

California Community College Track and Field Championship • Bakersfield College • May 31, 1975

1T. Glendale, San Jose 32; 3. Alameda 29; 4. Grossmont 28; 5. Bakersfield 25; 6. Mt. Sac 22; 7. Contra Costa 18; 8. East LA 17; 9T. Pasadena, El Camino, LA Harbor 16; 12. Citrus 15; 13. Santa Barbara 14; 14T. SJ Delta, Cosumnes River 12; 16T. Long Beach, LA Pierce 11; 18T. Fresno, Hartnell, LACC, Diablo Valley, Ventura, Cuesta, San Bernardino, LA Trade Tech, West Valley 10; 27. Canyons 9; 28T. Desert, Santa Rosa, Palomar, LA Southwest, Foothill, American River 8; 34T. Hancock, Fullerton, Los Medanos, Rio Hondo 6; 38. Skyline 5; 39T. Laney, Victor Valley, Chabot 4; 42T. Santa Ana, San Mateo, Moorpark, LA Valley, CCSF, Redwoods 2; 43. SD Mesa 1.

100- Final

1. Cecil Overstreet	San Jose	9.4
2. Bob Triplett	Bakersfield	9.5
3. Greg County	Santa Barbara	9.6
4. Mike Shavers	Alameda	9.7
5. Don Livers	San Jose	9.8
6. Pat Cranor	Citrus	9.8

220- Final

1. Don Livers	San Jose	20.9
2. Jerry Jordan	Alameda	21.1
3. Pat Cranor	Citrus	21.2
4. James Perry	East LA	21.3
5. Doug Parrell	Santa Ana	21.3
6. Mike Cornell	SD Mesa	21.5

440- Final

1. Donald Miller	LACC	47.1
2. Bennie Myles	Long Beach	47.2
3. Art Bell	Bakersfield	47.4
4. Jose Martinez	Santa Rosa	47.9
5. Jose Madruga	Diablo Valley	48.2
6. Rich Monseth	Cosumnes River	48.8

880- Final

1. Jeff Haynes	Long Beach	1:49.2
2. Gary McManus	Diablo Valley	1:49.3
3. Glenn Fox	Rio Hondo	1:50.6
4. Robert Lewis	Laney	1:51.2
5. Dave Wells	Redwoods	1:51.6
6. Dan Barry	LA Pierce	1:51.8

Mile- Final

1. Terry Cotton	Grossmont	4:06.0
2. John Nilsson	Palomar	4:08.7
3. George Pullen	Grossmont	4:09.2
4. Bob Dies	American River	4:09.3
5. Richard Burns	Canyons	4:10.0
6. Loren Ringo	American River	4:10.3

3 Mile- Final

1. Henry Perez	SJ Delta	13:56.1
2. Rich McCandless	West Valley	14:00.4
3. Vicken Simonian	LACC	14:12.5
4. Armando Cendejas	Fullerton	14:16.4
5. Cliff Morden	LA Valley	14:23.2
6. Bob Thomas	Glendale	14:23.3

120 HH- Final

1. Mike Crittenden	Contra Costa	14.2
2. Paul White	LA Southwest	14.2
3. Clarence Rapides	Los Medanos	14.3
4. Ike Allmond	Skyline	14.4
5. Andre Hall	Mt. SAC	14.6
6. Arthur Richardson	East LA	14.7

440 IH- Final

1. Grant Niederhaus	Pasadena	50.8
2. Rick Steele	Glendale	51.3
3. Rhan Sheffield	East LA	53.3
4. Steve Nelson	San Jose	53.5
5. Calvert Jones	SJ Delta	53.5
6. Tony Esteban	Glendale	53.8

Steeplechase- (exhibition)

1. Rich Langford	American River	9:08.4
2. Rick Hart	Foothill	9:14.7
3. Dennis Wilson	Grossmont	9:18.3
4. Gil Brooks	San Jose	9:21.2
5. Humberto Barajas	Palomar	9:26.6
6. Jack Reime	Cabrillo	9:30.0

440 Relay- Final

1. Alameda	40.7
(Emil Shaffer, Mike Shavers, Mark Cleghorn, Jerry Jordan)	
2. Santa Barbara	40.7
(Greg County, Phil Pipersburg, Charles Jones, Weldon Nomura)	
3. Contra Costa	41.0
(Dana Brewer, Gary More, Lionel Chapman, Eric Brown)	
4. LA Harbor	41.1
(Lamidas Mack, Rick Howard, ___ Parslay, Bennie Myles)	
5. San Francisco	41.9
6. American River	42.1

Mile Relay- Final

1. Bakersfield	3:11.5
(Jesse Pena, Bob Triplett, Art Bell, John Gresham)	
2. Mt. SAC	3:12.4
3. Pasadena	3:13.4
(Grant Neiderhaus, Mike Gore, _____McLauren, _____ Barnes)	
4. LA Harbor	3:14.5
(_____ Allen, Don Woods, Lamidas Mack, Bennie Myles)	
5. Contra Costa	3:16.6
(Sid Ennis, Nick Overstreet, Michael Crittenden, Marlow Williams)	
6. Long Beach	3:16.9
7. Alameda	3:16.9

Santa Rosa & CCSF DQ'd

High Jump-Final

1. Steve Larusch	Glendale	6-10
2. Charles Hatch	Cuesta	6-10
3. Bill Bunting	Grossmont	6-8
3. Rick Parks	Glendale	6-8
5. Keith Brown	Cuesta	6-6
6. Victor Churchill	Canyons	6-6

Pole Vault- Final

1. Jim Knaub	El Camino	16-8
2. Craig Robinson	LA Trade Tech	16-0
3. Tori Lewis	Hancock	15-6
4. Kevin French	Mt. SAC	15-0
5. Ryan Paton	San Mateo	15-0
6. Keith Adams	LA Trade Tech	15-0

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Long Jump- Final

1. Bruce Smith	Ventura	24-8
2. Harold Carter	Citrus	24-4
3. Mark Givens	Fresno	24-3½
4. Dave Brown	Victor Valley	23-5½
5. Cecil Overstreet	San Jose	23-5½
6. Emil Shaffer	Alameda	23-1¾
7. Gary Gomes	Santa Rosa	23-0¾

Discus- Final

1. Marcus Gordien	San Bernardino	172-5
2. Jay Pushkin	Foothill	167-8
3. Ron Engle	Canyons	163-6
4. Dave Hickson	San Jose	162-8
5. Coleman Kells	Fullerton	154-11
6. Willie Harris	Bakersfield	153-9

Triple Jump- Final

1. Mike Marlow	Cosumnes River	51-8¼w
2. Stan Bland	Mt. SAC	50-4¾
3. Emil Shaffer	Alameda	50-3
4. Larry Johnson	Fresno	50-1½
5. John LeGrande	West Valley	49-0¾
6. Greg Magee	LA Trade Tech	49-0½
7. O.C. Wyatt	Bakersfiels	48-8¾w

Javelin- Final

1. Jeff Garcia	Hartnell	217-1
2. Mike Selman	Desert	212-0
3. Bill Staengel	El Camino	208-1
4. Tom Walker	Chabot	207-5
5. Fred Bance	Moorpark	202-3
6. Greg Boomer	Skyline	193-0

Shot Put- Final

1. John Nomis	LA Pierce	55-1
2. Lon Iacopetti	Glendale	54-6
3. Curt Hampton	Grossmont	52-5
4. Bob Gummerson	Santa Rosa	51-10½
5. Paul Santiago	American River	51-8
6. Mark Doll	Cosumnes River	51-7

Decathlon- (exhibition)

1. Steve Alexander	Golden West	7,126
2. John Lawrence	Chaffey	6,521
3. Tori Lewis	Hancock	6,408
4. Jose Medina	Southwestern	6,273
5. Walt Scroggy	Mt. SAC	6,183
6. William Sanchez	Santa Barbara	6,178

(held on June 6-7 at Hancock)