

Women - Team Rankings - 21 Events Scored =====

- 1) Liberty University 201
- 2) Coastal Carolina University 194
- 3) High Point University 106.50
- 4) Winthrop University 105
- 5) UNC-Asheville 91
- 6) Radford University 50.50
- 7) Charleston Southern University 45
- 8) Elon University 24

Men - Team Rankings - 21 Events Scored =====

- 1) Liberty University 184
- 2) Coastal Carolina University 179
- 3) High Point University 131
- 4) Radford University 101
- 5) Charleston Southern University 89
- 6) Winthrop University 71
- 7) UNC-Asheville 59

Each of the individual winners move on to the NCAA Regional, except for the winners in the 10,000 meters, decathlon and heptathlon.  
2003 Championship Awards

Women's All-Academic Team  
Jen Gratton, Charleston Southern  
Kara Koppel, Coastal Carolina  
Jessica Burgeson, Elon  
Jennifer DeTrolio, High Point  
Melissa Blackstone, Liberty  
LaToya Noel, Radford  
Micki Logue, UNC Asheville  
Stephanie Vangsnes, Winthrop

Men's All-Academic Team  
Zack Hampton, Charleston Southern  
Keith Garramore, Coastal Carolina  
Jeff Fairman, High Point  
John DeBogory, Liberty  
Goran Nava, Radford  
Nick Christian, UNC Asheville  
Women's Scholar-Athlete of the Year  
Kara Koppel, Coastal Carolina  
Men's Scholar-Athlete of the Year  
Keith Garramore, Coastal Carolina

Women's Outstanding Track Performers  
Octavia Goode, Winthrop  
Danielle McNaney, Liberty

Men's Outstanding Track Performer  
Joe Hall, Winthrop University

Women's Outstanding Field Performer  
Amber Campbell, Coastal Carolina

Men's Outstanding Field Performer  
Nick Kenworthy, Coastal Carolina

Women's Coach of the Year  
Alan Connie, Coastal Carolina

Men's Co-Coaches of the Year  
Andrew Allden, Coastal  
Brant Tolsma, Liberty

Big South Conference Championships - 4/17/2003 to 4/19/2003  
Radford University

Radford, Virginia  
Results

Women 100 Meter Dash

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Goode, Octavia	Winthrop Univers	12.09Q	-0.1	1
2 English, Ieesha	Winthrop Univers	12.32Q	+0.0	3
3 Saunders, Jonisha	Liberty Univ	12.53Q	0.2	2
4 Cherry, Tiffany	High Point U	12.39q	+0.0	3
5 Coulter, Latesha	Radford Univ	12.63q	-0.1	1
6 Dawson, Aundrea	Liberty Univ	12.66q	-0.1	1
7 Walker, Stephanie	Liberty Univ	12.68q	+0.0	3
8 Sellers, Ashley	Charleston S	12.79q	-0.1	1
9 Tucker, Nicole	Winthrop Univers	J12.79	0.2	2
10 Ayler, Michelle	Radford Univ	12.98	+0.0	3
11 Prioleau, Tabbi	Winthrop Univers	13.03	-0.1	1
12 Rollerson, Jessica	Charleston S	13.09	0.2	2
13 Ryan, Kamarsha	High Point U	13.41	-0.1	1
14 Guy, Dione	Elon Univers	13.45	+0.0	3
15 Hayden, Jessica	Elon Univers	13.46	0.2	2
16 Sullivan, Brandy	Charleston S	13.51	0.2	2
17 Hajek, Mary Jo	Coastal Caro	13.78	-0.1	1
18 Sales, Latrice	Coastal Caro	15.59	0.2	2
-- Gadson, Audrika	Charleston S	FS	+0.0	3

Women 100 Meter Dash

Name	Year School	Finals	Wind	Points
Finals				
1 Goode, Octavia	Winthrop Univers	12.05	-0.4	10
2 Saunders, Jonisha	Liberty Univ	12.12	-0.4	8
3 English, Ieesha	Winthrop Univers	12.23	-0.4	6
4 Dawson, Aundrea	Liberty Univ	12.60	-0.4	5
5 Coulter, Latesha	Radford Univ	12.76	-0.4	4
6 Walker, Stephanie	Liberty Univ	12.81	-0.4	3
7 Cherry, Tiffany	High Point U	13.50	-0.4	2
-- Sellers, Ashley	Charleston S	FS	-0.4	

Women 200 Meter Dash

Name	Year School	Finals	Wind	H#	Points
Points					
1 Goode, Octavia	Winthrop Univers	24.35	NWI	3	10
2 Westbrook, Kia	High Point U	25.12	NWI	3	8
3 Tyler, Natasha	Radford Univ	25.51	NWI	3	6
4 Strachan, Aniska	Liberty Univ	25.67	NWI	2	5
5 Coulter, Latesha	Radford Univ	J25.67	NWI	3	4
6 Morgan, Denise	High Point U	25.79	NWI	3	3
7 Butts, Kena	Liberty Univ	25.87	NWI	2	2
8 Walker, Stephanie	Liberty Univ	26.06	NWI	2	1

9	Caple, Kwadena	Radford Univ	26.21	NWI	2
10	Harris, Tanya	Unc-Ashevill	26.23	NWI	3
11	Ayler, Michelle	Radford Univ	26.26	NWI	1
12	Thompson, Brooke	Unc-Ashevill	26.32	NWI	1
13	Prioleau, Tabbi	Winthrop Univers	26.66	NWI	1
14	Amponsah, Stephanie	High Point U	26.69	NWI	2
15	Saunders, Jonisha	Liberty Univ	26.72	NWI	3
16	Rollerson, Jessica	Charleston S	26.80	NWI	1
17	Sellers, Ashley	Charleston S	26.94	NWI	2
18	Gadson, Audrika	Charleston S	26.98	NWI	2
19	Hayden, Jessica	Elon Univers	27.34	NWI	1
20	Hoffman, Libby	Coastal Caro	27.68	NWI	1
21	Guy, Dione	Elon Univers	27.74	NWI	1
22	Hajek, Mary Jo	Coastal Caro	28.37	NWI	1

#### Women 400 Meter Dash

Name	Year	School	Finals	H#	Points
1		Westbrook, Kia	High Point U	55.60	2 10
2		Morgan, Denise	High Point U	56.34	2 8
3		Strachan, Aniska	Liberty Univ	57.25	2 6
4		Harris, Tanya	Unc-Ashevill	57.78	2 5
5		Butts, Kena	Liberty Univ	58.50	2 4
6		Andrews, Andrea	Liberty Univ	58.59	2 3
7		Amponsah, Stephanie	High Point U	58.94	2 2
8		Carlson, DaNae	Liberty Univ	59.23	2 1
9		Crump, Jolandra	Winthrop Univers	59.64	1
10		Ewing, Cheryl	Charleston S	59.89	1
11		Caple, Kwadena	Radford Univ	1:00.54	1
12		Powell, April	High Point U	1:01.23	1
13		Mentzer, Michelle	Coastal Caro	1:01.89	1
14		Adams, Kimberly	Elon Univers	1:02.68	1
15		Faulkner, Sabrinna	Elon Univers	1:03.22	1
16		Caruso, Mary	Elon Univers	1:03.91	1

#### Women 800 Meter Run

Name	Year	School	Finals	Points
1		Vangsnes, Stephanie	Winthrop Univers	2:13.65 10
2		Swanson, Chelsey	Liberty Univ	2:17.17 8
3		Watkins, Loring	Unc-Ashevill	2:19.04 6
4		Goeden, Jessica	Coastal Caro	2:19.47 5
5		Nemire-Pepe, Devon	Unc-Ashevill	2:21.64 4
6		Black, Alana	Elon Univers	2:21.74 3
7		Blackstone, Melissa	Liberty Univ	2:22.69 2
8		Gunnels, Danielle	Elon Univers	2:25.06 1
9		Tomaini, Courtney	Elon Univers	2:25.15
10		Liz, Scheifer	Unc-Ashevill	2:30.00
11		Worlund, Kimberly	Unc-Ashevill	2:30.42
12		Kenny, Alison	Winthrop Univers	2:31.83
13		Stirewalt, Tara	Radford Univ	2:32.91
14		Cabarcas, Stephanie	High Point U	2:34.84
15		Tyler, Danielle	Radford Univ	2:41.17
--		Gediman, Amy	Radford Univ	DNF
--		Meehan, Fran	Birmingham-S	X2:34.75

-- Bramlett, Rachael	Birmingham-S	X2:35.91
-- Guscette, Meg	Birmingham-S	X2:38.04

Women 1500 Meter Run

Name	Year School	Finals	Points
1 Moutsinga, Anne Marie	Coastal Caro	4:31.47	10
2 Vangsnes, Stephanie	Winthrop Univers	4:33.38	8
3 Watkins, Loring	Unc-Ashevill	4:37.63	6
4 Nemergut, Kim	Coastal Caro	4:40.08	5
5 Swanson, Chelsey	Liberty Univ	4:41.21	4
6 Koppel, Kara	Coastal Caro	4:42.51	3
7 Black, Alana	Elon Univers	4:45.79	2
8 Blackstone, Melissa	Liberty Univ	4:54.80	1
9 Selmer, Carrie	Winthrop Univers	4:57.54	
10 Gratton, Jennifer	Charleston S	5:01.86	
11 Worlund, Kimberly	Unc-Ashevill	5:05.43	
12 Sowa, Bonnie	Winthrop Univers	5:10.80	
13 Stirewalt, Tara	Radford Univ	5:15.84	
14 Lewis, Catherine	High Point U	5:16.69	
15 Tyler, Danielle	Radford Univ	5:30.16	
16 Ciany, Lillian	Elon Univers	5:40.68	
17 Roche, Jessica	Radford Univ	5:52.70	
-- Meehan, Fran	Birmingham-S	X5:14.03	
-- Guscette, Meg	Birmingham-S	X5:26.07	
-- Bramlett, Rachael	Birmingham-S	X5:29.15	

Women 5000 Meter Run

Name	Year School	Finals	Points
1 Moutsinga, Anne Marie	Coastal Caro	17:46.23	10
2 Logue, Micki	Unc-Ashevill	18:01.22	8
3 Koppel, Kara	Coastal Caro	18:12.54	6
4 Tarvis, Meadow	Unc-Ashevill	18:17.61	5
5 Ritter, Robyn	Coastal Caro	18:19.48	4
6 Nemergut, Kim	Coastal Caro	18:20.20	3
7 Carberry, Tiffany	Unc-Ashevill	18:20.85	2
8 Caudill, Melissa	High Point U	18:35.80	1
9 Vetten, Jamie	High Point U	18:48.57	
10 Strohecker, Christina	Liberty Univ	19:05.30	
11 MacPherson, Lindsay	Charleston S	19:17.83	
12 Hayward, Beth	Radford Univ	19:39.65	
13 Benson, Tricia	Radford Univ	19:58.30	
14 Allstaedt, Elsa	Unc-Ashevill	20:23.31	
-- Calvert, Christa	Birmingham-S	X19:10.66	
-- Bruce, Natalie	Birmingham-S	X19:44.94	
-- Williamson, Kristin	Birmingham-S	X20:13.61	
-- Brunstedt, Ashley	Birmingham-S	X20:32.03	

Women 10000 Meter Run

Name	Year School	Finals	Points
1 Ritter, Robyn	Coastal Caro	38:20.15	10
2 Kozlowski, Lindsey	Coastal Caro	38:20.59	8

3	Holland, Jenny	Winthrop Univers	38:22.81	6
4	Little, Macy	Unc-Ashevill	38:41.01	5
5	MacPherson, Lindsay	Charleston S	39:47.39	4
6	Caudill, Melissa	High Point U	40:19.09	3
7	Vetten, Jamie	High Point U	40:26.64	2
8	Pelletier, Samantha	Liberty Univ	41:35.81	1
9	Weselak, Kym	Coastal Caro	41:57.84	
10	Hayward, Beth	Radford Univ	41:58.82	
11	Cashion, Rebecca	Unc-Ashevill	43:42.02	

Women 100 Meter Hurdles

Name	Year School	Prelims	Wind	H#
Preliminaries				
1	Moore, Dawnita	Coastal Caro	15.14Q	0.7 2
2	Banks, Tomeika	Winthrop Univers	15.19Q	0.7 1
3	Burgeson, Jessica	Elon Univers	15.21q	0.7 2
4	McNaney, Danielle	Liberty Univ	15.24q	0.7 1
5	Lewandowski, Laura	Unc-Ashevill	15.61q	0.7 1
6	Boda, Brittany	Elon Univers	15.63q	0.7 2
7	Jackson, Audrey	Charleston S	15.64q	0.7 2
8	Walker, Anna	Unc-Ashevill	15.67q	0.7 1
9	Brown, Ebony	Coastal Caro	15.82	0.7 1
10	Sturgill, Tessa	Liberty Univ	15.95	0.7 2
11	Callaham, Nicole	High Point U	16.14	0.7 1
12	Schiller, Marianne	Liberty Univ	16.20	0.7 2
13	Coughlin, Patricia	Radford Univ	16.47	0.7 1
14	Godsey, Amber	Radford Univ	19.05	0.7 2

Women 100 Meter Hurdles

Name	Year School	Finals	Wind	Points
Finals				
1	McNaney, Danielle	Liberty Univ	14.55	0.3 10
2	Banks, Tomeika	Winthrop Univers	15.01	0.3 8
3	Burgeson, Jessica	Elon Univers	15.06	0.3 6
4	Moore, Dawnita	Coastal Caro	15.29	0.3 5
5	Lewandowski, Laura	Unc-Ashevill	15.30	0.3 4
6	Boda, Brittany	Elon Univers	15.63	0.3 3
7	Walker, Anna	Unc-Ashevill	15.75	0.3 2
8	Jackson, Audrey	Charleston S	15.86	0.3 1

Women 400 Meter Hurdles

Name	Year School	Finals	H#	Points
1	McNaney, Danielle	Liberty Univ	1:01.67	2 10
2	Moore, Dawnita	Coastal Caro	1:02.29	2 8
3	Brown, Ebony	Coastal Caro	1:03.03	2 6
4	Manee, Diana	Unc-Ashevill	1:04.54	2 5
5	Andrews, Andrea	Liberty Univ	1:05.45	1 4
6	Callaham, Nicole	High Point U	1:06.26	2 3
7	Jackson, Audrey	Charleston S	1:06.79	1 2
8	Carlson, DaNae	Liberty Univ	1:07.65	1 1
9	Walker, DD	Winthrop Univers	1:08.90	2

10	Noel, Latoya	Radford Univ	1:09.25	2
11	Godsey, Amber	Radford Univ	1:09.63	1
12	Bailey, Jacquelyn	Charleston S	1:10.15	2
13	Riley, Aimee	Liberty Univ	1:10.74	1
14	Walker, Anna	Unc-Ashevill	1:10.98	1
15	Schlesinger, Summer	Elon Univers	1:11.81	1

Women 3000 Meter Steeplechase

Name	Year School	Finals	Points	
1	Kozlowski, Lindsey	Coastal Caro	11:10.36	10
2	Selmer, Carrie	Winthrop Univers	11:18.30	8
3	Gratton, Jennifer	Charleston S	11:31.87	6
4	Goeden, Jessica	Coastal Caro	11:55.15	5
5	Ballance, Jessica	Coastal Caro	12:21.48	4
6	McEnany, Sally	Liberty Univ	12:43.96	3
7	Pike, Casey	Elon Univers	13:33.26	2
8	Ciany, Lillian	Elon Univers	13:40.24	1
9	Davis, Jeanne	Elon Univers	13:52.04	

Women 4x100 Meter Relay

School	Finals	Points	
1	Winthrop University 'A'	46.77	10
2	Liberty University 'A'	47.64	8
3	Radford University 'A'	48.42	6
4	High Point University 'A'	48.50	5
5	Coastal Carolina University 'A'	49.42	4
	1) Brown, Ebony	2) Moore, Dawnita	
	3) Hajek, Mary Jo	4) Sales, Latrice	
6	Unc-Asheville 'A'	49.79	3
7	Elon University 'A'	51.61	2
	1) Adams, Kimberly	2)	
8	Charleston Southern University 'A'	51.86	1

Women 4x400 Meter Relay

School	Finals	Points	
1	High Point University 'A'	3:52.88	10
2	Liberty University 'A'	3:53.70	8
3	Winthrop University 'A'	3:55.71	6
4	Coastal Carolina University 'A'	3:56.89	5
	1) Brown, Ebony	2) Moore, Dawnita	
	3) Mentzer, Michelle	4) Sales, Latrice	
5	Unc-Asheville 'A'	4:00.53	4
6	Charleston Southern University 'A'	4:08.77	3
7	Elon University 'A'	4:13.29	2

Women High Jump

Name	Year School	Finals
Points		

=====				
=====				
1	Butts, Kena	Liberty Univ	1.67m	5-05.75
10				
2	Noel, Latoya	Radford Univ	1.62m	5-03.75
8				
3	Moore, Dawnita	Coastal Caro	1.57m	5-01.75
6				
4	McNaney, Danielle	Liberty Univ	J1.57m	5-01.75
5				
5	Coughlin, Patricia	Radford Univ	1.52m	4-11.75
3.5				
5	Powell, April	High Point U	1.52m	4-11.75
3.5				
7	Saponaro, Heather	Coastal Caro	J1.52m	4-11.75
1				
7	Adams, Kimberly	Elon Univers	J1.52m	4-11.75
1				
7	Wolff, Cecilia	Winthrop Univers	J1.52m	4-11.75
1				
10	Watson, Jessica	Coastal Caro	J1.52m	4-11.75
11	Boemmel, Tara	Liberty Univ	1.47m	4-09.75
11	Gudger, Janeen	Charleston S	1.47m	4-09.75
11	Tarascio, Jean	Radford Univ	1.47m	4-09.75
14	Sturgill, Tessa	Liberty Univ	1.42m	4-07.75
14	Hicks, Julia	Elon Univers	1.42m	4-07.75
16	Hopkins, Alisha	High Point U	1.37m	4-06.00

Women Pole Vault

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	Name	Year School	Finals	
Points				
=====				
=====				
1	Riley, Aimee	Liberty Univ	3.34m	10-11.50
10				
2	Holsinger, Lisa	Coastal Caro	2.89m	9-05.75
8				
3	Iovine, Nicole	Liberty Univ	J2.89m	9-05.75
6				
4	Lewinski, Jennifer	Coastal Caro	J2.89m	9-05.75
5				
5	Coughlin, Patricia	Radford Univ	2.74m	8-11.75
4				
6	Schiller, Marianne	Liberty Univ	J2.74m	8-11.75
3				
7	Oddi, Vicki	Coastal Caro	2.59m	8-06.00
2				
8	Burgeson, Jessica	Elon Univers	J2.59m	8-06.00
1				
9	Webber, Amanda	Radford Univ	2.29m	7-06.00
10	Gielen, Ginny	High Point U	J2.29m	7-06.00
--	Boemmel, Tara	Liberty Univ	NH	
--	Weavil, Meredith	Elon Univers	NH	

Women Long Jump

Name	Year	School	Finals	Wind
1 McNaney, Danielle		Liberty Univ	5.73m	NWI 18-
09.75 9				
1 Morgan, Denise		High Point U	5.73m	NWI 18-
09.75 9				
3 Saunders, Jonisha		Liberty Univ	5.54m	NWI 18-
02.25 6				
4 Gadson, Audrika		Charleston S	5.46m	NWI 17-
11.00 5				
5 Tucker, Nicole		Winthrop Univers	5.32m	NWI 17-
05.50 4				
6 Walker, Stephanie		Liberty Univ	5.29m	NWI 17-
04.25 3				
7 Thompson, Brooke		Unc-Ashevill	5.28m	NWI 17-
04.00 2				
8 Brown, Ebony		Coastal Caro	5.26m	NWI 17-
03.25 1				
9 Miller, Shana		High Point U	5.20m	NWI 17-
00.75				
10 Burgeson, Jessica		Elon Univers	5.14m	NWI 16-
10.50				
11 Sellers, Ashley		Charleston S	4.91m	NWI 16-
01.50				
12 Caple, Kwadena		Radford Univ	4.81m	NWI 15-
09.50				
13 Hoffman, Katie		Winthrop Univers	4.75m	NWI 15-
07.00				
14 Hopkins, Alisha		High Point U	4.60m	NWI 15-
01.25				
15 Weavil, Meredith		Elon Univers	4.59m	NWI 15-
00.75				
16 Gonzalez, Lindsay		Elon Univers	4.04m	NWI 13-
03.25				
17 Moore, Dawnita		Coastal Caro	3.23m	NWI 10-
07.25				
-- Noel, Latoya		Radford Univ	FOUL	NWI
-- Johnson, Joyce		High Point U	FOUL	NWI
-- Bradshaw, Keisha		Liberty Univ	FOUL	NWI

Women Triple Jump

Name	Year	School	Finals	Wind
1 Morgan, Denise		High Point U	11.79m	NWI 38-
08.25 10				
2 Banks, Tomeika		Winthrop Univers	11.67m	NWI 38-
03.50 8				
3 Saunders, Jonisha		Liberty Univ	11.66m	NWI 38-
03.25 6				



4	Gadson, Audrika	Charleston S	11.44m	NWI	37-
06.50	5				
5	Bowles, Shalonda	High Point U	11.26m	NWI	36-
11.50	4				
6	Sellers, Ashley	Charleston S	11.09m	NWI	36-
04.75	3				
7	Miller, Shana	High Point U	11.06m	NWI	36-
03.50	2				
8	Brown, Ebony	Coastal Caro	11.05m	NWI	36-
03.00	1				
9	Sturgill, Tessa	Liberty Univ	10.85m	NWI	35-
07.25					
10	Saponaro, Heather	Coastal Caro	10.75m	NWI	35-
03.25					
--	Bradshaw, Keisha	Liberty Univ	FOUL	NWI	
--	Gonzalez, Lindsay	Elon Univers	FOUL	NWI	
--	Johnson, Joyce	High Point U	FOUL	NWI	
--	Byrd, Kerstyn	Coastal Caro	FOUL	NWI	
--	Schlesinger, Summer	Elon Univers	FOUL	NWI	

Women Shot Put

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	Name	Year School	Finals		
	Points				
=====					
=====					
1	Campbell, Amber	Coastal Caro	13.53m	44-04.75	
10					
2	Lewandowski, Laura	Unc-Ashevill	12.27m	40-03.25	
8					
3	Hunter, Garette	Unc-Ashevill	11.90m	39-00.50	
6					
4	Church, Starr	High Point U	11.43m	37-06.00	
5					
5	Newman, Amanda	Liberty Univ	11.04m	36-02.75	
4					
6	Garner, Nicole	High Point U	10.63m	34-10.50	
3					
7	Belcher, Mirlene	Liberty Univ	10.48m	34-04.75	
2					
8	Green, Rebekah	Liberty Univ	10.22m	33-06.50	
1					
9	McCarty, Amy	Charleston S	9.95m	32-07.75	
10	Buhl, Sarah	Elon Univers	8.76m	28-09.00	
11	Hendricks, Courtney	Radford Univ	8.36m	27-05.25	
12	Amiss, Angela	Radford Univ	8.26m	27-01.25	
12	Kelly, Belinda	Unc-Ashevill	8.26m	27-01.25	
14	Hicks, Julia	Elon Univers	8.02m	26-03.75	
15	Taylor, Sonya	Charleston S	7.55m	24-09.25	

Women Discus Throw

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	Name	Year School	Finals		
	Points				

1	Campbell, Amber	Coastal Caro	45.02m	147-08
10				
2	Hunter, Garette	Unc-Ashevill	40.12m	131-07
8				
3	Hendricks, Courtney	Radford Univ	34.34m	112-08
6				
4	Newman, Amanda	Liberty Univ	33.42m	109-08
5				
5	Garner, Nicole	High Point U	33.09m	108-07
4				
6	Dodson, Carrie	Winthrop Univers	30.73m	100-10
3				
7	Lewinski, Jennifer	Coastal Caro	30.52m	100-01
2				
8	Belcher, Mirlene	Liberty Univ	30.41m	99-09
1				
9	Richards, Tania	Liberty Univ	29.67m	97-04
10	Church, Starr	High Point U	29.35m	96-03
11	McCarty, Amy	Charleston S	28.60m	93-10
12	Hicks, Julia	Elon Univers	26.53m	87-00
13	Taylor, Sonya	Charleston S	25.25m	82-10
14	Amiss, Angela	Radford Univ	24.70m	81-00
15	Tolsma, Brenda	Liberty Univ	24.41m	80-01
16	Kelly, Belinda	Unc-Ashevill	24.34m	79-10
17	Buhl, Sarah	Elon Univers	24.27m	79-07

Women Hammer Throw

	Name	Year School	Finals	
Points				
1	Campbell, Amber	Coastal Caro	61.61m	202-01
10				
2	Holsinger, Lisa	Coastal Caro	44.83m	147-01
8				
3	Garner, Nicole	High Point U	41.95m	137-07
6				
4	Benson, Tricia	Radford Univ	40.86m	134-01
5				
5	Hendricks, Courtney	Radford Univ	39.65m	130-01
4				
6	Church, Starr	High Point U	39.43m	129-04
3				
7	Tolsma, Brenda	Liberty Univ	39.23m	128-08
2				
8	Olesky, Karen	Coastal Caro	37.37m	122-07
1				
9	Dodson, Carrie	Winthrop Univers	32.46m	106-06
10	Taylor, Sonya	Charleston S	30.20m	99-01
11	Belcher, Mirlene	Liberty Univ	29.00m	95-02
12	Amiss, Angela	Radford Univ	28.67m	94-01
12	Bryan, Aimee	Liberty Univ	28.67m	94-01
14	McCarty, Amy	Charleston S	28.28m	92-09

15 Green, Rebekah Liberty Univ 23.51m 77-01

Women Javelin Throw

Name	Year	School	Finals	Points
1 McCarty, Amy		Charleston S	39.33m	129-00
2 Green, Rebekah		Liberty Univ	38.71m	127-00
3 Young, Meghan		Winthrop Univers	36.90m	121-01
4 Campbell, Amber		Coastal Caro	36.80m	120-09
5 Testa, Marilyn		Coastal Caro	36.55m	119-11
6 Saponaro, Heather		Coastal Caro	33.91m	111-03
7 McNaney, Danielle		Liberty Univ	33.83m	111-00
8 Bryan, Aimee		Liberty Univ	32.29m	105-11
9 Coughlin, Patricia		Radford Univ	32.08m	105-03
10 DeTrollo, Jennifer		High Point U	31.53m	103-05
11 Burgeson, Jessica		Elon Univers	30.88m	101-04
12 Newman, Amanda		Liberty Univ	29.64m	97-03
13 Amiss, Angela		Radford Univ	28.29m	92-10
14 Buhl, Sarah		Elon Univers	25.90m	85-00
15 Gudger, Janeen		Charleston S	24.04m	78-10
16 Tarascio, Jean		Radford Univ	21.69m	71-02
17 Taylor, Sonya		Charleston S	20.13m	66-00

Women Heptathlon

Name	Year	School	Finals	Points
1 McNaney, Danielle		Liberty Univ	4531	10
2 Lewandowski, Laura		Unc-Ashevill	4414	8
3 Carlson, DaNae		Liberty Univ	4243	6
4 Gudger, Janeen		Charleston S	4217	5
5 Saponaro, Heather		Coastal Caro	4086	4
6 Newman, Amanda		Liberty Univ	3646	3
7 McGlaughlin, Danielle		Coastal Caro	3402	2
8 Hoffman, Katie		Winthrop Univers	3318	1

Men 100 Meter Dash

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Hall, Joe		Winthrop Univers	10.79Q	0.7	1
2 Ward, Chris		Charleston S	10.96Q	-0.2	2
3 Rudder, Kirk		High Point U	11.01q	-0.2	2
4 Brunt, Sam		Liberty Univ	11.09q	0.7	1

5	Christolin, Guifaly	Liberty Univ	11.10q	0.7	1
6	Huntley, Brandon	Radford Univ	11.13q	0.7	1
7	Burriss, Octavius	Winthrop Univers	11.15q	-0.2	2
8	Octave, Kevin	Liberty Univ	11.34q	0.7	1
9	Khumalo, Thabiso	Coastal Caro	11.35	-0.2	2
10	Outlaw, Eric	Coastal Caro	11.50	-0.2	2
11	Saunders, Jared	Radford Univ	11.51	-0.2	2
12	Williams, Darnell	Coastal Caro	11.68	0.7	1
13	Cason, Elrid	Coastal Caro	11.73	0.7	1
14	Wagner, Jeremy	Liberty Univ	11.81	-0.2	2
15	Young, Keith	Winthrop Univers	11.92	-0.2	2

Men 100 Meter Dash

Name	Year School	Finals	Wind	Points
Finals				
1	Hall, Joe	Winthrop Univers	10.66	-1.0 10
2	Christolin, Guifaly	Liberty Univ	10.89	-1.0 8
3	Ward, Chris	Charleston S	10.97	-1.0 6
4	Rudder, Kirk	High Point U	10.98	-1.0 5
5	Burriss, Octavius	Winthrop Univers	11.06	-1.0 4
6	Brunt, Sam	Liberty Univ	11.14	-1.0 3
7	Huntley, Brandon	Radford Univ	11.16	-1.0 2
8	Octave, Kevin	Liberty Univ	11.32	-1.0 1

Men 200 Meter Dash

Name	Year School	Finals	Wind	H#	Points
Points					
1	Hall, Joe	Winthrop Univers	21.46	NWI 3	10
2	Ward, Chris	Charleston S	21.48	NWI 3	8
3	Scheuer, Paul	Coastal Caro	21.82	NWI 3	6
4	Christolin, Guifaly	Liberty Univ	21.83	NWI 3	5
5	Rudder, Kirk	High Point U	22.01	NWI 2	4
6	Scott, Augustus	Charleston S	22.06	NWI 3	3
7	Huntley, Brandon	Radford Univ	22.15	NWI 3	2
8	White, Irvin	Radford Univ	22.19	NWI 2	1
9	Brunt, Sam	Liberty Univ	22.20	NWI 2	
10	McMillan, Andre	Radford Univ	22.26	NWI 3	
11	Burriss, Octavius	Winthrop Univers	22.35	NWI 3	
12	Hines, Ty	High Point U	22.48	NWI 2	
13	Knox, Antoine	Winthrop Univers	22.49	NWI 2	
14	Khumalo, Thabiso	Coastal Caro	22.66	NWI 1	
15	Ellis, Ryan	High Point U	22.69	NWI 2	
16	Sullivan, Antonio	Coastal Caro	22.71	NWI 2	
17	Maxwell, Nick	Coastal Caro	22.81	NWI 2	
18	Leaver, Chris	Liberty Univ	23.04	NWI 1	
19	Twiggs, Jeremy	Unc-Ashevill	23.43	NWI 1	
20	Young, Keith	Winthrop Univers	24.11	NWI 1	

Men 400 Meter Dash

Name	Year School	Finals	H#	Points
------	-------------	--------	----	--------

1	Simatwa, Jacob	Coastal Caro	47.90	3	10
2	McMillan, Andre	Radford Univ	48.24	3	8
3	DeBogory, Jon	Liberty Univ	48.35	3	6
4	Jones, Chris	Winthrop Univers	49.24	2	5
5	Black, Rochelle	Radford Univ	49.27	3	4
6	Scheuer, Paul	Coastal Caro	49.28	3	3
7	Morton, Brandon	Winthrop Univers	49.48	3	2
8	Moore, Jay	Radford Univ	49.52	3	1
9	Hines, Ty	High Point U	49.74	3	
10	Maxwell, Nick	Coastal Caro	49.80	2	
11	Heriot, Maurice	Charleston S	50.31	2	
12	Knox, Antoine	Winthrop Univers	50.62	2	
13	Josiah, Ishmael	High Point U	50.67	1	
14	Sullivan, Antonio	Coastal Caro	50.96	2	
15	Twiggs, Jeremy	Unc-Ashevill	51.01	2	
16	Ellis, Ryan	High Point U	51.21	2	
17	Leaver, Chris	Liberty Univ	52.76	1	
18	Ervin, David	High Point U	53.86	1	

Men 800 Meter Run

Name	Year School	Finals	Points
1	Nava, Goran	Radford Univ	1:52.76 10
2	Baikovs, Alex	High Point U	1:54.31 8
3	Milne, Taylor	High Point U	1:54.60 6
4	Simatwa, Jacob	Coastal Caro	1:54.65 5
5	Batista, Chris	Winthrop Univers	1:55.23 4
6	Lyons, Chris	Liberty Univ	1:55.63 3
7	Gariepy, Dan	High Point U	1:56.55 2
8	Brown, Jason	Liberty Univ	1:56.59 1
9	Jesensky, Kenny	Coastal Caro	1:56.85
10	Oliveria, Nelson	Coastal Caro	1:57.62
11	Campbell, Travis	Liberty Univ	1:58.43
12	Zanca, Tony	Radford Univ	1:58.97
13	Roberts, Sam	Unc-Ashevill	1:59.37
14	Clover, Jeremy	Winthrop Univers	1:59.48
15	Larkins, Tyler	Coastal Caro	2:00.35
16	Szalach, Mike	High Point U	2:00.38
17	Timp, Kevin	Unc-Ashevill	2:01.01
18	Mazzotta, Carmin	Unc-Ashevill	2:01.77
19	Meier, Rhett	Charleston S	2:21.54
--	Porter, Lars	Birmingham-S	X2:00.02
--	McTamney, Patrick	Birmingham-S	X2:00.84
--	Rickert, Cody	Birmingham-S	X2:08.26

Men 1500 Meter Run

Name	Year School	Finals	Points
1	Nava, Goran	Radford Univ	3:52.03 10
2	Milne, Taylor	High Point U	3:56.39 8
3	Baikovs, Alex	High Point U	3:57.05 6
4	Brown, Jason	Liberty Univ	3:57.62 5
5	Oliveria, Nelson	Coastal Caro	3:58.93 4
6	Barry, Dan	Winthrop Univers	3:59.56 3

7	Batista, Chris	Winthrop Univers	4:00.05	2
8	Falat, Evan	Liberty Univ	4:01.53	1
9	Goodale, Matt	High Point U	4:04.56	
10	Jesensky, Kenny	Coastal Caro	4:06.50	
11	Pereschuck, Chris	High Point U	4:07.63	
12	Karn, Jacob	Charleston S	4:11.03	
13	Chadwell, Brian	Coastal Caro	4:11.12	
14	Johnson, Randy	Coastal Caro	4:20.05	
15	Christian, Nick	Unc-Ashevill	4:32.23	
--	Rickert, Cody	Birmingham-S	X4:07.43	
--	McTamney, Patrick	Birmingham-S	X4:13.48	
--	Porter, Lars	Birmingham-S	X4:14.91	

Men 5000 Meter Run

Name	Year School	Finals	Points
1	Latter, Phil	Unc-Ashevill	15:22.48 10
2	Melly, Josiah	Liberty Univ	15:24.14 8
3	Falat, Evan	Liberty Univ	15:25.33 6
4	Fairman, Jeff	High Point U	15:26.46 5
5	Hill, Adrian	High Point U	15:27.93 4
6	Nakluski, Derek	High Point U	15:28.93 3
7	Dutton, Tim	Radford Univ	15:36.23 2
8	Pillay, Niran	High Point U	15:44.26 1
9	Gogain, Aaron	Liberty Univ	15:45.12
10	Otter, Ryan	Liberty Univ	15:48.98
11	Mitchell, Johnny	Coastal Caro	15:52.04
12	Foxworth, Justin	Coastal Caro	15:57.63
13	Barry, Dan	Winthrop Univers	16:05.92
14	Raines, Peter	Winthrop Univers	16:06.67
15	Heidecker, Mark	Coastal Caro	16:09.33
16	Kelleher, Matt	Winthrop Univers	16:11.09
17	Bell, David	Unc-Ashevill	16:11.55
18	Karn, Jacob	Charleston S	16:23.52
19	Killoran, Michael	Coastal Caro	16:26.38
20	Ripperton, Nate	Unc-Ashevill	16:32.39
--	Pendarvis, Ben	Birmingham-S	X16:07.25
--	Stidham, Jacob	Birmingham-S	X16:45.39

Men 10000 Meter Run

Name	Year School	Finals	Points
1	Hill, Adrian	High Point U	32:57.78 10
2	Fairman, Jeff	High Point U	32:58.67 8
3	Pillay, Niran	High Point U	32:59.72 6
4	Salamone, Mike	High Point U	33:00.43 5
5	Kirbach, Root	Unc-Ashevill	33:01.72 4
6	Dutton, Tim	Radford Univ	33:14.48 3
7	Gogain, Aaron	Liberty Univ	33:18.26 2
8	Mitchell, Johnny	Coastal Caro	33:29.20 1
9	Raines, Peter	Winthrop Univers	33:34.11
10	Cheruiyot, Richard	Liberty Univ	34:04.35
11	Killoran, Michael	Coastal Caro	34:06.81
12	Otter, Ryan	Liberty Univ	34:18.01
13	Kelleher, Matt	Winthrop Univers	34:40.80

14 Melin, Ben

Liberty Univ

34:59.95

## Men 110 Meter Hurdles

Name	Year	School	Finals	Wind	Points
1 Brinkley, Micah		Liberty Univ	15.12	NWI	10
2 Cole, Kenneth		Coastal Caro	15.18	NWI	8
3 Williams, Lauren		Liberty Univ	15.19	NWI	6
4 Felton, Ray		Coastal Caro	15.60	NWI	5
5 White, Kendal		Coastal Caro	15.81	NWI	4
6 Garramone, Keith		Coastal Caro	15.88	NWI	3
7 Graves, Jeremy		Liberty Univ	15.90	NWI	2
-- DeBogory, Jon		Liberty Univ	FS	NWI	

## Men 400 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 White, Kendal		Coastal Caro	52.97	2	10
2 Black, Rochelle		Radford Univ	53.95	2	8
3 Collier, Joel		Unc-Ashevill	54.29	2	6
4 Heriot, Maurice		Charleston S	55.26	2	5
5 Knight, Robert		Radford Univ	55.46	2	4
6 Spain, Vaughn		Charleston S	55.51	2	3
7 Reiser, Chris		Radford Univ	56.14	1	2
8 Cole, Kenneth		Coastal Caro	57.48	1	1
9 Brinkley, Micah		Liberty Univ	1:00.78	2	
10 McKenzie, Brandon		High Point U	1:02.06	1	
11 DeBogory, Jon		Liberty Univ	1:12.72	2	

## Men 3000 Meter Steeplechase

Name	Year	School	Finals	Points
1 Goodale, Matt		High Point U	9:28.98	10
2 Melly, Josiah		Liberty Univ	9:29.43	8
3 Milne, Taylor		High Point U	9:42.06	6
4 Bell, David		Unc-Ashevill	9:45.05	5
5 Foxworth, Justin		Coastal Caro	9:47.36	4
6 Pereschuck, Chris		High Point U	9:51.67	3
7 Heidecker, Mark		Coastal Caro	9:52.57	2
8 Nakluski, Derek		High Point U	9:53.40	1
9 Dutton, Tim		Radford Univ	9:58.97	
10 Lebaron, Shaun		Liberty Univ	10:06.02	
11 Rankins, Jared		Winthrop Univers	10:32.94	
12 Kimble, Wes		Liberty Univ	10:54.02	

## Men 4x100 Meter Relay

School	Finals	Points
1 Winthrop University 'A'	41.08	10
2 Charleston Southern University 'A'	41.28	8
3 Liberty University 'A'	41.33	6
4 Radford University 'A'	41.54	5
5 High Point University 'A'	42.54	4

6 Coastal Carolina University 'A'	42.93	3
1) Outlaw, Eric	2) Maxwell, Nick	
3) Cason, Elrid	4) Williams, Darnell	

Men 4x400 Meter Relay

School	Finals	Points
1 Coastal Carolina University 'A'	3:14.42	10
1) Scheuer, Paul	2) Maxwell, Nick	
3) White, Kendal	4) Simatwa, Jacob	
2 Charleston Southern University 'A'	3:16.10	8
3 Liberty University 'A'	3:16.76	6
4 Radford University 'A'	3:19.54	5
5 High Point University 'A'	3:20.70	4
6 Winthrop University 'A'	3:26.10	3
7 Unc-Asheville 'A'	3:28.09	2

Men High Jump

Name	Year School	Finals	Points
1 Morton, Brandon	Winthrop Univers	2.03m	6-08.00
10 2 Crawford, Jordan	Liberty Univ	1.98m	6-06.00
8 3 Siler, Ricky	High Point U	J1.98m	6-06.00
6 4 Black, Rochelle	Radford Univ	1.93m	6-04.00
5 5 Syfert, Shahn	Winthrop Univers	1.88m	6-02.00
4 6 Felton, Ray	Coastal Caro	1.83m	6-00.00
3 7 Harris, Erick	Liberty Univ	J1.83m	6-00.00
2 8 Manns, Adrian	High Point U	1.78m	5-10.00
1 9 DeBogory, Jon	Liberty Univ	1.73m	5-08.00
-- McFadden, Taylor	Coastal Caro	NH	
-- Williams, Lauren	Liberty Univ	NH	

Men Pole Vault

Name	Year School	Finals	Points
1 Johnson, Mark	Coastal Caro	16-00.00	4.87m
10 2 Marsh, Lamech	Liberty Univ	14-06.00	4.41m
8			



3	Felton, Ray	Coastal Caro	J14-06.00	4.41m
6				
4	Schlachter, Stephen	Charleston S	13-06.00	4.11m
5				
5	Adams, Jon	Liberty Univ	J13-06.00	4.11m
4				
6	Garramone, Keith	Coastal Caro	J13-06.00	4.11m
3				
7	Bracken, Richard	Charleston S	J13-06.00	4.11m
2				
8	Beck, Eric	Liberty Univ	13-00.00	3.96m
1				
9	Barnes, James	Liberty Univ	J13-00.00	3.96m

Men Long Jump

Name		Year	School	Finals	Wind
Points					
1	Octave, Kevin		Liberty Univ	7.13m	NWI 23-
04.75	10				
2	Scott, Augustus		Charleston S	7.03m	NWI 23-
00.75	8				
3	White, Irvin		Radford Univ	6.96m	NWI 22-
10.00	6				
4	Ward, Chris		Charleston S	6.79m	NWI 22-
03.50	5				
5	DeBogory, Jon		Liberty Univ	6.71m	NWI 22-
00.25	4				
6	Brunt, Sam		Liberty Univ	6.70m	NWI 21-
11.75	3				
7	Harris, Erick		Liberty Univ	6.47m	NWI 21-
02.75	2				
8	Saunders, Jared		Radford Univ	6.45m	NWI 21-
02.00	1				
9	Huntley, Brandon		Radford Univ	6.40m	NWI 21-
00.00					
10	McCain, Jermaine		High Point U	6.29m	NWI 20-
07.75					
11	McGuire, Sean		Radford Univ	6.08m	NWI 19-
11.50					
12	Manns, Adrian		High Point U	5.98m	NWI 19-
07.50					
13	McFadden, Taylor		Coastal Caro	5.96m	NWI 19-
06.75					
14	White, Kendal		Coastal Caro	5.95m	NWI 19-
06.25					
15	Williams, Blake		High Point U	5.88m	NWI 19-
03.50					
16	Outlaw, Eric		Coastal Caro	5.69m	NWI 18-
08.00					
17	Williams, Darnell		Coastal Caro	4.86m	NWI 15-
11.50					

Men Triple Jump

Name	Year	School	Finals	Wind
1 McFadden, Taylor		Coastal Caro	14.19m	NWI 46-
06.75 10				
2 Harris, Erick		Liberty Univ	14.00m	NWI 45-
11.25 8				
3 Williams, Lauren		Liberty Univ	13.94m	NWI 45-
09.00 6				
4 Huntley, Brandon		Radford Univ	13.75m	NWI 45-
01.50 5				
5 Saunders, Jared		Radford Univ	13.59m	NWI 44-
07.00 4				
6 White, Irvin		Radford Univ	13.10m	NWI 42-
11.75 3				
7 Williams, Blake		High Point U	12.99m	NWI 42-
07.50 2				
8 Octave, Kevin		Liberty Univ	12.61m	NWI 41-
04.50 1				
9 Manns, Adrian		High Point U	12.16m	NWI 39-
10.75				
-- McCain, Jermaine		High Point U	FOUL	NWI

Men Shot Put

Name	Year	School	Finals
1 Hedgpeth, Nathan		Unc-Ashevill	16.29m 53-05.50
10			
2 Biggins, Tyler		Liberty Univ	16.03m 52-07.25
8			
3 Roden, Michael		Coastal Caro	15.34m 50-04.00
6			
4 Kenworthy, Nick		Coastal Caro	14.39m 47-02.50
5			
5 Brooks, Jasper		Coastal Caro	14.14m 46-04.75
4			
6 Bowman, Tremayne		Charleston S	13.86m 45-05.75
3			
7 Chacon, Adam		Unc-Ashevill	13.42m 44-00.50
2			
8 Boccucci, Tristan		Winthrop Univers	12.97m 42-06.75
1			
9 Scott, Will		Winthrop Univers	12.24m 40-02.00
10 Crawford, Jordan		Liberty Univ	11.83m 38-09.75
11 Gore, Jonathan		Coastal Caro	11.34m 37-02.50
12 Boan, Jarred		Charleston S	11.13m 36-06.25
13 Diaz, Ken		High Point U	10.14m 33-03.25
14 Hines, Ty		High Point U	9.63m 31-07.25

Men Discus Throw

Name		Year School	Finals	
Points				
1	Kenworthy, Nick	Coastal Caro	49.39m	162-00
10				
2	Hedgpeth, Nathan	Unc-Asheville	47.77m	156-09
8				
3	Roden, Michael	Coastal Caro	46.79m	153-06
6				
4	Biggins, Tyler	Liberty Univ	45.75m	150-01
5				
5	Bowman, Tremayne	Charleston S	40.09m	131-06
4				
6	Fuertes, James	Liberty Univ	37.99m	124-08
3				
7	Scott, Will	Winthrop Univers	37.25m	122-02
2				
8	Schlachter, Stephen	Charleston S	37.12m	121-09
1				
9	Wharton, Marvin	Liberty Univ	35.85m	117-07
10	Brooks, Jasper	Coastal Caro	34.50m	113-02
11	Gore, Jonathan	Coastal Caro	33.65m	110-05
12	Boan, Jarred	Charleston S	31.56m	103-06
13	Boccucci, Tristan	Winthrop Univers	31.33m	102-09
14	Diaz, Ken	High Point U	28.18m	92-05

Men Hammer Throw

Name		Year School	Finals	
Points				
1	Kenworthy, Nick	Coastal Caro	47.97m	157-04
10				
2	Chacon, Adam	Unc-Asheville	46.14m	151-04
8				
3	Diaz, Ken	High Point U	41.50m	136-02
6				
4	Biggins, Tyler	Liberty Univ	40.28m	132-02
5				
5	Bowman, Tremayne	Charleston S	40.14m	131-08
4				
6	Roden, Michael	Coastal Caro	39.18m	128-06
3				
7	Boan, Jarred	Charleston S	39.14m	128-05
2				
8	Boccucci, Tristan	Winthrop Univers	36.44m	119-07
1				
9	Wharton, Marvin	Liberty Univ	33.98m	111-06
10	Brooks, Jasper	Coastal Caro	32.20m	105-08
11	Wagner, Michael	Coastal Caro	32.17m	105-06

Men Javelin Throw

=====				
=====				
	Name	Year	School	Finals
Points	=====			
=====				
1	McGuire, Sean		Radford Univ	54.21m 177-10
10	2	Wagner, Michael	Coastal Caro	53.52m 175-07
8	3	Carpenter, David	High Point U	52.27m 171-06
6	4	Crawford, Jordan	Liberty Univ	52.18m 171-02
5	5	Young, Troy	Unc-Ashevill	50.04m 164-02
4	6	Garramone, Keith	Coastal Caro	49.63m 162-10
3	7	Schlachter, Stephen	Charleston S	48.52m 159-02
2	8	Beck, Eric	Liberty Univ	46.16m 151-05
1	9	Syfert, Shahn	Winthrop Univers	45.44m 149-01
	10	Raak, Andrew	Coastal Caro	42.07m 138-00
	11	DeBogory, Jon	Liberty Univ	41.68m 136-09
	12	Scott, Will	Winthrop Univers	41.61m 136-06
	13	Fuertes, James	Liberty Univ	38.61m 126-08
	14	Beatty, Jon	Unc-Ashevill	38.54m 126-05

Men Decathlon

=====				
	Name	Year	School	Finals Points
=====				
	1	Schlachter, Stephen	Charleston S	5653 10
	2	Felton, Ray	Coastal Caro	5575 8
	3	Crawford, Jordan	Liberty Univ	5522 6
	4	Garramone, Keith	Coastal Caro	5343 5
	5	Beck, Eric	Liberty Univ	4913 4
	6	Hagan, Mike	Liberty Univ	4632 3
	7	Lewis, Brett	Charleston S	4494 2
	8	McCain, Jermaine	High Point U	4116 1
	9	Bracken, Richard	Charleston S	4000
	10	Ervin, David	High Point U	3167
	11	Manns, Adrian	High Point U	3158
	12	Siler, Ricky	High Point U	3065