

MARYSVILLE — Dominique Westlake captured first place in both the 3,000-meter steeple chase and the 10,000, leading Sierra College's second-place effort in the Bay Valley Conference track and field finals Saturday at Yuba College.

Westlake timed 9:58.4 to win the steeple chase and came back with a 34:10.5 effort to notch the 10,000 victory.

Yuba won the event, with 214 points to Sierra's 179 and Marin's 89.

Sierra's Dave Vanatta was first in the 1,500, timing 4:04.8, and later took seconds in both the 800 and 5,000.

Wolverine J.T. Doupnik was the victor in the 110 high hurdles, breaking the tape in 15.2, before placing third in the javelin with a toss of 184-7.

SC's Mike Chappell was first in the pole vault, with a leap of 13-6, and teammate Reggie Brown clocked 15:51 to win the 5,000. Brown later went on to finish third in the 1,500 and 800.

John Wolf was second overall in the 400 for Sierra, with a time of 49.3, and came back with another second-place finish in the 200, timing 22.4.

Robin Rouse was a 15.7 second-place finisher in the 110 high hurdles before ending up with an identical place in the 400 intermediate hurdles, timing 55.8.

SC's Greg Blodgett was third in the 3,000 steeple chase and third in the 10,000 to round out the top Wolverine men's efforts.

In women's action, Wolverine Julie Hueftle leaped 5-6 to win the high jump, and Bonnie Way was a second-place finisher in the 3,000 and a third-place contender in the 1,500. Jeanne Coleman was second in the 200 for SC.

Both Doupnik and Rouse will compete in the NorCal Decathlon slated Tuesday and Wednesday at Hughes Stadium in Sacramento, while the rest of those who qualified for regional action from Sierra will compete Saturday in the NorCal finals at Hughes.