

California Community College Track & Field Championship • Sacramento, CA • May 15-16, 1987

Women: 1. Santa Monica 64; 2. Mt SAC 62; 3. El Camino 61; 4. SD Mesa 34; 5. Mira Costa 33; 6. Sacramento 23½; 7T. Modesto, Hartnell 23 9. Sequoias 22½; 10T. Contra Costa, Skyline 20; 12. Marin 17; 13. Merritt 16; 14. Foothill 12; 15T. Bakersfield, Oxnard, Moorpark 11; 18T. Butte, Yuba 8; 20T. Sierra, Santa Barbara, Long Beach, Merced, Grossmont, Fullerton 6; 26T. De Anza, Shasta, Cerritos, West Valley 4; 30T. San Diego, American River, Fresno, Santa Rosa, Compton 2; 35T. Orange Coast, SJ Delta, Saddleback 1.

Men: 1. Long Beach 118; 2. Mt SAC 89; 3. Tatt 57; 4. El Camino 31; 5T. Pasadena, Merritt 28; 7. Sacramento 23; 8. Orange Coast 22; 9. Sequoias 19; 10. Siskiyou 18; 11. Fresno 16; 12. American River 15; 13. Diablo Valley 13; 14T. Modesto, Bakersfield, SD Mesa 12; 17. Hancock 11; 18T. Butte, San Francisco, West Valley, Moorpark 10; 22. Santa Monica 9; 23T. Saddleback, West Hills 8; 25T. Chabot, San Jose 7; 27T. Mira Costa, Porterville, Glendale 6; 30T. Grossmont, Cerritos, SJ Delta 4; 33. Ventura 3; 34T. Rancho Santiago, San Bernardino, Foothill, Skyline, Contra Costa, Citrus 2; 40T. Merced, De Anza 1.

Final Women's 100 Meters

1. Tesha Giddens	Santa Monica	12.19
2. Tami Stiles	Mt SAC	12.33
3. Stephanie Nevels	Santa Monica	12.37
4. Phoebe Smith	Marin	12.41
5. Denise Craven	El Camino	12.43
6. Mona Simmons	Modesto	12.61
7. Regina Lambert	Hartnell	12.69
8. Tracy Bonner	Contra Costa	12.81

Women's 3000 Meters

1. Carmen Maldonado	Mt SAC	10:00.19
2. Patty Almendariz	Santa Monica	10:05.30
3. Loretta Cruz	Sequoias	10:07.85
4. Heather Christ	Mira Costa	10:09.60
5. Midge Arteaga	Santa Monica	10:10.35
6. Diedra Vaughn	Saddleback	10:19.93
7. Tassie Norton	Taft	10:28.09
8. Jill Hoffman	El Camino	10:33.02

Final Women's 200 Meters

1. Tami Stiles	Mt SAC	24.60
2. Tesha Giddens	Santa Monica	24.83
3. Denise Craven	El Camino	25.15
4. Mona Simmons	Modesto	25.37
5. Phoebe Smith	Marin	25.54
6. Denise Ervin	Contra Costa	25.58
7. Darlene Williams	Santa Monica	25.86
8. Regina Lambert	Hartnell	25.94

Women's 5000 Meters

1. Patty Almendariz	Santa Monica	17:24.32
2. Carmen Maldonado	Mt SAC	17:39.29
3. Loretta Cruz	Sequoias	17:44.04
4. Rhonda Ribar	Moorpark	17:50.94
5. Midge Arteaga	Santa Monica	18:06.70
6. Monica Daley	Foothill	18:09.79
7. Flavia DeOliveira	De Anza	18:16.18
8. Heather Hollahan	Shasta	18:19.86

Final Women's 400 Meters

1. Paulette Willis	El Camino	56.67
2. Tonya Miles	Sacramento	57.24
3. Denise Ervin	Contra Costa	57.26
4. Kathy Bugera	De Anza	57.52
5. Cindy Johnson	Santa Monica	57.72
6. LaTanya Moore	SJ Delta	58.37
7. Stephanie Jones	LA Valley	58.33
8. Kelly Smith	Grossmont	59.14

Final Women's 100 Meter Hurdles

1. Rochelle Frazier	El Camino	14.29
2. Geri Courtwright	Oxnard	14.52
3. Valerie Simpson	Santa Barbara	14.75
4. Donna John	Long Beach	15.30
5. Janis Diggs	Hartnell	15.41
6. Maggie Hayes	Sacramento	15.85
7. Tina Broadway	Sacramento	16.48
8. Troy Bonin	Santa Rosa	16.55

Final Women's 800 Meters

1. Denise Upsher	Mira Costa	2:14.23
2. Robin Eager	Mira Costa	2:14.65
3. Tessie Hartman	Mira Costa	2:14.95
4. Alicia Gukenheimer	West Valley	2:16.24
5. Galia Hinkston	Merritt	2:16.30
6. Molly Burke	Marin	2:17.92
7. Shannon Dial	Cuesta	2:21.0
8. Rhonda Bird	Kings River	2:21.06

Final Women's 400 Meter Hurdles

1. Kim McRae	El Camino	61.01
2. Julie Harrison	Mt SAC	61.39
3. Kim Hines	Merritt	63.95
4. Lisa Littrell	Shasta	64.69
5. Tasha Cunningham	Santa Rosa	65.51
6. Tamiko White	El Camino	65.60
7. Laura Torres	Mira Costa	70.77

Women's 1500 Meters

1. Molly Burke	Marin	4:39.86
2. Monica Daley	Foothill	4:41.28
3. Laura Cook	Grossmont	4:43.20
4. Midge Arteaga	Santa Monica	4:43.69
5. Verlinda Rivera	San Diego	4:43.89
6. Tracy Wright	Orange Coast	4:44.05
7. Debe Lies	Orange Coast	4:49.75
8. Lisa Davenport	Sequoias	4:51.75

Final Women's 400 Meter Relay

1. Mt SAC	46.60
2. Contra Costa	47.61
3. Sacramento	48.11
4. Merritt	48.42
5. Long Beach	49.35
6. Bakersfield	49.38
7. LA Valley	50.99
8. Hartnell	52.11

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Final Women's 1600 Meter Relaya

1. El Camino	3:44.19
(Denise Craven, Kim McRae, Demetrius Newman, Paulette Willis)	
2. Mt SAC	3:44.57
3. Santa Monica	3:52.74
4. Merritt	3:55.67
5. Modesto	3:58.55
6. Mira Costa	3:58.89
7. Shasta	3:58.90

Final Women's Discus

1. Joyce Fremstad	Skyline	150-5
2. Pam Dearing	Yuba	137-10
3. Shelly Hobbs	Sequoias	134-9
4. Elenor Kayhi	SD Mesa	132-9
5. Anna Gill	Fullerton	130-9
6. Felycia King	Fresno	13-03
7. Jennifer Ward	Glendale	129-3
8. Rachelle LeBlanc	San Diego	126-0

Final Women's High Jump

1. Erin Key	Bakersfield	5-6
2. Shawndell Redic	SD Mesa	5-6
3. Kim Fluegel	Merced	5-4
4. Diane Barnes	Mira Costa	5-4
5. Sharon Gilbert	Cerritos	5-2
6. Darlene Norris	Sequoias	5-2
6. Tonya Miles	Sacramento	5-2
8. Eva DePorcel	Foothill	5-0

Final Women's Javelin

1. Diane Colier	SD Mesa	138-10
2. Christine Harris	Butte	137-7
3. Stephanie Santos	Sierra	137-0
4. Stacy Raine	Hartnell	135-7
5. Latonya Carter	Compton	133-10
6. Ellie Itkoff	Cerritos	133-7
7. Elaine Bergman	SD Mesa	127-7
8. Gina Crews	American River	126-1

Final Women's Long Jump

1. Mona Simmons	Modesto	20-0
2. Kellee Callahan	Sacramento	19-7½
3. Cindy Johnson	Santa Monica	19-3¾
4. Geri Courtwright	Oxnard	19-2
5. Darlene Smith	Sequoias	18-11½
6. Janis Diggs	Hartnell	18-9¾
7. Demetrius Newman	El Camino	18-8
8. Michelle Motley	Long Beach	18-7½

Final Women's Heptathlon

1. Elaine Bergman	SD Mesa	4,801
2. Rene Hearbee	Moorpark	4,279
3. Kim Becker	Hartnell	4,083
4. Eve DePorcel	Foothill	4,066
5. Gina Crews	American River	4,042
6. Sharon Gilbert	Cerritos	4,007
7. Julie South	Butte	3,969
8. Loretta Crowder	Orange Coast	3,860

Final Women's Triple Jump

1. Janis Diggs	Hartnell	40-11
2. Demetrius Newman	El Camino	39-9½
3. Wendy Martin	Modesto	39-7¼
4. LaTonya Loughridge	El Camino	38-10½
5. Darlene Smith	Sequoias	38-6¼
6. Allison Walker	Bakersfield	38-4¼
7. Sonia Munoz	Mt SAC	38-1¾
8. Bridget Johnson	San Jose	37-9¼

Final Women's Shot Put

1. Joyce Fremstad	Skyline	44-4¾
2. Eleanor Kayhi	SD Mesa	43-5½
3. Marterisia Mitchell	Contra Costa	41-10
4. Anna Gill	Fullerton	41-4½
5. Elaine Bergman	SD Mesa	40-7¾
6. Felycia King	Fresno	40-6½
7. LaTonya Carter	Compton	38-7
8. Jennifer Smith	LA Trade Tech	38-6

MEN

Final Men's 100 Meters

1. Ron Mcree	Long Beach	10.69
2. Anthony Barnes	Taft	10.70
3. Marco Pica	Diablo Valley	10.74
4. Andre Love	Long Beach	10.92
5. Otis Dixon	Long Beach	10.93
6. Chris Pippins	Merced	11.02

Final Men's 200 Meters

1. Ron McCree	Long Beach	21.19
2. Harland Davis	Taft	21.30
3. Marco Pica	Diablo Valley	21.36
4. Charles Brooks	Merritt	21.49
5. Terrance Riley	Long Beach	21.54
6. Otis Dixon	Long Beach	21.60
7. Andre Hunter	Santa Rosa	21.85

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Final Men's 400 Meters

1. Damon Lee	El Camino	46.45
2. Harland Davis	Taft	46.86
3. Marvin Douglas	El Camino	47.12
4. Terrance Riley	Long Beach	47.20
5. Greg Parker	Sacramento	48.15
6. Lamont Walltower	Santa Monica	48.40
7. Darryl Prevost	Taft	49.34
8. Markel Knox	Merritt	51.35

Final Men's 800 Meters

1. Kenny Washington	Mt SAC	1:49.69
2. John Cronin	Saddleback	1:49.99
3. John Cook	Siskiyou	1:50.09
4. Vincent Thompson	Mt SAC	1:50.45
5. Travis Atkins	Mt SAC	1:50.60
6. Tom Saggau	San Jose	1:50.79
7. Joe Carnegie	Taft	1:51.20
8. Wenzel Carey	SJ Delta	1:55.24

Final Men's 1500 Meters

1. Kenny Washington	Mt SAC	3:46.80
2. Bobby Rivera	Modesto	3:47.85
3. Joe Carnegie	Taft	3:48.11
4. Tony Bouquet	Taft	3:49.99
5. Tony Perez	SJ Delta	3:50.75
6. Rich Hirschman	El Camino	3:52.34
7. Robert Williams	Diablo Valley	3:52.34
8. Carlos Moya	El Camino	3:56.32

Final Men's 5000 Meters

1. Rod Heskett	West Valley	14:38.91
2. Dave Parsel	Orange Coast	14:45.10
3. Jesse Llanez	Fresno	14:47.89
4. Steve Neubaum	Modesto	14:50.54
5. Gary Droze	San Bernardino	14:51.04
6. Jose Iniguez	Hancock	14:57.27
7. John Vance	Mt SAC	15:02.16
8. Jeff Johnson	Redwoods	15:02.48

Final Men's 10,000 Meters

1. Dave Parsel	Orange Coast	30:50.74
2. Jose Iniguez	Hancock	30:57.41
3. Dean Miller	Mt SAC	30:58.94
4. Henry Chio	Mira Costa	30:59.22
5. Chris Hoepker	Foothill	31:28.39
6. Herb Pepper	De Anza	31:45.93
7. Greg Mislick	Monterey	32:07.46
8. Bill Quirk	West Valley	32:44.97

Final Men's 110 Meter High Hurdles

1. Terry Johnson	Long Beach	14.24
2. Kenny Hall	Mt Sac	14.42
3. Eugene Swift	Chabot	14.49
4. Damon Thomas	Pasadena	14.56
5. Ivan Graves	San Francisco	14.83
6. Carter Jefferson	Taft	14.89
7. Troy Burks	Fresno	15.53

Final Men's 400 Hurdles

1. Kenny Hall	Mt SAC	50.89
2. Ivan Graves	San Francisco	52.36
3. Von Joyce	Long Beach	52.70
4. Troy Burks	Fresno	52.89
5. Terry Herron	Mira Costa	53.34
6. Eugene Swift	Chabot	54.03

Final Men's Steeplechase

1. Dean Miller	Mt SAC	9:16.2
2. Rod Coker	American River	9:28.0
3. Jim Krueger	Porterville	9:35.4
4. Tracy Wells	Grossmont	9:37.7
5. James DeRosso	Hancock	9:38.2
6. Manuel Silveira	SJ Delta	9:38.5
7. Cary Gregorio	Grossmont	9:42.9
8. Joe Nevarez	Rancho Santiago	9:44.5

Final Men's 400 Meter Relay

1. Long Beach	39.83
2. Taft	40.30
3. Merritt	40.59
4. El Camino	41.11
5. Mt SAC	41.14
6. Contra Costa	41.57
7. Bakersfield	42.10
8. Diablo Valley	42.11

Final Men's 1600 Meter Relay

1. El Camino	3:07.99
(Tim Hartsfield, Marvyn Douglas, Jerry Coulson, Damon Lee)	
2. Merritt	3:10.64
(Charles Brooks, Markell Knox, Anthony John, Darren Minor)	
3. Long Beach	3:11.39
4. Mt SAC	3:12.17
5. Taft	3:12.45
6. Contra Costa	3:14.20
7. Mira Costa	3:17.85
8. Santa Rosa	3:18.59

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Final Men's High Jump

1. David Puffer	Sacramento	7-0
2. Derrick Moore	Long Beach	7-0
3. Bill Hepworth	American River	7-0
4. John Clark	Pasadena	6-10
5. Richard Thomas	Ventura	6-10
6. Dave Mosley	SJ Delta	6-8
7. Otis Smith	Taft	6-8
7. Blake Risner	Mira Costa	6-8

Final Men's Discus

1. Todd Cathers	Butte	167-6
2. Bill Charette	Sequoias	161-11
3. Bob Owens	Siskiyou	160-9
4. Al Navarro	Mt SAC	154-11
5. Darren Buckner	Long Beach	154-3
6. Milton Hartogh	Diablo Valley	151-1
7. Lance Ane	LA Valley	148-4
8. Ray East	Kings River	147-2

Final Men's Pole Vault

1. Brian Wicks	Bakersfield	16-6
2. Melvin Hempstead	Sacramento	16-0
3. Shawn Meyle	Long Beach	15-6
3. Mike Rodriguez	Mt SAC	15-6
5. Brian Fisher	Rancho Santiago	15-6
6. Anton Milton	Long Beach	15-0
7. Ray Whitson	Modesto	14-6
8. Tom Dower	Santa Rosa	14-6

Final Men's Javelin

1. Ron Overmeyer	Sequoias	215-2
2. Derrick Chachere	West Hills	213-0
3. Mike Doerr	Pasadena	204-4
4. Jamie Aiken	Orange Coast	203-2
5. Fred Hunter	Sacramento	202-7
6. Mike Bryant	Ventura	198-8
7. Judd Goodrich	Glendale	198-3
8. Steve Hefferan	Golden West	195-8

Final Men's Long Jump

1. Charles Brooks	Merritt	25-1¼
2. Andre Love	Long Beach	25-7¼
3. Juan Tobin	Pasadena	25-5¼
4. Ben Gray	Cerritos	24-6¼
5. David Sanders	Bakersfield	23-8¼
6. Bill Hepworth	American River	23-7
7. Harold Rucker	San Jose	23-6¼
8. Marcus Hooks	Long Beach	23-1¾

Final Men's Hammer

1. Pat Thiss	SD Mesa	175-5
2. Marvin Williams	Santa Monica	173-5
3. Bob Owens	Siskiyou	171-10
4. Scott Biberthaler	Fresno	170-5
5. Art Esparza	Citrus	156-5
6. Eric Nanson	Shasta	154-8
7. Scott Jacobson	Fresno	152-9
8. David Martin	American River	148-10

Final Men's Triple Jump

1. Marcus Hooks	Long Beach	53-2¼
2. Don Parrish	Mt SAC	53-1¾
3. Harold Rucker	San Jose	50-5
4. Terrence Williams	Pasadena	50-0
5. Paul Franklin	SD Mesa	49-3
6. David Puffer	Sacramento	49-1¼
7. Art Barron	Pasadena	48-8½
8. Dirk Johnson	Bakersfield	48-4

Final Men's Decathlon

1. John Henry Johnson	Long Beach	6,815
2. Shawn Collins	Long Beach	6,752
3. Bill Martinez	Mt SAC	6,669
4. Otis Smith	Taft	6,592
5. Tony Tynan	Fresno	6,539
6. Shawn Wilbourn	Sequoias	6,533
7. Pat Nevens	Shasta	6,317
8. Jeff Juhala	Diablo Valley	6,201

Final Men's Shot Put

1. Donnie Laut	Moorpark	54-6½
2. Jeff Howard	Taft	53-8¼
3. Scott Schain	Glendale	53-5¼
4. David Florance	Pasadena	53-4
5. Dan Lang	Skyline	53-3½
6. Darin Birlee	Long Beach	52-3¾
7. Ken Lowther	Moorpark	51-8½
8. Eric Weddell	Sacramento	50-6½