PCAA Championships LOGAN, Utah - Results from Friday's first day of the Pacific Coast Athletic Association Track and Field Championships at Ralph Maughan Stadium on the Utah State University campus (all distances in meters): Men

Hammer — Ostrom, FSU, 212-6; Morales, UCI, 197-5; Carter, USU, 194-6; Robuck, UCSB, 184-11; Putnam, FSU, 184-7; Harris, FSU, 183-5. Pole vault - Alduenda, FSU, 15-9: Kenyon, UCI, 15-9; Sprague, FSU, 15-5; Oliver,

FSU, 15-5; Curry, LBS, 15-5; Wallace,

UCSB. 15-5. 3,000 steeplechase -- Rodriguez, FSU, 9:16.54; Prince, USU, 9:23.34; Vicencio. UCI, 9:28.69; McGhie, FSU, 9:33.74; Charanduk, FSU, 9:37.81; Houlgate, UCI, 9:38.41

10.000 - Quinones, UCI, 31:34.11; Vicencio. UCI. 31:36.35; Cibrian, FSU, 31:38.97: Escobedo, NMS, 31:39.39; Green, LBS, 31:44.17; Wilhelm, UCI, 32:08.93.

Decathion (after 5 events) - Novacek, FSU, 3,831; Williams, UCI, 3,606; Wainscoat, UCI, 3,579; Baker, FSU, 3,556; Malaer, LBS, 3,485; Majeski, SJS, 3,418.

Team scoring - Fresno State 55, UC Irvine 42. Utah State 14. UC Santa Barbara 5. Long Beach State 4, New Mexico State 4. San Jose State 0

Women 10.000 - McGrann, UCI, 37:41.93; Van

Vant, UCI, 37:59.97; McAfee, FSU, 38:04.92; Ogas, FSU, 38:16.76; Gilchrist. LBS. 41:03.92; Plante, FSU, 43:11.68. Javelin — Harris, FSU, 154-6; Collier, SDS, 151-8; Barros, FSU, 134-3; Joubert, SDS, 124-6; Itkoff, LBS, 120-2; Fearnley,

UCI. 119-7. Discus - Barnes, FSU, 204-1 (PCAA record, old record 190-7, Barnes, FSU,

1987); Blockton, FSU, 177-4; Fremstad, FSU, 156-1; Trask, FSU, 136-2, Leppaluoto, SDS, 133-9; Ward, LBS, 131-7.

Triple jump - Ames, SDS, 38-5123 Green, SDS, 38-434; Roberts, LBS, 38-0-44; McKnight, SDS, 37-61/2; Salery, FSU, 37-3;

Jiles. UNLV, 37-11/4. Heptathion (after 4 events) - Moyle, UNLV. 2,768: Maeder, UCSB. 2,665; Leppaluoto, SDS, 2,596; Kaufmann, UCI, 2.533; Gangnuss, FSU, 2.488, Barros, FSU,

2.263 Team scoring — Fresno State 57, San Diego State 36 UC Irvine 19 Long Beach

State 11, Nevada, Las Vegas 1, UC Santa Barbara 0. Fullerton State 0.

