

## California Community College Track & Field Championship • Redding, CA • May 21-22, 1993

**Women:** 1. Riverside 107; 2. Mt. SAC 73; 3. SD Mesa 63½; 4. Long Beach 57½; 5. El Camino 39; 6. Modesto 36; 7. San Francisco 31; 8. Fullerton 28; 9. Contra Costa 27; 10. Shasta 24½; 11. Hartnell 17; 12T. American River, LA Trade Tech 16; 14. Taft 15; 15. San Jose 12; 16T. Siskiyou, Diablo Valley, Grossmont 10; 19. Monterey 9; 20T. De Anza, Santa Rosa, Compton 8; 23. LA Valley 7; 24. Orange Coast 6½; 25T. Redwoods, Sierra, West Valley, Chaffey, Bakersfield, Santa Monica 6; 31T. Skyline, Citrus 5; 33. Golden West 4; 34T. Hancock, Cuesta 3; 36T. Chabot, San Mateo, Antelope Valley 2; 39T. Rancho Santiago, Mira Costa 1.

**Men:** 1. Long Beach 142; 2. Riverside 97; 3. Taft 53 4T. San Jose, Bakersfield 33; 6. Mt. SAC 31; 7. Fresno 25½; 8. Moorpark 25; 9. Diablo Valley 24; 10. Sacramento 22; 11T. San Mateo, Santa Rosa 17; 13T. San Francisco, SD Mesa, Cuesta, Ventura 16; 17. West Valley 15½; 18T. Antelope Valley, LA Valley, Citrus, El Camino, 13; 22. Hartnell 12; 23T. Shasta, Marin 11; 25T. Siskiyou, Porterville, Sequoias 10; 28T. Orange Coast, Glendale, Santa Barbara 9; 31. Compton 7; 32T. Contra Costa, LA Southwest, Golden West, Santa Monica 6; 36. Canyons 5; 37T. SJ Delta, Merced, San Bernardino 4; 40. Fullerton 3½; 41. Redwoods, Monterey, American River, Rancho Santiago 3; 45. Southwestern 2½; 46T. De Anza, Cerritos 2; 48T. Hancock, Kings River, Butte, Saddleback 1.

### Final Women's 100 Meters (wind: +0.90mps)

1. Marvette Collis	Riverside	11.82
2. Angela Sullivan	SD Mesa	11.88
3. Roxanne Rudder	Riverside	12.05
3. Sonya Bryant	Long Beach	12.05
5. Contina Young	Taft	12.10
6. Stacey Thompson	Contra Costa	12.12
7. Melissa Gardette	De Anza	12.34
8. Sherry Davis	Chabot	12.48

### Final Women's 3000 Meters

1. Honor Featherston	San Francisco	10:00.75
2. Genet Gbregiorgis	LA Trade Tech	10:05.05
3. Githia Hampson	Santa Monica	10:10.53
4. Kristin Diggs	American River	10:14.53
5. Carrie Tacheira	Modesto	10:18.70
6. Josephine Yaba	Mt. SAC	10:19.93
7. Magdalena Lewy	Long Beach	10:22.43
8. Catherine Back	West Valley	10:33.84

### Final Women's 200 Meters

1. Marvette Collis	Riverside	24.28
2. Roxanne Sullivan	SD Mesa	24.30
3. Michele Ferguson	San Jose	24.68
4. Shelia Powell	Long Beach	24.96
5. Chanda Brooks	Long Beach	24.96
6. Contina Young	Taft	25.06
7. Carleen Roberts	Modesto	25.18
8. Joanne Grier	Monterey	25.91

### Final Women's 5000 Meters

1. Emebet Shiferaw	Riverside	16:54.10
2. Genet Gbregioris	LA Trade Tech	17:30.58
3. Monique Smith	Mt. SAC	18:00.46
4. Carrie Tacheria	Modesto	18:03.40
5. Lori Robertson	Monterey	18:28.10
6. Amy Grafius	Modesto	18:30.78
7. Magdalena Lewy	Long Beach	18:38.08
8. Randi O'Neil	Diablo Valley	18:38.83

### Final Women's 400 Meters

1. Revoli Campbell	Mt. SAC	54.17
2. Shani Freeman	SD Mesa	55.50
2. Liz Sutton	El Camino	55.50
4. Michele Ferguson	San Jose	55.86
5. Liz Powell	Long Beach	56.1
6. Joanne Grier	Monterey	56.95
7. Carleen Roberts	Modesto	57.13
8. Shambala Ferguson	San Francisco	59.94

### Final Women's 100 Meter Hurdles (wind: +1.00mps)

1. Shonne Bernard	Fullerton	14.44
2. Jackie Foreman	El Camino	14.49
3. Becky Hafar	Redwoods	15.01
4. Danielle Brown	Fullerton	15.03
5. Erin McClung	Shasta	15.46
6. Nicole Wilson	Long Beach	15.78
7. Glenda Whipple	Siskiyou	15.79
8. Mequell Williams	Sierra	15.96

### Final Women's 800 Meters

1. Dawn Williams	Riverside	2:10.34
2. Stacey James	Taft	2:13.14
3. Jennifer Murphy	American River	2:18.00
4. Irene Orozco	Hartnell	2:18.29
5. Lisa Lopez	San Francisco	2:20.47
6. Nadine Alliman	Golden West	2:22.23
7. Karen Miller	Riverside	2:23.32
8. Nicole Munroe	Mt. SAC	2:23.66

### Final Women's 400 Meter Hurdles

1. Liz Sutton	El Camino	60.38
2. Angela Sullivan	SD Mesa	60.82
3. Sharifa Cox	Long Beach	60.92
4. LaToya Skipplings	Compton	63.63
5. Stacey Tate	Modesto	64.94
6. Doris Marshall	Hancock	65.11
7. Glenda Whipple	Siskiyou	65.64
8. Karen Owen	Monterey	65.82

### Final Women's 1500 Meters

1. Emebet Shiferaw	Riverside	4:31.66
2. Lisa Lopez	San Francisco	4:31.67
3. Monique Smith	Mt. SAC	4:42.90
4. Catherine Back	West Valley	4:43.04
5. Dawn Williams	Riverside	4:43.08
6. Frankie Rivera	Mt. SAC	4:47.55
7. Kelly Olson	Grossmont	4:48.94
8. Leticia Mora	Rancho Santiago	4:50.66

### Final Women's 400 Meter Relay

1. Long Beach	45.8
(Sonya Bryant, Phetima Woods, Sheila Powell, Chanda Brooks)	
2. Riverside	47.09
(Roxanne Rudder, Denise Johnson, Brigitte Miller, Marvette Collis)	
3. El Camino	47.23
(Myesha Jones, Paula Pennil, Jeannette Judge, Liz Sutton)	
4. SD Mesa	47.43
5. San Francisco	48.08
(Marion Shelton, Taunika Ogans, Regina Sheperd, Shambala Ferguson)	
6. Contra Costa	48.35
7. Modesto	49.33
8. San Jose	51.64

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### Final Women's 1600 Meter Relay

1. Mt. SAC	3:45.84
2. El Camino	3:46.02
(Myesha Jones, Paula Pennil, Jeannette Judge, Liz Sutton)	
3. SD Mesa	3:47.50
(Kelly Hurl, Angela Sullivan, Kisha Williams, Shani Freeman)	
4. Riverside	3:47.50
(Janetta Dismuke, Denise Johnson, Renae Grey, Dawn Williams)	
5. San Francisco	3:50.00
(Marion Shelton, Taunika Ogans, Regina Sheperd, Shambala Ferguson)	
6. Modesto	3:59.41
7. Santa Rosa	3:59.85
(Dinah Chad, Jenn Rocchi, Jenny Goodrich, Sara Poisson)	
8. Chabot	4:05.09
(Sandy Faeth, Katie Hadley, Erin Bellamy, Sherry Davis)	

### Final Women's High Jump

1. Leah Cunningham	Riverside	5-8
2. Jennifer Stewart	LA Valley	5-4
2. Heather Bassett	Grossmont	5-4
4. Ericka Spencer	Citrus	5-4
5. Melissa McDonald	Orange Coast	5-4
6. Cindy Harmon	Shasta	5-2
6. LeAnn Kazmar	Orange Coast	5-2
8. Felicia Brown	Hartnell	5-0½

### Final Women's Long Jump

1. Marvette Collis	Riverside	20-10¼
2. Nicole Irving	Mt. SAC	20-6½
3. Amey Mitchell	Santa Rosa	19-8¾
4. Karleen Shields	Contra Costa	19-5¾
5. Angel Carver	Long Beach	19-0¾
6. Sonya Bryant	Long Beach	18-6¼
7. Erin McClung	Shasta	17-10
8. Karla Martinez	Grossmont	17-7½

### Final Women's Triple Jump

1. Karleen Shields	Contra Costa	40-10¾
2. Angel Carver	Long Beach	40-9
3. Stacey Thompson	Contra Costa	38-10½
4. Danille Brown	Fullerton	38-6
5. Nicole Irving	Mt. SAC	38-5
6. Stephanie Hanf	Diablo Valley	38-3¾
7. Vijitha Amarsakear	Mt. SAC	38-1¾
8. Michelle Dimtry	Mira Costa	38-0½

### Final Women's Shot Put

1. Leslie Coons	SD Mesa	46-11
2. Leslie Woolery	Shasta	46-1
3. Regino Magno	De Anza	42-11
4. Rennee Hopkins	American River	42-9
5. Kelly Smith	SD Mesa	41-10
6. Lara Newell	Cuesta	41-9
7. Laura Molnar	San Mateo	41-2
8. Misako Hampton	Bakersfield	40-11

### Final Women's Discus

1. Jodie Warr	Riverside	154-9
2. Leslie Coons	SD Mesa	146-3
3. Becki Elwood	Modesto	144-9
4. Vicki Garcia	Sierra	138-4
5. Leslie Woolery	Shasta	134-9
6. Misako Hampton	Bakersfield	129-0
7. Helen Dijkstra	Bakersfield	128-9
8. Danielle Miles	Diablo Valley	125-4

### Final Women's Javelin

1. Vijitha Amarsakear	Mt. SAC	178-0
2. Leslie Coons	SD Mesa	139-0
3. Christina Blynberg	Chaffy	132-4
4. Lesli Zazaboi	Skyline	129-10
5. Carla Dahl	Modesto	127-4
6. Christy Smith	Hartnell	126-10
7. Debra Berrorth	Antelope Valley	123-0
8. Lisa Ngo	Golden West	113-7

### Final Women's Heptathlon

1. Sau Ying Chan	Mt. SAC	4,968
2. Felicia Brown	Hartnell	4,734
3. Glenda Whipple	Siskiyou	4,585
4. Stephanie Hanf	Diablo Valley	4,407
5. Cindy Harmon	Shasta	4,323
6. LaToya Skippings	Compton	4,292
7. Denise Johnson	Riverside	3,972
8. Nicole Wilson	Long Beach	3,826

## MEN

### Final Men's 100 Meters (wind: +1.50 mps)

1. Ato Bolden	San Jose	10.28
2. Barry Smith	Long Beach	10.43
3. Frank Roe	Fresno	10.53
4. Scottie Stokes	Porterville	10.54
5. Tunji Bello	Long Beach	10.62
6. Jacobbi Williams	Diablo Valley	10.64
7. Kerchavel Patteron	Riverside	10.66
8. Milton Frett	Long Beach	10.77

### Final Men's 200 Meters (wind +0.10mps)

1. Ato Boldon	San Jose	20.59
2. Barry Smith	Long Beach	20.63
3. Tunji Bello	Long Beach	21.18
4. Cory Doxey	Taft	21.24
5. Frank Roe	Fresno	21.44
6. Kerchavel Patterson	Riverside	21.48
7. Kevin Maxie	LA Valley	21.51
<i>Scott Stokes (Porterville) - DQ'd</i>		

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### Final Men's 400 Meters

1. Gerald McCladdie	Long Beach	46.39
2. Derek Shepard	Sacramento	46.69
3. Curtis McIntire	Taft	46.99
4. Andre Steele	Riverside	47.26
5. Matt Finnie	San Francisco	47.53
6. Marcus Knowles	Compton	48.04
7. James Redd	Riverside	48.14
8. Larry Evans	Contra Costa	48.74

### Final Men's 110 Meter High Hurdles

1. Dominique Arnold	Long Beach	14.17
2. Frank Guialdo	Long Beach	14.20
3. Kyle Beck	LA Valley	14.38
4. Ray Banner	Long Beach	14.70
5. Ian Hatada	Sacramento	14.80
6. Eric Gray	San Francisco	15.01
7. Walker Vaughn	Fresno	15.13
8. Darrin Garcia	West Valley	15.63

### Final Men's 800 Meters

1. Akemyehu Jimma	Riverside	1:48.96
2. Donnell Johnson	Taft	1:49.36
3. Passmore Furusa	Riverside	1:50.81
4. Youssef Choukri	San Francisco	1:50.81
5. Chris Gaston	Santa Rosa	1:51.37
6. Robert Price	Contra Costa	1:51.83
7. Omar Naranjo	Cerritos	1:53.50
8. Glenn Lomenick	Mt. SAC	1:53.52

### Final Men's 400 Hurdles

1. Frank Guialdo	Long Beach	52.61
2. Ryan Renz	Bakersfield	53.41
3. Aaron Webber	Riverside	53.54
4. Justin Heimann	Santa Rosa	53.93
5. Paea Kokohu	Sacramento	54.13
6. Jason Keller	Monterey	54.23
7. Jon Akers	Hartnell	55.12
<i>Kyle Beck (LA Valley) - DQ'd</i>		

### Final Men's 1500 Meters

1. Akemyehu Jimma	Riverside	3:36.62
2. Donnell Johnson	Taft	3:49.77
3. Angel Martinez	Mt. SAC	3:52.42
4. Darin Rabb	Orange Coast	3:54.84
5. Herb Montgomery	Long Beach	3:55.74
6. Dylan Kennedy	Taft	3:57.12
7. Sam Rivera	SJ Delta	3:57.48
8. Simon Lindsay	Hancock	3:58.19

### Final Men's Steeplechase

1. Passmore Furusa	Riverside	9:02.84
2. Robert Nelson	Glendale	9:03.84
3. Gray Mayhera	Riverside	9:04.98
4. Muchapiwa Mazano	Riverside	9:19.95
5. Will Bower	Hartnell	9:29.41
6. Bobby Escay	American River	9:36.80
7. Colin Johnston	Taft	9:42.14
8. Francisco Rubalcava	Saddleback	9:43.22

### Final Men's 5000 Meters

1. Crus Gallegos	Taft	15:02.07
2. Dan Chamberlin	West Valley	15:04.94
3. Nacho Flores	Hartnell	15:05.86
4. Robert Malseed	Porterville	15:06.15
5. Brian White	Diablo Valley	15:08.85
6. Darin Rabb	Orange Coast	15:15.84
7. Mark Sinderson	Antelope Valley	15:49.20
8. Colin Johnston	Taft	16:15.98

### Final Men's 400 Meter Relay

1. Long Beach	39.92
(Tunji Bello, Melvin Pritt, Gerald McCladdie, Barry Smith)	
2. San Jose	40.59
(John Harvey, Jamie Lawson, Ato Bolden, Sean Ramos)	
3. Riverside	40.63
4. LA Valley	41.19
(Kyle Beck, Kevin Maxie, Ruben Benitez, Delvon Hardyway)	
5. Moorpark	41.51
(Joe Maashoff, Bryan Krill, Matt Carrillo, Stacy Gibson)	
6. Sacramento	41.53
<i>Taft - DNF; Sequoias - DQ'd</i>	

### Final Men's 10,000 Meters

1. Muchapiwa Mazano	Riverside	30:23.39
2. Israel Pose	El Camino	30:38.93
3. Abdelkader Chelby	Riverside	30:47.88
4. Gary Mayhera	Riverside	30:57.86
5. Felipe Martinez	San Bernardino	31:00.98
6. Fidel Zabale	Rancho Santiago	32:03.96
7. Brian White	Diablo Valley	32:10.64
8. Ruben Carrillo	Diablo Valley	32:36.85

### Final Men's 1600 Meter Relay

1. Taft	3:07.16
(Keith Barker, Donnell Johnson, Cory Doxey, Curtis McIntire)	
2. Long Beach	3:07.68
3. Santa Monica	3:10.00
(Sam Napier, Bobby Reese, Floyd Parks, Derrick Stewart)	
4. San Jose	3:11.11
(Jamie Lawson, Sean Ramos, Doug Landers, Ato Bolden)	
5. San Francisco	3:11.41
(Jeff Speech, Tyrone Stewart, Estevan Goldsmith, Matt Finnie)	
6. Moorpark	3:11.92
(Joe Maashoff, Stacy Gibson, Matt Carrillo, Bryan Krill)	
7. Contra Costa	3:13.16
<i>LA Valley - DQ'd</i>	

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### Final Men's High Jump

1. Jermaine Jenkins	Sequoias	7-0
2. Al Greenberry	Santa Babara	6-10
3. Sean Lewis	Long Beach	6-10
4. Mark Montgomery	Compton	6-8
4. Tim Rucks	West Valley	6-8
4. Moses Kearney	Merced	6-8
7. T.J. Cody	Fullerton	6-8
7. David Bass	Fresno	6-8

### Final Men's Discus

1. Jon Frank	Bakersfield	174-8
2. Kevin Duffey	San Mateo	167-1
3. Dave Loshonkohl	SD Mesa	163-1
4. Rob Powell	Fresno	161-5
5. David Dumble	Bakersfield	161-2
6. Rene Bustamante	Citrus	159-9
7. Dan Estrada	Fullerton	150-1
8. Jason Dossey	San Mateo	149-9

### Final Men's Pole Vault

1. P.J. Chadwick	Cuesta	16-9
2. Sean Brown	Marin	16-0
3. Andrew Davis	Cuesta	15-6
4. Brad Hecox	Mt. SAC	15-6
5. Chad Reddy	Long Beach	15-6
6. Paul Snyder	West Valley	15-0
6. Jesse Hafen	Southwestern	15-0
8. Cory Johnson	Butte	15-0

### Final Men's Javelin

1. Ken Teasley	Moorpark	221-11
2. Kel Watrin	Santa Rosa	206-4
3. Mike McClintock	Golden West	204-5
4. Ralph Lycklama	Canyons	203-5
5. Renato Grizelj	San Mateo	194-7
6. Andrew Kearns	Marin	189-3
7. Josh Heath	De Anza	183-5
8. Chris Weilert	Riverside	182-7

### Final Men's Long Jump

1. Donny Johnson	Ventura	25-7
2. Hong Li	Mt. SAC	24-11½
3. Rhyann Woods	LA Southwest	24-11
4. Alex Norca	Long Beach	24-10¾
5. John Jordan	Long Beach	24-7
6. Bennie Griggs	Redwoods	24-0¾
7. Marvin Brown	Diablo Valley	24-0
8. Marvin Boyd	Kings River	23-6¾

### Final Men's Hammer

1. Dave Loshonkohl	SD Mesa	202-9
2. Robert Dilts	Shasta	184-9
3. Josh Patterson	Antelope Valley	170-1
4. Jesse Polston	Antelope Valley	164-5
5. Bill Bowers	Diablo Valley	163-4
6. David Dumble	Bakersfield	161-7
7. Mark Bagwell	Shasta	160-6
8. Casey Fernandez	SJ Delta	157-0

### Final Men's Triple Jump

1. Alex Norca	Long Beach	53-8
2. John Jordan	Long Beach	51-9¼
3. Hong Li	Mt. SAC	50-6
4. Mario Leon	El Camino	48-2½
5. Marvin Brown	Diablo Valley	48-1½
6. Barry Massey	Long Beach	47-1¾
7. Jarod Smith	Fullerton	46-10¼
8. Donnie Hale	SJ Delta	46-8

### Final Men's Decathlon

1. Dustin Abel	Siskiyou	6,505
2. Isaiah Mustafa	Moorpark	6,329
3. Mark Avcutt	Ventura	6,278
4. Chris Prescott	Mt. SAC	6,220
5. Kanowsky	Long Beach	6,202
6. Jon Fekete	Diablo Valley	6,048
7. Chris Weilert	Riverside	5,877
8. Kurt Avar	Diablo Valley	5,770

### Final Men's Shot Put

1. Rene Bustamante	Citrus	57-1½
2. Jon Frank	Bakersfield	55-7½
3. Kel Watrin	Santa Rosa	53-6½
4. Zak Johnson	Fresno	53-1
5. Jason Dossey	San Mateo	51-4
6. Adam Mossman	Sequoias	51-3
7. Rob Powell	Fresno	50-9¼
8. Robert Dilts	Shasta	49-0½