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HY-TEK's Meet Manager 4/22/2012 10:40 AM

Big South Outdoor Championship 2012 - 4/19/2012 to 4/21/2012

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Coastal Carolina/Myrtle Beach, SC

Results

Women 100 Meter Dash

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 Conference R: C 11.38 5/7/2010 Gabrielle Houston, Charleston Southern
 Meet Record: M 11.50 4/17/2010 Gabrielle Houston, Charleston Southern
 Track Record: T 11.35 3/19/2011 Shayla Mahan, South Carolina

Name	Year	School	Prelims	Wind	H#
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 Preliminaries

1	Houston, Gabrielle	Charleston S	11.66Q	0.1	1
2	Peake, Erica	Coastal Caro	11.71Q	1.1	2
3	Flower, Abigail	Liberty	12.05Q	-0.3	3
4	Greer, Brittney	Charleston S	12.07q	1.1	2
5	Lee, Gabrielle	Coastal Caro	12.09q	0.1	1
6	Davis, Ashley	Coastal Caro	12.16q	1.1	2
7	Jean, Mulern	Charleston S	12.17q	0.1	1
8	Crews, Lakei	Radford	12.27q	1.1	2
9	Brown, Shamia	High Point	12.36	0.1	1
10	Spruel, Sherri	Liberty	12.38	1.1	2
11	Jones, Deona	Charleston S	12.40	0.1	1
12	Durham, Ruby	Coastal Caro	12.41	-0.3	3
13	Layne, Meme	Liberty	12.53	-0.3	3
14	Christian, Kayla	Radford	12.55	-0.3	3
15	Kincade, Brianna	Campbell	12.66	-0.3	3
16	Milton, Katy	Gardner-Webb	12.70	1.1	2
17	Bufkin, Kendra	Winthrop	12.79	0.1	1

18 Cates, Nancy	Gardner-Webb	13.02	1.1	2
19 Squires, Deshaun	Winthrop	13.03	-0.3	3

Women 100 Meter Dash

=====

Conference R: C 11.38 5/7/2010 Gabrielle Houston, Charleston Southern
 Meet Record: M 11.50 4/17/2010 Gabrielle Houston, Charleston Southern
 Track Record: T 11.35 3/19/2011 Shayla Mahan, South Carolina

Name	Year School	Finals	Wind	Points
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Finals

1 Peake, Erica	Coastal Caro	11.75	-0.4	10
2 Houston, Gabrielle	Charleston S	11.80	-0.4	8
3 Flower, Abigail	Liberty	12.14	-0.4	6
4 Greer, Brittney	Charleston S	J12.14	-0.4	5
5 Lee, Gabrielle	Coastal Caro	12.17	-0.4	4
6 Davis, Ashley	Coastal Caro	12.33	-0.4	3
7 Crews, Lakei	Radford	12.34	-0.4	2
8 Jean, Mulern	Charleston S	12.45	-0.4	1

Women 200 Meter Dash

=====

Conference R: C 23.25 4/15/2010 Natalie Pearson, Charleston Southern
 Meet Record: M 23.25 4/15/2010 Natalie Pearson, Charleston Southern
 Track Record: T 23.39 3/20/2010 Natasha Hastings, Unattached

Name	Year School	Prelims	Wind	H#
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Preliminaries

1 Houston, Gabrielle	Charleston S	23.65Q	0.3	2
2 Peake, Erica	Coastal Caro	23.71Q	0.3	1
3 Honor, Sharrone	Winthrop	24.45Q	0.2	3
4 Flower, Abigail	Liberty	24.60q	0.2	3

5	Greer, Brittney	Charleston S	24.81q	0.2	3
6	Charnuski, Olivia	Liberty	24.83q	0.3	2
7	Lee, Gabrielle	Coastal Caro	25.01q	0.2	3
8	Thompson, Qwontajah	Coastal Caro	25.03q	0.3	1
9	Jamison, Santresa	Coastal Caro	25.04	0.3	1
9	Jean, Mulern	Charleston S	25.04	0.3	1
11	Brown, Shamia	High Point	25.08	0.3	1
12	Kincade, Brianna	Campbell	25.38	0.3	2
13	Jones, Deona	Charleston S	25.42	0.3	2
14	Christian, Kayla	Radford	25.73	0.3	1
15	Squires, Deshaun	Winthrop	26.43	0.2	3
16	Saxton, Nicole	Gardner-Webb	26.68	0.2	3
17	Bufkin, Kendra	Winthrop	26.77	0.3	2
18	Slate, Ashley	Gardner-Webb	27.17	0.3	2

Women 200 Meter Dash

=====

Conference R: C 23.25 4/15/2010 Natalie Pearson, Charleston Southern
 Meet Record: M 23.25 4/15/2010 Natalie Pearson, Charleston Southern
 Track Record: T 23.39 3/20/2010 Natasha Hastings, Unattached

Name	Year	School	Finals	Wind	Points
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Finals

1	Peake, Erica	Coastal Caro	23.70	-1.3	10
2	Houston, Gabrielle	Charleston S	24.13	-1.3	8
3	Flower, Abigail	Liberty	24.73	-1.3	6
4	Honor, Sharrone	Winthrop	24.91	-1.3	5
5	Greer, Brittney	Charleston S	25.19	-1.3	4
6	Thompson, Qwontajah	Coastal Caro	25.45	-1.3	3
7	Charnuski, Olivia	Liberty	25.53	-1.3	2
8	Lee, Gabrielle	Coastal Caro	25.54	-1.3	1

Women 400 Meter Dash

=====
 Conference R: C 52.46 5/6/2000 Khadijah Conda, Radford
 Meet Record: M 53.61 4/15/2010 Jaime Watson, Liberty
 Track Record: T 52.84 6/29/2011 Robin Reynolds, Miami Northwest

Name	Year	School	Prelims	H#
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Preliminaries

1	Jamison, Santresa	Coastal Caro	56.09Q	3
2	Thompson, Qwontajah	Coastal Caro	56.86Q	1
3	Akai, Lynette	Campbell	57.27Q	2
4	Hughes, Ivana	Gardner-Webb	56.97q	1
5	Barnes, Sharmaine	Coastal Caro	57.43q	1
6	Rose, Shalace	Winthrop	57.71q	3
7	Bridges, Kiara	Liberty	58.23q	1
8	Howard, Jerica	Coastal Caro	58.37q	3
9	Bell, T'Keyah	Gardner-Webb	58.84	2
10	Elliott, Mary	Charleston S	1:00.14	2
11	Corbett, Shannon	High Point	1:00.91	3
12	Fischer, Emily	High Point	1:01.07	2
13	Slate, Ashley	Gardner-Webb	1:03.24	1

Women 400 Meter Dash

=====
 Conference R: C 52.46 5/6/2000 Khadijah Conda, Radford
 Meet Record: M 53.61 4/15/2010 Jaime Watson, Liberty
 Track Record: T 52.84 6/29/2011 Robin Reynolds, Miami Northwest

Name	Year	School	Finals	Points
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Finals

1	Hughes, Ivana	Gardner-Webb	55.81	10
2	Jamison, Santresa	Coastal Caro	55.94	8
3	Thompson, Qwontajah	Coastal Caro	56.13	6

4	Akai, Lynette	Campbell	57.15	5
5	Barnes, Sharmaine	Coastal Caro	57.34	4
6	Rose, Shalace	Winthrop	57.66	3
7	Howard, Jerica	Coastal Caro	58.44	2
8	Bridges, Kiara	Liberty	58.49	1

Women 800 Meter Run

=====
Conference R: C 2:06.09 5/1/2010 Jaime Watson, Liberty
Meet Record: M 2:10.50 4/21/2007 Jaime Watson, Liberty
Track Record: T 2:09.39 6/29/2011 Ajee Wilson, Unattached

Name	Year	School	Prelims	H#
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Preliminaries

1	Johnson, Christian	Coastal Caro	2:12.20Q	3
2	Gentry, Sarah	Unc-Ashevill	2:17.06Q	1
3	Perry, Sophie	Coastal Caro	2:17.10Q	2
4	Hughes, Ivana	Gardner-Webb	2:14.39Q	3
5	Burggraf, Meghan	Liberty	2:17.37Q	2
6	Wimbush, Amanda	Liberty	2:17.41Q	1
7	Nichols, Lisa	Winthrop	2:15.73q	3
8	Devaux, Sarah	Winthrop	2:15.78q	3
9	McKee, Susanna	Charleston S	2:18.18	2
10	Wissler, Maggie	Radford	2:18.50	1
11	Moye, Jenna	Va. Military	2:18.91	1
12	Mitchell, Shalonda	Radford	2:19.66	2
13	Dorrell, Sarah	High Point	2:22.12	1
14	Church, Michelle	Va. Military	2:23.64	3
15	Dickinson, Hannah	Va. Military	2:23.95	1
16	Kalmeijer, Alyska	Unc-Ashevill	2:24.58	2
17	Pineda, Emily	Unc-Ashevill	2:25.48	2
18	Richardson, Cherish	Gardner-Webb	2:26.47	1
19	Spiro, Katie	Gardner-Webb	2:27.34	3

20	McMichael, Kylie	Liberty	2:27.49	2
21	Western, Molly	Va. Military	2:34.10	3
22	Tedesco, Cori	Radford	2:40.97	3

Women 800 Meter Run

=====

Conference R: C 2:06.09 5/1/2010 Jaime Watson, Liberty

Meet Record: M 2:10.50 4/21/2007 Jaime Watson, Liberty

Track Record: T 2:09.39 6/29/2011 Ajee Wilson, Unattached

Name	Year	School	Finals	Points
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Finals

1	Gentry, Sarah	Unc-Ashevill	2:11.99	10
2	Burggraf, Meghan	Liberty	2:12.01	8
3	Johnson, Christian	Coastal Caro	2:13.94	6
4	Perry, Sophie	Coastal Caro	2:17.09	5
5	Wimbush, Amanda	Liberty	2:18.05	4
6	Nichols, Lisa	Winthrop	2:18.07	3
7	Devaux, Sarah	Winthrop	2:18.49	2
8	Hughes, Ivana	Gardner-Webb	2:39.51	1

Women 1500 Meter Run

=====

Conference R: C 4:14.71 6/1/2002 Heather Sagan, Liberty

Meet Record: M 4:29.87 4/21/2012 Jennifer Klugh, Liberty

Track Record: T 4:24.92 6/29/2011 Hanah Meier, Unattached

Name	Year	School	Prelims
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Preliminaries

1	Johnson, Christian	Coastal Caro	4:43.61Q
2	Klugh, Jennifer	Liberty	4:45.21Q
3	Perry, Sophie	Coastal Caro	4:43.71Q

4	Deline, Rachel	Campbell	4:45.80Q
5	Nicosia, Shelby	Coastal Caro	4:43.78Q
6	Robbins, Samantha	Campbell	4:48.46Q
7	Dinning, Emily	Va. Military	4:43.87Q
8	Schubel, Leah	Va. Military	4:48.74Q
9	Moye, Jenna	Va. Military	4:49.09q
10	Schofield, Jennifer	Winthrop	4:51.18q
11	Church, Michelle	Va. Military	4:51.39q
12	Christiansen, Jacy	Liberty	4:53.10q
13	Jenkins, Shayna	Winthrop	4:53.21
14	Perry, Kayleigh	High Point	4:55.73
15	Zimmerman, Ariel	Gardner-Webb	4:56.53
16	Paine, Kelsey	High Point	5:02.34
17	Paredes, Eloisa	Charleston S	5:02.48

Women 1500 Meter Run

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Conference R: C 4:14.71 6/1/2002 Heather Sagan, Liberty

Meet Record: M 4:29.87 4/21/2012 Jennifer Klugh, Liberty

Track Record: T 4:24.92 6/29/2011 Hanah Meier, Unattached

Name	Year	School	Finals	Points
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Finals

1	Klugh, Jennifer	Liberty	4:29.87M	10
2	Johnson, Christian	Coastal Caro	4:31.03	8
3	Dinning, Emily	Va. Military	4:34.55	6
4	Deline, Rachel	Campbell	4:37.87	5
5	Moye, Jenna	Va. Military	4:38.88	4
6	Nicosia, Shelby	Coastal Caro	4:41.21	3
7	Perry, Sophie	Coastal Caro	4:43.85	2
8	Schubel, Leah	Va. Military	4:43.98	1
9	Robbins, Samantha	Campbell	4:45.40	
10	Schofield, Jennifer	Winthrop	4:50.46	

11 Christiansen, Jacy	Liberty	4:57.21
12 Church, Michelle	Va. Military	5:00.42

Women 5000 Meter Run

=====
 Conference R: C 16:26.99 4/20/1996 Catherine Conder, Coastal Carolina
 Meet Record: M 17:20.06 4/21/2007 Carol Jefferson, Liberty
 Track Record: T 16:42.74 3/19/2010 Amy Laskowske, Minnesota

Name	Year School	Finals	Points
===== 1 Klugh, Jennifer	Liberty	17:25.87	10
2 Saayman, Letitia	Coastal Caro	17:32.56	8
3 Dinning, Emily	Va. Military	17:35.70	6
4 Kanagy, Khristina	Liberty	17:42.25	5
5 Kulesz, Melanie	Unc-Ashevill	17:50.45	4
6 Johnson, Christian	Coastal Caro	17:51.54	3
7 Perry, Kayleigh	High Point	17:59.26	2
8 Matthews, Ashley	Campbell	18:01.09	1
9 Yosef, Betel	Liberty	18:03.83	
10 Etheridge, Adrian	Unc-Ashevill	18:05.83	
11 Marchini, Emily	Coastal Caro	18:07.55	
12 Malloy, Audrey	High Point	18:07.58	
13 Taylor, Stephanie	Coastal Caro	18:13.51	
14 Hunt, Kelsey	High Point	18:15.40	
15 Navarro, Cynthia	Campbell	18:18.27	
16 Schubel, Leah	Va. Military	18:19.64	
17 Ratterree, Caroline	Radford	18:26.23	
18 Whitmire, Jessica	Winthrop	18:32.66	
19 Blackwell, Lauren	High Point	18:32.78	
20 Briggs, Kasey	Unc-Ashevill	18:54.24	
21 Mundy, Claudia	Campbell	19:08.15	
22 Glunk, Ellie	Gardner-Webb	19:09.03	

23 Bush, Chelsey	Campbell	19:30.04
24 Koterba, Tori	Winthrop	20:24.02
25 Burkholder, Hannah	Charleston S	21:03.35

Women 10000 Meter Run

=====
Conference R: C 34:00.60 5/1/2010 Ashley Osborne, Liberty
Meet Record: M 35:08.35 4/19/2007 Carol Jefferson, Liberty
Track Record: T 35:02.61 3/9/2012 Emma Kertesz, Toledo

Name	Year School	Finals	Points
1 Saayman, Letitia	Coastal Caro	36:30.13	10
2 Kanagy, Khristina	Liberty	36:33.99	8
3 Kulesz, Melanie	Unc-Ashevill	36:56.61	6
4 Stroud, Jeanne	Winthrop	37:26.77	5
5 Ratterree, Caroline	Radford	37:34.33	4
6 Hunt, Kelsey	High Point	37:39.42	3
7 Navarro, Cynthia	Campbell	37:41.91	2
8 Etheridge, Adrian	Unc-Ashevill	37:42.70	1
9 Wirfel, Leah Anne	High Point	38:16.74	
10 Marchini, Emily	Coastal Caro	38:19.91	
11 Blackwell, Lauren	High Point	38:21.41	
12 Mistretta, Meredith	Liberty	39:02.62	
13 Mundy, Claudia	Campbell	39:11.43	
14 Allen, Alyssa	Liberty	39:45.42	
15 Powell, Clair	Unc-Ashevill	39:52.63	
16 Parris, Caroline	Liberty	40:33.54	
17 Black, Jennifer	Unc-Ashevill	40:50.48	
18 Kauffman, Michelle	Campbell	41:26.96	
19 Glunk, Ellie	Gardner-Webb	42:56.27	

Women 100 Meter Hurdles

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Conference R: C 13.45 4/21/2012 Mulern Jean, Charleston S
Meet Record: M 13.45 4/21/2012 Mulern Jean, Charleston S
Track Record: T 13.45 4/21/2012 Mulern Jean, Charleston S

Name Year School Prelims Wind H#
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Preliminaries

1	Jean, Mulern	Charleston S	13.66Q	1.0	1
2	Gamble, Manika	High Point	14.17Q	0.8	2
3	Davis, Ashley	Coastal Caro	14.06q	1.0	1
4	Honor, Sharrone	Winthrop	14.09q	1.0	1
5	Hurley, Camille	Coastal Caro	14.38q	0.8	2
6	Charnuski, Olivia	Liberty	14.46q	0.8	2
7	Houseknecht, Rachel	Liberty	14.48q	0.8	2
7	Pannell, Courtni	Radford	14.48q	1.0	1
9	Shelton, Synera	Winthrop	14.54	0.8	2
10	Davis, Christina	Coastal Caro	14.67	1.0	1
11	Church, Amber	Radford	14.84	0.8	2
12	Collins, Mariah	Campbell	14.95	0.8	2
13	King, Jasmine	Charleston S	15.28	1.0	1
14	Harkavy, Molly	Unc-Asheville	15.49	0.8	2
15	Crise, Vicki	Winthrop	15.80	1.0	1

Women 100 Meter Hurdles

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Conference R: C 13.45 4/21/2012 Mulern Jean, Charleston S
Meet Record: M 13.45 4/21/2012 Mulern Jean, Charleston S
Track Record: T 13.45 4/21/2012 Mulern Jean, Charleston S

Name Year School Finals Wind Points
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Finals

1	Jean, Mulern	Charleston S	13.45M	0.4	10
2	Gamble, Manika	High Point	13.85	0.4	8

3	Davis, Ashley	Coastal Caro	14.00	0.4	6
4	Honor, Sharrone	Winthrop	14.08	0.4	5
5	Charnuski, Olivia	Liberty	14.10	0.4	4
6	Hurley, Camille	Coastal Caro	14.22	0.4	3
7	Pannell, Courtni	Radford	14.44	0.4	2
8	Houseknecht, Rachel	Liberty	14.52	0.4	1

Women 400 Meter Hurdles

=====

Conference R: C 58.56 4/2/2010 Manika Gamble, High Point

Meet Record: M 58.72 4/16/2005 Maurika Quarles, Radford

Track Record: T 58.69 6/29/2011 Nnenya Hailey, First Light

Name	Year	School	Prelims	H#
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Preliminaries

1	Davis, Christina	Coastal Caro	1:01.94Q	2
2	Gamble, Manika	High Point	1:02.24Q	1
3	Aghaji, Mia	Liberty	1:03.74Q	3
4	Sims, Melanie	Liberty	1:03.76q	1
5	Teague, Tiana	Campbell	1:04.29q	1
6	Simile, Samantha	Coastal Caro	1:05.12q	1
7	Harkavy, Molly	Unc-Ashevill	1:05.53q	2
8	Baker, Caitlin	Coastal Caro	1:05.79q	3
9	Hurley, Camille	Coastal Caro	1:06.62	2
10	Mitchell, Christina	Liberty	1:06.76	3
11	Reddington, Samantha	Radford	1:07.00	3
12	Steinke, Leah	Gardner-Webb	1:07.19	2
13	Paredes, Eloisa	Charleston S	1:07.38	2
14	Crise, Vicki	Winthrop	1:07.59	2
15	Brandon, Riley	Liberty	1:09.37	3
16	Hollowood, Colleen	High Point	1:11.08	3
17	King, Jasmine	Charleston S	1:11.09	1

Women 400 Meter Hurdles

=====
 Conference R: C 58.56 4/2/2010 Manika Gamble, High Point

Meet Record: M 58.72 4/16/2005 Maurika Quarles, Radford

Track Record: T 58.69 6/29/2011 Nnanya Hailey, First Light

Name	Year	School	Finals	Points
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Finals

1	Gamble, Manika	High Point	59.56	10
2	Sims, Melanie	Liberty	1:02.97	8
3	Davis, Christina	Coastal Caro	1:04.47	6
4	Harkavy, Molly	Unc-Ashevill	1:04.58	5
5	Baker, Caitlin	Coastal Caro	1:04.97	4
6	Aghaji, Mia	Liberty	1:05.55	3
7	Teague, Tiana	Campbell	1:08.01	2
--	Simile, Samantha	Coastal Caro	DNF	

Women 3000 Meter Steeplechase

=====
 Conference R: C 10:24.24 5/12/2006 Felicitas Mensing, Coastal Carolina

Meet Record: M 10:39.24 4/21/2006 Felicitas Mensing, Coastal Carolina

Track Record: T 10:46.19 3/19/2010 Beatrice Biwott, South Carolina

Name	Year	School	Finals	Points
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1	Cuff, Adrienne	Charleston S	11:00.69	10
2	Matthews, Ashley	Campbell	11:01.57	8
3	Yosef, Betel	Liberty	11:01.58	6
4	Malloy, Audrey	High Point	11:12.29	5
5	Nicosia, Shelby	Coastal Caro	11:15.23	4
6	Fraser, Kelsey	High Point	11:15.72	3
7	Dennison, Jessica	Coastal Caro	11:22.22	2
8	Sawyer, Elisabeth	Gardner-Webb	11:28.01	1

9 Langley, Tristan	Winthrop	11:30.37
10 Bush, Chelsey	Campbell	11:48.80
11 Guridy, Alicia	Liberty	11:52.25
12 Gass, Jessica	Liberty	12:01.80
13 Dean, Heidi	Charleston S	12:10.75
14 Allen, Alyssa	Liberty	12:17.87
15 Hinchliffe, Kelsey	High Point	12:23.39

Women 4x100 Meter Relay

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Conference R: C 44.35 6/10/2009 Thomas, Gibson, Morris, Houston, Charleston
 Meet Record: M 45.42 4/19/2008 Gibson, Delamar, Morris, Thomas, Charleston
 Track Record: T 44.80 3/20/2010 Brookins, Glenn, Jacobs, Fisher, South Carol

School	Finals	Points
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1 Coastal Carolina 'A'	45.63	10
1) Lee, Gabrielle	2) Hurley, Camille	
3) Davis, Ashley	4) Thompson, Qwontajah	
2 Liberty 'A'	45.92	8
1) Spruel, Sherri	2) Flower, Abigail	
3) Charnuski, Olivia	4) Pegues, Alyssa	
3 Charleston Southern 'A'	46.13	6
1) Greer, Brittney	2) Houston, Gabrielle	
3) King, Jasmine	4) Jean, Mulern	
4 Radford 'A'	48.01	5
1) Pannell, Courtni	2) Church, Amber	
3) Christian, Kayla	4) Crews, Lakei	
5 Campbell 'A'	48.52	4
1) Moore, Naquan	2) Natt, Nadia	
3) Teague, Tiana	4) Kincade, Brianna	
6 Gardner-Webb 'A'	48.67	3
1) Milton, Katy	2) Cates, Nancy	
3) Wright, Bethany	4) Bell, T'Keyah	

7 High Point 'A' 49.47 2
 1) Whittington, Kaitlin 2) Brown, Shamia
 3) Lowery, Megan 4) Fischer, Emily
 -- Winthrop 'A' DQ
 1) Honor, Sharrone 2) Bufkin, Kendra
 3) Squires, Deshaun 4) Rose, Shalace

Women 4x400 Meter Relay

=====
 Conference R: C 3:40.67 4/25/2009 Humphries, Jamison, White, Brown, Coastal
 Meet Record: M 3:43.64 4/15/2010 James, Antia-Obong, Watson, Robinson, Wint
 Track Record: T 3:40.56 3/17/2012 Delaney, Harris, Davis, McCorkle, South Ca
 School Finals H# Points

=====
 1 Coastal Carolina 'A' 3:45.72 2 10
 1) Thompson, Qwontajah 2) Jamison, Santresa
 3) Peake, Erica 4) Barnes, Sharmaine
 2 Liberty 'A' 3:49.03 2 8
 1) Bridges, Kiara 2) Aghaji, Mia
 3) Sims, Melanie 4) Burggraf, Meghan
 3 Gardner-Webb 'A' 3:53.61 2 6
 1) Milton, Katy 2) Bell, T'Keyah
 3) Saxton, Nicole 4) Hughes, Ivana
 4 Campbell 'A' 3:55.66 2 5
 1) Akai, Lynette 2) Collins, Mariah
 3) Natt, Nadia 4) Teague, Tiana
 5 High Point 'A' 3:56.98 2 4
 1) Whittington, Kaitlin 2) Brown, Shamia
 3) Gamble, Manika 4) Corbett, Shannon
 6 Winthrop 'A' 3:57.43 2 3
 1) Honor, Sharrone 2) Squires, Deshaun
 3) Rose, Shalace 4) Nichols, Lisa

7	Unc-Asheville 'A'	4:00.93	2	2
	1) Gentry, Sarah		2) Harkavy, Molly	
	3) Pineda, Emily		4) Kalmeijer, Alyska	
8	Radford 'A'	4:12.72	1	1
	1) Mitchell, Shalonda		2) Pannell, Courtni	
	3) Reddington, Samantha		4) Wissler, Maggie	
9	Va. Military Institute 'A'	4:13.35	1	
	1) Moyer, Jenna		2) Church, Michelle	
	3) Dickinson, Hannah		4) Western, Molly	

Women High Jump

=====
 Conference R: C 1.78m 5/16/2010 Christina Fenske, High Point
 Meet Record: M 1.78m 4/16/2005 Kena Butts, Liberty
 Track Record: T 1.76m 4/20/2012 Kierra Gabe, Coastal Caro

Name	Year	School	Finals	Points
1 Gabe, Kierra		Coastal Caro	1.76mT	5-09.25 10
2 Aghaji, Mia		Liberty	J1.76mT	5-09.25 8
3 Herd, Sarah		Gardner-Webb	1.70m	5-07.00 6
4 Foster, Meredith		Unc-Ashevill	1.65m	5-05.00 5
5 Wheeler, Marianne		Liberty	J1.65m	5-05.00 4
6 Brandon, Riley		Liberty	J1.65m	5-05.00 3
7 Baker, Lauren		Unc-Ashevill	1.55m	5-01.00 2
8 Willeford, Kristen		Liberty	J1.55m	5-01.00 0.50
8 Roseberry, Nikki		Radford	J1.55m	5-01.00 0.50
10 Casey, Sequoya		Charleston S	J1.55m	5-01.00
11 Baker, Jamieeka		Radford	1.50m	4-11.00
12 Lockard, Nicole		Campbell	J1.50m	4-11.00
13 Shelton, Synera		Winthrop	1.45m	4-09.00
14 Barron, Jessica		Radford	J1.45m	4-09.00

Women Pole Vault

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Conference R: C 4.35m 6/9/2002 Andrea Wildrick, Liberty

Meet Record: M 4.10m 4/20/2002 Andrea Wildrick, Liberty

Track Record: T 3.90m 3/16/2012 Claire Goodson, Samford

Name	Year	School	Finals	Points
1 Lawrence, Mary		Coastal Caro	3.80m 12-05.50	10
2 Bowman, Tara		Winthrop	3.70m 12-01.50	8
3 Sing, Jennifer		Va. Military	3.55m 11-07.75	5
3 Houseknecht, Rachel		Liberty	3.55m 11-07.75	5
3 Wright, Bethany		Gardner-Webb	3.55m 11-07.75	5
6 Parker, Shelley		Liberty	J3.55m 11-07.75	3
7 Collins, Kate		Va. Military	J3.55m 11-07.75	2
8 Cook, Taylor		Gardner-Webb	3.40m 11-01.75	1
9 Lament, Tiffany		Winthrop	3.25m 10-08.00	
10 Tolsma, Tami		Liberty	J3.25m 10-08.00	
-- Harding, Nicole		Va. Military	NH	
-- Noe, Lindsey		Radford	NH	
-- Wortham, Carrie		Va. Military	NH	
-- Griffin, Catelyn		High Point	NH	
-- Kirby, Ashton		High Point	NH	
-- Raynor, Courtney		Campbell	NH	
-- Howell, Ann		Gardner-Webb	NH	
-- Antor, Carli		High Point	NH	
-- Teeters, Blaire		Gardner-Webb	NH	

Women Long Jump

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Conference R: C 6.13m 4/21/2006 Chasity Johnson, Coastal Carolina

Meet Record: M 6.13m 4/21/2006 Chasity Johnson, Coastal Carolina

Track Record: T 5.88m 3/20/2009 Demetrise Anthony, Georgia Southern

Name	Year	School	Finals	Wind	Points
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1	Peake, Erica	Coastal Caro	5.83m	+0.0	19-01.50	10
2	Gabe, Kierra	Coastal Caro	5.75m	1.5	18-10.50	8
3	Aghaji, Mia	Liberty	J5.75m	1.2	18-10.50	6
4	Jones, Deona	Charleston S	5.72m	1.5	18-09.25	5
5	Chieves, Arlescia	Winthrop	5.71m	1.0	18-09.00	4
6	Davis, Ashley	Coastal Caro	5.64m	2.1	18-06.00	3
7	Christian, Kayla	Radford	5.62m	1.0	18-05.25	2
8	Woodson, Keegan	Coastal Caro	5.55m	0.6	18-02.50	1
9	Gilliam, Alexis	Winthrop	5.50m	2.3	18-00.50	
10	Rohwer, Melissa	Liberty	5.47m	1.6	17-11.50	
11	Abdullah, Mariam	Winthrop	J5.47m	1.2	17-11.50	
12	Foster, Tamisha	Charleston S	5.43m	0.4	17-09.75	
13	Pegues, Alyssa	Liberty	5.41m	0.7	17-09.00	
14	Whittington, Kaitlin	High Point	5.36m	1.3	17-07.00	
15	Milton, Katy	Gardner-Webb	5.30m	-0.3	17-04.75	
16	Sims, Melanie	Liberty	5.21m	+0.0	17-01.25	
17	Natt, Nadia	Campbell	5.20m	2.5	17-00.75	
18	Lowery, Megan	High Point	4.82m	1.4	15-09.75	
19	Brown, Shamia	High Point	4.79m	0.1	15-08.75	
--	Moore, Naquan	Campbell	FOUL			
--	Casey, Sequoya	Charleston S	FOUL			

Women Triple Jump

Conference R: C 13.10m 3/18/2006 Chasity Johnson, Coastal Carolina
 Meet Record: M 12.75m 4/16/2005 Chasity Johnson, Coastal Carolina
 Track Record: T 12.92m 3/17/2012 Christina Epps, Coppin State

Name	Year	School	Finals	Wind	Points		
1		Aghaji, Mia	Liberty	12.51m	-1.9	41-00.50	10
2		Gabe, Kierra	Coastal Caro	12.31m	-1.0	40-04.75	8
3		Natt, Nadia	Campbell	12.30m	1.0	40-04.25	6

4	Foster, Tamisha	Charleston S	12.17m	1.9	39-11.25	5
5	Pegues, Alyssa	Liberty	12.04m	-1.4	39-06.00	4
6	Casey, Sequoya	Charleston S	11.92m	-1.0	39-01.25	3
7	Rohwer, Melissa	Liberty	11.89m	0.4	39-00.25	2
8	Peake, Erica	Coastal Caro	11.68m	-0.7	38-04.00	1
9	Whittington, Kaitlin	High Point	11.58m	-0.3	38-00.00	
10	Baker, Caitlin	Coastal Caro	11.38m	1.4	37-04.00	
11	Carnegie, Anna	Coastal Caro	11.37m	-0.7	37-03.75	
12	Fate, Rudi	Campbell	11.23m	-0.1	36-10.25	
13	Minter, Bari	Liberty	10.97m	-0.8	36-00.00	
14	Gilliam, Alexis	Winthrop	10.86m	1.0	35-07.75	
15	Baker, Jamieeka	Radford	10.41m	-0.7	34-02.00	

Women Shot Put

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 Conference R: C 15.56m 4/20/2007 Tiffany Evans, Radford
 Meet Record: M 15.56m 4/20/2007 Tiffany Evans, Radford
 Track Record: T 15.53m 3/17/2012 Nadia Alexander, Quick Stars

Name	Year School	Finals	Points
1 Cumings, Mychelle	Liberty	15.40m 50-06.25	10
2 Alexander, Ashlei	Gardner-Webb	14.41m 47-03.50	8
3 Noga, Joshlyn	Charleston S	14.34m 47-00.75	6
4 Connor, Brittany	Coastal Caro	13.34m 43-09.25	5
5 Patterson, Shantelle	Coastal Caro	12.98m 42-07.00	4
6 McCarroll, Stephanye	Winthrop	12.85m 42-02.00	3
7 Reives, Renee	Va. Military	12.77m 41-10.75	2
8 Fitzgerald, Sharee	Radford	12.53m 41-01.50	1
9 Williams, Jocelyn	Liberty	12.38m 40-07.50	
10 Atkins, Naomi	Coastal Caro	12.18m 39-11.50	
11 Simmons, Desiree	Radford	12.10m 39-08.50	
12 Hamilton, Stephanie	Gardner-Webb	12.09m 39-08.00	

13	Lee, Yazzming	Gardner-Webb	12.08m	39-07.75
14	Whitaker, Daisy	Charleston S	11.79m	38-08.25
15	Nicholson, Jennifer	Liberty	11.63m	38-02.00
16	Tagivakatini, Talei	Charleston S	11.56m	37-11.25
17	Barnes, Rachel	Liberty	11.55m	37-10.75
18	Dula, DaVona	Campbell	11.54m	37-10.50
19	Hansford, Kyntoya	Gardner-Webb	11.27m	36-11.75
20	Dunston, Jessica	Campbell	11.08m	36-04.25
--	Lynch, Mardavia	Winthrop	FOUL	

Women Discus Throw

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Conference R: C 51.35m 3/25/2010 Ashley Howard, Winthrop
Meet Record: M 49.59m 4/19/2008 Ashley Howard, Winthrop
Track Record: T 53.02m 6/5/2010 Annie Alexander, Unattached

Name	Year	School	Finals	Points
1		Cummings, Mychelle	Liberty	48.61m 159-06 10
2		Nicholson, Anjulia	Coastal Caro	46.80m 153-06 8
3		Whitaker, Daisy	Charleston S	45.62m 149-08 6
4		Nicholson, Jennifer	Liberty	44.41m 145-08 5
5		Williams, Jocelyn	Liberty	44.31m 145-04 4
6		Connor, Brittany	Coastal Caro	42.12m 138-02 3
7		Bendik, Melinda	Liberty	41.58m 136-05 2
8		Lemon, Mary Grace	Va. Military	41.57m 136-05 1
9		Hunter, Shaniqua	Winthrop	41.44m 135-11
10		White, Tenasia	Charleston S	40.91m 134-03
11		Miles, Jasmine	Gardner-Webb	39.23m 128-08
12		Reives, Renee	Va. Military	39.22m 128-08
13		McCarroll, Stephanye	Winthrop	38.56m 126-06
14		Gordon, Cynthia	Winthrop	38.54m 126-05
15		Tagivakatini, Talei	Charleston S	38.27m 125-07
16		Pineda, Emily	Unc-Ashevill	37.46m 122-11

17	Wilson, Jordan	Radford	37.17m	121-11
18	Pina, Lynee	High Point	36.85m	120-11
19	Hale, Emmalane	Radford	36.82m	120-10
20	Hansford, Kyntoya	Gardner-Webb	36.63m	120-02
21	Patterson, Shantelle	Coastal Caro	36.12m	118-06
22	Atkins, Naomi	Coastal Caro	35.79m	117-05
23	Dula, DaVona	Campbell	33.90m	111-03
24	Alexander, Ashlei	Gardner-Webb	33.65m	110-05
25	Hamilton, Stephanie	Gardner-Webb	33.07m	108-06
--	Noga, Joshlyn	Charleston S	FOUL	
--	McClintock, Corey	Unc-Ashevill	FOUL	

Women Hammer Throw

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Conference R: C 67.24m 4/17/2004 Amber Campbell, Coastal Carolina

Meet Record: M 67.24m 4/17/2004 Amber Campbell, Coastal Carolina

Track Record: T 72.07m 3/18/2011 Amber Campbell, Nike-Mjolnir

Name	Year	School	Finals	Points
1	Bendik, Melinda	Liberty	57.79m	189-07 10
2	Patterson, Shantelle	Coastal Caro	54.59m	179-01 8
3	Dunston, Jessica	Campbell	53.56m	175-09 6
4	Veatch, Aimee	Radford	51.80m	169-11 5
5	Connor, Brittany	Coastal Caro	51.62m	169-04 4
6	Williams, Jocelyn	Liberty	49.63m	162-10 3
7	Alexander, Ashlei	Gardner-Webb	49.32m	161-10 2
8	Hunter, Shaniqua	Winthrop	47.82m	156-11 1
9	Cumings, Mychelle	Liberty	47.78m	156-09
10	White, Tenasia	Charleston S	46.43m	152-04
11	Lemon, Mary Grace	Va. Military	46.35m	152-01
12	Miles, Jasmine	Gardner-Webb	46.26m	151-09
13	Gordon, Cynthia	Winthrop	45.98m	150-10

14	Nicholson, Anjulia	Coastal Caro	45.77m	150-02
15	Atkins, Naomi	Coastal Caro	45.27m	148-06
16	Whitaker, Daisy	Charleston S	44.70m	146-08
17	McClintock, Corey	Unc-Ashevill	44.18m	144-11
18	Lee, Yazzming	Gardner-Webb	43.17m	141-08
19	Fitzgerald, Sharee	Radford	43.09m	141-04
20	Hansford, Kyntoya	Gardner-Webb	40.48m	132-10
21	Tagivakatini, Talei	Charleston S	40.16m	131-09
22	Nicholson, Jennifer	Liberty	39.16m	128-06
23	Dula, DaVona	Campbell	38.66m	126-10
24	Hastings, Alex	Va. Military	35.38m	116-01
--	McCarroll, Stephanye	Winthrop	FOUL	

Women Javelin Throw

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Conference R: C 46.03m 4/8/2011 Deborah Mattern, Coastal Carolina

Meet Record: M 45.86m 4/17/2004 Dana Sizemore, Coastal Carolina

Track Record: T 51.09m 6/29/2011 Haley Crouser, Gresham Blu By U

Name	Year	School	Finals	Points
1	Mitchell, Christina	Liberty	44.07m	144-07 10
2	Arledge, Caroline	Gardner-Webb	40.21m	131-11 8
3	Clodfelter, Ashlei	Unc-Ashevill	39.58m	129-10 6
4	England, Danielle	Coastal Caro	38.29m	125-07 5
5	Howell, Ann	Gardner-Webb	37.78m	123-11 4
6	Velasquez, Otessa	Coastal Caro	36.50m	119-09 3
7	Kuhn, Tiffani	Coastal Caro	36.40m	119-05 2
8	Pina, Lynee	High Point	35.51m	116-06 1
9	Spiro, Katie	Gardner-Webb	34.98m	114-09
10	Sing, Rachel	Va. Military	33.01m	108-04
11	Raynor, Courtney	Campbell	32.59m	106-11
12	Esden, Grace	Liberty	29.89m	98-01
13	Hill, Ashley	Va. Military	29.58m	97-00

14 Nicholson, Jennifer	Liberty	28.95m	95-00
15 Alpert, Samantha	Va. Military	28.25m	92-08
16 Lockard, Nicole	Campbell	25.99m	85-03

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 King, Jasmine	Charleston S	25.59	1.2	2	833
2 Hurley, Kristen	Gardner-Webb	26.65	1.7	1	741
3 Dooling, Rashida	Charleston S	27.28	1.2	2	689
4 Parnell, Kerona	Charleston S	27.41	1.7	1	678
5 Fate, Rudi	Campbell	27.49	1.2	2	672
6 Mitchell, Christina	Liberty	27.88	1.7	1	640
7 Moody, Olivia	Gardner-Webb	28.04	1.2	2	628
8 Brandon, Riley	Liberty	28.43	1.7	1	597
9 Bamford, Audrey	Liberty	28.57	1.2	2	587

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Brandon, Riley	Liberty	2:27.78	721
2 Hurley, Kristen	Gardner-Webb	2:30.09	692
3 Dooling, Rashida	Charleston S	2:41.37	557
4 Mitchell, Christina	Liberty	2:43.29	536
5 King, Jasmine	Charleston S	2:43.35	535
6 Moody, Olivia	Gardner-Webb	2:46.80	497
7 Parnell, Kerona	Charleston S	2:52.04	443
8 Fate, Rudi	Campbell	2:53.21	431
9 Bamford, Audrey	Liberty	2:56.67	397

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 King, Jasmine	Charleston S	14.53	0.5	3	905
2 Dooling, Rashida	Charleston S	14.96	0.5	3	847
3 Bamford, Audrey	Liberty	15.36	0.5	3	795
4 Hurley, Kristen	Gardner-Webb	15.43	1.2	1	786
5 Mitchell, Christina	Liberty	15.45	1.0	2	783
6 Parnell, Kerona	Charleston S	15.46	1.0	2	782
7 Brandon, Riley	Liberty	15.86	1.2	1	732
8 Moody, Olivia	Gardner-Webb	16.54	1.0	2	649
9 Fate, Rudi	Campbell	16.61	1.2	1	641

Heptathlon: #2 Women High Jump Heptathlon

Name	Year School	Finals	Points
1 Bamford, Audrey	Liberty	1.56m	5-01.25 689
2 Fate, Rudi	Campbell	1.53m	5-00.25 655
2 Mitchell, Christina	Liberty	1.53m	5-00.25 655
2 Brandon, Riley	Liberty	1.53m	5-00.25 655
5 Moody, Olivia	Gardner-Webb	1.50m	4-11.00 621
6 King, Jasmine	Charleston S	1.47m	4-09.75 588
7 Hurley, Kristen	Gardner-Webb	1.44m	4-08.75 555
8 Parnell, Kerona	Charleston S	1.38m	4-06.25 491
9 Dooling, Rashida	Charleston S	1.35m	4-05.00 460

Heptathlon: #5 Women Long Jump Heptathlon

Name	Year School	Finals	Wind	Points
1 Fate, Rudi	Campbell	5.24m	+0.0 17-02.25	626

2	Hurley, Kristen	Gardner-Webb	5.21m	1.5	17-01.25	617
3	Mitchell, Christina	Liberty	5.02m	1.9	16-05.75	565
4	Bamford, Audrey	Liberty	4.94m	1.1	16-02.50	543
5	King, Jasmine	Charleston S	4.89m	-0.8	16-00.50	530
6	Dooling, Rashida	Charleston S	4.83m	-0.7	15-10.25	514
7	Brandon, Riley	Liberty	4.80m	0.9	15-09.00	506
8	Parnell, Kerona	Charleston S	4.72m	+0.0	15-06.00	485
9	Moody, Olivia	Gardner-Webb	4.51m	+0.0	14-09.75	431

Heptathlon: #3 Women Shot Put Heptathlon

Name	Year School	Finals	Points
1 Mitchell, Christina	Liberty	11.68m 38-04.00	640
2 Fate, Rudi	Campbell	10.60m 34-09.50	569
3 King, Jasmine	Charleston S	10.34m 33-11.25	552
4 Moody, Olivia	Gardner-Webb	10.17m 33-04.50	541
5 Hurley, Kristen	Gardner-Webb	10.10m 33-01.75	536
6 Brandon, Riley	Liberty	9.92m 32-06.50	524
7 Bamford, Audrey	Liberty	8.94m 29-04.00	460
8 Parnell, Kerona	Charleston S	8.78m 28-09.75	450
9 Dooling, Rashida	Charleston S	7.93m 26-00.25	395

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year School	Finals	Points
1 Mitchell, Christina	Liberty	41.40m 135-10	694
2 Moody, Olivia	Gardner-Webb	32.96m 108-02	533
3 Brandon, Riley	Liberty	32.01m 105-00	515
4 Hurley, Kristen	Gardner-Webb	31.56m 103-06	506
5 King, Jasmine	Charleston S	23.57m 77-04	355

6	Fate, Rudi	Campbell	23.12m	75-10	347
7	Bamford, Audrey	Liberty	19.41m	63-08	278
8	Dooling, Rashida	Charleston S	17.96m	58-11	251
9	Parnell, Kerona	Charleston S	17.30m	56-09	239

Women Heptathlon

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Conference R: C 5504 4/27/2005 Danielle McNaney, Liberty
 Meet Record: M 4831 4/22/2011 Christina Mitchell, Liberty
 Track Record: T 4929 3/16/2012 Abby Kacsandi, Unattached

Name	Year	School	Finals	Points
1 Mitchell, Christina		Liberty	4513	10
2 Hurley, Kristen		Gardner-Webb	4433	8
3 King, Jasmine		Charleston S	4298	6
4 Brandon, Riley		Liberty	4250	5
5 Fate, Rudi		Campbell	3941	4
6 Moody, Olivia		Gardner-Webb	3900	3
7 Bamford, Audrey		Liberty	3749	2
8 Dooling, Rashida		Charleston S	3713	1
9 Parnell, Kerona		Charleston S	3568	

Men 100 Meter Dash

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Conference R: C 10.17 4/2/2010 Javon Young, Charleston Southern
 Meet Record: M 10.23 4/17/2010 Javon Young, Charleston Southern
 Track Record: T 10.26 3/17/2012 Reggie Dixon, Hampton

Name	Year	School	Prelims	Wind	H#
1 Young, Javon		Charleston S	10.42Q	0.5	2
2 Johnson, Rozzie		Charleston S	10.56Q	-0.4	3
3 Emery, Evan		High Point	10.61Q	-0.3	1

Preliminaries

4	Spruel, Roderick	Liberty	10.82q	0.5	2
5	Askew, Tyler	Coastal Caro	10.85q	-0.4	3
6	Betts, Joseph	Radford	10.88q	0.5	2
6	Jameson, Corey	Coastal Caro	10.88q	-0.3	1
8	Dooms, Allen	Radford	10.89q	-0.4	3
9	Long, Tyler	Campbell	10.91	0.5	2
10	Wilson, Joseph	Coastal Caro	10.93	0.5	2
11	Asante, Maxwell	Liberty	10.96	-0.3	1
11	Williams, Tarell	Liberty	10.96	-0.3	1
11	Settje, Anthony	Liberty	10.96	-0.4	3
14	Drummond, Braxton	Charleston S	11.01	0.5	2
15	Hicks, Stanley	Campbell	11.07	-0.3	1
16	Posey, Ronquis	Radford	11.16	-0.4	3
17	Raiteri, Carlo	Winthrop	11.33	-0.3	1
17	Miller, Zach	Winthrop	11.33	-0.4	3
19	Gant, Nate	Va. Military	11.46	0.5	2
--	Jackson, Ronnie	Coastal Caro	FS	-0.3	1

Men 100 Meter Dash

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Conference R: C 10.17 4/2/2010 Javon Young, Charleston Southern
 Meet Record: M 10.23 4/17/2010 Javon Young, Charleston Southern
 Track Record: T 10.26 3/17/2012 Reggie Dixon, Hampton

Name	Year	School	Finals	Wind	Points
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Finals

1	Young, Javon	Charleston S	10.38	-0.3	10
2	Emery, Evan	High Point	10.54	-0.3	8
3	Johnson, Rozzie	Charleston S	10.67	-0.3	6
4	Askew, Tyler	Coastal Caro	10.79	-0.3	5
5	Jameson, Corey	Coastal Caro	10.81	-0.3	4
6	Dooms, Allen	Radford	10.87	-0.3	3

7	Spruel, Roderick	Liberty	10.91	-0.3	2
8	Betts, Joseph	Radford	12.16	-0.3	1

Men 200 Meter Dash

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 Conference R: C 20.64 4/2/2010 Javon Young, Charleston Southern
 Meet Record: M 20.69 4/20/2012 Javon Young, Charleston S
 Track Record: T 20.69 3/17/2012 Dane Hyatt, Unattached
 Track Record: T 20.69 4/20/2012 Javon Young, Charleston S

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	Young, Javon	Charleston S	T 20.69Q	0.3	2
2	Johnson, Rozzie	Charleston S	21.13Q	-0.9	1
3	Tyler, Cornelius	Charleston S	21.17Q	+0.0	4
4	Robbins, Leonard	Liberty	21.34Q	0.8	3
5	Emery, Evan	High Point	21.19q	-0.9	1
6	Betts, Joseph	Radford	21.47q	0.8	3
7	Wilson, Joseph	Coastal Caro	21.55q	+0.0	4
8	Ristic, Milan	Unc-Asheville	21.63q	-0.9	1
9	Hicks, Stanley	Campbell	21.70	0.3	2
10	Campbell, Jayshawn	Campbell	21.71	+0.0	4
11	Warrick, Tehquin	Radford	21.72	0.3	2
12	Ellis, Chad	Liberty	21.74	0.3	2
13	Askew, Tyler	Coastal Caro	21.79	0.3	2
14	Smith, ConRoy	Liberty	21.84	+0.0	4
15	Dooms, Allen	Radford	21.85	+0.0	4
16	Jameson, Corey	Coastal Caro	21.89	0.8	3
17	Spruel, Roderick	Liberty	21.96	-0.9	1
18	White, Kaise	Radford	22.02	0.8	3
19	Jackson, Ronnie	Coastal Caro	22.10	-0.9	1
20	Raiteri, Carlo	Winthrop	22.32	0.8	3
21	Miller, Zach	Winthrop	22.50	+0.0	4

22 Spreads, Dantwan Charleston S 22.97 0.8 3

Men 200 Meter Dash

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Conference R: C 20.64 4/2/2010 Javon Young, Charleston Southern

Meet Record: M 20.69 4/20/2012 Javon Young, Charleston S

Track Record: T 20.69 3/17/2012 Dane Hyatt, Unattached

Track Record: T 20.69 4/20/2012 Javon Young, Charleston S

Name	Year	School	Finals	Wind	Points
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Finals

1	Young, Javon	Charleston S	20.82	-1.5	10
2	Johnson, Rozzie	Charleston S	21.14	-1.5	8
3	Tyler, Cornelius	Charleston S	21.44	-1.5	6
4	Robbins, Leonard	Liberty	21.52	-1.5	5
5	Ristic, Milan	Unc-Ashevill	21.91	-1.5	4
6	Wilson, Joseph	Coastal Caro	22.00	-1.5	3
7	Emery, Evan	High Point	22.11	-1.5	2
8	Betts, Joseph	Radford	23.16	-1.5	1

Men 400 Meter Dash

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Conference R: C 45.59 3/1/2001 Michael Decker, Liberty

Meet Record: M 46.23 4/17/1999 Michael Decker, Liberty

Track Record: T 46.27 3/20/2010 Nathaniel McKinney, Unattached

Name	Year	School	Prelims	H#
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Preliminaries

1	Robbins, Leonard	Liberty	47.81Q	2
2	White, Kaise	Radford	48.43Q	3
3	Warrick, Tehquin	Radford	48.44Q	4
4	Brunson, Stevie	Coastal Caro	48.65Q	1

5	Washington, Andre	Liberty	48.64q	2
6	Doehr, Justin	High Point	48.71q	1
7	Campbell, Jayshawn	Campbell	48.79q	4
8	Lynch, Anthony	Coastal Caro	48.99q	4
9	Tyler, Cornelius	Charleston S	49.08	2
10	Thompson, Juan	Charleston S	49.09	1
11	Lipscomb, DeAndra	Coastal Caro	49.14	3
12	Spreads, Dantwan	Charleston S	49.16	4
13	Mitchell, Grant	Radford	49.72	2
14	Parks, Nicholas	Coastal Caro	49.86	1
15	Jones, Denzel	Campbell	50.25	3
16	Gill, Kyle	Liberty	50.56	3
17	Slan, Stephen	Charleston S	50.76	1
18	Weigandt, Tyler	Liberty	50.90	3
19	Perez, Andre	Campbell	51.01	2
20	Hartman, Brandon	Va. Military	52.02	4
21	Thorpe, Jason	Va. Military	53.12	2
22	Harvey, Matt	Va. Military	55.50	3

Men 400 Meter Dash

=====

Conference R: C 45.59 3/1/2001 Michael Decker, Liberty
 Meet Record: M 46.23 4/17/1999 Michael Decker, Liberty
 Track Record: T 46.27 3/20/2010 Nathaniel McKinney, Unattached

Name	Year	School	Finals	Points
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Finals

1	Robbins, Leonard	Liberty	47.37	10
2	White, Kaise	Radford	47.71	8
3	Warrick, Tehquin	Radford	47.96	6
4	Campbell, Jayshawn	Campbell	48.22	5
5	Brunson, Stevie	Coastal Caro	48.23	4
6	Doehr, Justin	High Point	48.68	3

7	Lynch, Anthony	Coastal Caro	48.87	2
8	Washington, Andre	Liberty	48.88	1

Men 800 Meter Run

=====
 Conference R: C 1:46.75 5/31/2008 Felix Kitur, VMI

Meet Record: M 1:48.79 4/21/2012 Felix Kitur, Va. Military

Track Record: T 1:48.79 4/21/2012 Felix Kitur, Va. Military

Name	Year	School	Prelims	H#
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Preliminaries

1	Kitur, Felix	Va. Military	1:52.09Q	1
2	Leroux, Adam	Winthrop	1:54.25Q	2
3	Stanton-Brooks, Josiah	Gardner-Webb	1:54.80Q	4
4	Arslain, Paul	Liberty	1:55.16Q	3
5	Mugger, Chris	High Point	1:54.77q	2
6	Gonsalves, Dean	Va. Military	1:55.13q	4
7	Graves, Eric	Radford	1:55.81q	1
8	Livingston, Sammy	Winthrop	1:55.95q	2
9	Colven, Michael	High Point	1:56.94	3
10	Harwood, Seth	High Point	1:57.03	1
11	Hope, Trevor	Liberty	1:57.19	3
12	Gingrich, Evan	High Point	1:57.30	1
13	Fisher, Gabriel	Va. Military	1:58.22	3
14	Bryson, Timothy	Coastal Caro	1:58.24	4
15	Paniagua, Sebastian	Unc-Ashevill	1:58.66	2
16	Crosby, Baxley	Charleston S	1:59.11	2
17	Zimmerman, Jake	Radford	1:59.67	2
18	Hines, Tyree	Charleston S	2:00.31	1
19	Crook, Trey	Gardner-Webb	2:00.62	4
20	Sherret, John	Liberty	2:02.11	4
21	Keene, Galen	Gardner-Webb	2:02.51	1

22 McKellar, Brandon	Winthrop	2:04.37	3
23 Rogers, Nick	Gardner-Webb	2:06.33	1
-- Dmitriev, Andrey	Va. Military	DQ	3

Men 800 Meter Run

=====
 Conference R: C 1:46.75 5/31/2008 Felix Kitur, VMI
 Meet Record: M 1:48.79 4/21/2012 Felix Kitur, Va. Military
 Track Record: T 1:48.79 4/21/2012 Felix Kitur, Va. Military

Name	Year School	Finals	Points
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Finals

1 Kitur, Felix	Va. Military	1:48.79T	10
2 Leroux, Adam	Winthrop	1:52.28	8
3 Stanton-Brooks, Josiah	Gardner-Webb	1:52.52	6
4 Arslain, Paul	Liberty	1:54.72	5
5 Graves, Eric	Radford	1:55.01	4
6 Gonsalves, Dean	Va. Military	1:55.44	3
7 Muggler, Chris	High Point	1:56.29	2
8 Livingston, Sammy	Winthrop	1:58.16	1

Men 1500 Meter Run

=====
 Conference R: C 3:43.99 5/13/2005 Taylor Milne, High Point
 Meet Record: M 3:45.01 4/21/2006 Josh McDougal, Liberty
 Track Record: T 3:50.80 4/21/2012 Felix Kitur, Va. Military

Name	Year School	Prelims
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Preliminaries

1 Monds, Jevin	High Point	3:56.53Q
2 Kitur, Felix	Va. Military	3:57.00Q
3 Baldwin, Eric	Campbell	3:56.96Q
4 LaCoste, Jeff	High Point	3:57.30Q

5	Schulist, Chris	Campbell	3:56.97Q
6	Dmitriev, Andrey	Va. Military	3:57.43Q
7	Timiney, Morgan	Campbell	3:57.44Q
8	Cornfield, Jarred	Liberty	3:58.94Q
9	Holguin, Gabe	Winthrop	3:57.52q
10	Peachee, Dakota	High Point	3:59.83q
11	Gonsalves, Dean	Va. Military	4:00.29q
12	Mujezinovic, Ermin	Va. Military	4:00.41q
13	Keitt, Joseph	Coastal Caro	4:02.54
14	Hines, Tyree	Charleston S	4:03.78
15	Rigler, Andrew	Liberty	4:05.79
16	Onifer, Jacob	Liberty	4:06.43
17	Cummings, Tyler	Coastal Caro	4:07.87
18	Keefe, Thomas	Radford	4:07.88
19	Wells, Cameron	Coastal Caro	4:08.57
20	Reeves, Wil	Liberty	4:09.81
21	Weeks, Chris	Radford	4:15.36
22	Blackwell, Justin	Winthrop	4:18.77
--	Martin, Aaron	Unc-Ashevill	DNF

Men 1500 Meter Run

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Conference R: C 3:43.99 5/13/2005 Taylor Milne, High Point

Meet Record: M 3:45.01 4/21/2006 Josh McDougal, Liberty

Track Record: T 3:50.80 4/21/2012 Felix Kitur, Va. Military

Name	Year School	Finals	Points
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Finals

1	Kitur, Felix	Va. Military	3:50.80T	10
2	Dmitriev, Andrey	Va. Military	3:50.92	8
3	Monds, Jevin	High Point	3:54.06	6
4	Cornfield, Jarred	Liberty	3:55.45	5

5	Schulist, Chris	Campbell	3:55.53	4
6	Timiney, Morgan	Campbell	3:57.43	3
7	LaCoste, Jeff	High Point	3:58.04	2
8	Gonsalves, Dean	Va. Military	3:58.20	1
9	Baldwin, Eric	Campbell	3:59.03	
10	Holguin, Gabe	Winthrop	4:00.52	
11	Peachee, Dakota	High Point	4:03.06	
12	Mujezinovic, Ermin	Va. Military	4:18.27	

Men 5000 Meter Run

=====
Conference R: C 13:20.43 4/13/2007 Josh McDougal, Liberty
Meet Record: M 14:01.89 4/17/2009 Sam Chelanga, Liberty
Track Record: T 14:24.66 4/21/2012 Jacob Smith, High Point

Name	Year School	Finals	Points
1 Smith, Jacob	High Point	14:24.66T	10
2 Edmonds, Caleb	Liberty	14:35.53	8
3 Crawford, Patrick	High Point	14:42.86	6
4 Dmitriev, Andrey	Va. Military	14:47.78	5
5 LaCoste, Jeff	High Point	14:47.81	4
6 Willis, Cabell	Va. Military	14:49.90	3
7 Hagos, Noah	Va. Military	14:53.47	2
8 Kling, Kyle	Coastal Caro	14:57.09	1
9 Timiney, Morgan	Campbell	15:07.64	
10 Samuel, DeLohnni	Campbell	15:08.59	
11 McClay, Michael	Gardner-Webb	15:11.44	
12 Monds, Jevin	High Point	15:21.73	
13 Paradise, Kevin	Unc-Ashevill	15:29.97	
14 Keitt, Joseph	Coastal Caro	15:31.58	
15 Darm, Evan	Campbell	15:37.14	
16 Farnan, Ryan	Radford	15:40.25	
17 Niciphor, Evan	Coastal Caro	15:41.86	

18	Carufe, Kyle	Winthrop	15:43.15
19	Schulist, Chris	Campbell	16:02.17
20	Blackmon, Ryan	Unc-Ashevill	16:10.34
21	Cummings, Tyler	Coastal Caro	16:15.19
22	Coe, Ellis	Winthrop	16:16.51
23	Keltner, Sam	Radford	16:19.52
24	Sherriff, Braxton	Winthrop	16:34.14
--	Mujezinovic, Ermin	Va. Military	DNF

Men 10000 Meter Run

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Conference R: C 27:08.39 5/1/2010 Sam Chelanga, Liberty

Meet Record: M 30:13.20 4/16/2010 Jesse Cherry, High Point

Track Record: T 30:57.09 3/9/2012 Josh McDonald, Liberty

Name	Year	School	Finals	Points	
1		Kipchirchir, N'Getich	Liberty	31:05.62	10
2		Freudenthal, Adam	Winthrop	31:12.54	8
3		Hagos, Noah	Va. Military	31:18.98	6
4		Darmody, Neal	High Point	31:23.80	5
5		Ricksecker, David	Liberty	31:28.00	4
6		Ayers, Reese	High Point	31:32.69	3
7		Ali, Mike	High Point	31:40.75	2
8		McClay, Michael	Gardner-Webb	31:44.88	1
9		Paradise, Kevin	Unc-Ashevill	31:53.54	
10		Yankello, John	High Point	31:58.14	
11		Niciphor, Evan	Coastal Caro	32:04.71	
12		Darm, Evan	Campbell	32:24.55	
13		Thompson, William	Va. Military	32:31.72	
14		Paultre, Hartnel	Va. Military	32:36.33	
15		Kling, Kyle	Coastal Caro	32:42.39	
16		Carufe, Kyle	Winthrop	32:55.84	

17 Keltner, Sam	Radford	33:11.47
18 Farnan, Ryan	Radford	33:35.96
19 Woll, Clayton	Campbell	33:38.88
20 Blackmon, Ryan	Unc-Ashevill	34:05.36
21 Loy, Justin	Gardner-Webb	34:37.49
-- Pahel-Short, Elliot	Unc-Ashevill	DNF
-- Hornsby, Booth	Va. Military	DNF

Men 110 Meter Hurdles

=====
Conference R: C 13.98 5/25/2006 Kandrick Cooper, Winthrop
Meet Record: M 13.99 4/21/2012 Milan Ristic, UNC-Ashevill
Track Record: T 13.73 3/20/2010 Johnny Dutch, South Carolina

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1 Ristic, Milan	Unc-Ashevill	14.23Q	-1.3	1
2 Wyatt, Vincent	Radford	14.37Q	-0.2	2
3 Fisher, Alex	High Point	14.71q	-0.2	2
4 Gee, Tre'von	Coastal Caro	14.72q	-1.3	1
5 Norris, Shane	Coastal Caro	14.73q	-0.2	2
6 Fernandors, Carrington	Coastal Caro	14.88q	-0.2	2
7 Venable, Ryan	High Point	14.89q	-1.3	1
8 Kanner, Russel	Coastal Caro	14.99q	-1.3	1
9 Parks, Johnathan	Gardner-Webb	15.16	-0.2	2
10 Murphy, Quincy	Va. Military	15.20	-0.2	2
11 Chavous, Andrew	Winthrop	15.29	-1.3	1
12 Schmalhofer, Taylor	Va. Military	16.46	-1.3	1
13 D'Auria, Nick	Campbell	16.87	-1.3	1

Men 110 Meter Hurdles

=====
Conference R: C 13.98 5/25/2006 Kandrick Cooper, Winthrop

Meet Record: M 13.99 4/21/2012 Milan Ristic, UNC-Ashevill

Track Record: T 13.73 3/20/2010 Johnny Dutch, South Carolina

Name	Year	School	Finals	Wind	Points
=====					
Finals					
1 Ristic, Milan		Unc-Ashevill	13.99M	-0.2	10
2 Wyatt, Vincent		Radford	14.23	-0.2	8
3 Norris, Shane		Coastal Caro	14.52	-0.2	6
4 Fisher, Alex		High Point	14.74	-0.2	5
5 Venable, Ryan		High Point	14.79	-0.2	4
6 Kanner, Russel		Coastal Caro	15.04	-0.2	3
7 Fernandors, Carrington		Coastal Caro	18.25	-0.2	2
-- Gee, Tre'von		Coastal Caro	DQ	-0.2	

Men 400 Meter Hurdles

Conference R: C 50.52 5/20/1995 Mike Reed, Liberty

Meet Record: M 51.35 4/16/2009 Tim O'Donnell, Liberty

Track Record: T 51.85 3/17/2012 Devon Burroughs, St. Augustine's

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Olinger, Brett		Radford	53.63Q	2
2 Chavous, Andrew		Winthrop	54.20Q	3
3 Courtney, Taylor		Liberty	54.25Q	1
4 Kanner, Russel		Coastal Caro	54.64q	3
5 Parks, Johnathan		Gardner-Webb	54.83q	2
6 Norris, Shane		Coastal Caro	55.51q	3
7 White, Riley		Liberty	55.71q	1
8 Green, David		Radford	55.80q	2
9 Fernandors, Carrington		Coastal Caro	56.23	2
10 Jackson, Marc		Liberty	56.24	1

11	McKown, Jake	Coastal Caro	56.94	3
12	Cooper, Kelvonto	Campbell	57.20	1
13	Fuller, Kyle	Va. Military	58.34	1

Men 400 Meter Hurdles

=====
 Conference R: C 50.52 5/20/1995 Mike Reed, Liberty
 Meet Record: M 51.35 4/16/2009 Tim O'Donnell, Liberty
 Track Record: T 51.85 3/17/2012 Devon Burroughs, St. Augustine's

Name	Year	School	Finals	Points
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Finals

1	Olinger, Brett	Radford	53.24	10
2	Chavous, Andrew	Winthrop	53.55	8
3	Kanner, Russel	Coastal Caro	53.74	6
4	Parks, Johnathan	Gardner-Webb	54.40	5
5	Courtney, Taylor	Liberty	54.41	4
6	White, Riley	Liberty	54.99	3
7	Norris, Shane	Coastal Caro	56.09	2
8	Green, David	Radford	58.15	1

Men 3000 Meter Steeplechase

=====
 Conference R: C 8:43.77 6/13/2008 Evans Kigen, Liberty
 Meet Record: M 8:52.90 4/18/2008 Evans Kigen, Liberty
 Track Record: T 8:45.26 3/18/2011 Derek Scott, PUMA

Name	Year	School	Finals	Points
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1	Smith, Jacob	High Point	8:54.56	10
2	MacDonald, Josh	Liberty	8:56.65	8
3	Crawford, Patrick	High Point	9:05.99	6
4	Carela, Pedro	Liberty	9:12.86	5
5	Peachee, Dakota	High Point	9:16.64	4

6	Samuel, DeLohnni	Campbell	9:23.81	3
7	Keitt, Joseph	Coastal Caro	9:30.08	2
8	Chris, Colo	High Point	9:36.08	1
9	Mujezinovic, Ermin	Va. Military	9:57.52	
10	McDonald, Michael	Va. Military	10:01.07	
11	Jones, Nate	Liberty	10:02.02	
12	Ford, Drew	Gardner-Webb	10:02.56	
13	Lavigne, Colin	Campbell	10:11.36	
14	Lange, Spencer	Coastal Caro	10:14.86	
15	Marshburn, Michael	Charleston S	10:22.82	
16	Nisbett, Ted	Winthrop	10:34.44	
17	Hutchens, Martin	Charleston S	10:47.84	
18	Willis, Jarett	Gardner-Webb	10:59.49	

Men 4x100 Meter Relay

=====
Conference R: C 39.78 5/13/2011 Johnson, Spreads, Young, Tyler, Charleston S
Meet Record: M 39.91 4/21/2012 Charleston Southern, Charleston S
R Johnson, J Young, C Tyler, D Spreads
Track Record: T 39.91 4/21/2012 Charleston Southern, Charleston S
R Johnson, J Young, C Tyler, D Spreads

School	Finals	H#	Points
1 Charleston Southern 'A'	39.91T	2	10
1) Johnson, Rozzie	2) Young, Javon		
3) Tyler, Cornelius	4) Spreads, Dantwan		
2 Liberty 'A'	40.65	2	8
1) Spruel, Roderick	2) Robbins, Leonard		
3) Williams, Tarell	4) Settje, Anthony		
3 Coastal Carolina 'A'	40.94	2	6
1) Askew, Tyler	2) Jameson, Corey		
3) Wilson, Joseph	4) Jackson, Ronnie		

4	Campbell 'A'	41.03	2	5
	1) Brunson, Robert			
	2) Campbell, Jayshawn			
	3) Long, Tyler			
	4) Hicks, Stanley			
5	Radford 'A'	41.16	2	4
	1) Olinger, Brett			
	2) Posey, Ronquis			
	3) Betts, Joseph			
	4) Dooms, Allen			
6	Gardner-Webb 'A'	42.75	2	3
	1) Parks, Johnathan			
	2) Darden, Chris			
	3) Joyce, Marquise			
	4) Ferguson, Tavarus			
7	Va. Military Institute 'A'	43.04	1	2
	1) Gant, Nate			
	2) Murphy, Quincy			
	3) Jackson, Julian			
	4) Wood, Antonio			
8	Winthrop 'A'	43.39	1	1
	1) Chavous, Andrew			
	2) Miller, Zach			
	3) Nickler, Patrick			
	4) Raiteri, Carlo			
9	High Point 'A'	45.10	1	
	1) Coleman, Max			
	2) Gingrich, Evan			
	3) Colven, Michael			
	4) Harwood, Seth			

Men 4x400 Meter Relay

=====

Conference R: C 3:07.05 5/31/2008 Tyler, Brooks, Spurly, Rhue, Charleston So
 Meet Record: M 3:10.33 4/21/2007 Myzsak, Brooks, Scott, Rhue, Charleston So
 Track Record: T 3:07.44 3/21/2009 , St. Augustine's

School	Finals	H#	Points
1 Charleston Southern 'A'	3:12.92	2	10
1) Tyler, Cornelius			
2) Young, Javon			
3) Thompson, Juan			
4) Spreads, Dantwan			
2 Liberty 'A'	3:15.05	2	8
1) Washington, Andre			
2) Arslain, Paul			
3) Robbins, Leonard			
4) Courtney, Taylor			
3 Radford 'A'	3:15.65	2	6

1) Olinger, Brett	2) Warrick, Tehquin		
3) Posey, Ronquis	4) White, Kaise		
4 Coastal Carolina 'A'		3:15.77	2 5
1) Lipscomb, DeAndra	2) Lynch, Anthony		
3) Brunson, Stevie	4) Swanson, Tyler		
5 Campbell 'A'		3:19.58	2 4
1) Hicks, Stanley	2) Cooper, Kelvonto		
3) Jones, Denzel	4) Campbell, Jayshawn		
6 High Point 'A'		3:23.14	1 3
1) Muggler, Chris	2) Faure, Tristan		
3) Emery, Evan	4) Doehr, Justin		
7 Winthrop 'A'		3:23.57	1 2
1) Chavous, Andrew	2) Leroux, Adam		
3) Livingston, Sammy	4) Raiteri, Carlo		
8 Va. Military Institute 'A'		3:27.72	1 1
1) Hartman, Brandon	2) Fuller, Kyle		
3) Fisher, Gabriel	4) Jackson, Julian		
9 Gardner-Webb 'A'		3:31.04	2
1) Davis, Terry	2) Harris, Miles		
3) Parks, Johnathan	4) Stanton-Brooks, Josiah		

Men High Jump

=====
 Conference R: C 2.25m 4/2/2010 Jacques Watson, Coastal Carolina
 Meet Record: M 2.16m 4/20/2012 Kyle Wheeler, Liberty
 Track Record: T 2.28m 3/20/2010 Joe Kindred, Unattached

Name	Year School	Finals	Points
1 Wheeler, Kyle	Liberty	2.16mM 7-01.00	10
2 Jones, Burton	Coastal Caro	2.04m 6-08.25	8
3 Wood, Antonio	Va. Military	2.01m 6-07.00	6
4 Young, Dexter	Winthrop	1.96m 6-05.00	5

5	Noble, Aaron	Coastal Caro	J1.96m	6-05.00	4
6	Nelson, Reggie	Coastal Caro	1.91m	6-03.25	3
7	Hudson, Travis	Radford	J1.91m	6-03.25	2
8	Howard, Cameron	Unc-Ashevill	1.86m	6-01.25	1
9	Darden, Chris	Gardner-Webb	J1.86m	6-01.25	
10	Klase, Daniel	Liberty	J1.86m	6-01.25	
11	Drummond, Braxton	Charleston S	1.81m	5-11.25	
12	Harris, Miles	Gardner-Webb	J1.81m	5-11.25	
--	Coleman, Max	High Point		NH	

Men Pole Vault

=====
Conference R: C 5.40m 4/8/2006 Mark Johnson, Coastal Carolina
Meet Record: M 5.20m 4/22/2011 Shepherd, Prettyman, Liberty
Track Record: T 5.05m 3/17/2012 Owen Wagoner, Samford

Name	Year	School	Finals		Points	
1		Shepherd, Kolby	Liberty	4.90m	16-00.75	10
2		Fridgen, Cody	Liberty	4.55m	14-11.00	8
3		Thompson, Matt	Liberty	4.40m	14-05.25	6
4		Drablos, Jon	Liberty	4.25m	13-11.25	5
5		Connolly, Sean	Va. Military	3.95m	12-11.50	4
6		Brunson, Josiah	Radford	J3.95m	12-11.50	3
--		Wood, Antonio	Va. Military		NH	
--		Crosby, Baxley	Charleston S		NH	

Men Long Jump

=====
Conference R: C 7.91m 3/24/2000 Kodi Coverson, High Point
Meet Record: M 7.75m 4/20/1996 Kevin Coley, Liberty
Track Record: T 7.53m 3/18/2011 Diego Lawrence, Campbell

Name	Year	School	Finals	Wind	Points
=====					

1	Askew, Tyler	Coastal Caro	7.32m	1.2	24-00.25	10
2	Drummond, Braxton	Charleston S	7.29m	1.2	23-11.00	8
3	Jones, Burton	Coastal Caro	7.25m	2.3	23-09.50	6
4	Frederick, Raheen	Coastal Caro	7.16m	3.3	23-06.00	5
5	Wheeler, Kyle	Liberty	7.06m	1.9	23-02.00	4
6	Brunson, Robert	Campbell	7.04m	2.0	23-01.25	3
7	Wood, Antonio	Va. Military	7.00m	1.6	22-11.75	2
8	Williams, Tarell	Liberty	6.90m	2.3	22-07.75	1
9	Darden, Chris	Gardner-Webb	6.89m	1.9	22-07.25	
10	Titcombe, Ademola	Va. Military	6.84m	2.5	22-05.25	
11	Henry, George	Radford	6.79m	1.4	22-03.50	
12	Reddington, Kevin	Liberty	6.66m	2.3	21-10.25	
13	Gant, Nate	Va. Military	6.63m	1.2	21-09.00	
14	Nickler, Patrick	Winthrop	6.56m	2.8	21-06.25	
15	Ferguson, Tavarus	Gardner-Webb	6.51m	1.6	21-04.25	
16	Schmidt, Eric	Liberty	6.50m	0.2	21-04.00	
17	Brown, Eric	Coastal Caro	6.45m	1.4	21-02.00	
18	Donald, Gary	Winthrop	6.40m	0.3	21-00.00	
19	Coleman, Max	High Point	6.36m	0.6	20-10.50	
20	Plummer, Eric	High Point	6.18m	1.3	20-03.50	
21	Gibson, Douglas	Winthrop	4.02m	2.2	13-02.25	

Men Triple Jump

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Conference R: C 15.88m 5/27/2010 Clarence Powell, Liberty

Meet Record: M 15.38m 4/19/1997 Jonathan Danielism, Charleston Southern

Track Record: T 15.79m 3/17/2012 Lincoln Carr, Unattached

Name	Year	School	Finals	Wind	Points	
1	Jones, Burton	Coastal Caro	14.70m	-1.0	48-02.75	10
2	Barnette, JaDarrell	Coastal Caro	14.26m	0.4	46-09.50	8
3	Davis, Terry	Gardner-Webb	14.23m	+0.0	46-08.25	6

4	Coe, Avery	Charleston S	J14.23m	0.5	46-08.25	5
5	Titcombe, Ademola	Va. Military	14.03m	0.9	46-00.50	4
6	Brunson, Robert	Campbell	14.00m	0.4	45-11.25	3
7	Frederick, Raheen	Coastal Caro	13.78m	1.4	45-02.50	2
8	Nickler, Patrick	Winthrop	13.60m	0.5	44-07.50	1
9	Lynch, Anthony	Coastal Caro	13.58m	0.2	44-06.75	
10	Jackson, Julian	Va. Military	13.26m	1.5	43-06.00	
11	Henry, George	Radford	12.84m	1.5	42-01.50	

Men Shot Put

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 Conference R: C 18.67m 4/2/2007 Clendon Henderson, Liberty
 Meet Record: M 17.26m 4/18/2008 Jon Hart, Liberty
 Track Record: T 18.68m 3/20/2010 Jason Cook, South Carolina

Name	Year School	Finals	Points
1 Smith, Ryan	Liberty	16.82m 55-02.25	10
2 Sears, Carson	Gardner-Webb	16.35m 53-07.75	8
3 Scouten, David	Liberty	16.11m 52-10.25	6
4 Minor, Ryan	Coastal Caro	15.82m 51-11.00	5
5 Pearce, Billy	Winthrop	15.45m 50-08.25	4
6 DeValve, Jacob	Liberty	J15.45m 50-08.25	3
7 Swanson, Tyler	Coastal Caro	14.93m 48-11.75	2
8 Griggs, Cameron	Coastal Caro	14.65m 48-00.75	1
9 Landford, Richard	Charleston S	14.23m 46-08.25	
10 Endsley, James	Campbell	14.10m 46-03.25	
11 Rogers, Travis	Gardner-Webb	14.09m 46-02.75	
12 Knudson, Garrett	Radford	13.84m 45-05.00	
13 Elliott, Jakeb	Winthrop	13.45m 44-01.50	
14 German, Cleveland	Charleston S	13.31m 43-08.00	
15 Gore, James	Coastal Caro	13.08m 42-11.00	
16 Abbott, Tim	Liberty	13.05m 42-09.75	
17 Combs, Devin	Campbell	12.89m 42-03.50	

18 Britton, Mark	Winthrop	12.36m	40-06.75
-- Harn, Jeremy	Unc-Ashevill	FOUL	
-- Scates, Andy	Gardner-Webb	FOUL	
-- Zapf, Hank	Winthrop	FOUL	

Men Discus Throw

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 Conference R: C 62.26m 4/4/2008 Clendon Henderson, Liberty

Meet Record: M 55.78m 4/19/2008 Clendon Henderson, Liberty

Track Record: T 53.71m 3/10/2012 Jake Deaton, Unattached

Name	Year School	Finals	Points
1 Smith, Ryan	Liberty	51.79m	169-11 10
2 Scouten, David	Liberty	50.93m	167-01 8
3 Britton, Mark	Winthrop	50.42m	165-05 6
4 Abbott, Tim	Liberty	49.88m	163-08 5
5 Sears, Carson	Gardner-Webb	48.67m	159-08 4
6 Pearce, Billy	Winthrop	48.01m	157-06 3
7 Swanson, Tyler	Coastal Caro	47.61m	156-02 2
8 Endsley, James	Campbell	47.59m	156-02 1
9 Griggs, Cameron	Coastal Caro	47.57m	156-01
10 Gore, James	Coastal Caro	45.15m	148-01
11 Zapf, Hank	Winthrop	44.59m	146-03
12 Minor, Ryan	Coastal Caro	43.65m	143-02
13 Hibert, Kurt	Unc-Ashevill	43.46m	142-07
14 Scally, Steven	High Point	42.99m	141-00
15 Landford, Richard	Charleston S	42.84m	140-07
16 Scates, Andy	Gardner-Webb	41.35m	135-08
17 Harn, Jeremy	Unc-Ashevill	39.11m	128-04
18 Bolden, Travis	Gardner-Webb	38.29m	125-07
19 Combs, Devin	Campbell	38.28m	125-07
20 Padfield, Nathan	Gardner-Webb	36.15m	118-07

21 Pociatek, Zach	Charleston S	35.50m	116-06
22 Knudson, Garrett	Radford	35.22m	115-07
-- Thompson, Matt	Winthrop	FOUL	

Men Hammer Throw

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 Conference R: C 68.04m 4/29/2006 Brian Richotte, Radford
 Meet Record: M 66.20m 4/17/2008 Jon Hart, Liberty
 Track Record: T 72.00m 6/5/2010 Jacob Freeman, NYAC

Name	Year School	Finals	Points
1 Sears, Carson	Gardner-Webb	61.24m	200-11 10
2 Smith, Ryan	Liberty	59.42m	194-11 8
3 Rogers, Travis	Gardner-Webb	54.77m	179-08 6
4 Pociatek, Zach	Charleston S	53.86m	176-08 5
5 Hibert, Kurt	Unc-Ashevill	52.37m	171-10 4
6 Gore, James	Coastal Caro	51.99m	170-07 3
7 Minor, Ryan	Coastal Caro	51.81m	170-00 2
8 Swanson, Tyler	Coastal Caro	51.51m	169-00 1
9 Wise, CJ	Gardner-Webb	50.17m	164-07
10 Elliott, Jakeb	Winthrop	49.97m	163-11
11 German, Cleveland	Charleston S	49.60m	162-09
12 Uthe, Brian	Radford	48.87m	160-04
13 Griggs, Cameron	Coastal Caro	47.28m	155-01
14 Padgett, Josh	Gardner-Webb	46.50m	152-07
15 Scouten, David	Liberty	44.60m	146-04
16 Zapf, Hank	Winthrop	44.05m	144-06
17 Bowman, Zach	Winthrop	43.05m	141-03
18 Knudson, Garrett	Radford	42.15m	138-03

Men Javelin Throw

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 Conference R: C 73.01m 4/21/2012 Jason Flanagan, Coastal Caro

Meet Record: M 73.01m 4/21/2012 Jason Flanagan, Coastal Caro

Track Record: T 73.01m 4/21/2012 Jason Flanagan, Coastal Caro

Name	Year School	Finals	Points
1 Flanagan, Jason	Coastal Caro	73.01mC	239-06 10
2 Baird, Jared	Winthrop	64.78m	212-06 8
3 Spaulding, Christian	High Point	64.45m	211-05 6
4 Feister, Steve	Liberty	61.76m	202-07 5
5 DeValve, Jacob	Liberty	59.93m	196-07 4
6 Klase, Daniel	Liberty	58.64m	192-05 3
7 Slapikas, Tyler	Coastal Caro	57.03m	187-01 2
8 Bellard, John	Unc-Ashevill	54.83m	179-11 1
9 Percival, Gabriel	Liberty	53.38m	175-01
10 Smith, Matt	Charleston S	50.91m	167-00
11 Hudson, Travis	Radford	50.18m	164-07
12 Wise, CJ	Gardner-Webb	50.09m	164-04
13 Endsley, James	Campbell	47.80m	156-10
14 MacArthur, Joshua	Va. Military	47.09m	154-06
-- Deitzler, Michael	Coastal Caro	FOUL	

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year School	Finals	Wind	H#	Points
1 DeValve, Jacob	Liberty	11.05	1.2	2	850
2 Faure, Tristan	High Point	11.14	0.5	1	830
3 Wood, Antonio	Va. Military	11.27	0.5	1	801
4 Connolly, Sean	Va. Military	11.39	0.5	1	776
5 Murphy, Quincy	Va. Military	11.41	0.5	1	771
6 Tymczak, Darren	Coastal Caro	11.47	1.2	2	759
7 Allen, Harrison	Liberty	11.52	0.5	1	748
8 McIntire, Tevan	Liberty	11.55	1.2	2	742

9	Fifelski, Nick	Liberty	11.57	1.2	2	738
10	Bell, Ben	Gardner-Webb	11.63	1.2	2	725
11	Bailey, Jordan	Va. Military	11.72	1.2	2	707

Decathlon: #5 Men 400 Meter Dash Decathlon

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Name	Year School	Finals	H#	Points
1 DeValve, Jacob	Liberty	50.02	1	814
2 Faure, Tristan	High Point	50.56	1	789
3 Tymczak, Darren	Coastal Caro	51.69	1	738
4 Fifelski, Nick	Liberty	51.79	1	734
5 Murphy, Quincy	Va. Military	52.38	2	708
6 McIntire, Tevan	Liberty	52.49	1	703
7 Bailey, Jordan	Va. Military	52.71	2	694
8 Allen, Harrison	Liberty	52.78	2	691
9 Wood, Antonio	Va. Military	53.46	2	662
10 Bell, Ben	Gardner-Webb	54.18	2	632

Decathlon: #10 Men 1500 Meter Run Decathlon

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Name	Year School	Finals	Points
1 Faure, Tristan	High Point	4:32.09	731
2 McIntire, Tevan	Liberty	4:46.86	638
3 DeValve, Jacob	Liberty	4:52.56	603
4 Bell, Ben	Gardner-Webb	4:53.93	595
5 Tymczak, Darren	Coastal Caro	4:56.16	582
6 Wood, Antonio	Va. Military	4:56.92	578
7 Murphy, Quincy	Va. Military	4:57.02	577
8 Allen, Harrison	Liberty	4:57.64	573
9 Fifelski, Nick	Liberty	5:06.16	525

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year School	Finals	Wind	H#	Points
1 Murphy, Quincy	Va. Military	15.18	2.1	1	828
2 Faure, Tristan	High Point	15.43	1.1	2	798
3 Wood, Antonio	Va. Military	15.55	1.2	3	784
4 DeValve, Jacob	Liberty	15.85	1.2	3	750
5 McIntire, Tevan	Liberty	15.88	1.2	3	746
6 Bailey, Jordan	Va. Military	17.31	2.1	1	592
7 Fifelski, Nick	Liberty	17.50	1.1	2	573
8 Allen, Harrison	Liberty	17.76	2.1	1	547
9 Bell, Ben	Gardner-Webb	18.48	1.1	2	479
10 Tymczak, Darren	Coastal Caro	19.24	1.1	2	412

Decathlon: #4 Men High Jump Decathlon

Name	Year School	Finals	Points
1 Wood, Antonio	Va. Military	1.95m	758
2 Faure, Tristan	High Point	1.92m	731
2 McIntire, Tevan	Liberty	1.92m	731
4 Murphy, Quincy	Va. Military	1.83m	653
5 Bell, Ben	Gardner-Webb	1.80m	627
6 Allen, Harrison	Liberty	1.71m	552
6 DeValve, Jacob	Liberty	1.71m	552
8 Tymczak, Darren	Coastal Caro	1.62m	480
9 Connolly, Sean	Va. Military	1.59m	457
10 Fifelski, Nick	Liberty	1.56m	434
11 Bailey, Jordan	Va. Military	1.53m	411

Decathlon: #8 Men Pole Vault Decathlon

Name	Year School	Finals	Points
1 Wood, Antonio	Va. Military	4.45m 14-07.25	746
2 Allen, Harrison	Liberty	4.35m 14-03.25	716
3 Faure, Tristan	High Point	3.65m 11-11.75	522
4 DeValve, Jacob	Liberty	3.45m 11-03.75	469
5 Fifelski, Nick	Liberty	3.25m 10-08.00	418
5 McIntire, Tevan	Liberty	3.25m 10-08.00	418
7 Murphy, Quincy	Va. Military	3.15m 10-04.00	393
7 Bell, Ben	Gardner-Webb	3.15m 10-04.00	393
9 Bailey, Jordan	Va. Military	2.25m 7-04.50	189
10 Tymczak, Darren	Coastal Caro	2.05m 6-08.75	149

Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Wind	Points
1 Wood, Antonio	Va. Military	7.20m 1.4	23-07.50	862
2 Faure, Tristan	High Point	6.80m 1.4	22-03.75	767
3 McIntire, Tevan	Liberty	6.70m 0.4	21-11.75	743
4 Allen, Harrison	Liberty	6.49m 1.5	21-03.50	695
5 Murphy, Quincy	Va. Military	6.40m 1.4	21-00.00	675
6 DeValve, Jacob	Liberty	6.21m 0.3	20-04.50	632
7 Bell, Ben	Gardner-Webb	6.00m 1.9	19-08.25	587
8 Fifelski, Nick	Liberty	5.92m 1.3	19-05.25	569
9 Tymczak, Darren	Coastal Caro	5.70m 1.1	18-08.50	523
10 Connolly, Sean	Va. Military	5.69m 1.4	18-08.00	521
11 Bailey, Jordan	Va. Military	5.53m +0.0	18-01.75	487

Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points
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1	DeValve, Jacob	Liberty	15.05m	49-04.50	793
2	Fifelski, Nick	Liberty	12.34m	40-06.00	627
3	McIntire, Tevan	Liberty	11.80m	38-08.75	594
4	Allen, Harrison	Liberty	11.53m	37-10.00	578
5	Murphy, Quincy	Va. Military	10.80m	35-05.25	534
6	Bell, Ben	Gardner-Webb	10.67m	35-00.25	526
7	Faure, Tristan	High Point	10.64m	34-11.00	524
8	Wood, Antonio	Va. Military	10.20m	33-05.75	498
9	Connolly, Sean	Va. Military	10.13m	33-03.00	493
10	Bailey, Jordan	Va. Military	8.76m	28-09.00	411
11	Tymczak, Darren	Coastal Caro	8.55m	28-00.75	399

Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points
1	DeValve, Jacob	Liberty	42.08m 138-01 707
2	Murphy, Quincy	Va. Military	38.40m 126-00 632
3	McIntire, Tevan	Liberty	34.52m 113-03 554
4	Allen, Harrison	Liberty	34.15m 112-00 547
5	Wood, Antonio	Va. Military	32.48m 106-07 513
6	Fifelski, Nick	Liberty	30.36m 99-07 472
7	Bailey, Jordan	Va. Military	30.07m 98-08 466
8	Faure, Tristan	High Point	28.10m 92-02 427
9	Bell, Ben	Gardner-Webb	27.40m 89-11 414
10	Tymczak, Darren	Coastal Caro	19.29m 63-03 259

Decathlon: #9 Men Javelin Throw Decathlon

Name	Year School	Finals	Points
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1	DeValve, Jacob	Liberty	59.76m	196-01	734
2	Fifelski, Nick	Liberty	49.18m	161-04	576
3	McIntire, Tevan	Liberty	46.10m	151-03	531
4	Allen, Harrison	Liberty	45.57m	149-06	523
5	Faure, Tristan	High Point	44.91m	147-04	514
6	Wood, Antonio	Va. Military	41.91m	137-06	470
7	Bell, Ben	Gardner-Webb	37.00m	121-05	399
8	Tymczak, Darren	Coastal Caro	32.54m	106-09	335
9	Murphy, Quincy	Va. Military	31.95m	104-10	327

Men Decathlon

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Conference R: C 7800 4/2/2008 Brandon Hoskins, Liberty

Meet Record: M 7255 4/17/2009 Daniel Newell, Liberty

Track Record: T 6954 3/20/2009 Carsten Krohn, Ashland

Name	Year	School	Finals	Points	
1		DeValve, Jacob	Liberty	6904	10
2		Wood, Antonio	Va. Military	6672	8
3		Faure, Tristan	High Point	6633	6
4		McIntire, Tevan	Liberty	6400	5
5		Allen, Harrison	Liberty	6170	4
6		Murphy, Quincy	Va. Military	6098	3
7		Fifelski, Nick	Liberty	5666	2
8		Bell, Ben	Gardner-Webb	5377	1
9		Tymczak, Darren	Coastal Caro	4636	

Women - Team Rankings - 21 Events Scored

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1)	Coastal Carolina	234	2)	Liberty	214.50
3)	Charleston Southern	84	4)	Gardner-Webb	66
5)	Campbell	48	6)	Winthrop	42
7)	UNC-Asheville	41	8)	High Point	38

9) Va. Military Institute 27 10) Radford 22.50

Men - Team Rankings - 21 Events Scored

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1) Liberty	213	2) Coastal Carolina	135
3) High Point	98	4) Va. Military Institute	78
4) Charleston Southern	78	6) Radford	57
7) Winthrop	55	8) Gardner-Webb	50
9) Campbell	31	10) UNC-Asheville	20