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 2010 Big South Indoor Championship - 2/27/2010 to 2/28/2010  
 Results at www.cfpitiming.com  
 Clemson Indoor Track @ Clemson, SC  
 Results

Women 60 Meter Dash

=====  
 8 Advance: Top 1 Each Heat plus Next 5 Best Times

NCAA Auto: A 7.26

NCAA Prov: P 7.44

B. South OVL: O 7.43 12/7/2002 Octavia Goode, Winthrop  
 B. South Mt.: B 7.45 2/17/2007 Chasity Johnson, Coastal Carolina  
 Name Year School Prelims H#

=====  
 Preliminaries

1	Brown, Ikeiyah	SR Coastal Caro	7.51Q	1	
2	Henley, Darriale	SO Coastal Caro	7.52Q	2	
3	Houston, Gabrielle	SO Charleston S	7.63Q	3	
4	Thomas, Jessica	SR Charleston S	7.68q	2	
5	Pegues, Alyssa	SO Liberty	7.73q	3	
6	Simpson, Melekia	FR Coastal Caro	7.80q	1	
7	Charnuski, Olivia	SO Liberty	7.87q	1	7.861
8	Gamble, Manika	SO High Point	7.87q	3	7.863
9	Smalls, London	FR Coastal Caro	7.91	1	
10	Holmes, Rebecca	SR Winthrop	7.92	2	
11	Abdullah, Mariam	SO Winthrop	8.07	1	
12	Christian, Kayla	FR Radford	8.08	3	
13	Brigham, Aliegha	JR Gardner-Webb	8.13	2	
14	Lynch, Mardavia	JR Winthrop	8.16	3	
15	Robinson, Lora	SO High Point	8.20	2	
16	Cleveland, Kayla	SR Winthrop	8.21	1	
17	Spruel, Sherri	FR Liberty	8.24	3	
18	Jones, Eureka	FR Unc-Ashevill	8.29	1	
--	Gibbs, Rebekah	FR Liberty	DNS	2	

Women 60 Meter Dash

=====  
 NCAA Auto: A 7.26

NCAA Prov: P 7.44

B. South OVL: O 7.43 12/7/2002 Octavia Goode, Winthrop  
 B. South Mt.: B 7.45 2/17/2007 Chasity Johnson, Coastal Carolina  
 Name Year School Finals

=====  
 Finals

1	Brown, Ikeiyah	SR Coastal Caro	7.48
2	Henley, Darriale	SO Coastal Caro	7.52
3	Houston, Gabrielle	SO Charleston S	7.62
4	Thomas, Jessica	SR Charleston S	7.69
5	Pegues, Alyssa	SO Liberty	7.76
6	Simpson, Melekia	FR Coastal Caro	7.77
7	Charnuski, Olivia	SO Liberty	7.88
8	Gamble, Manika	SO High Point	8.14

Women 200 Meter Dash

=====  
 Top 8 Advance by Time

NCAA Auto: A 23.70

NCAA Prov: P 24.40

B. South OVL: O 24.14 2/20/2000 Khadijah Conda, Radford

B. South Mt.: B 24.14 2/20/2000 Khadijah Conda, Radford

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Brown, Ikeiyah	SR	Coastal Caro	P 24.26q	2
2 Houston, Gabrielle	SO	Charleston S	24.63q	3
3 Gamble, Manika	SO	High Point	25.34q	1
4 Freeman, Chenoa	SR	Liberty	25.47q	3
5 Thomas, Jessica	SR	Charleston S	25.53q	4
6 Charnuski, Olivia	SO	Liberty	25.55q	2
7 Pegues, Alyssa	SO	Liberty	25.87q	4
8 Henley, Darriale	SO	Coastal Caro	25.88q	2
9 Keenan, Samantha	SR	Coastal Caro	26.08	1
10 Christian, Kayla	FR	Radford	26.65	1
11 Jones, Eureka	FR	Unc-Ashevill	27.03	4
12 Robinson, Crystal	SO	Coastal Caro	27.12	2
13 Robinson, Lora	SO	High Point	27.16	3
14 Spruel, Sherri	FR	Liberty	27.65	3

Women 200 Meter Dash

=====				
NCAA Auto: A 23.70				
NCAA Prov: P 24.40				
B. South OVL: O 24.14 2/20/2000 Khadijah Conda, Radford				
B. South Mt.: B 24.14 2/20/2000 Khadijah Conda, Radford				
Name	Year	School	Finals	H#
=====				

Finals

1 Brown, Ikeiyah	SR	Coastal Caro	24.23P	2
2 Houston, Gabrielle	SO	Charleston S	24.75	2
3 Thomas, Jessica	SR	Charleston S	25.22	1
4 Henley, Darriale	SO	Coastal Caro	25.24	1
5 Gamble, Manika	SO	High Point	25.41	2 25.402
6 Charnuski, Olivia	SO	Liberty	25.41	1 25.405
7 Freeman, Chenoa	SR	Liberty	25.68	2
8 Pegues, Alyssa	SO	Liberty	26.28	1

Women 400 Meter Dash

=====				
Top 8 Advance by Time				
NCAA Auto: A 52.90				
NCAA Prov: P 54.90				
B. South OVL: O 54.60 2/6/2009 Dionne Gibson, Charleston- Southern				
B. South Mt.: B 55.57 2/27/2009 Amber White, Coastal Carolina				
Name	Year	School	Prelims	H#
=====				

Preliminaries

1 Watson, Jaime	SR	Liberty	B 55.37q	2
2 Freeman, Chenoa	SR	Liberty	56.27q	4
3 Jamison, Santresa	SO	Coastal Caro	57.67q	1 57.663
4 Robinson, Sasha	JR	Winthrop	57.67q	3 57.667
5 Humphries, Vondeeshia	JR	Coastal Caro	57.68q	2
6 Odey, Amerikorie	SR	Charleston S	58.79q	1
7 Williams, Chandale	SR	Va. Military	58.94q	4
8 James, Monique	FR	Winthrop	59.26q	3
9 Keenan, Samantha	SR	Coastal Caro	59.64	2
10 Gentry, Sarah	FR	Unc-Ashevill	59.85	4
11 Aiken, Felicia	SO	Coastal Caro	60.41	2
12 Lonon, Erin	SO	High Point	62.21	1
13 Tobin, Emma	FR	High Point	63.66	3

14 Dove, Danielle	JR Va. Military	68.51	4
-- Gibbs, Rebekah	FR Liberty	DNS	1

## Women 400 Meter Dash

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=====
NCAA Auto: A 52.90
NCAA Prov: P 54.90
B. South OVL: O 54.60 2/6/2009 Dionne Gibson, Charleston- Southern
B. South Mt.: B 55.57 2/27/2009 Amber White, Coastal Carolina
Name Year School Finals H#
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## Finals

1 Watson, Jaime	SR Liberty	54.590	2
2 Freeman, Chenoa	SR Liberty	56.43	2
3 Jamison, Santresa	SO Coastal Caro	56.65	2
4 Robinson, Sasha	JR Winthrop	56.74	2
5 Humphries, Vondeeshia	JR Coastal Caro	57.29	1
6 Williams, Chandale	SR Va. Military	57.57	1
7 Odey, Amerikorie	SR Charleston S	59.67	1
8 James, Monique	FR Winthrop	59.79	1

## Women 800 Meter Run

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=====
8 Advance: Top 3 Each Heat plus Next 2 Best Times
NCAA Auto: A 2:06.00
NCAA Prov: P 2:10.00
B. South OVL: O 2:06.15 2/12/2010 Jaime Watson, Liberty
B. South Mt.: B 2:09.79 3/1/2008 Jaime Watson, Liberty
Name Year School Prelims
=====

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## Preliminaries

1 Canfield, Joya	SR High Point	2:17.20Q
2 Watson, Jaime	SR Liberty	2:18.15Q
3 Ricksecker, Rebekah	SR Liberty	2:17.65Q
4 Burggraf, Meghan	FR Liberty	2:18.36Q
5 Whittaker, Britney	JR Radford	2:18.50Q
6 Hughes, Ivana	FR Gardner-Webb	2:19.35Q
7 Piacente, Vanessa	FR High Point	2:19.99q
8 Steinke, Leah	FR Gardner-Webb	2:20.14q
9 Johnson, Christian	SO Coastal Caro	2:20.97
10 Donahue, Shelby	JR Coastal Caro	2:21.48
11 Castor, Rod'Esther	JR Liberty	2:21.76
12 Richardson, Cherish	SO Gardner-Webb	2:22.63
13 Wissler, Maggie	FR Radford	2:24.29
14 Paul, Dani	FR High Point	2:26.72
15 Paine, Kelsey	FR High Point	2:27.91
16 Schofield, Jennifer	SO Winthrop	2:27.95

## Women 800 Meter Run

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=====
NCAA Auto: A 2:06.00
NCAA Prov: P 2:10.00
B. South OVL: O 2:06.15 2/12/2010 Jaime Watson, Liberty
B. South Mt.: B 2:09.79 3/1/2008 Jaime Watson, Liberty
Name Year School Finals
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## Finals

1 Watson, Jaime	SR Liberty	2:12.03
2 Canfield, Joya	SR High Point	2:14.83
3 Whittaker, Britney	JR Radford	2:15.80

4	Burggraf, Meghan	FR Liberty	2:17.33
5	Ricksecker, Rebekah	SR Liberty	2:18.84
6	Hughes, Ivana	FR Gardner-Webb	2:20.75
7	Steinke, Leah	FR Gardner-Webb	2:20.84
8	Piacente, Vanessa	FR High Point	2:27.88

## Women 1 Mile Run

=====			
NCAA Auto: A 4:38.90			
NCAA Prov: P 4:48.90			
B. South OVL: O	4:38.52	3/5/2002	Heather Sagan, Liberty
B. South Mt.: B	4:46.58	2/19/2005	Jemissa Hess, High Point
Name	Year	School	Finals
=====			
1	Ricksecker, Rebekah	SR Liberty	5:05.79
2	Klugh, Jennifer	SO Liberty	5:07.02
3	Neal, Hailey	SO Liberty	5:08.30
4	Moye, Jenna	FR Va. Military	5:09.75
5	Crotts, Lori	SR Radford	5:12.02
6	Donahue, Shelby	JR Coastal Caro	5:12.58
7	Zimmerman, Ariel	FR Gardner-Webb	5:13.28
8	Winterink, Geneva	SR High Point	5:14.77
9	Kulesz, Melanie	FR Unc-Ashevill	5:20.35
10	Fraser, Kelsey	SO High Point	5:20.54
11	Callahan, Abby	SR Gardner-Webb	5:24.09
12	Piacente, Vanessa	FR High Point	5:24.44
13	Kalmeijer, Alyska	FR Unc-Ashevill	5:25.09
13	Sickman, Lisa	SR Winthrop	5:25.09
15	Peck, Kaylyn	FR High Point	5:25.81
16	Yosef, Betel	FR Liberty	5:27.06
17	Olert, Katie	SR Unc-Ashevill	5:28.29
18	Sawyer, Elisabeth	FR Gardner-Webb	5:33.52
19	McKee, Susanna	FR Charleston S	6:08.09

## Women 3000 Meter Run

=====			
NCAA Auto: A 9:16.00			
NCAA Prov: P 9:35.00			
B. South OVL: O	9:25.29	3/14/1998	Jolene Williams, Costal Carolina
B. South Mt.: B	9:55.11	2/21/1998	Jolene Williams, Costal Carolina
Name	Year	School	Finals
=====			
1	Ricksecker, Rebekah	SR Liberty	10:06.96
2	Klugh, Jennifer	SO Liberty	10:07.46
3	Granger, Hannah	JR Va. Military	10:10.86
4	Crotts, Lori	SR Radford	10:13.68
5	Scott, Laura	JR Gardner-Webb	10:24.83
6	Bushman, Dacia	JR Liberty	10:28.90
7	Webb, Emily	JR High Point	10:30.83
8	Kulesz, Melanie	FR Unc-Ashevill	10:33.42
9	Christian, Brittany	SR Radford	10:36.96
10	Hunt, Kelsey	FR High Point	10:40.42
11	Palka, Diana	JR Gardner-Webb	10:44.01
12	Phillips, Carey	SR Winthrop	10:46.57
13	Bowles, Taylor	FR Liberty	11:15.80
14	Ambrosia, Rachael	SR Unc-Ashevill	11:23.13
15	Glunk, Ellie	SO Gardner-Webb	11:34.82
--	Curtin, Joyce	JR Coastal Caro	DNS

## Women 5000 Meter Run

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=====
NCAA Auto: A 16:12.50
NCAA Prov: P 16:49.50
B. South OVL: O 17:03.23 3/7/2007 Carol Jefferson, Liberty
B. South Mt.: B 17:06.49 2/25/2006 Carol Jefferson, Liberty
Name Year School Finals
=====
1 Granger, Hannah JR Va. Military 17:41.21
2 Bushman, Dacia JR Liberty 17:51.50
3 Webb, Emily JR High Point 17:55.71
4 Phillips, Carey SR Winthrop 17:57.93
5 Crotts, Lori SR Radford 18:01.67
6 Moye, Jenna FR Va. Military 18:05.85
7 Winterink, Geneva SR High Point 18:12.50
8 Scott, Laura JR Gardner-Webb 18:13.34
9 Carty, Lindsey FR Va. Military 18:21.93
10 Kanagy, Khristina FR Liberty 18:24.90
11 Delizo, Monica JR High Point 18:52.13
12 Guridy, Alicia SO Liberty 18:52.20
13 Schubel, Leah FR Va. Military 19:02.29
14 Killough, Brittany FR High Point 19:05.00
15 Wood, Rindi JR Coastal Caro 19:09.02
16 Moss, Carly JR Winthrop 19:12.19
17 Johnson, Christian SO Coastal Caro 19:19.53
18 Cuff, Adrienne FR Charleston S 19:20.53
19 Passauer, Amy SO Liberty 19:59.46
20 Hudak, Lia JR Gardner-Webb 21:02.96
-- Curtin, Joyce JR Coastal Caro DNS
-- Donahue, Shelby JR Coastal Caro DNS

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## Women 60 Meter Hurdles

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=====
8 Advance: Top 1 Each Heat plus Next 6 Best Times
NCAA Auto: A 8.14
NCAA Prov: P 8.43
B. South OVL: O 8.33 3/7/2009 Sistrunk, Costal Carolina
B. South Mt.: B 8.47 2/18/2007 Arlene Zelinskas, Liberty
Name Year School Prelims H#
=====
Preliminaries
1 Charnuski, Olivia SO Liberty 8.65Q 2
2 Gamble, Manika SO High Point 8.70Q 1
3 Holmes, Rebecca SR Winthrop 8.80q 1
4 Arango, Melissa JR Coastal Caro 8.83q 2 8.827
5 Norman, Patria SO Charleston S 8.83q 1 8.830
6 Houseknecht, Rachel JR Liberty 9.01q 2
7 Honor, Sharrone FR Winthrop 9.02q 2 9.011
8 Oates, Sierrah JR Coastal Caro 9.02q 1 9.013
9 Young, Sarah SR Winthrop 9.16 1
9 Matthews, Krystle JR Liberty 9.16 2
11 Issac, Shanace SO Coastal Caro 9.17 1
12 Ramirez, Estefania FR Coastal Caro 9.45 2
13 Stafford, Whitney FR Unc-Asheville 9.64 2

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## Women 60 Meter Hurdles

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=====
NCAA Auto: A 8.14
NCAA Prov: P 8.43
B. South OVL: O 8.33 3/7/2009 Sistrunk, Costal Carolina
B. South Mt.: B 8.47 2/18/2007 Arlene Zelinskas, Liberty

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Name	Year School	Finals
=====		
Finals		
1 Arango, Melissa	JR Coastal Caro	8.72
2 Charnuski, Olivia	SO Liberty	8.73
3 Holmes, Rebecca	SR Winthrop	8.78
4 Norman, Patria	SO Charleston S	8.88
5 Gamble, Manika	SO High Point	8.89
6 Houseknecht, Rachel	JR Liberty	9.08
7 Oates, Sierrah	JR Coastal Caro	9.12
8 Honor, Sharrone	FR Winthrop	9.18

Women 4x400 Meter Relay

=====		
NCAA Auto: A 3:35.80		
NCAA Prov: P 3:42.80		
B. South OVL: O	3:47.16	2/23/2008 Liberty, Liberty
B. South Mt.: B	3:49.10	2/25/2006 Coastal Carolina, Coastal Carolina
E Brown, A White, L Sistrunk, C Johnson		

School	Finals	H#
=====		
1 Coastal Carolina 'A'	3:49.84	2
1) Jamison, Santresa SO	2) Humphries, Vondeeshia JR	
3) Brown, Ikeiyah SR	4) Keenan, Samantha SR	
2 Winthrop 'A'	3:53.44	2
1) James, Monique FR	2) Antia-Obong, Amami SR	
3) Watson, Latasha JR	4) Robinson, Sasha JR	
3 Charleston Southern 'A'	3:55.16	2
1) Odey, Amerikorie SR	2) Houston, Gabrielle SO	
3) Norman, Patria SO	4) Thomas, Jessica SR	
4 Liberty 'A'	3:58.22	2
1) Aghaji, Mia SO	2) Sims, Melanie SO	
3) Burggraf, Meghan FR	4) Freeman, Chenoa SR	
5 High Point 'A'	4:00.47	2
1) Canfield, Joya SR	2) Gamble, Manika SO	
3) Lonon, Erin SO	4) Webb, Rachel JR	
6 Gardner-Webb 'A'	4:02.57	1
1) Wright, Bethany FR	2) Steinke, Leah FR	
3) Richardson, Cherish SO	4) Hughes, Ivana FR	
7 Radford 'A'	4:04.92	1
1) Bond, Caronda SR	2) Tedesco, Cori SO	
3) Wissler, Maggie FR	4) Whittaker, Britney JR	
8 Unc-Asheville 'A'	4:05.46	1
1) Gentry, Sarah FR	2) Jones, Eureka FR	
3) Stafford, Whitney FR	4) Kalmeijer, Alyska FR	
9 Va. Military Institute 'A'	4:12.29	1
1) Williams, Chandale SR	2) Dove, Danielle JR	
3) Moyer, Jenna FR	4) Carty, Lindsey FR	

Women Distance Medley

=====		
NCAA Auto: A 11:09.40		
NCAA Prov: P 11:30.40		
B. South OVL: O	11:52.46	3/4/2000 Liberty, Liberty
B. South Mt.: B	12:17.08	2/17/2007 High Point, High Point
S Marsh, D Robinson, J Canfield, S Hunter		

School	Finals
=====	
1 High Point 'A'	12:08.34B
1) Winterink, Geneva SR	2) Gamble, Manika SO

3) Piacente, Vanessa FR	4) Canfield, Joya SR
2 Va. Military Institute 'A'	12:13.36B
1) Granger, Hannah JR	2) Williams, Chandale SR
3) Carty, Lindsey FR	4) Moye, Jenna FR
3 Liberty 'A'	12:30.05
1) Yosef, Betel FR	2) Heath, Brittany SR
3) Hunt, Hannah SO	4) Neal, Hailey SO
4 Coastal Carolina 'A'	12:39.58
1) Wood, Rindi JR	2) Smith, Thomasena JR
3) Busbee, Peggy SR	4) Johnson, Christian SO
5 Unc-Asheville 'A'	12:40.04
1) Olert, Katie SR	2) Gentry, Sarah FR
3) Kalmeijer, Alyska FR	4) Kulesz, Melanie FR
6 Radford 'A'	12:40.89
1) Connor, Tara SR	2) Harris, Shanae JR
3) Tedesco, Cori SO	4) Christian, Brittany SR
7 Gardner-Webb 'A'	12:46.92
1) Callahan, Abby SR	2) Wright, Bethany FR
3) Richardson, Cherish SO	4) Zimmerman, Ariel FR
8 Winthrop 'A'	12:53.45
1) Coburn, Samantha SR	2) Monroe, Cherise SO
3) Schofield, Jennifer SO	4) Sickman, Lisa SR
9 Charleston Southern 'A'	13:14.01
1) McKee, Susanna FR	2) Jones, Deona FR
3) Epley, Tracey JR	4) Cuff, Adrienne FR

## Women High Jump

=====				
Starting height is 1.48				
1.48, 1.53, 1.58, 1.63, 1.68, 1.73, 1.78, 1.83				
NCAA Auto: A 1.85m				
NCAA Prov: P 1.78m				
B. South OVL: O 1.80m 2/4/2005 Kena Butts, Liberty				
B. South Mt.: B 1.70m 2/21/2004 K. Butts/ A. Zelindkas, Liberty/ Liberty				
Name	Year	School	Finals	
=====				
1 Gabe, Kierra	SO	Coastal Caro	1.72mB	5-07.75
1.48 1.53 1.58 1.63 1.68 1.72 1.75				
PPP O O XO O O XXX				
2 Allicock, Kandisa	JR	Coastal Caro	1.63m	5-04.25
1.48 1.53 1.58 1.63 1.68				
PPP O O O XXX				
2 Fenske, Christina	SO	High Point	1.63m	5-04.25
1.48 1.53 1.58 1.63 1.68				
PPP O O O XXX				
4 Roseberry, Nikki	SR	Radford	1.63m	5-04.25
1.48 1.53 1.58 1.63 1.68				
O O O XO XXX				
5 Wheeler, Marianne	JR	Liberty	1.63m	5-04.25
1.48 1.53 1.58 1.63 1.68				
PPP XO O XO XXX				
6 Vaughn, Kaylor	SR	Radford	1.58m	5-02.25
1.48 1.53 1.58 1.63				
PPP XO XO XXX				
7 Herd, Sarah	SO	Gardner-Webb	1.58m	5-02.25
1.48 1.53 1.58 1.63				
PPP O XXO XXX				
8 Trotter, Corrie	SR	Unc-Ashevill	1.53m	5-00.25
1.48 1.53 1.58				
O O XXX				

9	Gajoch, Kara	SO Coastal Caro	1.53m	5-00.25
	1.48 1.53 1.58			
	O XXO XXX			
10	Haugland, Laura	JR Liberty	1.48m	4-10.25
	1.48 1.53			
	O XXX			
10	Burpoe, Kristen	JR Coastal Caro	1.48m	4-10.25
	1.48 1.53			
	O XXX			
12	Barron, Jessica	FR Radford	1.48m	4-10.25
	1.48 1.53			
	XO XXX			
12	Casey, Sequoya	SO Charleston S	1.48m	4-10.25
	1.48 1.53			
	XO XXX			
--	Howell, Ann	SO Gardner-Webb	NH	
	1.48 1.53			
	PPP XXX			
--	Decker, Ellynn	FR Charleston S	NH	
	1.48			
	XXX			
--	Glotfelty, Kate	FR Radford	NH	
	1.48			
	XXX			
--	Mitchell, Christina	SO Liberty	DNS	
	1.48			
	DNS			

## Women Pole Vault

=====							
startinig height is 2.90 increase by 0.15 cm							
2.90, 3.05, 3.20, 3.35, 3.50, 3.65, 3.80							
NCAA Auto: A 4.25m							
NCAA Prov: P 4.00m							
B. South OVL:	O 4.27m	2/8/2002	Andrea Wildrick,	Liberty			
B. South Mt.:	B 4.10m	2/16/2002	Andrea Wildrick,	Liberty			
	Name	Year	School		Finals		
=====							
1	Collins, Kate		FR Va. Military		3.50m	11-05.75	
	2.90 3.05 3.20 3.35 3.50 3.65						
	PPP PPP O O O XXX						
2	Lawrence, Mary		SO Coastal Caro		3.50m	11-05.75	
	2.90 3.05 3.20 3.35 3.50 3.65						
	PPP O O O XO XXX						
3	Long, Carrie		JR Gardner-Webb		3.50m	11-05.75	
	2.90 3.05 3.20 3.35 3.50 3.65						
	PPP PPP O XO XXO XXX						
3	Parker, Shelley		FR Liberty		3.50m	11-05.75	
	2.90 3.05 3.20 3.35 3.50 3.65						
	PPP PPP O XO XXO XXX						
5	Cook, Taylor		FR Gardner-Webb		3.35m	10-11.75	
	2.90 3.05 3.20 3.35 3.50						
	PPP XO O O XXX						
6	Houseknecht, Rachel		JR Liberty		3.35m	10-11.75	
	2.90 3.05 3.20 3.35 3.50						
	PPP PPP XO XXO XXX						
7	Yeakley, Brooke		SO Gardner-Webb		3.20m	10-06.00	
	2.90 3.05 3.20 3.35						
	O O XXO XXX						
8	Hudson, Erin		SR Liberty		3.20m	10-06.00	



	2.90 3.05 3.20 3.35					
	XO O XXO XXX					
9	Noe, Lindsey	SO Radford	3.05m	10-00.00		
	2.90 3.05 3.20					
	XO O XXX					
10	Tolsma, Tami	SO Liberty	3.05m	10-00.00		
	2.90 3.05 3.20					
	O XO XXX					
11	Webb, Rachel	JR High Point	3.05m	10-00.00		
	2.90 3.05 3.20					
	XO XO XXX					
12	Bowman, Tara	SO Winthrop	3.05m	10-00.00		
	2.90 3.05 3.20					
	XO XXO XXX					
13	Sing, Jennifer	SO Va. Military	2.90m	9-06.25		
	2.90 3.05					
	O XXX					
13	Howell, Ann	SO Gardner-Webb	2.90m	9-06.25		
	2.90 3.05					
	O XXX					
15	Wortham, Carrie	SO Va. Military	2.90m	9-06.25		
	2.90 3.05					
	XO XXX					
15	Starinshak, Jocelyn	FR Coastal Caro	2.90m	9-06.25		
	2.90 3.05					
	XO XXX					
--	Barron, Jessica	FR Radford		NH		
	2.90					
	XXX					

## Women Long Jump

=====						
	NCAA Auto: A	6.38m				
	NCAA Prov: P	6.13m				
B. South OVL:	O	6.10m	2/24/2006	Chasity Johnson,	Coastal Carolina	
B. South Mt.:	B	6.10m	2/24/2006	Chasity Johnson,	Coastal Carolina	
	Name		Year School		Finals	
=====						
1	Henley, Darriale	SO Coastal Caro	5.75m	18-10.50		
	5.64m 5.75m 5.68m 5.30m	PASS PASS				
2	Oates, Sierrah	JR Coastal Caro	5.68m	18-07.75		
	FOUL 5.64m 5.59m 5.47m 5.68m 5.56m					
3	Derricott, Elaine	FR Radford	5.58m	18-03.75		
	FOUL 5.58m PASS FOUL 5.43m 5.00m					
4	Casey, Sequoya	SO Charleston S	5.58m	18-03.75		
	5.21m 5.58m FOUL 5.31m FOUL FOUL					
5	Matthews, Krystle	JR Liberty	5.56m	18-03.00		
	5.56m 5.42m 5.30m 5.41m FOUL 5.38m					
6	Pegues, Alyssa	SO Liberty	5.49m	18-00.25		
	FOUL FOUL 5.49m 5.09m 5.45m FOUL					
7	Sims, Melanie	SO Liberty	5.48m	17-11.75		
	5.48m 5.32m 5.24m 4.93m 5.04m 4.98m					
8	Norman, Patria	SO Charleston S	5.38m	17-08.00		
	FOUL 5.38m FOUL FOUL 5.36m 5.33m					
9	Foster, Tamisha	FR Charleston S	5.36m	17-07.00		
	FOUL 5.01m 5.36m 5.01m 5.36m 5.30m					
10	Abdullah, Mariam	SO Winthrop	5.33m	17-06.00		
	FOUL 5.20m 5.33m					
11	Aghaji, Mia	SO Liberty	5.33m	17-06.00		
	FOUL FOUL 5.33m					

12	Jones, Deona	FR Charleston S	5.32m	17-05.50
	5.24m FOUL 5.32m			
13	Arango, Melissa	JR Coastal Caro	5.31m	17-05.25
	4.89m 4.99m 5.31m			
14	Milton, Katy	SO Gardner-Webb	5.16m	16-11.25
	5.07m 5.16m 5.08m			
15	McCann, Zipporah	JR Va. Military	5.15m	16-10.75
	FOUL 5.15m 4.89m			
16	Clodfelter, Ashlei	FR Unc-Asheville	4.93m	16-02.25
	FOUL 4.93m 4.88m			
16	Smith, Thomasena	JR Coastal Caro	4.93m	16-02.25
	FOUL FOUL 4.93m			
18	Christian, Kayla	FR Radford	4.89m	16-00.50
	4.89m 4.71m 4.73m			
19	Gilliam, Alexis	SO Winthrop	4.66m	15-03.50
	4.66m FOUL FOUL			
--	Richardson, Jasia	FR Radford	FOUL	
	FOUL FOUL FOUL			

## Women Triple Jump

=====				
	NCAA Auto: A	13.30m		
	NCAA Prov: P	12.65m		
B. South OVL:	O	13.20m	3/11/2005	Chasity Johnson, Costal Carolina
B. South Mt.:	B	13.17m	2/19/2005	Chasity Johnson, Costal Carolina
	Name	Year	School	Finals
=====				
1	Richardson, Jasia	FR	Radford	12.20m 40-00.50
	11.66m 11.30m 11.83m 11.95m 11.86m 12.20m			
2	Pegues, Alyssa	SO	Liberty	11.79m 38-08.25
	11.79m 11.77m PASS 11.61m 11.26m 11.50m			
3	Aghaji, Mia	SO	Liberty	11.73m 38-06.00
	10.79m FOUL 10.85m FOUL 11.35m 11.73m			
4	Casey, Sequoya	SO	Charleston S	11.53m 37-10.00
	FOUL FOUL 11.34m 11.53m FOUL 11.49m			
5	Foster, Tamisha	FR	Charleston S	11.44m 37-06.50
	11.22m 11.35m 10.88m 11.44m 11.22m 11.31m			
6	Gabe, Kierra	SO	Coastal Caro	11.39m 37-04.50
	FOUL 11.08m 11.02m FOUL 10.98m 11.39m			
7	Abdullah, Mariam	SO	Winthrop	11.33m 37-02.25
	10.78m 11.01m 11.33m 11.26m 11.02m 11.28m			
8	Derricott, Elaine	FR	Radford	11.28m 37-00.25
	11.28m FOUL 11.12m FOUL FOUL 11.13m			
9	Vaughn, Kaylor	SR	Radford	11.12m 36-05.75
	11.12m 10.68m 10.72m FOUL 10.84m 10.84m			
10	Smith, Thomasena	JR	Coastal Caro	10.69m 35-01.00
	FOUL FOUL 10.69m			
11	Holmes, Rebecca	SR	Winthrop	10.63m 34-10.50
	FOUL 10.63m 10.54m			
12	Healey, Jen	JR	Liberty	10.60m 34-09.50
	FOUL 10.60m 10.58m			
13	Christian, Kayla	FR	Radford	10.56m 34-07.75
	10.46m 10.56m 10.52m			
14	Green, Aurielle	FR	Liberty	10.52m 34-06.25
	10.43m FOUL 10.52m			
15	Young, Sarah	SR	Winthrop	10.47m 34-04.25
	10.47m 10.31m FOUL			
16	Crawford, Kristen	SO	Coastal Caro	10.42m 34-02.25
	FOUL FOUL 10.42m			
--	Jones, Deona	FR	Charleston S	FOUL

FOUL FOUL FOUL  
 -- Gilliam, Alexis SO Winthrop FOUL  
 FOUL FOUL FOUL

## Women Shot Put

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=====
NCAA Auto: A 16.90m
NCAA Prov: P 15.20m
B. South OVL: O 15.66m 2/17/2007 Tiffany Evans, Radford
B. South Mt.: B 15.66m 2/17/2007 Tiffany Evans, Radford
Name Year School Finals
=====
1 Howard, Ashley SR Winthrop 13.36m 43-10.00
13.36m FOUL FOUL FOUL FOUL FOUL
2 Alexander, Ashlie FR Gardner-Webb 12.86m 42-02.25
12.09m 12.03m 12.86m 12.43m 12.22m FOUL
3 Patterson, Shantelle SO Coastal Caro 12.22m 40-01.25
12.22m FOUL FOUL FOUL FOUL PASS
4 Connor, Brittany JR Coastal Caro 12.13m 39-09.75
12.13m FOUL FOUL FOUL 11.50m 12.12m
5 Norman, Patria SO Charleston S 12.02m 39-05.25
11.98m 11.64m 11.87m FOUL 12.02m 11.26m
6 Bendik, Melinda JR Liberty 11.44m 37-06.50
11.44m FOUL 10.30m 11.39m 10.89m 11.28m
7 Boatman, Kara JR High Point 11.22m 36-09.75
10.15m 11.22m 10.65m 10.96m 9.81m 11.11m
8 Guerra, Breeann FR Charleston S 11.19m 36-08.50
10.85m 11.19m 11.07m 10.86m 10.67m 11.02m
9 Habersham, Tia JR Charleston S 10.90m 35-09.25
10.90m 10.67m FOUL 10.38m 10.75m 10.27m
10 Callan, Robin SO Coastal Caro 10.82m 35-06.00
10.82m 10.52m 9.99m
11 Nicholson, Anjulia FR Coastal Caro 10.42m 34-02.25
10.42m 10.20m 10.18m
12 Pina, Lynee FR High Point 10.12m 33-02.50
9.55m FOUL 10.12m
13 Hunt, Joy JR High Point 9.93m 32-07.00
9.93m FOUL 9.43m
14 Wilkinson, Ebony FR Winthrop 9.45m 31-00.00
9.37m 8.84m 9.45m
15 Harrison, Katlin SO Va. Military 7.89m 25-10.75
FOUL 7.89m FOUL
-- Pineda, Rebekah SO Unc-Ashevill FOUL
FOUL FOUL FOUL
-- Veatch, Aimee SO Radford FOUL
FOUL FOUL FOUL
-- Anderson, Kendra FR Winthrop FOUL
FOUL FOUL FOUL
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## Women Weight Throw

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=====
NCAA Auto: A 21.00m
NCAA Prov: P 18.75m
B. South OVL: O 22.24m 2/27/2004 Amber Campbell, Costal Carolina
B. South Mt.: B 21.64m 2/21/2004 Amber Campbell, Costal Carolina
Name Year School Finals
=====
1 Veatch, Aimee SO Radford 19.89mP 65-03.25
FOUL 19.52m FOUL 18.54m 19.89m 19.00m
2 Howard, Ashley SR Winthrop 16.86m 55-03.75
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	14.95m	15.64m	16.82m	16.44m	16.86m	16.29m		
3	Bendik, Melinda			JR Liberty			15.90m	52-02.00
	FOUL	15.90m	FOUL	15.70m	FOUL	15.58m		
4	Patterson, Shantelle			SO Coastal Caro			15.50m	50-10.25
	14.71m	15.50m	FOUL	FOUL	13.94m	FOUL		
5	Harris, Aquisi			JR Va. Military			14.89m	48-10.25
	14.15m	13.90m	14.22m	14.89m	FOUL	14.09m		
6	Callan, Robin			SO Coastal Caro			14.83m	48-08.00
	12.15m	13.87m	14.26m	FOUL	14.06m	14.83m		
7	Connor, Brittany			JR Coastal Caro			14.67m	48-01.75
	FOUL	14.67m	13.77m	13.97m	14.52m	14.35m		
8	Habersham, Tia			JR Charleston S			14.16m	46-05.50
	14.16m	14.11m	14.01m	14.09m	FOUL	FOUL		
9	Guerra, Breeann			FR Charleston S			13.36m	43-10.00
	13.21m	13.36m	13.16m	12.90m	FOUL	FOUL		
10	Laminack, Cassie			SO Liberty			13.33m	43-09.00
	13.33m	13.06m	12.58m					
11	Baird, Michele			SR Radford			13.31m	43-08.00
	FOUL	13.31m	FOUL					
12	Hunt, Joy			JR High Point			12.79m	41-11.50
	12.15m	FOUL	12.79m					
13	Carbo, Rebecca			JR Radford			12.70m	41-08.00
	12.04m	12.70m	12.69m					
14	Pina, Lynee			FR High Point			12.69m	41-07.75
	11.27m	11.39m	12.69m					
15	Pineda, Rebekah			SO Unc-Asheville			12.20m	40-00.50
	11.64m	FOUL	12.20m					
16	Thompson, Brie			SR Gardner-Webb			12.08m	39-07.75
	11.29m	12.08m	10.92m					
17	Resetar, Laura			JR Va. Military			12.00m	39-04.50
	11.91m	11.91m	12.00m					
18	Feole, Michelle			SR Va. Military			11.99m	39-04.00
	FOUL	11.99m	FOUL					
19	McCusker, Kelsey			FR Va. Military			11.69m	38-04.25
	11.07m	11.69m	FOUL					
20	Anderson, Kendra			FR Winthrop			9.29m	30-05.75
	9.29m	FOUL	FOUL					
21	Wilkinson, Ebony			FR Winthrop			8.96m	29-04.75
	7.36m	8.60m	8.96m					
22	Boatman, Kara			JR High Point			7.79m	25-06.75
	7.79m	7.48m	FOUL					
--	Nicholson, Anjulia			FR Coastal Caro			FOUL	
	FOUL	FOUL	FOUL					
--	Sims, Shakina			SR Liberty			FOUL	
	FOUL	FOUL	FOUL					

## Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year	School	Finals	Points
1 Terry, Mikaela	JR	Coastal Caro	2:31.07	680
2 Healey, Jen	JR	Liberty	2:31.51	674
3 Bond, Caronda	SR	Radford	2:39.06	584
4 Antia-Obong, Amami	SR	Winthrop	2:39.44	579
5 Noe, Lindsey	SO	Radford	2:39.51	578
6 Kazmierczak, Jenna	FR	Coastal Caro	2:41.75	553
7 Morgan, Kayla	SR	Gardner-Webb	2:41.83	552
8 Lee, Yazzming	FR	Gardner-Webb	2:44.13	526
9 Derricott, Elaine	FR	Radford	2:47.31	492
10 Matthews, Krystle	JR	Liberty	2:47.71	488

11	McCann, Zipporah	JR Va. Military	2:49.78	466
12	Arledge, Caroline	SO Gardner-Webb	2:57.27	391
13	Barnes, Gabrielle	SO High Point	3:04.37	326

## Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year	School	Finals	H#	Points
1	Derricott, Elaine	FR Radford	9.01	1	908
2	Antia-Obong, Amami	SR Winthrop	9.08	1	893
3	Matthews, Krystle	JR Liberty	9.12	2	885
4	McCann, Zipporah	JR Va. Military	9.33	1	842
5	Bond, Caronda	SR Radford	9.55	1	798
6	Noe, Lindsey	SO Radford	9.58	2	792
7	Morgan, Kayla	SR Gardner-Webb	9.60	2	789
8	Barnes, Gabrielle	SO High Point	9.78	1	754
9	Kazmierczak, Jenna	FR Coastal Caro	10.06	2	701
10	Healey, Jen	JR Liberty	10.17	2	681
11	Lee, Yazzming	FR Gardner-Webb	10.32	2	653
12	Terry, Mikaela	JR Coastal Caro	10.43	2	634
13	Arledge, Caroline	SO Gardner-Webb	11.10	2	520
14	Sims, Melanie	SO Liberty	14.81	1	84

## Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year	School	Finals	Points	
1	Derricott, Elaine	FR Radford	1.61m	5-03.25	747
2	Morgan, Kayla	SR Gardner-Webb	1.58m	5-02.25	712
3	Matthews, Krystle	JR Liberty	1.55m	5-01.00	678
4	Terry, Mikaela	JR Coastal Caro	1.52m	4-11.75	644
4	Arledge, Caroline	SO Gardner-Webb	1.52m	4-11.75	644
6	Antia-Obong, Amami	SR Winthrop	1.46m	4-09.50	577
7	Lee, Yazzming	FR Gardner-Webb	1.43m	4-08.25	544
7	Healey, Jen	JR Liberty	1.43m	4-08.25	544
7	McCann, Zipporah	JR Va. Military	1.43m	4-08.25	544
10	Barnes, Gabrielle	SO High Point	1.37m	4-06.00	481
10	Noe, Lindsey	SO Radford	1.37m	4-06.00	481
10	Bond, Caronda	SR Radford	1.37m	4-06.00	481
13	Kazmierczak, Jenna	FR Coastal Caro	1.34m	4-04.75	449
--	Sims, Melanie	SO Liberty	DNF		

## Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year	School	Finals	Points	
1	Derricott, Elaine	FR Radford	5.43m	17-09.75	680
2	Matthews, Krystle	JR Liberty	5.32m	17-05.50	648
3	McCann, Zipporah	JR Va. Military	5.15m	16-10.75	601
4	Healey, Jen	JR Liberty	4.96m	16-03.25	548
5	Antia-Obong, Amami	SR Winthrop	4.94m	16-02.50	543
6	Bond, Caronda	SR Radford	4.74m	15-06.75	490
7	Barnes, Gabrielle	SO High Point	4.71m	15-05.50	482
8	Noe, Lindsey	SO Radford	4.61m	15-01.50	456
9	Kazmierczak, Jenna	FR Coastal Caro	4.47m	14-08.00	421
10	Morgan, Kayla	SR Gardner-Webb	4.43m	14-06.50	411
11	Lee, Yazzming	FR Gardner-Webb	4.39m	14-05.00	401
12	Terry, Mikaela	JR Coastal Caro	4.24m	13-11.00	364
13	Arledge, Caroline	SO Gardner-Webb	4.14m	13-07.00	340
--	Sims, Melanie	SO Liberty	DNS		

## Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year	School	Finals	Points
1 Derricott, Elaine 10.81m 10.96m 11.29m	FR	Radford	11.29m 37-00.50	614
2 Lee, Yazzming 9.86m 10.54m 10.68m	FR	Gardner-Webb	10.68m 35-00.50	574
3 Antia-Obong, Amami 10.25m 9.77m 10.27m	SR	Winthrop	10.27m 33-08.50	547
4 Matthews, Krystle 9.73m 9.75m 10.20m	JR	Liberty	10.20m 33-05.75	543
5 Healey, Jen 9.42m 9.92m 9.04m	JR	Liberty	9.92m 32-06.50	524
6 Barnes, Gabrielle 9.85m 9.59m 9.40m	SO	High Point	9.85m 32-03.75	520
7 Morgan, Kayla 9.37m 9.32m 8.91m	SR	Gardner-Webb	9.37m 30-09.00	488
8 Arledge, Caroline 8.67m 8.20m 8.90m	SO	Gardner-Webb	8.90m 29-02.50	458
9 McCann, Zipporah 6.56m 8.89m 8.70m	JR	Va. Military	8.89m 29-02.00	457
10 Terry, Mikaela 8.20m 8.41m 7.83m	JR	Coastal Caro	8.41m 27-07.25	426
11 Noe, Lindsey FOUL 7.86m 8.02m	SO	Radford	8.02m 26-03.75	401
12 Kazmierczak, Jenna 6.31m 7.03m 7.20m	FR	Coastal Caro	7.20m 23-07.50	348
13 Bond, Caronda 5.73m 6.03m 6.89m	SR	Radford	6.89m 22-07.25	328
-- Sims, Melanie	SO	Liberty	DNS	

## Women Indoor Pentathlon

NCAA Auto: A	4075		
NCAA Prov: P	3725		
B. South OVL: O	3882	1/26/2007	Arlene Zelinskas, Liberty
B. South Mt.: B	3447	2/17/2007	Marie Williams, Liberty
Name	Year	School	Finals
1 Derricott, Elaine	FR	Radford	3441
2 Matthews, Krystle	JR	Liberty	3242
3 Antia-Obong, Amami	SR	Winthrop	3139
4 Healey, Jen	JR	Liberty	2971
5 Morgan, Kayla	SR	Gardner-Webb	2952
6 McCann, Zipporah	JR	Va. Military	2910
7 Terry, Mikaela	JR	Coastal Caro	2748
8 Noe, Lindsey	SO	Radford	2708
9 Lee, Yazzming	FR	Gardner-Webb	2698
10 Bond, Caronda	SR	Radford	2681
11 Barnes, Gabrielle	SO	High Point	2563
12 Kazmierczak, Jenna	FR	Coastal Caro	2472
13 Arledge, Caroline	SO	Gardner-Webb	2353

## Men 60 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times
NCAA Auto: A 6.60
NCAA Prov: P 6.71

B. South OVL: O 6.64 2/12/2010 Javon Young, Charleston- Southern  
 B. South Mt.: B 6.72 2/21/2004 Joe Hall, Winthrop

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Young, Javon	SO	Charleston S	6.74Q	1
2 Spreads, Dantwan	FR	Charleston S	6.86Q	2
3 Ward, Anthony	SO	Charleston S	6.94Q	3
4 Bailey, Jacey	JR	Liberty	6.95q	2
5 Schoultz, Marcus	FR	Charleston S	6.97q	1 6.963
6 Simms, Keary	JR	Winthrop	6.97q	3 6.968
7 Titcombe, Ademola	SO	Va. Military	6.98q	3
8 Gant, Nate	FR	Va. Military	7.00q	2
9 Conaway, Justin	JR	High Point	7.05	3
10 Urrutia, Raymond	FR	Unc-Asheville	7.06	2
11 Pickett, David	JR	Unc-Asheville	7.08	1
12 Miller, Bo	FR	Gardner-Webb	7.09	1
13 Spruel, Roderick	FR	Liberty	7.12	1
14 Yarbrough, Jordan	FR	Unc-Asheville	7.13	2
15 Vassell, Oronde	SR	Liberty	7.20	3
16 Leslie, Lyndrez	SO	Gardner-Webb	7.21	3
17 Sulick, Charles	FR	Winthrop	7.24	3
18 Lewis, Austin	FR	Va. Military	7.27	2
19 White, Kaise	FR	Radford	7.28	1
20 Fuller, Chase	FR	Gardner-Webb	7.32	1
21 Nelson, Van	SO	Gardner-Webb	7.50	2

#### Men 60 Meter Dash

NCAA Auto: A 6.60  
 NCAA Prov: P 6.71  
 B. South OVL: O 6.64 2/12/2010 Javon Young, Charleston- Southern  
 B. South Mt.: B 6.72 2/21/2004 Joe Hall, Winthrop

Name	Year	School	Finals
=====			
Finals			
1 Young, Javon	SO	Charleston S	6.73
2 Bailey, Jacey	JR	Liberty	6.91
3 Titcombe, Ademola	SO	Va. Military	7.01 7.001
4 Schoultz, Marcus	FR	Charleston S	7.01 7.003
5 Simms, Keary	JR	Winthrop	7.03
6 Ward, Anthony	SO	Charleston S	7.09
7 Spreads, Dantwan	FR	Charleston S	7.32
8 Gant, Nate	FR	Va. Military	8.17

#### Men 200 Meter Dash

Top 8 Advance by Time  
 NCAA Auto: A 21.23  
 NCAA Prov: P 21.63  
 B. South OVL: O 20.85 3/6/2004 Paulvince Obuon, VMI  
 B. South Mt.: B 21.36 2/27/2009 Cornelius Tyler, Charleston South

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Young, Javon	SO	Charleston S	B 21.30q	1
2 Tyler, Cornelius	JR	Charleston S	21.69q	1
3 Brooks, Levi	SR	Charleston S	21.77q	3
4 Spreads, Dantwan	FR	Charleston S	22.07q	4
5 Alexander, James	JR	Va. Military	22.19q	2

6	Bailey, Jacey	JR Liberty	22.34q	3
7	Cuffee, Austin	FR Radford	22.37q	2
8	Kelso, Raschad	JR Radford	22.43q	4
9	Vassell, Oronde	SR Liberty	22.71	4
10	Olinger, Brett	SO Radford	22.79	2
11	Urrutia, Raymond	FR Unc-Ashevill	22.88	3
12	Miller, Bo	FR Gardner-Webb	22.93	2
13	Jones, Olajuwon	SR Radford	23.42	1
14	Conaway, Justin	JR High Point	23.97	1
15	Pickett, David	JR Unc-Ashevill	24.42	3
16	Fuller, Chase	FR Gardner-Webb	24.62	4

## Men 200 Meter Dash

=====

NCAA Auto: A 21.23				
NCAA Prov: P 21.63				
B. South OVL:	O 20.85	3/6/2004	Paulvince Obuon, VMI	
B. South Mt.:	B 21.36	2/27/2009	Cornelius Tyler, Charleston South	
	Name	Year School	Finals	H#

=====

## Finals

1	Tyler, Cornelius	JR Charleston S	21.27B	2
2	Young, Javon	SO Charleston S	21.29B	2
3	Brooks, Levi	SR Charleston S	21.83	2
4	Kelso, Raschad	JR Radford	22.12	1
5	Alexander, James	JR Va. Military	22.36	1
6	Bailey, Jacey	JR Liberty	22.38	1
7	Cuffee, Austin	FR Radford	22.60	1
8	Spreads, Dantwan	FR Charleston S	22.63	2

## Men 400 Meter Dash

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Top 8 Advance by Time				
NCAA Auto: A 46.75				
NCAA Prov: P 47.85				
B. South OVL:	O 46.33	3/10/2001	Mike Decker, Liberty	
B. South Mt.:	B 46.92	2/18/2001	Mike Decker, Liberty	
	Name	Year School	Prelims	H#

=====

## Preliminaries

1	Brooks, Levi	SR Charleston S	48.27q	2
2	Spreads, Dantwan	FR Charleston S	48.68q	2
3	Steinke, Paul	SR Gardner-Webb	49.18q	4
4	Kelso, Raschad	JR Radford	49.20q	4
5	Courtney, Taylor	FR Liberty	49.42q	4
6	Tyler, Cornelius	JR Charleston S	49.43q	3
7	Thompson, Juan	SO Charleston S	50.05q	1
8	Cuffee, Austin	FR Radford	50.12q	5
9	Washington, Andre	FR Liberty	50.20	2
10	Alexander, James	JR Va. Military	50.23	1
11	Wynder, Jordan	SR Radford	50.33	3
12	Jones, Olajuwon	SR Radford	50.57	5
13	Sulick, Charles	FR Winthrop	51.81	3
14	Franklin, Drew	JR Winthrop	51.89	2
15	Fuller, Kyle	SO Va. Military	51.91	1
16	Jackson, Jonathan	JR Va. Military	52.03	5
17	Bonnot, Sebastien	SO High Point	53.34	4

## Men 400 Meter Dash

=====



NCAA Auto: A 46.75

NCAA Prov: P 47.85

B. South OVL: O 46.33 3/10/2001 Mike Decker, Liberty

B. South Mt.: B 46.92 2/18/2001 Mike Decker, Liberty

Name	Year	School	Finals	H#
=====				
Finals				
1 Brooks, Levi	SR	Charleston S	48.49	2
2 Spreads, Dantwan	FR	Charleston S	48.88	2
3 Tyler, Cornelius	JR	Charleston S	48.94	1
4 Kelso, Raschad	JR	Radford	49.32	2
5 Steinke, Paul	SR	Gardner-Webb	49.65	2
6 Courtney, Taylor	FR	Liberty	49.67	1
7 Thompson, Juan	SO	Charleston S	49.73	1
8 Cuffee, Austin	FR	Radford	50.41	1

## Men 800 Meter Run

8 Advance: Top 2 Each Heat plus Next 2 Best Times

NCAA Auto: A 1:48.90

NCAA Prov: P 1:51.40

B. South OVL: O 1:49.43 3/8/2008 Felix Kitur, VMI

B. South Mt.: B 1:52.58 2/21/2004 Goran Nova, Radford

Name	Year	School	Prelims
=====			
Preliminaries			
1 Morgan, Josh	SR	High Point	1:54.49Q
2 Maynard, Sam	SO	Unc-Asheville	1:55.39Q
3 Kitur, Felix	JR	Va. Military	1:57.39Q
4 Wendland, Isaac	SO	Liberty	1:54.55Q
5 Stanton-Brooks, Josiah	FR	Gardner-Webb	1:55.85Q
6 Hall, Drew	FR	Radford	1:58.18Q
7 Grove, Corey	JR	High Point	1:56.18q
8 Leroux, Adam	SO	Winthrop	1:56.51q
9 Chirchir, Eliud	JR	Unc-Asheville	1:57.59
10 Thorpe, Jason	FR	Va. Military	1:57.63
11 Bright, Jordan	SO	Liberty	1:58.78
12 Gonsalves, Dean	JR	Va. Military	1:59.14
13 Arslain, Paul	FR	Liberty	1:59.89
14 Cashman, Josh	SR	High Point	1:59.99
15 O'Day, Logan	FR	Va. Military	2:00.72
16 Harris, Brandon	SR	Charleston S	2:01.38
17 Ruano, Alex	SO	High Point	2:05.61
18 Terry, Joel	SO	Liberty	2:06.05
19 Steinke, Charlie	SR	Gardner-Webb	2:07.83

## Men 800 Meter Run

NCAA Auto: A 1:48.90

NCAA Prov: P 1:51.40

B. South OVL: O 1:49.43 3/8/2008 Felix Kitur, VMI

B. South Mt.: B 1:52.58 2/21/2004 Goran Nova, Radford

Name	Year	School	Finals
=====			
Finals			
1 Morgan, Josh	SR	High Point	1:53.38
2 Wendland, Isaac	SO	Liberty	1:53.59
3 Kitur, Felix	JR	Va. Military	1:53.76
4 Maynard, Sam	SO	Unc-Asheville	1:55.52
5 Leroux, Adam	SO	Winthrop	1:56.80

6 Grove, Corey	JR High Point	1:57.39
7 Hall, Drew	FR Radford	1:57.71
8 Stanton-Brooks, Josiah	FR Gardner-Webb	2:10.08

## Men 1 Mile Run

=====			
NCAA Auto: A 4:00.80			
NCAA Prov: P 4:05.30			
B. South OVL: O	4:01.63	2/19/2006	Josh McDougal, Liberty
B. South Mt.: B	4:03.04	2/25/2006	Josh McDougal, Liberty
Name	Year	School	Finals
=====			
1 Chelanga, Sam	JR	Liberty	4:13.75
2 Morgan, Josh	SR	High Point	4:14.05
3 Monds, Jevin	JR	High Point	4:14.46
4 Kelly, Nick	SO	Gardner-Webb	4:18.32
5 Mujezinovic, Ermin	JR	Va. Military	4:20.26
6 Peachee, Dakota	FR	High Point	4:21.17
7 Satterwhite, Matt	SR	Va. Military	4:21.51
8 Lopez, Carlos	JR	Unc-Asheville	4:22.30
9 Ricksecker, David	SO	Liberty	4:22.83
10 Gonsalves, Dean	JR	Va. Military	4:23.14
11 McGinn, Ian	FR	Va. Military	4:25.56
12 Smith, Jacob	FR	High Point	4:26.05
13 Fitzsimmons, AJ	FR	Winthrop	4:26.35
14 Bisson, Shaun	FR	Charleston S	4:31.39
15 Reeves, Wil	SO	Liberty	4:33.11
16 Davidson, Kyle	SO	Liberty	4:37.28

## Men 3000 Meter Run

=====			
NCAA Auto: A 7:57.20			
NCAA Prov: P 8:07.70			
B. South OVL: O	7:53.16	3/4/2005	Josh McDougal, Liberty
B. South Mt.: B	7:54.85	2/29/2008	Josh McDougal, Liberty
Name	Year	School	Finals
=====			
1 Chelanga, Sam	JR	Liberty	8:14.07
2 Cherry, Jesse	SR	High Point	8:18.11
3 Kigen, Evans	JR	Liberty	8:20.78
4 Darmody, Neal	SO	High Point	8:28.19
5 King, Andrew	SR	Charleston S	8:36.33
6 Peachee, Dakota	FR	High Point	8:38.33
7 Kelly, Nick	SO	Gardner-Webb	8:39.85
8 Satterwhite, Matt	SR	Va. Military	8:40.01
9 Smith, Jacob	FR	High Point	8:40.17
10 Freudenthal, Adam	SO	Winthrop	8:51.45
11 Rankin, Kent	SO	Unc-Asheville	9:00.11
12 Carufe, Kyle	SO	Winthrop	9:02.84
13 Siegler, Chris	SO	Charleston S	9:19.41
14 Witt, Colby	FR	Gardner-Webb	9:28.65
15 Hoyle, Jake	SO	Gardner-Webb	10:06.37
-- Powers, Kyle	SO	Liberty	DNS

## Men 5000 Meter Run

=====			
NCAA Auto: A 13:50.80			
NCAA Prov: P 14:13.80			
B. South OVL: O	13:19.79	2/13/2009	Sam Chelanga, Liberty
B. South Mt.: B	14:25.39	3/1/2008	Jordan McDougal, Liberty

Name	Year	School	Finals
1 Cherry, Jesse	SR	High Point	14:16.01B
2 Edmonds, Josh	SR	Liberty	14:27.20
3 Darmody, Neal	SO	High Point	14:33.70
4 King, Andrew	SR	Charleston S	15:03.08
5 Freudenthal, Adam	SO	Winthrop	15:08.92
6 Satterwhite, Matt	SR	Va. Military	15:25.39
7 Edmonds, Stuart	FR	High Point	15:32.32
8 McGinn, Ian	FR	Va. Military	15:32.33
9 Reed, Jake	SR	Liberty	15:32.81
10 Ali, Mike	SO	High Point	15:33.22
11 Dalessandro, Marshall	SO	Va. Military	15:42.57
12 Cox, Ryan	SO	Liberty	15:44.24
13 Hopely, Mark	JR	Liberty	15:45.40
14 Rankin, Kent	SO	Unc-Ashevill	15:49.08
15 Smith, Matt	FR	Charleston S	15:52.44
16 Wunsch, Chris	FR	Va. Military	16:11.14
17 Keltner, Sam	FR	Radford	16:39.62

## Men 60 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 6 Best Times

NCAA Auto: A 7.70

NCAA Prov: P 7.91

B. South OVL: O 7.83 3/3/2007 Kandrick Cooper, Winthrop

B. South Mt.: B 7.99 2/18/2007 Kandrick Cooper, Winthrop

Name	Year	School	Prelims	H#
1 Simms, Keary	JR	Winthrop	8.20Q	1
2 Olinger, Brett	SO	Radford	8.35Q	2
3 Riggins, Dominique	SO	Charleston S	8.24q	1
4 Herbst, Chris	SR	Liberty	8.32q	1
5 Fisher, Alex	SO	High Point	8.37q	1
6 Wallace, Bryan	JR	Radford	8.46q	2
7 Allen, Russell	FR	Liberty	8.50q	2
8 Washington, Andre	FR	Liberty	8.65q	2
9 Courtney, Taylor	FR	Liberty	8.72	1
10 Larsen, Derek	FR	Unc-Ashevill	8.96	2
11 Boyd, Ian	FR	Unc-Ashevill	9.93	1
-- Rucker, Johnathon	JR	Gardner-Webb	FS	2

## Men 60 Meter Hurdles

NCAA Auto: A 7.70

NCAA Prov: P 7.91

B. South OVL: O 7.83 3/3/2007 Kandrick Cooper, Winthrop

B. South Mt.: B 7.99 2/18/2007 Kandrick Cooper, Winthrop

Name	Year	School	Finals
1 Simms, Keary	JR	Winthrop	8.14
2 Riggins, Dominique	SO	Charleston S	8.28
3 Olinger, Brett	SO	Radford	8.31
4 Herbst, Chris	SR	Liberty	8.42
5 Allen, Russell	FR	Liberty	8.44
6 Washington, Andre	FR	Liberty	8.53
7 Wallace, Bryan	JR	Radford	8.54
-- Fisher, Alex	SO	High Point	FS

## Men 4x400 Meter Relay

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=====
NCAA Auto: A 3:08.90
NCAA Prov: P 3:12.80
B. South OVL: O 3:11.76 2/23/2008 Charleston-Southern, Charleston-Southern
B. South Mt.: B 3:13.71 3/1/2008 Charleston Southern, Charleston South
C Tyler, L Brooks, S Anderson, M Rhue
School Finals H#
=====
1 Charleston Southern 'A' 3:13.67B 2
  1) Tyler, Cornelius JR 2) Brooks, Levi SR
  3) Thompson, Juan SO 4) Spreads, Dantwan FR
2 Radford 'A' 3:18.78 2
  1) Kelso, Raschad JR 2) Cuffee, Austin FR
  3) Olinger, Brett SO 4) Jones, Olajuwon SR
3 Liberty 'A' 3:21.01 2
  1) Bailey, Jacey JR 2) Herbst, Chris SR
  3) Washington, Andre FR 4) Courtney, Taylor FR
4 Va. Military Institute 'A' 3:23.84 2
  1) Alexander, James JR 2) Fuller, Kyle SO
  3) Jackson, Jonathan JR 4) Kitur, Felix JR
5 Gardner-Webb 'A' 3:24.22 1
  1) Rucker, Johnathon JR 2) Merritt, Codi FR
  3) Stanton-Brooks, Josiah FR 4) Steinke, Paul SR
6 Winthrop 'A' 3:25.93 1
  1) Facinoli, Theo JR 2) Sulick, Charles FR
  3) Leroux, Adam SO 4) Franklin, Drew JR
7 Unc-Asheville 'A' 3:28.47 1
  1) Urrutia, Raymond FR 2) Larsen, Derek FR
  3) Chirchir, Eliud JR 4) Maynard, Sam SO
8 High Point 'A' 3:28.91 1
  1) Cashman, Josh SR 2) Morgan, Josh SR
  3) Ruano, Alex SO 4) Bonnot, Sebastien SO

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## Men Distance Medley

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=====
NCAA Auto: A 9:33.00
NCAA Prov: P 9:44.70
B. South OVL: O 9:50.65 3/9/2008 V.M.I., V.M.I.
B. South Mt.: B 9:57.99 2/26/2009 Va. Military Institute, V.M.I.
B Clopper, J Watkins, F Kitur, D Cowart
School Finals
=====
1 Liberty 'A' 10:06.90
  1) Reeves, Wil SO 2) Herbst, Chris SR
  3) Arslain, Paul FR 4) Chelanga, Sam JR
2 High Point 'A' 10:09.37
  1) Smith, Jacob FR 2) Cashman, Josh SR
  3) Morgan, Josh SR 4) Monds, Jevin JR
3 Va. Military Institute 'A' 10:15.57
  1) Gonsalves, Dean JR 2) Fuller, Kyle SO
  3) Kitur, Felix JR 4) McGinn, Ian FR
4 Unc-Asheville 'A' 10:21.37
  1) Maynard, Sam SO 2) Urrutia, Raymond FR
  3) Chirchir, Eliud JR 4) Lopez, Carlos JR
5 Charleston Southern 'A' 10:31.94
  1) Bisson, Shaun FR 2) Thompson, Juan SO
  3) Harris, Brandon SR 4) King, Andrew SR
6 Winthrop 'A' 10:41.64

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- |                              |                       |
|------------------------------|-----------------------|
| 1) Fazzary, Jonathan SO      | 2) Cole, Alex FR      |
| 3) Flinchim, Dane FR         | 4) Fitzsimmons, AJ FR |
| 7 Gardner-Webb 'A'           | 10:53.72              |
| 1) Steinke, Charlie SR       | 2) Merritt, Codi FR   |
| 3) Stanton-Brooks, Josiah FR | 4) Kelly, Nick SO     |
| 8 Radford 'A'                | 10:55.67              |
| 1) Arocho, Liam SR           | 2) White, Kaise FR    |
| 3) Turner, Nathan SO         | 4) Adams, Eric JR     |

## Men High Jump

Starting height is 1.80, increase by 0.5 cm  
 1.80, 1.85, 1.90, 1.95, 2.00, 2.05 2.10, 2.15, 2.20  
 NCAA Auto: A 2.24m  
 NCAA Prov: P 2.14m  
 B. South OVL: O 2.17m 2/7/2009 Anthony Bryant, Liberty  
 B. South Mt.: B 2.12m 2/21/2004 Garrett Brickner, VMI

Name	Year	School	Finals
1 Powell, Clarence	JR	Liberty	2.08m 6-09.75
1.80 1.85 1.90 1.95 2.00 2.05 2.08 2.15			
PPP PPP PPP XO O O XXO XXX			
2 Brown, Tony	SO	Radford	2.05m 6-08.75
1.80 1.85 1.90 1.95 2.00 2.05 2.08			
PPP PPP PPP XO O O XXX			
3 Young, Dexter	JR	Winthrop	2.00m 6-06.75
1.80 1.85 1.90 1.95 2.00 2.05			
PPP PPP PPP XO O XXX			
4 James, Dennis	JR	Va. Military	1.95m 6-04.75
1.80 1.85 1.90 1.95 2.00			
PPP PPP O O XXX			
5 Rucker, Johnathon	JR	Gardner-Webb	1.95m 6-04.75
1.80 1.85 1.90 1.95 2.00			
PPP O O XO XXX			
6 Duff, Tashan	SO	Liberty	1.90m 6-02.75
1.80 1.85 1.90 1.95			
O O O XXX			
7 Munson, Michael	JR	Va. Military	1.90m 6-02.75
1.80 1.85 1.90 1.95			
O XXO O XXX			
8 Mozzone, Nick	SO	Unc-Ashevill	1.90m 6-02.75
1.80 1.85 1.90 1.95			
XXO XXO XO XXX			
9 Richards, Kevin	JR	Radford	1.80m 5-10.75
1.80 1.85			
XO XXX			
-- Auyeung, Ben	SO	High Point	NH
1.80			
XXX			
-- Wood, Antonio	FR	Va. Military	NH
1.80			
XXX			

## Men Pole Vault

starting height is 3.95, increase by 0.15cm  
 3.95, 4.10, 4.25, 4.40, 4.55, 4.70, 4.85, 5.00, 5.15  
 NCAA Auto: A 5.50m  
 NCAA Prov: P 5.20m  
 B. South OVL: O 5.31m 3/7/1999 Ken Howell, Liberty

## B. South Mt.: B 5.00m 2/29/2008 Kolby Shepherd, Liberty

Name	Year	School	Finals	
1 Shepherd, Kolby		JR Liberty	4.85m	15-11.00
	3.95	4.10	4.25	4.40
	4.55	4.70	4.85	5.00
	5.18			
	PPP	PPP	PPP	PPP
		XO	O	PPP
				XXX
2 Woodbridge, Geren		JR Liberty	4.85m	15-11.00
	3.95	4.10	4.25	4.40
	4.55	4.70	4.85	
	PPP	PPP	O	O
		XXO	PPP	XXO
3 Savini, Justin		SR Liberty	4.70m	15-05.00
	3.95	4.10	4.25	4.40
	4.55	4.70	4.85	
	PPP	PPP	PPP	O
			O	O
			O	XXX
4 Fridgen, Cody		SO Liberty	4.40m	14-05.25
	3.95	4.10	4.25	4.40
	4.55	4.70		
	PPP	PPP	PPP	O
			PPP	XXX
5 Mathews, Jacob		SO High Point	4.40m	14-05.25
	3.95	4.10	4.25	4.40
	4.55			
	PPP	PPP	XXO	XXO
			XXX	
6 Brancaccio, TJ		JR High Point	4.25m	13-11.25
	3.95	4.10	4.25	4.40
	XXO	O	XXO	XXX
7 Walker, Chris		JR Winthrop	4.10m	13-05.25
	3.95	4.10	4.25	
	XO	XO	XXX	
-- Boyd, Ian		FR Unc-Ashevill		NH
	3.95			
	XXX			
-- Walker, Drew		JR Winthrop		NH
	3.95			
	XXX			
-- Ridgway, Jacob		FR High Point		NH
	3.95			
	XXX			
-- Gardner, Steven		FR Gardner-Webb		NH
	3.95			
	XXX			
-- McManus, Clint		FR Gardner-Webb		DNS
	3.95			
	DNS			

## Men Long Jump

NCAA Auto:	A	7.85m		
NCAA Prov:	P	7.50m		
B. South OVL:	O	7.49m	1/20/2001	Chad Wilson, Liberty
B. South Mt.:	B	7.49m	2/18/2001	Chad Wilson, Liberty
Name	Year	School	Finals	
1 Titcombe, Ademola		SO Va. Military	7.24m	23-09.00
	6.78m	7.12m	6.55m	7.24m
	PASS	PASS		
2 Powell, Clarence		JR Liberty	7.09m	23-03.25
	FOUL	7.06m	7.01m	7.00m
		7.09m	PASS	
3 Reddington, Kevin		FR Liberty	7.06m	23-02.00
	FOUL	6.91m	6.93m	FOUL
	FOUL	7.06m	FOUL	
4 Allen, Lavon		SO Charleston S	6.90m	22-07.75
	FOUL	6.84m	6.90m	6.87m
		6.72m	6.82m	6.84m
5 Johnson, Aaron		SO Liberty	6.82m	22-04.50
	6.53m	6.69m	6.72m	6.61m
	FOUL	6.82m		
6 Gant, Nate		FR Va. Military	6.80m	22-03.75
	FOUL	FOUL	6.80m	6.80m
		6.78m	6.59m	

7	Vassell, Oronde	SR Liberty	6.79m	22-03.50
	6.79m 6.77m 6.42m 6.55m 6.42m 6.49m			
8	Hovatter, Phillip	FR Radford	6.58m	21-07.25
	6.58m 6.46m 6.12m FOUL 6.40m 6.09m			
9	Yarbrough, Jordan	FR Unc-Asheville	6.42m	21-00.75
	5.92m 6.42m FOUL 6.37m 6.23m 6.26m			
10	Green, Terrance	JR Va. Military	6.38m	20-11.25
	FOUL 6.38m 6.12m			
11	Miller, Antonio	FR Radford	6.25m	20-06.25
	6.22m 5.82m 6.25m			
12	Nixon, Bryce	JR Gardner-Webb	6.16m	20-02.50
	6.16m 5.83m 4.26m			
13	Wallace, Bryan	JR Radford	6.02m	19-09.00
	FOUL 6.02m FOUL			
14	Haake, Simon	JR Unc-Asheville	5.96m	19-06.75
	5.96m 5.78m 5.66m			
15	Auyeung, Ben	SO High Point	5.95m	19-06.25
	5.63m 5.95m 5.08m			

## Men Triple Jump

=====				
	NCAA Auto: A	16.15m		
	NCAA Prov: P	15.45m		
B. South OVL:	O	15.64m	1/16/1999	Anthony Reed, Charleston Southern
B. South Mt.:	B	15.31m	2/21/1999	Anthony Reed, Charleston Southern
	Name	Year	School	Finals
=====				
1	Powell, Clarence	JR Liberty	15.00m	49-02.50
	14.90m 14.91m 15.00m FOUL FOUL 14.43m			
2	Titcombe, Ademola	SO Va. Military	14.37m	47-01.75
	13.99m 14.37m FOUL PASS PASS PASS			
3	Simms, Keary	JR Winthrop	14.25m	46-09.00
	14.03m 14.25m FOUL 13.19m 13.48m 13.42m			
4	Johnson, Chris	SO Liberty	13.97m	45-10.00
	FOUL FOUL 13.26m FOUL FOUL 13.97m			
5	Miller, Antonio	FR Radford	13.96m	45-09.75
	FOUL 13.96m 13.80m 13.75m 13.76m 13.92m			
6	Reddington, Kevin	FR Liberty	13.72m	45-00.25
	FOUL 13.52m FOUL FOUL 13.28m 13.72m			
7	Hovatter, Phillip	FR Radford	13.48m	44-02.75
	13.22m FOUL 13.39m 13.48m 13.46m 13.37m			
8	Green, Terrance	JR Va. Military	13.30m	43-07.75
	FOUL FOUL 13.30m FOUL FOUL 13.08m			
9	Brooks, Levi	SR Charleston S	13.19m	43-03.25
	FOUL 13.19m 12.45m FOUL PASS PASS			
10	Wallace, Bryan	JR Radford	13.06m	42-10.25
	13.06m FOUL FOUL			
11	Allen, Lavon	SO Charleston S	13.02m	42-08.75
	12.85m 12.44m 13.02m			
12	Rhodes, Cory	SO Charleston S	12.56m	41-02.50
	12.29m 12.56m 12.53m			
13	Haake, Simon	JR Unc-Asheville	12.11m	39-08.75
	11.98m 12.11m 11.07m			
--	French, Cameron	FR Liberty	FOUL	
	FOUL FOUL FOUL			

## Men Shot Put

=====				
	NCAA Auto: A	19.30m		
	NCAA Prov: P	17.75m		

B. South OVL: O 18.86m 1/12/2008 Clendon Henderson, Liberty

B. South Mt.: B 17.72m 2/29/2008 Clendon Henderson, Liberty

Name	Year	School	Finals
1 Smith, Ryan	FR	Liberty	16.27m 53-04.50
15.07m 15.62m 15.87m	FOUL	15.99m 16.27m	
2 Coleman, Travis	SR	Winthrop	15.97m 52-04.75
FOUL 14.63m FOUL 15.25m 15.84m 15.97m			
3 Dobson, Matt	SR	Radford	15.49m 50-10.00
14.76m 14.74m 15.01m 15.47m FOUL 15.49m			
4 Davis, Cody	JR	Va. Military	15.17m 49-09.25
14.86m 14.49m 14.33m 15.02m FOUL 15.17m			
5 Smith, Justin	SO	Radford	14.38m 47-02.25
13.21m FOUL FOUL 14.17m 14.38m FOUL			
6 Pearce, Billy	JR	Winthrop	14.15m 46-05.25
13.81m 14.00m FOUL 13.73m 13.79m 14.15m			
7 McPherson, Mike	SO	Gardner-Webb	14.02m 46-00.00
FOUL 13.31m FOUL 13.42m FOUL 14.02m			
8 Galeone, Elliott	SR	Liberty	13.97m 45-10.00
13.03m 13.64m 13.96m 13.76m FOUL 13.97m			
9 Grabill, Rob	FR	Charleston S	13.51m 44-04.00
13.51m FOUL 13.24m FOUL 13.39m FOUL			
10 Gist, Devin	JR	Winthrop	13.04m 42-09.50
FOUL 13.04m 12.99m			
11 Morse, Timothy	SR	Radford	12.75m 41-10.00
12.75m FOUL FOUL			
12 Zapf, Hank	SO	Winthrop	12.42m 40-09.00
12.42m FOUL 12.40m			
13 Handler, James	JR	Va. Military	12.17m 39-11.25
FOUL FOUL 12.17m			
14 Rogers, Travis	SO	Gardner-Webb	12.00m 39-04.50
FOUL FOUL 12.00m			
14 Lawson, Chad	JR	Va. Military	12.00m 39-04.50
FOUL 12.00m FOUL			
-- Poison, Jean Piere	SR	Charleston S	DNS

#### Men Weight Throw

Name	Year	School	Finals
NCAA Auto: A	21.50m		
NCAA Prov: P	19.50m		
B. South OVL: O	21.04m 3/4/2006	Brian Richotte, Radford	
B. South Mt.: B	20.29m 2/25/2006	Brian Richotte, Radford	
1 Morse, Timothy	SR	Radford	19.38m 63-07.00
18.52m 19.06m FOUL 18.93m 19.38m FOUL			
2 Dobson, Matt	SR	Radford	19.18m 62-11.25
18.08m 19.18m FOUL FOUL FOUL FOUL			
3 Hutschalik, Christoph	JR	Gardner-Webb	17.80m 58-04.75
FOUL 17.80m FOUL FOUL FOUL 17.43m			
4 Hayes, James	SR	Charleston S	17.73m 58-02.00
FOUL 16.85m 16.73m 17.73m FOUL FOUL			
5 Lawson, Chad	JR	Va. Military	17.72m 58-01.75
16.79m 17.72m FOUL 16.97m FOUL 14.58m			
6 Smith, Ryan	FR	Liberty	17.54m 57-06.50
16.66m FOUL FOUL FOUL 17.54m FOUL			
7 Davis, Cody	JR	Va. Military	16.35m 53-07.75
FOUL 15.84m FOUL FOUL 16.35m 16.06m			
8 Coleman, Travis	SR	Winthrop	16.03m 52-07.25
15.40m 16.03m FOUL FOUL FOUL FOUL			



9	Rogers, Travis	SO Gardner-Webb	15.85m	52-00.00
	FOUL 15.85m 14.89m	FOUL FOUL FOUL		
10	Gist, Devin	JR Winthrop	15.75m	51-08.25
	15.47m FOUL 15.75m			
11	Pearce, Billy	JR Winthrop	15.68m	51-05.50
	15.28m 15.20m 15.68m			
12	Pociatek, Zach	SO Charleston S	15.42m	50-07.25
	15.42m FOUL FOUL			
13	Zapf, Hank	SO Winthrop	15.12m	49-07.25
	FOUL 15.12m 14.04m			
14	Galeone, Elliott	SR Liberty	14.94m	49-00.25
	13.12m 14.17m 14.94m			
15	Poison, Jean Piere	SR Charleston S	14.92m	48-11.50
	14.40m 14.37m 14.92m			
16	McPherson, Mike	SO Gardner-Webb	14.78m	48-06.00
	FOUL 14.78m FOUL			
17	Grabill, Rob	FR Charleston S	13.85m	45-05.25
	13.25m 13.85m 13.61m			
18	Handler, James	JR Va. Military	12.43m	40-09.50
	12.34m FOUL 12.43m			

## Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Year School	Finals	H#	Points
1 Bowles, Benjamin	SO Charleston S	7.14	1	833
2 Riggins, Dominique	SO Charleston S	7.20	1	813
3 Woodbridge, Geren	JR Liberty	7.27	1	789
4 Wood, Antonio	FR Va. Military	7.39	2	749
4 Brusich, Evan	JR Gardner-Webb	7.39	1	749
6 Facinoli, Theo	JR Winthrop	7.43	2	736
7 Edwards, Drew	SO Liberty	7.45	2	729
8 McCorkel, Spencer	FR Liberty	7.46	1	726
9 Munson, Michael	JR Va. Military	7.48	2	719
10 Garcia, Richard	SO Va. Military	7.52	2	706
11 Richards, Kevin	JR Radford	7.69	2	653
12 James, Dennis	JR Va. Military	7.79	1	622

## Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Edwards, Drew	SO Liberty	2:35.71	922
2 Brusich, Evan	JR Gardner-Webb	2:47.94	787
3 Riggins, Dominique	SO Charleston S	2:48.89	777
4 Richards, Kevin	JR Radford	2:51.39	751
5 Facinoli, Theo	JR Winthrop	2:51.52	750
6 Bowles, Benjamin	SO Charleston S	2:53.77	727
7 Wood, Antonio	FR Va. Military	2:58.14	683
8 Woodbridge, Geren	JR Liberty	2:59.50	669
9 Munson, Michael	JR Va. Military	3:00.86	656
10 Garcia, Richard	SO Va. Military	3:02.27	642
11 McCorkel, Spencer	FR Liberty	3:09.76	572
-- James, Dennis	JR Va. Military	DNS	

## Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year School	Finals	H#	Points
1 Riggins, Dominique	SO Charleston S	8.53	2	853

2	Brusich, Evan	JR Gardner-Webb	8.54	1	851
3	Woodbridge, Geren	JR Liberty	8.68	1	818
4	Munson, Michael	JR Va. Military	8.79	2	793
5	Bowles, Benjamin	SO Charleston S	9.14	2	715
6	Facinoli, Theo	JR Winthrop	9.15	1	713
7	Richards, Kevin	JR Radford	9.33	2	675
8	Edwards, Drew	SO Liberty	9.36	1	668
9	Wood, Antonio	FR Va. Military	9.71	1	597
10	Garcia, Richard	SO Va. Military	9.75	1	589
11	James, Dennis	JR Va. Military	9.85	2	570
12	McCorkel, Spencer	FR Liberty	9.91	2	558

## Heptathlon: #4 Men High Jump Heptathlon

Name	Year School	Finals	Points
1	James, Dennis	JR Va. Military	1.97m 6-05.50 776
2	Richards, Kevin	JR Radford	1.88m 6-02.00 696
3	Wood, Antonio	FR Va. Military	1.85m 6-00.75 670
3	Munson, Michael	JR Va. Military	1.85m 6-00.75 670
3	Brusich, Evan	JR Gardner-Webb	1.85m 6-00.75 670
3	Riggins, Dominique	SO Charleston S	1.85m 6-00.75 670
7	Woodbridge, Geren	JR Liberty	1.82m 5-11.50 644
8	Bowles, Benjamin	SO Charleston S	1.73m 5-08.00 569
9	Edwards, Drew	SO Liberty	1.70m 5-07.00 544
10	Garcia, Richard	SO Va. Military	1.55m 5-01.00 426
10	McCorkel, Spencer	FR Liberty	1.55m 5-01.00 426
12	Facinoli, Theo	JR Winthrop	1.49m 4-10.50 381

## Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year School	Finals	Points
1	Woodbridge, Geren	JR Liberty	4.30m 14-01.25 702
2	Brusich, Evan	JR Gardner-Webb	4.00m 13-01.50 617
3	Munson, Michael	JR Va. Military	3.70m 12-01.50 535
3	Edwards, Drew	SO Liberty	3.70m 12-01.50 535
3	McCorkel, Spencer	FR Liberty	3.70m 12-01.50 535
3	Riggins, Dominique	SO Charleston S	3.70m 12-01.50 535
7	Garcia, Richard	SO Va. Military	3.30m 10-10.00 431
8	Richards, Kevin	JR Radford	3.10m 10-02.00 381
9	Wood, Antonio	FR Va. Military	3.00m 9-10.00 357
10	Facinoli, Theo	JR Winthrop	2.80m 9-02.25 309
11	Bowles, Benjamin	SO Charleston S	2.60m 8-06.25 264
--	James, Dennis	JR Va. Military	NH

## Heptathlon: #2 Men Long Jump Heptathlon

Name	Year School	Finals	Points
1	Woodbridge, Geren	JR Liberty	6.63m 21-09.00 727
	6.29m 6.63m 6.60m		
2	Riggins, Dominique	SO Charleston S	6.49m 21-03.50 695
	FOUL FOUL 6.49m		
3	Munson, Michael	JR Va. Military	6.47m 21-02.75 691
	FOUL 6.47m 6.25m		
4	Brusich, Evan	JR Gardner-Webb	6.27m 20-07.00 646
	6.06m 6.21m 6.27m		
5	Bowles, Benjamin	SO Charleston S	6.17m 20-03.00 624
	6.15m 6.17m 5.46m		

6	Wood, Antonio	FR Va. Military	6.16m	20-02.50	621
	6.11m 6.16m FOUL				
7	James, Dennis	JR Va. Military	5.91m	19-04.75	567
	FOUL 5.91m FOUL				
7	Richards, Kevin	JR Radford	5.91m	19-04.75	567
	5.72m FOUL 5.91m				
9	Garcia, Richard	SO Va. Military	5.85m	19-02.50	554
	5.67m 5.85m FOUL				
10	Facinoli, Theo	JR Winthrop	5.73m	18-09.75	529
	5.73m FOUL FOUL				
11	McCorkel, Spencer	FR Liberty	5.47m	17-11.50	475
	5.47m 5.20m 5.34m				
12	Edwards, Drew	SO Liberty	5.29m	17-04.25	439
	FOUL 5.29m FOUL				

## Heptathlon: #3 Men Shot Put Heptathlon

Name	Year School	Finals	Points
1 Woodbridge, Geren	JR Liberty	12.99m 42-07.50	667
		12.87m 12.99m 12.31m	
2 Edwards, Drew	SO Liberty	11.01m 36-01.50	546
		11.01m 10.79m 10.84m	
3 Riggins, Dominique	SO Charleston S	10.90m 35-09.25	540
		9.85m 10.90m 9.40m	
4 Richards, Kevin	JR Radford	10.82m 35-06.00	535
		10.74m 10.38m 10.82m	
5 Wood, Antonio	FR Va. Military	10.33m 33-10.75	505
		FOUL 9.22m 10.33m	
6 Garcia, Richard	SO Va. Military	10.26m 33-08.00	501
		9.61m 8.06m 10.26m	
7 Bowles, Benjamin	SO Charleston S	9.72m 31-10.75	469
		9.20m 9.39m 9.72m	
8 James, Dennis	JR Va. Military	9.58m 31-05.25	460
		9.02m 9.58m 9.12m	
9 Brusich, Evan	JR Gardner-Webb	9.57m 31-04.75	460
		9.57m FOUL FOUL	
10 Munson, Michael	JR Va. Military	9.38m 30-09.25	448
		FOUL 8.86m 9.38m	
11 Facinoli, Theo	JR Winthrop	8.77m 28-09.25	412
		8.68m 8.77m FOUL	
12 McCorkel, Spencer	FR Liberty	7.68m 25-02.50	347
		7.57m 7.27m 7.68m	

## Men Heptathlon

NCAA Auto: A	5675		
NCAA Prov: P	5325		
B. South OVL: O	5383	3/1/2008	Brandon Hoskins, Liberty
B. South Mt.: B	4303	2/17/2007	Clarence Murray, Liberty
Name	Year School	Finals	
1 Woodbridge, Geren	JR Liberty	5016B	
2 Riggins, Dominique	SO Charleston S	4883B	
3 Brusich, Evan	JR Gardner-Webb	4780B	
4 Munson, Michael	JR Va. Military	4512B	
5 Edwards, Drew	SO Liberty	4383B	
6 Richards, Kevin	JR Radford	4258	
7 Bowles, Benjamin	SO Charleston S	4201	
8 Wood, Antonio	FR Va. Military	4182	

9 Garcia, Richard	SO Va. Military	3849
10 Facinoli, Theo	JR Winthrop	3830
11 McCorkel, Spencer	FR Liberty	3639

Women - Team Rankings - 17 Events Scored

1) Liberty	182.50	2) Coastal Carolina	145
3) Radford	70	4) Charleston Southern	59
5) Winthrop	53	6) High Point	52
6) Va. Military Institute	52	8) Gardner-Webb	42.50
9) UNC-Asheville	7		

Men - Team Rankings - 17 Events Scored

1) Liberty	192	2) Charleston Southern	122
3) Va. Military Institute	85	4) High Point	80
5) Radford	78	6) Winthrop	54
7) Gardner-Webb	36	8) UNC-Asheville	14