Dubuque          | 10.75m   | 35-03.25 0.9  | 5      |
| 5 Marchik, Christine | Wartburg College | 10.66m   | 34-11.75 1.1  | 4      |
| 6 Bak, Kinsey        | Simpson          | 10.62m   | 34-10.25 1.0  | 3      |
| 7 Kirkvold, Allison  | Luther           | 10.58m   | 34-08.50 0.5  | 2      |
| 8 Sabers, Molly      | Simpson          | 10.47m   | 34-04.25 -0.2 | 1      |
| 9 Ferch, Kirsten     | Loras            | 10.45m   | 34-03.50 -0.2 |        |
| 10 Franklin, Kirsten | Coe              | 10.29m   | 33-09.25 NWI  |        |
| 11 Jentz, Jessica    | Dubuque          | 10.21m   | 33-06.00 NWI  |        |
| 12 Richter, Lisa     | Luther           | 9.77m    | 32-00.75 NWI  |        |
| 12 Loftus, Kathleen  | Loras            | 9.77m    | 32-00.75 NWI  |        |
| 14 Jamison, Riley    | Luther           | 9.20m    | 30-02.25 NWI  |        |
| --- Harris, Christal | Cornell College  | FOUL     |               |        |

**Women Shot Put****Meet Record: 46-11.50 # 2007 Dana Klemm, LORAS****NCAA AUTO: 13.83m @****NCAA PROVO: 12.80m %**

| Name                 | School           | Finals   | Points      |
|----------------------|------------------|----------|-------------|
| <b>Finals</b>        |                  |          |             |
| 1 Darrow, Morgan     | Central          | 13.65m % | 44-09.50 10 |
| 2 Hoffmann, Sarah    | Wartburg College | 13.53m % | 44-04.75 8  |
| 3 Anciaux, Sarah     | Coe              | 13.52m % | 44-04.25 6  |
| 4 Craw, Madison      | Cornell College  | 13.25m % | 43-05.75 5  |
| 5 Sieck, Britlyn     | Wartburg College | 13.07m % | 42-10.75 4  |
| 6 McNally, Danielle  | Loras            | 12.76m   | 41-10.50 3  |
| 7 Ristau, Raquel     | Cornell College  | 12.39m   | 40-07.75 2  |
| 8 Cory, Emily        | Wartburg College | 12.14m   | 39-10.00 1  |
| 9 Fevold, Jess       | Central          | 11.87m   | 38-11.50    |
| 10 Kittleson, Megan  | Central          | 11.64m   | 38-02.25    |
| 11 Wauters, Kelsey   | Luther           | 10.59m   | 34-09.00    |
| 12 Andresen, Rachael | Wartburg College | 10.56m   | 34-07.75    |
| 13 Besack, Maddy     | Simpson          | 10.19m   | 33-05.25    |
| 14 Tobin, Heidi      | Loras            | 9.76m    | 32-00.25    |
| 15 Weltch, Tamara    | Simpson          | 9.65m    | 31-08.00    |
| 16 Stika, Jessica    | Central          | 9.43m    | 30-11.25    |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Women Shot Put)**

| Name                  | School      | Finals         | Points |
|-----------------------|-------------|----------------|--------|
| 17 Dunn, Amanda       | Luther      | 9.35m 30-08.25 |        |
| 18 Elsen, Meggen      | Loras       | 9.13m 29-11.50 |        |
| 19 Tryggestad, Niki   | Luther      | 8.90m 29-02.50 |        |
| 20 Peters, Shelby     | Buena Vista | 8.56m 28-01.00 |        |
| 21 Arredondo, Chelsea | Coe         | 8.34m 27-04.50 |        |
| 22 Laursen, Erin      | Buena Vista | 8.24m 27-00.50 |        |
| 23 Marguglio, Deanna  | Coe         | 7.52m 24-08.25 |        |
| 24 Martini, Lisa      | Coe         | 6.86m 22-06.25 |        |

**Women Discus Throw****Meet Record: 154-00 # 2008 Jess Jewell, LUTHER****NCAA AUTO: 45.65m @****NCAA PROVO: 41.50m %**

| Name                  | School           | Finals          | Points |
|-----------------------|------------------|-----------------|--------|
| <b>Finals</b>         |                  |                 |        |
| 1 Degen, Chelsey      | Simpson          | 43.97m % 144-03 | 10     |
| 2 Anciaux, Sarah      | Coe              | 42.72m % 140-02 | 8      |
| 3 McNally, Danielle   | Loras            | 42.07m % 138-00 | 6      |
| 4 Hoffmann, Sarah     | Wartburg College | 42.01m % 137-10 | 5      |
| 5 Cory, Emily         | Wartburg College | 37.86m 124-02   | 4      |
| 6 Tobin, Heidi        | Loras            | 37.58m 123-03   | 3      |
| 7 Dunn, Amanda        | Luther           | 37.39m 122-08   | 2      |
| 8 Andresen, Rachael   | Wartburg College | 35.68m 117-01   | 1      |
| 9 Besack, Maddy       | Simpson          | 35.62m 116-10   |        |
| 10 Maher, Jordan      | Simpson          | 35.41m 116-02   |        |
| 11 Fevold, Jess       | Central          | 34.93m 114-07   |        |
| 12 Stika, Jessica     | Central          | 34.13m 112-00   |        |
| 13 Wauters, Kelsey    | Luther           | 32.94m 108-01   |        |
| 14 Peters, Shelby     | Buena Vista      | 31.35m 102-10   |        |
| 15 Stratbucker, Carly | Central          | 30.33m 99-06    |        |
| 16 Elsen, Meggen      | Loras            | 30.17m 99-00    |        |
| 17 Martini, Lisa      | Coe              | 23.38m 76-08    |        |
| 18 Arredondo, Chelsea | Coe              | 23.30m 76-05    |        |
| 19 Marguglio, Deanna  | Coe              | 18.75m 61-06    |        |
| --- Sieck, Britlyn    | Wartburg College | FOUL            |        |

**Women Hammer Throw****Meet Record: 175-00 # 2009 Holly Rader, COE****NCAA AUTO: 53.00m @****NCAA PROVO: 47.70m %**

| Name                  | School           | Finals          | Points |
|-----------------------|------------------|-----------------|--------|
| <b>Finals</b>         |                  |                 |        |
| 1 Darrow, Morgan      | Central          | 49.84m % 163-06 | 10     |
| 2 Tobin, Heidi        | Loras            | 45.17m 148-02   | 8      |
| 3 Elsen, Meggen       | Loras            | 44.90m 147-04   | 6      |
| 4 McNally, Danielle   | Loras            | 44.17m 144-11   | 5      |
| 5 Kaldenberg, Jesseka | Central          | 43.82m 143-09   | 4      |
| 6 Craw, Madison       | Cornell College  | 43.03m 141-02   | 3      |
| 7 Andresen, Rachael   | Wartburg College | 42.86m 140-07   | 2      |
| 8 Ristau, Raquel      | Cornell College  | 42.42m 139-02   | 1      |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Women Hammer Throw)**

| Name                  | School           | Finals | Points |
|-----------------------|------------------|--------|--------|
| 9 Cory, Emily         | Wartburg College | 40.78m | 133-09 |
| 10 Wauters, Kelsey    | Luther           | 40.36m | 132-05 |
| 11 Hoffmann, Sarah    | Wartburg College | 40.18m | 131-10 |
| 12 Sieck, Britlyn     | Wartburg College | 39.80m | 130-07 |
| 13 Fevold, Jess       | Central          | 39.64m | 130-01 |
| 14 Arredondo, Chelsea | Coe              | 36.99m | 121-04 |
| 15 Hasche, Bridgett   | Buena Vista      | 36.16m | 118-08 |
| 16 Stika, Jessica     | Central          | 35.64m | 116-11 |
| 17 Dugan, Angela      | Cornell College  | 34.21m | 112-03 |
| 18 Laursen, Erin      | Buena Vista      | 32.28m | 105-11 |
| 19 Besack, Maddy      | Simpson          | 31.88m | 104-07 |
| 20 Tryggestad, Niki   | Luther           | 30.54m | 100-02 |
| 21 Weltch, Tamara     | Simpson          | 30.41m | 99-09  |

**Women Javelin Throw****Meet Record: 157-04 # 2007 Kelsey Hagerty, SIMPSON****NCAA AUTO: 44.40m @****NCAA PROVO: 39.25m %**

| Name                    | School           | Finals | Points |
|-------------------------|------------------|--------|--------|
| <b>Finals</b>           |                  |        |        |
| 1 Anciaux, Sarah        | Coe              | 39.13m | 128-04 |
| 2 Boleen, Lauren        | Luther           | 36.41m | 119-05 |
| 3 Wilson, Caitlin       | Central          | 34.62m | 113-07 |
| 4 Hasche, Bridgett      | Buena Vista      | 33.78m | 110-10 |
| 5 Peterson, Kelsey      | Central          | 33.64m | 110-04 |
| 6 Sieck, Britlyn        | Wartburg College | 33.55m | 110-01 |
| 7 Bak, Kinsey           | Simpson          | 32.74m | 107-05 |
| 8 Aberson, Shanna       | Central          | 32.70m | 107-03 |
| 9 Elsen, Meggen         | Loras            | 31.60m | 103-08 |
| 10 Duitsman, Laura      | Wartburg College | 31.10m | 102-00 |
| 11 Fevold, Jess         | Central          | 30.99m | 101-08 |
| 12 Rickels, Addy        | Luther           | 30.15m | 98-11  |
| 13 Tobin, Heidi         | Loras            | 29.83m | 97-10  |
| 14 Harris, Christal     | Cornell College  | 29.79m | 97-09  |
| 15 Mullenbach, Angie    | Wartburg College | 29.27m | 96-00  |
| 16 Melloy, Brittany     | Wartburg College | 27.15m | 89-01  |
| 17 McWilliams, Michelle | Loras            | 26.60m | 87-03  |
| 18 McNally, Danielle    | Loras            | 26.47m | 86-10  |
| 19 Laursen, Erin        | Buena Vista      | 26.24m | 86-01  |
| 20 Ristau, Raquel       | Cornell College  | 25.46m | 83-06  |
| 21 Dugan, Angela        | Cornell College  | 18.83m | 61-09  |

**Heptathlon: #4 Women 200 Meter Dash Heptathlon**

| Name               | School           | Finals | Wind | H# | Points |
|--------------------|------------------|--------|------|----|--------|
| <b>Finals</b>      |                  |        |      |    |        |
| 1 Ziskovsky, Jill  | Central          | 25.62  | 1.6  | 2  | 831    |
| 2 Goods, Camesha   | Wartburg College | 26.62  | 2.0  | 1  | 744    |
| 3 Carroll, Steph   | Wartburg College | 26.84  | 1.6  | 2  | 725    |
| 4 Sharp, Morgan    | Central          | 26.89  | 1.6  | 2  | 721    |
| 5 Harris, Christal | Cornell College  | 27.07  | 2.0  | 1  | 706    |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Heptathlon: #4 Women 200 Meter Dash Heptathlon)**

| Name                    | School  | Finals | Wind | H# | Points |
|-------------------------|---------|--------|------|----|--------|
| 6 Schadl, Steph         | Loras   | 27.12  | 2.0  | 1  | 702    |
| 7 Wilson, Caitlin       | Central | 27.40  | 2.0  | 1  | 679    |
| 8 Rickels, Addy         | Luther  | 27.47  | 1.6  | 2  | 673    |
| 9 Hatfield, Megan       | Luther  | 28.02  | 2.0  | 1  | 629    |
| 10 McWilliams, Michelle | Loras   | 29.07  | 1.6  | 2  | 549    |

**Heptathlon: #7 Women 800 Meter Run Heptathlon**

| Name                   | School           | Finals  | Points |
|------------------------|------------------|---------|--------|
| <b>Finals</b>          |                  |         |        |
| 1 Rickels, Addy        | Luther           | 2:32.93 | 657    |
| 2 Harris, Christal     | Cornell College  | 2:34.02 | 643    |
| 3 Goods, Camesha       | Wartburg College | 2:34.45 | 638    |
| 4 Ziskovsky, Jill      | Central          | 2:34.57 | 637    |
| 5 Carroll, Steph       | Wartburg College | 2:36.69 | 611    |
| 6 Sharp, Morgan        | Central          | 2:37.55 | 601    |
| 7 Wilson, Caitlin      | Central          | 2:40.95 | 562    |
| 8 Hatfield, Megan      | Luther           | 2:42.64 | 543    |
| 9 McWilliams, Michelle | Loras            | 3:08.66 | 289    |
| 10 Schadl, Steph       | Loras            | 3:48.99 | 47     |

**Heptathlon: #1 Women 100 Meter Hurdles Heptathlon**

| Name                   | School           | Finals | Wind | H# | Points |
|------------------------|------------------|--------|------|----|--------|
| <b>Finals</b>          |                  |        |      |    |        |
| 1 Goods, Camesha       | Wartburg College | 15.09  | 0.5  | 1  | 830    |
| 2 Carroll, Steph       | Wartburg College | 15.37  | -0.4 | 3  | 793    |
| 3 Wilson, Caitlin      | Central          | 15.63  | 0.5  | 1  | 760    |
| 4 Harris, Christal     | Cornell College  | 15.74  | 0.9  | 2  | 746    |
| 5 Ziskovsky, Jill      | Central          | 15.89  | -0.4 | 3  | 728    |
| 6 Hatfield, Megan      | Luther           | 16.26  | -0.4 | 3  | 683    |
| 7 Sharp, Morgan        | Central          | 17.15  | 0.9  | 2  | 580    |
| 8 Rickels, Addy        | Luther           | 17.42  | 0.5  | 1  | 550    |
| 9 McWilliams, Michelle | Loras            | 17.78  | 0.9  | 2  | 511    |
| 10 Schadl, Steph       | Loras            | 19.55  | -0.4 | 3  | 341    |

**Heptathlon: #2 Women High Jump Heptathlon**

| Name                   | School           | Finals | Points |
|------------------------|------------------|--------|--------|
| <b>Finals</b>          |                  |        |        |
| 1 Rickels, Addy        | Luther           | 1.63m  | 771    |
| 1 Ziskovsky, Jill      | Central          | 1.63m  | 771    |
| 3 Wilson, Caitlin      | Central          | 1.57m  | 701    |
| 3 Goods, Camesha       | Wartburg College | 1.57m  | 701    |
| 5 McWilliams, Michelle | Loras            | 1.48m  | 599    |
| 6 Harris, Christal     | Cornell College  | 1.45m  | 566    |
| 7 Schadl, Steph        | Loras            | 1.42m  | 534    |
| 7 Sharp, Morgan        | Central          | 1.42m  | 534    |
| 7 Carroll, Steph       | Wartburg College | 1.42m  | 534    |
| 10 Hatfield, Megan     | Luther           | 1.39m  | 502    |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Heptathlon: #5 Women Long Jump Heptathlon**

| Name                   | School           | Finals | Wind     | Points |     |
|------------------------|------------------|--------|----------|--------|-----|
| <b>Finals</b>          |                  |        |          |        |     |
| 1 Ziskovsky, Jill      | Central          | 5.24m  | 17-02.25 | -0.3   | 626 |
| 2 Sharp, Morgan        | Central          | 5.19m  | 17-00.50 | 0.7    | 612 |
| 3 Goods, Camesha       | Wartburg College | 5.13m  | 16-10.00 | 3.1    | 595 |
| 4 Wilson, Caitlin      | Central          | 5.10m  | 16-08.75 | 0.3    | 587 |
| 5 Carroll, Steph       | Wartburg College | 5.01m  | 16-05.25 | 1.6    | 562 |
| 6 Harris, Christal     | Cornell College  | 4.89m  | 16-00.50 | 3.4    | 530 |
| 7 Rickels, Addy        | Luther           | 4.83m  | 15-10.25 | 2.3    | 514 |
| 8 Schadl, Steph        | Loras            | 4.76m  | 15-07.50 | 1.9    | 495 |
| 9 McWilliams, Michelle | Loras            | 4.69m  | 15-04.75 | 2.5    | 477 |
| 10 Hatfield, Megan     | Luther           | 4.36m  | 14-03.75 | 2.3    | 393 |

**Heptathlon: #3 Women Shot Put Heptathlon**

| Name                   | School           | Finals | Points   |     |
|------------------------|------------------|--------|----------|-----|
| <b>Finals</b>          |                  |        |          |     |
| 1 Wilson, Caitlin      | Central          | 10.30m | 33-09.50 | 549 |
| 2 Goods, Camesha       | Wartburg College | 9.58m  | 31-05.25 | 502 |
| 3 Ziskovsky, Jill      | Central          | 8.97m  | 29-05.25 | 462 |
| 4 Carroll, Steph       | Wartburg College | 8.92m  | 29-03.25 | 459 |
| 5 Harris, Christal     | Cornell College  | 8.80m  | 28-10.50 | 451 |
| 6 Sharp, Morgan        | Central          | 8.41m  | 27-07.25 | 426 |
| 7 Hatfield, Megan      | Luther           | 8.06m  | 26-05.50 | 403 |
| 8 Rickels, Addy        | Luther           | 7.95m  | 26-01.00 | 396 |
| 9 McWilliams, Michelle | Loras            | 7.73m  | 25-04.50 | 382 |
| 10 Schadl, Steph       | Loras            | 7.44m  | 24-05.00 | 363 |

**Heptathlon: #6 Women Javelin Throw Heptathlon**

| Name                   | School           | Finals | Points |     |
|------------------------|------------------|--------|--------|-----|
| <b>Finals</b>          |                  |        |        |     |
| 1 Wilson, Caitlin      | Central          | 34.96m | 114-08 | 571 |
| 2 Ziskovsky, Jill      | Central          | 31.61m | 103-08 | 507 |
| 3 Rickels, Addy        | Luther           | 29.86m | 97-11  | 474 |
| 4 Sharp, Morgan        | Central          | 29.85m | 97-11  | 474 |
| 5 Harris, Christal     | Cornell College  | 29.81m | 97-10  | 473 |
| 6 Goods, Camesha       | Wartburg College | 29.05m | 95-04  | 459 |
| 7 McWilliams, Michelle | Loras            | 27.20m | 89-03  | 424 |
| 8 Schadl, Steph        | Loras            | 25.07m | 82-03  | 384 |
| 9 Carroll, Steph       | Wartburg College | 23.21m | 76-02  | 349 |
| 10 Hatfield, Megan     | Luther           | 20.50m | 67-03  | 298 |

**Women Heptathlon****Meet Record: 4813 # 2004 Lindsay Schultz, CENTRAL****NCAA AUTO: 4575 @****NCAA PROVO: 4100 %**

| Name               | School           | Finals | Points |
|--------------------|------------------|--------|--------|
| <b>Finals</b>      |                  |        |        |
| 1 Ziskovsky, Jill  | Central          | 4562 % | 10     |
| 2 Goods, Camesha   | Wartburg College | 4469 % | 8      |
| 3 Wilson, Caitlin  | Central          | 4409 % | 6      |
| 4 Harris, Christal | Cornell College  | 4115 % | 5      |



**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Women Heptathlon)**

|    | <b>Name</b>          | <b>School</b>    | <b>Finals</b> | <b>Points</b> |
|----|----------------------|------------------|---------------|---------------|
| 5  | Rickels, Addy        | Luther           | 4035          | 4             |
| 6  | Carroll, Steph       | Wartburg College | 4033          | 3             |
| 7  | Sharp, Morgan        | Central          | 3948          | 2             |
| 8  | Hatfield, Megan      | Luther           | 3451          | 1             |
| 9  | McWilliams, Michelle | Loras            | 3231          |               |
| 10 | Schadl, Steph        | Loras            | 2866          |               |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Men 100 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

**Meet Record:** 10.58 # 2008 **Orlando Walton, DUBUQUE**  
**NCAA AUTO:** 10.55 @  
**NCAA PROVO:** 10.80 %

| Name                   | School           | Prelims | Wind | H# |
|------------------------|------------------|---------|------|----|
| <b>Preliminaries</b>   |                  |         |      |    |
| 1 Clark, Nick          | Luther           | 11.02 Q | 2.0  | 2  |
| 2 Scovel, Allen        | Central          | 11.05 Q | 1.0  | 4  |
| 3 Dowe, Davivorn       | Dubuque          | 11.07 Q | 0.9  | 1  |
| 4 Moore, Keelan        | Wartburg College | 11.16 Q | 2.7  | 3  |
| 5 Seymour, Ryan        | Loras            | 11.10 q | 2.0  | 2  |
| 6 Wagoner, Mitch       | Central          | 11.14 q | 1.0  | 4  |
| 7 Johnson, Larry       | Wartburg College | 11.14 q | 1.0  | 4  |
| 8 Sanders, Antonio     | Dubuque          | 11.17 q | 2.0  | 2  |
| 9 Danko, Logan         | Central          | 11.17   | 0.9  | 1  |
| 10 Vogel, Brad         | Simpson          | 11.19   | 2.7  | 3  |
| 11 Miller, Ethan       | Central          | 11.21   | 2.7  | 3  |
| 12 Hagen, Taylor       | Wartburg College | 11.27   | 2.0  | 2  |
| 13 Ahrens, Skyler      | Wartburg College | 11.38   | 1.0  | 4  |
| 14 Arthofer, Austin    | Loras            | 11.39   | 0.9  | 1  |
| 15 Gilbertson, Dennis  | Coe              | 11.40   | 0.9  | 1  |
| 16 Mattingly, Ryan     | Dubuque          | 11.47   | 2.7  | 3  |
| 17 Kurtz, Nathaniel    | Coe              | 11.48   | 2.7  | 3  |
| 18 Mann, Colin         | Buena Vista      | 11.68   | 2.7  | 3  |
| 19 Nicholas, Mitch     | Simpson          | 11.71   | 1.0  | 4  |
| 20 Porter, Donterrious | Luther           | 11.71   | 0.9  | 1  |
| 21 Walter, Seth        | Dubuque          | 11.81   | 0.9  | 1  |
| 22 Osborne, Vincent    | Cornell College  | 11.82   | 2.7  | 3  |
| 23 Lockett, Terrance   | Coe              | 11.86   | 2.0  | 2  |
| 24 Nielsen, Dylan      | Buena Vista      | 11.88   | 1.0  | 4  |
| 25 Burnett, Michael    | Loras            | 11.90   | 2.0  | 2  |
| 26 Hoyer, Mark         | Luther           | 11.98   | 0.9  | 1  |
| 27 Nelson, Zach        | Cornell College  | 12.01   | 2.0  | 2  |
| 28 Brown, Alex         | Buena Vista      | 12.13   | 1.0  | 4  |
| 29 Finn, Payne         | Loras            | 12.64   | 1.0  | 4  |

**Men 100 Meter Dash**

**Meet Record:** 10.58 # 2008 **Orlando Walton, DUBUQUE**  
**NCAA AUTO:** 10.55 @  
**NCAA PROVO:** 10.80 %

| Name               | School           | Prelims | Finals | Wind | Points |
|--------------------|------------------|---------|--------|------|--------|
| <b>Finals</b>      |                  |         |        |      |        |
| 1 Scovel, Allen    | Central          | 11.05   | 10.96  | 1.2  | 10     |
| 2 Clark, Nick      | Luther           | 11.02   | 11.00  | 1.2  | 8      |
| 3 Wagoner, Mitch   | Central          | 11.14   | 11.01  | 1.2  | 6      |
| 4 Seymour, Ryan    | Loras            | 11.10   | 11.04  | 1.2  | 5      |
| 5 Dowe, Davivorn   | Dubuque          | 11.07   | 11.05  | 1.2  | 4      |
| 6 Moore, Keelan    | Wartburg College | 11.16   | 11.22  | 1.2  | 3      |
| 7 Sanders, Antonio | Dubuque          | 11.17   | 11.38  | 1.2  | 2      |
| 8 Johnson, Larry   | Wartburg College | 11.14   | 11.51  | 1.2  | 1      |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Preliminaries ... (Men 100 Meter Dash)**

| Name                   | School           | Prelims | Finals | Wind | Points |
|------------------------|------------------|---------|--------|------|--------|
| <b>Preliminaries</b>   |                  |         |        |      |        |
| 9 Danko, Logan         | Central          | 11.17   |        |      |        |
| 10 Vogel, Brad         | Simpson          | 11.19   |        |      |        |
| 11 Miller, Ethan       | Central          | 11.21   |        |      |        |
| 12 Hagen, Taylor       | Wartburg College | 11.27   |        |      |        |
| 13 Ahrens, Skyler      | Wartburg College | 11.38   |        |      |        |
| 14 Arthofer, Austin    | Loras            | 11.39   |        |      |        |
| 15 Gilbertson, Dennis  | Coe              | 11.40   |        |      |        |
| 16 Mattingly, Ryan     | Dubuque          | 11.47   |        |      |        |
| 17 Kurtz, Nathaniel    | Coe              | 11.48   |        |      |        |
| 18 Mann, Colin         | Buena Vista      | 11.68   |        |      |        |
| 19 Nicholas, Mitch     | Simpson          | 11.71   |        |      |        |
| 20 Porter, Donterrious | Luther           | 11.71   |        |      |        |
| 21 Walter, Seth        | Dubuque          | 11.81   |        |      |        |
| 22 Osborne, Vincent    | Cornell College  | 11.82   |        |      |        |
| 23 Lockett, Terrance   | Coe              | 11.86   |        |      |        |
| 24 Nielsen, Dylan      | Buena Vista      | 11.88   |        |      |        |
| 25 Burnett, Michael    | Loras            | 11.90   |        |      |        |
| 26 Hoyer, Mark         | Luther           | 11.98   |        |      |        |
| 27 Nelson, Zach        | Cornell College  | 12.01   |        |      |        |
| 28 Brown, Alex         | Buena Vista      | 12.13   |        |      |        |
| 29 Finn, Payne         | Loras            | 12.64   |        |      |        |

**Men 200 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

**Meet Record:** 21.26 # 2007 Orlando Walton, DUBUQUE  
**NCAA AUTO:** 21.26 @  
**NCAA PROVO:** 21.78 %

| Name                  | School           | Prelims | Wind | H# |
|-----------------------|------------------|---------|------|----|
| <b>Preliminaries</b>  |                  |         |      |    |
| 1 Wood, Kyle          | Central          | 22.09 Q | 2.2  | 2  |
| 2 Wagoner, Mitch      | Central          | 22.15 Q | 1.2  | 3  |
| 3 Scovel, Allen       | Central          | 22.25 Q | 0.6  | 1  |
| 4 Clark, Nick         | Luther           | 22.34 Q | 0.8  | 4  |
| 5 Johnson, Larry      | Wartburg College | 22.28 q | 1.2  | 3  |
| 6 Veach, Trevor       | Central          | 22.52 q | 0.8  | 4  |
| 7 Sunday, Palngji     | Wartburg College | 22.55 q | 2.2  | 2  |
| 8 Seymour, Ryan       | Loras            | 22.59 q | 0.6  | 1  |
| 9 Goerdts, Josh       | Loras            | 22.65   | 2.2  | 2  |
| 10 Dowe, Davivorn     | Dubuque          | 22.66   | 2.2  | 2  |
| 11 Sanders, Antonio   | Dubuque          | 22.79   | 0.6  | 1  |
| 12 Arthofer, Austin   | Loras            | 22.84   | 0.8  | 4  |
| 13 Ahrens, Skyler     | Wartburg College | 22.89   | 0.6  | 1  |
| 14 Vogel, Brad        | Simpson          | 23.05   | 1.2  | 3  |
| 15 Gilbertson, Dennis | Coe              | 23.14   | 0.8  | 4  |
| 16 Kurtz, Nathaniel   | Coe              | 23.16   | 1.2  | 3  |
| 17 McGrew, Matthew    | Wartburg College | 23.23   | 0.6  | 1  |
| 18 Mattingly, Ryan    | Dubuque          | 23.37   | 2.2  | 2  |
| 19 Mann, Colin        | Buena Vista      | 23.72   | 2.2  | 2  |
| 20 Lockett, Terrance  | Coe              | 23.84   | 1.2  | 3  |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Preliminaries ... (Men 200 Meter Dash)**

|    | Name                | School          | Prelims | Wind | H# |
|----|---------------------|-----------------|---------|------|----|
| 21 | Nicholas, Mitch     | Simpson         | 23.90   | 0.6  | 1  |
| 22 | Hoyer, Mark         | Luther          | 23.96   | 0.8  | 4  |
| 23 | Arend, Brock        | Luther          | 24.09   | 0.6  | 1  |
| 24 | Porter, Donterrious | Luther          | 24.10   | 0.8  | 4  |
| 25 | Burnett, Michael    | Loras           | 24.14   | 1.2  | 3  |
| 26 | Nelson, Zach        | Cornell College | 24.53   | 2.2  | 2  |
| 27 | Sedar, Chris        | Cornell College | 24.67   | 1.2  | 3  |
| 28 | Nielsen, Dylan      | Buena Vista     | 24.83   | 1.2  | 3  |
| 29 | Brown, Alex         | Buena Vista     | 25.41   | 0.8  | 4  |
| 30 | Miller, Alphonso    | Cornell College | 25.81   | 2.2  | 2  |

**Men 200 Meter Dash****Meet Record: 21.26 # 2007 Orlando Walton, DUBUQUE****NCAA AUTO: 21.26 @****NCAA PROVO: 21.78 %**

|                      | Name                | School           | Prelims | Finals | Wind | Points |
|----------------------|---------------------|------------------|---------|--------|------|--------|
| <b>Finals</b>        |                     |                  |         |        |      |        |
| 1                    | Wood, Kyle          | Central          | 22.09   | 22.00  | 0.5  | 10     |
| 2                    | Clark, Nick         | Luther           | 22.34   | 22.10  | 0.5  | 8      |
| 3                    | Wagoner, Mitch      | Central          | 22.15   | 22.29  | 0.5  | 6      |
| 4                    | Johnson, Larry      | Wartburg College | 22.28   | 22.38  | 0.5  | 5      |
| 5                    | Veach, Trevor       | Central          | 22.52   | 22.41  | 0.5  | 4      |
| 6                    | Seymour, Ryan       | Loras            | 22.59   | 22.53  | 0.5  | 3      |
| 7                    | Scovel, Allen       | Central          | 22.25   | 22.68  | 0.5  | 2      |
| 8                    | Sunday, Palngji     | Wartburg College | 22.55   | 22.85  | 0.5  | 1      |
| <b>Preliminaries</b> |                     |                  |         |        |      |        |
| 9                    | Goerdts, Josh       | Loras            | 22.65   |        |      |        |
| 10                   | Dowe, Davivorn      | Dubuque          | 22.66   |        |      |        |
| 11                   | Sanders, Antonio    | Dubuque          | 22.79   |        |      |        |
| 12                   | Arthofer, Austin    | Loras            | 22.84   |        |      |        |
| 13                   | Ahrens, Skyler      | Wartburg College | 22.89   |        |      |        |
| 14                   | Vogel, Brad         | Simpson          | 23.05   |        |      |        |
| 15                   | Gilbertson, Dennis  | Coe              | 23.14   |        |      |        |
| 16                   | Kurtz, Nathaniel    | Coe              | 23.16   |        |      |        |
| 17                   | McGrew, Matthew     | Wartburg College | 23.23   |        |      |        |
| 18                   | Mattingly, Ryan     | Dubuque          | 23.37   |        |      |        |
| 19                   | Mann, Colin         | Buena Vista      | 23.72   |        |      |        |
| 20                   | Lockett, Terrance   | Coe              | 23.84   |        |      |        |
| 21                   | Nicholas, Mitch     | Simpson          | 23.90   |        |      |        |
| 22                   | Hoyer, Mark         | Luther           | 23.96   |        |      |        |
| 23                   | Arend, Brock        | Luther           | 24.09   |        |      |        |
| 24                   | Porter, Donterrious | Luther           | 24.10   |        |      |        |
| 25                   | Burnett, Michael    | Loras            | 24.14   |        |      |        |
| 26                   | Nelson, Zach        | Cornell College  | 24.53   |        |      |        |
| 27                   | Sedar, Chris        | Cornell College  | 24.67   |        |      |        |
| 28                   | Nielsen, Dylan      | Buena Vista      | 24.83   |        |      |        |
| 29                   | Brown, Alex         | Buena Vista      | 25.41   |        |      |        |
| 30                   | Miller, Alphonso    | Cornell College  | 25.81   |        |      |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Men 400 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

**Meet Record:** 47.39 # 2004 Tyler Sherden, LUTHER  
**NCAA AUTO:** 47.61 @  
**NCAA PROVO:** 48.50 %

| Name                    | School           | Prelims | H# |
|-------------------------|------------------|---------|----|
| <b>Preliminaries</b>    |                  |         |    |
| 1 Goerdt, Josh          | Loras            | 49.74 Q | 2  |
| 2 Loseke, Brock         | Buena Vista      | 49.84 Q | 3  |
| 3 Wood, Kyle            | Central          | 50.05 Q | 1  |
| 4 Eberly, Ryan          | Buena Vista      | 50.45 q | 2  |
| 5 Veach, Trevor         | Central          | 50.58 q | 1  |
| 6 Heisterkamp, Philip   | Central          | 50.63 q | 1  |
| 7 Sunday, Palngji       | Wartburg College | 50.71 q | 2  |
| 8 Tackmann, Vaughn      | Luther           | 50.79 q | 1  |
| 9 Steggall, Brandon     | Wartburg College | 51.00   | 3  |
| 10 Harter, Andrew       | Cornell College  | 51.03   | 2  |
| 11 Maxfield, Kyler      | Luther           | 51.26   | 3  |
| 12 Rost, Heath          | Wartburg College | 51.27   | 3  |
| 13 McGowan, Matt        | Cornell College  | 51.46   | 2  |
| 14 Wiley, Nathan        | Wartburg College | 52.01   | 1  |
| 15 Christensen, Brandon | Simpson          | 52.10   | 1  |
| 16 Haustein, Marcus     | Coe              | 52.56   | 3  |
| 17 Sump, Jordan         | Central          | 53.14   | 2  |
| 18 Arend, Brock         | Luther           | 53.44   | 1  |
| 19 Hamilton, Doug       | Luther           | 53.96   | 3  |

**Men 400 Meter Dash**

**Meet Record:** 47.39 # 2004 Tyler Sherden, LUTHER  
**NCAA AUTO:** 47.61 @  
**NCAA PROVO:** 48.50 %

| Name                    | School           | Prelims | Finals | Points |
|-------------------------|------------------|---------|--------|--------|
| <b>Finals</b>           |                  |         |        |        |
| 1 Wood, Kyle            | Central          | 50.05   | 49.04  | 10     |
| 2 Goerdt, Josh          | Loras            | 49.74   | 49.41  | 8      |
| 3 Loseke, Brock         | Buena Vista      | 49.84   | 50.29  | 6      |
| 4 Eberly, Ryan          | Buena Vista      | 50.45   | 50.49  | 5      |
| 5 Veach, Trevor         | Central          | 50.58   | 50.69  | 4      |
| 6 Heisterkamp, Philip   | Central          | 50.63   | 50.70  | 3      |
| 7 Sunday, Palngji       | Wartburg College | 50.71   | 51.47  | 2      |
| 8 Tackmann, Vaughn      | Luther           | 50.79   | 52.93  | 1      |
| <b>Preliminaries</b>    |                  |         |        |        |
| 9 Steggall, Brandon     | Wartburg College | 51.00   |        |        |
| 10 Harter, Andrew       | Cornell College  | 51.03   |        |        |
| 11 Maxfield, Kyler      | Luther           | 51.26   |        |        |
| 12 Rost, Heath          | Wartburg College | 51.27   |        |        |
| 13 McGowan, Matt        | Cornell College  | 51.46   |        |        |
| 14 Wiley, Nathan        | Wartburg College | 52.01   |        |        |
| 15 Christensen, Brandon | Simpson          | 52.10   |        |        |
| 16 Haustein, Marcus     | Coe              | 52.56   |        |        |
| 17 Sump, Jordan         | Central          | 53.14   |        |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Preliminaries ... (Men 400 Meter Dash)**

| Name              | School | Prelims | Finals | Points |
|-------------------|--------|---------|--------|--------|
| 18 Arend, Brock   | Luther | 53.44   |        |        |
| 19 Hamilton, Doug | Luther | 53.96   |        |        |

**Men 800 Meter Run****9 Advance: Top 1 Each Heat plus Next 5 Best Times**

Meet Record: 1:52.54 # 1985 Kirk Peterson, SIMPSON  
 NCAA AUTO: 1:51.10 @  
 NCAA PROVO: 1:52.70 %

| Name                 | School           | Prelims | Finals | Points |
|----------------------|------------------|---------|--------|--------|
| <b>Preliminaries</b> |                  |         |        |        |
| 1 Stone, Matt        | Simpson          | 1:57.18 | Q      |        |
| 2 Donavin, Kirkwood  | Cornell College  | 1:57.87 | Q      |        |
| 3 Schornack, Ben     | Central          | 1:58.52 | Q      |        |
| 4 Rooyakkers, Adam   | Cornell College  | 1:58.69 | Q      |        |
| 5 Comentino, Parker  | Wartburg College | 1:57.70 | q      |        |
| 6 Higgins, Chris     | Loras            | 1:59.04 | q      |        |
| 7 Leytem, Dain       | Loras            | 1:59.46 | q      |        |
| 8 O'Brien, Austin    | Central          | 1:59.48 | q      |        |
| 9 Cordes, Jared      | Wartburg College | 1:59.48 | q      |        |
| 10 Miller, Chris     | Loras            | 1:59.73 |        |        |
| 11 Bentz, Andrew     | Luther           | 2:00.75 |        |        |
| 12 Kemp, Kenny       | Central          | 2:02.15 |        |        |
| 13 Strachan, Andy    | Wartburg College | 2:02.46 |        |        |
| 14 Engelman, Ryan    | Loras            | 2:02.53 |        |        |
| 15 Sletten, Eric     | Wartburg College | 2:03.12 |        |        |
| 16 Barnes, Nick      | Central          | 2:03.52 |        |        |
| 17 Kemme, Jordan     | Cornell College  | 2:04.53 |        |        |
| 18 Molzahn, Max      | Luther           | 2:05.05 |        |        |
| 19 Beniak, Matt      | Luther           | 2:05.56 |        |        |
| 20 Kraus, Peter      | Luther           | 2:10.00 |        |        |
| 21 Randall, Josh     | Cornell College  | 2:10.12 |        |        |
| 22 Phillips, Bryce   | Simpson          | 2:10.24 |        |        |
| 23 Nguyen, Max       | Simpson          | 2:12.85 |        |        |
| 24 Monroe, Scott     | Coe              | 2:13.73 |        |        |
| 25 Dewar, Charles    | Coe              | 2:15.95 |        |        |
| 26 Conner, Ethan     | Coe              | 2:21.02 |        |        |

**Men 800 Meter Run**

Meet Record: 1:52.54 # 1985 Kirk Peterson, SIMPSON  
 NCAA AUTO: 1:51.10 @  
 NCAA PROVO: 1:52.70 %

| Name                | School           | Prelims | Finals  | Points |
|---------------------|------------------|---------|---------|--------|
| <b>Finals</b>       |                  |         |         |        |
| 1 Donavin, Kirkwood | Cornell College  | 1:57.87 | 1:58.65 | 10     |
| 2 Rooyakkers, Adam  | Cornell College  | 1:58.69 | 1:58.97 | 8      |
| 3 Schornack, Ben    | Central          | 1:58.52 | 1:59.61 | 6      |
| 4 Stone, Matt       | Simpson          | 1:57.18 | 2:00.74 | 5      |
| 5 O'Brien, Austin   | Central          | 1:59.48 | 2:01.19 | 4      |
| 6 Cordes, Jared     | Wartburg College | 1:59.48 | 2:01.32 | 3      |
| 7 Comentino, Parker | Wartburg College | 1:57.70 | 2:01.79 | 2      |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Men 800 Meter Run)**

| Name             | School | Prelims | Finals  | Points |
|------------------|--------|---------|---------|--------|
| 8 Higgins, Chris | Loras  | 1:59.04 | 2:02.08 | 1      |
| 9 Leytem, Dain   | Loras  | 1:59.46 | 2:02.36 |        |

**Preliminaries**

|                    |                  |         |  |  |
|--------------------|------------------|---------|--|--|
| 10 Miller, Chris   | Loras            | 1:59.73 |  |  |
| 11 Bentz, Andrew   | Luther           | 2:00.75 |  |  |
| 12 Kemp, Kenny     | Central          | 2:02.15 |  |  |
| 13 Strachan, Andy  | Wartburg College | 2:02.46 |  |  |
| 14 Engelman, Ryan  | Loras            | 2:02.53 |  |  |
| 15 Sletten, Eric   | Wartburg College | 2:03.12 |  |  |
| 16 Barnes, Nick    | Central          | 2:03.52 |  |  |
| 17 Kemme, Jordan   | Cornell College  | 2:04.53 |  |  |
| 18 Molzahn, Max    | Luther           | 2:05.05 |  |  |
| 19 Beniak, Matt    | Luther           | 2:05.56 |  |  |
| 20 Kraus, Peter    | Luther           | 2:10.00 |  |  |
| 21 Randall, Josh   | Cornell College  | 2:10.12 |  |  |
| 22 Phillips, Bryce | Simpson          | 2:10.24 |  |  |
| 23 Nguyen, Max     | Simpson          | 2:12.85 |  |  |
| 24 Monroe, Scott   | Coe              | 2:13.73 |  |  |
| 25 Dewar, Charles  | Coe              | 2:15.95 |  |  |
| 26 Conner, Ethan   | Coe              | 2:21.02 |  |  |

**Men 1500 Meter Run****Meet Record: 3:51.30 # 2006****Bryan George, CENTRAL****NCAA AUTO: 3:49.80 @****NCAA PROVO: 3:53.50 %**

| Name                   | School           | Finals  | Points |
|------------------------|------------------|---------|--------|
| <b>Finals</b>          |                  |         |        |
| 1 Donavin, Kirkwood    | Cornell College  | 4:00.19 | 10     |
| 2 Papke-Larson, Andrew | Luther           | 4:00.56 | 8      |
| 3 Comentino, Parker    | Wartburg College | 4:02.32 | 6      |
| 4 Stone, Matt          | Simpson          | 4:02.34 | 5      |
| 5 Schornack, Ben       | Central          | 4:05.90 | 4      |
| 6 Higgins, Chris       | Loras            | 4:06.49 | 3      |
| 7 Nowak, Chase         | Cornell College  | 4:06.83 | 2      |
| 8 Leytem, Dain         | Loras            | 4:07.51 | 1      |
| 9 Heineman, Kyle       | Coe              | 4:08.07 |        |
| 10 Stadler, Chris      | Cornell College  | 4:11.09 |        |
| 11 Langley, Logan      | Luther           | 4:11.19 |        |
| 12 Bruce, Jared        | Buena Vista      | 4:12.85 |        |
| 13 Miller, Chris       | Loras            | 4:13.41 |        |
| 14 Engelman, Ryan      | Loras            | 4:14.35 |        |
| 15 O'Brien, Austin     | Central          | 4:17.81 |        |
| 16 Smith, Chris        | Wartburg College | 4:18.71 |        |
| 17 Bauer, Austin       | Luther           | 4:19.00 |        |
| 18 Horan, Cj           | Cornell College  | 4:21.95 |        |
| 19 Fritz, Clayton      | Central          | 4:23.18 |        |
| 20 Ameling, Jon        | Coe              | 4:24.39 |        |
| 21 Huff, Patrick       | Wartburg College | 4:26.05 |        |
| 22 Hochstetler, Jordan | Wartburg College | 4:26.39 |        |
| 23 Phillips, Bryce     | Simpson          | 4:29.50 |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Men 1500 Meter Run)**

| Name              | School      | Finals  | Points |
|-------------------|-------------|---------|--------|
| 24 Stafford, Matt | Buena Vista | 4:29.60 |        |
| 25 Buck, Kyle     | Luther      | 4:30.06 |        |
| 26 Nguyen, Max    | Simpson     | 4:36.37 |        |
| 27 Pearson, Dan   | Buena Vista | 4:38.26 |        |
| 28 Heineman, Kory | Coe         | 4:42.43 |        |
| 29 Elsbernd, Luke | Dubuque     | 4:43.44 |        |

**Men 5000 Meter Run****Meet Record: 14:37.93 # 2004 Josh Moen, WARTBURG****NCAA AUTO: 14:25.00 @****NCAA PROVO: 14:45.00 %**

| Name                   | School           | Finals   | Points |
|------------------------|------------------|----------|--------|
| <b>Finals</b>          |                  |          |        |
| 1 Mittman, Scott       | Luther           | 15:06.00 | 10     |
| 2 Tobben, Andrew       | Cornell College  | 15:10.41 | 8      |
| 3 McDermott, Dan       | Loras            | 15:11.40 | 6      |
| 4 Edwardson, Ryan      | Simpson          | 15:13.65 | 5      |
| 5 Stover, Jon          | Wartburg College | 15:15.46 | 4      |
| 6 Mitchell, Marty      | Luther           | 15:23.24 | 3      |
| 7 Dewar, Andrew        | Coe              | 15:35.20 | 2      |
| 8 Johnson, Erik        | Luther           | 15:42.39 | 1      |
| 9 Davis, Mitchell      | Simpson          | 15:44.95 |        |
| 10 Warehime, Shane     | Wartburg College | 15:50.24 |        |
| 11 Read, Sam           | Wartburg College | 16:00.18 |        |
| 12 Jacobs, Ben         | Cornell College  | 16:00.35 |        |
| 13 Steele, Shane       | Luther           | 16:07.29 |        |
| 14 Steil, Austin       | Loras            | 16:08.24 |        |
| 15 Hills, Hunter       | Coe              | 16:19.05 |        |
| 16 Henders, Tom        | Loras            | 16:25.21 |        |
| 17 Devine, Shea        | Coe              | 16:30.95 |        |
| 18 Doughan, Cody       | Central          | 16:32.89 |        |
| 19 Bukszar, Michael    | Loras            | 16:36.86 |        |
| 20 Beaumier, Derek     | Wartburg College | 16:38.64 |        |
| 21 Klein, Jon          | Central          | 16:56.38 |        |
| 22 Christiansen, Brian | Buena Vista      | 17:26.90 |        |
| 23 Hannula, Corey      | Buena Vista      | 18:13.68 |        |

**Men 10000 Meter Run****Meet Record: 30:36.80 # 2008 Kevin Balster, WARTBURG****NCAA AUTO: 30:10.00 @****NCAA PROVO: 31:13.00 %**

| Name              | School          | Finals   | Points |
|-------------------|-----------------|----------|--------|
| <b>Finals</b>     |                 |          |        |
| 1 Edwardson, Ryan | Simpson         | 31:42.82 | 10     |
| 2 Nowak, Chase    | Cornell College | 32:00.31 | 8      |
| 3 Johnson, Erik   | Luther          | 32:04.81 | 6      |
| 4 Tobben, Andrew  | Cornell College | 32:10.24 | 5      |
| 5 McDermott, Dan  | Loras           | 32:20.75 | 4      |
| 6 Neubauer, Evan  | Luther          | 32:33.38 | 3      |
| 7 Jacobs, Ben     | Cornell College | 33:02.29 | 2      |



**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Men 10000 Meter Run)**

| Name                | School           | Finals   | Points |
|---------------------|------------------|----------|--------|
| 8 Clough, Brandon   | Central          | 33:10.43 | 1      |
| 9 Steele, Shane     | Luther           | 33:24.38 |        |
| 10 Carr, Tommy      | Loras            | 33:58.08 |        |
| 11 Bukszar, Michael | Loras            | 34:01.23 |        |
| 12 Rigdon, Alex     | Luther           | 34:06.97 |        |
| 13 Kantarevic, Amir | Wartburg College | 34:07.50 |        |
| 14 Hamer, Andrew    | Central          | 34:10.50 |        |
| 15 Sutton, Jake     | Simpson          | 34:16.51 |        |
| 16 Steil, Austin    | Loras            | 35:06.36 |        |
| 17 Burt, Sam        | Central          | 37:06.46 |        |

**Men 110 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

|                     |              |          |             |                              |
|---------------------|--------------|----------|-------------|------------------------------|
| <b>Meet Record:</b> | <b>14.41</b> | <b>#</b> | <b>1990</b> | <b>Mike Godbout, SIMPSON</b> |
| <b>NCAA AUTO:</b>   | <b>14.41</b> | <b>@</b> |             |                              |
| <b>NCAA PROVO:</b>  | <b>14.90</b> | <b>%</b> |             |                              |

| Name                  | School           | Prelims | Wind | H# |
|-----------------------|------------------|---------|------|----|
| <b>Preliminaries</b>  |                  |         |      |    |
| 1 Miller, Ethan       | Central          | 14.99 Q | 1.2  | 1  |
| 2 Brondyke, Kurtis    | Central          | 15.15 Q | 1.5  | 2  |
| 3 Johnson, Larry      | Wartburg College | 15.32 Q | 0.9  | 3  |
| 4 Kuehner, Jared      | Coe              | 15.24 q | 1.5  | 2  |
| 5 Derr, Tim           | Loras            | 15.43 q | 0.9  | 3  |
| 6 Zurbuchen, Evan     | Dubuque          | 15.53 q | 1.2  | 1  |
| 7 Harbaugh, Chris     | Luther           | 15.65 q | 1.2  | 1  |
| 8 Humpal, Jordan      | Luther           | 15.66 q | 0.9  | 3  |
| 9 Kramer, Lance       | Simpson          | 15.74   | 0.9  | 3  |
| 10 Meyer, Justin      | Wartburg College | 15.99   | 1.5  | 2  |
| 11 Ambrose, Andy      | Luther           | 16.26   | 0.9  | 3  |
| 12 DeMeulenaere, Tate | Wartburg College | 16.39   | 0.9  | 3  |
| 13 Heying, Ted        | Simpson          | 16.46   | 1.2  | 1  |
| 14 Harris, Torrence   | Wartburg College | 16.50   | 1.5  | 2  |
| 15 Hopper, Andrew     | Central          | 16.88   | 1.5  | 2  |
| 16 Blythe, Nolan      | Central          | 17.64   | 1.2  | 1  |

**Men 110 Meter Hurdles**

|                     |              |          |             |                              |
|---------------------|--------------|----------|-------------|------------------------------|
| <b>Meet Record:</b> | <b>14.41</b> | <b>#</b> | <b>1990</b> | <b>Mike Godbout, SIMPSON</b> |
| <b>NCAA AUTO:</b>   | <b>14.41</b> | <b>@</b> |             |                              |
| <b>NCAA PROVO:</b>  | <b>14.90</b> | <b>%</b> |             |                              |

| Name               | School           | Prelims | Finals  | Wind | Points |
|--------------------|------------------|---------|---------|------|--------|
| <b>Finals</b>      |                  |         |         |      |        |
| 1 Miller, Ethan    | Central          | 14.99   | 14.69 % | 0.8  | 10     |
| 2 Brondyke, Kurtis | Central          | 15.15   | 15.19   | 0.8  | 8      |
| 3 Johnson, Larry   | Wartburg College | 15.32   | J15.19  | 0.8  | 6      |
| 4 Derr, Tim        | Loras            | 15.43   | 15.30   | 0.8  | 5      |
| 5 Zurbuchen, Evan  | Dubuque          | 15.53   | 15.35   | 0.8  | 4      |
| 6 Kuehner, Jared   | Coe              | 15.24   | 15.40   | 0.8  | 3      |
| 7 Humpal, Jordan   | Luther           | 15.66   | 15.69   | 0.8  | 2      |
| 8 Harbaugh, Chris  | Luther           | 15.65   | 15.97   | 0.8  | 1      |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Preliminaries ... (Men 110 Meter Hurdles)**

| Name                  | School           | Prelims | Finals | Wind | Points |
|-----------------------|------------------|---------|--------|------|--------|
| <b>Preliminaries</b>  |                  |         |        |      |        |
| 9 Kramer, Lance       | Simpson          | 15.74   |        |      |        |
| 10 Meyer, Justin      | Wartburg College | 15.99   |        |      |        |
| 11 Ambrose, Andy      | Luther           | 16.26   |        |      |        |
| 12 DeMeulenaere, Tate | Wartburg College | 16.39   |        |      |        |
| 13 Heying, Ted        | Simpson          | 16.46   |        |      |        |
| 14 Harris, Torrence   | Wartburg College | 16.50   |        |      |        |
| 15 Hopper, Andrew     | Central          | 16.88   |        |      |        |
| 16 Blythe, Nolan      | Central          | 17.64   |        |      |        |

**Men 400 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

**Meet Record:** 53.16 # 2004 **Tanner Whipple, CENTRAL**  
**NCAA AUTO:** 52.65 @  
**NCAA PROVO:** 54.30 %

| Name                  | School           | Prelims | H# |
|-----------------------|------------------|---------|----|
| <b>Preliminaries</b>  |                  |         |    |
| 1 Koehler, Mike       | Wartburg College | 56.14 Q | 2  |
| 2 Smith, Andrew       | Buena Vista      | 56.64 Q | 1  |
| 3 Owen, Jordan        | Wartburg College | 56.71 q | 2  |
| 4 Meyer, Justin       | Wartburg College | 57.29 q | 2  |
| 5 Schmidt, Jeff       | Loras            | 57.62 q | 1  |
| 6 Egan, Ryan          | Luther           | 57.81 q | 1  |
| 7 Heying, Ted         | Simpson          | 58.38 q | 2  |
| 8 Reese, Cole         | Simpson          | 59.42 q | 1  |
| 9 Kramer, Lance       | Simpson          | 1:00.07 | 1  |
| 10 Hopper, Andrew     | Central          | 1:00.33 | 2  |
| 11 DeMeulenaere, Tate | Wartburg College | 1:01.28 | 2  |
| 12 Jepson, Leif       | Simpson          | 1:01.53 | 1  |
| 13 Walter, Seth       | Dubuque          | 1:02.36 | 2  |

**Men 400 Meter Hurdles**

**Meet Record:** 53.16 # 2004 **Tanner Whipple, CENTRAL**  
**NCAA AUTO:** 52.65 @  
**NCAA PROVO:** 54.30 %

| Name                  | School           | Prelims | Finals  | Points |
|-----------------------|------------------|---------|---------|--------|
| <b>Finals</b>         |                  |         |         |        |
| 1 Smith, Andrew       | Buena Vista      | 56.64   | 54.15 % | 10     |
| 2 Koehler, Mike       | Wartburg College | 56.14   | 54.55   | 8      |
| 3 Owen, Jordan        | Wartburg College | 56.71   | 56.12   | 6      |
| 4 Meyer, Justin       | Wartburg College | 57.29   | 56.64   | 5      |
| 5 Schmidt, Jeff       | Loras            | 57.62   | 56.82   | 4      |
| 6 Egan, Ryan          | Luther           | 57.81   | 57.78   | 3      |
| 7 Heying, Ted         | Simpson          | 58.38   | 59.22   | 2      |
| 8 Reese, Cole         | Simpson          | 59.42   | 1:00.77 | 1      |
| <b>Preliminaries</b>  |                  |         |         |        |
| 9 Kramer, Lance       | Simpson          | 1:00.07 |         |        |
| 10 Hopper, Andrew     | Central          | 1:00.33 |         |        |
| 11 DeMeulenaere, Tate | Wartburg College | 1:01.28 |         |        |
| 12 Jepson, Leif       | Simpson          | 1:01.53 |         |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Preliminaries ... (Men 400 Meter Hurdles)**

| Name            | School  | Prelims | Finals | Points |
|-----------------|---------|---------|--------|--------|
| 13 Walter, Seth | Dubuque | 1:02.36 |        |        |

**Men 3000 Meter Steeplechase****Meet Record: 9:12.94 # 1985 Dan Huston, WARTBURG****NCAA AUTO: 9:07.00 @****NCAA PROVO: 9:24.00 %**

| Name                   | School           | Finals    | Points |
|------------------------|------------------|-----------|--------|
| <b>Finals</b>          |                  |           |        |
| 1 Stover, Jon          | Wartburg College | 9:18.72 % | 10     |
| 2 Schroeder, Ryan      | Coe              | 9:22.92 % | 8      |
| 3 Lang, Jordan         | Luther           | 9:42.05   | 6      |
| 4 Hamer, Andrew        | Central          | 9:50.39   | 5      |
| 5 Gesch, Karl          | Luther           | 9:51.86   | 4      |
| 6 Higgins, Mike        | Loras            | 9:55.66   | 3      |
| 7 Read, Sam            | Wartburg College | 9:57.24   | 2      |
| 8 Pruitt, Dakota       | Dubuque          | 9:57.24   | 1      |
| 9 Linden, Tanner       | Wartburg College | 10:00.63  |        |
| 10 Pedrick, David      | Luther           | 10:01.63  |        |
| 11 Rubins, Matt        | Luther           | 10:16.17  |        |
| 12 Hosch, Brandon      | Wartburg College | 10:22.15  |        |
| 13 Schaffer, Kyle      | Loras            | 10:24.43  |        |
| 14 Warnke, John        | Simpson          | 10:25.27  |        |
| 15 Doughan, Cody       | Central          | 10:26.73  |        |
| 16 Christiansen, Brian | Buena Vista      | 10:33.67  |        |
| 17 Swerdlow, Ben       | Cornell College  | 10:43.68  |        |
| 18 Gerhardt, Pat       | Simpson          | 10:51.08  |        |
| 19 Kuesel, Carsen      | Cornell College  | 11:07.34  |        |

**Men 4x100 Meter Relay****Meet Record: 41.24 # 2001 Central College, CENTRAL****BROWNLEE, TAVEGIA, HARTFORD, MCCULLOUGH****NCAA AUTO: 41.00 @****NCAA PROVO: 41.95 %**

| Team                     | Relay                | Finals                 | H#                  | Points |
|--------------------------|----------------------|------------------------|---------------------|--------|
| <b>Finals</b>            |                      |                        |                     |        |
| 1 Central                | A                    | 41.82 %                | 1                   | 10     |
| 1) Veach, Trevor         | 2) Wagoner, Mitch    | 3) Wood, Kyle          | 4) Scovel, Allen    |        |
| 2 Wartburg College       | A                    | 42.48                  | 1                   | 8      |
| 1) Johnson, Larry        | 2) Hagen, Taylor     | 3) Moore, Keelan       | 4) Ahrens, Skyler   |        |
| 3 Loras                  | A                    | 42.83                  | 1                   | 6      |
| 4 Dubuque                | A                    | 43.51                  | 1                   | 5      |
| 1) Sanders, Antonio      | 2) Dowe, Davivorn    | 3) Walter, Seth        | 4) Mattingly, Ryan  |        |
| 5 Luther                 | A                    | 43.63                  | 1                   | 4      |
| 1) Hamilton, Doug        | 2) Clark, Nick       | 3) Porter, Donterrious | 4) Maxfield, Kyler  |        |
| 6 Coe                    | A                    | 43.81                  | 2                   | 3      |
| 1) Gilbertson, Dennis    | 2) Lockett, Terrance | 3) Kurtz, Nathaniel    | 4) Haustein, Marcus |        |
| 7 Buena Vista            | A                    | 43.88                  | 1                   | 2      |
| 1) Cottingham, Christian | 2) Loseke, Brock     | 3) Mann, Colin         | 4) Petersen, Stefan |        |
| 8 Simpson                | A                    | 44.58                  | 2                   | 1      |
| --- Cornell College      | A                    | DNF                    | 2                   |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Men 4x400 Meter Relay****Meet Record: 3:14.47 # 2001****Central College, CENTRAL****BROWNLEE, TAVEGIA, HARTFORD, MCCULLOUGH****NCAA AUTO: 3:13.00 @****NCAA PROVO: 3:16.40 %**

| Team                    | Relay             | Finals                 | Points              |
|-------------------------|-------------------|------------------------|---------------------|
| <b>Finals</b>           |                   |                        |                     |
| 1 Central               | A                 | 3:20.65                | 10                  |
| 1) Brondyke, Kurtis     | 2) Veach, Trevor  | 3) Heisterkamp, Philip | 4) Wood, Kyle       |
| 2 Wartburg College      | A                 | 3:22.81                | 8                   |
| 1) Sunday, Palngji      | 2) Koehler, Mike  | 3) Lopez, Marcelino    | 4) Fagan, Dominique |
| 3 Cornell College       | A                 | 3:22.96                | 6                   |
| 1) McGowan, Matt        | 2) Skoog, Reed    | 3) Harter, Andrew      | 4) Riedel, Scott    |
| 4 Buena Vista           | A                 | 3:24.74                | 5                   |
| 1) Eberly, Ryan         | 2) Loseke, Brock  | 3) Petersen, Stefan    | 4) Smith, Andrew    |
| 5 Luther                | A                 | 3:26.69                | 4                   |
| 1) Maxfield, Kyler      | 2) Hamilton, Doug | 3) Egan, Ryan          | 4) Clark, Nick      |
| 6 Loras                 | A                 | 3:27.15                | 3                   |
| 7 Simpson               | A                 | 3:31.85                | 2                   |
| 1) Christensen, Brandon | 2) Vogel, Brad    | 3) Stone, Matt         | 4) Jepson, Leif     |
| 8 Coe                   | A                 | 3:36.08                | 1                   |
| 1) Kurtz, Nathaniel     | 2) Heineman, Kyle | 3) Minard, Josh        | 4) Hausteim, Marcus |

**Men 4x800 Meter Relay**

| Team               | Relay                | Finals             | Points                  |
|--------------------|----------------------|--------------------|-------------------------|
| <b>Finals</b>      |                      |                    |                         |
| 1 Cornell College  | A                    | 7:55.49            | 10                      |
| 1) Stadler, Chris  | 2) Riedel, Scott     | 3) Skoog, Reed     | 4) Rooyakkers, Adam     |
| 2 Central          | A                    | 7:56.60            | 8                       |
| 1) Kemp, Kenny     | 2) Fritz, Clayton    | 3) O'Brien, Austin | 4) Schornack, Ben       |
| 3 Loras            | A                    | 7:58.57            | 6                       |
| 1) Higgins, Chris  | 2) Leytem, Dain      | 3) Schmitz, Beau   | 4) Miller, Chris        |
| 4 Luther           | A                    | 7:58.97            | 5                       |
| 1) Langley, Logan  | 2) Bentz, Andrew     | 3) Mittman, Scott  | 4) Papke-Larson, Andrew |
| 5 Coe              | A                    | 8:02.84            | 4                       |
| 1) Minard, Josh    | 2) Heineman, Kory    | 3) Ameling, Jon    | 4) Heineman, Kyle       |
| 6 Wartburg College | A                    | 8:08.55            | 3                       |
| 1) Cordes, Jared   | 2) Comentino, Parker | 3) Sletten, Eric   | 4) Strachan, Andy       |
| 7 Simpson          | A                    | 8:17.70            | 2                       |
| 8 Buena Vista      | A                    | 8:23.53            | 1                       |
| 1) Bruce, Jared    | 2) Stevens, Jeffrey  | 3) Stafford, Matt  | 4) Pearson, Daniel      |

**Men High Jump****Meet Record: 7-01 # 2005****Andy Stoecken, LORAS****NCAA AUTO: 2.11m @****NCAA PROVO: 2.03m %**

| Name               | School           | Finals           | Points |
|--------------------|------------------|------------------|--------|
| <b>Finals</b>      |                  |                  |        |
| 1 Sathoff, Jordan  | Wartburg College | 2.03m % 6-08.00  | 10     |
| 2 Elusme, Jonas    | Wartburg College | J2.03m % 6-08.00 | 8      |
| 3 Miller, Ethan    | Central          | 1.98m 6-06.00    | 6      |
| 4 Brondyke, Kurtis | Central          | J1.98m 6-06.00   | 5      |
| 5 Diehm, Josh      | Simpson          | 1.93m 6-04.00    | 4      |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Men High Jump)**

| Name                 | School           | Finals         | Points |
|----------------------|------------------|----------------|--------|
| 6 Kuehner, Jared     | Coe              | J1.93m 6-04.00 | 3      |
| 7 Booth, Wendell     | Wartburg College | 1.88m 6-02.00  | 1.50   |
| 7 Teko-Folly, Roli   | Cornell College  | 1.88m 6-02.00  | 1.50   |
| 9 Williams, Ta'Mone  | Wartburg College | 1.83m 6-00.00  |        |
| 9 Kramer, Lance      | Simpson          | 1.83m 6-00.00  |        |
| 11 Mattingly, Ryan   | Dubuque          | 1.78m 5-10.00  |        |
| 11 Powell, Breighen  | Central          | 1.78m 5-10.00  |        |
| 11 Heinrichs, Taylor | Loras            | 1.78m 5-10.00  |        |
| --- Garner, Tyrel    | Cornell College  | NH             |        |

**Men Pole Vault****Meet Record: 15-07.25 # 1990****Jim Bruxvoort, CENTRAL****NCAA AUTO: 5.07m @****NCAA PROVO: 4.75m %**

| Name                     | School           | Finals          | Points |
|--------------------------|------------------|-----------------|--------|
| <b>Finals</b>            |                  |                 |        |
| 1 Miller, Ethan          | Central          | 4.45m 14-07.25  | 10     |
| 2 Lemmon, Nick           | Central          | 4.30m 14-01.25  | 8      |
| 3 Bridges, Anthony       | Cornell College  | J4.30m 14-01.25 | 6      |
| 4 Westaby, Blade         | Loras            | 4.15m 13-07.25  | 5      |
| 5 Fuller, Aaron          | Central          | J4.15m 13-07.25 | 4      |
| 6 Neukum, Steve          | Loras            | J4.15m 13-07.25 | 3      |
| 7 Roth, Mike             | Loras            | 4.00m 13-01.50  | 2      |
| 8 Brom, Chris            | Loras            | J4.00m 13-01.50 | 1      |
| 9 Davis-Seiter, Saendell | Wartburg College | 3.85m 12-07.50  |        |
| 10 Dirth, Dalen          | Luther           | 3.70m 12-01.50  |        |
| 11 Flores, Dan           | Coe              | 3.40m 11-01.75  |        |
| 11 Harris, Torrence      | Wartburg College | 3.40m 11-01.75  |        |
| 13 Dewar, Charles        | Coe              | 3.25m 10-08.00  |        |
| 14 Schultz, Branden      | Buena Vista      | J3.25m 10-08.00 |        |
| --- Berg, Joe            | Luther           | NH              |        |

**Men Long Jump****Meet Record: 24-07 # 2002****Bryan Kuehn, DUBUQUE****NCAA AUTO: 7.33m @****NCAA PROVO: 7.05m %**

| Name                | School           | Finals           | Wind | Points |
|---------------------|------------------|------------------|------|--------|
| <b>Finals</b>       |                  |                  |      |        |
| 1 Miller, Ethan     | Central          | 7.22m % 23-08.25 | 0.3  | 10     |
| 2 Hallengren, Shane | Central          | 7.00m 22-11.75   | 1.3  | 8      |
| 3 Booth, Wendell    | Wartburg College | 6.83m 22-05.00   | 0.3  | 6      |
| 4 Brondyke, Kurtis  | Central          | 6.82m 22-04.50   | 1.0  | 5      |
| 5 Roth, Mike        | Loras            | 6.62m 21-08.75   | 0.8  | 4      |
| 6 Elusme, Jonas     | Wartburg College | 6.59m 21-07.50   | 0.4  | 3      |
| 7 Petersen, Stefan  | Buena Vista      | 6.56m 21-06.25   | 1.2  | 2      |
| 8 Cord, John        | Simpson          | 6.48m 21-03.25   | 0.5  | 1      |
| 9 Arthofer, Austin  | Loras            | 6.41m 21-00.50   | 0.5  |        |
| 10 Haustein, Marcus | Coe              | 6.26m 20-06.50   | 0.4  |        |
| 11 Kolbeck, Luke    | Loras            | 6.20m 20-04.25   | 1.3  |        |
| 12 Mauer, Jason     | Central          | 6.12m 20-01.00   | 0.4  |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Men Long Jump)**

| Name                 | School           | Finals | Wind     | Points |
|----------------------|------------------|--------|----------|--------|
| 13 Rost, Heath       | Wartburg College | 6.05m  | 19-10.25 | 0.9    |
| 14 Schott, Jarrod    | Simpson          | 6.04m  | 19-09.75 | 1.0    |
| 15 Nielsen, Dylan    | Buena Vista      | 5.98m  | 19-07.50 | 1.4    |
| 16 Finn, Payne       | Loras            | 5.97m  | 19-07.00 | 0.7    |
| 16 Steggall, Brandon | Wartburg College | 5.97m  | 19-07.00 | 1.3    |
| 18 Wagner, Tom       | Luther           | 4.71m  | 15-05.50 | 0.6    |

**Men Triple Jump****Meet Record: 48-03.50 # 2003 Deandre Bovan, DUBUQUE****NCAA AUTO: 14.85m @****NCAA PROVO: 14.20m %**

| Name                 | School           | Finals  | Wind     | Points |    |
|----------------------|------------------|---------|----------|--------|----|
| <b>Finals</b>        |                  |         |          |        |    |
| 1 Miller, Ethan      | Central          | 14.09m  | 46-02.75 | -0.4   | 10 |
| 2 Booth, Wendell     | Wartburg College | 13.39m  | 43-11.25 | 0.4    | 8  |
| 3 Elusme, Jonas      | Wartburg College | 13.38m  | 43-10.75 | 0.4    | 6  |
| 4 Hallengren, Shane  | Central          | 13.12m  | 43-00.50 | 1.8    | 5  |
| 5 Brondyke, Kurtis   | Central          | 13.01m  | 42-08.25 | -0.6   | 4  |
| 6 Owen, Jordan       | Wartburg College | 113.01m | 42-08.25 | 0.4    | 3  |
| 7 Cord, John         | Simpson          | 12.47m  | 40-11.00 | 1.0    | 2  |
| 8 Davis, Emery       | Central          | 12.46m  | 40-10.50 | 0.4    | 1  |
| 9 Garner, Tyrel      | Cornell College  | 12.18m  | 39-11.50 | -0.2   |    |
| 10 Steggall, Brandon | Wartburg College | 12.13m  | 39-09.75 | 0.8    |    |
| 11 Roth, Mike        | Loras            | 12.06m  | 39-07.00 | -0.3   |    |
| 12 Haustein, Marcus  | Coe              | 11.88m  | 38-11.75 | 0.4    |    |
| 13 Brown, Alex       | Buena Vista      | 11.49m  | 37-08.50 | 0.3    |    |
| --- Epping, Brett    | Loras            | FOUL    |          |        |    |

**Men Shot Put****Meet Record: 62-11.25 # 1996 Dennis Black, UPPER IOWA****NCAA AUTO: 17.00m @****NCAA PROVO: 15.51m %**

| Name                     | School           | Finals            | Points |
|--------------------------|------------------|-------------------|--------|
| <b>Finals</b>            |                  |                   |        |
| 1 Graber, Matt           | Central          | 16.16m % 53-00.25 | 10     |
| 2 Hahle, Coltin          | Wartburg College | 15.09m 49-06.25   | 8      |
| 3 Kotz, Zach             | Luther           | 15.08m 49-05.75   | 6      |
| 4 Boyd, Dylan            | Wartburg College | 14.62m 47-11.75   | 5      |
| 5 Iverson, Cody          | Wartburg College | 14.55m 47-09.00   | 4      |
| 6 Humpal, Josh           | Luther           | 14.36m 47-01.50   | 3      |
| 7 Ross, Sam              | Loras            | 13.95m 45-09.25   | 2      |
| 8 Ritter, Eric           | Coe              | 13.79m 45-03.00   | 1      |
| 9 Fleming, Josh          | Central          | 13.39m 43-11.25   |        |
| 10 Wears, Colton         | Wartburg College | 13.35m 43-09.75   |        |
| 11 Munson, Mike          | Simpson          | 13.21m 43-04.25   |        |
| 12 Messerschmidt, Steven | Central          | 13.15m 43-01.75   |        |
| 13 Gage, Austin          | Dubuque          | 12.86m 42-02.25   |        |
| 14 Scannicchio, Anthony  | Loras            | 12.78m 41-11.25   |        |
| 15 Langfeldt, Luke       | Luther           | 12.66m 41-06.50   |        |
| 16 Piche, Ryan           | Loras            | 12.57m 41-03.00   |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Men Shot Put)**

| Name                   | School          | Finals          | Points |
|------------------------|-----------------|-----------------|--------|
| 17 Seaton, Jacob       | Coe             | 12.33m 40-05.50 |        |
| 18 Meyer, Andrew       | Coe             | 12.32m 40-05.00 |        |
| 19 Anderson, Dale      | Coe             | 12.05m 39-06.50 |        |
| 20 Stockdale, Taylor   | Simpson         | 11.95m 39-02.50 |        |
| 21 Kraker, Marshall    | Cornell College | 11.52m 37-09.50 |        |
| 22 Araujo, Jonathan    | Cornell College | 11.02m 36-02.00 |        |
| 23 Swedenhjelm, Joseph | Dubuque         | 10.16m 33-04.00 |        |
| 23 Engstrom, Jackson   | Cornell College | 10.16m 33-04.00 |        |
| 25 Blattner, Dan       | Luther          | 9.23m 30-03.50  |        |
| --- Miller, Phillip    | Central         | FOUL            |        |
| --- Heston, Sam        | Loras           | FOUL            |        |

**Men Discus Throw****Meet Record: 167-03 # 1990 Brian Kult, LORAS****NCAA AUTO: 52.72m @****NCAA PROVO: 48.00m %**

| Name                    | School           | Finals        | Points |
|-------------------------|------------------|---------------|--------|
| <b>Finals</b>           |                  |               |        |
| 1 Hahle, Coltin         | Wartburg College | 45.20m 148-03 | 10     |
| 2 Iverson, Cody         | Wartburg College | 44.66m 146-06 | 8      |
| 3 Crouse, Tyler         | Central          | 43.62m 143-01 | 6      |
| 4 Miller, Phillip       | Central          | 42.11m 138-02 | 5      |
| 5 Fleming, Josh         | Central          | 41.96m 137-08 | 4      |
| 6 Anderson, Dale        | Coe              | 40.52m 132-11 | 3      |
| 7 Wears, Colton         | Wartburg College | 40.49m 132-10 | 2      |
| 8 Kraker, Marshall      | Cornell College  | 40.22m 131-11 | 1      |
| 9 Graber, Matt          | Central          | 40.03m 131-04 |        |
| 10 Piche, Ryan          | Loras            | 40.01m 131-03 |        |
| 11 Kotz, Zach           | Luther           | 39.71m 130-03 |        |
| 12 Ross, Sam            | Loras            | 37.79m 124-00 |        |
| 13 Humpal, Josh         | Luther           | 37.14m 121-10 |        |
| 14 Araujo, Jonathan     | Cornell College  | 37.03m 121-06 |        |
| 15 Scannicchio, Anthony | Loras            | 36.26m 118-11 |        |
| 16 Boyd, Dylan          | Wartburg College | 35.83m 117-07 |        |
| 17 Meyer, Andrew        | Coe              | 34.82m 114-03 |        |
| 18 Munson, Mike         | Simpson          | 33.52m 110-00 |        |
| 19 Engstrom, Jackson    | Cornell College  | 33.25m 109-01 |        |
| 20 Etter, Dan           | Luther           | 32.13m 105-05 |        |
| 21 Munhollon, Tyler     | Coe              | 29.84m 97-11  |        |
| 22 Swedenhjelm, Joseph  | Dubuque          | 28.43m 93-03  |        |
| 23 Blattner, Dan        | Luther           | 21.85m 71-08  |        |
| --- Gage, Austin        | Dubuque          | FOUL          |        |
| --- Best, Matt          | Buena Vista      | FOUL          |        |
| --- Stockdale, Taylor   | Simpson          | FOUL          |        |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Men Hammer Throw****Meet Record: 188-05 # 2007 Jason Fisher, CENTRAL****NCAA AUTO: 59.38m @****NCAA PROVO: 53.00m %**

|               | <b>Name</b>          | <b>School</b>    | <b>Finals</b> |        | <b>Points</b> |
|---------------|----------------------|------------------|---------------|--------|---------------|
| <b>Finals</b> |                      |                  |               |        |               |
| 1             | Meyer, Andrew        | Coe              | 55.80m %      | 183-01 | 10            |
| 2             | Graber, Matt         | Central          | 54.22m %      | 177-11 | 8             |
| 3             | Crouse, Tyler        | Central          | 51.73m        | 169-09 | 6             |
| 4             | Stonerook, Trent     | Luther           | 50.42m        | 165-05 | 5             |
| 5             | Campbell, Sean       | Loras            | 49.13m        | 161-02 | 4             |
| 6             | Anderson, Dale       | Coe              | 48.90m        | 160-05 | 3             |
| 7             | Ritter, Eric         | Coe              | 48.59m        | 159-05 | 2             |
| 8             | Boyd, Dylan          | Wartburg College | 47.63m        | 156-03 | 1             |
| 9             | Joyce, Jesse         | Central          | 46.82m        | 153-07 |               |
| 10            | Iverson, Cody        | Wartburg College | 45.44m        | 149-01 |               |
| 11            | Hahle, Coltin        | Wartburg College | 45.37m        | 148-10 |               |
| 12            | Humpal, Josh         | Luther           | 44.13m        | 144-09 |               |
| 13            | Fleming, Josh        | Central          | 42.21m        | 138-06 |               |
| 14            | Hirsch, Nick         | Wartburg College | 40.94m        | 134-04 |               |
| 15            | Heston, Sam          | Loras            | 40.64m        | 133-04 |               |
| 16            | Langfeldt, Luke      | Luther           | 40.44m        | 132-08 |               |
| 17            | Stockdale, Taylor    | Simpson          | 39.30m        | 128-11 |               |
| 18            | Scannicchio, Anthony | Loras            | 38.83m        | 127-05 |               |
| 19            | Link, Luke           | Loras            | 37.90m        | 124-04 |               |
| 20            | Hetland, Joe         | Coe              | 33.84m        | 111-00 |               |
| 21            | Etter, Dan           | Luther           | 30.26m        | 99-03  |               |
| 22            | Munson, Mike         | Simpson          | 29.34m        | 96-03  |               |
| 23            | Engstrom, Jackson    | Cornell College  | 27.44m        | 90-00  |               |
| ---           | Best, Matt           | Buena Vista      | FOUL          |        |               |
| ---           | Hays, Bryan          | Buena Vista      | FOUL          |        |               |

**Men Javelin Throw****Meet Record: 222-02 # 2001 Bryce Berkompas, COE****NCAA AUTO: 63.00m @****NCAA PROVO: 58.90m %**

|               | <b>Name</b>      | <b>School</b>    | <b>Finals</b> |        | <b>Points</b> |
|---------------|------------------|------------------|---------------|--------|---------------|
| <b>Finals</b> |                  |                  |               |        |               |
| 1             | Cord, John       | Simpson          | 52.43m        | 172-00 | 10            |
| 2             | Neukum, Steve    | Loras            | 51.13m        | 167-09 | 8             |
| 3             | Kraker, Marshall | Cornell College  | 50.64m        | 166-02 | 6             |
| 4             | Stonerook, Trent | Luther           | 47.87m        | 157-01 | 5             |
| 5             | Fuller, Aaron    | Central          | 46.40m        | 152-03 | 4             |
| 6             | Kinseth, Justin  | Wartburg College | 44.38m        | 145-07 | 3             |
| 7             | Rosien, Jameson  | Central          | J44.38m       | 145-07 | 2             |
| 8             | Housholder, Jon  | Wartburg College | 44.12m        | 144-09 | 1             |
| 9             | Hetland, Ty      | Coe              | 43.78m        | 143-08 |               |
| 10            | Brondyke, Kurtis | Central          | 43.64m        | 143-02 |               |
| 11            | Campbell, Sean   | Loras            | 42.89m        | 140-08 |               |
| 12            | Koehler, Mike    | Wartburg College | 42.07m        | 138-00 |               |
| 13            | Mostek, Matt     | Wartburg College | 41.90m        | 137-06 |               |



**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Men Javelin Throw)**

| Name                 | School          | Finals | Points |
|----------------------|-----------------|--------|--------|
| 14 Burzacott, Ben    | Central         | 41.59m | 136-05 |
| 15 Langfeldt, Luke   | Luther          | 40.84m | 134-00 |
| 16 Jepson, Leif      | Simpson         | 40.80m | 133-10 |
| 17 Garner, Tyrel     | Cornell College | 39.45m | 129-05 |
| 18 Hays, Bryan       | Buena Vista     | 38.15m | 125-02 |
| 19 Hetland, Joe      | Coe             | 36.79m | 120-08 |
| 20 Dirth, Dalen      | Luther          | 36.64m | 120-02 |
| 21 Seaton, Jacob     | Coe             | 36.47m | 119-08 |
| 22 Meersman, Michael | Loras           | 36.40m | 119-05 |
| 23 Diehm, Josh       | Simpson         | 34.14m | 112-00 |
| 24 Kolbeck, Luke     | Loras           | 33.82m | 110-11 |
| --- Best, Matt       | Buena Vista     | FOUL   |        |

**Decathlon: #1 Men 100 Meter Dash Decathlon**

| Name                | School           | Finals | Wind | Points |
|---------------------|------------------|--------|------|--------|
| <b>Finals</b>       |                  |        |      |        |
| 1 Powell, Breighen  | Central          | 11.42  | -0.8 | 769    |
| 2 Kolbeck, Luke     | Loras            | 11.67  | -0.8 | 717    |
| 3 Harris, Torrence  | Wartburg College | 11.85  | -0.8 | 681    |
| 4 Dirth, Dalen      | Luther           | 11.95  | -0.8 | 661    |
| 5 Fuller, Aaron     | Central          | 12.09  | -0.8 | 633    |
| 6 Housholder, Danny | Wartburg College | 12.19  | -0.8 | 614    |
| 7 Epping, Brett     | Loras            | 12.51  | -0.8 | 554    |

**Decathlon: #5 Men 400 Meter Dash Decathlon**

| Name                 | School           | Finals | Points |
|----------------------|------------------|--------|--------|
| <b>Finals</b>        |                  |        |        |
| 1 Dirth, Dalen       | Luther           | 51.43  | 750    |
| 2 Harris, Torrence   | Wartburg College | 54.43  | 622    |
| 3 Kolbeck, Luke      | Loras            | 54.69  | 611    |
| 4 Fuller, Aaron      | Central          | 54.97  | 600    |
| 5 Housholder, Danny  | Wartburg College | 55.49  | 579    |
| 6 Epping, Brett      | Loras            | 57.50  | 502    |
| --- Powell, Breighen | Central          | DNF    |        |

**Decathlon: #10 Men 1500 Meter Run Decathlon**

| Name                 | School           | Finals  | Points |
|----------------------|------------------|---------|--------|
| <b>Finals</b>        |                  |         |        |
| 1 Dirth, Dalen       | Luther           | 4:34.05 | 718    |
| 2 Harris, Torrence   | Wartburg College | 4:49.94 | 619    |
| 3 Fuller, Aaron      | Central          | 4:57.74 | 573    |
| 4 Epping, Brett      | Loras            | 5:19.84 | 451    |
| 5 Housholder, Danny  | Wartburg College | 5:20.14 | 449    |
| 6 Kolbeck, Luke      | Loras            | 5:44.40 | 331    |
| --- Powell, Breighen | Central          | DNF     |        |

**Decathlon: #6 Men 110 Meter Hurdles Decathlon**

| Name               | School           | Finals | Wind | H# | Points |
|--------------------|------------------|--------|------|----|--------|
| <b>Finals</b>      |                  |        |      |    |        |
| 1 Dirth, Dalen     | Luther           | 16.13  | 1.0  | 2  | 718    |
| 2 Harris, Torrence | Wartburg College | 16.36  | 1.1  | 1  | 693    |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Finals ... (Decathlon: #6 Men 110 Meter Hurdles Decathlon)**

| Name                 | School           | Finals | Wind | H# | Points |
|----------------------|------------------|--------|------|----|--------|
| 3 Fuller, Aaron      | Central          | 17.58  | 1.1  | 1  | 565    |
| 4 Housholder, Danny  | Wartburg College | 19.81  | 1.0  | 2  | 364    |
| 5 Kolbeck, Luke      | Loras            | 20.25  | 1.1  | 1  | 330    |
| 6 Epping, Brett      | Loras            | 20.68  | 1.0  | 2  | 297    |
| --- Powell, Breighen | Central          | DNF    | 1.0  | 2  |        |

**Decathlon: #4 Men High Jump Decathlon**

| Name                | School           | Finals | Points |
|---------------------|------------------|--------|--------|
| <b>Finals</b>       |                  |        |        |
| 1 Powell, Breighen  | Central          | 1.91m  | 723    |
| 2 Harris, Torrence  | Wartburg College | 1.86m  | 679    |
| 3 Epping, Brett     | Loras            | 1.77m  | 602    |
| 3 Fuller, Aaron     | Central          | 1.77m  | 602    |
| 3 Dirth, Dalen      | Luther           | 1.77m  | 602    |
| 6 Kolbeck, Luke     | Loras            | 1.71m  | 552    |
| 7 Housholder, Danny | Wartburg College | 1.53m  | 411    |

**Decathlon: #8 Men Pole Vault Decathlon**

| Name                | School           | Finals | Points |
|---------------------|------------------|--------|--------|
| <b>Finals</b>       |                  |        |        |
| 1 Fuller, Aaron     | Central          | 4.10m  | 645    |
| 2 Harris, Torrence  | Wartburg College | 3.90m  | 590    |
| 3 Dirth, Dalen      | Luther           | 3.60m  | 509    |
| 4 Kolbeck, Luke     | Loras            | 3.20m  | 406    |
| 5 Housholder, Danny | Wartburg College | 2.90m  | 333    |
| 6 Powell, Breighen  | Central          | 2.70m  | 286    |
| 7 Epping, Brett     | Loras            | 2.40m  | 220    |

**Decathlon: #2 Men Long Jump Decathlon**

| Name                | School           | Finals | Wind     | Points |
|---------------------|------------------|--------|----------|--------|
| <b>Finals</b>       |                  |        |          |        |
| 1 Harris, Torrence  | Wartburg College | 6.27m  | 20-07.00 | 646    |
| 2 Kolbeck, Luke     | Loras            | 6.19m  | 20-03.75 | 628    |
| 3 Dirth, Dalen      | Luther           | 5.74m  | 18-10.00 | 531    |
| 4 Fuller, Aaron     | Central          | 5.72m  | 18-09.25 | 527    |
| 5 Epping, Brett     | Loras            | 5.60m  | 18-04.50 | 502    |
| 6 Powell, Breighen  | Central          | 5.25m  | 17-02.75 | 431    |
| 7 Housholder, Danny | Wartburg College | 4.93m  | 16-02.25 | 369    |

**Decathlon: #3 Men Shot Put Decathlon**

| Name                | School           | Finals | Points |
|---------------------|------------------|--------|--------|
| <b>Finals</b>       |                  |        |        |
| 1 Dirth, Dalen      | Luther           | 12.42m | 632    |
| 2 Fuller, Aaron     | Central          | 10.75m | 531    |
| 3 Powell, Breighen  | Central          | 10.71m | 528    |
| 4 Harris, Torrence  | Wartburg College | 10.22m | 499    |
| 5 Epping, Brett     | Loras            | 9.19m  | 437    |
| 6 Kolbeck, Luke     | Loras            | 9.18m  | 437    |
| 7 Housholder, Danny | Wartburg College | 8.91m  | 420    |

**2011 IAC OUTDOOR TRACK AND FIELD CHAMPIONSHI - 5/12/2011 to 5/14/2011****Cornell College \* Mt. Vernon, IA****Results****Decathlon: #7 Men Discus Throw Decathlon**

| Name                | School           | Finals |        | Points |
|---------------------|------------------|--------|--------|--------|
| <b>Finals</b>       |                  |        |        |        |
| 1 Dirth, Dalen      | Luther           | 35.92m | 117-10 | 582    |
| 2 Fuller, Aaron     | Central          | 30.47m | 100-00 | 474    |
| 3 Powell, Breighen  | Central          | 27.60m | 90-07  | 417    |
| 4 Kolbeck, Luke     | Loras            | 25.30m | 83-00  | 373    |
| 5 Epping, Brett     | Loras            | 25.08m | 82-03  | 369    |
| 6 Harris, Torrence  | Wartburg College | 22.33m | 73-03  | 316    |
| 7 Housholder, Danny | Wartburg College | 20.98m | 68-10  | 290    |

**Decathlon: #9 Men Javelin Throw Decathlon**

| Name                | School           | Finals |        | Points |
|---------------------|------------------|--------|--------|--------|
| <b>Finals</b>       |                  |        |        |        |
| 1 Fuller, Aaron     | Central          | 43.29m | 142-00 | 490    |
| 2 Dirth, Dalen      | Luther           | 41.17m | 135-01 | 459    |
| 3 Kolbeck, Luke     | Loras            | 40.87m | 134-01 | 455    |
| 4 Powell, Breighen  | Central          | 36.09m | 118-05 | 386    |
| 5 Housholder, Danny | Wartburg College | 34.69m | 113-10 | 366    |
| 6 Epping, Brett     | Loras            | 32.33m | 106-01 | 332    |
| 7 Harris, Torrence  | Wartburg College | 30.22m | 99-02  | 302    |

**Men Decathlon**

**Meet Record:** 6754 # 2003 **Peter Wagner, CENTRAL**  
**NCAA AUTO:** 6600 @  
**NCAA PROVO:** 6050 %

| Name                | School           | Finals |   | Points |
|---------------------|------------------|--------|---|--------|
| <b>Finals</b>       |                  |        |   |        |
| 1 Dirth, Dalen      | Luther           | 6162   | % | 10     |
| 2 Harris, Torrence  | Wartburg College | 5647   |   | 8      |
| 3 Fuller, Aaron     | Central          | 5640   |   | 6      |
| 4 Kolbeck, Luke     | Loras            | 4840   |   | 5      |
| 5 Epping, Brett     | Loras            | 4266   |   | 4      |
| 6 Housholder, Danny | Wartburg College | 4195   |   | 3      |
| 7 Powell, Breighen  | Central          | 3540   |   | 2      |

**Women - Team Rankings - 22 Events Scored**

|                     |       |                |       |
|---------------------|-------|----------------|-------|
| 1) Wartburg College | 279   | 2) Luther      | 125.5 |
| 3) Central          | 124.5 | 4) Coe         | 100.5 |
| 5) Loras            | 100   | 6) Simpson     | 55    |
| 7) Cornell College  | 39    | 8) Buena Vista | 19    |
| 9) Dubuque          | 14.5  |                |       |

**Men - Team Rankings - 22 Events Scored**

|                    |      |                     |       |
|--------------------|------|---------------------|-------|
| 1) Central         | 250  | 2) Wartburg College | 181.5 |
| 3) Luther          | 106  | 4) Loras            | 96    |
| 5) Cornell College | 83.5 | 6) Simpson          | 50    |
| 7) Coe             | 43   | 8) Buena Vista      | 31    |
| 9) Dubuque         | 16   |                     |       |