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 Big South Conference Championships 2010 - 4/15/2010 to 4/17/2010
 Results at www.cfpitiming.com
 Hosted by Charleston Southern University
 Results

Women 100 Meter Dash

9 Advance: Top 3 Each Heat plus Next 3 Best Times

World: W 10.49 7/16/1988 Florence Griffith-Joyner, USA
 American: U 10.49 7/16/1988 Florence Griffith Joyner, World Class AC
 Collegiate: C 10.93 6/2/1989 Dawn Sowell, LSU
 Big South At: \$ 11.51 6/11/2004 Octavia Goode, Winthrop
 Big South Mt: B 11.59 4/17/2009 Ikeiylah Brown, Coastal Carolina
 Facility: F 11.66 3/8/2003 Akesia Fleger

Name	Year	School	Prelims
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Heat 1 Preliminaries Wind: 3.1

1 Pearson, Natalie	SR	Unc-Asheville	11.60Q
2 Henley, Darriale	SO	Coastal Caro	11.78Q
3 Simpson, Melekia	FR	Coastal Caro	11.93Q
4 Pegues, Alyssa	SO	Liberty	12.02q
5 Smalls, London	FR	Coastal Caro	12.18q
6 Green, Aurielle	FR	Liberty	12.20
7 Sims, Melanie	SO	Liberty	12.25
8 Lynch, Mardavia	JR	Winthrop	12.64

Heat 2 Preliminaries Wind: 1.6

1 Brown, Ikeiylah	SR	Coastal Caro	\$ 11.48Q
2 Houston, Gabrielle	SO	Charleston S	B 11.53Q
3 Thomas, Jessica	SR	Charleston S	11.86Q
4 Holmes, Rebecca	SR	Winthrop	12.09q
5 Greer, Brittney	JR	Charleston S	12.39
6 Christian, Kayla	FR	Radford	12.40
7 Brigham, Aliegha	JR	Gardner-Webb	12.69
8 Spruel, Sherri	FR	Liberty	12.72

Women 100 Meter Dash

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 Facility: F 11.66 3/8/2003 Akesia Fleger

Name	Year	School	Finals
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Section 1 Finals Wind: 1.8

1 Houston, Gabrielle	SO	Charleston S	11.50\$
2 Brown, Ikeiylah	SR	Coastal Caro	11.51\$
3 Pearson, Natalie	SR	Unc-Asheville	11.66F
4 Thomas, Jessica	SR	Charleston S	11.77
5 Henley, Darriale	SO	Coastal Caro	11.84
6 Smalls, London	FR	Coastal Caro	12.15
7 Pegues, Alyssa	SO	Liberty	12.25 12.243
8 Holmes, Rebecca	SR	Winthrop	12.25 12.248
-- Simpson, Melekia	FR	Coastal Caro	DNS

Women 200 Meter Dash

9 Advance: Top 2 Each Heat plus Next 3 Best Times

World: W 21.34 9/29/1988 Florence Griffith-Joyner, USA
 American: U 21.34 9/29/1988 Florence Griffith Joyner, World Class AC

Collegiate: C 22.04 6/2/1989 Dawn Sowell, LSU
 Big South At: \$ 23.54 5/17/2008 Dionne Gibson, Charleston Southern
 Big South Mt: B 23.68 4/21/2007 Dione Gibson, Charleston Southern
 Facility: F 24.15 3/10/2007 Tanya Harris

Name	Year	School	Prelims
=====			
Heat 1 Preliminaries		Wind: 2.5	
1 Pearson, Natalie	SR	Unc-Asheville	23.82Q
2 Henley, Darriale	SO	Coastal Caro	24.71Q
3 Christian, Kayla	FR	Radford	25.28q
4 Williams, Chandale	SR	Va. Military	25.43
5 Spruel, Sherri	FR	Liberty	25.79
Heat 2 Preliminaries		Wind: 2.2	
1 Brown, Ikeiyah	SR	Coastal Caro	23.63Q
2 Freeman, Chenoa	SR	Liberty	24.88Q
3 Pegues, Alyssa	SO	Liberty	25.04q
4 Keenan, Samantha	SR	Coastal Caro	25.42
5 Harris, Shanae	JR	Radford	26.24
6 Milton, Katy	SO	Gardner-Webb	26.70
Heat 3 Preliminaries		Wind: 4.4	
1 Houston, Gabrielle	SO	Charleston S	23.65Q
2 Thomas, Jessica	SR	Charleston S	24.49Q
3 Honor, Sharrone	FR	Winthrop	25.19q
4 Humphries, Vondeeshia	JR	Coastal Caro	25.61
5 Greer, Brittney	JR	Charleston S	25.66
6 Green, Aurielle	FR	Liberty	25.67

Women 200 Meter Dash

World: W 21.34 9/29/1988 Florence Griffith-Joyner, USA
 American: U 21.34 9/29/1988 Florence Griffith Joyner, World Class AC
 Collegiate: C 22.04 6/2/1989 Dawn Sowell, LSU
 Big South At: \$ 23.54 5/17/2008 Dionne Gibson, Charleston Southern
 Big South Mt: B 23.68 4/21/2007 Dione Gibson, Charleston Southern
 Facility: F 24.15 3/10/2007 Tanya Harris

Name	Year	School	Finals
=====			
Section 1 Finals		Wind: 2.8	
1 Pearson, Natalie	SR	Unc-Asheville	23.25
2 Brown, Ikeiyah	SR	Coastal Caro	23.27
3 Houston, Gabrielle	SO	Charleston S	23.55
4 Thomas, Jessica	SR	Charleston S	24.13
5 Henley, Darriale	SO	Coastal Caro	24.63
6 Freeman, Chenoa	SR	Liberty	24.66
7 Honor, Sharrone	FR	Winthrop	25.13
8 Pegues, Alyssa	SO	Liberty	25.17
9 Christian, Kayla	FR	Radford	25.43

Women 400 Meter Dash

9 Advance: Top 3 Each Heat plus Next 3 Best Times
 World: W 47.60 10/6/1985 Marita Koch, GDR
 American: U 48.70 9/17/2006 Sandi Richards, Nike
 Collegiate: C 50.10 6/11/1989 Monique Henderson, UCLA
 Big South At: \$ 52.46 5/6/2000 Khadijah Conda, Radford
 Big South Mt: B 54.41 4/18/2008 Vondeeshia Humphries, Coastal Carolina

Name	Year	School	Prelims
=====			
Heat 1 Preliminaries			
1 Watson, Jaime	SR	Liberty	54.60Q
2 Williams, Chandale	SR	Va. Military	56.93Q
3 Watson, Latasha	JR	Winthrop	57.17Q

4	Keenan, Samantha	SR Coastal Caro	58.52
5	Gentry, Sarah	FR Unc-Asheville	59.19
6	Jones, Eureka	FR Unc-Asheville	59.68
7	Gibbs, Rebekah	FR Liberty	1:02.55

Heat 2 Preliminaries

1	Robinson, Sasha	JR Winthrop	55.26Q
2	Freeman, Chenoa	SR Liberty	55.45Q
3	Humphries, Vondeeshia	JR Coastal Caro	56.40Q
4	Jamison, Santresa	SO Coastal Caro	56.51q
5	Howard, Jerica	FR Coastal Caro	57.99q
6	James, Monique	FR Winthrop	58.16q
--	Heath, Brittany	SR Liberty	DNS

Women 400 Meter Dash

=====			
World:	W 47.60	10/6/1985	Marita Koch, GDR
American:	U 48.70	9/17/2006	Sandi Richards, Nike
Collegiate:	C 50.10	6/11/1989	Monique Henderson, UCLA
Big South At:	\$ 52.46	5/6/2000	Khadijah Conda, Radford
Big South Mt:	B 54.41	4/18/2008	Vondeeshia Humphries, Coastal Carolina
Name	Year	School	Finals
=====			

Section 1 Finals

1	Watson, Jaime	SR Liberty	53.61B
2	Robinson, Sasha	JR Winthrop	54.57
3	Freeman, Chenoa	SR Liberty	55.00
4	Jamison, Santresa	SO Coastal Caro	55.46
5	Williams, Chandale	SR Va. Military	55.67
6	Humphries, Vondeeshia	JR Coastal Caro	55.95
7	Howard, Jerica	FR Coastal Caro	57.44
8	Watson, Latasha	JR Winthrop	57.45
9	James, Monique	FR Winthrop	58.21

Women 800 Meter Run

=====			
9 Advance:	Top 2 Each Heat plus Next 3 Best Times		
World:	W 1:53.28	7/26/1983	Jarmila Kratochvilova, TCH
American:	U 1:56.40	8/11/1999	Jearl Miles Clark, Reebok
Collegiate:	C 1:59.11	6/1/1990	Suzy Favor, Wisconsin
Big South At:	\$ 2:08.00	4/13/2002	Heather Sagan, Liberty
Big South Mt:	B 2:10.50	4/21/2007	Jaime Watson, Liberty
Facility:	F 2:13.32	4/17/2004	Jemissa Hess
Name	Year	School	Prelims
=====			

Heat 1 Preliminaries

1	Watson, Jaime	SR Liberty	2:16.36Q
2	Kalmeijer, Alyska	FR Unc-Asheville	2:17.66Q
3	Castor, Rod'Esther	JR Liberty	2:18.22q
4	Hughes, Ivana	FR Gardner-Webb	2:18.67q
5	Busbee, Peggy	SR Coastal Caro	2:19.70
6	McKee, Susanna	FR Charleston S	2:29.09
7	Scheren, Hannah	FR Radford	2:31.16

Heat 2 Preliminaries

1	Johnson, Christian	SO Coastal Caro	2:15.06Q
2	Burggraf, Meghan	FR Liberty	2:15.62Q
3	Richardson, Cherish	SO Gardner-Webb	2:20.55
4	Steinke, Leah	FR Gardner-Webb	2:21.65
5	Coburn, Samantha	SR Winthrop	2:22.97
6	Paine, Kelsey	FR High Point	2:25.73
7	Cuff, Adrienne	FR Charleston S	2:27.01
--	Canfield, Joya	SR High Point	DNS

Heat 3 Preliminaries

1	Whittaker, Britney	JR Radford	2:14.24Q
2	Ricksecker, Rebekah	SR Liberty	2:16.85Q
3	Wissler, Maggie	FR Radford	2:18.73q
4	Olert, Katie	SR Unc-Ashevill	2:19.27
5	Schofield, Jennifer	SO Winthrop	2:22.89
6	Paul, Dani	FR High Point	2:26.85
7	Tedesco, Cori	SO Radford	2:33.04

Women 800 Meter Run

=====			
World:	W 1:53.28	7/26/1983	Jarmila Kratochvilova, TCH
American:	U 1:56.40	8/11/1999	Jearl Miles Clark, Reebok
Collegiate:	C 1:59.11	6/1/1990	Suzy Favor, Wisconsin
Big South At:	\$ 2:08.00	4/13/2002	Heather Sagan, Liberty
Big South Mt:	B 2:10.50	4/21/2007	Jaime Watson, Liberty
Facility:	F 2:13.32	4/17/2004	Jemissa Hess
Name	Year	School	Finals
=====			

Section 1 Finals

1	Burggraf, Meghan	FR Liberty	2:12.78F
2	Ricksecker, Rebekah	SR Liberty	2:13.40
3	Watson, Jaime	SR Liberty	2:14.20
4	Johnson, Christian	SO Coastal Caro	2:15.02
5	Whittaker, Britney	JR Radford	2:16.94
6	Kalmeijer, Alyska	FR Unc-Ashevill	2:18.18
7	Hughes, Ivana	FR Gardner-Webb	2:18.24
8	Castor, Rod'Esther	JR Liberty	2:18.99
9	Wissler, Maggie	FR Radford	2:19.32

Women 1500 Meter Run

=====			
World:	W 3:50.46	9/11/1993	Yunxia Qu, CHN
American:	U 3:57.12	7/26/1983	Mary Slaney, Athletics West
Collegiate:	C 3:59.90	6/7/2009	Jenny Barringer, Colorado
Big South At:	\$ 4:14.71	6/1/2002	Heather Sagan, Liberty
Big South Mt:	B 4:31.47	4/19/2003	Anne Marie Moutsinga, Coastal Carolina
Facility:	F 4:34.84	4/17/2004	Jemissa Hess
Name	Year	School	Finals
=====			

Section 1

1	Ricksecker, Rebekah	SR Liberty	4:38.93
2	Neal, Hailey	SO Liberty	4:39.04
3	Klugh, Jennifer	SO Liberty	4:39.80
4	Donahue, Shelby	JR Coastal Caro	4:42.15
5	Johnson, Christian	SO Coastal Caro	4:43.42
6	Yosef, Betel	FR Liberty	4:50.51
7	Callahan, Abby	SR Gardner-Webb	4:53.80
8	Peck, Kaylyn	FR High Point	4:55.98
9	Sickman, Lisa	SR Winthrop	4:57.43
10	Piacente, Vanessa	FR High Point	5:06.02
11	Zimmerman, Ariel	FR Gardner-Webb	5:06.24
12	Paul, Dani	FR High Point	5:07.94
13	Connor, Tara	SR Radford	5:11.02
14	Olert, Katie	SR Unc-Ashevill	5:40.29

Women 5000 Meter Run

=====			
World:	W 14:11.15	6/6/2008	Tirunesh Dibaba, ETH
American:	U 14:44.80	4/14/2007	Shalane Flanagan, Nike
Collegiate:	C 15:09.72	2004	Kim Smith, Providence
Big South At:	\$ 16:26.99	4/20/1996	Catherine Conder, Coastal Carolina
Big South Mt:	B 17:20.06	4/21/2007	Carol Jefferson, Liberty

Facility: F 17:20.70 3/17/2001 Melissa Stellato

Name	Year School	Finals
1 Osborne, Ashley	SR Liberty	17:51.93
2 Klugh, Jennifer	SO Liberty	17:53.43
3 Winterink, Geneva	SR High Point	18:07.95
4 Phillips, Carey	SR Winthrop	18:09.35
5 Crotts, Lori	SR Radford	18:10.15
6 Ricksecker, Rebekah	SR Liberty	18:11.08
7 Webb, Emily	JR High Point	18:24.04
8 Granger, Hannah	JR Va. Military	18:38.77
9 Hunt, Kelsey	FR High Point	18:50.90
10 Kulesz, Melanie	FR Unc-Asheville	18:56.69
11 Curtin, Joyce	JR Coastal Caro	19:00.75
12 Delizo, Monica	JR High Point	19:16.25
13 Carty, Lindsey	FR Va. Military	19:34.25
14 Christian, Brittany	SR Radford	19:35.01
15 Palka, Diana	JR Gardner-Webb	19:58.05
16 Donahue, Shelby	JR Coastal Caro	20:02.86
17 Smith, Kylie	FR Unc-Asheville	21:28.89
18 Hudak, Lia	JR Gardner-Webb	21:31.44
19 Glunk, Ellie	SO Gardner-Webb	21:40.49
20 Epley, Tracey	JR Charleston S	23:23.61
-- Scott, Laura	JR Gardner-Webb	DNF
-- Kanagy, Khristina	FR Liberty	DNS
-- Cuff, Adrienne	FR Charleston S	DNS
-- Schubel, Leah	FR Va. Military	DNS

Women 10000 Meter Run

World: W 29:31.78	9/8/1993	Junxia Wang, CHN
American: U 30:22.22	8/15/2008	Shalane Flanagan, Asics
Collegiate: C 31:25.45	5/4/2008	Sally Kipyego', Texas Tech
Big South At: \$ 34:37.27	4/26/2007	Carol Jefferson, Liberty
Big South Mt: B 35:08.35	4/19/2007	Carol Jefferson, Liberty

Name	Year School	Finals
1 Osborne, Ashley	SR Liberty	37:49.76
2 Phillips, Carey	SR Winthrop	38:08.60
3 Webb, Emily	JR High Point	38:12.55
4 Crotts, Lori	SR Radford	38:29.31
5 Bushman, Dacia	JR Liberty	38:47.15
6 Killough, Brittany	FR High Point	38:57.10
7 Scott, Laura	JR Gardner-Webb	39:10.79
8 Carty, Lindsey	FR Va. Military	39:16.76
9 Kanagy, Khristina	FR Liberty	39:26.28
10 Delizo, Monica	JR High Point	39:45.51
11 Curtin, Joyce	JR Coastal Caro	40:20.75
12 Wood, Rindi	JR Coastal Caro	40:32.57
13 Schubel, Leah	FR Va. Military	41:05.41
14 Passauer, Amy	SO Liberty	42:08.41
15 Smith, Kylie	FR Unc-Asheville	44:44.46
16 Hudak, Lia	JR Gardner-Webb	45:01.39
-- Wright, Hallie	FR Charleston S	DNF
-- Hulburd, Emma	FR Coastal Caro	DNF

Women 100 Meter Hurdles

9 Advance: Top 3 Each Heat plus Next 3 Best Times		
World: W 12.21	8/20/1988	Yordanka Donkova, BUL
American: U 12.33	7/23/2000	Gail Devers, Nike
Collegiate: C 12.48	6/9/2006	Ginnie Powell, So. California

Big South At: \$ 13.67 5/13/2007 LeAuna Sistrunk, Coastal Carolina
 Big South Mt: B 13.78 4/17/2009 LeAuna Sistrunk, Coastal Carolina
 Facility: F 14.06 3/10/2007 Danielle Mc Naney

Name	Year	School	Prelims
=====			
Heat 1 Preliminaries Wind: 1.1			
1 Holmes, Rebecca	SR	Winthrop	F 13.93Q
2 Oates, Sierrah	JR	Coastal Caro	14.49Q
3 Arango, Melissa	JR	Coastal Caro	14.56Q
4 Matthews, Krystle	JR	Liberty	14.72q
5 Young, Sarah	SR	Winthrop	14.80
6 Futrell, Channell	JR	Charleston S	15.17
7 Issac, Shanace	SO	Coastal Caro	15.22
8 Stafford, Whitney	FR	Unc-Asheville	16.16
Heat 2 Preliminaries Wind: 0.6			
1 Gamble, Manika	SO	High Point	14.07Q
2 Norman, Patria	SO	Charleston S	14.16Q
3 Charnuski, Olivia	SO	Liberty	14.20Q
4 Allicock, Kandisa	JR	Coastal Caro	14.75q
5 Honor, Sharrone	FR	Winthrop	14.76q
6 Houseknecht, Rachel	SO	Liberty	15.00
7 Bond, Caronda	SR	Radford	15.36
8 Robinson, Lora	SO	High Point	16.83

Women 100 Meter Hurdles

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World: W 12.21 8/20/1988 Yordanka Donkova, BUL
 American: U 12.33 7/23/2000 Gail Devers, Nike
 Collegiate: C 12.48 6/9/2006 Ginnie Powell, So. California
 Big South At: \$ 13.67 5/13/2007 LeAuna Sistrunk, Coastal Carolina
 Big South Mt: B 13.78 4/17/2009 LeAuna Sistrunk, Coastal Carolina
 Facility: F 14.06 3/10/2007 Danielle Mc Naney

Name	Year	School	Finals
=====			
Section 1 Finals Wind: -1.0			
1 Holmes, Rebecca	SR	Winthrop	13.90F
2 Gamble, Manika	SO	High Point	14.08
3 Charnuski, Olivia	SO	Liberty	14.24
4 Norman, Patria	SO	Charleston S	14.34
5 Oates, Sierrah	JR	Coastal Caro	14.69
6 Matthews, Krystle	JR	Liberty	14.75
7 Arango, Melissa	JR	Coastal Caro	14.83
8 Allicock, Kandisa	JR	Coastal Caro	14.89
9 Honor, Sharrone	FR	Winthrop	14.99

Women 400 Meter Hurdles

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9 Advance: Top 3 Each Heat plus Next 3 Best Times

World: W 52.34 8/8/2003 Yuliya Pechenkina, RUS
 American: U 52.61 8/11/1995 Kim Batten, Reebok
 Collegiate: C 53.54 6/12/2004 Sheenna Johnson, UCLA
 Big South At: \$ 58.56 4/2/2010 Manika Gamble, High Point
 Big South Mt: B 58.72 4/16/2005 Maurika Quarles, Radford
 Facility: F 59.99 4/17/2004 Maurika Quarles

Name	Year	School	Prelims
=====			
Heat 1 Preliminaries			
1 Odey, Amerikorie	SR	Charleston S	1:02.77Q
2 Sims, Melanie	SO	Liberty	1:02.92Q
3 Aghaji, Mia	SO	Liberty	1:04.44Q
4 Lonon, Erin	SO	High Point	1:05.32q
5 Issac, Shanace	SO	Coastal Caro	1:06.66q

6 Monroe, Cherise	SO Winthrop	1:08.15
7 Aiken, Felicia	SO Coastal Caro	1:09.09
Heat 2 Preliminaries		
1 Gamble, Manika	SO High Point	1:02.53Q
2 Charnuski, Olivia	SO Liberty	1:03.48Q
3 Mitchell, Christina	FR Liberty	1:06.34Q
4 Stafford, Whitney	FR Unc-Asheville	1:07.54q
5 Gabe, Kierra	SO Coastal Caro	1:11.09
6 Dove, Danielle	JR Va. Military	1:13.90
7 Ramirez, Estefania	FR Coastal Caro	1:16.49

Women 400 Meter Hurdles

World: W 52.34	8/8/2003	Yuliya Pechenkina, RUS
American: U 52.61	8/11/1995	Kim Batten, Reebok
Collegiate: C 53.54	6/12/2004	Sheenna Johnson, UCLA
Big South At: \$ 58.56	4/2/2010	Manika Gamble, High Point
Big South Mt: B 58.72	4/16/2005	Maurika Quarles, Radford
Facility: F 59.99	4/17/2004	Maurika Quarles
Name	Year School	Finals

Section 1 Finals

1 Gamble, Manika	SO High Point	59.62F
2 Charnuski, Olivia	SO Liberty	1:02.99
3 Sims, Melanie	SO Liberty	1:03.14
4 Odey, Amerikorie	SR Charleston S	1:03.15
5 Mitchell, Christina	FR Liberty	1:05.38
6 Stafford, Whitney	FR Unc-Asheville	1:06.27
7 Lonon, Erin	SO High Point	1:06.59
8 Issac, Shanace	SO Coastal Caro	1:07.50
9 Aghaji, Mia	SO Liberty	1:07.78

Women 3000 Meter Steeplechase

World: W 8:58.81	8/17/2008	Gulnara Galkina, RUS
American: U 9:12.50	8/17/2009	Jenny Barringer, Colorado
Collegiate: C 9:25.54	6/12/2009	Jenny Barringer, Colorado
Big South At: \$ 10:24.24	5/12/2006	Felicitas Mensing, Coastal Carolina
Big South Mt: B 10:39.24	4/21/2006	Felicitas Mensing, Coastal Carolina
Facility: F 10:48.74	4/16/2004	Danja Grandovec
Name	Year School	Finals

Section 1

1 Neal, Hailey	SO Liberty	11:01.57
2 Christian, Brittany	SR Radford	11:03.33
3 Winterink, Geneva	SR High Point	11:16.82
4 Fraser, Kelsey	SO High Point	11:50.09
5 Palka, Diana	JR Gardner-Webb	12:05.98
6 Guridy, Alicia	SO Liberty	12:07.51
7 Curtin, Joyce	JR Coastal Caro	12:11.79
8 Dennison, Jessica	FR Coastal Caro	12:34.95
9 Bowles, Taylor	FR Liberty	12:46.60
10 Hunt, Hannah	SO Liberty	12:47.72
11 Sawyer, Elisabeth	SO Gardner-Webb	12:55.33
12 Zenowitz, Kathryn	SR Coastal Caro	13:03.05
13 Hinchliffe, Kelsey	SO High Point	13:11.06
14 Koterba, Tori	SO Winthrop	13:12.62

Women 4x100 Meter Relay

World: W 41.37	10/6/1985	GDR, GDR
		Müller, Rieger, Auerswald, Gehr

American: U 41.47 8/9/1997 National Team, USA national team
 Gaines, Jones, Miller, Devers
 Collegiate: C 42.50 6/3/1989 LSU, LSU
 Stanley, Sowell, Sheffield, Jones
 Big South At: \$ 45.42 4/19/2008 Charleston Southern, Charleston Southern
 Gibson, Delamar, Morris, Thomas
 Big South Mt: B 45.42 4/19/2008 Charleston Southern, Charleston Southern
 Gibson, Delamar, Morris, Thomas
 Facility: F 46.42 4/17/2004 Winthrop
 School Finals

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1 Charleston Southern 'A' 45.74F
  1) Norman, Patria SO 2) Houston, Gabrielle SO
  3) Greer, Brittney JR 4) Thomas, Jessica SR
2 Coastal Carolina 'A' 46.06F
  1) Smalls, London FR 2) Brown, Ikeiyah SR
  3) Henley, Darriale SO 4) Simpson, Melekia FR
3 Liberty 'A' 46.72
  1) Sims, Melanie SO 2) Freeman, Chenoa SR
  3) Charnuski, Olivia SO 4) Pegues, Alyssa SO
4 Unc-Asheville 'A' 48.39
  1) Clodfelter, Ashlei FR 2) Pearson, Natalie SR
  3) Gentry, Sarah FR 4) Jones, Eureka FR
5 High Point 'A' 50.11
  1) Barnes, Gabrielle SO 2) Robinson, Lora SO
  3) Webb, Rachel JR 4) Lonon, Erin SO
6 Va. Military Institute 'A' 50.59
  1) McCann, Zipporah JR 2) Sing, Jennifer SO
  3) Dove, Danielle JR 4) Williams, Chandale SR
7 Radford 'A' 51.42
  1) Christian, Kayla FR 2) Whittaker, Britney JR
  3) Bond, Caronda SR 4) Noe, Lindsey SO
-- Gardner-Webb 'A' DNF
  1) Morgan, Kayla SR 2) Milton, Katy SO
  3) Wright, Bethany FR 4) Brigham, Aliegha JR
-- Winthrop 'A' DQ late ex @ zone 2
  1) Antia-Obong, Amami SR 2) James, Monique FR
  3) Honor, Sharrone FR 4) Holmes, Rebecca SR

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Women 4x400 Meter Relay

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World: W 3:15.17 10/1/1988 Soviet Union, URS
Ledovskaya, Nazarova, Pinigina, Bryzgina
American: U 3:15.51 10/1/1988 National Team, USA national team
Howard, Dixon, Brisco, Joyner
Collegiate: C 3:23.75 4/3/2004 Texas, Texas
Jones, McIntosh, Chapple, Richards
Big South At: $ 3:40.67 4/25/2009 Coastal Carolina, Coastal Carolina
Humphries, Jamison, White, Brown
Big South Mt: B 3:45.23 4/21/2007 Coastal Carolina, Coastal Carolina
I. Brown, E. Brown, Johnson, Leach
Facility: F 3:50.54 4/17/2004 Liberty
School Finals
=====
1 Winthrop 'A' 3:43.64B
  1) James, Monique FR 2) Antia-Obong, Amami SR
  3) Watson, Latasha JR 4) Robinson, Sasha JR
2 Coastal Carolina 'A' 3:44.57B
  1) Jamison, Santresa SO 2) Humphries, Vondeeshia JR
  3) Brown, Ikeiyah SR 4) Smith, Thomasena JR
3 Liberty 'A' 3:52.56
  1) Green, Aurielle FR 2) Burggraf, Meghan FR

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3) Sims, Melanie SO	4) Freeman, Chenoa SR	
4 Unc-Asheville 'A'		4:00.78
1) Gentry, Sarah FR	2) Jones, Eureka FR	
3) Stafford, Whitney FR	4) Kalmeijer, Alyska FR	
5 Radford 'A'		4:01.45
1) Whittaker, Britney JR	2) Tedesco, Cori SO	
3) Harris, Shanae JR	4) Wissler, Maggie FR	
6 High Point 'A'		4:01.94
1) Lonon, Erin SO	2) Gamble, Manika SO	
3) Webb, Rachel JR	4) Tobin, Emma FR	
7 Gardner-Webb 'A'		4:02.73
1) Wright, Bethany FR	2) Hughes, Ivana FR	
3) Richardson, Cherish SO	4) Steinke, Leah FR	
-- Charleston Southern 'A'		DNS
-- Va. Military Institute 'A'		DNS

Women High Jump

Starting Height is 1.46, increase by .5 cm

World: W 2.09m 8/30/1987 Stefka Kostadinova, BUL
 American: U 2.03m 7/8/1988 Louise Ritter, Mazda TC
 Collegiate: C 1.98m 5/19/1995 Acuff / Bergqvist/ Hooker, UCLA/ SMU/ Texas
 Big South At: \$ 1.78m 4/16/2005 Kena Butts, Liberty
 Big South Mt: B 1.78m 4/16/2005 Kena Butts, Liberty
 Facility: F 1.68m 4/17/2004 Coughlin/ Dawkins

Name	Year	School	Finals	
Flight 1				
1 Allicock, Kandisa	JR	Coastal Caro	1.66m	5-05.25
2 Fenske, Christina	SO	High Point	1.66m	5-05.25
2 Vaughn, Kaylor	SR	Radford	1.66m	5-05.25
4 Wheeler, Marianne	JR	Liberty	1.61m	5-03.25
4 Roseberry, Nikki	SR	Radford	1.61m	5-03.25
6 Herd, Sarah	SO	Gardner-Webb	1.61m	5-03.25
7 Mitchell, Christina	FR	Liberty	1.56m	5-01.25
7 Aghaji, Mia	SO	Liberty	1.56m	5-01.25
9 Trotter, Corrie	SR	Unc-Ashevill	1.56m	5-01.25
10 Haugland, Laura	JR	Liberty	1.56m	5-01.25
11 Casey, Sequoya	SO	Charleston S	1.56m	5-01.25
11 Gajoch, Kara	SO	Coastal Caro	1.56m	5-01.25
13 Terry, Mikaela	JR	Coastal Caro	1.46m	4-09.50
14 Barron, Jessica	FR	Radford	1.46m	4-09.50
-- Gabe, Kierra	SO	Coastal Caro		NH

Women Pole Vault

Starting height is 2.96, increase by 15 cm

World: W 5.06m 8/28/2009 Yelena Isinbayeva, RUS
 American: U 4.92m 7/6/2008 Jen Stuczynski, adidas
 Collegiate: C 4.60m 5/14/2006 Chelsea Johnson, UCLA
 Big South At: \$ 4.35m 6/9/2002 Andrea Wildrick, Liberty
 Big South Mt: B 4.10m 4/20/2002 Andrea Wildrick, Liberty
 Facility: F 3.96m 4/16/2004 Marlyn Testa

Name	Year	School	Finals	
1 Lawrence, Mary	SO	Coastal Caro	3.56m	11-08.00
2 Parker, Shelley	FR	Liberty	3.56m	11-08.00
3 Long, Carrie	SO	Gardner-Webb	3.41m	11-02.25
4 Collins, Kate	FR	Va. Military	3.41m	11-02.25
5 Starinshak, Jocelyn	FR	Coastal Caro	3.26m	10-08.25
6 Cook, Taylor	FR	Gardner-Webb	3.26m	10-08.25
7 Hudson, Erin	SR	Liberty	3.26m	10-08.25

8	Sing, Jennifer	SO Va. Military	3.26m	10-08.25
9	Bowman, Tara	SO Winthrop	3.11m	10-02.50
10	Tolsma, Tami	SO Liberty	3.11m	10-02.50
11	Wortham, Carrie	SO Va. Military	3.11m	10-02.50
12	Wright, Bethany	FR Gardner-Webb	2.96m	9-08.50
13	Noe, Lindsey	SO Radford	2.96m	9-08.50
14	Yeakley, Brooke	SO Gardner-Webb	2.96m	9-08.50
--	Webb, Rachel	JR High Point	NH	
--	Antor, Carli	SO High Point	NH	
--	Houseknecht, Rachel	SO Liberty	NH	
--	Barron, Jessica	FR Radford	NH	

Women Long Jump

=====			
World:	W 7.52m	6/11/1988	Galina Chistyakova, URS
American:	U 7.49m	5/22/1994	Jackie Joyner-Kersey, Honda
Collegiate:	C 6.99m	5/4/1985	Jackie Joyner-Kersey, UCLA
Big South At:	\$ 6.13m	4/21/2006	Chasity Johnson, Coastal Carolina
Big South Mt:	B 6.13m	4/21/2006	Chasity Johnson, Coastal Carolina
Facility:	F 5.83m	3/11/2005	Charlene Hibbert

Name	Year	School	Finals	Wind	
=====					
1	Norman, Patria	SO Charleston S	5.75m	+0.0	18-10.50
2	Henley, Darriale	SO Coastal Caro	5.68m	+0.0	18-07.75
3	Smith, Thomasena	JR Coastal Caro	5.46m	+0.0	17-11.00
4	Foster, Tamisha	FR Charleston S	5.25m	+0.0	17-02.75 5.21
5	Gabe, Kierra	SO Coastal Caro	5.25m	1.0	17-02.75 4.98
6	Christian, Kayla	FR Radford	5.01m	+0.0	16-05.25
7	McCann, Zipporah	JR Va. Military	4.99m	+0.0	16-04.50
8	Gilliam, Alexis	SO Winthrop	4.89m	+0.0	16-00.50
Flight 2					
1	Aghaji, Mia	SO Liberty	5.48m	2.0	17-11.75
2	Jones, Deona	FR Charleston S	5.43m	0.4	17-09.75
3	Matthews, Krystle	JR Liberty	5.42m	1.6	17-09.50
4	Sims, Melanie	SO Liberty	5.39m	1.7	17-08.25
5	Casey, Sequoya	SO Charleston S	5.37m	+0.0	17-07.50 5.34
6	Pegues, Alyssa	SO Liberty	5.37m	1.0	17-07.50 5.29
7	Abdullah, Mariam	SO Winthrop	5.26m	1.2	17-03.25
8	Oates, Sierrah	JR Coastal Caro	5.05m	1.1	16-07.00

Women Triple Jump

=====			
World:	W 15.50m	8/10/1995	Inessa Kravets, UKR
American:	U 14.45m	7/11/2004	Tiomb Hurd, Nike
Collegiate:	C 14.05m	1999	Stacey Bowers, Baylor
Big South At:	\$ 13.10m	3/18/2006	Chasity Johnson, Coastal Carolina
Big South Mt:	B 12.75m	4/16/2005	Chasity Johnson, Coastal Carolina
Facility:	F 12.24m	3/17/2004	Chasty Johnson

Name	Year	School	Finals	Wind	
=====					
Flight 1					
1	Aghaji, Mia	SO Liberty	11.81m	2.3	38-09.00
2	Pegues, Alyssa	SO Liberty	11.65m	3.9	38-02.75
3	Gabe, Kierra	SO Coastal Caro	11.64m	1.9	38-02.25
4	Foster, Tamisha	FR Charleston S	11.63m	1.5	38-02.00
5	Arango, Melissa	JR Coastal Caro	11.37m	4.8	37-03.75
6	Vaughn, Kaylor	SR Radford	11.21m	3.2	36-09.50
7	Abdullah, Mariam	SO Winthrop	11.19m	2.2	36-08.50
8	Crawford, Kristen	SO Coastal Caro	10.81m	0.1	35-05.75
9	Clodfelter, Ashlei	FR Unc-Asheville	10.80m	2.8	35-05.25
10	Young, Sarah	SR Winthrop	10.78m	2.9	35-04.50
11	Jones, Deona	FR Charleston S	10.72m	2.7	35-02.00

11 Smith, Thomasena	JR Coastal Caro	10.72m	0.3	35-02.00
13 Casey, Sequoya	SO Charleston S	10.69m	3.8	35-01.00
-- Gilliam, Alexis	SO Winthrop			FOUL

Women Shot Put

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World: W 22.63m 6/7/1987 Natalya Lisovskaya, URS
American: U 20.18m 6/25/1988 Ramona Pagel, Mazda TC
Collegiate: C 18.99m 1983 Meg Ritchie, Arizona
Big South At: $ 15.56m 4/20/2007 Tiffany Evans, Radford
Big South Mt: B 15.56m 4/20/2007 Tiffany Evans, Radford
Facility: F 14.43m 4/17/2004 Mildred Cooper

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Name	Year	School	Finals	
=====				
1 Penick, Kori	FR	Charleston S	12.68m	41-07.25
2 Veatch, Aimee	SO	Radford	12.42m	40-09.00
3 Habersham, Tia	JR	Charleston S	10.99m	36-00.75
4 Hunt, Joy	JR	High Point	10.72m	35-02.00
5 Chick, Khristina	FR	Unc-Asheville	10.43m	34-02.75
6 White, Tenasia	FR	Coastal Caro	10.29m	33-09.25
7 Pina, Lynee	FR	High Point	10.09m	33-01.25
8 Pineda, Rebekah	SO	Unc-Asheville	9.77m	32-00.75
9 Wilkinson, Ebony	FR	Winthrop	9.71m	31-10.25

Flight 2

1 Connor, Brittany	JR	Coastal Caro	12.93m	42-05.25
2 Howard, Ashley	SR	Winthrop	12.73m	41-09.25
3 Alexander, Ashlei	FR	Gardner-Webb	12.62m	41-05.00
4 Norman, Patria	SO	Charleston S	12.54m	41-01.75
5 Patterson, Shantelle	SO	Coastal Caro	12.15m	39-10.50
6 Boatman, Kara	JR	High Point	11.20m	36-09.00
7 Bendik, Melinda	JR	Liberty	11.12m	36-05.75
8 Nicholson, Anjulia	FR	Coastal Caro	10.96m	35-11.50
9 Guerra, Breeann	FR	Charleston S	10.94m	35-10.75
10 Lee, Yazzming	FR	Gardner-Webb	10.49m	34-05.00

Women Discus Throw

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World: W 76.80m 7/9/1988 Gabriele Reinsch, GDR
American: U 67.67m 3/14/2007 Suzy Powell, Asics
Collegiate: C 67.48m 4/26/1981 Meg Ritchie, Arizona
Big South At: $ 50.75m 3/25/2010 Ashley Howard, Winthrop
Big South Mt: B 49.59m 4/19/2008 Ashley Howard, Winthrop
Facility: F 46.89m 4/16/2004 Amber Campbell

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Name	Year	School	Finals	
=====				
Flight 1				
1 Pineda, Emily	SO	Unc-Asheville	35.43m	116-03
2 Hunt, Joy	JR	High Point	34.63m	113-07
3 Carbo, Rebecca	JR	Radford	34.30m	112-06
4 Harris, Aquisi	JR	Va. Military	34.08m	111-10
5 Pineda, Rebekah	SO	Unc-Asheville	33.43m	109-08
6 Alexander, Ashlei	FR	Gardner-Webb	33.36m	109-05
7 Habersham, Tia	JR	Charleston S	32.49m	106-07
8 Anderson, Kendra	FR	Winthrop	30.62m	100-05
9 McCusker, Kelsey	FR	Va. Military	27.90m	91-06

Flight 2

1 Connor, Brittany	JR	Coastal Caro	47.47mF	155-09
2 Howard, Ashley	SR	Winthrop	46.80m	153-06
3 White, Tenasia	FR	Coastal Caro	43.55m	142-10
4 Nicholson, Anjulia	FR	Coastal Caro	43.07m	141-04
5 Bendik, Melinda	JR	Liberty	42.86m	140-07
6 Guerra, Breeann	FR	Charleston S	38.62m	126-08

7 Veatch, Aimee	SO Radford	38.40m	126-00
8 Pina, Lynee	FR High Point	37.76m	123-11
9 Thompson, Brie	SR Gardner-Webb	37.68m	123-07

Women Hammer Throw

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World: W 77.96m 8/22/2009 Anita Wlodarczyk, POL
American: U 73.87m 6/25/2005 Erin Gilreath, NYAC
Collegiate: C 72.94m 4/13/2007 Jenny Dahlgren, Georgia
Big South At: $ 67.24m 4/17/2004 Amber Campbell, Coastal Carolina
Big South Mt: B 67.24m 4/17/2004 Amber Campbell, Coastal Carolina
Facility: F 65.69m 4/15/2004 Amber Campbell

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Name	Year	School	Finals	
=====				
Flight 1				
1 Habersham, Tia	JR	Charleston S	45.15m	148-01
2 Sims, Shakina	SR	Liberty	39.68m	130-02
3 McCusker, Kelsey	FR	Va. Military	37.12m	121-09
4 Guerra, Breeann	FR	Charleston S	36.79m	120-08
5 Baird, Michele	SR	Radford	34.59m	113-06
6 Wright, Bethany	FR	Gardner-Webb	30.67m	100-07
7 Anderson, Kendra	FR	Winthrop	25.09m	82-04
-- Chick, Khristina	FR	Unc-Asheville	FOUL	
-- Pineda, Rebekah	SO	Unc-Asheville	FOUL	
-- Resetar, Laura	JR	Va. Military	DNS	

Flight 2					
1 Veatch, Aimee	SO	Radford	58.07m	190-06	
2 Bendik, Melinda	JR	Liberty	54.50m	178-10	52.40
3 Connor, Brittany	JR	Coastal Caro	54.50m	178-10	52.29
4 Howard, Ashley	SR	Winthrop	50.02m	164-01	
5 Thompson, Brie	SR	Gardner-Webb	49.01m	160-09	
6 Callan, Robin	SO	Coastal Caro	45.82m	150-04	
7 Alexander, Ashlei	FR	Gardner-Webb	45.32m	148-08	
8 White, Tenasia	FR	Coastal Caro	43.87m	143-11	
9 Carbo, Rebecca	JR	Radford	38.67m	126-10	
10 Harris, Aquisi	JR	Va. Military	38.17m	125-03	
-- Patterson, Shantelle	SO	Coastal Caro	FOUL		

Women Javelin Throw

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World: W 72.28m 9/13/2008 Barbora Potkova, CZE
American: U 64.19m 5/16/2007 Kim Kreiner, Nike
Collegiate: C 61.82m 6/13/2003 Irina Kharun, Indiana
Big South At: $ 45.86m 4/17/2004 Dana Sizemore, Coastal Carolina
Big South Mt: B 45.86m 4/17/2004 Dana Sizemore, Coastal Carolina
Facility: F 45.86m 4/17/2004 Dana Sizemore

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Name	Year	School	Finals	
=====				
Flight 1				
1 Matthews, Krystle	JR	Liberty	39.30m	128-11
2 Clodfelter, Ashlei	FR	Unc-Asheville	38.62m	126-08
3 Mitchell, Christina	FR	Liberty	37.40m	122-08
4 Pina, Lynee	FR	High Point	31.29m	102-08
5 Lamneck, Kate	SR	Va. Military	30.52m	100-01
6 Esden, Grace	SO	Liberty	28.04m	92-00
7 Anderson, Claire	JR	Unc-Asheville	27.93m	91-08
8 Baird, Michele	SR	Radford	26.36m	86-06
Flight 2				
1 Mattern, Deborah	JR	Coastal Caro	44.64m	146-05
2 Lupo, Caitlin	JR	Coastal Caro	42.16m	138-04
3 Arledge, Caroline	SO	Gardner-Webb	38.06m	124-10
4 Garrity, Bridget	JR	Coastal Caro	37.47m	122-11

5	Donnelly, Amber	SR High Point	36.83m	120-10
6	Hackemeyer, Hope	JR Va. Military	36.12m	118-06
7	Feole, Michelle	SR Va. Military	35.31m	115-10
8	Harrison, Katlin	SO Va. Military	31.48m	103-03

Heptathlon: #4 Women 200 Meter Dash

=====				
Name	Year	School	Finals	Points
=====				
Section 1 Wind: 3.5				
1	Antia-Obong, Amami	SR Winthrop	24.85	901
2	Matthews, Krystle	JR Liberty	25.95	802
3	Futrell, Channell	JR Charleston S	26.77	731
4	Bingham, Brittany	FR Liberty	27.55	667
5	McCann, Zipporah	JR Va. Military	27.69	655
6	Lee, Yazzming	FR Gardner-Webb	29.21	539
Section 2 Wind: 2.4				
1	Norman, Patria	SO Charleston S	25.22	867
2	Mitchell, Christina	FR Liberty	26.67	740
3	Barnes, Gabrielle	SO High Point	26.95	716
4	Kazmierczak, Jenna	FR Coastal Caro	27.81	646
5	Terry, Mikaela	JR Coastal Caro	28.15	619
6	Decker, Ellynn	FR Charleston S	29.62	509

Heptathlon: #7 Women 800 Meter Run

=====				
Name	Year	School	Finals	Points
=====				
Section 1				
1	Antia-Obong, Amami	SR Winthrop	2:30.08	692
2	Futrell, Channell	JR Charleston S	2:30.20	690
3	Terry, Mikaela	JR Coastal Caro	2:35.55	625
4	Mitchell, Christina	FR Liberty	2:37.64	600
5	Kazmierczak, Jenna	FR Coastal Caro	2:41.84	552
6	Matthews, Krystle	JR Liberty	2:42.15	548
7	Bingham, Brittany	FR Liberty	2:45.76	509
8	Barnes, Gabrielle	SO High Point	2:48.10	484
9	Lee, Yazzming	FR Gardner-Webb	2:50.12	462
10	Norman, Patria	SO Charleston S	2:53.61	427
11	McCann, Zipporah	JR Va. Military	2:55.01	413
--	Decker, Ellynn	FR Charleston S	DNS	

Heptathlon: #1 Women 100 Meter Hurdles

=====				
Name	Year	School	Finals	Points
=====				
Section 1 Wind: 1.7				
1	Antia-Obong, Amami	SR Winthrop	14.19	952
2	Matthews, Krystle	JR Liberty	14.64	890
3	Futrell, Channell	JR Charleston S	14.92	852
4	Mitchell, Christina	FR Liberty	15.28	805
5	Barnes, Gabrielle	SO High Point	16.24	685
6	Terry, Mikaela	JR Coastal Caro	16.97	600
Section 2 Wind: 1.4				
1	Norman, Patria	SO Charleston S	14.40	923
2	McCann, Zipporah	JR Va. Military	15.44	784
3	Kazmierczak, Jenna	FR Coastal Caro	16.16	695
4	Lee, Yazzming	FR Gardner-Webb	17.16	579
5	Bingham, Brittany	FR Liberty	17.47	544
6	Decker, Ellynn	FR Charleston S	19.36	357

Heptathlon: #2 Women High Jump

Name	Year	School	Finals	Points
Flight 1				
1 Mitchell, Christina	FR	Liberty	1.65m	5-05.00 795
2 Matthews, Krystle	JR	Liberty	1.56m	5-01.25 689
2 Norman, Patria	SO	Charleston S	1.56m	5-01.25 689
4 Terry, Mikaela	JR	Coastal Caro	1.53m	5-00.25 655
5 Futrell, Channell	JR	Charleston S	1.50m	4-11.00 621
5 McCann, Zipporah	JR	Va. Military	1.50m	4-11.00 621
7 Barnes, Gabrielle	SO	High Point	1.47m	4-09.75 588
8 Antia-Obong, Amami	SR	Winthrop	1.44m	4-08.75 555
8 Decker, Ellynn	FR	Charleston S	1.44m	4-08.75 555
8 Bingham, Brittany	FR	Liberty	1.44m	4-08.75 555
11 Kazmierczak, Jenna	FR	Coastal Caro	1.38m	4-06.25 491
12 Lee, Yazzming	FR	Gardner-Webb	1.35m	4-05.00 460

Heptathlon: #5 Women Long Jump

Name	Year	School	Finals	Wind	Points
1 Matthews, Krystle	JR	Liberty	5.52m	-0.1 18-01.50	706
2 McCann, Zipporah	JR	Va. Military	5.51m	2.4 18-01.00	703
3 Futrell, Channell	JR	Charleston S	5.37m	1.5 17-07.50	663
4 Mitchell, Christina	FR	Liberty	5.30m	1.4 17-04.75	643
5 Antia-Obong, Amami	SR	Winthrop	5.29m	0.7 17-04.25	640
6 Kazmierczak, Jenna	FR	Coastal Caro	4.99m	1.4 16-04.50	557
7 Barnes, Gabrielle	SO	High Point	4.78m	0.1 15-08.25	500
8 Lee, Yazzming	FR	Gardner-Webb	4.62m	0.1 15-02.00	459
9 Terry, Mikaela	JR	Coastal Caro	4.60m	1.0 15-01.25	454
10 Decker, Ellynn	FR	Charleston S	4.45m	1.6 14-07.25	416
11 Bingham, Brittany	FR	Liberty	4.38m	+0.0 14-04.50	398
-- Norman, Patria	SO	Charleston S	FOUL		

Heptathlon: #3 Women Shot Put

Name	Year	School	Finals	Points
1 Norman, Patria	SO	Charleston S	11.94m	39-02.25 657
2 Lee, Yazzming	FR	Gardner-Webb	10.91m	35-09.50 589
3 Mitchell, Christina	FR	Liberty	10.80m	35-05.25 582
4 Antia-Obong, Amami	SR	Winthrop	10.21m	33-06.00 543
5 Matthews, Krystle	JR	Liberty	9.54m	31-03.75 499
6 Barnes, Gabrielle	SO	High Point	9.50m	31-02.00 497
7 McCann, Zipporah	JR	Va. Military	8.94m	29-04.00 460
8 Futrell, Channell	JR	Charleston S	8.70m	28-06.50 445
9 Terry, Mikaela	JR	Coastal Caro	8.61m	28-03.00 439
10 Kazmierczak, Jenna	FR	Coastal Caro	8.48m	27-10.00 430
11 Bingham, Brittany	FR	Liberty	7.98m	26-02.25 398
12 Decker, Ellynn	FR	Charleston S	6.81m	22-04.25 323

Heptathlon: #6 Women Javelin Throw

Name	Year	School	Finals	Points
1 Matthews, Krystle	JR	Liberty	35.10m	115-02 574
2 Futrell, Channell	JR	Charleston S	34.33m	112-07 559
3 Kazmierczak, Jenna	FR	Coastal Caro	33.39m	109-06 541
4 Mitchell, Christina	FR	Liberty	30.72m	100-09 490
5 Barnes, Gabrielle	SO	High Point	28.78m	94-05 454
6 Norman, Patria	SO	Charleston S	27.57m	90-05 431
7 Lee, Yazzming	FR	Gardner-Webb	22.47m	73-09 335

8	Bingham, Brittany	FR Liberty	22.35m	73-04	333
9	Terry, Mikaela	JR Coastal Caro	21.06m	69-01	309
10	Antia-Obong, Amami	SR Winthrop	19.22m	63-01	274
11	McCann, Zipporah	JR Va. Military	18.33m	60-02	258
--	Decker, Ellynn	FR Charleston S	FOUL		

Women Heptathlon

=====					
World:	W	7291	9/24/1988	Jackie Joyner-Kersey, USA	
American:	U	7291	9/24/1988	Jackie Joyner-Kersey, World Class AC	
Collegiate:	C	6527	6/3/1995	Diane Guthrie-Gresham, George Mason	
Big South At:	\$	5504	4/27/2005	Danielle McNaney, Liberty	
Big South Mt:	B	4760	4/17/2009	Marie Williams, Liberty	
	Name		Year School		Finals
=====					
1	Matthews, Krystle	JR Liberty			4708
2	Mitchell, Christina	FR Liberty			4655
3	Futrell, Channell	JR Charleston S			4561
4	Antia-Obong, Amami	SR Winthrop			4557
5	Norman, Patria	SO Charleston S			3994
6	Barnes, Gabrielle	SO High Point			3924
7	Kazmierczak, Jenna	FR Coastal Caro			3912
8	McCann, Zipporah	JR Va. Military			3894
9	Terry, Mikaela	JR Coastal Caro			3701
10	Lee, Yazzming	FR Gardner-Webb			3423
11	Bingham, Brittany	FR Liberty			3404

Men 100 Meter Dash

=====					
9	Advance:	Top 2 Each Heat plus	Next 3 Best Times		
	World:	W	9.58	8/16/2009	Usain Bolt, JAM
	American:	U	9.69	9/20/2009	Tyson Gay, adidas
	Collegiate:	C	9.92	6/1/1996	Ato Boldon, UCLA
	Big South At:	\$	10.17	4/2/2010	Javon Young, Charleston Southern
	Big South Mt:	B	10.32	4/20/1996	Pete McFadden, Liberty
	Facility:	F	10.63	3/2/2010	Paul Vince Obuon
	Name		Year School		Prelims
=====					
Heat 1	Preliminaries	Wind:	2.6		
1	Young, Javon	SO Charleston S			10.29Q
2	Spruel, Roderick	FR Liberty			10.71Q
3	Edlich, Ryan	JR Coastal Caro			10.75q 10.748
4	Jameson, Corey	JR Coastal Caro			10.79
5	Vassell, Oronde	SR Liberty			10.80
6	Merritt, Codi	FR Gardner-Webb			11.31
7	Fuller, Chase	FR Gardner-Webb			11.55
Heat 2	Preliminaries	Wind:	2.5		
1	Spreads, Dantwan	FR Charleston S			10.52Q
2	Steed, Lenoard	JR Coastal Caro			10.64Q
3	Bailey, Jacey	JR Liberty			10.65q
4	Miller, Bo	FR Gardner-Webb			10.86
5	Yarbrough, Jordan	FR Unc-Ashevill			11.09
6	Lewis, Austin	FR Va. Military			11.27
7	Gant, Nate	FR Va. Military			13.07
Heat 3	Preliminaries	Wind:	1.9		
1	Schoultz, Marcus	FR Charleston S			10.73Q
2	Ward, Anthony	SO Charleston S			10.74Q
3	Conaway, Justin	JR High Point			10.75q 10.744
4	Alexander, James	JR Va. Military			10.82
5	Lawson, Christopher	SO Coastal Caro			10.87
6	Urrutia, Raymond	FR Unc-Ashevill			11.15

Men 100 Meter Dash

```

=====
World: W 9.58 8/16/2009 Usain Bolt, JAM
American: U 9.69 9/20/2009 Tyson Gay, adidas
Collegiate: C 9.92 6/1/1996 Ato Boldon, UCLA
Big South At: $ 10.17 4/2/2010 Javon Young, Charleston Southern
Big South Mt: B 10.32 4/20/1996 Pete McFadden, Liberty
Facility: F 10.63 3/2/2010 Paul Vince Obuon
Name Year School Finals
=====

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Section 1 Finals Wind: 0.5

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1 Young, Javon SO Charleston S 10.23B
2 Spreads, Dantwan FR Charleston S 10.51F
3 Steed, Lenoard JR Coastal Caro 10.69
4 Edlich, Ryan JR Coastal Caro 10.77
5 Conaway, Justin JR High Point 10.80
6 Spruel, Roderick FR Liberty 10.81
7 Schoultz, Marcus FR Charleston S 10.83
8 Ward, Anthony SO Charleston S 10.87
-- Bailey, Jacey JR Liberty FS

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Men 200 Meter Dash

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=====
9 Advance: Top 2 Each Heat plus Next 3 Best Times
World: W 19.19 8/20/2009 Usain Bolt, JAM
American: U 19.32 8/1/1996 Michael Johnson, Nike
Collegiate: C 19.69 5/25/2007 Walter Dix, Florida State
Big South At: $ 20.64 4/2/2010 Javon Young, Charleston Southern
Big South Mt: B 20.73 4/23/2006 Nathan Breland, Charleston Southern
Facility: F 20.90 3/13/2004 Jordn Vaden
Name Year School Prelims
=====

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Heat 1 Preliminaries Wind: 2.5

```

1 Bailey, Jacey JR Liberty 21.48Q
2 Alexander, James JR Va. Military 21.51Q
3 St. Bernard, Jerome SR Coastal Caro 21.80
4 Spruel, Roderick FR Liberty 22.05
5 Washington, Andre FR Liberty 22.23
6 Conaway, Justin JR High Point 22.36

```

Heat 2 Preliminaries Wind: 3.0

```

1 Young, Javon SO Charleston S 20.98Q
2 Spreads, Dantwan FR Charleston S 21.36Q
3 Jones, Olajuwon SR Radford 21.42q
4 Cuffee, Austin FR Radford 21.52q
5 Edlich, Ryan JR Coastal Caro 21.65q
6 Lawson, Christopher SO Coastal Caro 21.75
7 Vassell, Oronde SR Liberty 21.85

```

Heat 3 Preliminaries Wind: 3.4

```

1 Brooks, Levi SR Charleston S 21.18Q
2 Kelso, Raschad JR Radford 21.30Q
3 Ward, Anthony SO Charleston S 21.76
4 Levy, Alex SR Coastal Caro 21.91
5 Urrutia, Raymond FR Unc-Asheville 22.13
6 Yarbrough, Jordan FR Unc-Asheville 22.62

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Men 200 Meter Dash

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=====
World: W 19.19 8/20/2009 Usain Bolt, JAM
American: U 19.32 8/1/1996 Michael Johnson, Nike
Collegiate: C 19.69 5/25/2007 Walter Dix, Florida State
Big South At: $ 20.64 4/2/2010 Javon Young, Charleston Southern
Big South Mt: B 20.73 4/23/2006 Nathan Breland, Charleston Southern

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Facility: F 20.90 3/13/2004 Jordn Vaden

Name	Year	School	Finals
=====			
Section 1 Finals	Wind: -0.2		
1 Spreads, Dantwan	FR	Charleston S	21.04
2 Alexander, James	JR	Va. Military	21.52
3 Cuffee, Austin	FR	Radford	21.55
4 Bailey, Jacey	JR	Liberty	21.57
5 Jones, Olajuwon	SR	Radford	21.67
6 Edlich, Ryan	JR	Coastal Caro	21.81
7 Kelso, Raschad	JR	Radford	32.12
-- Young, Javon	SO	Charleston S	FS
-- Brooks, Levi	SR	Charleston S	DNF

Men 400 Meter Dash

=====			
9 Advance: Top 3 Each Heat plus	Next 3 Best Times		
World: W 43.18	8/26/1999	Michael Johnson, USA	
American: U 43.18	8/26/1999	Michael Johnson, Nike	
Collegiate: C 44.00	6/6/1992	Quincy Watts, So. California	
Big South At: \$ 45.59	3/1/2001	Michael Decker, Liberty	
Big South Mt: B 46.23	4/17/1999	Michael Decker, Liberty	
Facility: F 47.05	3/11/2006	Michael Rhue	

Name	Year	School	Prelims
=====			
Heat 1 Preliminaries			
1 Jones, Olajuwon	SR	Radford	48.20Q
2 Washington, Andre	FR	Liberty	48.51Q
3 Wynder, Jordan	SR	Radford	48.93Q
4 Tymczak, Darren	SO	Coastal Caro	50.48q
5 Owens, Travis	JR	Coastal Caro	51.28
6 Cuffee, Austin	FR	Radford	51.72
Heat 2 Preliminaries			
1 Brooks, Levi	SR	Charleston S	48.46Q
2 White, Kaise	FR	Radford	49.11Q
3 Brunson, Stevie	FR	Coastal Caro	49.90Q
4 Allen, Lavon	SO	Charleston S	50.17q
5 Thompson, Juan	SO	Charleston S	50.63q
6 Bonnot, Sebastien	SO	High Point	51.68
7 Best, Chris	SO	Liberty	52.31

Men 400 Meter Dash

=====			
World: W 43.18	8/26/1999	Michael Johnson, USA	
American: U 43.18	8/26/1999	Michael Johnson, Nike	
Collegiate: C 44.00	6/6/1992	Quincy Watts, So. California	
Big South At: \$ 45.59	3/1/2001	Michael Decker, Liberty	
Big South Mt: B 46.23	4/17/1999	Michael Decker, Liberty	
Facility: F 47.05	3/11/2006	Michael Rhue	

Name	Year	School	Finals
=====			
Section 1 Finals			
1 Brooks, Levi	SR	Charleston S	47.04F
2 Jones, Olajuwon	SR	Radford	47.21
3 White, Kaise	FR	Radford	48.24
4 Washington, Andre	FR	Liberty	48.42
5 Thompson, Juan	SO	Charleston S	48.87
6 Wynder, Jordan	SR	Radford	49.06
7 Brunson, Stevie	FR	Coastal Caro	49.43
8 Allen, Lavon	SO	Charleston S	49.87
9 Tymczak, Darren	SO	Coastal Caro	51.25

Men 800 Meter Run

```

=====
9 Advance:  Top 2 Each Heat plus Next 3 Best Times
      World: W 1:41.11  8/24/1997  Wilson Kipketer, DEN
      American: U 1:42.60  8/28/1985  Johnny Gray, Santa Monica TC
      Collegiate: C 1:44.55  5/4/1996  Julius Achon, George Mason
Big South At: $ 1:46.75  5/31/2008  Felix Kitur, V.M.I.
Big South Mt: B 1:50.83  4/18/2008  Matt Elliot, Winthrop
      Facility: F 1:52.32  4/17/2004  Gora Nava

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Name                      Year School                      Prelims
=====

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Heat 1 Preliminaries

```

1 Wendland, Isaac          SO Liberty                      1:54.03Q
2 Morgan, Josh             SR High Point                   1:54.12Q
3 Stanton-Brooks, Josiah  FR Gardner-Webb                1:55.09q
4 Gonsalves, Dean         JR Va. Military                 1:55.83
5 Steinke, Charlie        SR Gardner-Webb                1:57.23
6 Cashman, Josh           SR High Point                   1:57.82
7 Arslain, Paul           FR Liberty                      1:58.65
-- Murray, Chris          FR Unc-Asheville               DNS

```

Heat 2 Preliminaries

```

1 Maynard, Sam            SO Unc-Asheville               1:53.93Q
2 Leroux, Adam            SO Winthrop                    1:54.37Q
3 Williams, Jarod        FR Coastal Caro                1:54.41q
4 Bright, Jordan          SO Liberty                      1:55.10
5 Slan, Steven            JR Charleston S                1:58.18
6 McCarthy, Jamie        SR Coastal Caro                1:58.66
7 Mendez, Christian      SO Coastal Caro                2:05.75
-- Cole, Justin           JR Gardner-Webb                DNS

```

Heat 3 Preliminaries

```

1 Kitur, Felix            JR Va. Military                 B 1:49.76Q
2 Hall, Drew              FR Radford                     1:53.65Q
3 Chirchir, Eliud        JR Unc-Asheville               1:54.52q
4 Grove, Corey            JR High Point                   1:57.12
5 Thorpe, Jason           FR Va. Military                 1:57.81
6 Jackson, Jonathan      JR Va. Military                 1:59.29
7 Harris, Brandon        SR Charleston S                2:01.12

```

Men 800 Meter Run

```

=====
      World: W 1:41.11  8/24/1997  Wilson Kipketer, DEN
      American: U 1:42.60  8/28/1985  Johnny Gray, Santa Monica TC
      Collegiate: C 1:44.55  5/4/1996  Julius Achon, George Mason
Big South At: $ 1:46.75  5/31/2008  Felix Kitur, V.M.I.
Big South Mt: B 1:50.83  4/18/2008  Matt Elliot, Winthrop
      Facility: F 1:52.32  4/17/2004  Gora Nava

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Name                      Year School                      Finals
=====

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Section 1 Finals

```

1 Kitur, Felix            JR Va. Military                 1:49.62B
2 Wendland, Isaac        SO Liberty                      1:52.87
3 Maynard, Sam           SO Unc-Asheville               1:53.09
4 Morgan, Josh           SR High Point                   1:53.10
5 Stanton-Brooks, Josiah FR Gardner-Webb                1:54.19
6 Leroux, Adam           SO Winthrop                    1:54.40
7 Chirchir, Eliud        JR Unc-Asheville               1:54.94
-- Hall, Drew            FR Radford                      DNF
-- Williams, Jarod       FR Coastal Caro                DQ  obstruction

```

Men 1500 Meter Run

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=====
12 Advance:  Top 5 Each Heat plus Next 2 Best Times

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World: W 3:26.00 7/14/1998 Hicham El Guerrouj, MAR
 American: U 3:29.30 8/28/2005 Bernard Lagat, Nike
 Collegiate: C 3:35.30 6/6/1981 Sydney Maree, Villanova
 Big South At: \$ 3:43.99 3/13/2005 Taylor Milne, High Point
 Big South Mt: B 3:45.01 4/21/2006 Josh McDougal, Liberty
 Facility: F 3:52.11 4/17/2004 Gora Nava

Name	Year	School	Prelims
=====			
Heat 1 Preliminaries			
1 Chirchir, Eliud	JR	Unc-Asheville	3:59.00Q
2 Monds, Jevin	JR	High Point	4:00.75Q
3 Kling, Kyle	SO	Coastal Caro	4:00.88Q
4 Hacker, Max	SR	Coastal Caro	4:01.18Q
5 Gonsalves, Dean	JR	Va. Military	4:01.79Q
6 Reeves, Wil	SO	Liberty	4:09.34
7 Bisson, Shaun	FR	Charleston S	4:16.88
8 Flinchim, Dane	FR	Winthrop	4:22.75
Heat 2 Preliminaries			
1 Morgan, Josh	SR	High Point	3:59.28Q
2 Maynard, Sam	SO	Unc-Asheville	3:59.29Q
3 Mujezinovic, Ermin	SO	Va. Military	3:59.45Q
3 Peachee, Dakota	FR	High Point	3:59.45Q
5 Lopez, Carlos	JR	Unc-Asheville	4:00.51Q
6 Thorpe, Jason	FR	Va. Military	4:01.27q
7 Kelly, Nick	SO	Gardner-Webb	4:02.01q
8 Adams, Eric	JR	Radford	4:14.20

Men 1500 Meter Run

Name	Year	School	Finals
=====			
World: W 3:26.00 7/14/1998 Hicham El Guerrouj, MAR			
American: U 3:29.30 8/28/2005 Bernard Lagat, Nike			
Collegiate: C 3:35.30 6/6/1981 Sydney Maree, Villanova			
Big South At: \$ 3:43.99 3/13/2005 Taylor Milne, High Point			
Big South Mt: B 3:45.01 4/21/2006 Josh McDougal, Liberty			
Facility: F 3:52.11 4/17/2004 Gora Nava			

Section 1 Finals

1 Kling, Kyle	SO	Coastal Caro	3:52.47
2 Morgan, Josh	SR	High Point	3:52.48
3 Monds, Jevin	JR	High Point	3:54.34
4 Maynard, Sam	SO	Unc-Asheville	3:56.14
5 Chirchir, Eliud	JR	Unc-Asheville	3:56.65
6 Peachee, Dakota	FR	High Point	3:58.58
7 Mujezinovic, Ermin	SO	Va. Military	3:58.99
8 Lopez, Carlos	JR	Unc-Asheville	4:00.05
9 Kelly, Nick	SO	Gardner-Webb	4:00.47
10 Gonsalves, Dean	JR	Va. Military	4:00.89
11 Hacker, Max	SR	Coastal Caro	4:03.49
12 Thorpe, Jason	FR	Va. Military	4:03.58

Men 5000 Meter Run

Name	Year	School	Finals
=====			
World: W 12:37.35 5/31/2004 Kenenisa Bekele, ETH			
American: U 12:56.27 8/28/2009 Dathan Ritzenhein, Nike			
Collegiate: C 13:08.4h 4/8/1978 Henry Rono, Washington Sate			
Big South At: \$ 13:20.43 4/13/2007 Josh McDougal, Liberty			
Big South Mt: B 14:01.89 4/17/2009 Sam Chelanga, Liberty			
Facility: F 14:44.92 4/17/2004 Terah Kipchris			

Section 1

1 Kigen, Evans	JR Liberty	14:34.66F
2 Cherry, Jesse	SR High Point	15:12.93
3 Atkins, Cole	SR High Point	15:13.28
4 Darmody, Neal	SO High Point	15:14.08
5 McGinn, Ian	FR Va. Military	15:33.04
6 Satterwhite, Matt	SR Va. Military	15:33.33
7 King, Andrew	SR Charleston S	15:35.02
8 Freudenthal, Adam	SO Winthrop	15:37.06
9 Sagar, Matt	SR Va. Military	15:38.10
10 McCarthy, Jamie	SR Coastal Caro	15:41.36
11 Hacker, Max	SR Coastal Caro	15:50.55
12 Fitzsimmons, AJ	FR Winthrop	15:57.97
13 Kling, Kyle	SO Coastal Caro	16:07.36
14 Barringer, John	JR Unc-Ashevill	16:07.99
15 Cox, Ryan	SO Liberty	16:11.54
16 Williams, Jarod	FR Coastal Caro	16:21.71
17 Ali, Mike	SO High Point	16:53.13
18 Carufe, Kyle	SO Winthrop	16:57.21
19 Keltner, Sam	FR Radford	17:09.76
20 Schnapp, Adam	SO Unc-Ashevill	17:27.04
21 Witt, Colby	FR Gardner-Webb	18:09.86
-- Kelly, Nick	SO Gardner-Webb	DNF
-- Hoyle, Jake	SO Gardner-Webb	DNF
-- Rankin, Kent	SO Unc-Ashevill	DNF
-- Chelanga, Sam	JR Liberty	DNS
-- Edmonds, Josh	SR Liberty	DNS

Men 10000 Meter Run

World: W 26:17.53	8/26/2005	Kenenisa Bekele, ETH
American: U 27:13.98	5/4/2001	Meb Keflezighi, Nike
Collegiate: C 27:28.48	4/24/2007	Sam Chelanga, Liberty
Big South At: \$ 27:28.48	4/24/2009	Sam Chelanga, Liberty
Big South Mt: B 30:26.89	4/17/2004	Terah Kipchiris, Coastal Carolina

Name	Year	School	Finals
1 Cherry, Jesse	SR	High Point	30:13.20B
2 Atkins, Cole	SR	High Point	30:20.70B
3 Edmonds, Josh	SR	Liberty	30:25.29B
4 Darmody, Neal	SO	High Point	31:14.60
5 Freudenthal, Adam	SO	Winthrop	31:22.30
6 Reed, Jake	JR	Liberty	32:11.52
7 King, Andrew	SR	Charleston S	32:44.70
8 Ali, Mike	SO	High Point	33:08.34
9 Rankin, Kent	SO	Unc-Ashevill	33:12.99
10 Hibbs, Dan	SO	Liberty	33:39.83
11 Smith, Matt	FR	Charleston S	33:54.93
12 Hopely, Mark	JR	Liberty	34:18.35
13 Caputo, Ryan	JR	Coastal Caro	34:44.66
14 Keltner, Sam	FR	Radford	35:21.72

Men 110 Meter Hurdles

9 Advance: Top 3 Each Heat plus Next 3 Best Times			
World: W 12.87	6/12/2008	Dayron Robles, CUB	
American: U 12.90	7/11/2006	Dominique Arnold, Nike	
Collegiate: C 13.00	5/6/1979	Renaldo Nehemiah, Maryland	
Big South At: \$ 13.98	5/25/2006	Kandrick Cooper, Winthrop	
Big South Mt: B 14.17	4/21/2006	Kandrick Cooper, Winthrop	
Facility: F 13.90	3/10/2007	Fred Townsend	
Name	Year	School	Prelims

Heat 1 Preliminaries Wind: 3.6

1	Hutchison, Jack	SR Coastal Caro	14.31Q	
2	Clifton, Kasheem	SR Coastal Caro	14.67Q	
3	Rucker, Johnathon	JR Gardner-Webb	15.09Q	
4	Allen, Russell	FR Liberty	15.25q	15.247
5	Munson, Michael	JR Va. Military	15.66	
6	Schmalhofer, Taylor	FR Va. Military	16.23	
--	Fisher, Alex	SO High Point	DNS	

Heat 2 Preliminaries Wind: 0.5

1	Simms, Keary	JR Winthrop	14.45Q	
2	Herbst, Chris	JR Liberty	14.59Q	
3	Riggins, Dominique	SO Charleston S	15.03Q	
4	Wallace, Bryan	JR Radford	15.25q	15.243
5	Norris, Shane	SO Coastal Caro	15.35q	
6	Larsen, Derek	FR Unc-Asheville	15.76	
7	Boyd, Ian	FR Unc-Asheville	16.93	

Men 110 Meter Hurdles

=====
World: W 12.87 6/12/2008 Dayron Robles, CUB
American: U 12.90 7/11/2006 Dominique Arnold, Nike
Collegiate: C 13.00 5/6/1979 Renaldo Nehemiah, Maryland
Big South At: \$ 13.98 5/25/2006 Kandrick Cooper, Winthrop
Big South Mt: B 14.17 4/21/2006 Kandrick Cooper, Winthrop
Facility: F 13.90 3/10/2007 Fred Townsend
Name Year School Finals
=====

Section 1 Finals Wind: 1.9

1	Hutchison, Jack	SR Coastal Caro	14.07B
2	Simms, Keary	JR Winthrop	14.11B
3	Herbst, Chris	JR Liberty	14.60
4	Rucker, Johnathon	JR Gardner-Webb	14.76
5	Clifton, Kasheem	SR Coastal Caro	14.84
6	Allen, Russell	FR Liberty	14.95
7	Wallace, Bryan	JR Radford	14.99
8	Riggins, Dominique	SO Charleston S	15.10
9	Norris, Shane	SO Coastal Caro	15.11

Men 400 Meter Hurdles

=====
9 Advance: Top 2 Each Heat plus Next 3 Best Times
World: W 46.78 8/6/1992 Kevin Young, USA
American: U 46.78 8/6/1992 Kevin Young, Foot Locker AC
Collegiate: C 47.56 6/11/2005 Kerron Clement, Florida
Big South At: \$ 50.52 5/20/1995 Mike Reed, Liberty
Big South Mt: B 51.35 4/16/2009 Tim O'Donnell, Liberty
Facility: F 51.73 3/12/2005 Eric Keddo
Name Year School Prelims
=====

Heat 1 Preliminaries

1	Olinger, Brett	SO Radford	54.30Q
2	Herbst, Chris	JR Liberty	54.60Q
3	Johnson, Chris	SO Liberty	54.75q
4	Norris, Shane	SO Coastal Caro	55.09q
5	Larsen, Derek	FR Unc-Asheville	59.56

Heat 2 Preliminaries

1	Steinke, Paul	SR Gardner-Webb	53.29Q
2	Rucker, Johnathon	JR Gardner-Webb	54.63Q
3	Scheuer, Jacob	JR Coastal Caro	54.68q
4	Fuller, Kyle	SO Va. Military	56.48
5	Mathis, Tyree	FR Winthrop	57.06

Heat 3 Preliminaries

1	Courtney, Taylor	FR Liberty	54.470
2	Franklin, Drew	JR Winthrop	55.080
3	Sulick, Charles	FR Winthrop	55.84
4	Allen, Russell	FR Liberty	56.72
5	Owens, Travis	JR Coastal Caro	59.91
6	Nelson, Van	SO Gardner-Webb	1:01.97

Men 400 Meter Hurdles

=====			
World:	W 46.78	8/6/1992	Kevin Young, USA
American:	U 46.78	8/6/1992	Kevin Young, Foot Locker AC
Collegiate:	C 47.56	6/11/2005	Kerron Clement, Florida
Big South At:	\$ 50.52	5/20/1995	Mike Reed, Liberty
Big South Mt:	B 51.35	4/16/2009	Tim O'Donnell, Liberty
Facility:	F 51.73	3/12/2005	Eric Keddo
Name	Year	School	Finals
=====			

Section 1 Finals

1	Steinke, Paul	SR Gardner-Webb	52.17	
2	Olinger, Brett	SO Radford	52.85	52.844
3	Courtney, Taylor	FR Liberty	52.85	52.846
4	Rucker, Johnathon	JR Gardner-Webb	53.90	
5	Herbst, Chris	JR Liberty	53.99	
6	Franklin, Drew	JR Winthrop	54.39	
7	Scheuer, Jacob	JR Coastal Caro	54.42	
8	Johnson, Chris	SO Liberty	55.38	
9	Norris, Shane	SO Coastal Caro	58.18	

Men 3000 Meter Steeplechase

=====			
World:	W 7:53.63	9/3/2004	Saif Shaheen, QAT
American:	U 8:08.82	7/14/2006	Daniel Lincoln, Nike
Collegiate:	C 8:05.4h	5/13/1978	Henry Rono, Washington State
Big South At:	\$ 8:43.77	6/13/2008	Evans Kigen, Liberty
Big South Mt:	B 8:52.90	4/18/2008	Evans Kigen, Liberty
Facility:	F 9:17.38	4/16/2004	Terah Kipchris
Name	Year	School	Finals
=====			

Section 1

1	Kigen, Evans	JR Liberty	9:14.65F
2	Satterwhite, Matt	SR Va. Military	9:22.37
3	Sagar, Matt	SR Va. Military	9:22.71
4	Peachee, Dakota	FR High Point	9:25.38
5	Smith, Jacob	FR High Point	9:34.69
6	Powers, Kyle	SO Liberty	9:35.19
7	McGinn, Ian	FR Va. Military	9:37.29
8	Fitzsimmons, AJ	FR Winthrop	9:37.42
9	Mujezinovic, Ermin	SO Va. Military	9:44.30
10	Heron, John	SR Coastal Caro	10:16.99
11	Bisson, Shaun	FR Charleston S	10:21.92
12	Edmonds, Peter	FR Liberty	10:39.26
13	Siegler, Chris	SO Charleston S	11:08.71
--	Caputo, Ryan	JR Coastal Caro	DNS

Men 4x100 Meter Relay

=====			
World:	W 37.10	8/22/2008	JAM, JAM
			Carter, Frater, Bolt, Powell
American:	U 37.40	8/8/1992	National Team, USA national team
			Marsh, Burrell, Mitchell, Lewis
Collegiate:	C 38.04	6/5/1998	TCU, TCU
			Howard, Holloway, Williams, Spencer

Big South At: \$ 39.86 5/18/1996 Liberty, Liberty
 McFadden, Swinton, McDuffie, Marriot
 Big South Mt: B 40.06 4/21/2001 Liberty, Liberty
 Gaddy, Decker, Christolin, Wagner
 Facility: F 40.58 4/17/2004 V.M.I.
 School Finals

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=====
1 Charleston Southern 'A' 40.00B
  1) Ward, Anthony SO 2) Young, Javon SO
  3) Brooks, Levi SR 4) Spreads, Dantwan FR
2 Coastal Carolina 'A' 40.29F
  1) Jameson, Corey JR 2) Edlich, Ryan JR
  3) St. Bernard, Jerome SR 4) Steed, Lenoard JR
3 Radford 'A' 41.23
  1) Olinger, Brett SO 2) Cuffee, Austin FR
  3) Kelso, Raschad JR 4) Jones, Olajuwon SR
4 Liberty 'A' 41.26
  1) Spruel, Roderick FR 2) Washington, Andre FR
  3) Vassell, Oronde SR 4) Bailey, Jacey JR
5 Va. Military Institute 'A' 41.82
  1) Lewis, Austin FR 2) Titcombe, Ademola SO
  3) Green, Terrance JR 4) Alexander, James JR
6 Winthrop 'A' 42.50
  1) Sulick, Charles FR 2) Facinoli, Theo JR
  3) Simms, Keary JR 4) Williams, Fredrick FR
7 Gardner-Webb 'A' 42.52
  1) Fuller, Chase FR 2) Miller, Bo FR
  3) Nelson, Van SO 4) Merritt, Codi FR
8 Unc-Asheville 'A' 43.30
  1) Larsen, Derek FR 2) Yarbrough, Jordan FR
  3) Urrutia, Raymond FR 4) Haake, Simon JR
9 High Point 'A' 45.32
  1) Pelletier, Josh FR 2) Bonnot, Sebastien SO
  3) Auyeung, Ben SO 4) Conaway, Justin JR

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Men 4x400 Meter Relay

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=====
World: W 2:54.29 8/22/1993 USA, USA
Watts, Valmon, Reynolds, Johnson
American: U 2:54.20 7/22/1998 National Team, USA national team
Young, Pettigrew, Washington, Johnson
Collegiate: C 2:59.59 6/11/2005 LSU, UCLA
Dardar, Willie, Brazell, Carter
Big South At: $ 3:07.05 5/31/2008 Charleston Southern, Charleston Southern
Tyler, Brooks, Spurly, Rhue
Big South Mt: B 3:10.33 4/21/2007 Liberty, Liberty
Myzsak, Brooks, Scott, Rhue
Facility: F 3:12.96 5/31/2008 Coastal Carolina
School Finals
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1 Radford 'A' 3:15.04
  1) Wynder, Jordan SR 2) White, Kaise FR
  3) Kelso, Raschad JR 4) Jones, Olajuwon SR
2 Va. Military Institute 'A' 3:17.86
  1) Jackson, Jonathan JR 2) Fuller, Kyle SO
  3) Kitur, Felix JR 4) Alexander, James JR
3 Liberty 'A' 3:18.26
  1) Herbst, Chris JR 2) Edwards, Drew SO
  3) Washington, Andre FR 4) Courtney, Taylor FR
4 Coastal Carolina 'A' 3:19.84
  1) Scheuer, Jacob JR 2) Brunson, Stevie FR
  3) Hutchison, Jack SR 4) Levy, Alex SR

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5 Gardner-Webb 'A'		3:22.96
1) Rucker, Johnathon JR	2) Steinke, Charlie SR	
3) Stanton-Brooks, Josiah FR	4) Steinke, Paul SR	
6 Winthrop 'A'		3:23.17
1) Mathis, Tyree FR	2) Sulick, Charles FR	
3) Leroux, Adam SO	4) Franklin, Drew JR	
7 High Point 'A'		3:24.09
1) Cashman, Josh SR	2) Morgan, Josh SR	
3) Smith, Jacob FR	4) Bonnot, Sebastien SO	
8 Unc-Asheville 'A'		3:24.57
1) Urrutia, Raymond FR	2) Chirchir, Eliud JR	
3) Maynard, Sam SO	4) Lopez, Carlos JR	
-- Charleston Southern 'A'		DNF
1) Spreads, Dantwan FR	2) Allen, Lavon SO	
3) Bowles, Benjamin SO	4) Thompson, Juan SO	

Men High Jump

Starting height is 1.81, increase by 5 cm

World: W 2.45m 7/27/1993 Javier Sotomayor, CUB

American: U 2.40m 8/7/1991 Charles Austin, unattached

Collegiate: C 2.38m 6/3/1989 Hollis Conway, S. W. Louisiana

Big South At: \$ 2.25m 4/2/2010 Jacques Watson, Coastal Carolina

Big South Mt: B 2.15m 4/16/2009 Anthony Bryant, Liberty

Facility: F 2.13m 3/10/2007 Darrell Roddick

Name	Year	School	Finals	
Flight 1				
1 Watson, Jacques	JR	Coastal Caro	2.11m	6-11.00
2 Brown, Tony	SO	Radford	2.06m	6-09.00
3 Powell, Clarence	JR	Liberty	2.06m	6-09.00
4 Jones, Burton	SO	Coastal Caro	2.01m	6-07.00
4 James, Dennis	JR	Va. Military	2.01m	6-07.00
6 Graves, Ross	JR	Coastal Caro	2.01m	6-07.00
7 Bryant, Anthony	SO	Liberty	2.01m	6-07.00
8 Rucker, Johnathon	JR	Gardner-Webb	1.96m	6-05.00
9 Young, Dexter	JR	Winthrop	1.96m	6-05.00
10 Ntumba, Jerry	FR	Coastal Caro	1.91m	6-03.25
11 Wood, Antonio	FR	Va. Military	1.91m	6-03.25
12 Mozzone, Nick	SO	Unc-Ashevill	1.86m	6-01.25

Men Pole Vault

Starting Height is 3.96, increase by 15 cm.

World: W 6.14m 7/31/1994 Sergey Bubka, UKR

American: U 6.04m 6/8/2008 Brad Walker, Nike

Collegiate: C 5.98m 5/25/1996 Lawrence Johnson, Tennessee

Big South At: \$ 5.40m 4/8/2006 Mark Johnson, Coastal Carolina

Big South Mt: B 5.13m 4/17/2004 Mark Johnson, Coastal Carolina

Facility: F 5.13m 4/17/2004 Mark Johnson

Name	Year	School	Finals	
1 Fridgen, Cody	SO	Liberty	4.71m	15-05.50
2 Woodbridge, Geren	JR	Liberty	4.71m	15-05.50
3 McManus, Clint	FR	Gardner-Webb	4.56m	14-11.50
4 McCorkel, Spencer	FR	Liberty	4.26m	13-11.75
5 Boyd, Ian	FR	Unc-Ashevill	3.96m	12-11.75
5 Gardner, Steven	FR	Gardner-Webb	3.96m	12-11.75
7 Brusich, Evan	JR	Gardner-Webb	3.96m	12-11.75
7 Walker, Chris	JR	Winthrop	3.96m	12-11.75
-- Ridgway, Jacob	FR	High Point		NH
-- Savini, Justin	SR	Liberty		NH

-- Brancaccio, TJ JR High Point NH
 -- Mathews, Jacob SO High Point DNS

Men Long Jump

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 World: W 8.95m 8/30/1991 Mike Powell, USA
 American: U 8.95m 8/30/1991 Mike Powell, Foot Locker AC
 Collegiate: C 8.74m 4/2/1994 Erick Walder, Arkansas
 Big South At: \$ 7.91m 3/24/2000 Kodi Coverson, High Point
 Big South Mt: B 7.75m 4/20/1996 Kevin Coley, Liberty
 Facility: F 7.33m 4/16/2004 Chad Wilson

Name	Year	School	Finals	Wind	
=====					
1 Titcombe, Ademola	SO	Va. Military	6.96m	1.0	22-10.00
2 Jones, Burton	SO	Coastal Caro	6.82m	+0.0	22-04.50
3 Gant, Nate	FR	Va. Military	6.80m	2.2	22-03.75
4 Edlich, Ryan	JR	Coastal Caro	6.62m	+0.0	21-08.75
5 Ntumba, Jerry	FR	Coastal Caro	6.44m	+0.0	21-01.50
6 Williams, Fredrick	FR	Winthrop	5.99m	+0.0	19-08.00
-- Hovatter, Phillip	FR	Radford	FOUL		
Flight 2					
1 Powell, Clarence	JR	Liberty	7.32m	+0.0	24-00.25
2 Bryant, Anthony	SO	Liberty	7.28m	+0.0	23-10.75
3 Allen, Lavon	SO	Charleston S	7.19m	+0.0	23-07.25
4 Reddington, Kevin	FR	Liberty	7.07m	+0.0	23-02.50
5 Green, Terrance	JR	Va. Military	6.99m	+0.0	22-11.25
6 Vassell, Oronde	SR	Liberty	6.85m	+0.0	22-05.75
7 Yarbrough, Jordan	FR	Unc-Asheville	6.34m	0.7	20-09.75
-- Wallace, Bryan	JR	Radford	FOUL		

Men Triple Jump

=====
 World: W 18.29m 8/7/1995 Jonathan Edwards, GBR
 American: U 18.09m 7/27/1996 Kenny Harrison, Nike
 Collegiate: C 17.57m 6/5/1982 Keith Connor, SMU
 Big South At: \$ 15.77m 5/31/2008 Clarence Powell, Liberty
 Big South Mt: B 15.38m 4/19/1997 Jonathan Daniels, Charleston Southern
 Facility: F 15.11m 4/17/2004 Chad Wilson

Name	Year	School	Finals	Wind	
=====					
Flight 1					
1 Watson, Jacques	JR	Coastal Caro	13.86m	1.4	45-05.75
2 Hovatter, Phillip	FR	Radford	13.58m	1.7	44-06.75
3 Green, Terrance	JR	Va. Military	13.38m	1.6	43-10.75
4 Williams, Fredrick	FR	Winthrop	13.18m	+0.0	43-03.00
5 Wallace, Bryan	JR	Radford	13.10m	-0.1	42-11.75
6 Brown, Tony	SO	Radford	13.06m	0.3	42-10.25
7 Ntumba, Jerry	FR	Coastal Caro	12.92m	1.3	42-04.75
8 Allen, Lavon	SO	Charleston S	12.39m	-0.3	40-07.75
-- Rhodes, Cory	SO	Charleston S	FOUL		
Flight 2					
1 Phillips, Chad	SO	Coastal Caro	14.99m	1.1	49-02.25
2 Powell, Clarence	JR	Liberty	14.63m	1.4	48-00.00
3 Titcombe, Ademola	SO	Va. Military	14.57m	1.4	47-09.75
4 Simms, Keary	JR	Winthrop	14.40m	3.2	47-03.00
5 Jones, Burton	SO	Coastal Caro	14.30m	0.7	46-11.00
6 Bryant, Anthony	SO	Liberty	14.28m	2.4	46-10.25
7 Miller, Antonio	FR	Radford	14.02m	0.1	46-00.00
8 Johnson, Aaron	SO	Liberty	13.95m	0.6	45-09.25
9 Johnson, Chris	SO	Liberty	13.63m	+0.0	44-08.75

Men Shot Put

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World: W 23.12m 5/20/1990 Randy Barnes, USA
American: U 23.13m 5/20/1990 Randy Barnes, Mazda TC
Collegiate: C 22.00m 6/3/1995 John Godina, UCLA
Big South At: $ 18.67m 4/2/2007 Clendon Henderson, Liberty
Big South Mt: B 17.26m 4/18/2008 Jon Hart, Liberty
Facility: F 16.56m 4/13/2004 Jim Mitchell

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Name Year School Finals
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Flight 1
1 Jensen, Jason SO Coastal Caro 14.44m 47-04.50
2 Gist, Devin JR Winthrop 13.82m 45-04.25
3 Grabill, Rob FR Charleston S 13.80m 45-03.50
4 Davis, Stanley FR Coastal Caro 13.58m 44-06.75
5 Swanson, Tyler SO Coastal Caro 13.45m 44-01.50
6 Zapf, Hank SO Winthrop 13.22m 43-04.50
7 Rogers, Travis SO Gardner-Webb 12.98m 42-07.00
8 Harn, Jeremy SO Unc-Asheville 12.31m 40-04.75
Flight 2
1 Smith, Ryan FR Liberty 17.02mF 55-10.25
2 Davis, Cody JR Va. Military 15.94m 52-03.75
3 Pearce, Billy JR Winthrop 15.70m 51-06.25
4 Dobson, Matt SR Radford 14.94m 49-00.25
5 Smiley, CJ SR Coastal Caro 14.56m 47-09.25
6 Smith, Justin SO Radford 14.41m 47-03.50
7 Galeone, Elliott SR Liberty 13.88m 45-06.50
8 Handler, James JR Va. Military 13.36m 43-10.00

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Men Discus Throw

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World: W 74.08m 6/6/1986 Jurgen Schult, GDR
American: U 72.34m 7/7/1981 Ben Plucknett, SoCal Striders
Collegiate: C 67.66m 5/29/2004 Hannes Hopley, SMU
Big South At: $ 62.26m 4/4/2008 Clendon Henderson, Liberty
Big South Mt: B 55.78m 4/19/2008 Clendon Henderson, Liberty
Facility: F 48.27m 4/17/2004 Austin Wakefield

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Name Year School Finals
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Flight 1
1 Smith, Justin SO Radford 45.34m 148-09
2 Poison, Jean Piere SR Charleston S 44.74m 146-09
3 Hayes, James SR Charleston S 41.79m 137-01
4 Smith, Ryan FR Liberty 41.70m 136-10
5 Davis, Cody JR Va. Military 41.02m 134-07
6 Handler, James JR Va. Military 39.25m 128-09
7 Pociatek, Zach SO Charleston S 38.95m 127-09
8 Harn, Jeremy SO Unc-Asheville 31.11m 102-01
-- Rogers, Travis SO Gardner-Webb DNS
Flight 2
1 Galeone, Elliott SR Liberty 48.55mF 159-03
2 Pearce, Billy JR Winthrop 48.46mF 159-00
3 Lawson, Chad JR Va. Military 47.53m 155-11
4 Dobson, Matt SR Radford 46.95m 154-00
5 Grabill, Rob FR Charleston S 45.97m 150-10
6 Swanson, Tyler SO Coastal Caro 45.18m 148-03
7 Zapf, Hank SO Winthrop 44.04m 144-06
8 Morse, Timothy SR Radford 41.99m 137-09
9 Smiley, CJ SR Coastal Caro 41.68m 136-09
10 Jensen, Jason SO Coastal Caro 41.40m 135-10

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Men Hammer Throw

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World: W 86.74m 8/30/1986 Yuriy Sedykh, RUS
 American: U 82.52m 9/7/1996 Lance Deal, NYAC
 Collegiate: C 81.94m 5/19/1995 Balazs Kiss, So. California
 Big South At: \$ 68.04m 4/29/2006 Bryan Richotte, Radford
 Big South Mt: B 66.20m 4/17/2008 Jon Hart, Liberty
 Facility: F 65.79m 3/8/2008 Jessee Doty

Name	Year	School	Finals	
=====				
Flight 1				
1 Pociatek, Zach	SO	Charleston S	50.34m	165-02
2 Swanson, Tyler	SO	Coastal Caro	48.28m	158-05
3 Grabill, Rob	FR	Charleston S	45.86m	150-05
4 Smith, Justin	SO	Radford	43.63m	143-02
5 Rogers, Travis	SO	Gardner-Webb	42.23m	138-06
6 Pearce, Billy	JR	Winthrop	41.39m	135-09
7 Zapf, Hank	SO	Winthrop	39.87m	130-10
-- Smiley, CJ	SR	Coastal Caro	FOUL	
-- El-Nou Nou, Derek	FR	Coastal Caro	FOUL	
Flight 2				
1 Morse, Timothy	SR	Radford	64.04m	210-01
2 Jensen, Jason	SO	Coastal Caro	60.19m	197-06
3 Dobson, Matt	SR	Radford	57.30m	188-00
4 Hutschalik, Christoph	SO	Gardner-Webb	57.23m	187-09
5 Smith, Ryan	FR	Liberty	53.20m	174-06
6 Hayes, James	SR	Charleston S	53.10m	174-02
7 Lawson, Chad	JR	Va. Military	50.66m	166-02
8 Davis, Cody	JR	Va. Military	50.13m	164-06
9 Gist, Devin	JR	Winthrop	47.96m	157-04
10 Poison, Jean Piere	SR	Charleston S	47.47m	155-09

Men Javelin Throw

World: W 98.48m 5/25/1996 Jan Zelezny, CZE
 American: U 91.29m 6/21/2007 Breaux Greer, adidas
 Collegiate: C 89.10m 3/24/1990 Patrik Boden, Texas
 Big South At: \$ 70.87m 4/17/2004 Thomas Jordan, Coastal Carolina
 Big South Mt: B 70.87m 4/17/2004 Thomas Jordan, Coastal Carolina
 Facility: F 70.87m 4/17/2004 Thomas Jordan

Name	Year	School	Finals	
=====				
Flight 1				
1 Tillotson, Chris	FR	Coastal Caro	57.29m	187-11
51.38m 55.78m 56.42m 55.88m 57.29m 55.19m				
2 Barr, Zack	JR	Coastal Caro	51.36m	168-06
51.36m FOUL 46.30m				
3 Brown, Kevin	SO	Va. Military	49.26m	161-07
49.26m 49.13m 48.68m				
4 McCarthy, Justin	SO	Va. Military	45.75m	150-01
FOUL 43.86m 45.75m				
5 O'Rourke, Thomas	SO	Winthrop	43.23m	141-10
37.63m 43.23m 37.49m				
6 Wise, CJ	SO	Gardner-Webb	42.76m	140-03
42.76m FOUL FOUL				
7 Padgett, Josh	FR	Gardner-Webb	37.84m	124-02
37.84m 36.66m FOUL				
-- Percival, Gabriel	FR	Liberty	DNS	
Flight 2				
1 Flanagan, Jason	SO	Coastal Caro	67.03m	219-11
65.66m FOUL FOUL 67.03m FOUL 65.47m				
2 Pelletier, Josh	FR	High Point	65.97m	216-05
57.19m 58.44m 65.97m FOUL FOUL FOUL				
3 Galeone, Elliott	SR	Liberty	65.18m	213-10

	54.28m	58.05m	61.41m	56.88m	58.62m	65.18m		
4	Haake, Simon			JR Unc-Asheville			64.57m	211-10
	FOUL	62.73m	61.38m	64.57m	FOUL	63.95m		
5	Baird, Jared			JR Winthrop			63.88m	209-07
	63.68m	59.26m	61.81m	FOUL	59.70m	63.88m		
6	Domer, Sean			JR Radford			60.01m	196-10
	56.09m	60.01m	59.35m	59.58m	FOUL	57.58m		
7	Fill, Bryan			JR Coastal Caro			56.91m	186-08
	56.91m	FOUL	FOUL	FOUL	FOUL	54.16m		
8	Bell, Ryan			SO Liberty			56.86m	186-06
	55.18m	FOUL	FOUL	54.70m	56.86m	FOUL		

Decathlon: #1 Men 100 Meter Dash

=====				
Name	Year	School	Finals	Points
=====				
Section 1 Wind: 0.5				
1	Riggins, Dominique	SO	Charleston S	11.21 814
2	Woodbridge, Geren	JR	Liberty	11.32 791
3	Brusich, Evan	JR	Gardner-Webb	11.35 784
4	Garcia, Richard	SO	Va. Military	11.73 705
5	Auyeung, Ben	SO	High Point	11.75 701
5	Haake, Simon	JR	Unc-Asheville	11.75 701
Section 2 Wind: 2.8				
1	Bowles, Benjamin	SO	Charleston S	11.14 830
2	Wood, Antonio	FR	Va. Military	11.20 817
3	Munson, Michael	JR	Va. Military	11.37 780
4	Edwards, Drew	SO	Liberty	11.38 778
5	Richards, Kevin	JR	Radford	11.89 673

Decathlon: #5 Men 400 Meter Dash

=====				
Name	Year	School	Finals	Points
=====				
Section 1				
1	Riggins, Dominique	SO	Charleston S	50.16 807
2	Edwards, Drew	SO	Liberty	50.28 802
3	Munson, Michael	JR	Va. Military	51.43 750
4	Haake, Simon	JR	Unc-Asheville	54.00 640
--	Auyeung, Ben	SO	High Point	DNS
Section 2				
1	Brusich, Evan	JR	Gardner-Webb	50.32 800
2	Bowles, Benjamin	SO	Charleston S	51.07 766
3	Wood, Antonio	FR	Va. Military	51.76 735
4	Woodbridge, Geren	JR	Liberty	51.94 727
5	Richards, Kevin	JR	Radford	52.75 692
6	Garcia, Richard	SO	Va. Military	1:08.49 171

Decathlon: #10 Men 1500 Meter Run

=====				
Name	Year	School	Finals	Points
=====				
Section 1				
1	Edwards, Drew	SO	Liberty	4:16.02 839
2	Brusich, Evan	JR	Gardner-Webb	4:31.43 735
3	Riggins, Dominique	SO	Charleston S	4:35.56 709
4	Richards, Kevin	JR	Radford	4:39.57 683
5	Woodbridge, Geren	JR	Liberty	4:41.20 673
6	Wood, Antonio	FR	Va. Military	4:52.77 602
7	Bowles, Benjamin	SO	Charleston S	5:01.92 549
8	Munson, Michael	JR	Va. Military	5:02.99 543
9	Haake, Simon	JR	Unc-Asheville	5:07.16 519

Decathlon: #6 Men 110 Meter Hurdles

Name	Year School	Finals	Points
Section 1 Wind: 2.1			
1 Brusich, Evan	JR Gardner-Webb	15.22	823
2 Munson, Michael	JR Va. Military	15.87	747
3 Richards, Kevin	JR Radford	16.87	638
4 Wood, Antonio	FR Va. Military	16.90	635
5 Edwards, Drew	SO Liberty	17.06	618
-- Auyeung, Ben	SO High Point	DNS	
Section 2 Wind: 1.9			
1 Riggins, Dominique	SO Charleston S	15.06	842
2 Woodbridge, Geren	JR Liberty	15.36	807
3 Bowles, Benjamin	SO Charleston S	17.35	588
4 Haake, Simon	JR Unc-Ashevill	23.71	116
-- Garcia, Richard	SO Va. Military	DNS	

Decathlon: #4 Men High Jump

Name	Year School	Finals	Points
Flight 1			
1 Wood, Antonio	FR Va. Military	1.96m	6-05.00 767
2 Woodbridge, Geren	JR Liberty	1.84m	6-00.50 661
2 Munson, Michael	JR Va. Military	1.84m	6-00.50 661
2 Richards, Kevin	JR Radford	1.84m	6-00.50 661
5 Riggins, Dominique	SO Charleston S	1.81m	5-11.25 636
6 Haake, Simon	JR Unc-Ashevill	1.75m	5-08.75 585
6 Brusich, Evan	JR Gardner-Webb	1.75m	5-08.75 585
6 Bowles, Benjamin	SO Charleston S	1.75m	5-08.75 585
9 Edwards, Drew	SO Liberty	1.69m	5-06.50 536
-- Auyeung, Ben	SO High Point	NH	
-- Garcia, Richard	SO Va. Military	NH	

Decathlon: #8 Men Pole Vault

Name	Year School	Finals	Points
1 Edwards, Drew	SO Liberty	3.91m	12-10.00 592
2 Brusich, Evan	JR Gardner-Webb	3.81m	12-06.00 565
2 Munson, Michael	JR Va. Military	3.81m	12-06.00 565
4 Riggins, Dominique	SO Charleston S	3.61m	11-10.00 511
5 Wood, Antonio	FR Va. Military	3.41m	11-02.25 459
6 Haake, Simon	JR Unc-Ashevill	3.21m	10-06.25 408
6 Richards, Kevin	JR Radford	3.21m	10-06.25 408
8 Bowles, Benjamin	SO Charleston S	3.11m	10-02.50 384
-- Woodbridge, Geren	JR Liberty	NH	
-- Auyeung, Ben	SO High Point	DNS	
-- Garcia, Richard	SO Va. Military	DNS	

Decathlon: #2 Men Long Jump

Name	Year School	Finals	Wind	Points
1 Riggins, Dominique	SO Charleston S	6.57m	+0.0	21-06.75 713
		6.57m(+0.0) 6.52m(1.3) 6.56m(0.7)		
2 Munson, Michael	JR Va. Military	6.35m	+0.0	20-10.00 664
		FOUL(0.3) 6.27m(0.2) 6.35m(+0.0)		
3 Woodbridge, Geren	JR Liberty	6.27m	+0.0	20-07.00 646
		6.27m(+0.0) 5.92m(0.1) 5.91m(1.1)		

4	Wood, Antonio	FR Va. Military	6.13m	+0.0	20-01.50	615
	5.75m(+0.0) 5.71m(0.8) 6.13m(+0.0)					
5	Brusich, Evan	JR Gardner-Webb	6.10m	0.3	20-00.25	608
	4.33m(+0.0) 5.98m(0.1) 6.10m(0.3)					
6	Garcia, Richard	SO Va. Military	6.08m	0.1	19-11.50	604
	6.00m(1.1) 6.08m(0.1) FOUL(0.2)					
7	Bowles, Benjamin	SO Charleston S	5.84m	1.2	19-02.00	552
	4.56m(+0.0) 5.73m(+0.0) 5.84m(1.2)					
8	Haake, Simon	JR Unc-Ashevill	5.78m	0.2	18-11.75	540
	5.60m(+0.0) 5.78m(0.2) FOUL(+0.0)					
9	Auyeung, Ben	SO High Point	5.72m	0.1	18-09.25	527
	5.43m(0.7) 5.50m(0.1) 5.72m(0.1)					
9	Edwards, Drew	SO Liberty	5.72m	0.8	18-09.25	527
	5.72m(0.8) 5.49m(0.1) 5.71m(0.8)					
11	Richards, Kevin	JR Radford	5.67m	0.2	18-07.25	516
	5.51m(0.5) 5.67m(0.2) 5.57m(+0.0)					

Decathlon: #3 Men Shot Put

Name	Year School	Finals	Points
1 Woodbridge, Geren	JR Liberty	12.97m 42-06.75	665
2 Haake, Simon	JR Unc-Ashevill	12.18m 39-11.50	617
3 Edwards, Drew	SO Liberty	11.65m 38-02.75	585
4 Wood, Antonio	FR Va. Military	11.07m 36-04.00	550
5 Richards, Kevin	JR Radford	10.93m 35-10.50	542
6 Brusich, Evan	JR Gardner-Webb	10.74m 35-03.00	530
7 Bowles, Benjamin	SO Charleston S	10.41m 34-02.00	510
8 Riggins, Dominique	SO Charleston S	10.31m 33-10.00	504
9 Munson, Michael	JR Va. Military	9.62m 31-06.75	463
10 Garcia, Richard	SO Va. Military	8.95m 29-04.50	423
-- Auyeung, Ben	SO High Point	FOUL	

Decathlon: #7 Men Discus Throw

Name	Year School	Finals	Points
1 Woodbridge, Geren	JR Liberty	39.94m 131-00	663
2 Haake, Simon	JR Unc-Ashevill	37.82m 124-01	620
3 Bowles, Benjamin	SO Charleston S	35.58m 116-09	575
4 Edwards, Drew	SO Liberty	33.42m 109-08	532
5 Richards, Kevin	JR Radford	33.28m 109-02	529
6 Brusich, Evan	JR Gardner-Webb	31.61m 103-08	496
7 Wood, Antonio	FR Va. Military	30.71m 100-09	478
8 Munson, Michael	JR Va. Military	29.44m 96-07	453
9 Riggins, Dominique	SO Charleston S	26.60m 87-03	398
-- Garcia, Richard	SO Va. Military	DNS	
-- Auyeung, Ben	SO High Point	DNS	

Decathlon: #9 Men Javelin Throw

Name	Year School	Finals	Points
1 Haake, Simon	JR Unc-Ashevill	61.75m 202-07	764
2 Woodbridge, Geren	JR Liberty	57.04m 187-02	693
3 Munson, Michael	JR Va. Military	44.65m 146-06	510
4 Bowles, Benjamin	SO Charleston S	43.23m 141-10	489
5 Riggins, Dominique	SO Charleston S	41.82m 137-02	469
6 Edwards, Drew	SO Liberty	40.49m 132-10	449
7 Wood, Antonio	FR Va. Military	39.80m 130-07	439
8 Brusich, Evan	JR Gardner-Webb	39.21m 128-08	431
9 Richards, Kevin	JR Radford	33.32m 109-04	346

-- Garcia, Richard SO Va. Military DNS
 -- Auyeung, Ben SO High Point DNS

Men Decathlon

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World: W 9026 5/27/2001 Roman Sebrle, CZE
American: U 8891 9/5/1992 Dan O'Brien, Reebok
Collegiate: C 8465 4/5/2006 Trey Hardee, Texas
Big South At: $ 7800 4/3/2008 Brandon Hoskins, Liberty
Big South Mt: B 7255 4/17/2009 Daniel Newell, Liberty
Name                   Year School                   Finals
=====
1 Riggins, Dominique            SO Charleston S               6403
2 Brusich, Evan                 JR Gardner-Webb               6357
3 Woodbridge, Geren             JR Liberty                    6326
4 Edwards, Drew                 SO Liberty                    6258
5 Munson, Michael               JR Va. Military               6136
6 Wood, Antonio                 FR Va. Military               6097
7 Bowles, Benjamin             SO Charleston S               5828
8 Richards, Kevin               JR Radford                    5688
9 Haake, Simon                  JR Unc-Asheville              5510
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Women - Team Rankings - 21 Events Scored

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1) Liberty                       245.50           2) Coastal Carolina           191
3) Charleston Southern           90               4) Winthrop                   73
5) High Point                    69               6) Radford                    56.50
7) Gardner-Webb                  39               8) UNC-Asheville              37
9) Va. Military Institute        16
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Men - Team Rankings - 21 Events Scored

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1) Liberty                       194              2) Coastal Carolina           117.50
3) Radford                       100              4) Va. Military Institute     95.50
5) High Point                    88               5) Charleston Southern       88
7) Gardner-Webb                  55               8) Winthrop                   50.50
9) UNC-Asheville                28.50
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