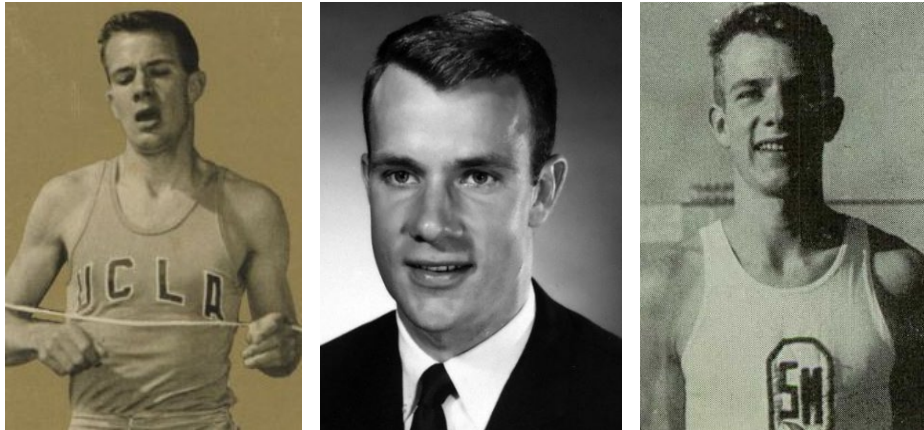


BOB DAY



Born: October 31, 1944 Los Angeles, CA

Died: March 15, 2012 Orange County, CA (67-years old)

San Marino HS, CA

- 1961, 1962 Rio Hondo League mile champion
- 1962 CIF SS mile runnerup
- 1962 CIF SS small schools country country runnerup
- Cross country, track captain
- Broke 6 cross country course records

UCLA

- UCLA Hall of Fame
- 1966 UCLA co-captain
- Member of UCLA 1966 NCAA championship team
- 1965 national collegiate mile record (3:56.4)
- 1965 national collegiate two mile record (8:35.4)
- 1965 anchor of world all-time best distance medley relay (9:33.9)
- Set school records in 1500m, mile, two mile, three mile and 5,000m

1968 Olympian

1963 UCLA Frosh	440	50.7		
1962 San Marino HS	880	1:56.6		
1963 UCLA Frosh	880	1:55.6		
1964 UCLA	880	1:50.3		
1965 UCLA	880	1:50.7		
1966 UCLA	880	1:49.8 r		
1964 UCLA	1500m	3:42.1		
1967 Striders	1500m	3:41.6		
1968 Ft.Mac	1500m	3:41.7		
1969 Ft.Mac	1500m	3:47.4		
1961 San Marino HS	M	4:32.6		
1962 San Marino HS	M	4:16.0		
1963 UCLA Frosh	M	4:05.7		
1964 UCLA	M	3:58.9		
1965 UCLA	M	3:56.4		
1966 UCLA	M	3:58.4		
1967 Striders	M	4:01.3		
1968 Ft.MacArthur	M	3:59.6		
1969 Ft.MacArthur	M	3:58.6		
1963 UCLA Frosh	2M	9:17.7		
1964 UCLA	2M	8:53.4		
1965 UCLA	2M	8:35.4		
1966 UCLA	2M	8:37.4, 8:33.0 i		
1967 UCLA	2M	8:49.6		
1968 Ft.MacArthur	2M	8:41.4		
1969 Striders	2M	8:44.2		
1963 UCLA Frosh	3M	14:45.0		
1966 UCLA	3M	13:20.2		
1967 Striders	3M	13:22.0		
1968 Ft.MacArthur	3M	13:16.4		
1965 UCLA	5000m	14:22.2		
1966 UCLA	5000m	13:44.2		
1967 Striders	5000m	13:47.0		
1968 Ft.MacArt	5000m	13:40.2		

<p><u>High School</u> 1961 Arroyo Invit mile 3rd --- 1961 Rio Hondo Lea mile 1st 4:32.6 1962 Rio Hondo Lea mile 1st 4:23.3 1962 CIF mile quarters 1st 4:23.9 1962 CIF mile 2nd 4:16.0</p> <p>1961 CIF small schools xcountry 2nd</p> <p><u>JC/Frosh</u> 1963 vs UCLA mile 1st 4:05.7</p>	<p><u>Open</u> 1964 SPA AAU 880 1st 1:50.3</p> <p>1964 NCAA 1500m 6th 3:42.1 1964 Olympic Trials 1500m 6th --- 1967 vs Italy-Spain 1500m 3rd 3:41.6</p> <p>1964 vs USC mile 1st 4:04.1 1964 AAWU mile 4th --- 1964 Comp Invit mile 6th 3:58.0 1965 vs USC mile 1st 4:02.2 1965 AAWU mile 1st 4:03.0 1965 NCAA mile 1st 4:01.8 1965 USTFF mile 1st 3:56.4 1966 vs.USC mile 1st 4:00.2 1967 West Coast Rlys mile 3rd 4:01.3 1968 Orange Co Invit mile 1st 4:03.5 1969 LA Invit indoor mile 2nd 4:04.8 1969 Seattle indoor mile 2nd 4:07.5 1969 Millrose Games Wanamaker mile 2nd 4:02.4 1969 LA Times Indoor mile 4th 4:08.9 1969 San Diego Indoor mile 3rd 4:03.8 1969 AAU indoor mile 5th 4:10.2 1969 Port of Spain Games mile 1st 4:02.2 1969 West Coast Rlys mile 3rd 4:02.7 1969 Kennedy Games mile 3rd 3:58.6 1969 AAU mile 4th 4:00.9</p>	<p><u>Open cont.,</u> 1966 Oregon Invit indoor 2mile 1st 8:33.0 1969 All-American Indoor 2mile 3rd 8:44.2</p> <p>1967 AAU 3mile 4th 13:30.6</p> <p>1966 Easter Rlys 5000m 1st 13:44.2 1967 Mt.SAC Relays 5000m 2nd 13:58.0 1967 Comp Invit 5000m 4th 13:47.0 1968 Calif Rlys 5000m 3rd 13:53.4 1968 Comp Invit 5000m 2nd 13:40.2 1968 AAU 5000m 1st 13:50.4 1968 Olympic Trials 5000m 3rd 13:59.4 1968 Olympics 5000m heat 6th 14:23.2</p>
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Miscellaneous

- Beckman High School, Irvine, CA track and cross country coach