

California Community College Track & Field Championships • Cerritos College • May 17-18, 1996

MEN: 1. Riverside 100; 2. Bakersfield 68; 3. Long Beach 67½; 4. Hartnell 49; 5. SD Mesa 42; 6. Sacramento 40½; 7. Mt. SAC 39; 8. Diablo Valley 30; 9T. San Francisco, American River 25; 11. Moorpark 24; 12. West Valley 22; 13. San Bernardino 20; 14T. SJ Delta, Rancho Sanitago 19; 16T. Santa Rosa, Butte 18; 18T. Modesto, San Jose, Glendale, Sequoias 15; 22T. Fresno, El Camino 14; 24. Antelope Valley 13; 25T. Orange Coast, Cuyamaca, Pasadena 12; 28. Monterey 11; 29. Saddleback 9; 30. San Mateo 8; 31. Compton 7; 32T. LA Valley, Santa Monica, Ventura 6; 35T. Chabot, Hancock 5; 37T. Merced, Cerritos 3; 39. Cuesta 2; 40T. Yuba, Lassen, Redwoods, LA Trade Tech, Shasta 1.

WOMEN: 1. Long Beach 119; 2. El Camino 62; 3. Riverside 52; 4. Bakersfield 51; 5. SD Mesa 46; 6. Hartnell 39; 7. Chabot 33; 8. Pasadena 28; 9. Modesto 25; 10. Compton 22; 11. SJ Delta 21; 12. San Francisco 17; 13T. Sacramento, Fresno 15; 15T. San Mateo, Sierra, Canyons 14; 18T. Sequoias, Monterey 13; 20T. West Valley, Ventura 12; 22T. Santa Rosa, Antelope Valley 10; 24T. Contra Costa, Santa Monica 9; 26. Citrus 7; 27T. San Jose, Rancho Santiago 6; 29T. Shasta, Fullerton Mira Costa, East LA 5; 33T. Saddleback, Mt. SAC, West LA 4; 36T. Chaffey, Santa Barbara 3; 38T. Marin, Golden West, Cuesta, Glendale 2; 42. Diablo Valley 1.

MEN

Final Men's 100 Meters

1. Shaun Williams	San Francisco	10.48
2. James Hinex	Sacramento	10.54
3. Mickey Grimes	Riverside	10.56
4. Devon Bean	Long Beach	10.61
5. Demarion Knight	Long Beach	10.65
6. Tom Franbach	Moorpark	10.67
7. Quincy Foster	Long Beach	10.77
8. Gwangee Pittman	Fresno	10.78

Final Men's 200 Meters

1. Shaun Williams	San Francisco	20.84
2. Chris Williams	Riverside	21.16
3. Charles Lee	LA Valley	21.36
4. Corey Nelson	Santa Rosa	21.40
5. Leo Settle	Long Beach	21.60
6. Tom Franbach	Moorpark	21.64
7. Todd Smith	Monterey	21.69
8. Quante Hill	SD Mesa	21.98

Final Men's 400 Meters

1. Chris Williams	Riverside	46.30
2. Mike Ward	Hartnell	46.41
3. Wayne Armour	Bakersfield	46.94
4. Corey Nelson	Santa Rosa	47.08
5. Derek Prior	San Jose	47.11
6. Lawrence Johnson	Long Beach	47.62
7. Howard Tessler	San Bernardino	48.58

Final Men's 800 Meters

1. Ricky Ethridge	San Bernardino	1:51.04
2. Adeseye Innis	Long Beach	1:51.05
3. Angel Romero	Riverside	1:52.03
4. Milton Browne	Long Beach	1:52.45
5. Nick Green	West Valley	1:53.01
6. Greg Tademy	San Jose	1:54.05
7. Steve Buelow	San Mateo	1:55.57
8. Jeremy Riddle	West Valley	1:55.59

Final Men's 1500 Meters

1. Phil Gonzalez	Pasadena	3:54.17
2. Chris Coleman	Sequoias	3:54.68
3. Greg Tademy	San Jose	3:55.37
4. Ricky Ethridge	San Bernardino	3:58.02
5. Mike Hancock	Orange Coast	3:58.25
6. Alejandro Ramirez	SJ Delta	3:59.36
7. Brian Mitzel	Rancho Santiago	4:01.24
8. Rene Paragas	El Camino	4:02.42

MEN

Final Men's 5000 Meters

1. Bashir Hussain	Riverside	14:53.93
2. Peter Magill	Glendale	14:54.25
3. Johann Appell	Orange Coast	15:02.17
4. Elezar Hernandez	Moorpark	15:06.24
5. Alejandro Ramirez	SJ Delta	15:25.87
6. Luis Granado	Hartnell	15:29.01
7. Phil Gonzalez	Pasadena	15:32.50
8. Pedro Leos	LA Trade Tech	15:41.36

Final Men's 10,000 Meters

1. Elezar Hernandez	Moorpark	30:46.34
2. Bashir Hussain	Riverside	31:31.33
3. Ben Mejia	Rancho Santiago	32:03.16
4. Luis Granado	Hartnell	32:09.57
5. Jose Rangel	Rancho Santiago	32:38.45
6. Eduardo Macias	Glendale	32:52.78
7. Sean Svarc	Diablo Valley	33:26.74
8. Santiago Bustamante	Merced	33:47.88

Final Men's 110 High Hurdles

1. Ben Kearse	Riverside	14.34
2. Eric Imhoff	Modesto	14.66
3. Oliver Boissy	Riverside	14.69
4. Jim Freeman	American River	14.87
5. Phil Olmos	Fresno	14.88
6. Jay Young	Cerritos	14.94
7. Keyan Scott	Fresno	14.97
8. Gary Issacs	Riverside	15.35

Final Men's 400 Hurdles

1. Felix Sanchez	SD Mesa	51.19
2. Mike Ward	Hartnell	51.90
3. Kris McLucas	Ventura	52.58
4. Paea Kokohu	Sacramento	53.36
5. Kevin Meier	Sacramento	53.57
6. Hassan Bangurah	Long Beach	54.55
7. Ben Kearse	Riverside	54.69
8. Mickey Grimes	Riverside	55.97

Final Men's Steeplechase

1. Bashir Hussain	Riverside	9:19.55
2. Leonardo Fernandez	Hartnell	9:21.98
3. Johann Appell	Orange Coast	9:27.88
4. Humberto Sanchez	El Camino	9:33.48
5. Ramon Serratos	Glendale	9:33.53
6. Steve Moreno	Hartnell	9:43.15
7. Justin Buenostro	SJ Delta	9:46.64
8. Jesus Villavicencio	Moorpark	9:48.52

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Final Men's 400 Meter Relay

1. Long Beach	40.06
2. Riverside	40.31
3. Sacramento	40.38
4. San Francisco	40.72
5. Bakersfield	41.28
6. Butte	41.85
7. Antelope Valley	42.51

Final Men's Triple Jump

1. Zachary Haupt	SD Mesa	51-1½
2. Offord Rollins	Bakersfield	50-4¾
3. Samuel Lafleur	Compton	49-8½
4. Devon Bean	Long Beach	49-3
5. Robert Macias	Hartnell	49-0½
6. Eric Boykin	Long Beach	48-7½
7. Damian Bryant	Sacramento	48-0
8. Gary Smith	Sacramento	47-10½

Final Men's 1600 Meter Relay

1. Sacramento	3:11.01
(Steve Richardson, Jack Beloney, Calvin Bates, Paea Kokohu)	
2. Long Beach	3:12.57
3. Riverside	3:13.12
4. Antelope Valley	3:13.49
5. SD Mesa	3:13.95
6. San Bernardino	3:15.25
7. San Jose	3:15.44
8. Monterey	3:15.80

Final Men's Shot Put

1. Jeremy Staat	Bakersfield	54-3¼
2. Coleman Johnson	Riverside	52-5¼
3. Scott O' Brien	San Mateo	52-1¼
4. Drew Anderson	Diablo Valley	51-11¾
5. Chuck Bowell	Bakersfield	50-7¼
6. Kyle McComb	Cuyamaca	49-11¼
7. Chris Tozzi	Cuesta	48-10
8. Jason Ford	American River	48-9

Final Men's High Jump

1. Greg Walker	Diablo Valley	7-0
2. Marty Brossett	El Camino	6-8
3. Jason McGuinis	Mt. SAC	6-8
4. Kevin Jackson	Long Beach	6-8
4. Jamie Nieto	Sacramento	6-8
6. Jason Pffaff	Mt. SAC	6-8
7. Troy Longley	Orange Coast	6-8
8. James Sumner	Yuba	6-6

Final Men's Discus

1. Jeremy Staat	Bakersfield	181-6
2. Cameron Bolles	Santa Rosa	170-10
3. James MacDonald	Saddleback	162-5
4. Mike Moore	Bakersfield	158-8
5. Jason Ford	American River	154-2
6. Chuck Boswell	Bakersfield	150-11
7. Greg Riley	Fresno	149-0
8. George Aced	Rancho Santiago	147-5

Final Men's Pole Vault

1. Chris Scatena	West Valley	16-0
2. Aric Abadie	Mt. SAC	15-0
3. Jeremy Parker	Mt. Sac	15-0
4. Brian McLaughlin	Cuyamaca	15-0
5. Andrew Randolph	Butte	15-0
6. Corby Wright	Mt. SAC	14-6
7. Jeff Beam	Moorpark	14-6
8. Kiet Vong	West Valley	14-0

Final Men's Hammer

1. Jason Ford	American River	201-9
2. Jeremy Staat	Bakersfield	180-6
3. Peter Matrai	Antelope Valley	172-4
4. Tyler Howe	Butte	169-1
5. Brian Gilbert	Modesto	167-8
6. Shannon Russell	Modesto	165-2
7. Josh Liberty	SD Mesa	163-3
8. Clint Duey	Redwoods	156-2

Final Men's Long Jump

1. Zachary Haupt	SD Mesa	24-11
2. Greg Walker	Diablo Valley	24-5
3. Perry McBride	Santa Monica	23-10
4. Herb Goodman	Sequoias	23-6¾
5. Mc McKeaver	Cuyamaca	23-6
6. Eric Boykin	Long Beach	23-1¾
7. Cliff Jackson	Butte	22-11¼
8. Samuel Lafleur	Compton	22-8½

Final Men's Decathlon

1. Jason Spotts	Bakersfield	6,642
2. Neil Lahey	Hartnell	6,626
3. Bryan Jillson	West Valley	6,416
4. Jim Freeman	American River	6,298
5. Jeremiah Spooner	Butte	6,169
6. Corby Wright	Mt. SAC	6,128
7. Paul Bell	Sequoias	6,023
8. Ryan Rogers	Shasta	5,966

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WOMEN

100- Final

1. Charmaine Burton	Riverside	11.90
2. Latashia McKinney	SD Mesa	12.12
3. Barrylette Bass	Compton	12.12
4. Patricia Jacinto	Chabot	12.13
5. Kimela West	El Camino	12.34
6. Toni McDaniel	Saddleback	12.45
7. Nicole Bowman	Contra Costa	12.66
8. Tyra Ryan	Fresno	12.66

200-Final

1. Charmaine Burton	Riverside	24.23
2. Lashawn Stringer	Long Beach	24.56
3. Michelle Nelson	Long Beach	24.71
4. Patricia Jacinto	Chabot	24.77
5. Melanie Bates	Modesto	25.40
6. Neka Banks	Compton	25.96
7. Nicole Bowman	Contra Costa	25.97
8. Roshawnda Walker	Contra Costa	26.00

400- Final

1. Charmaine Burton	Riverside	53.79
2. Michelle Nelson	Long Beach	54.49
3. Lashawn Stringer	Long Beach	55.47
4. Dorlisa Good	El Camino	56.11
5. Melanie Bates	Modesto	56.23
6. Neka Banks	Compton	57.12
7. Roshawnda Walker	Contra Costa	57.14
8. Anissa Tan	San Francisco	57.79
9. Valerie Walsh	Hartnell	58.21

800- Final

1. Cathy Trotman	Long Beach	2:11.66
2. Wendy Whitney	Santa Rosa	2:12.49
3. Melissa Flynn	Fresno	2:12.75
4. Rowena Gonzales	SD Mesa	2:14.88
5. Gabbe Aispuro	Bakersfield	2:17.15
6. Charlotte Mayock	Riverside	2:17.57
7. Melisa Carter	SD Mesa	2:18.40
8. Maranda Cowan	Shasta	2:21.76

1500- Final

1. Charlotte Mayock	Riverside	4:40.48
2. Salome Murray	Fresno	4:44.68
3. Jennifer Overlock	Canyons	4:45.52
4. Logan Hiroshima	San Francisco	4:46.44
5. Gabbe Aispuro	Bakersfield	4:47.59
6. Paula Warhola	Monterey	4:49.84
7. Dawn Golding	Golden West	4:52.36
8. Randi Vedis	Diablo Valley	4:54.98

WOMEN

3000- Final

1. Maria Lopez	El Camino	10:07.44
2. Carrie Barnett	SD Mesa	10:23.80
3. Aidita Gibson	Pasadena	10:34.03
4. Mona Leon	West Valley	10:34.68
5. Jackie McCleary	West Valley	10:35.72
6. Carie Irwin	Shasta	10:37.14
7. Tania Nunez	Mt. SAC	10:38.31
8. Stephanie Rivera	SJ Delta	10:42.56

5000- Final

1. Maria Lopez	El Camino	18:43.19
2. Sawako Nakamura	El Camino	18:58.76
3. Jeannie Robinson	Long Beach	19:00.40
4. M. Jacob- Ibatuan	Mira Costa	19:02.25
5. Jennifer Overlock	Canyons	19:04.16
6. Mona Leon	West Valley	19:05.41
7. Liz Robles	Mt. SAC	19:14.66
8. Christina Peacock	Shasta	19:24.13

10,000- Final

1. Jeannie Robinson	Long Beach	38:38.14
2. Sawako Nakuamura	El Camino	38:51.36
3. Elly Estrada	Rancho Santiago	39:37.65
4. Cecilia Estrada	East LA	39:56.62
5. Jolene Argandar	Antelope Valley	40:15.51
6. Liz North	Santa Barbara	41:10.51
7. Darcy Gibson	Sierra	41:22.60
8. Jennifer Cochran	Sequoias	41:48.03

100 Hurdles- Final

1. Chidera Madu	Sacramento	14.42
2. Jennifer Odom	Long Beach	14.73
3. Christyna Serrano	Hartnell	14.93
4. Aisha Harrison	Bakersfield	15.00
5. Allison Wilbourn	Sequoias	15.00
6. Kelly Moten	Long Beach	15.30
7. Tina Watkins	Bakersfield	15.56
8. Alisha Redmon	Contra Costa	15.58

400 Hurdles- Final

1. Christyna Serrano	Hartnell	61.67
2. Allison Wilbourn	Sequoias	62.96
3. Kristin Bostick	Antelope Valley	63.80
4. Chidera Madu	Sacramento	64.37
5. Melissa Sherwood	Sierra	64.41
6. Angie Grah	Bakersfield	65.80
7. Gianna Kalagian	Marin	65.90
8. Kelly Moten	Long Beach	68.87

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400 Relay- Final

1. Compton	46.60
2. Long Beach	46.97
3. El Camino	47.52
4. Modesto	47.95
5. SJ Delta	47.97
6. Bakersfield	49.16
7. SD Mesa	49.67
8. Contra Costa	49.69

Triple Jump- Final

1. Cecilia Noel	Long Beach	38-7
2. Keisha Doby	Long Beach	37-11¼
3. Bermenola Dyer	San Jose	37-8½
4. Aisha Harrison	Bakersfield	37-5¾
5. Hillary Foose	Riverside	36-10¼
6. Sonya Bunker	Chaffey	36-3½
7. Katrina Hall	SJ Delta	36-3
8. Kalilah Terry	SJ Delta	36-1¾

1600 Relay- Final

1. Long Beach	3:44.58
2. El Camino	3:51.27
3. Hartnell	3:52.60
4. Riverside	3:57.60
5. Modesto	3:59.16
6. San Francisco	3:59.52
7. Santa Rosa	4:00.03
8. Bakersfield	4:04.84

Shot Put- Final

1. Rebecca Morrison	San Mateo	46-0
2. Dolores Tuimolau	Ventura	45-9¾
3. Rashawnda Holmes	Chabot	44-3½
4. Sarah Goodlaw	Pasadena	42-11¾
5. Andria Brown	Bakersfield	41-6½
6. Dani Darrow	SD Mesa	41-2½
7. Nicole Codd	Glendale	40-2
8. Jill Wool	Modesto	39-10

High Jump- Final

1. Tiffany Hogan	Bakersfield	5-4
2. Wendy Escobar	Santa Monica	5-4
3. Rae Miller	Chabot	5-4
4. Melissa Dunkerly	Siskiyou	5-2
4. Kathy Watson	West LA	5-2
4. Jolie Taylor	Sierra	5-2
7. Katrina Hall	SJ Delta	5-0
7. Hali Davis	Pasadena	5-0
7. Amy Willard	Saddleback	5-0

Discus- Final

1. Dani Darrow	SD Mesa	153-7
2. Tinika Rich	Long Beach	130-5
3. Sarah Goodlaw	Pasadena	129-9
4. Cassandra Knodel	SJ Delta	129-7
5. Rebecca Morrison	San Mateo	128-9
6. Kim Righetti	Ventura	125-6
7. Christina Mantas	Fullerton	125-3
8. Danielle Bezner	Modesto	120-5

Pole Vault- Final (exhibition)

1. Julie Patton	Rancho Santiago	10-0
2. Melissa Sherwood	Sierra	9-6
3. Amy O' Connor	Moorpark	9-6
4. Kathy Costello	Cabrillo	9-0
5. Bonnie Sugiyama	Modesto	8-6
6. Ashley Hickman	Moorpark	8-6
7. Antoniette Visscher	Santa Rosa	8-0
8. Andrea Bryson	Butte	nh

Hammer- Final

1. Sarah Goodlaw	Pasadena	149-4
2. Dani Darrow	SD Mesa	147-5
3. Jill Wool	Modesto	146-2
4. Beth Andrade	Citrus	138-7
5. Carla Nakashima	Bakersfield	134-9
6. Brooke Aderman	Chabot	130-9
7. Stacy Surina	Citrus	128-3
8. Dolores Tuimoldau	Ventura	127-10

Long Jump- Final

1. Christyna Serrano	Hartnell	19-7
2. Anissa Tan	San Francisco	18-10¾
3. Aisha Harrison	Bakersfield	18-5¾
4. Michelle Nelson	Long Beach	18-5¾
5. Keisha Doby	Long Beach	18-2¼
6. Kimela West	El Camino	18-0¼
7. Valerie Walsh	Hartnell	17-10¼
8. Jennifer Sypnieski	SJ Delta	17-1½

Javelin- Final

1. Fiti Atuatasi	Monterey	131-10
2. Rae Miller	Chabot	131-5
3. Allison Risso	SJ Delta	131-2
4. Rashida Grainger	Hartnell	126-10
5. Jolie Taylor	Sierra	126-7
6. Amy Phillips	Fullerton	121-9
7. Kelly McAlee	Cuesta	118-7
8. Wendy Escobar	Santa Monica	115-3

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Heptathlon- Final

1. Wendy Escobar	Santa Monica	4,549
2. Monica Holguin	Fullerton	4,403
3. Marion Reneau	Sequoias	4,322
4. Ursala Luna	Golden West	4,238
5. Jennifer Spynieski	Delta	4,055
6. Hillary Foose	Riverside	4,002
7. Tera- Ann Arner	Citrus	3,985
8. Jennifer Durgan	Shasta	3,922