



Big South Outdoor Track & Field Championships

Dick Vert Stadium
High Point, NC - Hosted by High Point University
May 6-8, 2024



Results

WOMEN 100 M PRELIMS

1	Destiny WALLACE	SR	Charleston Souther	11.73	Q	+2.6	
2	Deborah MARLOW	JR	Gardner-Webb	11.93	Q	+2.6	SB
3	Kyonna NIXON	JR	USC Upstate	11.93	q	+2.6	
4	Myra SMITH	JR	USC Upstate	11.97	Q	+1.5	
5	Grenisha THOMAS	SO	Charleston Souther	11.99	Q	+1.5	SB
6	Lindsay COOPER	SR	High Point	12.09	q	+2.6	SB
7	Raven VERNER	SO	Winthrop	12.10	q	+2.6	SB
8	Sela BEATTY	SO	Radford	12.19	q	+2.6	SB
9	Jada PITTMAN	SO	Gardner-Webb	12.21	+1.5		SB
10	Nya SINGLETARY	FR	USC Upstate	12.31	+1.5		PB
11	Jade REESE	FR	Winthrop	12.32	+1.5		PB
12	Katlyn YOUNG-COLEMAN	FR	Winthrop	12.43	+1.5		
13	Trinity SMITH	FR	Longwood	12.45	+2.6		SB
14	Elyse MYLES	SR	UNC-Asheville	12.49	+2.6		SB
15	Maleah CORNELIUS	FR	USC Upstate	12.58	+1.5		
16	Jada FYFFE	FR	Longwood	13.67	+1.5		

WOMEN 100 M

1	Destiny WALLACE	SR	Charleston Souther	11.91	+1.1		
2	Grenisha THOMAS	SO	Charleston Souther	11.94	+1.1		SB
3	Myra SMITH	JR	USC Upstate	12.03	+1.1		
4	Deborah MARLOW	JR	Gardner-Webb	12.05	+1.1		PB
5	Lindsay COOPER	SR	High Point	12.12	+1.1		PB
6	Kyonna NIXON	JR	USC Upstate	12.15	+1.1		PB
7	Raven VERNER	SO	Winthrop	12.31	+1.1		PB
8	Sela BEATTY	SO	Radford	12.51	+1.1		

WOMEN 200 M PRELIMS

1	Dae'Nitra HESTER	JR	High Point	24.03	Q	+1.3	SB
2	Dylann CORE	SR	Charleston Souther	24.25	q	+1.3	SB
3	Destiny WALLACE	SR	Charleston Souther	24.35	Q	+0.7	
4	Anna SPENCER	FR	Gardner-Webb	24.36	q	+0.7	PB
5	Amaya JOHNSON	SR	Charleston Souther	24.41	Q	+0.9	PB
6	Elyssia FISHER	SO	Radford	24.81	q	+0.7	PB
7	Sophia CUPP	JR	Charleston Souther	24.90	q	+0.9	PB
8	Jade REESE	FR	Winthrop	25.40	q	+1.3	PB
9	Francesca CERGOL	FR	UNC-Asheville	25.68	+0.7		
10	Katlyn YOUNG-COLEMAN	FR	Winthrop	25.82	+0.9		
11	Elyse MYLES	SR	UNC-Asheville	25.96	+1.3		
12	Trinity SMITH	FR	Longwood	26.15	+0.9		PB
13	Alisha THOMAS	JR	USC Upstate	26.29	+1.3		PB
14	Nya SINGLETARY	FR	USC Upstate	26.31	+0.7		PB
15	Chaniya OWENS	JR	UNC-Asheville	26.36	+0.7		
16	Maleah CORNELIUS	FR	USC Upstate	26.46	+0.9		
17	Karisma POLLNITZ	JR	USC Upstate	26.72	+1.3		PB

WOMEN 200 M

1	Dae'Nitra HESTER	JR	High Point	23.65	+1.1		PB
2	Destiny WALLACE	SR	Charleston Souther	24.02	+1.1		SB
3	Amaya JOHNSON	SR	Charleston Souther	24.17	+1.1		PB
4	Anna SPENCER	FR	Gardner-Webb	24.31	+1.1		PB
5	Elyssia FISHER	SO	Radford	24.48	+1.1		PB
6	Dylann CORE	SR	Charleston Souther	24.70	+1.1		
7	Sophia CUPP	JR	Charleston Souther	24.83	+1.1		PB
8	Jade REESE	FR	Winthrop	25.25	+1.1		PB

WOMEN 400 M PRELIMS

1	Amaya JOHNSON	SR	Charleston Souther	54.57	Q		PB
2	Dae'Nitra HESTER	JR	High Point	54.96	Q		
3	Dylann CORE	SR	Charleston Souther	55.90	Q		
4	Maddie ST. LOUIS	JR	Charleston Souther	56.33	q		
5	Sophia CUPP	JR	Charleston Souther	56.73	q		PB
6	Alena IVANOV	JR	Gardner-Webb	57.12	q		PB
7	Raichelle CORNELIUS	SO	Radford	57.61	q		
8	Teryn BOUR	JR	Gardner-Webb	58.18	q		PB
9	Jordan JACKSON	SO	Radford	58.43			PB
10	Kendall REECE	JR	Gardner-Webb	1:00.62			
11	Lilliana AREVALO	FR	Longwood	1:00.66			PB
12	Francesca CERGOL	FR	UNC-Asheville	1:01.13			
13	Jayla WEEKS	FR	Winthrop	1:02.49			
14	Karisma POLLNITZ	JR	USC Upstate	1:05.16			
15	Alexandra CAMERON	SO	Winthrop	1:08.18			

WOMEN 400 M

1	Amaya JOHNSON	SR	Charleston Souther	53.39			PB
2	Dae'Nitra HESTER	JR	High Point	53.46			PB
3	Maddie ST. LOUIS	JR	Charleston Souther	55.87			
4	Alena IVANOV	JR	Gardner-Webb	56.93			PB
5	Dylann CORE	SR	Charleston Souther	57.10			
6	Sophia CUPP	JR	Charleston Souther	57.46			
7	Raichelle CORNELIUS	SO	Radford	58.52			
8	Teryn BOUR	JR	Gardner-Webb	59.91			

WOMEN 800 M PRELIMS

1	Jillian THORNING	FR	High Point	2:12.99	Q		PB
2	Nikki FRAIL	JR	High Point	2:13.13	Q		
3	Brianna MALONE	FR	High Point	2:13.19	Q		
4	Anne AKAGI	SR	Charleston Souther	2:13.98	Q		
5	Alison GRAF	JR	UNC-Asheville	2:14.02	Q		
6	Mikayla MOXLEY	SO	High Point	2:14.10	Q		SB
7	Jessica PERRIELLO	SO	Gardner-Webb	2:14.44	q		PB
8	Freya BUGLASS	FR	Charleston Souther	2:14.47	q		
9	MegAnne GILMORE	SR	Radford	2:15.22			
10	Amanda ORBAN	SR	UNC-Asheville	2:18.75			PB
11	Zoe BOS	FR	UNC-Asheville	2:19.40			
12	Grace GLASSMEYER	FR	USC Upstate	2:25.37			PB
13	Jennifer ESCALERA	SR	Gardner-Webb	2:26.95			
14	Samantha BOLEN	FR	Longwood	2:27.18			
15	Kiersten WITTE	JR	Longwood	2:29.74			SB
16	Kayah MARQUES	FR	Winthrop	2:29.83			
17	Maddie HAMUKA	SO	UNC-Asheville	2:30.55			
18	Priscilla KELLER	FR	Longwood	2:31.31			
19	Adalie HARRISON	SR	USC Upstate	2:31.84			PB
20	Maureen ORTIZ	FR	USC Upstate	2:34.60			
21	Kimmy FARREY	FR	Longwood	2:36.88			
22	Grace MILLER	SO	USC Upstate	2:40.33			

WOMEN 800 M

1	Nikki FRAIL	JR	High Point	2:09.52			PB
2	Brianna MALONE	FR	High Point	2:09.80			
3	Alison GRAF	JR	UNC-Asheville	2:09.97			PB
4	Freya BUGLASS	FR	Charleston Souther	2:12.66			
5	Anne AKAGI	SR	Charleston Souther	2:12.90			
6	Jillian THORNING	FR	High Point	2:13.26			
7	Jessica PERRIELLO	SO	Gardner-Webb	2:13.88			PB



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8 Mikayla MOXLEY SO High Point 2:18.26

WOMEN 1500 M PRELIMS

1 Brianna MALONE	FR	High Point	4:42.98	Q	
2 Isabel RICHARDSON	FR	UNC-Asheville	4:43.05	Q	
3 Mikayla MOXLEY	SO	High Point	4:43.15	Q	
4 Kate MCLEAREN	SO	Radford	4:43.95	Q	
5 Sophie MAGSON	SO	Radford	4:44.19	Q	
6 MegAnne GILMORE	SR	Radford	4:44.27	Q	
7 Anne AKAGI	SR	Charleston Souther	4:44.28	Q	
8 Freya BUGLASS	FR	Charleston Souther	4:44.31	Q	
9 Jillian THORNING	FR	High Point	4:44.41	q	
10 Carly MCNATT	FR	High Point	4:45.50	q	
11 Emma JAMES	JR	Charleston Souther	4:46.13	q	
12 Jordan THORNTON	FR	USC Upstate	4:52.36	q	
13 Olivia KEMP	SO	Winthrop	4:52.79		PB
14 Ella MOORE	FR	UNC-Asheville	4:53.45		
15 Morgan RUFF	SR	Winthrop	4:59.59		PB
16 Samantha BOLEN	FR	Longwood	5:00.91		
17 Nicole PINDER	FR	Longwood	5:02.53		PB
18 Grace GLASSMEYER	FR	USC Upstate	5:02.55		PB
19 Priscilla KELLER	FR	Longwood	5:05.38		
20 Kiersten WITTE	JR	Longwood	5:10.52		PB
21 Maureen ORTIZ	FR	USC Upstate	5:16.64		
22 Grace MILLER	SO	USC Upstate	5:17.70		
23 Kai WHEELER	FR	Longwood	5:29.97		PB

WOMEN 1500 M

1 Brianna MALONE	FR	High Point	4:27.93		PB
2 Anne AKAGI	SR	Charleston Souther	4:30.37		
3 Sophie MAGSON	SO	Radford	4:30.97		
4 Freya BUGLASS	FR	Charleston Souther	4:33.95		PB
5 MegAnne GILMORE	SR	Radford	4:34.89		PB
6 Jillian THORNING	FR	High Point	4:35.13		PB
7 Isabel RICHARDSON	FR	UNC-Asheville	4:35.83		
8 Mikayla MOXLEY	SO	High Point	4:39.40		
9 Carly MCNATT	FR	High Point	4:40.15		
10 Emma JAMES	JR	Charleston Souther	4:47.57		
11 Jordan THORNTON	FR	USC Upstate	4:51.54		
12 Kate MCLEAREN	SO	Radford	4:52.97		

WOMEN 3000 M STEEPLECHASE

1 Katie TAYLOR	SR	High Point	10:32.14		PB
2 Sophie MAGSON	SO	Radford	11:03.20		
3 Taylar WHITE	SO	Charleston Souther	11:05.33		PB
4 Elizabeth SHAYLOR	FR	Charleston Souther	11:18.91		PB
5 Kate MCLEAREN	SO	Radford	11:27.19		
6 Emma KENNETT	SO	UNC-Asheville	11:35.53		
7 Shauna SKOW	SO	High Point	11:35.53		
8 Madeline QUINN	JR	High Point	11:57.62		
9 Charlize ANTIA	FR	Charleston Souther	11:59.87		
10 Lauren VOSSSEN	SO	High Point	12:08.68		PB
11 Lexi TAYLOR	FR	Winthrop	12:27.69		PB
12 Alyx BEAUSOLEIL	SO	UNC-Asheville	12:33.82		
13 Zoe LEXOVSKY	SR	Winthrop	13:21.42		

WOMEN 5000 M

1 Chloe WELLINGS SR Radford 16:47.59

2 Charli MONTALVO	SO	High Point	17:05.26		
3 Katie TAYLOR	SR	High Point	17:09.15		
4 Olive ALLEN	SR	High Point	17:29.24		
5 Sophie MAGSON	SO	Radford	17:29.43		
6 Keerstin AUGUSTIN	JR	Charleston Souther	17:29.81		
7 Anna RITTER	JR	High Point	17:32.06		PB
8 Kallie HENDERSON	FR	Charleston Souther	17:34.83		PB
9 Anne AKAGI	SR	Charleston Souther	17:46.20		PB
10 MegAnne GILMORE	SR	Radford	17:48.58		
11 Taylar WHITE	SO	Charleston Souther	17:51.75		
12 Mackenzie BROWNRIGG	SR	Radford	18:09.03		
13 Isabel RICHARDSON	FR	UNC-Asheville	18:11.74		
14 Madeline WITTSCHEIN	JR	UNC-Asheville	18:21.76		
15 Emma JAMES	JR	Charleston Souther	18:29.95		
16 Elizabeth RITTER	FR	High Point	18:30.60		
17 Jordan THORNTON	FR	USC Upstate	18:33.55		
18 Olivia KEMP	SO	Winthrop	18:45.42		
19 Emma KENNETT	SO	UNC-Asheville	19:00.12		
20 Ella MOORE	FR	UNC-Asheville	19:06.12		
21 Priscilla KELLER	FR	Longwood	19:11.63		PB
22 Alyx BEAUSOLEIL	SO	UNC-Asheville	19:30.03		PB
23 Nicole PINDER	FR	Longwood	19:32.56		PB
24 Lauren VICK	FR	Longwood	21:08.12		
DNF Abby SEIGEL	SR	Radford	DNF		
DNF Haley SLATTERY	JR	Longwood	DNF		
DNF Natalie PRESTON	JR	Radford	DNF		
DNF Kate MCLEAREN	SO	Radford	DNF		
DNS Sophie LUNDIN	SO	UNC-Asheville	DNS		

WOMEN 10000 M

1 Chloe WELLINGS	SR	Radford	34:39.29		MR
2 Charli MONTALVO	SO	High Point	34:59.66		
3 Keerstin AUGUSTIN	JR	Charleston Souther	36:53.18		
4 Olive ALLEN	SR	High Point	36:55.79		
5 Anna RITTER	JR	High Point	36:56.04		
6 Kallie HENDERSON	FR	Charleston Souther	36:57.76		
7 Madeline WITTSCHEIN	JR	UNC-Asheville	37:35.47		PB
8 Sophie LUNDIN	SO	UNC-Asheville	37:41.14		
9 Abby SEIGEL	SR	Radford	37:47.20		
10 Elizabeth RITTER	FR	High Point	38:24.35		
11 Avery BENDER	FR	Charleston Souther	38:36.80		
12 Mackenzie BROWNRIGG	SR	Radford	38:46.12		
13 Haley SLATTERY	JR	Longwood	39:53.59		
14 Natalie PRESTON	JR	Radford	40:11.56		

WOMEN 100 M HURDLES PRELIMS

1 Lindsay COOPER	SR	High Point	13.76	Q	+0.8	
2 Jewel ASH	SR	Charleston Souther	13.80	Q	+0.8	PB
3 Austyn KOPPE	JR	Charleston Souther	13.87	Q	+1.0	PB
4 Chloe GREENE	JR	Charleston Souther	14.13	Q	+1.0	PB
5 Chloe-Mae WILKS	FR	Charleston Souther	14.19	q	+1.0	PB
6 Kyonna NIXON	JR	USC Upstate	14.45	q	+0.8	
7 Brenda DU TOIT	SO	Charleston Souther	14.46	q	+1.0	
8 Jaslyne ROBINSON	SO	Radford	14.77	q	+1.0	
9 Karlea DUHON	SR	High Point	15.02		+0.8	
10 Kandace MCIVOR	SO	Radford	15.20		+0.8	
11 Jasmine STOKES	FR	Winthrop	15.43		+1.0	
12 Deashja FRANKLIN	SO	USC Upstate	16.05		+0.8	PB

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13 Kendall CROSSLEY	FR	Winthrop	16.69	+1.0	PB
DNS Jaelyn LYNCH	FR	Winthrop	DNS		

WOMEN 100 M HURDLES

1 Lindsay COOPER	SR	High Point	13.64	+0.5	=PB
2 Austyn KOPPE	JR	Charleston Souther	13.66	+0.5	PB
3 Jewel ASH	SR	Charleston Souther	13.68	+0.5	PB
4 Chloe GREENE	JR	Charleston Souther	13.95	+0.5	PB
5 Chloe-Mae WILKS	FR	Charleston Souther	14.30	+0.5	
6 Jaslyne ROBINSON	SO	Radford	14.46	+0.5	PB
7 Kyonna NIXON	JR	USC Upstate	14.47	+0.5	
8 Brenda DU TOIT	SO	Charleston Souther	14.62	+0.5	

WOMEN 400 M HURDLES PRELIMS

1 Jewel ASH	SR	Charleston Souther	59.30	Q	SB
2 Lindsay COOPER	SR	High Point	1:00.17	Q	
3 Brenda DU TOIT	SO	Charleston Souther	1:01.35	Q	
4 Chloe GREENE	JR	Charleston Souther	1:01.44	Q	
5 Grenisha THOMAS	SO	Charleston Souther	1:02.94	q	
6 Jaslyne ROBINSON	SO	Radford	1:04.28	q	
7 Austyn KOPPE	JR	Charleston Souther	1:04.32	q	
8 Giovana MACHADO	SR	USC Upstate	1:07.53	q	
9 Kendall CROSSLEY	FR	Winthrop	1:07.55		PB
10 Michaela HAYES	SO	Winthrop	1:12.99		PB
11 Sydney YAREMA	FR	Winthrop	1:16.98		

WOMEN 400 M HURDLES

1 Lindsay COOPER	SR	High Point	59.15		
2 Jewel ASH	SR	Charleston Souther	1:00.47		
3 Brenda DU TOIT	SO	Charleston Souther	1:00.68		PB
4 Chloe GREENE	JR	Charleston Souther	1:02.17		
5 Austyn KOPPE	JR	Charleston Souther	1:02.90		=SB
6 Grenisha THOMAS	SO	Charleston Souther	1:04.26		
7 Jaslyne ROBINSON	SO	Radford	1:04.51		
8 Giovana MACHADO	SR	USC Upstate	1:07.91		

WOMEN 4X100 M RELAY

1 CHARLESTON SOU.		45.51		
2 GARDNER-WEBB		46.48		SB
3 USC-UPSTATE	USC Upstate	47.01		
4 UNC-ASHEVILLE		47.17		SB
5 RADFORD		48.30		SB
6 LONGWOOD		50.20		SB
DNF HIGH POINT		DNF		
DQ WINTHROP		DQ [R: 15.9c]		

WOMEN 4X400 M RELAY

1 CHARLESTON SOUTHERN		3:40.68		
2 HIGH POINT		3:46.26		SB
3 UNC-ASHEVILLE		3:48.68		SB
4 RADFORD		3:50.73		SB
5 GARDNER-WEBB		3:51.12		SB
6 WINTHROP		4:07.39		SB
7 USC-UPSTATE	USC Upstate	4:12.42		
8 LONGWOOD		4:15.47		SB

WOMEN HIGH JUMP

1 Sydney KOKER	JR	High Point	1.76m	5-9¼	PB
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2 Gianna PAUL	FR	High Point	1.73m	5-8	PB
3 Chloe GREENE	JR	Charleston Souther	1.60m	5-3	PB
4 Mallory HANEY	SR	UNC-Asheville	1.60m	5-3	PB
5 Teandra CLEMONS	FR	Gardner-Webb	1.60m	5-3	PB
6 Katja POLANAH-KEHLENBEC	FR	Radford	1.55m	5-1	=PB
7 Alaina NETTLES	FR	Charleston Souther	1.55m	5-1	
8 Kaitlyn GREENE	SO	High Point	1.45m	4-9	
9 Monay JAMES	SR	Winthrop	1.45m	4-9	=SB
10 Amelia MORELAND	SO	High Point	1.40m	4-7	
11 Sydney YAREMA	FR	Winthrop	1.40m	4-7	

WOMEN POLE VAULT

1 Auriane VIOLA	SR	High Point	4.15m	13-7¼	PB
2 Grady MOYER	SO	High Point	3.60m	11-9¼	
3 Kaitlin RICHARDS	FR	High Point	3.45m	11-3¼	PB
4 Angie DAVIS	FR	High Point	3.30m	10-10	=PB
5 Daphne BOGERT	SR	UNC-Asheville	2.70m	8-10¼	
6 Ava BUGENHAGEN	FR	High Point	2.40m	7-10½	PB
7 Kaitlyn GREENE	SO	High Point	1.95m	6-4¼	

WOMEN LONG JUMP

1 Brianna MOORE	SR	UNC-Asheville	6.14m	20-1¼	-0.1	PB
2 Chloe GREENE	JR	Charleston Souther	5.99m	19-8	-0.2	PB
3 Elyssia FISHER	SO	Radford	5.89m	19-4	-0.3	PB
4 Teandra CLEMONS	FR	Gardner-Webb	5.67m	18-7¼	-0.1	PB
5 Jada PITTMAN	SO	Gardner-Webb	5.56m	18-3	+0.1	
6 Monay JAMES	SR	Winthrop	5.49m	18-¼	+0.7	SB
7 Dezmaija CARTER	SO	Radford	5.47m	17-11½	+0.4	PB
8 Faith WOOD	SO	Winthrop	5.28m	17-4	+0.3	SB
9 Sydney KOKER	JR	High Point	5.26m	17-3¼	+0.0	
10 Grenisha THOMAS	SO	Charleston Souther	5.16m	16-11¼	+0.2	
11 Katlyn YOUNG-COLEMAN	FR	Winthrop	5.14m	16-10½	+0.7	PB
12 Kandace MCIVOR	SO	Radford	5.10m	16-8¼	-0.3	
13 Alaina NETTLES	FR	Charleston Souther	5.05m	16-7	-0.3	
14 Jaelyn LYNCH	FR	Winthrop	4.99m	16-4½	+1.0	PB
15 Katja POLANAH-KEHLENBEC	FR	Radford	4.97m	16-3¼	+0.7	PB
16 Lasharie MACK	JR	Winthrop	4.89m	16-½	+1.0	
17 Erica TOBIN	JR	Winthrop	4.72m	15-6	+0.4	

WOMEN TRIPLE JUMP

1 Mallory HANEY	SR	UNC-Asheville	12.15m	39-10½	+1.1	
2 Teandra CLEMONS	FR	Gardner-Webb	12.03m	39-5¼	+3.8	SB
3 Faith WOOD	SO	Winthrop	11.91m	39-1	+1.9	PB
4 Dezmaija CARTER	SO	Radford	11.54m	37-10½	-0.4	PB
5 Larissa MAXWELL	FR	High Point	11.50m	37-8¼	+1.0	PB
6 Chaniya OWENS	JR	UNC-Asheville	11.40m	37-5	+0.4	
7 Chloe GREENE	JR	Charleston Souther	11.17m	36-7¼	-0.8	
8 Jaelyn LYNCH	FR	Winthrop	10.88m	35-8½	+0.6	PB
9 Kelsey ARNOLD	JR	Radford	10.83m	35-6½	+1.4	=SB
X Alaina NETTLES	FR	Charleston Souther		X		

WOMEN SHOT PUT

1 Letizia MARSICO	SR	High Point	14.62m	47-11¼		PB
2 Layla SENTER	SR	Charleston Souther	14.58m	47-10		
3 Jayla GILBERT	FR	USC Upstate	14.42m	47-3¼		PB
4 Raina JACKSON	SR	UNC-Asheville	14.05m	46-1¼		SB
5 Zemaya CARSON	SO	Charleston Souther	13.84m	45-5		
6 Rachel DAVIS	JR	USC Upstate	13.78m	45-2¼		PB

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7	Johntavia SHAW	SO	Winthrop	13.73m	45-½	PB
8	Josie ANKNEY	FR	Charleston Souther	13.15m	43-1¼	PB
9	Dannielle BROWN	SO	USC Upstate	12.76m	41-10½	
10	Taylor THOMAS	JR	USC Upstate	12.70m	41-8	
11	Karlea DUHON	SR	High Point	11.61m	38-1¼	
12	Jaelyn ARNOLD	FR	UNC-Asheville	11.14m	36-6¾	
13	Erica TOBIN	JR	Winthrop	10.17m	33-4½	
X	Jenelda ARISTHIL	FR	USC Upstate		X	

WOMEN DISCUS

1	Letizia MARSICO	SR	High Point	48.57m	159-4	PB
2	Zemaya CARSON	SO	Charleston Souther	48.04m	157-7	
3	Johntavia SHAW	SO	Winthrop	47.14m	154-8	
4	Karmen TAYLOR	SR	Gardner-Webb	46.89m	153-10	PB
5	Amanda SCATTERGOOD	SR	High Point	44.17m	144-11	PB
6	Adrionna COLEMAN	JR	Gardner-Webb	43.24m	141-10	PB
7	Jessa BEACH	JR	USC Upstate	42.96m	140-11	PB
8	Taylor THOMAS	JR	USC Upstate	42.67m	140-0	PB
9	Madison BOYD	SO	Gardner-Webb	42.45m	139-3	PB
10	Zoie JOHNSON	FR	Gardner-Webb	42.21m	138-6	
11	Madison HANNAH	SO	UNC-Asheville	41.26m	135-4	SB
12	Josie ANKNEY	FR	Charleston Souther	40.25m	132-0	
13	Mya ROSSER	SO	Radford	38.22m	125-5	PB
14	Jenelda ARISTHIL	FR	USC Upstate	38.15m	125-2	PB
15	Jayla GILBERT	FR	USC Upstate	36.28m	119-0	
16	Maddie SPENNER	FR	Winthrop	35.24m	115-7	PB
17	Layla SENTER	SR	Charleston Souther	35.23m	115-7	
18	Ambar NUNEZ-GOMEZ	SR	Winthrop	35.19m	115-5	
19	Selah HOLCOMBE	JR	Gardner-Webb	35.06m	115-0	
20	Jaylen ROSSER	SO	Radford	34.82m	114-3	PB
21	Jaelyn ARNOLD	FR	UNC-Asheville	34.67m	113-9	
22	Christina JONES	FR	UNC-Asheville	33.16m	108-9	
X	Rachel DAVIS	JR	USC Upstate		X	

WOMEN HAMMER

1	Jessa BEACH	JR	USC Upstate	58.65m	192-5	PB
2	Zemaya CARSON	SO	Charleston Souther	57.02m	187-1	PB
3	Madison BOYD	SO	Gardner-Webb	54.22m	177-11	PB
4	Rachel DAVIS	JR	USC Upstate	54.06m	177-4	PB
5	Ambar NUNEZ-GOMEZ	SR	Winthrop	53.41m	175-2	SB
6	Layla SENTER	SR	Charleston Souther	52.46m	172-1	PB
7	Johntavia SHAW	SO	Winthrop	52.35m	171-9	PB
8	Karmen TAYLOR	SR	Gardner-Webb	51.07m	167-6	
9	Jayla GILBERT	FR	USC Upstate	50.07m	164-3	PB
10	Sierra ST. JOHN	SR	USC Upstate	48.88m	160-4	
11	Amanda SCATTERGOOD	SR	High Point	48.31m	158-6	PB
12	Jaylen ROSSER	SO	Radford	47.00m	154-2	PB
13	Zoie JOHNSON	FR	Gardner-Webb	46.23m	151-8	
14	Hannah HALL	SR	Charleston Souther	46.13m	151-4	PB
15	Taylor THOMAS	JR	USC Upstate	45.60m	149-7	
16	Selah HOLCOMBE	JR	Gardner-Webb	44.35m	145-6	PB
17	Gabby BORUM	SO	Gardner-Webb	43.70m	143-4	SB
18	Jaelyn ARNOLD	FR	UNC-Asheville	42.00m	137-9	PB
19	Madison HANNAH	SO	UNC-Asheville	39.01m	128-0	
20	Mikalyn FREEMAN	FR	High Point	38.89m	127-7	
21	Mya ROSSER	SO	Radford	37.51m	123-0	
22	Brianna BREAU	FR	Winthrop	35.41m	116-2	
23	Maddie SPENNER	FR	Winthrop	35.20m	115-6	PB

WOMEN JAVELIN

1	Karlea DUHON	SR	High Point	42.59m	139-8	PB
2	Brianna MOORE	SR	UNC-Asheville	42.32m	138-10	SB
3	Isa VANSINTEMAARTENSDI	FR	Gardner-Webb	42.28m	138-8	PB
4	Chloe GREENE	JR	Charleston Souther	42.14m	138-3	
5	Brianna BREAU	FR	Winthrop	38.69m	126-11	PB
6	Taylor THOMAS	JR	USC Upstate	37.13m	121-10	PB
7	Letizia MARSICO	SR	High Point	36.47m	119-8	
8	Kelly CHABALLA	JR	High Point	36.06m	118-4	
9	Jessa BEACH	JR	USC Upstate	35.64m	116-11	SB
10	Erica TOBIN	JR	Winthrop	32.73m	107-4	
11	Christina JONES	FR	UNC-Asheville	32.73m	107-4	
12	Chasity HINES	FR	USC Upstate	29.13m	95-7	

MEN 100 M PRELIMS

1	A'lajuwan ROBINSON	SR	High Point	10.39	Q +1.2	
2	DaMarr HARVEY	JR	UNC-Asheville	10.41	q +1.2	PB
3	Deron DUDLEY	JR	High Point	10.41	Q +1.0	
4	Toluwayan AGBEYOMI	SR	Winthrop	10.51	Q +1.4	PB
5	Tyneilus MORROW	SR	High Point	10.52	q +1.4	PB
6	Quintavius JAMES	FR	USC Upstate	10.52	q +1.2	PB
7	Jalen ANDERSON	SR	UNC-Asheville	10.57	q +1.4	SB
8	Jonquez WEBB	JR	Winthrop	10.73	q +1.4	PB
9	JerVaris RICE	SO	USC Upstate	10.74	+1.0	
10	Nicolas CONNOR	JR	USC Upstate	10.84	+1.0	PB
11	Kevin BROWN	SO	Winthrop	10.88	+1.2	
12	Michael BOUCHER	FR	Winthrop	10.90	+1.4	
13	Jaylen ROBINSON	FR	USC Upstate	10.93	+1.0	
14	Xavier MOSS	FR	Longwood	10.95	+1.0	PB
15	Carlos FRANK JR.	SO	Winthrop	10.99	+1.2	SB
16	Reggie GRANT	JR	Winthrop	11.07	+1.2	PB
17	Cullen CARTER	FR	Longwood	11.11	+1.4	
18	DJ BLACK	SO	Gardner-Webb	11.22	+1.0	

MEN 100 M

1	A'lajuwan ROBINSON	SR	High Point	10.31	+1.5	PB
2	Toluwayan AGBEYOMI	SR	Winthrop	10.32	+1.5	PB
3	DaMarr HARVEY	JR	UNC-Asheville	10.33	+1.5	PB
4	Deron DUDLEY	JR	High Point	10.34	+1.5	
5	Tyneilus MORROW	SR	High Point	10.45	+1.5	PB
6	Jalen ANDERSON	SR	UNC-Asheville	10.52	+1.5	PB
7	Quintavius JAMES	FR	USC Upstate	10.61	+1.5	
8	Jonquez WEBB	JR	Winthrop	10.74	+1.5	

MEN 200 M PRELIMS

1	Shawn LANGLEY JR	SR	Charleston Souther	21.08	Q +1.5	PB
2	Deron DUDLEY	JR	High Point	21.09	Q +0.7	SB
3	A'lajuwan ROBINSON	SR	High Point	21.14	q +1.5	
4	DaMarr HARVEY	JR	UNC-Asheville	21.21	Q +1.0	
5	Jalen ANDERSON	SR	UNC-Asheville	21.46	q +1.0	
6	Tyneilus MORROW	SR	High Point	21.50	q +0.7	
7	Shane KING	FR	Winthrop	21.59	q +1.0	PB
8	Kevin BROWN	SO	Winthrop	21.61	q +0.7	SB
9	Toluwayan AGBEYOMI	SR	Winthrop	21.70	+1.5	
10	Jaylen ROBINSON	FR	USC Upstate	22.20	+1.0	
11	Luke ANASTASIO	JR	Winthrop	22.28	+1.5	PB
12	Braelin JUNE	FR	UNC-Asheville	22.38	+1.5	PB

Results available at www.flashresults.com



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13 Isaac WRIGHT	FR UNC-Asheville	22.40	+0.7	
14 DJ BLACK	SO Gardner-Webb	22.61	+0.7	
15 Shadrach NVODJO	FR Winthrop	22.67	+1.0	PB
16 Xavier MOSS	FR Longwood	22.72	+1.0	PB
17 Justin GOODE	FR Longwood	22.91	+0.7	
18 John LOUDEN	FR Longwood	23.98	+1.5	PB

MEN 200 M

1 DaMarr HARVEY	JR UNC-Asheville	20.71	+1.0	PB
2 A'lajuwan ROBINSON	SR High Point	20.83	+1.0	PB
3 Deron DUDLEY	JR High Point	20.92	+1.0	SB
4 Jalen ANDERSON	SR UNC-Asheville	20.99	+1.0	SB
5 Shawn LANGLEY JR	SR Charleston Souther	21.06	+1.0	PB
6 Tyneilus MORROW	SR High Point	21.16	+1.0	PB
7 Shane KING	FR Winthrop	21.27	+1.0	PB
8 Kevin BROWN	SO Winthrop	21.71	+1.0	

MEN 400 M PRELIMS

1 Shawn LANGLEY JR	SR Charleston Souther	46.57	Q	SB
2 Aidan BRITT	JR High Point	48.10	Q	PB
3 Khalif WALSTON	FR USC Upstate	48.62	q	
4 Kelly BELL	FR High Point	48.71	Q	
5 Shane KING	FR Winthrop	48.72	q	PB
6 Isaac WRIGHT	FR UNC-Asheville	49.48	q	PB
7 Braelin JUNE	FR UNC-Asheville	49.91	q	PB
8 Ayden STEWART	FR Longwood	49.91	q	
9 Jordan GIVENS	SO USC Upstate	50.03		SB
10 Jurnii LUCAS	SO Winthrop	50.29		SB
11 Andre GREEN	SR USC Upstate	50.37		
12 Christopher OWENS	JR UNC-Asheville	50.50		
13 Brailyn WASHINGTON	JR Winthrop	51.31		
14 Logan MACKLIN	FR Longwood	53.47		PB
15 Calvin JOHNSON	SR Winthrop	55.95		SB
16 Mark BETTS	FR Longwood	56.56		
DNS Charlie ADAMS	FR Longwood	DNS		

MEN 400 M

1 Shawn LANGLEY JR	SR Charleston Souther	46.36		SB
2 Kelly BELL	FR High Point	47.51		PB
3 Aidan BRITT	JR High Point	47.53		PB
4 Khalif WALSTON	FR USC Upstate	48.08		PB
5 Shane KING	FR Winthrop	48.37		PB
6 Braelin JUNE	FR UNC-Asheville	49.56		PB
7 Ayden STEWART	FR Longwood	50.03		
8 Isaac WRIGHT	FR UNC-Asheville	1:16.49		

MEN 800 M PRELIMS

1 Jason THOMSON	JR High Point	1:51.36	Q	PB
2 Sam SHIMANSKIY	SO USC Upstate	1:51.85	q	PB
3 Nathan CREMIN	FR Gardner-Webb	1:52.37	Q	PB
4 Mitchell HILL	SO Winthrop	1:52.76	q	PB
5 Graham FERGUSON	JR High Point	1:52.82	q	
6 Mason RAASCH	SO Charleston Souther	1:53.19	q	PB
7 Jack MCGAHEY	SO Charleston Souther	1:53.61	Q	PB
8 Alex HAINES	SR UNC-Asheville	1:53.70		
9 Reilly MAZZETTI	SO High Point	1:54.92	Q	
10 Griffin GILLESPIE	SO Charleston Souther	1:54.92		
11 Ryan MORITA	JR Gardner-Webb	1:55.02		SB

12 Brock NEWSOME	SR UNC-Asheville	1:55.20		SB
13 Elias HARRISON	FR USC Upstate	1:55.78		PB
14 Brandon KALASNIK	FR UNC-Asheville	1:55.82		PB
15 Jaheem O'HARA	FR UNC-Asheville	1:56.69		
16 Preston CORE	SO UNC-Asheville	1:57.03		PB
17 Derek STATON	SR USC Upstate	1:58.05		PB
18 Ethan BENTLEY	SR Gardner-Webb	2:00.58		
19 Mason GREENE	FR USC Upstate	2:00.76		
20 Christian REID	FR Longwood	2:01.32		PB
21 Darren FRASIER	SR Winthrop	2:02.56		
22 Kaden PRATT	FR Gardner-Webb	2:03.86		
23 Mark MELLON	SR Gardner-Webb	2:03.94		SB
24 Connor WILLIAMS	JR Longwood	2:07.96		
25 Avery BROWN	FR Longwood	2:09.61		PB
26 John MARSH	SO Gardner-Webb	2:12.68		

MEN 800 M

1 Nathan CREMIN	FR Gardner-Webb	1:51.54		PB
2 Graham FERGUSON	JR High Point	1:51.85		
3 Mitchell HILL	SO Winthrop	1:52.28		PB
4 Jason THOMSON	JR High Point	1:52.66		
5 Jack MCGAHEY	SO Charleston Souther	1:53.00		PB
6 Reilly MAZZETTI	SO High Point	1:55.07		
7 Sam SHIMANSKIY	SO USC Upstate	1:55.23		
8 Mason RAASCH	SO Charleston Souther	1:56.19		

MEN 1500 M PRELIMS

1 Othmane EL GHARISSI	SR High Point	3:58.79	Q	
2 Graham FERGUSON	JR High Point	3:58.86	Q	
3 Alex HAINES	SR UNC-Asheville	3:59.47	Q	
4 Sam SHIMANSKIY	SO USC Upstate	3:59.76	Q	
5 Zack WEDDING	SO Charleston Souther	4:00.14	q	
6 Griffin MCNEISH	SO Winthrop	4:00.65	q	
7 Jason THOMSON	JR High Point	4:00.85	Q	
8 Jack MCGAHEY	SO Charleston Souther	4:01.04	Q	
9 Griffin GILLESPIE	SO Charleston Souther	4:01.06	Q	
10 Steven MCCARTNEY	FR Charleston Souther	4:01.27	Q	
11 Brock NEWSOME	SR UNC-Asheville	4:02.05	q	
12 Derek STATON	SR USC Upstate	4:02.70	q	PB
13 Lance SURLLES	FR UNC-Asheville	4:03.42		PB
14 Saad KHAN	JR Longwood	4:10.96		PB
15 Christian REID	FR Longwood	4:11.41		PB
16 Javier ROLDAN	SO Longwood	4:21.01		PB
17 Bryce CHRISTIAN	SO Longwood	4:26.51		PB

MEN 1500 M

1 Graham FERGUSON	JR High Point	3:46.21		PB
2 Jason THOMSON	JR High Point	3:46.38		
3 Othmane EL GHARISSI	SR High Point	3:47.13		SB
4 Alex HAINES	SR UNC-Asheville	3:49.99		PB
5 Griffin GILLESPIE	SO Charleston Souther	3:51.55		
6 Sam SHIMANSKIY	SO USC Upstate	3:59.66		
7 Jack MCGAHEY	SO Charleston Souther	4:00.09		
8 Steven MCCARTNEY	FR Charleston Souther	4:00.85		
9 Zack WEDDING	SO Charleston Souther	4:00.95		
10 Derek STATON	SR USC Upstate	4:02.94		
11 Brock NEWSOME	SR UNC-Asheville	4:04.11		
12 Griffin MCNEISH	SO Winthrop	4:07.44		



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Results

MEN 3000 M STEEPLECHASE

1 Jake TAROSKY	SR	High Point	9:03.49	
2 Jan MALEK	SO	UNC-Asheville	9:13.81	
3 Jake FIORILLO	SO	High Point	9:20.34	PB
4 Jeff WEDDING	SO	Charleston Souther	9:26.14	
5 Gavin KUHNENBECK	JR	Charleston Souther	9:40.52	
6 Jonas ROACH	FR	UNC-Asheville	9:41.49	PB
7 Noah WOODBURY	SR	Winthrop	9:49.53	PB
8 Eric PERRY	FR	USC Upstate	10:17.90	
9 Max DAVIS	SR	Winthrop	10:22.66	SB
10 Nolan WEISDORFER	JR	Winthrop	10:28.30	
11 Alec DANIEL	JR	Longwood	10:30.95	PB
12 Chris POST	SR	USC Upstate	10:34.79	
13 Nicolas WILLIAMS	FR	Longwood	11:08.12	

MEN 5000 M

1 Othmane EL GHARISSI	SR	High Point	14:35.67	
2 Conan HARPER	FR	Charleston Souther	14:39.41	
3 Jordan SMITH	JR	Charleston Souther	14:46.37	
4 Sam WALDIN	JR	Charleston Souther	14:52.16	
5 Jan MALEK	SO	UNC-Asheville	14:53.03	
6 Jake TAROSKY	SR	High Point	14:53.41	PB
7 Nigel DOS SANTOS	SR	USC Upstate	14:53.42	
8 Ian MILLER	SR	High Point	15:00.26	
9 Caleb KENYON	SO	Charleston Souther	15:09.11	
10 Jeff WEDDING	SO	Charleston Souther	15:21.89	PB
11 Reuben KOSCHE	SR	High Point	15:32.85	
12 Yates HOCKADAY	JR	UNC-Asheville	15:33.73	
13 Timothy DEPUE	SR	Charleston Souther	15:37.10	
14 Jonas ROACH	FR	UNC-Asheville	15:39.42	PB
15 Benjamin GOULET	JR	Longwood	15:46.57	
16 Noah WOODBURY	SR	Winthrop	15:56.00	
17 Dylan MAJOR	SR	UNC-Asheville	15:56.93	PB
18 Lance SURLS	FR	UNC-Asheville	16:08.31	
19 Saad KHAN	JR	Longwood	16:19.51	
20 Ethan PETTYJOHN	JR	Longwood	16:21.84	
21 Misha WILEY	SO	Longwood	16:47.44	
DNS Daren HINDS	JR	Winthrop	DNS	

MEN 10000 M

1 Conan HARPER	FR	Charleston Souther	30:31.27	
2 Sam WALDIN	JR	Charleston Souther	30:44.60	
3 Caleb KENYON	SO	Charleston Souther	31:02.53	
4 Ian MILLER	SR	High Point	31:24.95	
5 Timothy DEPUE	SR	Charleston Souther	32:11.01	
6 Yates HOCKADAY	JR	UNC-Asheville	32:19.76	
7 Christian MARINER	SO	Charleston Souther	32:21.47	
8 Daren HINDS	JR	Winthrop	32:27.83	
9 Ethan PETTYJOHN	JR	Longwood	33:06.59	PB
10 Dylan MAJOR	SR	UNC-Asheville	33:31.06	

MEN 110 M HURDLES

1 Zac WEAS	SR	UNC-Asheville	14.24	+1.3
2 Elijah ROSS	FR	USC Upstate	14.52	+1.3
3 Antonio VOTOUR	FR	High Point	14.58	+1.3
4 TJ PEEBLES	SO	Gardner-Webb	14.59	+1.3
5 Gus CORTEZI	SR	Charleston Souther	15.23	+1.3

6 Antonio BRYAN	FR	USC Upstate	15.35	+1.3
7 Matthew WRIGHT	SO	Winthrop	15.73	+1.3
8 Ryen RIDGILL	FR	Winthrop	16.00	+1.3

MEN 400 M HURDLES PRELIM

1 Luciano CUSTODIO	JR	Charleston Souther	52.82	Q
2 Shriyaan KRISHNARAJ	FR	USC Upstate	54.86	Q
3 Jurnii LUCAS	SO	Winthrop	55.40	Q
4 TJ PEEBLES	SO	Gardner-Webb	55.43	Q
5 Antonio BRYAN	FR	USC Upstate	55.45	q
6 Zac WEAS	SR	UNC-Asheville	56.80	q
7 Matthew WRIGHT	SO	Winthrop	56.90	q
8 Adam GRAHAM	JR	UNC-Asheville	56.98	q
8 Elijah ROSS	FR	USC Upstate	56.98	q
10 Gus CORTEZI	SR	Charleston Souther	57.18	

MEN 400 M HURDLES

1 Luciano CUSTODIO	JR	Charleston Souther	51.75	SB
2 TJ PEEBLES	SO	Gardner-Webb	52.96	PB
3 Shriyaan KRISHNARAJ	FR	USC Upstate	53.07	PB
4 Zac WEAS	SR	UNC-Asheville	53.86	PB
5 Jurnii LUCAS	SO	Winthrop	55.42	
6 Antonio BRYAN	FR	USC Upstate	55.79	
7 Elijah ROSS	FR	USC Upstate	57.09	
8 Adam GRAHAM	JR	UNC-Asheville	57.12	
9 Matthew WRIGHT	SO	Winthrop	57.59	

MEN 4X100 M RELAY

1 HIGH POINT		40.08	SB
2 UNC-ASHEVILLE		40.48	SB
3 USC-UPSTATE	USC Upstate	40.68	
4 WINTHROP		41.14	
5 LONGWOOD		42.67	SB

MEN 4X400 M RELAY

1 HIGH POINT		3:14.42	SB
2 USC-UPSTATE	USC Upstate	3:14.86	
3 CHARLESTON SOUTHERN		3:15.15	SB
4 UNC-ASHEVILLE		3:16.55	SB
5 WINTHROP		3:19.54	
6 GARDNER-WEBB		3:22.62	SB
7 LONGWOOD		3:27.21	SB

MEN HIGH JUMP

1 Shaun THOMAS	FR	High Point	2.14m	7-1/4	PB
2 Andrew TAYLOR	JR	High Point	2.14m	7-1/4	PB
3 Bryce RAVENELL	SR	USC Upstate	2.08m	6-9/4	
4 Alex CONSTANTINOU	SO	High Point	2.08m	6-9/4	
5 Khiree CUMMINGS	SR	USC Upstate	1.98m	6-6	PB
6 Jonathan TIMPSON	FR	Gardner-Webb	1.93m	6-4	
6 John CONNORS	FR	High Point	1.93m	6-4	
8 Kenneth WILLIAMS JR.	SR	Winthrop	1.93m	6-4	
9 Michael MOODY	SO	USC Upstate	1.88m	6-2	PB
10 Eliel CUESTA	SR	Gardner-Webb	1.83m	6-0	
11 Gabriel MATTHEWS	FR	UNC-Asheville	1.78m	5-10	PB

MEN POLE VAULT

1 Reid HOLLOWAY	SO	High Point	5.15m	16-10 1/4
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Results

2 Jake MORGAN	SO High Point	4.70m	15-5	
3 Maxwell ROBINSON	SO High Point	4.55m	14-11	
4 Will REEVES	FR High Point	3.80m	12-5½	PB
5 Eli OESCHGER	FR UNC-Asheville	3.80m	12-5½	PB
NH Gabe IMERY	JR High Point		NH	

12 Felix LEBLANC	JR High Point	38.62m	126-8	
13 Timothy SPEAKS	SO Winthrop	36.87m	120-11	SB
14 Devin CHAVIS	JR Winthrop	34.72m	113-11	SB
15 Addison STONE	SO USC Upstate	29.54m	96-11	PB

MEN LONG JUMP

1 Kenneth WILLIAMS JR.	SR Winthrop	7.34m	24-1	+0.7	PB
2 Andrew BILDERBACK	SO USC Upstate	7.11m	23-4	-0.9	PB
3 Michael MOODY	SO USC Upstate	7.04m	23-1¼	+0.8	PB
4 Bryce RAVENELL	SR USC Upstate	6.90m	22-7¼	+0.5	
5 Jakeim PASLEY	FR Winthrop	6.78m	22-3	+1.6	PB
6 Xavier STONE	FR USC Upstate	6.76m	22-2¼	+0.3	PB
7 Michael BOUCHER	FR Winthrop	6.71m	22-¼	+0.4	PB
8 Dominique NESBITT	SO Winthrop	6.69m	21-11½	+0.5	PB
9 Gabriel MATTHEWS	FR UNC-Asheville	6.36m	20-10½	+1.0	PB
10 John CONNORS	FR High Point	6.09m	19-11¼	-0.1	
11 Matthew FITZNER	FR Longwood	6.02m	19-9	+0.9	
12 Cullen CARTER	FR Longwood	5.98m	19-7½	+0.8	PB
13 Mason BRADLEY	JR UNC-Asheville	5.60m	18-4½	+1.1	

MEN HAMMER

1 Keyandre DAVIS	SO USC Upstate	58.28m	191-2	
2 Quentin PETERSON	SO Gardner-Webb	57.86m	189-10	
3 Kevon CHAPMAN	SR USC Upstate	51.60m	169-3	PB
4 Timon EDELEN	JR High Point	51.18m	167-11	PB
5 Gabriel WALKER	JR USC Upstate	49.93m	163-9	PB
6 Devin CHAVIS	JR Winthrop	49.57m	162-7	PB
7 Addison STONE	SO USC Upstate	49.29m	161-8	PB
8 De'Quon HENDERSON	SR USC Upstate	47.24m	155-0	SB
9 Chris VAN NIEKERK	SR High Point	46.59m	152-10	SB
10 Timothy SPEAKS	SO Winthrop	43.68m	143-4	
11 Devin REDD	FR Gardner-Webb	41.14m	135-0	PB
12 Breeland MADISON	FR Gardner-Webb	40.19m	131-10	

MEN TRIPLE JUMP

1 Michael MOODY	SO USC Upstate	14.18m	46-6¼	+1.4	PB
2 Xavier STONE	FR USC Upstate	14.10m	46-3¼	+1.2	PB
3 Maurion JAMISON	SO Winthrop	14.04m	46-¾	+1.0	PB
4 Gabriel MATTHEWS	FR UNC-Asheville	13.85m	45-5¼	+1.3	PB
5 Kenneth WILLIAMS JR.	SR Winthrop	13.84m	45-5	+0.2	
6 Matthew FITZNER	FR Longwood	13.17m	43-2½	+1.0	
X Bryce RAVENELL	SR USC Upstate		X		

MEN JAVELIN

1 Eastin BURCH	FR USC Upstate	59.08m	193-10	
2 Aaron PIERCE	JR Charleston Souther	58.58m	192-2	
3 Ryan TENOR JR.	SR High Point	56.81m	186-4	SB
4 Kaleb SOK	SO USC Upstate	54.12m	177-7	PB
5 Kolt BYERS	SR High Point	53.20m	174-6	
6 Landry POLK	SO Charleston Souther	52.52m	172-4	PB
7 Serghei UNGUREAN	FR USC Upstate	49.41m	162-1	
8 David CAIVANO	SO High Point	48.17m	158-0	PB
9 Eliel CUESTA	SR Gardner-Webb	47.85m	157-0	PB
10 Will REEVES	FR High Point	45.73m	150-0	
11 Derrick FULTON	FR Winthrop	45.39m	148-11	PB

MEN SHOT PUT

1 Chris VAN NIEKERK	SR High Point	18.77m	61-7	BSC
2 Quentin PETERSON	SO Gardner-Webb	17.86m	58-7¼	PB
3 Jacoby JOHNSON	JR Gardner-Webb	15.60m	51-2¼	
4 Nick MORSE	SR High Point	15.39m	50-6	
5 Odin FERENCY	FR Charleston Souther	15.19m	49-10	
6 Timon EDELEN	SR High Point	14.64m	48-½	SB
7 Keyandre DAVIS	SO USC Upstate	14.56m	47-9¼	PB
8 Serghei UNGUREAN	FR USC Upstate	14.21m	46-7½	PB
9 Aaron PIERCE	JR Charleston Souther	14.11m	46-3¼	=SB
10 Kevon CHAPMAN	SR USC Upstate	13.97m	45-10	
11 Timothy SPEAKS	SO Winthrop	13.46m	44-2	
12 De'Quon HENDERSON	SR USC Upstate	13.43m	44-¾	PB
13 Addison STONE	SO USC Upstate	11.37m	37-3¼	
X Breeland MADISON	FR Gardner-Webb		X	

HEPT WOMEN 100 M HURDLES

1 Mallory HANEY	SR UNC-Asheville	14.39	924	SB
2 Karlea DUHON	SR High Point	14.42	920	
3 Maya DULANEY	FR UNC-Asheville	14.90	855	SB
4 Kandace MCIVOR	SO Radford	14.99	843	SB
5 Monay JAMES	SR Winthrop	15.05	835	SB
6 Isa VANSINTEMAARTENSDI	FR Gardner-Webb	15.15	822	SB
7 Ava BUGENHAGEN	FR High Point	16.39	667	PB
8 Lee KANIA	FR UNC-Asheville	16.75	625	
9 Kaitlyn GREENE	SO High Point	17.15	580	PB
10 Isabela CASTILLO	JR Gardner-Webb	18.50	438	PB

MEN DISCUS

1 Chris VAN NIEKERK	SR High Point	53.96m	177-0	
2 Quentin PETERSON	SO Gardner-Webb	50.40m	165-4	
3 Jacoby JOHNSON	JR Gardner-Webb	48.58m	159-4	
4 Keyandre DAVIS	SO USC Upstate	46.99m	154-2	
5 Timon EDELEN	SR High Point	45.48m	149-2	
6 Nick MORSE	SR High Point	44.93m	147-5	
7 Kevon CHAPMAN	SR USC Upstate	42.66m	139-11	
8 Devin REDD	FR Gardner-Webb	41.69m	136-9	
9 Odin FERENCY	FR Charleston Souther	41.37m	135-8	
10 Serghei UNGUREAN	FR USC Upstate	39.85m	130-9	
11 Cole WILSON	JR High Point	39.73m	130-4	

HEPT WOMEN HIGH JUMP

1 Mallory HANEY	SR UNC-Asheville	1.56m	5-1¼	689	PB
2 Karlea DUHON	SR High Point	1.53m	5-¼	655	
3 Monay JAMES	SR Winthrop	1.53m	5-¼	655	PB
4 Isa VANSINTEMAARTENSDI	FR Gardner-Webb	1.50m	4-11	621	
5 Kaitlyn GREENE	SO High Point	1.47m	4-9¼	588	
6 Kandace MCIVOR	SO Radford	1.47m	4-9¼	588	PB
7 Lee KANIA	FR UNC-Asheville	1.47m	4-9¼	588	
8 Isabela CASTILLO	JR Gardner-Webb	1.44m	4-8¾	555	
9 Ava BUGENHAGEN	FR High Point	1.41m	4-7½	523	PB
10 Maya DULANEY	FR UNC-Asheville	1.35m	4-5	460	

HEPT WOMEN SHOT PUT

1 Monay JAMES	SR Winthrop	12.58m	41-3¼	700	PB
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Results available at www.flashresults.com



Big South Outdoor Track & Field Championships

Dick Vert Stadium
High Point, NC - Hosted by High Point University
May 6-8, 2024



Results

2	Karlea DUHON	SR	High Point	12.50m	41- ¹ / ₄	694	
3	Isa VANSINTEMAARTENSDI	FR	Gardner-Webb	10.49m	34-5	562	
4	Lee KANIA	FR	UNC-Asheville	10.04m	32-11 ¹ / ₄	532	
5	Mallory HANEY	SR	UNC-Asheville	9.59m	31-5 ³ / ₄	503	
6	Maya DULANEY	FR	UNC-Asheville	9.49m	31-1 ³ / ₄	496	PB
7	Isabela CASTILLO	JR	Gardner-Webb	8.59m	28-2 ¹ / ₄	438	
8	Ava BUGENHAGEN	FR	High Point	8.55m	28- ³ / ₄	435	PB
9	Kandace MCIVOR	SO	Radford	8.07m	26-5 ³ / ₄	404	
10	Kaitlyn GREENE	SO	High Point	7.77m	25-6	385	

HEPT WOMEN 200 M

1	Mallory HANEY	SR	UNC-Asheville	24.61	923	PB
2	Monay JAMES	SR	Winthrop	25.94	802	PB
3	Kandace MCIVOR	SO	Radford	26.20	780	SB
4	Isa VANSINTEMAARTENSDI	FR	Gardner-Webb	26.46	757	PB
5	Karlea DUHON	SR	High Point	26.58	747	SB
6	Isabela CASTILLO	JR	Gardner-Webb	27.45	675	
7	Kaitlyn GREENE	SO	High Point	27.70	655	PB
8	Ava BUGENHAGEN	FR	High Point	27.97	633	PB
9	Lee KANIA	FR	UNC-Asheville	28.32	606	
DNF	Maya DULANEY	FR	UNC-Asheville	DNF	0	

HEPT WOMEN LONG JUMP

1	Monay JAMES	SR	Winthrop	5.41m	17-9	674	SB
2	Mallory HANEY	SR	UNC-Asheville	5.41m	17-9	674	SB
3	Isa VANSINTEMAARTENSDI	FR	Gardner-Webb	5.20m	17- ³ / ₄	614	
4	Kandace MCIVOR	SO	Radford	5.13m	16-10	595	
5	Karlea DUHON	SR	High Point	5.01m	16-5 ¹ / ₄	562	PB
6	Kaitlyn GREENE	SO	High Point	4.96m	16-3 ¹ / ₄	548	PB
7	Ava BUGENHAGEN	FR	High Point	4.95m	16-3	546	PB
8	Lee KANIA	FR	UNC-Asheville	4.57m	15-0	446	
9	Isabela CASTILLO	JR	Gardner-Webb	4.55m	14-11 ¹ / ₄	441	
r	Maya DULANEY	FR	UNC-Asheville	r	0		

HEPT WOMEN JAVELIN

1	Karlea DUHON	SR	High Point	42.39m	139-1	713	PB
2	Isa VANSINTEMAARTENSDI	FR	Gardner-Webb	39.48m	129-6	657	
3	Monay JAMES	SR	Winthrop	34.37m	112-9	560	PB
4	Lee KANIA	FR	UNC-Asheville	29.40m	96-5	465	
5	Kandace MCIVOR	SO	Radford	26.75m	87-9	415	PB
6	Isabela CASTILLO	JR	Gardner-Webb	25.98m	85-3	401	
7	Kaitlyn GREENE	SO	High Point	23.93m	78-6 ¹ / ₄	362	PB
8	Ava BUGENHAGEN	FR	High Point	23.81m	78-1 ¹ / ₂	360	PB
9	Mallory HANEY	SR	UNC-Asheville	23.65m	77-7 ¹ / ₄	357	
DNS	Maya DULANEY	FR	UNC-Asheville	DNF	0		

HEPT WOMEN 800 M

1	Mallory HANEY	SR	UNC-Asheville	2:24.28	766	PB	
2	Monay JAMES	SR	Winthrop	2:26.26	740	PB	
3	Ava BUGENHAGEN	FR	High Point	2:28.62	710	PB	
4	Isabela CASTILLO	JR	Gardner-Webb	2:30.61	685		
5	Karlea DUHON	SR	High Point	2:31.84	670	PB	
6	Isa VANSINTEMAARTENSDI	FR	Gardner-Webb	2:35.61	624	PB	
7	Kandace MCIVOR	SO	Radford	2:41.39	557		
8	Lee KANIA	FR	UNC-Asheville	2:46.47	501		
9	Kaitlyn GREENE	SO	High Point	2:49.33	471	PB	
DNS	Maya DULANEY	FR	UNC-Asheville	DNF	0		

HEPTATHLON TOTALS

1	Monay JAMES	Winthrop	4966
2	Karlea DUHON	High Point	4961
3	Mallory HANEY	UNC-Asheville	4836
4	Isa VANSINTEMAARTENSDI	Gardner-Webb	4657
5	Kandace MCIVOR	Radford	4182
6	Ava BUGENHAGEN	High Point	3874
7	Lee KANIA	UNC-Asheville	3763
8	Isabela CASTILLO	Gardner-Webb	3633
9	Kaitlyn GREENE	High Point	3589
DNF	Maya DULANEY	UNC-Asheville	DNF

DEC MEN 1500 M

1	Felix LEBLANC	JR	High Point	4:36.81	701	PB
2	Cole WILSON	JR	High Point	4:45.62	645	PB
3	Andrew AUN	JR	USC Upstate	4:46.55	640	
4	Will REEVES	FR	High Point	4:47.45	634	PB
5	Adam GRAHAM	JR	UNC-Asheville	4:51.15	612	
6	David CAIVANO	SO	High Point	5:09.84	504	
7	Cam PHILLIPS	JR	USC Upstate	5:24.81	425	
8	Kolt BYERS	SR	High Point	5:26.16	418	
9	Eli OESCHGER	FR	UNC-Asheville	5:44.59	330	

DEC MEN 100 M

1	Cole WILSON	JR	High Point	10.84	897	PB
2	Andrew AUN	JR	USC Upstate	11.11	836	PB
3	Felix LEBLANC	JR	High Point	11.30	795	PB
4	Adam GRAHAM	JR	UNC-Asheville	11.35	784	PB
5	Will REEVES	FR	High Point	11.37	780	PB
6	Kolt BYERS	SR	High Point	11.54	744	PB
7	Cam PHILLIPS	JR	USC Upstate	11.59	734	PB
8	Eli OESCHGER	FR	UNC-Asheville	12.20	612	
9	David CAIVANO	SO	High Point	13.23	430	

DEC MEN LONG JUMP

1	Cole WILSON	JR	High Point	7.11m	23-4	840	
2	Felix LEBLANC	JR	High Point	6.48m	21-3 ³ / ₄	693	PB
3	Kolt BYERS	SR	High Point	6.29m	20-7 ³ / ₄	650	
4	Will REEVES	FR	High Point	6.22m	20-5	635	PB
5	Andrew AUN	JR	USC Upstate	6.05m	19-10 ¹ / ₄	597	PB
6	David CAIVANO	SO	High Point	5.68m	18-7 ³ / ₄	519	
7	Cam PHILLIPS	JR	USC Upstate	5.57m	18-3 ¹ / ₄	496	PB
8	Eli OESCHGER	FR	UNC-Asheville	5.53m	18-1 ¹ / ₄	487	SB
9	Adam GRAHAM	JR	UNC-Asheville	5.45m	17-10 ¹ / ₄	471	

DEC MEN SHOT PUT

1	Cole WILSON	JR	High Point	13.41m	44-0	692	
2	Kolt BYERS	SR	High Point	11.81m	38-9	595	PB
3	Felix LEBLANC	JR	High Point	11.57m	37-11 ¹ / ₂	580	
4	David CAIVANO	SO	High Point	10.44m	34-3	512	PB
5	Adam GRAHAM	JR	UNC-Asheville	9.62m	31-6 ³ / ₄	463	PB
6	Will REEVES	FR	High Point	9.41m	30-10 ¹ / ₂	450	
7	Andrew AUN	JR	USC Upstate	9.28m	30-5 ¹ / ₂	443	
8	Cam PHILLIPS	JR	USC Upstate	8.74m	28-8 ¹ / ₄	410	
9	Eli OESCHGER	FR	UNC-Asheville	8.06m	26-5 ¹ / ₂	370	

DEC MEN HIGH JUMP

1	Cole WILSON	JR	High Point	2.01m	6-7	813	=PB
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Big South Outdoor Track & Field Championships

Dick Vert Stadium

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Results

2 Kolt BYERS	SR High Point	1.89m	6-2¼	705	
3 Felix LEBLANC	JR High Point	1.74m	5-8½	577	PB
3 Will REEVES	FR High Point	1.74m	5-8½	577	PB
5 Cam PHILLIPS	JR USC Upstate	1.71m	5-7¼	552	
6 David CAIVANO	SO High Point	1.65m	5-5	504	
7 Andrew AUN	JR USC Upstate	1.62m	5-3¼	480	
8 Eli OESCHGER	FR UNC-Asheville	1.59m	5-2½	457	
NH Adam GRAHAM	JR UNC-Asheville		NH	0	

DEC MEN 400 M

1 Cole WILSON	JR High Point	50.07	811	PB
2 Adam GRAHAM	JR UNC-Asheville	50.90	774	
3 Andrew AUN	JR USC Upstate	51.14	763	
4 Felix LEBLANC	JR High Point	51.68	739	
5 Kolt BYERS	SR High Point	52.43	706	PB
6 Will REEVES	FR High Point	52.55	701	PB
7 Cam PHILLIPS	JR USC Upstate	54.12	635	SB
8 Eli OESCHGER	FR UNC-Asheville	57.91	487	
9 David CAIVANO	SO High Point	60.00	413	

DEC MEN 110 M HURDLES

1 Cole WILSON	JR High Point	14.96	854	
2 Kolt BYERS	SR High Point	15.90	744	SB
3 Felix LEBLANC	JR High Point	15.97	736	PB
4 Adam GRAHAM	JR UNC-Asheville	16.18	713	
5 Will REEVES	FR High Point	17.71	552	
6 Andrew AUN	JR USC Upstate	17.81	543	PB
7 David CAIVANO	SO High Point	19.70	373	
8 Cam PHILLIPS	JR USC Upstate	20.22	332	PB
9 Eli OESCHGER	FR UNC-Asheville	22.52	178	

DEC MEN DISCUS

1 Felix LEBLANC	JR High Point	40.80m	133-10	681	
2 Cole WILSON	JR High Point	36.13m	118-6	586	
3 Kolt BYERS	SR High Point	35.39m	116-1	572	
4 David CAIVANO	SO High Point	33.23m	109-0	528	
5 Will REEVES	FR High Point	30.37m	99-7	472	
6 Andrew AUN	JR USC Upstate	26.61m	87-3	398	
7 Cam PHILLIPS	JR USC Upstate	23.13m	75-10¼	331	
8 Adam GRAHAM	JR UNC-Asheville	21.95m	72-¼	309	PB
9 Eli OESCHGER	FR UNC-Asheville	15.58m	51-1½	190	

DEC MEN POLE VAULT

1 Kolt BYERS	SR High Point	4.25m	13-11¼	688	
1 Cole WILSON	JR High Point	4.25m	13-11¼	688	
3 Felix LEBLANC	JR High Point	4.15m	13-7¼	659	
4 Eli OESCHGER	FR UNC-Asheville	3.75m	12-3½	549	PB
5 David CAIVANO	SO High Point	3.75m	12-3½	549	
6 Will REEVES	FR High Point	3.45m	11-3¼	469	PB
7 Andrew AUN	JR USC Upstate	2.75m	9-¼	298	
8 Adam GRAHAM	JR UNC-Asheville	2.55m	8-4¼	253	
9 Cam PHILLIPS	JR USC Upstate	2.45m	8-½	231	

DEC MEN JAVELIN

1 Kolt BYERS	SR High Point	54.01m	177-2	648	PB
2 Cole WILSON	JR High Point	53.48m	175-5	640	PB
3 Felix LEBLANC	JR High Point	48.39m	158-9	565	
4 Will REEVES	FR High Point	45.37m	148-10	520	

5 David CAIVANO	SO High Point	44.87m	147-2	513	
6 Andrew AUN	JR USC Upstate	37.91m	124-4	412	PB
7 Adam GRAHAM	JR UNC-Asheville	33.66m	110-5	351	
8 Cam PHILLIPS	JR USC Upstate	31.15m	102-2	315	PB
9 Eli OESCHGER	FR UNC-Asheville	29.23m	95-10	288	PB

DECATHLON TOTALS

1 Cole WILSON	High Point	7466
2 Felix LEBLANC	High Point	6726
3 Kolt BYERS	High Point	6470
4 Will REEVES	High Point	5790
5 Andrew AUN	USC Upstate	5410
6 David CAIVANO	High Point	4845
7 Adam GRAHAM	UNC-Asheville	4730
8 Cam PHILLIPS	USC Upstate	4461
9 Eli OESCHGER	UNC-Asheville	3948

WOMEN TEAM SCORES

1 High Point	242
2 Charleston Southern	231
3 Radford	87
4 UNC-Asheville	78
4 Gardner-Webb	78
6 USC Upstate	50
7 Winthrop	45
8 Longwood	4

MEN TEAM SCORES

1 High Point	288.5
2 USC Upstate	156
3 Charleston Southern	119
4 UNC-Asheville	91
5 Winthrop	72
6 Gardner-Webb	65.5
7 Longwood	11