

2012 California Community College - 5/18/2012 to 5/19/2012
Track and Field Championships
Cerritos College
Results

Women 100 Meter Dash

SoCal Meet: < 11.12	2001	Natasha Mayers, L.A. Southwest			
NorCal Meet: > 11.45	1985	Monica Taylor, Sacramento City College			
State Meet: & 11.23	5/26/1984	Zelda Johnson, Mt. San Antonio College			
Name	Year	School	Finals	Wind	Points

Finals

1	Ashton Purvis	FR Laney	11.43>	0.2	10
2	Khadija Suleman	FR Laney	11.69	0.2	8
3	Lauren Rose	SO Laney	11.97	0.2	6
4	Shawnta Barnes	SO East LA	12.07	0.2	5
5	Brittany Osborne	SO Riverside	12.23	0.2	4
6	Ashley Jones	FR Hartnell	12.35	0.2	3
7	Ashley Craddock	FR Long Beach	12.37	0.2	2
8	Alexis Browner	FR American River	12.38	0.2	1
9	Chiza Eze	SO LA Valley	20.18	0.2	

Women 200 Meter Dash

SoCal Meet: < 22.91	2001	Natasha Mayers, L.A. Southwest			
NorCal Meet: > 23.74	5/14/2010	Lauryn Newson, Laney			
State Meet: & 23.12	5/26/1984	Zelda Johnson, Mt. San Antonio College			
Name	Year	School	Finals	Wind	Points

1	Ashton Purvis	FR Laney	22.86<	0.9	10
2	Khadija Suleman	FR Laney	23.85	0.9	8
3	Alva Castillo	SO LA Valley	24.19	0.9	6
4	Lauren Rose	SO Laney	24.23	0.9	5
5	Shawnta Barnes	SO East LA	24.34	0.9	4
6	Isis Garland	SO El Camino	24.82	0.9	3
7	Asha Giles	FR Laney	24.83	0.9	2
8	Ashley Craddock	FR Long Beach	24.85	0.9	1

Women 400 Meter Dash

SoCal Meet: < 52.62	1981	Valerie Brisco, Long Beach			
NorCal Meet: > 54.00	5/8/2009	Champelle Brown, College of Marin			
State Meet: & 52.69	5/30/1981	Gwen Gardner, West LA College			
Name	Year	School	Finals	Points	

1	Christen Rivers	SO Antelope Val	53.40>		10
2	Alva Castillo	SO LA Valley	54.47		8
3	Breyonna Arnwine	SO Riverside	55.05		6
4	Amber Wright	SO Canyons	55.30		5
5	Melissa Leyva	FR Sequoias	56.95		4
6	Asha Giles	FR Laney	57.44		3
7	Raquel Rochon	SO Fresno	57.63		2
8	Katherine Vande Pol	SO De Anza	57.93		1
9	Arbony Meighan	FR Compton	58.78		

Women 800 Meter Run

SoCal Meet: < 2:06.80 1978 Ruth Caldwell (Wysocki), Citrus				
NorCal Meet: > 2:11.22 1983 Jill Moss, American River College				
State Meet: & 2:06.30 5/21/1994 Dawn Williams, Riverside College				
Name	Year	School	Finals	Points
1 Shawnice Williams	SO	West Los Ang	2:08.31>	10
2 Bailey Henshaw	SO	Sequoias	2:11.18>	8
3 Dalanne Bartlett	FR	Shasta	2:12.03	6
4 Robinea McClinton	SO	Compton	2:15.02	5
5 Brikel Bailey	SO	Chaffey	2:15.30	4
6 Lilia Asserian	FR	Glendale	2:15.73	3
7 Jamira Cox	SO	Laney	2:17.10	2
8 Meghan Foley	SO	Orange Coast	2:19.00	1
9 Danielle Tidahl	FR	Bakersfield	2:20.11	

Women 1500 Meter Run

SoCal Meet: < 4:19.20 1978 Ruth Caldwell (Wysocki), Citrus				
NorCal Meet: > 4:27.60 1980 Sabrina Peters, Monterey Peninsula				
State Meet: & 4:18.10 5/16/1986 Sylvia Mosqueda, East LA College				
Name	Year	School	Finals	Points
1 Meghan Foley	SO	Orange Coast	4:37.08	10
2 Devon Kelsey	SO	Cuesta	4:39.24	8
3 Ayla Granados	SO	Butte	4:40.18	6
4 Kasey Urman	SO	Cuesta	4:42.69	5
5 Robinea McClinton	SO	Compton	4:46.45	4
6 Alyssa Selve	SO	Glendale	4:47.90	3
7 Adriana Mendez	FR	Modesto	4:49.89	2
8 Emma Ramirez	FR	Antelope Val	4:50.73	1
9 Reyna Fonseca	SO	Santa Ana	4:53.05	
10 Corinne Evans	SO	Cuesta	4:54.56	
11 Gabriela Zamora	FR	Sequoias	5:02.69	
12 Dominique Guinnane	FR	De Anza	5:07.33	

Women 5000 Meter Run

SoCal Meet: < 16:21.70 1986 Sylvia Mosqueda, East L.A.				
NorCal Meet: > 17:15.20 1985 Leslie Hawkins, Monterey Peninsula				
State Meet: & 15:52.50 5/16/1986 Sylvia Mosqueda, East LA College				
Name	Year	School	Finals	Points
1 Devon Kelsey	SO	Cuesta	18:07.13	10
2 Grace Zamudio	FR	Glendale	18:12.23	8
3 Ayla Granados	SO	Butte	18:14.74	6
4 Megan McNally	FR	Moorpark	18:17.56	5
5 Ayded Reyes	SO	Southwestern	18:20.64	4
6 Nohemi Martinez	FR	Glendale	18:21.41	3
7 Sara Howard	SO	American River	18:22.08	2
8 Angela Martinez	SO	Glendale	18:23.57	1
9 Victoria Alcala	FR	Hartnell	18:27.07	
10 Melina Tolentino	SO	Mt. Sac	18:29.16	
11 Cecilia Nicolas	SO	Glendale	18:36.38	
12 Shelby Vollmer	FR	Sacramento	19:04.47	

Women 10000 Meter Run

SoCal Meet: < 35:38.97 5/8/2010 Lenore Moreno, Mt. SAC
 NorCal Meet: > 38:25.1h 2003 Cassandra Goodson, Diablo Valley College
 State Meet: & 35:49.24 5/16/2003 Michelle Icban, Orange Coast College

Name	Year	School	Finals	Points
1 Ayded Reyes	SO	Southwestern	38:19.15>	10
2 Analicia Silva	SO	Orange Coast	38:24.60>	8
3 Nohemi Martinez	FR	Glendale	38:27.21	6
4 Grace Zamudio	FR	Glendale	38:29.16	5
5 Megan Mcnally	FR	Moorpark	38:36.62	4
6 Miriam Jimenez	FR	Mt. Sac	38:45.02	3
7 Kathryn Bouvatte	SO	Palomar	39:10.66	2
8 Gabriela Zamora	FR	Sequoias	39:13.60	1
9 Alexis Pichardo	SO	Moorpark	39:15.98	
10 Alexa Torres	FR	De Anza	39:57.56	
11 Rocio Rodriguez	FR	Modesto	40:42.47	
12 Amber Clark	SO	LA Trade Tec	41:04.53	

Women 100 Meter Hurdles

SoCal Meet: < 13.60 1994 Astia Walker, Riverside
 NorCal Meet: > 13.83 2003 Beyonka McDowell, Sacramento City College
 State Meet: & 13.66 5/18/1989 LaShawn Simons, Mt. San Antonio College

Name	Year	School	Finals	Wind	Points
1 Ke'Nya Hardge	SO	Mt. Sac	13.65&	+0.0	10
2 Lauren Rose	SO	Laney	13.82>	+0.0	8
3 Shanice Stewart	FR	San Bernardi	14.16	+0.0	6
4 Jaci Powell	SO	Golden West	14.17	+0.0	5
5 Michelle Wicker	SO	Saddleback	14.67	+0.0	4
6 Erica Williams	SO	CCSF	14.86	+0.0	3
7 Laurie Henigan	FR	Canyons	14.88	+0.0	2
8 Tana Schwarz		Fullerton	14.93	+0.0	1
-- Antonia Currington	SO	Laney	FS	+0.0	

Women 400 Meter Hurdles

SoCal Meet: < 59.11 1984 Jiau Hendry, Desert
 NorCal Meet: > 60.15 5/11/1996 Christyna Serrano, Hartnell College
 State Meet: & 58.88 5/20/1995 Celana Clarke, Riverside College

Name	Year	School	Finals	Points
1 Alexandria Whitmore	FR	Sacramento	59.54>	10
2 Ke'Nya Hardge	SO	Mt. Sac	61.41	8
3 Jacqueline Keeley	SO	Canyons	62.44	6
4 Tenia Sebastian	SO	Pasadena	63.03	5
5 Destiny Wilson	FR	Antelope Val	63.98	4
6 Cortney Wood	FR	SD Mesa	64.32	3
7 Jazveen Brar	SO	Modesto	64.45	2
8 Sarah Loogman	SO	Shasta	64.55	1
9 Aeriana Barries	SO	Laney	64.90	

Women 3000 Meter Steeplechase

SoCal Meet: < 10:56.01 5/11/2010 Larissa Davis, Riverside
 NorCal Meet: > 11:34.10 2003 Whitney Jacobsmeyer, Diablo Valley Colleg
 State Meet: & 10:44.46 5/18/2009 Cassie Mitchell, Orange Coast
 Name Year School Finals Points

1	Cecilia Nicolas	SO Glendale	11:06.26>	10
2	Ayded Reyes	SO Southwestern	11:08.43>	8
3	Angela Martinez	SO Glendale	11:19.76>	6
4	Sara Howard	SO American River	11:21.23>	5
5	Nicole Rietveld	SO Moorpark	11:29.42>	4
6	Grace Adams-Handy	SO Orange Coast	11:30.27>	3
7	Katie Sanger	FR Palomar	11:39.86	2
8	Clarissa Wentworth	FR Moorpark	11:44.80	1
9	Dominique Guinnane	FR De Anza	11:44.82	
10	Oddessy Tapia	FR De Anza	11:56.50	
11	Margie Garza	SO Santa Rosa	12:37.36	

Women 4x100 Meter Relay

SoCal Meet: < 45.59 1983 Mt. SAC, Mt. SAC
 NorCal Meet: > 45.32 5/7/2010 Laney, Laney
 S Roach, L Newson, D Crosby, Q Wilson
 State Meet: & 45.02 5/17/2008 Laney College, Long Beach City College
 School Finals Points

1	Laney College	45.15>	10
2	LA Valley	46.80	8
3	Sacramento City College	47.08	6
4	Canyons	47.35	5
5	Antelope Valley	47.47	4
6	Mt. Sac	48.08	3
7	American River College	48.75	2
8	Fresno City College	49.33	1
--	West Los Angeles	DNF	

Women 4x400 Meter Relay

SoCal Meet: < 3:40.10 1984 El Camino, El Camino
 NorCal Meet: > 3:47.82 1984 Contra Costa College, Contra Costa College
 Carpenter/Rogers/LeeSimue
 State Meet: & 3:43.51 5/21/1994 El Camino College, El Camino College
 School Finals Points

1	Riverside	3:48.84	10
2	Mt. Sac	3:48.94	8
3	Laney College	3:49.58	6
4	El Camino	3:51.24	5
5	Antelope Valley	3:51.60	4
6	Sacramento City College	3:54.96	3
7	Compton	3:55.88	2
8	DeAnza College	3:58.43	1
9	American River College	4:01.37	

Women High Jump

Name	Year	School	Finals	Points
SoCal Meet: <	6-00	1979	Phyllis Blunston, El Camino	
NorCal Meet: >	5-10	2003	Kim Harper, Modesto Junior College	
State Meet: &	5-10.50	5/21/1988	Janine Bonin, Sac Joaquin Delta	
Name	Year	School	Finals	Points
1 Aundrea Yancy	FR	West Los Ang	1.70m 5-07.00	10
2 Jessica Giacoletti		Riverside	1.65m 5-05.00	8
3 Mariah Harris	FR	Cerritos	J1.65m 5-05.00	6
4 Santana Alford	SO	Antelope Val	J1.65m 5-05.00	5
5 Karle Fitzhugh	SO	Shasta	J1.65m 5-05.00	4
6 Kayla Lindquist	FR	Moorpark	1.60m 5-03.00	3
7 Justice Shank	FR	Glendale	J1.60m 5-03.00	2
8 Jacy Epperson	FR	Cuyamaca	J1.60m 5-03.00	1
9 Abbrienna Reyna	SO	Shasta	J1.60m 5-03.00	
10 Eryka Morrello	FR	Santiago Can	1.55m 5-01.00	
11 Cora Zurmuehle	FR	West Valley	1.45m 4-09.00	
12 Maya Dickerson	SO	American River	J1.45m 4-09.00	

Women Pole Vault

Name	Year	School	Finals	Points
SoCal Meet: <	12-04	5/9/2009	Karen Guravska, Cerritos	
NorCal Meet: >	12-08.75	5/14/2011	Jenna Yowell, American River College	
State Meet: &	12-02	5/19/2001	Elizabeth Hoskett, Karen Guravska, Pasade	
Name	Year	School	Finals	Points
1 Diamara Planell Cruz	FR	San Jose	3.85m 12-07.50	10
2 Amy Hop	SO	Riverside	3.65m 11-11.75	8
3 Molly Pearlman	FR	LA Valley	3.50m 11-05.75	6
4 Kelli Gibson	SO	Saddleback	J3.50m 11-05.75	5
5 Kelsey Moynahan	FR	Shasta	J3.50m 11-05.75	4
6 Juli Powell	SO	Golden West	J3.50m 11-05.75	3
7 Grace Mann	SO	Cuesta	3.35m 10-11.75	2
8 Katrina Wilbanks	SO	El Camino	J3.35m 10-11.75	1
9 Sara Ribeiro	FR	Diablo Valle	J3.35m 10-11.75	
10 Emily Soley	FR	San Jose	3.20m 10-06.00	
11 Karissa Bell	SO	Fresno	J3.20m 10-06.00	
11 Ariel Farrar	FR	Santa Rosa	J3.20m 10-06.00	

Women Long Jump

Name	Year	School	Finals	Wind	Points
SoCal Meet: <	20-06	1989	Lashawn Simmons, Mt. SAC		
NorCal Meet: >	20-04	1993	Sheila Nicks, College of the Sequoias		
State Meet: &	21-03.50	1983	Shella Nicks/C. Opara, COS/Citrus		
Name	Year	School	Finals	Wind	Points
1 Shanice Stewart	FR	San Bernardi	5.58m 0.7 18-03.75		10
2 Jaci Powell	SO	Golden West	5.50m +0.0 18-00.50		8
3 Shawnta Barnes	SO	East LA	5.46m -0.7 17-11.00		6
4 Ronisha Vallery	SO	El Camino	5.44m +0.0 17-10.25		5
5 Khyia Slone	FR	Diablo Valle	5.36m -0.8 17-07.00		4
6 Melissa Leyva	FR	Sequoias	5.27m -0.5 17-03.50		3
7 Jealinda Mills	SO	Modesto	J5.27m -0.9 17-03.50		2
8 Chiza Eze	SO	LA Valley	5.22m -0.3 17-01.50		1
9 Chanelle Norwood	FR	CCSF	5.14m 0.8 16-10.50		
10 Rukayah Bent-Mikail	SO	El Camino	5.09m -1.2 16-08.50		
11 Taylor Renee Wilson	SO	Modesto	4.97m -1.6 16-03.75		
12 Joy Gee	FR	Laney	4.78m +0.0 15-08.25		

Women Triple Jump

SoCal Meet: < 41-11.25		2001	Andria Booker, S.D. Mesa			
NorCal Meet: > 41-08		1985	Janis Diggs, Hartnell College			
State Meet: & 42-01.50		5/17/1989	Renita Robinson, El Camino College			
Name	Year	School	Finals	Wind	Points	
1 Rukayah Bent-Mikail	SO	El Camino	12.14m	-0.3	39-10.00	10
2 Aysia Smith	FR	West Los Ang	11.80m	+0.0	38-08.75	8
3 Ashley Hatcher	SO	Saddleback	11.54m	-0.2	37-10.50	6
4 Arryana Barton	SO	Sacramento	11.41m	0.2	37-05.25	5
5 Marya Carter	SO	Riverside	11.39m	+0.0	37-04.50	4
6 Khyia Slone	FR	Diablo Valle	11.31m	+0.0	37-01.25	3
7 Maria Suarez	SO	Hartnell	11.22m	-0.6	36-09.75	2
8 Jealinda Mills	SO	Modesto	11.14m	-0.5	36-06.75	1
9 Erica Williams	SO	CCSF	11.08m	-0.2	36-04.25	
10 Stevi Hall	FR	SD Mesa	10.93m	-0.5	35-10.50	
11 Maureen Ezechukwu	SO	Antelope Val	10.82m	-0.7	35-06.00	
12 Jodian Williams	SO	Butte	10.79m	+0.0	35-05.00	

Women Shot Put

SoCal Meet: < 49-00.25		1990	Grace Apiafi, Mt. SAC			
NorCal Meet: > 50-05		1983	Dot Jones, Modesto Junior College			
State Meet: & 55-03.75		5/19/1990	Grace Apiafi, Mt. San Antonio College			
Name	Year	School	Finals	Points		
1 Cassandra Kennison	SO	SD Mesa	14.98m	49-01.75	10	
2 Jazmin Porter	SO	Shasta	13.83m	45-04.50	8	
3 Priscilla Gardner	SO	Cerritos	13.11m	43-00.25	6	
4 Nikki Uikilifi	SO	San Mateo	13.10m	42-11.75	5	
5 Salina Ropati	SO	El Camino	12.99m	42-07.50	4	
6 Kelly Jarrett	FR	Allan Hancoc	12.68m	41-07.25	3	
7 Tiffany Gray	FR	Cerritos	12.37m	40-07.00	2	
8 Zoe Davis	FR	Santa Barbar	12.00m	39-04.50	1	
9 Vesta Bell	FR	Laney	11.89m	39-00.25		
10 Fatima Vegara	FR	Riverside	11.86m	38-11.00		
11 Rachel Tice	FR	Butte	11.59m	38-00.25		

Women Discus Throw

SoCal Meet: < 177-06		1990	Grace Apiafi, Mt. SAC			
NorCal Meet: > 162-05		5/5/1998	Andrea Pappas, College of San Mateo			
State Meet: & 168-03		5/21/2010	Samantha Gutierrez, Riverside			
Name	Year	School	Finals	Points		
1 Priscilla Gardner	SO	Cerritos	52.20m	171-03	10	
2 Jazmin Porter	SO	Shasta	48.58m	159-04	8	
3 Amber Panapa	FR	Ventura	43.98m	144-03	6	
4 Larrisha Fields	FR	Cerritos	42.59m	139-09	5	
5 Jerrilynn Stanwood	SO	Saddleback	42.57m	139-08	4	
6 Jessica Mattos	FR	Hartnell	39.55m	129-09	3	
7 Tiffany Gray	FR	Cerritos	39.04m	128-01	2	
8 Jasmine Drake	SO	Sacramento	38.92m	127-08	1	
9 Tuki Sauvao	FR	Cerritos	38.79m	127-03		
10 Julia Reedy	FR	Saddleback	35.16m	115-04		
11 Kelly Jarrett	FR	Allan Hancoc	34.48m	113-01		
12 Nikki Uikilifi	SO	San Mateo	33.91m	111-03		

Women Hammer Throw

Name	Year	School	Finals	Points
SoCal Meet: < 185-00	2000	Angela Foster, Moorpark		
NorCal Meet: > 180-00	2003	Sara Clinkenbeard, Sacramento City College		
State Meet: & 186-10	5/22/2007	Morgan Bogard, Moorpark College		
Name	Year	School	Finals	Points
1 Jessika Byrd	FR	Riverside	54.74m	179-07 10
2 Jazmin Porter	SO	Shasta	53.10m	174-02 8
3 Elizabeth Tepe	SO	Saddleback	51.98m	170-06 6
4 Tawnya Turton	SO	Saddleback	51.36m	168-06 5
5 Julia Reedy	FR	Saddleback	49.33m	161-10 4
6 Nikki Uikilifi	SO	San Mateo	48.76m	160-00 3
7 Rachel Tice	FR	Butte	47.97m	157-04 2
8 Kendra Huntley	FR	Modesto	43.18m	141-08 1
9 Carissa English	FR	Cerritos	42.91m	140-09
10 Priscilla Gardner	SO	Cerritos	41.29m	135-05
11 Shaneen Casada	FR	Butte	41.26m	135-04
12 Miya Cato	SO	Laney	40.37m	132-05

Women Javelin Throw

Name	Year	School	Finals	Points
SoCal Meet: < 175-06	1992	Vijitha Amerasakera, Mt. SAC		
NorCal Meet: > 156-04	1984	Rosa Pugh, Shasta College		
State Meet: & 184-09	5/20/2000	Amy Thiel, Moorpark College		
Name	Year	School	Finals	Points
1 Angel Sifuentes	FR	Cerritos	42.27m	138-08 10
2 Natasha Caldwell	FR	Golden West	41.53m	136-03 8
3 Tuki Sauvao	FR	Cerritos	38.19m	125-03 6
4 Keshona Grier	FR	Ventura	38.16m	125-02 5
5 Shayna Dockery	SO	American River	36.25m	118-11 4
6 Priscilla Gardner	SO	Cerritos	33.79m	110-10 3
7 Soliaana Faapouli	FR	Palomar	32.76m	107-06 2
8 Molly Marshall	FR	Sacramento	31.84m	104-05 1
9 Shawnta Barnes	SO	East LA	31.60m	103-08
10 Nikki Uikilifi	SO	San Mateo	30.63m	100-06
11 Alexandra Ecsedy	SO	Canyons	29.92m	98-02
12 Olga Nikolaychuk	SO	American River	26.73m	87-08

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year	School	Finals	Wind	H#	Points
1 Shawnta Barnes	SO	East LA	24.37	2.2	2	945
2 Jaci Powell	SO	Golden West	24.96	1.7	1	890
3 Shanice Stewart	FR	San Bernardi	25.44	2.2	2	847
4 Jacqueline Keeley	SO	Canyons	25.51	1.7	1	841
5 Sharica Pleasant	SO	Compton	25.81	1.7	1	814
6 Erica Williams	SO	CCSF	25.87	1.7	1	809
7 Jodian Williams	SO	Butte	26.07	2.2	2	791
8 Sarah Loogman	SO	Shasta	26.87	1.7	1	723
9 Molly Marshall	FR	Sacramento	27.41	2.2	2	678
10 T'Keyah Gray	SO	Mt. Sac	27.73	2.2	2	652
11 Abbrianna Reyna	SO	Shasta	27.80	1.7	1	647
12 Divonee Pleasant	FR	San Joaquin	27.83	2.2	2	644

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year	School	Finals	Points
1 Jaci Powell	SO	Golden West	2:20.19	821
2 Jacqueline Keeley	SO	Canyons	2:23.86	772
3 Sarah Loogman	SO	Shasta	2:25.10	756
4 Erica Williams	SO	CCSF	2:31.21	678
5 Molly Marshall	FR	Sacramento	2:35.89	621
6 Shawnta Barnes	SO	East LA	2:37.89	597
7 Abbrienna Reyna	SO	Shasta	2:39.64	577
8 Sharica Pleasant	SO	Compton	2:39.88	574
9 Shanice Stewart	FR	San Bernardi	2:42.57	544
10 Divonee Pleasant	FR	San Joaquin	2:59.94	366
11 Jodian Williams	SO	Butte	3:04.23	327
12 T'Keyah Gray	SO	Mt. Sac	3:04.25	327

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	Wind	H#	Points
1 Shanice Stewart	FR	San Bernardi	14.24	+0.0	2	945
2 Jaci Powell	SO	Golden West	14.41	0.5	3	921
3 Erica Williams	SO	CCSF	14.90	+0.0	2	855
4 Jacqueline Keeley	SO	Canyons	15.17	+0.0	2	819
5 Shawnta Barnes	SO	East LA	15.36	+0.0	2	795
6 Sharica Pleasant	SO	Compton	15.40	0.5	1	790
7 T'Keyah Gray	SO	Mt. Sac	15.48	0.5	3	779
8 Sarah Loogman	SO	Shasta	15.49	0.5	1	778
9 Jodian Williams	SO	Butte	15.55	0.5	1	770
10 Abbrienna Reyna	SO	Shasta	16.42	0.5	1	664
11 Molly Marshall	FR	Sacramento	16.64	0.5	3	638
12 Divonee Pleasant	FR	San Joaquin	19.78	0.5	3	321

Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals	Points
1 Shanice Stewart	FR	San Bernardi	1.65m	795
2 Abbrienna Reyna	SO	Shasta	1.62m	759
2 Jodian Williams	SO	Butte	1.62m	759
4 Shawnta Barnes	SO	East LA	1.59m	724
4 Erica Williams	SO	CCSF	1.59m	724
6 Jaci Powell	SO	Golden West	1.56m	689
7 Sharica Pleasant	SO	Compton	1.50m	621
8 Jacqueline Keeley	SO	Canyons	1.47m	588
8 Divonee Pleasant	FR	San Joaquin	1.47m	588
8 Molly Marshall	FR	Sacramento	1.47m	588
11 Sarah Loogman	SO	Shasta	1.44m	555
12 T'Keyah Gray	SO	Mt. Sac	1.41m	523

Heptathlon: #5 Women Long Jump Heptathlon

Name	Year	School	Finals	Wind	Points
1 Shanice Stewart	FR	San Bernardi	5.68m	NWI	753
2 Jaci Powell	SO	Golden West	5.64m	NWI	741
3 Shawnta Barnes	SO	East LA	5.32m	NWI	648
4 Erica Williams	SO	CCSF	5.17m	NWI	606
5 Sharica Pleasant	SO	Compton	5.05m	NWI	573
6 Jodian Williams	SO	Butte	5.01m	NWI	562

7	T'Keyah Gray	SO Mt. Sac	4.85m	NWI	15-11.00	519
8	Sarah Loogman	SO Shasta	4.78m	NWI	15-08.25	500
9	Abbrienna Reyna	SO Shasta	4.53m	NWI	14-10.50	436
10	Jacqueline Keeley	SO Canyons	4.51m	NWI	14-09.75	431
11	Divonee Pleasant	FR San Joaquin	4.31m	NWI	14-01.75	381
12	Molly Marshall	FR Sacramento	4.27m	NWI	14-00.25	371

Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	School	Finals		Points
1	T'Keyah Gray	SO Mt. Sac	11.32m	37-01.75	616
2	Shanice Stewart	FR San Bernardi	11.15m	36-07.00	605
3	Jodian Williams	SO Butte	10.44m	34-03.00	558
4	Jaci Powell	SO Golden West	10.32m	33-10.25	550
5	Jacqueline Keeley	SO Canyons	10.29m	33-09.25	548
6	Sharica Pleasant	SO Compton	9.98m	32-09.00	528
7	Divonee Pleasant	FR San Joaquin	9.05m	29-08.25	467
8	Erica Williams	SO CCSF	8.79m	28-10.25	451
9	Shawnta Barnes	SO East LA	8.70m	28-06.50	445
10	Molly Marshall	FR Sacramento	8.63m	28-03.75	440
11	Abbrienna Reyna	SO Shasta	8.50m	27-10.75	432
12	Sarah Loogman	SO Shasta	7.80m	25-07.25	386

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year	School	Finals		Points
1	Erica Williams	SO CCSF	39.14m	128-05	651
2	Jaci Powell	SO Golden West	35.37m	116-00	579
3	Molly Marshall	FR Sacramento	33.63m	110-04	546
4	Divonee Pleasant	FR San Joaquin	32.53m	106-09	525
5	Shawnta Barnes	SO East LA	30.66m	100-07	489
6	Shanice Stewart	FR San Bernardi	29.95m	98-03	476
7	Jacqueline Keeley	SO Canyons	29.34m	96-03	464
8	Jodian Williams	SO Butte	29.31m	96-02	464
9	Sharica Pleasant	SO Compton	28.76m	94-04	453
10	Sarah Loogman	SO Shasta	28.00m	91-10	439
11	T'Keyah Gray	SO Mt. Sac	24.50m	80-04	373
12	Abbrienna Reyna	SO Shasta	23.49m	77-01	354

Women Heptathlon

SoCal Meet: <	5448	1984	Li Jiau Tsai, Mt. SAC		
NorCal Meet: >	5353	1981	Kathy Raugast, Hartnell College		
State Meet: &	5352	5/17/1991	Melanie Clark, LA Valley College		
Name	Year	School	Finals	Points	
1	Jaci Powell	SO Golden West	5191	10	
2	Shanice Stewart	FR San Bernardi	4965	8	
3	Erica Williams	SO CCSF	4774	6	
4	Shawnta Barnes	SO East LA	4643	5	
5	Jacqueline Keeley	SO Canyons	4463	4	
6	Sharica Pleasant	SO Compton	4353	3	
7	Jodian Williams	SO Butte	4231	2	
8	Sarah Loogman	SO Shasta	4137	1	
9	Molly Marshall	FR Sacramento	3882		
10	Abbrienna Reyna	SO Shasta	3869		
11	T'Keyah Gray	SO Mt. Sac	3789		
12	Divonee Pleasant	FR San Joaquin	3292		

Men 100 Meter Dash

SoCal Meet: < 10.16 5/13/2011 Ameer Webb, Cerritos					
NorCal Meet: > 10.22 1992 Ato Bolden, San Jose City College					
State Meet: & 10.17 5/19/2001 Josh Norman, Fresno City College					
Name	Year	School	Finals	Wind	Points
1 Diondre Batson	SO	American River	10.36	-2.3	10
2 Kenny Jackson	SO	Riverside	10.46	-2.3	8
3 Yusef Merriweather	SO	Riverside	10.53	-2.3	6
4 Kevin Ally	SO	West Los Ang	10.59	-2.3	5
5 Lamont Beard	SO	Sacramento	10.69	-2.3	4 10.682
6 Corbin Whalum	SO	Mt. Sac	10.69	-2.3	3 10.690
7 Kolton Cody	FR	Modesto	10.74	-2.3	2
8 Jacob Bautista	SO	Sacramento	10.85	-2.3	1
9 Damean Williamson	FR	Fresno	10.90	-2.3	

Men 200 Meter Dash

SoCal Meet: < 20.36 1997 Tyree Washington, San Bernardino Valley					
NorCal Meet: > 20.53 1988 Harland Davis, Taft College					
State Meet: & 20.30 5/3/1997 Tyree Washington, San Bernardino Valley					
Name	Year	School	Finals	Wind	Points
1 Diondre Batson	SO	American River	20.60	-1.1	10
2 Yusef Merriweather	SO	Riverside	20.95	-1.1	8
3 Corbin Whalum	SO	Mt. Sac	21.08	-1.1	6
4 Jared Pickering	FR	SD Mesa	21.31	-1.1	5
5 Teivaskie Lewin	FR	Butte	21.69	-1.1	4
6 Chris Bryant	FR	Sequoias	21.76	-1.1	3
-- Lamont Beard	SO	Sacramento	DQ	-1.1	Lane violation
-- Kenny Jackson	SO	Riverside	DQ	-1.1	Lane violation

Men 400 Meter Dash

SoCal Meet: < 44.52 1997 Tyree Washington, San Bernardino Valley					
NorCal Meet: > 45.90 1991 Chris Taylor, Merritt College					
State Meet: & 44.91 5/17/1997 Tyree Washington, San Bernardino Valley					
Name	Year	School	Finals	Points	
1 Troy Pollard	FR	Siskiyou	46.75		10
2 Leon Dilihunt	FR	Compton	46.85		8
3 Tubotein Taylor	FR	Fullerton	47.33		6
4 Chris Chamness	SO	Riverside	47.54		5
5 Roger Blake	FR	Fresno	47.77		4
6 Robert Thomas	SO	Riverside	47.90		3
7 Francisco Casillas	FR	Santa Monica	48.24		2
8 Jordan Bergstrom	FR	Santa Rosa	49.01		1 49.009
9 Donnell Love	SO	Fresno	49.01		49.010

Men 800 Meter Run

SoCal Meet: < 1:47.62 1986 Lorenzo Brown, Mira Costa					
NorCal Meet: > 1:49.08 1986 Dave Campbell, Foothill College					
State Meet: & 1:46.97 5/17/1986 Lorenzo Brown, Mira Costa College					
Name	Year	School	Finals	Points	
1 Chris Low	SO	Canyons	1:49.16		10
2 Matt Airola	SO	American River	1:49.56		8
3 Alex Amankwah	FR	West Los Ang	1:49.75		6
4 Bennett Harris	FR	Riverside	1:50.32		5

5	Alex Foster	FR CCSF	1:51.54	4
6	Ryan Naylor	FR Mt. Sac	1:51.85	3
7	Fereon Meferia	FR Cuyamaca	1:53.47	2
8	Kyle Fales	SO Butte	1:56.52	1
9	Daniel Guerrero	SO Sequoias	2:00.24	

Men 1500 Meter Run

SoCal Meet: < 3:39.17		1990	Nourredine Morceli, Riverside	
NorCal Meet: > 3:47.70		1979	John Sup, Monterey Peninsula	
State Meet: & 3:41.76		5/18/1989	Nourredine Morceli, Riverside	
Name	Year	School	Finals	Points
1	Matt Airola	SO American River	3:45.80>	10
2	Cristian Soratos	SO Hartnell	3:47.03>	8
3	Chris Schwartz	FR Bakersfield	3:47.04>	6
4	Carlos Bojorquez	FR SD Mesa	3:49.71	5
5	Patrick Douglas	SO Orange Coast	3:52.73	4
6	Michael Davila	SO Riverside	3:52.89	3
7	Sean Perez - Graham	SO LA Trade Tec	3:56.27	2
8	Juan Arjona	FR San Bernardi	3:57.12	1
9	Matthew Bailey	SO Santa Barbar	3:57.68	
10	Jarrett Moore	FR CCSF	3:58.47	
11	Hugo Gutierrez	SO Orange Coast	4:00.01	
12	Will Weekes	SO Chabot	4:12.40	

Men 5000 Meter Run

SoCal Meet: < 13:59.20		1982	Mark Ruelas, Citrus	
NorCal Meet: > 14:22.94		1978	Bill Hurst, Modesto Junior College	
State Meet: & 14:10.40		5/31/1976	Victor Simonian, LA City College	
Name	Year	School	Finals	Points
1	Daniel Herrera	SO Cerritos	14:27.36	10
2	Omar Cortes	FR LA Trade Tec	14:38.28	8
3	Chris Schwartz	FR Bakersfield	14:38.47	6
4	Munir Kahssay	FR Cerritos	14:42.33	5
5	Dylan Marx	FR SD Mesa	14:51.44	4
6	Garrett Seawell	SO American River	14:56.59	3
7	John Guzman	FR Riverside	14:57.71	2
8	Patrick Douglas	SO Orange Coast	14:59.81	1
9	Gordon Sturgess	SO Cuesta	15:18.38	
10	Alejandro Garcia	FR Modesto	15:38.12	
11	Jonathan Lopez	SO San Bernardi	15:41.62	
12	Kevin Roa	SO Hartnell	15:59.44	

Men 10000 Meter Run

SoCal Meet: < 29:22.70		1988	Julius Kariuki, Riverside	
NorCal Meet: > 30:44.70		1978	Paul Mello, College of San Mateo	
State Meet: & 29:39.31		5/21/1999	Wilhelm Gidasuday, Riverside College	
Name	Year	School	Finals	Points
1	Daniel Herrera	SO Cerritos	30:48.86	10
2	Munir Kahssay	FR Cerritos	30:49.65	8
3	John Guzman	FR Riverside	30:56.33	6
4	Luis Dorantes	SO Pasadena	31:25.02	5
5	Aaron Thomas	SO SD Mesa	31:34.95	4
6	Alejandro Garcia	FR Modesto	31:56.28	3
7	Kevin Roa	SO Hartnell	31:57.81	2
8	Austin Little	FR Orange Coast	32:14.89	1

9	Gerмай Tesfai	FR Fresno	32:24.10
10	Guillaume Hansel	FR Diablo Valle	33:01.08
11	Xavier Uranga	SO Sequoias	34:16.15

Men 110 Meter Hurdles

SoCal Meet: < 13.83	1982	Albert Lane, Bakersfield
NorCal Meet: > 13.49	1991	Eugene Swift, Merritt College
State Meet: & 13.64	5/16/1992	Larry Harrington, Poterville College

Name	Year	School	Finals	Wind	Points	
1 Teivaskie Lewin	FR	Butte	14.41	-1.1	10	
2 Jonte' Turner	FR	Riverside	14.46	-1.1	8	14.452
3 Davon Wilson-Angel	SO	Merritt	14.46	-1.1	6	14.457
4 Rodderick Giles	SO	Sacramento	14.70	-1.1	5	
5 Bernell Barmore	FR	Butte	14.82	-1.1	4	
6 Chris Navarro	FR	Riverside	14.93	-1.1	3	
7 Michael Peters	FR	Riverside	15.13	-1.1	2	15.121
8 Maurice Strickland	SO	SD Mesa	15.13	-1.1	1	15.123
9 Christopher Graham	FR	Long Beach	15.24	-1.1		

Men 400 Meter Hurdles

SoCal Meet: < 49.88	1982	Greg Johnson, Mt. SAC
NorCal Meet: > 50.48	1989	Michael Cox, Taft College
State Meet: & 50.07	5/22/1982	Greg Johnson, Mt. San Antonio College

Name	Year	School	Finals	Points
1 Jordin Andrade	SO	Mt. Sac	50.94	10
2 Jonte' Turner	FR	Riverside	51.49	8
3 Kivon Grant	FR	Compton	52.51	6
4 Chad Thomas	FR	Siskiyou	52.77	5
5 Roman Skovronski	FR	San Mateo	53.54	4
6 James Sewell	SO	Mt. Sac	53.80	3
7 Seth George	SO	Cerritos	53.98	2
8 Kelvin Wagner, Jr.	SO	Sequoias	54.14	1
9 Adonis Singletary	SO	Hartnell	54.33	

Men 3000 Meter Steeplechase

SoCal Meet: < 8:55.15	1990	David Baptiste, Mt. SAC
NorCal Meet: > 9:03.60	1983	Jesse Torres, San Jose City College
State Meet: & 8:53.20	5/28/1977	Shannon Laird, Palomar College

Name	Year	School	Finals	Points
1 Barron Maizland	SO	Orange Coast	9:18.95	10
2 Scott Trummer	FR	Chabot	9:22.85	8
3 Julian Lopez	SO	San Bernardi	9:24.90	6
4 Vladimir Diaz	FR	Glendale	9:34.60	5
5 Zack Ellis	FR	Orange Coast	9:38.85	4
6 Angel Alcantar	FR	LA Valley	9:42.53	3
7 Josh Gruver	SO	American River	9:42.78	2
8 Jace Hinesly	FR	Orange Coast	9:48.28	1
9 Tyler Raposa	SO	American River	9:51.11	
10 Derek Woodard	FR	American River	9:51.76	
11 Omar Pulido	FR	Sequoias	9:52.06	
12 Matt Klundt	FR	Fresno	9:55.44	

Men 4x100 Meter Relay

SoCal Meet: < 39.47	1985	Taft, Taft		
NorCal Meet: > 39.71	1991	Merritt College, Merritt College		
		Swift/Taylor/Wright/Lanes		
State Meet: & 39.01	5/21/1988	Taft College, Taft College		
School			Finals	Points

1 Riverside			39.83	10
2 Sacramento City College			39.89	8
3 American River College			40.24	6
4 Mt. Sac			40.30	5
5 West Los Angeles			41.03	4
6 Santa Monica			41.05	3
7 City College of San Francisco			41.27	2
8 Modesto Junior College			41.34	1
-- Fullerton			DQ	

Men 4x400 Meter Relay

SoCal Meet: < 3:07.17	1982	Pasadena, Pasadena		
NorCal Meet: > 3:07.88	1991	Merritt College, Merritt College		
		Taylor/Chambers/Swift/Maye		
State Meet: & 3:06.03	5/21/1994	Sacramento City College, Sacramento City C		
School			Finals	Points

1 Mt. Sac			3:11.93	10
2 Cerritos			3:12.36	8
3 Sacramento City College			3:13.95	6
4 City College of San Francisco			3:14.18	5
5 American River College			3:15.01	4
6 Compton			3:15.12	3
7 College of the Siskiyous			3:19.31	2
8 Fullerton			3:19.73	1
-- Riverside			DQ	Lane violation

Men High Jump

SoCal Meet: < 7-04	1981	Brian Stanton/Dennis Lewis, Long Beach		
NorCal Meet: > 7-04	1981	Milton Goode, Alameda College		
State Meet: & 7-05.25	5/30/1981	Milton Goode, Alameda College		
Name	Year	School	Finals	Points

1 Xavier Williford	SO	Sacramento	2.08m	6-09.75	10
2 Jer'rel Moore	FR	Riverside	2.03m	6-08.00	7
2 Justin Bethea	SO	Mt. Sac	2.03m	6-08.00	7
4 Brandon Ford	FR	SD Mesa	J2.03m	6-08.00	5
5 Benny Kirkwood	FR	Ventura	J2.03m	6-08.00	4
6 Roderick Townsend	SO	San Joaquin	1.98m	6-06.00	3
7 Mike Crawley	FR	Fresno	J1.98m	6-06.00	2
8 Bryant Mitchell	FR	Southwestern	1.93m	6-04.00	0.50
8 Ronyea Ellington	SO	Modesto	1.93m	6-04.00	0.50
10 Phillip Hanley	FR	Ventura	J1.93m	6-04.00	
-- Cameron Pollock	SO	Sacramento	NH		
-- James Gonzalez	SO	Fullerton	NH		

Men Pole Vault

Name	Year	School	Finals	Points
SoCal Meet: < 17-07 1984 Doug Wicks, Bakersfield				
NorCal Meet: > 17-05 1982 Ralph Preiman, Foothill College				
State Meet: & 17-06 1982 Ralph Preiman/Wicks, Foothill/Bakersfield				
Name	Year	School	Finals	Points
1 Cameron Van Dieren	SO	Mt. Sac	4.85m 15-11.00	10
2 Austin Woods	SO	Riverside	J4.85m 15-11.00	8
3 Thao Tran	SO	Modesto	4.55m 14-11.00	5.50
3 Nikolas Althaus	SO	Moorpark	4.55m 14-11.00	5.50
5 Forrest Hierholzer	FR	American River	J4.55m 14-11.00	4
6 Edgar Pellecer	SO	Mt. Sac	4.40m 14-05.25	1.20
6 Phillip Hanley	FR	Ventura	4.40m 14-05.25	1.20
6 Maurice Strickland	SO	SD Mesa	4.40m 14-05.25	1.20
6 Alexander Hamidzadeh	FR	LA Valley	4.40m 14-05.25	1.20
6 Colton Berkery	SO	Canyons	4.40m 14-05.25	1.20
11 Justin Neyman	SO	Fresno	4.25m 13-11.25	
-- Charles Langwasser	FR	Mt. Sac	NH	

Men Long Jump

Name	Year	School	Finals	Wind	Points
SoCal Meet: < 25-11.25 1978 Kenny Hays, Pasadena					
NorCal Meet: > 26-07.50 1987 Charles Brooks, Merritt College					
State Meet: & 26-02.75 5/27/1978 Kenneth Hays, Pasadena City College					
Name	Year	School	Finals	Wind	Points
1 Lavorrie Johnson	FR	Fullerton	7.38m 1.6	24-02.50	10
2 Dominic Jones	FR	Mt. Sac	7.18m 2.2	23-06.75	8
3 Teivaskie Lewin	FR	Butte	7.11m 0.3	23-04.00	6
4 Camren Woods	SO	Mt. Sac	7.06m +0.0	23-02.00	5
5 Ron Taylor	FR	Chabot	6.95m 0.3	22-09.75	4
6 Rodderick Giles	SO	Sacramento	6.93m 2.0	22-09.00	3
7 Chris Bryant	FR	Sequoias	6.89m 2.4	22-07.25	2
8 Michael Lowder	FR	Antelope Val	6.78m +0.0	22-03.00	1
9 Marquise Cherry	FR	Mt. Sac	6.71m 2.3	22-00.25	
10 Malik Ransom	FR	SD Mesa	6.66m 1.6	21-10.25	
11 DeAngelo Bonner	SO	Golden West	J6.66m 0.6	21-10.25	
12 Ian Dildine	FR	Fresno	6.36m 1.6	20-10.50	

Men Triple Jump

Name	Year	School	Finals	Wind	Points
SoCal Meet: < 53-06 1984 Stan Oproski, Moorpark					
NorCal Meet: > 53-11.50 1989 Brian Wellman, Taft College					
State Meet: & 54-03.25 5/22/1982 Bryon Criddle, Contra Costa College					
Name	Year	School	Finals	Wind	Points
1 Ryan Sanders	SO	Mt. Sac	14.58m +0.0	47-10.00	10
2 Vernon Sampson	FR	Fresno	14.57m +0.0	47-09.75	8
3 Xavier Townsend	SO	Chaffey	14.44m 0.1	47-04.50	6
4 Elijah Mitchell	FR	San Joaquin	14.07m 1.1	46-02.00	5
5 Brandon Morris	FR	West Los Ang	13.97m 0.2	45-10.00	4
6 Jack Phouminaoug	FR	San Joaquin	13.79m 1.9	45-03.00	3
7 Trevor Dotson	FR	SD Mesa	13.76m 1.1	45-01.75	2
8 John Waiters	SO	Sacramento	13.73m 2.2	45-00.50	1
9 Spencer Gray	SO	Riverside	13.63m +0.0	44-08.75	
10 Emmett Kellogg	SO	Golden West	13.34m 2.3	43-09.25	
11 Brett Crider	FR	American River	13.15m 1.6	43-01.75	
12 Michael Lewis	FR	San Joaquin	12.83m +0.0	42-01.25	

Men Shot Put

SoCal Meet: < 64-07.50 1982 Hank Kraychir, Long Beach						
NorCal Meet: > 60-11 1982 Jeff Voorhees, Santa Rosa Jr. College						
State Meet: & 65-04 5/22/1982 Hank Kraychir, Long Beach City College						
Name	Year	School	Finals	Points		
1 Aaron Tombleson	SO	Sacramento	17.87m	58-07.50	10	
2 Evan McDaniel	FR	San Mateo	16.82m	55-02.25	8	
3 Victor Martin	SO	El Camino	16.21m	53-02.25	6	
4 Branden George	SO	Riverside	15.71m	51-06.50	5	
5 Kris Kirk	SO	Riverside	15.57m	51-01.00	4	
6 Moises Ramos	FR	Riverside	15.53m	50-11.50	3	
7 Robert Atoe	FR	Siskiyou	15.49m	50-10.00	2	
8 Patrick Smith	SO	Moorpark	15.43m	50-07.50	1	
9 Jason Holzer	FR	Modesto	14.77m	48-05.50		
-- Daniel Whitham	SO	Canyons	ND			
-- Adam Paul	SO	Yuba	ND			
-- Josh Uikilifi	SO	San Mateo	ND			

Men Discus Throw

SoCal Meet: < 190-10 1991 Dag Solhaug, Riverside						
NorCal Meet: > 192-01 1983 Todd Kaufman, San Jose City College						
State Meet: & 196-07 5/21/2004 Robert Slowik, Fresno						
Name	Year	School	Finals	Points		
1 Aaron Tombleson	SO	Sacramento	52.22m	171-04	10	
2 Nelson Quinley	FR	American River	49.59m	162-08	8	
3 Josh Peck	SO	Siskiyou	49.33m	161-10	6	
4 Kris Kirk	SO	Riverside	48.62m	159-06	5	
5 Brett Olsen	SO	Modesto	47.99m	157-05	4	
6 Andre Evans	FR	Riverside	47.72m	156-07	3	
7 Evan McDaniel	FR	San Mateo	47.09m	154-06	2	
8 Markus Sanders	FR	Modesto	46.91m	153-11	1	
9 Remy Conatser	SO	Saddleback	46.68m	153-02		
10 Hector Alarcon	FR	Mt. Sac	45.39m	148-11		
11 Sean Boozel	FR	Cuyamaca	44.07m	144-07		
12 Daniel Jones	FR	Santiago Can	43.73m	143-06		

Men Hammer Throw

SoCal Meet: < 210-10 2002 Kibwe Johnson, Moorpark						
NorCal Meet: > 61.35m 5/10/2008 K. P. Singh, Fresno City College						
State Meet: & 203-08 5/17/1986 Eric Finch, DeAnza College						
Name	Year	School	Finals	Points		
1 Remy Conatser	SO	Saddleback	59.71m	195-11	10	
2 Casey Ballinger	SO	Modesto	56.30m	184-08	8	
3 Aaron Tombleson	SO	Sacramento	55.78m	183-00	6	
4 Josh Uikilifi	SO	San Mateo	54.98m	180-04	5	
5 Brett Olsen	SO	Modesto	53.86m	176-08	4	
6 Kris Kirk	SO	Riverside	49.95m	163-10	3	
7 Joseph Hall	SO	Cuyamaca	49.01m	160-09	2	
8 Leonardo Lopez	SO	Riverside	48.78m	160-00	1	
9 Nelson Quinley	FR	American River	48.26m	158-04		
10 Johnny Garcia	FR	Mt. Sac	45.66m	149-10		
11 Frankie Martinez	SO	Hartnell	45.09m	147-11		
-- Moises Ramos	FR	Riverside	FOUL			

Men Javelin Throw

Name	Year	School	Finals	Points
SoCal Meet: < 219-05	1989	Rich Doering, Riverside		
NorCal Meet: > 219-08	1989	Charles Langston, Shasta College		
State Meet: & 222-00	5/15/2009	Cooper Thompson, Bakersfield		
Name	Year	School	Finals	Points
1 Logan Connors	FR	Diablo Valle	67.00m	219-10 10
2 Damani Brown	SO	Chaffey	61.62m	202-02 8
3 Jon Dunn	FR	Sacramento	61.36m	201-04 6
4 Joe Babrick	SO	Canyons	56.75m	186-02 5
5 Nolan Sweet	SO	Siskiyou	56.25m	184-06 4
6 Daniel Whitham	SO	Canyons	55.03m	180-06 3
7 Sean Boozel	FR	Cuyamaca	53.91m	176-10 2
8 Jarret LaCoste	FR	Siskiyou	53.29m	174-10 1
9 Garrett Jacobs	FR	San Joaquin	51.24m	168-01
10 Patrick Clemons	FR	Cuesta	51.11m	167-08
11 Sopuruchi Chima	FR	Fresno	50.09m	164-04
12 Remy Conatser	SO	Saddleback	48.03m	157-07

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	School	Finals	Wind	H#	Points
1 Jordon Morris	FR	Riverside	11.08	2.5	2	843
2 Tomek Czerwinski	SO	Mt. Sac	11.22	1.5	1	812
3 Nicholas Pfeiffer	SO	Monterey	11.28	1.5	1	799
4 Aaron Patheal	SO	Butte	11.30	2.5	2	795
5 Joshua Stevens	SO	Fullerton	11.37	1.5	1	780
6 Myke Tavarres	FR	Siskiyou	11.44	1.5	1	765
7 Roderick Townsend	SO	San Joaquin	11.48	2.5	2	757
8 Billy Britt	SO	Riverside	11.60	2.5	2	732
9 Tony Earl	SO	Butte	11.68	1.5	1	715
10 Andrew Cruikshank	SO	Orange Coast	11.70	2.5	2	711
11 Hassan Ilyas	FR	Compton	11.97	1.5	1	657
12 Rickey Jordan	SO	De Anza	12.00	2.5	2	651

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year	School	Finals	H#	Points
1 Myke Tavarres	FR	Siskiyou	50.83	1	777
2 Nicholas Pfeiffer	SO	Monterey	51.30	2	756
3 Jordon Morris	FR	Riverside	51.43	2	750
4 Billy Britt	SO	Riverside	51.46	2	749
5 Tomek Czerwinski	SO	Mt. Sac	51.57	1	744
6 Joshua Stevens	SO	Fullerton	51.74	2	736
7 Roderick Townsend	SO	San Joaquin	51.95	1	727
8 Andrew Cruikshank	SO	Orange Coast	52.42	1	706
9 Aaron Patheal	SO	Butte	52.75	1	692
10 Tony Earl	SO	Butte	52.98	2	682
11 Rickey Jordan	SO	De Anza	56.57	2	537

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year	School	Finals	Points
1 Tony Earl	SO	Butte	4:37.95	693
2 Andrew Cruikshank	SO	Orange Coast	4:38.64	689
3 Billy Britt	SO	Riverside	4:40.12	680
4 Joshua Stevens	SO	Fullerton	4:43.13	661

5	Tomek Czerwinski	SO Mt. Sac	4:46.06	643
6	Myke Tavarres	FR Siskiyou	4:47.76	632
7	Nicholas Pfeiffer	SO Monterey	4:48.29	629
8	Aaron Patheal	SO Butte	4:59.13	565
9	Rickey Jordan	SO De Anza	5:05.05	531
10	Jordon Morris	FR Riverside	5:20.56	447
11	Roderick Townsend	SO San Joaquin	5:53.63	291

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year	School	Finals	Wind	H#	Points
1	Jordon Morris	FR Riverside	14.97	0.6	2	853
2	Tomek Czerwinski	SO Mt. Sac	15.22	0.8	1	823
3	Myke Tavarres	FR Siskiyou	15.30	0.2	3	814
4	Joshua Stevens	SO Fullerton	15.51	0.2	3	789
5	Roderick Townsend	SO San Joaquin	15.57	0.2	3	782
6	Andrew Cruikshank	SO Orange Coast	15.78	0.6	2	758
7	Nicholas Pfeiffer	SO Monterey	16.11	0.6	2	720
8	Billy Britt	SO Riverside	16.18	0.2	3	713
9	Aaron Patheal	SO Butte	17.22	0.6	2	602
10	Tony Earl	SO Butte	17.70	0.8	1	553
11	Rickey Jordan	SO De Anza	18.11	0.8	1	514

Decathlon: #4 Men High Jump Decathlon

Name	Year	School	Finals	Points	
1	Myke Tavarres	FR Siskiyou	2.05m	6-08.75	850
2	Roderick Townsend	SO San Joaquin	2.02m	6-07.50	822
3	Tomek Czerwinski	SO Mt. Sac	1.90m	6-02.75	714
3	Billy Britt	SO Riverside	1.90m	6-02.75	714
5	Tony Earl	SO Butte	1.87m	6-01.50	687
6	Andrew Cruikshank	SO Orange Coast	1.84m	6-00.50	661
7	Nicholas Pfeiffer	SO Monterey	1.78m	5-10.00	610
8	Aaron Patheal	SO Butte	1.75m	5-08.75	585
9	Jordon Morris	FR Riverside	1.72m	5-07.75	560
9	Joshua Stevens	SO Fullerton	1.72m	5-07.75	560
9	Rickey Jordan	SO De Anza	1.72m	5-07.75	560
--	Hassan Ilyas	FR Compton	NH		

Decathlon: #8 Men Pole Vault Decathlon

Name	Year	School	Finals	Points	
1	Joshua Stevens	SO Fullerton	4.14m	13-07.00	656
1	Tomek Czerwinski	SO Mt. Sac	4.14m	13-07.00	656
3	Nicholas Pfeiffer	SO Monterey	4.04m	13-03.00	628
4	Billy Britt	SO Riverside	3.94m	12-11.00	601
5	Roderick Townsend	SO San Joaquin	3.84m	12-07.25	573
6	Rickey Jordan	SO De Anza	3.74m	12-03.25	546
6	Andrew Cruikshank	SO Orange Coast	3.74m	12-03.25	546
8	Jordon Morris	FR Riverside	3.14m	10-03.50	391
9	Aaron Patheal	SO Butte	3.04m	9-11.75	367
10	Tony Earl	SO Butte	2.74m	8-11.75	296
10	Myke Tavarres	FR Siskiyou	2.74m	8-11.75	296

Decathlon: #2 Men Long Jump Decathlon

Name	Year	School	Finals	Wind	Points
1 Tomek Czerwinski	SO	Mt. Sac	6.92m	NWI 22-08.50	795
2 Aaron Patheal	SO	Butte	6.66m	NWI 21-10.25	734
2 Nicholas Pfeiffer	SO	Monterey	6.66m	NWI 21-10.25	734
4 Joshua Stevens	SO	Fullerton	6.63m	NWI 21-09.00	727
5 Myke Tavarres	FR	Siskiyous	6.52m	NWI 21-04.75	702
6 Billy Britt	SO	Riverside	6.47m	NWI 21-02.75	691
7 Roderick Townsend	SO	San Joaquin	6.37m	NWI 20-10.75	668
8 Tony Earl	SO	Butte	6.28m	NWI 20-07.25	648
9 Andrew Cruikshank	SO	Orange Coast	6.23m	NWI 20-05.25	637
10 Rickey Jordan	SO	De Anza	6.20m	NWI 20-04.25	630
11 Jordon Morris	FR	Riverside	6.19m	NWI 20-03.75	628
12 Hassan Ilyas	FR	Compton	4.52m	NWI 14-10.00	294

Decathlon: #3 Men Shot Put Decathlon

Name	Year	School	Finals	Points
1 Andrew Cruikshank	SO	Orange Coast	13.19m	43-03.25 679
2 Nicholas Pfeiffer	SO	Monterey	12.49m	40-11.75 636
3 Tomek Czerwinski	SO	Mt. Sac	12.26m	40-02.75 622
4 Myke Tavarres	FR	Siskiyous	11.81m	38-09.00 595
5 Billy Britt	SO	Riverside	11.57m	37-11.50 580
6 Tony Earl	SO	Butte	11.49m	37-08.50 575
7 Jordon Morris	FR	Riverside	11.42m	37-05.75 571
8 Rickey Jordan	SO	De Anza	11.19m	36-08.50 557
9 Roderick Townsend	SO	San Joaquin	10.93m	35-10.50 542
10 Aaron Patheal	SO	Butte	10.66m	34-11.75 525
11 Joshua Stevens	SO	Fullerton	9.52m	31-03.00 457
12 Hassan Ilyas	FR	Compton	8.24m	27-00.50 381

Decathlon: #7 Men Discus Throw Decathlon

Name	Year	School	Finals	Points
1 Andrew Cruikshank	SO	Orange Coast	43.10m	141-05 728
2 Nicholas Pfeiffer	SO	Monterey	36.71m	120-05 598
3 Rickey Jordan	SO	De Anza	36.56m	119-11 595
4 Tony Earl	SO	Butte	36.52m	119-10 594
5 Tomek Czerwinski	SO	Mt. Sac	34.83m	114-03 560
6 Roderick Townsend	SO	San Joaquin	34.07m	111-09 545
7 Billy Britt	SO	Riverside	33.90m	111-03 542
8 Joshua Stevens	SO	Fullerton	33.61m	110-03 536
9 Myke Tavarres	FR	Siskiyous	33.14m	108-09 527
10 Aaron Patheal	SO	Butte	31.92m	104-09 502
11 Jordon Morris	FR	Riverside	31.63m	103-09 497

Decathlon: #9 Men Javelin Throw Decathlon

Name	Year	School	Finals	Points
1 Myke Tavarres	FR	Siskiyous	51.37m	168-06 609
2 Jordon Morris	FR	Riverside	49.76m	163-03 585
3 Aaron Patheal	SO	Butte	49.37m	162-00 579
4 Nicholas Pfeiffer	SO	Monterey	48.43m	158-11 565
5 Andrew Cruikshank	SO	Orange Coast	47.81m	156-10 556
6 Tomek Czerwinski	SO	Mt. Sac	45.26m	148-06 519
7 Joshua Stevens	SO	Fullerton	42.48m	139-04 478

8 Tony Earl	SO Butte	41.09m	134-10	458
9 Billy Britt	SO Riverside	38.91m	127-08	426
10 Rickey Jordan	SO De Anza	36.08m	118-04	386
11 Roderick Townsend	SO San Joaquin	30.81m	101-01	311

Men Decathlon

Name	Year	School	Finals	Points
SoCal Meet: <	7361	1983	Doug Fernandez, Long Beach	
NorCal Meet: >	7144	1982	Darin Hall, Shasta College	
State Meet: &	7478	5/21/1983	Doug Fernandez, Long Beach City College	
1 Tomek Czerwinski	SO	Mt. Sac	6888	10
2 Nicholas Pfeiffer	SO	Monterey	6675	8
3 Andrew Cruikshank	SO	Orange Coast	6671	6
4 Myke Tavarres	FR	Siskiyou	6567	5
5 Billy Britt	SO	Riverside	6428	4
6 Joshua Stevens	SO	Fullerton	6380	3
7 Jordon Morris	FR	Riverside	6125	2
8 Roderick Townsend	SO	San Joaquin	6018	1
9 Aaron Patheal	SO	Butte	5946	
10 Tony Earl	SO	Butte	5901	
11 Rickey Jordan	SO	De Anza	5507	

Women - Team Rankings - 21 Events Scored

1) Laney College	78	2) Cerritos	50
2) Riverside	50	4) Glendale	47
5) Shasta College	40	6) Saddleback	34
6) Golden West	34	8) Mt. SAC	32
9) LA Valley	29	10) El Camino	28
10) West Los Angeles	28	10) Antelope Valley	28
13) Sacramento City College	26	14) Cuesta	25
15) San Bernardino	24	16) Canyons	22
16) Orange Coast	22	16) Southwestern	22
19) East LA	20	20) Moorpark	17
21) Sequoias of Sequoias	16	21) Butte College	16
23) Compton	14	23) American River College	14
25) SD Mesa	13	26) Ventura	11
27) San Jose City College	10	28) City College of San Franc	9
29) Hartnell College	8	29) Modesto Junior College	8
29) College of San Mateo	8	32) Diablo Valley College	7
33) Palomar	6	34) Pasadena	5
35) Chaffey	4	36) Fresno City College	3
36) Long Beach	3	36) Allan Hancock	3
39) DeAnza College	2	40) Cuyamaca	1
40) Santa Barbara	1	40) Fullerton	1

Men - Team Rankings - 21 Events Scored

1) Riverside	122	2) Mt. SAC	91.20
3) Sacramento City College	70	4) American River College	65
5) Cerritos	43	6) College of the Siskiyou	35
7) Modesto Junior College	29	8) SD Mesa	27.20
9) Orange Coast	27	10) Butte College	25
11) Fullerton	20	12) Canyons	19.20
13) West Los Angeles	19	13) College of San Mateo	19
15) Compton	17	16) Chaffey	14
16) Fresno City College	14	18) Bakersfield	12
18) Chabot College	12	18) San Joaquin Delta College	12
21) City College of San Franci	11	22) Diablo Valley College	10

22) Saddleback	10	22) Hartnell College	10
22) LA Trade Tech	10	26) Monterey Peninsula Colleg	8
27) San Bernardino	7	28) Moorpark	6.50
29) Sequoias of Sequoias	6	29) Merritt College	6
29) Cuyamaca	6	29) El Camino	6
33) Ventura	5.20	34) Glendale	5
34) Pasadena	5	34) Santa Monica	5
37) LA Valley	4.20	38) Antelope Valley	1
38) Santa Rosa Junior College	1	40) Southwestern	0.50