

2001 Iowa Conference Indoor Track & Field

Mount Vernon, Iowa - Friday 02/23/01 to Saturday 02/24/01

Men: 1. Wartburg 210½; 2. Central 161½; 3. Luther 105; 4. Loras 97½; 5. Coe 65; 6. Simpson 56;
7. Cornell 29; 8. Dubuque 26; 9. Buena Vista 23½; 10. Upper Iowa 2.
Women: 1. Wartburg 237½; 2. Loras 150½; 3. Luther 122; 4. Central 111½; 5. Coe 55; 6. Simpson 34;
7. Buena Vista 26½; 8. Dubuque 26; 9. Cornell 19; 10. Upper Iowa 1.

MEN

Men's 55m Dash

1	Chris Salter	Wartburg	6.51
2	Tony Brownlee	Central	6.58
3	Tyler Molstre	Wartburg	6.66
4	Trey Tyner	Coe	6.67
5	Jeremy Glasgow	Central	6.68
6	Shaun McMorris	Wartburg	6.75

Men's 55m High Hurdles

1	Miradieu Joseph	Wartburg	7.76
2	Peter Wagner	Central	7.97
3	Matt Sieck	Loras	8.02
4	Mark VanGorkom	Wartburg	8.09
5	Brett Knox	Dubuque	8.11

Men's 200 Int Hurdles

1	Miradieu Joseph	Wartburg	24.25
2	Peter Wagner	Central	25.17
3	John Zehr	Wartburg	26.15
4	Grant Stoughton	Cornell	26.45
5	Matt Sieck	Loras	26.52
6	Nick Brown	Loras	26.54
7	Andre Delaney	Central	26.60
7	Mark VanGorkom	Wartburg	26.60

Men's 200

1	Adam Hartford	Central	22.33
2	Tommy Tavegia	Central	22.59
3	Chris Salter	Wartburg	22.71
4	Shaun McMorris	Wartburg	22.78
5	Tony Brownlee	Central	22.83
6	Matt Jones	Cornell	23.05
7	Jeremy Mohwinkle	Simpson	23.16
8	Frederick Jackson	Coe	23.21

Men's 400

1	Miradieu Joseph	Wartburg	49.44
2	Tommy Tavegia	Central	49.75
3	Adam Hartford	Central	50.21
4	Matt Jones	Cornell	50.33
5	Britt Davidson	Loras	50.59
6	Jeremy Mohwinkle	Simpson	50.89
7	Doug Lindstrom	Coe	51.17
8	Kye Bennis	Coe	51.41

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MEN

Men's 600

1	Jeff Brennen	Buena Vista	1:22.60
2	Mark VanGorkom	Wartburg	1:23.37
3	Shawn Meinecke	Luther	1:24.17
4	Josh Graves	Wartburg	1:24.30
5	Eric Thuente	Loras	1:25.05
6	Evan Almeliën	Luther	1:25.28
7	Ryan Thompson	Central	1:25.63
8	Jeremy Keehn	Simpson	1:26.53

Men's 800

1	Josh Hildebrand	Luther	1:54.61
2	Stacy Sundet	Luther	1:55.50
3	Brad Hofer	Wartburg	1:57.27
4	Mark Showers	Central	1:58.23
5	Lance Lethcoe	Coe	1:58.69
6	Jake Nimrod	Luther	2:01.45
7	Jamie Norton	Wartburg	2:02.06
8	Tate Behning	Wartburg	2:02.39

Men's 1000

1	Jeff Brennen	Buena Vista	2:32.04
2	Joel Reese	Luther	2:35.66
3	Tony Eckman	Simpson	2:35.98
4	Ean Caskey	Cornell	2:36.04
5	Charlie Burnham	Luther	2:36.26
6	David Baldwin	Wartburg	2:36.89
7	Adam Sundall	Wartburg	2:37.75
8	Joe Hughes	Wartburg	2:38.48

Men's 1500

1	Stacy Sundet	Luther	4:01.93
2	Adam Sundall	Wartburg	4:02.81
3	Joe Hughes	Wartburg	4:04.16
4	Jake Nimrod	Luther	4:05.23
5	Brendan Dolan	Luther	4:06.21
6	Mitch Cook	Wartburg	4:06.41
7	Tony Eckman	Simpson	4:09.55
8	Kevin Renicker	Loras	4:12.00

Men's 3000

1	Tom Zirbel	Wartburg	8:40.53
2	Marcus Murphy	Loras	8:48.07
3	Brock Lehman	Wartburg	8:48.13
4	Kevin Renicker	Loras	9:00.37
5	Nick Betts	Wartburg	9:01.42
6	Joel Shenefield	Simpson	9:12.33
7	Nate Canton	Luther	9:12.90
8	Greg Fosheim	Luther	9:17.49

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MEN

Men's 5000

1 Tom Zirbel	Wartburg	15:16.76
2 Marcus Murphy	Loras	15:28.35
3 Brock Lehman	Wartburg	15:38.29
4 Tyson Keith	Wartburg	15:54.96
5 Joel Shenefield	Simpson	16:02.64
6 Seth Comfort	Central	16:02.87
7 Kevin Lindberg	Central	16:09.78
8 Greg Fosheim	Luther	16:20.84

Men's 4x200 Meter Relay

1 Wartburg	1:30.11
2 Central	1:30.17
3 Coe	1:32.89
4 Loras	1:33.43
5 Simpson	1:34.29
6 Dubuque	1:34.57
7 Upper Iowa	1:37.29
8 Cornell	1:37.93

Men's 4x400 Meter Relay

1 Wartburg	3:21.68
2 Coe	3:22.31
3 Luther	3:27.55
4 Loras	3:29.90
5 Simpson	3:30.26
6 Dubuque	3:31.85
7 Cornell	3:32.61
8 Upper Iowa	3:32.81

Men's Distance Medley

1 Luther	10:12.96
2 Wartburg	10:13.81
3 Simpson	10:38.80
4 Loras	10:46.30
5 Central	10:55.63
6 Buena Vista	11:10.59
7 Dubuque	11:12.45
8 Coe	11:15.98

Men's High Jump

1 Peter Wagner	Central	6'08.00"
2 Clint Larson	Central	6'08.00"
3 Lucas Carder	Simpson	6'08.00"
4 Chad Zrudsky	Coe	6'06.00"
5 Michael Johnson	Wartburg	6'04.00"
5 Nick Raab	Dubuque	6'04.00"
5 BJ Leeper	Simpson	6'04.00"
8 Jeff Vedepo	Loras	6'04.00"
8 Chad Aeschlimann	Buena Vista	6'04.00"

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MEN

Men's Pole Vault

1 Justin Sheley	Loras	14'06.00"
2 Andrew Hoopes	Simpson	14'00.00"
3 Dave Muth	Luther	13'06.00"
4 Shawn Meinecke	Luther	12'06.00"
5 Clay Stoddard	Simpson	12'06.00"
6 Jason Huegel	Wartburg	11'00.00"

Men's Long Jump

1 Tony Brownlee	Central	21'08.00"
2 Hassan Rashid	Loras	21'06.00"
3 Peter Wagner	Central	21'04.00"
4 Shawn Meinecke	Luther	21'04.00"
5 Anthony Verdina	Loras	21'01.00"
6 Jeff Peek	Central	20'09.00"
7 Mitch Sprague	Wartburg	20'08.00"
8 Jason Trost	Luther	20'06.00"

Men's Triple Jump

1 Chad Zrudsky	Coe	44'06.50"
2 Aaron Rothrock	Central	44'05.75"
3 Shawn Meinecke	Luther	44'05.00"
4 Michael Johnson	Wartburg	44'02.75"
5 Hassan Rashid	Loras	43'11.50"
6 Tony Brownlee	Central	43'06.25"
7 Jeff Sanger	Central	43'05.00"
8 Joel Lively	Luther	42'04.50"

Men's Shot Put

1 Joe Dion	Loras	50'01.25"
2 Nick Nielsen	Coe	48'09.50"
3 Reid Evans	Central	48'04.75"
4 Scott Searcy	Coe	48'02.75"
5 Gideon Salter	Wartburg	47'10.50"
6 Ryan Anderson	Central	47'01.75"
7 Seth Roberson	Wartburg	46'04.00"
8 Larry Gainey Jr.	Loras	44'01.50"

Men's Weight Throw

1 Aaron Helm	Dubuque	46'06.25"
2 Dave Buzzard	Central	44'08.75"
3 Scott Searcy	Coe	44'07.00"
4 Dale Biser	Cornell	44'04.00"
5 CJ Yerington	Wartburg	43'09.25"
6 Shane Rose	Coe	43'05.25"
7 Reid Evans	Central	43'00.25"
8 Gideon Salter	Wartburg	42'05.25"

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WOMEN

Women's 55m Dash

1 Susie Reinhardt	Wartburg	7.31
2 Liz Jaben	Wartburg	7.34
3 Luyre Hupfer	Coe	7.39
4 Sarah Tompkins	Wartburg	7.44
5 Katie Brees	Central	7.53
6 Theresa Kelly	Loras	7.54

Women's 55 Meter High Hurdles

1 Abby Gonzales	Central	8.46
2 Becky Kingery	Simpson	8.64
3 Kristin Gerzema	Luther	8.72
4 Rachel Hutchins	Loras	8.74
5 Raegan Schultz	Central	9.17
6 Katie Meyer	Loras	

Women's 200 Low Hurdles

1 Jill Hoffman	Loras	29.43
2 Amy Allen	Loras	29.46
3 Raegan Schultz	Central	29.80
4 Deanna Olson	Wartburg	30.29
5 Kristin Gerzema	Luther	30.36
6 Becky Kingery	Simpson	30.42
7 Lindsay Schultz	Central	30.44
8 Rachel Hutchins	Loras	30.48
8 Lindsay Oelkers	Wartburg	30.48

Women's 200

1 Susie Reinhardt	Wartburg	25.77
2 Luyre Hupfer	Coe	26.05
3 Sarah Tompkins	Wartburg	26.45
4 Liz Jaben	Wartburg	26.62
5 Katie Brees	Central	26.71
6 Jaimie Rasmussen	Luther	27.07
7 Amy Wigen	Simpson	27.23
8 Marisol Santana	Coe	27.42

Women's 400

1 Sarah Tompkins	Wartburg	58.88
2 Susie Reinhardt	Wartburg	59.15
3 Amy Allen	Loras	59.71
4 Theresa Kelly	Loras	59.93
5 Lisa Naab	Loras	61.63
6 Desiree Flickenger	Coe	61.82
7 Holly Dorenkamp	Wartburg	61.90
8 Nikki Hitesman	Luther	62.38

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WOMEN

Women's 600

1 Nicole Dougherty	Wartburg	1:39.26
2 Jill Hoffman	Loras	1:40.93
3 Beth Jones	Luther	1:42.30
4 Marie Zach	Luther	1:43.50
5 Teresa Wauters	Central	1:44.14
6 Dla Dohlman	Wartburg	1:44.17
7 Amanda Kalen	Cornell	1:45.62
8 Sara Bradley	Luther	1:45.92

Women's 800

1 Jenarah Tekippe	Luther	2:22.18
2 Jenni Janssen	Wartburg	2:23.88
3 Abby Fliehler	Wartburg	2:24.35
4 Katore Berger	Buena Vista	2:24.60
5 Amy Neal	Wartburg	2:24.93
6 Melissa Hills	Cornell	2:27.43
7 Jill Osenbaugh	Central	2:27.73
8 Julie Arthur	Luther	2:27.85

Women's 1000

1 Erin Van Zee	Wartburg	3:05.03
2 Siri Thompson	Luther	3:08.59
3 Amie Brunko	Wartburg	3:10.84
4 Kristy Blasberg	Wartburg	3:11.67
5 Sara Jensen	Simpson	3:12.81
6 Erin Hoffman	Buena Vista	3:14.88
7 Colleen Schmitt	Luther	3:16.41
8 Jaime Scholz	Cornell	3:19.68

Women's 1500

1 Erin Van Zee	Wartburg	4:47.14
2 Amie Brunko	Wartburg	4:48.98
3 Siri Thompson	Luther	4:51.53
4 Jane McDermott	Luther	4:53.35
5 Jenni Janssen	Wartburg	4:53.68
6 Amy Scheurell	Loras	4:57.97
7 Sara Jensen	Simpson	4:58.32
8 Jenna Boerboom	Coe	5:06.03

Women's 3000

1 Lisa Demerath	Dubuque	10:21.75
2 Jane McDermott	Luther	10:25.09
3 Amie Brunko	Wartburg	10:26.19
4 Robyn Siedschlag	Luther	10:27.61
5 Amy Scheurell	Loras	10:31.88
6 Amy Edwards	Loras	10:39.71
7 Stacy Ernst	Wartburg	10:46.11
8 Jessica Chmelar	Wartburg	10:49.51

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WOMEN

Women's 5000

1 Lisa Demearth	Dubuque	18:03.31
2 Robyn Siedschlag	Luther	18:06.76
3 Stacy Ernst	Wartburg	18:42.48
4 Tara Bruck	Wartburg	19:09.56
5 Sara Scholtas	Luther	19:19.22
6 Kristen Nauman	Wartburg	19:31.45
7 Molly Campana	Loras	19:52.27
8 Sally Shumaker	Central	19:53.25

Women's 4x200 Meter Relay

1 Wartburg	1:44.44
2 Coe	1:46.94
3 Loras	1:47.31
4 Central	1:48.34
5 Buena Vista	1:52.20
6 Simpson	1:53.16
7 Luther	1:54.25
8 Upper Iowa	2:00.23

Women's 4x400 Meter Relay

1 Wartburg	4:03.32
2 Loras	4:04.96
3 Central	4:09.03
4 Luther	4:12.51
5 Buena Vista	4:13.80
6 Coe	4:16.77
7 Simpson	4:22.38
8 Cornell	4:26.88

Women's Distance Medley

1 Wartburg	12:09.86
2 Luther	12:11.79
3 Cornell	13:07.65
4 Buena Vista	13:16.12
5 Central	13:20.36
6 Coe	13:35.94
7 Loras	13:43.25

Women's High Jump

1 Christy Palladry	Loras	5'03.75"
2 Jen Anderson	Luther	5'01.75"
3 Jessica Criswell	Central	5'01.75"
4 Shannon Leonard	Loras	4'11.75"
5 Dorice Hankemeier	Central	4'11.75"
6 Margaret Wrage	Wartburg	4'11.75"
7 Becca Casey	Simpson	4'09.75"
8 Jama Clark	Wartburg	4'09.75"
8 Katie Van Dusseldorf	Buena Vista	4'09.75"

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WOMEN

Women's Pole Vault

1 Trish Blanchard	Central	10'00.00"
2 Sarah Harned	Loras	9'00.00"
3 Katie Meyer	Loras	9'00.00"
4 Nicole Sirbu	Cornell	8'06.00"
5 Helen Hughes	Loras	8'06.00"
6 Dorice Hankemeier	Central	8'00.00"
6 Rachel Miller	Wartburg	8'00.00"
8 Alexis Kukleski	Cornell	8'00.00"

Women's Long Jump

1 Katie Brees	Central	18'02.00"
2 Susie Reinhardt	Wartburg	17'11.00"
3 Abby Gonzales	Central	17'08.50"
4 Lindsay Schultz	Central	16'11.50"
5 Becca Casey	Simpson	16'09.00"
6 Quiana Norals	Wartburg	16'09.00"
7 Desiree Flickenger	Coe	16'06.00"
8 Jill Hansen	Loras	16'01.50"

Women's Triple Jump

1 Christy Palladry	Loras	35'03.00"
2 Suzanne Van Roekel	Central	34'10.00"
3 Kristin Gerzema	Luther	34'01.25"
4 Briana Bousman	Coe	33'11.00"
5 Quiana Norals	Wartburg	33'10.00"
6 Becca Casey	Simpson	33'03.00"
7 Amy Schlueter	Loras	32'04.50"
8 Keevan Schadle	Wartburg	32'00.25"

Women's Shot Put

1 Sara Nauman	Loras	47'04.25"
2 Melissa Stensland	Wartburg	41'10.00"
3 Barb Bruce	Luther	41'03.25"
4 Jenny Lange	Buena Vista	40'09.75"
5 Carly Gainey	Loras	39'01.25"
6 Jena Hansen	Central	38'01.50"
7 Jenny Hoyt	Coe	36'10.50"
8 Angie Horman	Dubuque	36'09.00"

Women's Weight Throw

1 Melissa Stensland	Wartburg	44'10.75"
2 Jenny Hoyt	Coe	44'01.25"
3 Melissa Gappa	Loras	43'01.50"
4 Amy Michels	Coe	42'06.25"
5 Lindsay Wolff	Luther	41'09.75"
6 Jena Hansen	Central	40'11.50"
7 Megan Medinger	Loras	40'08.75"
8 Angie Horman	Dubuque	38'04.75"