

## CCCA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

**Women 100 Meter Dash**

State Meet: < 11.23 5/26/1984 Zelda Johnson, Mt. San Antonio Colle  
 Name Year School Finals Points

## Section 1 Wind: 0.3

1	Amari Weatherford	SO Mt. Sac	11.60	10	
2	Rionna Wallace	SO Cerritos	11.73	8	
3	Deserey Bryant	FR Diablo Valley	11.83	6	11.826
4	Desie Armstrong	FR Diablo Valley	11.83	5	11.827
5	Hailey Adams	FR West Los Angeles	11.87	4	
6	Zoe Ewell	SO Riverside	11.89	3	
7	Aryianna Faircloth	SO Cerritos	11.93	2	
8	Egypt Hughes	FR Chabot	11.97	1	
9	Aaliyah Carreras	SO Hartnell	11.99		

**Women 200 Meter Dash**

State Meet: < 23.12 5/26/1984 Zelda Johnson, Mt. San Antonio Colle  
 Name Year School Finals Points

## Section 1 Wind: 0.6

1	Amari Weatherford	SO Mt. Sac	23.84	10	
2	Jaiden Hill	FR Mt. Sac	24.20	8	
3	Deserey Bryant	FR Diablo Valley	24.30	6	
4	Hailey Adams	FR West Los Angeles	24.42	5	
5	Aryianna Faircloth	SO Cerritos	24.68	4	
6	Zoe Ewell	SO Riverside	24.71	3	
7	Aaliyah Carreras	SO Hartnell	24.79	2	
8	Ejaiya Burton	FR Sequoias	25.17	1	
9	Madison Kalberer	SO Butte	25.53		

**Women 400 Meter Dash**

State Meet: < 52.69 5/30/1981 Gwen Gardner, West LA College  
 Name Year School Finals Points

## Section 1

1	Jaiden Hill	FR Mt. Sac	55.05	10	
2	Christina Trucks	SO Diablo Valley	55.94	8	
3	Aoife HERNON	FR Santa Monica	56.18	6	
4	Ejaiya Burton	FR Sequoias	56.89	5	
5	Prishencia Nnoham	SO Antelope Valley	57.12	4	
6	Tatiana Sprock	FR Mt. Sac	57.53	3	
7	Emelina Whalen	FR Moorpark	57.93	2	
8	Brianna Shalz	FR Sacramento	58.27	1	
9	Elena Mack	FR Cerritos	58.39		

**Women 800 Meter Run**

State Meet: < 2:06.30 5/21/1994 Dawn Williams, Riverside College  
 Name Year School Finals Points

1	Hannah Hartwell	SO Redwoods	2:14.24	10	
	1:07.319 (1:07.319)	2:14.240 (1:06.921)			
2	Trista Michael	SO Mt. Sac	2:15.68	8	
	1:07.176 (1:07.176)	2:15.676 (1:08.501)			

**CCCA State Championships - 5/19/2023 to 5/20/2023****Modesto Junior College Stadium****Results****....Women 800 Meter Run**

3 Natalyn Membreno	FR Mt. Sac	2:16.64	6
1:07.558 (1:07.558)	2:16.632 (1:09.075)		
4 Sidney Garcia	FR San Diego Me	2:17.60	5
1:07.785 (1:07.785)	2:17.595 (1:09.810)		
5 Elle Casselman	FR Cuesta	2:19.56	4
1:08.577 (1:08.577)	2:19.560 (1:10.983)		
6 Ariana Chavez	SO Chabot	2:22.29	3
1:07.760 (1:07.760)	2:22.289 (1:14.529)		
7 Sofia Camacho	SO Hartnell	2:26.01	2
1:09.938 (1:09.938)	2:26.009 (1:16.071)		
8 Sophia Godina	FR Ventura	2:26.26	1
1:10.159 (1:10.159)	2:26.259 (1:16.100)		
9 Zoe Thompson	FR San Mateo	2:26.99	
1:08.083 (1:08.083)	2:26.981 (1:18.898)		

**Women 1500 Meter Run**

State Meet: < 4:18.10 5/16/1986 Sylvia Mosqueda, East LA College  
 Name Year School Finals Points

1 Hannah Hartwell	SO Redwoods	4:32.26	10
57.355 (57.355)	2:13.842 (1:16.487)	3:24.752 (1:10.910)	4:32.252 (1:07.500)
2 Sofia Camacho	SO Hartnell	4:38.01	8
57.551 (57.551)	2:14.389 (1:16.839)	3:25.266 (1:10.877)	4:38.003 (1:12.737)
3 Destiny Lopez	SO Glendale	4:39.49	6
57.163 (57.163)	2:14.071 (1:16.908)	3:25.347 (1:11.276)	4:39.486 (1:14.139)
4 Claudia Vera	SO Mt. Sac	4:43.69	5
57.750 (57.750)	2:14.901 (1:17.151)	3:29.340 (1:14.440)	4:43.687 (1:14.347)
5 Marlo Lavacude-Klenck	SO Moorpark	4:44.91	4
58.214 (58.214)	2:15.252 (1:17.038)	3:30.325 (1:15.074)	4:44.909 (1:14.584)
6 Sophia Godina	FR Ventura	4:45.34	3
57.585 (57.585)	2:14.694 (1:17.110)	3:29.948 (1:15.254)	4:45.339 (1:15.391)
7 Julia Martinez	FR Clovis CC	4:50.92	2
58.674 (58.674)	2:15.910 (1:17.236)	3:33.905 (1:17.995)	4:50.914 (1:17.010)
8 Marikay Schwab	SO Golden West	4:51.26	1
57.192 (57.192)	2:14.296 (1:17.105)	3:31.751 (1:17.455)	4:51.258 (1:19.508)
9 Andrea Villegas	SO Hartnell	4:54.37	
58.442 (58.442)	2:15.709 (1:17.267)	3:35.450 (1:19.741)	4:54.366 (1:18.917)
10 Rania Gomaa	SO El Camino	4:55.30	
58.723 (58.723)	2:15.661 (1:16.939)	3:34.527 (1:18.866)	4:55.300 (1:20.773)
11 Shannen Dorn	FR San Mateo	5:01.50	
58.730 (58.730)	2:15.872 (1:17.143)	3:36.522 (1:20.650)	5:01.500 (1:24.979)
12 Elani Huntley	SO Riverside	5:02.40	
58.470 (58.470)	2:15.442 (1:16.973)	3:36.979 (1:21.537)	5:02.392 (1:25.413)

**Women 5000 Meter Run**

State Meet: < 15:52.50 5/16/1986 Sylvia Mosqueda, East LA College  
 Name Year School Finals Points

1 Hannah Hartwell	SO Redwoods	17:12.83	10
42.376 (42.376)	2:07.214 (1:24.839)	3:31.796 (1:24.582)	4:56.018 (1:24.222)
6:19.464 (1:23.446)	7:43.451 (1:23.987)	9:07.688 (1:24.238)	10:31.857 (1:24.169)
11:55.166 (1:23.310)	13:18.342 (1:23.176)	14:42.474 (1:24.133)	16:01.946 (1:19.472)
17:12.821 (1:10.876)			

## CCCA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Women 5000 Meter Run

2	Sage Holter	FR Santa Barbara	17:23.87	8
	42.157 (42.157)	2:06.972 (1:24.815)	3:31.565 (1:24.593)	4:55.764 (1:24.199)
	6:19.208 (1:23.445)	7:43.161 (1:23.953)	9:07.504 (1:24.343)	10:31.649 (1:24.145)
	11:54.991 (1:23.343)	13:18.205 (1:23.214)	14:42.907 (1:24.702)	16:05.063 (1:22.156)
	17:23.866 (1:18.804)			
3	Marikay Schwab	SO Golden West	17:49.51	6
	41.862 (41.862)	2:06.713 (1:24.851)	3:31.286 (1:24.573)	4:55.488 (1:24.202)
	6:18.919 (1:23.431)	7:42.890 (1:23.972)	9:07.231 (1:24.341)	10:31.354 (1:24.123)
	11:55.445 (1:24.092)	13:22.672 (1:27.228)	14:52.535 (1:29.863)	16:22.766 (1:30.232)
	17:49.507 (1:26.741)			
4	Destiny Lopez	SO Glendale	17:49.56	5
	42.575 (42.575)	2:07.473 (1:24.899)	3:32.023 (1:24.550)	4:56.234 (1:24.211)
	6:19.746 (1:23.512)	7:43.687 (1:23.941)	9:07.927 (1:24.241)	10:32.503 (1:24.576)
	11:59.635 (1:27.133)	13:27.879 (1:28.244)	14:57.871 (1:29.993)	16:27.078 (1:29.207)
	17:49.554 (1:22.477)			
5	Claudia Vera	SO Mt. Sac	18:23.59	4
	43.294 (43.294)	2:10.576 (1:27.283)	3:36.667 (1:26.091)	5:05.723 (1:29.056)
	6:34.195 (1:28.473)	8:01.976 (1:27.781)	9:31.031 (1:29.056)	11:02.293 (1:31.262)
	12:35.401 (1:33.109)	14:08.762 (1:33.362)	15:41.380 (1:32.618)	17:09.350 (1:27.971)
	18:23.584 (1:14.234)			
6	Julia Martinez	FR Clovis CC	18:27.42	3
	43.073 (43.073)	2:10.754 (1:27.681)	3:36.408 (1:25.655)	5:05.577 (1:29.169)
	6:33.973 (1:28.396)	8:01.848 (1:27.876)	9:30.773 (1:28.925)	11:02.289 (1:31.517)
	12:35.433 (1:33.145)	14:08.772 (1:33.339)	15:41.539 (1:32.767)	17:09.558 (1:28.020)
	18:27.414 (1:17.856)			
7	Mohussin Abakar	FR San Diego Me	18:34.93	2
	43.006 (43.006)	2:10.524 (1:27.518)	3:36.852 (1:26.329)	5:06.023 (1:29.171)
	6:34.405 (1:28.382)	8:02.117 (1:27.713)	9:30.888 (1:28.771)	11:02.100 (1:31.212)
	12:35.229 (1:33.130)	14:08.545 (1:33.316)	15:41.289 (1:32.745)	17:09.331 (1:28.042)
	18:34.926 (1:25.595)			
8	Liliana Salado	SO Sequoias	18:51.72	1
	43.494 (43.494)	2:09.896 (1:26.403)	3:36.180 (1:26.284)	5:05.243 (1:29.063)
	6:33.833 (1:28.591)	8:01.718 (1:27.886)	9:30.507 (1:28.789)	11:01.997 (1:31.490)
	12:35.171 (1:33.175)	14:08.559 (1:33.388)	15:43.420 (1:34.861)	17:19.954 (1:36.535)
	18:51.720 (1:31.766)			
9	Andrea Villegas	SO Hartnell	19:08.13	
	43.541 (43.541)	2:09.778 (1:26.237)	3:36.210 (1:26.432)	5:05.434 (1:29.225)
	6:34.149 (1:28.715)	8:02.510 (1:28.362)	9:34.469 (1:31.959)	11:10.014 (1:35.545)
	12:46.203 (1:36.189)	14:23.279 (1:37.076)	16:01.475 (1:38.196)	17:37.282 (1:35.807)
	19:08.122 (1:30.840)			
10	Karla Galvan	SO Mt. Sac	19:30.86	
	43.317 (43.317)	2:10.763 (1:27.446)	3:38.847 (1:28.084)	5:10.362 (1:31.515)
	6:43.922 (1:33.560)	8:19.099 (1:35.177)	9:55.839 (1:36.740)	11:33.366 (1:37.528)
	13:11.997 (1:38.631)	14:45.466 (1:33.470)	16:26.108 (1:40.642)	18:03.193 (1:37.086)
	19:30.858 (1:27.665)			
11	Hannah Brown	SO Mt. Sac	20:11.11	
	43.723 (43.723)	2:13.242 (1:29.519)	3:47.321 (1:34.080)	5:23.682 (1:36.361)
	7:00.970 (1:37.288)	8:38.673 (1:37.704)	10:18.399 (1:39.726)	11:57.543 (1:39.144)
	13:37.317 (1:39.774)	15:18.310 (1:40.994)	16:58.831 (1:40.521)	18:39.041 (1:40.210)
	20:11.102 (1:32.062)			
12	Jennifer Recinos	SO Clovis CC	20:36.86	
	43.904 (43.904)	2:13.511 (1:29.607)	3:47.619 (1:34.108)	5:23.953 (1:36.334)
	7:01.961 (1:38.009)	8:43.105 (1:41.144)	10:26.620 (1:43.516)	12:09.436 (1:42.816)
	13:51.776 (1:42.341)	15:36.684 (1:44.908)	17:19.307 (1:42.623)	19:01.325 (1:42.019)
	20:36.857 (1:35.533)			

## CCCAA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## Women 10000 Meter Run

State Meet: < 35:31.92 5/16/2015 Aminat Olowora, Southwestern Coll							
Name	Year	School	Finals	Points			
=====							
1 Sage Holter		FR Santa Barbara	38:28.08	10			
1:33.338 (1:33.338)	3:08.557 (1:35.220)	4:46.215 (1:37.658)	6:24.647 (1:38.432)				
7:56.491 (1:31.845)	9:32.443 (1:35.952)	11:09.938 (1:37.495)	12:44.326 (1:34.388)				
14:22.082 (1:37.757)	16:00.433 (1:38.351)	17:36.820 (1:36.387)	19:11.600 (1:34.780)				
20:44.930 (1:33.330)	22:16.357 (1:31.427)	23:45.326 (1:28.969)	25:15.260 (1:29.934)				
26:47.244 (1:31.984)	28:16.410 (1:29.166)	29:46.716 (1:30.306)	31:18.019 (1:31.303)				
32:42.681 (1:24.663)	34:09.254 (1:26.573)	35:36.397 (1:27.144)	37:02.067 (1:25.670)				
38:28.073 (1:26.006)							
2 Andrea Villegas		SO Hartnell	38:43.48	8			
1:34.177 (1:34.177)	3:09.178 (1:35.002)	4:46.819 (1:37.641)	6:25.902 (1:39.083)				
7:58.756 (1:32.855)	9:32.851 (1:34.095)	11:10.320 (1:37.469)	12:45.331 (1:35.012)				
14:22.452 (1:37.121)	16:00.653 (1:38.201)	17:37.176 (1:36.523)	19:11.872 (1:34.696)				
20:45.750 (1:33.879)	22:18.972 (1:33.222)	23:51.020 (1:32.048)	25:18.514 (1:27.495)				
26:46.999 (1:28.485)	28:16.115 (1:29.116)	29:46.457 (1:30.343)	31:18.314 (1:31.857)				
32:45.229 (1:26.916)	34:18.692 (1:33.463)	35:50.678 (1:31.987)	37:20.187 (1:29.509)				
38:43.473 (1:23.287)							
3 Mohussin Abakar		FR San Diego Me	39:17.70	6			
1:33.998 (1:33.998)	3:08.972 (1:34.974)	4:46.517 (1:37.545)	6:25.332 (1:38.816)				
7:58.414 (1:33.082)	9:32.685 (1:34.271)	11:10.033 (1:37.348)	12:44.892 (1:34.860)				
14:22.541 (1:37.649)	16:00.738 (1:38.197)	17:37.058 (1:36.320)	19:11.978 (1:34.921)				
20:45.601 (1:33.623)	22:18.601 (1:33.001)	23:53.164 (1:34.563)	25:27.646 (1:34.482)				
27:04.091 (1:36.445)	28:39.411 (1:35.320)	30:15.214 (1:35.804)	31:52.184 (1:36.970)				
33:28.094 (1:35.911)	35:02.135 (1:34.041)	36:31.093 (1:28.958)	37:58.472 (1:27.379)				
39:17.700 (1:19.228)							
4 Hannah Brown		SO Mt. Sac	39:25.36	5			
1:33.675 (1:33.675)	3:08.266 (1:34.592)	4:45.950 (1:37.684)	6:24.951 (1:39.001)				
7:56.800 (1:31.849)	9:32.180 (1:35.380)	11:09.701 (1:37.522)	12:44.626 (1:34.925)				
14:22.367 (1:37.741)	16:00.574 (1:38.207)	17:36.948 (1:36.374)	19:11.751 (1:34.803)				
20:45.294 (1:33.543)	22:18.918 (1:33.624)	23:53.182 (1:34.264)	25:27.737 (1:34.555)				
27:04.215 (1:36.479)	28:39.654 (1:35.439)	30:15.339 (1:35.686)	31:52.450 (1:37.111)				
33:28.183 (1:35.733)	35:02.726 (1:34.544)	36:37.248 (1:34.522)	38:09.279 (1:32.031)				
39:25.351 (1:16.073)							
5 Milca Osorio		SO Canyons	39:39.24	4			
1:34.278 (1:34.278)	3:09.262 (1:34.984)	4:46.805 (1:37.543)	6:25.625 (1:38.820)				
7:58.773 (1:33.148)	9:33.073 (1:34.301)	11:10.520 (1:37.447)	12:45.509 (1:34.990)				
14:22.850 (1:37.341)	16:00.844 (1:37.995)	17:37.275 (1:36.431)	19:12.131 (1:34.856)				
20:45.851 (1:33.721)	22:18.994 (1:33.143)	23:53.480 (1:34.487)	25:27.935 (1:34.455)				
27:04.381 (1:36.446)	28:39.915 (1:35.534)	30:16.027 (1:36.113)	31:53.043 (1:37.016)				
33:28.432 (1:35.389)	35:03.079 (1:34.647)	36:35.604 (1:32.525)	38:08.603 (1:32.999)				
39:39.231 (1:30.628)							
6 Serena Geis		SO De Anza	39:48.37	3			
1:34.798 (1:34.798)	3:09.782 (1:34.984)	4:47.323 (1:37.542)	6:26.314 (1:38.991)				
7:58.262 (1:31.949)	9:32.462 (1:34.200)	11:09.801 (1:37.340)	12:44.025 (1:34.224)				
14:21.792 (1:37.767)	16:00.157 (1:38.365)	17:36.630 (1:36.474)	19:11.314 (1:34.684)				
20:45.444 (1:34.131)	22:18.659 (1:33.215)	23:53.352 (1:34.693)	25:28.026 (1:34.674)				
27:04.364 (1:36.339)	28:39.560 (1:35.196)	30:15.693 (1:36.133)	31:52.544 (1:36.852)				
33:28.733 (1:36.189)	35:03.702 (1:34.969)	36:40.759 (1:37.058)	38:17.013 (1:36.254)				
39:48.366 (1:31.353)							

## CCCA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ....Women 10000 Meter Run

7	Ingrid Tamayo	FR Mt. Sac	40:13.27	2
	1:34.494 (1:34.494)	3:09.442 (1:34.948)	4:47.077 (1:37.635)	6:26.007 (1:38.930)
	7:59.055 (1:33.049)	9:33.191 (1:34.136)	11:10.745 (1:37.554)	12:45.864 (1:35.120)
	14:23.130 (1:37.266)	16:01.151 (1:38.021)	17:37.364 (1:36.213)	19:12.300 (1:34.936)
	20:46.125 (1:33.825)	22:19.518 (1:33.394)	23:54.301 (1:34.783)	25:28.551 (1:34.251)
	27:04.738 (1:36.187)	28:41.052 (1:36.314)	30:19.703 (1:38.651)	32:00.124 (1:40.421)
	33:40.777 (1:40.653)	35:20.771 (1:39.994)	37:00.387 (1:39.616)	38:38.759 (1:38.373)
	40:13.269 (1:34.510)			
8	Presley Bennett	FR San Diego Me	40:24.15	1
	1:34.611 (1:34.611)	3:09.541 (1:34.930)	4:47.039 (1:37.499)	6:25.741 (1:38.702)
	7:58.866 (1:33.125)	9:33.015 (1:34.149)	11:10.618 (1:37.604)	12:45.732 (1:35.114)
	14:22.974 (1:37.243)	16:01.257 (1:38.283)	17:37.536 (1:36.279)	19:12.530 (1:34.994)
	20:46.576 (1:34.047)	22:20.588 (1:34.012)	23:55.602 (1:35.014)	25:32.387 (1:36.785)
	27:11.469 (1:39.082)	28:51.218 (1:39.750)	30:32.196 (1:40.978)	32:14.738 (1:42.543)
	33:56.907 (1:42.169)	35:37.539 (1:40.632)	37:18.040 (1:40.502)	38:57.162 (1:39.122)
	40:24.146 (1:26.984)			
9	Alondra Morales-Espinoza	FR Mt. Sac	40:35.10	
	1:34.949 (1:34.949)	3:09.904 (1:34.955)	4:47.363 (1:37.459)	6:26.237 (1:38.874)
	7:59.358 (1:33.121)	9:33.681 (1:34.324)	11:11.056 (1:37.375)	12:46.371 (1:35.315)
	14:23.640 (1:37.269)	16:01.973 (1:38.333)	17:37.933 (1:35.961)	19:13.372 (1:35.439)
	20:49.367 (1:35.996)	22:25.346 (1:35.979)	24:04.101 (1:38.755)	25:41.409 (1:37.308)
	27:20.337 (1:38.928)	29:00.769 (1:40.433)	30:42.104 (1:41.335)	32:23.031 (1:40.928)
	34:03.842 (1:40.811)	35:43.848 (1:40.007)	37:26.227 (1:42.379)	39:04.568 (1:38.341)
	40:35.098 (1:30.530)			
10	Ami Jacobson	FR El Camino	40:54.24	
	1:33.971 (1:33.971)	3:08.893 (1:34.922)	4:46.540 (1:37.647)	6:25.355 (1:38.815)
	7:58.542 (1:33.187)	9:32.775 (1:34.234)	11:10.247 (1:37.472)	12:45.163 (1:34.916)
	14:22.689 (1:37.526)	16:02.625 (1:39.936)	17:36.810 (1:34.186)	19:12.180 (1:35.370)
	20:47.607 (1:35.428)	22:24.828 (1:37.221)	24:05.544 (1:40.717)	25:47.126 (1:41.582)
	27:28.546 (1:41.420)	29:10.191 (1:41.646)	30:49.478 (1:39.287)	32:29.644 (1:40.166)
	34:12.048 (1:42.404)	35:55.424 (1:43.376)	37:37.650 (1:42.227)	39:18.039 (1:40.389)
	40:54.236 (1:36.197)			
11	Alexandra Van Holt	FR Santa Rosa	41:14.08	
	1:35.146 (1:35.146)	3:10.169 (1:35.023)	4:47.595 (1:37.426)	6:26.612 (1:39.017)
	7:59.489 (1:32.877)	9:33.999 (1:34.511)	11:11.388 (1:37.389)	12:46.720 (1:35.333)
	14:23.972 (1:37.252)	16:02.571 (1:38.599)	17:39.272 (1:36.702)	19:18.348 (1:39.076)
	21:00.761 (1:42.413)	22:41.837 (1:41.077)	24:23.271 (1:41.434)	26:04.557 (1:41.286)
	27:46.158 (1:41.601)	29:27.931 (1:41.774)	31:11.583 (1:43.652)	32:54.415 (1:42.832)
	34:37.299 (1:42.885)	36:20.508 (1:43.209)	38:04.441 (1:43.933)	39:46.151 (1:41.710)
	41:14.075 (1:27.924)			
12	Marisol Munoz Maldonado	SO Moorpark	43:03.09	
	1:35.357 (1:35.357)	3:10.440 (1:35.083)	4:47.958 (1:37.518)	6:27.111 (1:39.153)
	8:02.459 (1:35.348)	9:44.300 (1:41.841)	11:29.125 (1:44.826)	13:16.557 (1:47.432)
	15:03.767 (1:47.210)	16:53.778 (1:50.011)	18:44.166 (1:50.388)	20:34.237 (1:50.071)
	22:20.744 (1:46.507)	24:11.788 (1:51.044)	26:03.214 (1:51.426)	27:56.714 (1:53.500)
	29:51.821 (1:55.108)	31:49.380 (1:57.559)	33:45.682 (1:56.302)	35:43.772 (1:58.090)
	37:42.701 (1:58.930)	39:36.280 (1:53.579)	41:24.154 (1:47.874)	43:03.082 (1:38.928)

## Women 100 Meter Hurdles

=====				
State Meet: < 13.50 5/16/2014 Kortni Smyers-Jones, Laney College				
Name	Year	School	Finals	Points
=====				
Section 1	Wind: 1.8			
1 Jazzmine Davis		SO Cerritos	13.72	10

## CCCAA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Women 100 Meter Hurdles

2	Cyvanna Bowen	FR Mt. Sac	13.79	8
3	Neshara Smith	FR Bakersfield	13.86	6
4	Isela Ochoa	SO Merritt	14.10	5
5	Alyssa Matsuzaki	FR El Camino	14.56	4
6	Amelia Liao	SO Merritt	14.59	3
7	Tia Spears	FR Compton	14.68	2
8	Ariane Nelson	SO Diablo Valley	15.25	1
9	Alexa Camacho	SO American River	15.29	

## Women 400 Meter Hurdles

State Meet: < 58.88 5/20/1995 Celana Clarke, Riverside College

Name	Year	School	Finals	Points
Section 1				
1	Isela Ochoa	SO Merritt	62.67	10
2	Alyssa Matsuzaki	FR El Camino	62.97	8
3	Ivy Miller	FR Sequoias	63.35	6
4	Kathryn Tamminga	FR Long Beach	63.97	5
5	Jazzmine Davis	SO Cerritos	64.59	4
6	Ava Ball	FR Moorpark	64.94	3
7	Tia Spears	FR Compton	65.88	2
8	Lauren Lee	FR West Los Angeles	66.01	1
9	Roxana Ruelas	SO Hartnell	66.41	

## Women 3000 Meter Steeplechase

State Meet: < 10:44.46 5/18/2009 Cassie Mitchell, Orange Coast Col

Name	Year	School	Finals	Points
1	Crystal Raya	SO Bakersfield	11:35.04	10
2	Ashley Ochoa	SO Hartnell	11:49.92	8
3	Karla Galvan	SO Mt. Sac	11:49.98	6
4	Kyana Cook	FR San Diego Me	12:04.31	5
5	Sophie Moser-Smith	FR San Diego Me	12:13.06	4
6	Lauren Berg	SO Cerritos	12:26.11	3
7	Brenda Garcia	SO Ventura	12:32.06	2
8	Mia Tarkington	FR De Anza	12:38.38	1
9	Dakota Zamarripa	FR Riverside	12:54.97	
10	Brenna Butler	FR Mt. Sac	13:03.32	
11	Casey Jones	FR Saddleback	13:14.88	
12	Delilah Chavez	FR Cerritos	13:53.17	

## Women 4x100 Meter Relay

State Meet: < 45.02 5/17/2008 Laney College, Laney College

School	Finals	Points
1 Cerritos	46.05	10
1) Jazzmine Davis SO		
2) Kimora Rogers FR		
3) Aryianna Faircloth SO		
4) Rionna Wallace SO		
2 Mt. Sac	46.31	8
1) Amari Weatherford SO		
2) Jaiden Hill FR		
3) Charisma Collins FR		
4) Delayshia Allen SO		
3 Diablo Valley	46.41	6

**CCCAA State Championships - 5/19/2023 to 5/20/2023****Modesto Junior College Stadium****Results****....Women 4x100 Meter Relay**

1) Desie Armstrong FR	2) Deserey Bryant FR		
3) Christina Trucks SO	4) Ariane Nelson SO		
4 West Los Angeles		46.97	5
1) Jada Turner FR	2) Chandler Smith FR		
3) Skye Harris FR	4) Hailey Adams FR		
5 Modesto		48.43	4
1) Allison Dasilva SO	2) Cora Grover FR		
3) Josalynn Ragland FR	4) Cadence Roy-Williams SO		
6 Long Beach		48.99	3
1) Radiance Lindsey SO	2) Destinee Reid SO		
3) Kathryn Tamminga FR	4) Morgan Venable FR		
7 Hartnell		49.23	2
1) Clodine Tabernilla SO	2) Aaliyah Carreras SO		
3) Roxana Ruelas SO	4) Daisy Macias FR		
8 San Diego Mesa College		49.31	1
1) Carli Nosler SO	2) Bella Bratton SO		
3) Kayla Leitner FR	4) Charly Overton SO		
9 De Anza		49.40	
1) Maezie Castillo SO	2) Maya Lew SO		
3) Hailey Franz SO	4) Amariah Davidson FR		

**Women 4x400 Meter Relay**

State Meet: < 3:37.75 5/21/1984 El Camino College, El Camino College  
Saville, Hemmans, Mayberry, Cabell

School Finals Points

1 West Los Angeles		3:51.99	10
1) Chandler Smith FR	2) Dalia Romo FR		
3) Paula Romo FR	4) Jada Turner FR		
2 Diablo Valley		3:52.23	8
1) Adjua Gibb-Gabriel SO	2) Deserey Bryant FR		
3) Meredith Binczewski SO	4) Christina Trucks SO		
3 Mt. Sac		3:53.69	6
1) Trista Michael SO	2) Tatiana Sprock FR		
3) Yasmeeen Delgado FR	4) Jaiden Hill FR		
4 Cerritos		3:54.81	5
1) Jazzmine Davis SO	2) Sophie Lopez SO		
3) Aryianna Faircloth SO	4) Elena Mack FR		
5 Riverside		3:55.98	4
1) Briana Miller FR	2) Zoe Ewell SO		
3) Lilana Quezada FR	4) Sarah De Leon FR		
6 Long Beach		3:59.21	3
1) Radiance Lindsey SO	2) Destinee Reid SO		
3) Bra'Nya Richson FR	4) Kathryn Tamminga FR		
7 De Anza		4:04.32	2
1) Amariah Davidson FR	2) Mia Tarkington FR		
3) Lydia Zertuche SO	4) Maya Lew SO		
8 Butte		4:05.82	1
1) Lydia Binger SO	2) Madison Kalberer SO		
3) Zoe Knowles FR	4) Julia Norman SO		
9 Hartnell		4:15.15	
1) Dominique Cervantes-Samudio FR	2) Roxana Ruelas SO		
3) Marilyn Macias SO	4) Aaliyah Carreras SO		

## CCCAA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## Women High Jump

State Meet: < 5-10.50 5/21/1988 Janine Bonin, Sac Joaquin Delta						
Name	Year	School	Finals		Points	
Flight 1						
1 Neshara Smith	FR	Bakersfield	1.61m	5-03.25	10	
	1.43	1.48	1.53	1.58	1.61	1.64
	---	O	O	XXO	XXO	---
2 Grace Gutierrez	FR	Cuesta	1.58m	5-02.25	8	
	1.43	1.48	1.53	1.58	1.61	
	---	O	O	O	XXX	
3 Jenniece Pingley	FR	Palomar	J1.58m	5-02.25	6	
	1.43	1.48	1.53	1.58	1.61	
	---	XO	XXO	O	XXX	
4 Alyssa Burke	SO	Shasta	J1.58m	5-02.25	5	
	1.43	1.48	1.53	1.58	1.61	
	---	---	O	XO	XXX	
5 Skye Camacho	FR	Monterey Peninsula	1.53m	5-00.25	3.50	
	1.43	1.48	1.53	1.58		
	O	XO	XO	XXX		
5 Brianna Nunn	SO	De Anza	1.53m	5-00.25	3.50	
	1.43	1.48	1.53	1.58		
	O	XO	XO	XXX		
7 Ashlyn Jory	FR	San Joaquin Delta	J1.53m	5-00.25	1.50	
	1.43	1.48	1.53	1.58		
	O	O	XXO	XXX		
7 Aaliyah Mendoza	SO	Mt. Sac	J1.53m	5-00.25	1.50	
	1.43	1.48	1.53	1.58		
	---	---	XXO	XXX		
9 Mia Nilsen-Aguilar	SO	Moorpark	1.48m	4-10.25		
	1.43	1.48	1.53			
	O	O	XXX			
-- Emily Nguyen	SO	Golden West	NH			
	1.43					
	XXX					
-- Halle Junqueiro	SO	Modesto	NH			
	1.43					
	XXX					
-- Angel Morris	FR	West Los Angeles	NH			
	1.43					
	XXX					

## Women Pole Vault

State Meet: < 12-07.25 5/16/2014 Tiziana Ruiz, Mt. San Antonio College						
Name	Year	School	Finals		Points	
1 Madison Rauch	SO	San Diego Me	3.56m	11-08.00	10	
	2.66	2.81	2.96	3.11	3.26	3.36 3.46 3.56 3.66
	---	---	---	XO	O	O O O XXX
2 Bailie Horton	FR	Mt. Sac	3.46m	11-04.25	8	
	2.66	2.81	2.96	3.11	3.26	3.36 3.46 3.56
	---	O	O	O	O	XO XXO XXX
3 Andie Aymond	SO	Chabot	J3.46m	11-04.25	6	
	2.66	2.81	2.96	3.11	3.26	3.36 3.46 3.56
	---	---	---	O	XO	XXO XXO XXX

## CCCAA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ....Women Pole Vault

4	Isabelle Teh	SO Saddleback	3.36m	11-00.25	5
	2.66 2.81 2.96 3.11 3.26 3.36 3.46				
	---	O O XXX			
5	Ava Ball	FR Moorpark	J3.36m	11-00.25	4
	2.66 2.81 2.96 3.11 3.26 3.36 3.46				
	O XO XO O O	O XXX			
6	Lorraine Mankins	SO Hartnell	3.11m	10-02.50	2.50
	2.66 2.81 2.96 3.11 3.26				
	---	XO O XXX			
6	Magdalene McBride	FR Modesto	3.11m	10-02.50	2.50
	2.66 2.81 2.96 3.11 3.26 3.36				
	O O XO O X-	R			
8	Samantha Crane	SO Moorpark	2.96m	9-08.50	0.50
	2.66 2.81 2.96 3.11				
	O O O XXX				
8	Brianna Nunn	SO De Anza	2.96m	9-08.50	0.50
	2.66 2.81 2.96 3.11				
	O O O XXX				
10	Shannon Gaitan	FR Mt. Sac	2.81m	9-02.50	
	2.66 2.81 2.96				
	---	O XXX			
11	Elise Ankeny	FR Shasta	2.66m	8-08.75	
	2.66 2.81				
	XXO XXX				
--	Ruby Loe	FR Santa Rosa		NH	
	2.66 2.81 2.96 3.11 3.26				
	---	XXX			

## Women Long Jump

State Meet: < 21-03.50 1983 Shella Nicks/C. Opara, COS/Citrus Colle							
Name	Year	School	Finals	Wind		Points	
1	Desie Armstrong	FR Diablo Valley	6.11m	1.4	20-00.50	10	
	5.61m(+0.0) 5.43m(1.5) FOUL(1.4) 5.97m(1.9) 5.71m(1.3) 6.11m(1.4)						
2	Ahnyx Bush	SO Mt. Sac	5.82m	1.8	19-01.25	8	
	FOUL(1.5) FOUL(2.1) 5.60m(1.0) 5.82m(1.8) 5.69m(1.8) 5.81m(0.4)						
3	Neshara Smith	FR Bakersfield	5.81m	1.8	19-00.75	6	
	5.39m(2.2) 5.06m(1.4) 5.65m(2.1) 5.75m(1.6) 5.60m(3.2) 5.81m(1.8)						
4	Summer Stevenson	FR Mt. Sac	5.77m	0.8	18-11.25	5	
	5.77m(0.8) FOUL(2.4) FOUL(1.7) 5.53m(1.5) 5.14m(0.5) 5.61m(1.5)						
5	McKenna Venegas	FR Mt. Sac	5.66m	1.4	18-07.00	4	
	FOUL(+0.0) 5.45m(0.8) FOUL(1.5) 5.46m(2.3) 5.66m(1.4) 5.46m(1.6)						
6	Rionna Wallace	SO Cerritos	J5.66m	0.3	18-07.00	3	
	FOUL(1.1) 5.66m(0.3) 5.42m(1.7) FOUL(1.7) PASS PASS						
7	Cadence Roy-Williams	SO Modesto	5.65m	1.9	18-06.50	2	
	5.10m(1.8) 5.64m(1.7) FOUL(2.5) 5.65m(1.9) 5.58m(+0.0) FOUL(+0.0)						
8	Ashley Gose	FR Cuesta	5.47m	1.3	17-11.50	1	
	5.17m(0.4) 5.47m(1.3) 5.46m(1.5) 4.97m(0.4) 5.30m(1.8) 5.22m(1.4)						
9	Alexa Camacho	SO American River	5.39m	2.1	17-08.25		
	5.39m(2.1) 5.25m(0.8) 5.38m(1.0) 5.38m(3.4) 5.38m(1.2) FOUL(1.8)						
10	Erielle De La Cruz	SO San Joaquin Delta	5.21m	2.9	17-01.25		
	4.56m(0.3) 5.11m(0.5) 5.21m(2.9)						
11	Maezie Castillo	SO De Anza	5.18m	1.2	17-00.00		
	5.18m(1.2) 5.12m(1.4) 5.09m(0.4)						

## CCCAA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Women Long Jump

12 McKenna Alderman FR Modesto 4.90m 1.6 16-01.00  
4.75m(0.5) 4.77m(0.7) 4.90m(1.6)

## Women Triple Jump

State Meet: < 42-06.25 5/20/2017 Juanita Webster, Cerritos College

Name	Year	School	Finals	Wind	Points
1 Ahnyx Bush		SO Mt. Sac	12.59m	1.1	41-03.75 10
			FOUL(+0.0) FOUL(1.6) 12.59m(1.1) 12.37m(+0.0) FOUL(0.3) FOUL(0.4)		
2 Summer Stevenson		FR Mt. Sac	12.57m	0.6	41-03.00 8
			12.56m(+0.0) FOUL(+0.0) 12.40m(0.7) 11.02m(0.1) 12.57m(0.6) FOUL(+0.0)		
3 Alyssa Burke		SO Shasta	11.82m	0.7	38-09.50 6
			11.45m(0.5) 11.67m(1.1) 11.35m(0.1) 11.39m(0.3) 11.82m(0.7) 11.52m(0.8)		
4 Madeline Scovil		FR Cuesta	11.75m	1.4	38-06.75 5
			11.16m(+0.0) 11.16m(1.5) 11.33m(0.2) 11.49m(1.5) 11.75m(1.4) 11.56m(0.4)		
5 Chelsea Kerr		SO Saddleback	11.58m	+0.0	38-00.00 4
			11.05m(0.1) 10.59m(+0.0) 11.18m(0.7) FOUL(1.8) FOUL(0.2) 11.58m(+0.0)		
6 Jenniece Pingley		FR Palomar	11.23m	0.1	36-10.25 3
			10.77m(0.1) 10.83m(+0.0) FOUL(0.2) 11.05m(1.3) 10.51m(0.7) 11.23m(0.1)		
7 Cadence Roy-Williams		SO Modesto	11.19m	+0.0	36-08.50 2
			10.97m(0.1) 11.07m(+0.0) 10.95m(+0.0) 11.00m(1.6) FOUL(+0.0) 11.19m(+0.0)		
8 Rachel Whitten		SO Saddleback	10.95m	1.6	35-11.25 1
			10.69m(+0.0) FOUL(+0.0) 10.95m(1.6) 10.91m(2.2) 10.77m(0.3) 10.92m(0.9)		
9 Erielle De La Cruz		SO San Joaquin Delta	10.92m	1.9	35-10.00
			10.03m(+0.0) 10.08m(+0.0) 10.76m(+0.0) 10.92m(1.9) 10.29m(+0.0) 10.83m(+0.0)		
10 Maezie Castillo		SO De Anza	10.55m	+0.0	34-07.50
			10.30m(+0.0) 10.55m(+0.0) 10.18m(+0.0)		
11 Ryann Gill		FR Fresno	10.26m	1.0	33-08.00
			10.17m(+0.0) 9.66m(0.9) 10.26m(1.0)		
12 Lorraine Mankins		SO Hartnell	10.13m	+0.0	33-03.00
			10.10m(+0.0) FOUL(0.6) 10.13m(+0.0)		

## Women Shot Put

State Meet: < 55-03.75 5/19/1990 Grace Apiafi, Mt. San Antonio College

Name	Year	School	Finals	Points
1 Ariana Grum		FR Golden West	13.35m	43-09.75 10
			12.76m 13.04m 13.31m 12.78m 12.42m 13.35m	
2 Kais Kimuli		FR San Diego Me	13.28m	43-07.00 8
			13.28m 12.47m 12.93m 12.96m 12.91m FOUL	
3 Amani Britton		SO San Joaquin Delta	12.89m	42-03.50 6
			11.72m 12.00m 12.44m 12.31m 12.52m 12.89m	
4 Alejandra Rosales		SO Riverside	12.74m	41-09.75 5
			12.74m FOUL 12.73m 12.56m FOUL FOUL	
5 Kathleen Saj Nelson		FR Ventura	12.09m	39-08.00 4
			12.03m 11.93m 11.75m 11.71m 11.91m 12.09m	
6 Sahira Lepes Sanchez		SO Mt. Sac	12.08m	39-07.75 3
			11.32m 10.98m 11.91m FOUL FOUL 12.08m	
7 Tupu Ve'e		FR Laney	11.81m	38-09.00 2
			11.47m 11.56m FOUL 11.81m FOUL 10.57m	
8 Casey Davis		SO Long Beach	11.64m	38-02.25 1
			10.88m FOUL 11.64m 11.58m 11.55m FOUL	

## CCCAA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Women Shot Put

9	Marina McNeil-Vivanco	SO De Anza	10.68m	35-00.50
	10.53m 10.18m 10.68m 10.66m 10.33m 10.31m			
10	Angelina Escobar	SO Cerritos	10.66m	34-11.75
	FOUL 10.66m 10.37m			
11	Cemara Collins	FR San Diego Me	10.18m	33-04.75
	10.18m FOUL FOUL			
12	Yadi Set	FR De Anza	9.88m	32-05.00
	9.42m FOUL 9.88m			

## Women Discus Throw

State Meet: < 168-03 5/21/2010 Samantha Gutierrez, Riverside College

Name	Year School	Finals	Points
1 Alejandra Rosales	SO Riverside	45.18m	148-03 10
	45.18m FOUL FOUL FOUL FOUL FOUL		
2 Angelina Escobar	SO Cerritos	43.80m	143-08 8
	32.88m FOUL 39.90m 41.88m 41.82m 43.80m		
3 Tearra Haney	SO Bakersfield	41.52m	136-03 6
	41.52m FOUL FOUL 40.32m 40.43m 41.23m		
4 Amani Britton	SO San Joaquin Delta	41.34m	135-07 5
	36.25m 30.36m 35.67m 35.90m FOUL 41.34m		
5 Elizabeth Ghazanchian	SO Pasadena	38.80m	127-03 4
	35.59m FOUL 38.80m 34.96m FOUL FOUL		
6 Amanda McFadden	FR Saddleback	38.26m	125-06 3
	37.59m 37.76m 34.97m 38.26m 36.92m 36.88m		
7 Kaela Estrada	SO San Diego Me	36.94m	121-02 2
	32.48m 33.87m 36.94m FOUL 36.20m 35.55m		
8 Rebecca Hampton	SO San Joaquin Delta	36.30m	119-01 1
	35.68m 35.39m 36.30m 34.12m 33.29m 35.46m		
9 Katelyn Strader	SO Hartnell	36.16m	118-08
	27.33m 36.16m FOUL 35.85m FOUL 31.13m		
10 Kais Kimuli	FR San Diego Me	35.39m	116-01
	FOUL 25.65m 35.39m		
11 Jocelyn Pedretti	FR Modesto	32.89m	107-11
	32.89m FOUL FOUL		
-- Isabella Reimann	SO Hartnell	FOUL	
	FOUL FOUL FOUL		

## Women Hammer Throw

State Meet: < 195-10 5/17/2013 Jessika Byrd, Riverside College

Name	Year School	Finals	Points
1 Katelyn Strader	SO Hartnell	48.87m	160-04 10
	48.87m FOUL 45.79m FOUL FOUL FOUL		
2 Faitalia Ah-Fook	SO Cerritos	47.27m	155-01 8
	47.20m 45.73m 46.00m 47.27m FOUL FOUL		
3 Isabella Popejoy	FR San Joaquin Delta	46.05m	151-01 6
	44.08m 46.05m FOUL 43.12m 44.70m 41.44m		
4 Sahira Lepes Sanchez	SO Mt. Sac	45.87m	150-06 5
	42.45m FOUL 45.87m FOUL 43.71m 45.19m		
5 Alejandra Rosales	SO Riverside	45.41m	149-00 4
	FOUL 40.23m 40.20m FOUL 41.13m 45.41m		

**CCCA State Championships - 5/19/2023 to 5/20/2023****Modesto Junior College Stadium****Results****...Women Hammer Throw**

6	Angelina Escobar	SO Cerritos	44.34m	145-06	3
	42.83m 44.34m 42.35m	FOUL 43.00m 43.67m			
7	Elizabeth Povey	SO American River	43.88m	143-11	2
	43.32m 41.96m 43.88m	41.37m 41.86m 42.04m			
8	Rylee Blanton	FR Riverside	42.57m	139-08	1
	39.19m 42.57m FOUL	41.69m 41.02m FOUL			
9	Marina McNeil-Vivanco	SO De Anza	40.66m	133-05	
	35.98m FOUL 39.97m	38.58m 40.66m FOUL			
10	Milika Burdett	FR Cerritos	39.89m	130-10	
	39.83m 38.77m 39.89m				
11	Rebecca Hampton	SO San Joaquin Delta	38.27m	125-07	
	37.50m 38.27m FOUL				
12	Isabella Reimann	SO Hartnell	36.53m	119-10	
	FOUL 36.53m FOUL				

**Women Javelin Throw**

State Meet: < 184-09 5/20/2000 Amy Thiel, Moorpark College						
Name	Year	School	Finals	Points		
1	Kaela Estrada	SO San Diego Me	37.96m	124-06	10	
	34.46m 35.08m 32.48m	31.62m 37.96m 32.91m				
2	Sara Peters	FR Shasta	35.53m	116-07	8	
	30.99m FOUL 35.53m	32.63m 34.26m 30.03m				
3	Angelina Escobar	SO Cerritos	34.90m	114-06	6	
	FOUL 31.55m 34.90m	34.01m 27.57m 30.89m				
4	Rebecca Hampton	SO San Joaquin Delta	34.23m	112-04	5	
	27.09m 33.51m 33.07m	34.23m 32.04m FOUL				
5	Vanessa Portillo	SO Glendale	33.70m	110-07	4	
	31.48m 33.70m 30.13m	28.49m 31.84m 30.59m				
6	Alexee Kline	FR Redwoods	33.64m	110-04	3	
	33.48m 30.92m 30.73m	31.49m 31.00m 33.64m				
7	Miekayla Surnip	SO San Joaquin Delta	33.42m	109-08	2	
	32.15m 32.36m 30.18m	32.34m 32.44m 33.42m				
8	Julia Norman	SO Butte	33.07m	108-06	1	
	31.54m 33.07m 26.81m	27.42m FOUL 31.70m				
9	Tearra Haney	SO Bakersfield	32.96m	108-02		
	32.25m 32.48m 32.25m	32.96m 30.60m 31.44m				
10	Joelyne Garcia	SO Pasadena	32.07m	105-02		
	32.07m 30.94m 29.67m					
11	Adriannan Slaybaugh	SO Redwoods	31.32m	102-09		
	31.32m 31.18m 31.25m					
12	Maezie Castillo	SO De Anza	28.06m	92-01		
	24.15m 28.06m 27.30m					

**Heptathlon: #4 Women 200 Meter Dash**

Name	Year	School	Finals	Points
Section 1 Wind: 1.7				
1	Maya Lew	SO De Anza	25.95	802
2	Mia Nilsen-Aguilar	SO Moorpark	26.46	757
3	Amelia Adamson	SO Yuba	27.26	690
4	Annabelle Low	FR Orange Coast	27.84	643
5	Camrenne Genilla	FR Modesto	27.94	636

## CCCA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Heptathlon: #4 Women 200 Meter Dash

6 Michelle Campos	SO Cerritos	28.06	626
Section 2 Wind: 0.7			
1 Jazzmine Davis	SO Cerritos	24.80	905
2 Katelyn Muniz	SO Orange Coast	26.34	768
3 Ashlyn Jory	FR San Joaquin Delta	26.85	724
4 Talynn Schroeder	FR Butte	27.47	673
5 Alexa Camacho	SO American River	27.75	651
6 Emily Nguyen	SO Golden West	28.34	604

## Heptathlon: #7 Women 800 Meter Run

Name	Year School	Finals	Points
Section 1			
1 Annabelle Low	FR Orange Coast	2:29.95	694
1:15.363 (1:15.363)	2:29.949 (1:14.587)		
2 Maya Lew	SO De Anza	2:33.00	656
1:17.492 (1:17.492)	2:32.992 (1:15.500)		
3 Katelyn Muniz	SO Orange Coast	2:33.58	649
1:15.648 (1:15.648)	2:33.573 (1:17.925)		
4 Ashlyn Jory	FR San Joaquin Delta	2:37.25	605
1:14.787 (1:14.787)	2:37.245 (1:22.458)		
5 Camrenne Genilla	FR Modesto	2:37.58	601
1:17.018 (1:17.018)	2:37.576 (1:20.558)		
6 Mia Nilsen-Aguilar	SO Moorpark	2:38.94	585
1:17.313 (1:17.313)	2:38.938 (1:21.625)		
7 Emily Nguyen	SO Golden West	2:40.53	567
1:17.926 (1:17.926)	2:40.524 (1:22.598)		
8 Amelia Adamson	SO Yuba	2:40.70	565
1:17.654 (1:17.654)	2:40.692 (1:23.038)		
9 Jazzmine Davis	SO Cerritos	2:43.91	529
1:17.158 (1:17.158)	2:43.908 (1:26.750)		
10 Talynn Schroeder	FR Butte	2:44.35	524
1:18.492 (1:18.492)	2:44.349 (1:25.857)		
11 Michelle Campos	SO Cerritos	2:46.43	501
1:17.633 (1:17.633)	2:46.424 (1:28.792)		
12 Alexa Camacho	SO American River	2:58.03	384
1:22.693 (1:22.693)	2:58.028 (1:35.335)		

## Heptathlon: #1 Women 100 Meter Hurdles

Name	Year School	Finals	Points
Section 1 Wind: 1.9			
1 Mia Nilsen-Aguilar	SO Moorpark	15.77	743
2 Maya Lew	SO De Anza	16.10	702
3 Katelyn Muniz	SO Orange Coast	16.19	691
4 Camrenne Genilla	FR Modesto	16.87	611
Section 2 Wind: 2.2			
1 Talynn Schroeder	FR Butte	15.53	773
2 Ashlyn Jory	FR San Joaquin Delta	17.03	593
3 Emily Nguyen	SO Golden West	17.87	502
4 Michelle Campos	SO Cerritos	18.95	395
Section 3 Wind: 2.0			
1 Jazzmine Davis	SO Cerritos	14.02	976



**CCCAA State Championships - 5/19/2023 to 5/20/2023****Modesto Junior College Stadium****Results****....Heptathlon: #5 Women Long Jump**

3	Emily Nguyen	SO Golden West	5.12m	1.4	16-09.75	592
	FOUL(0.3) 4.90m(+0.0) 5.12m(1.4)					
4	Amelia Adamson	SO Yuba	5.08m	+0.0	16-08.00	581
	4.99m(1.3) 4.81m(+0.0) 5.08m(+0.0)					
5	Camrenne Genilla	FR Modesto	4.97m	+0.0	16-03.75	551
	4.64m(+0.0) 4.81m(+0.0) 4.97m(+0.0)					
6	Ashlyn Jory	FR San Joaquin Delta	4.95m	0.4	16-03.00	546
	4.74m(2.1) 4.95m(0.4) 4.83m(+0.0)					
7	Mia Nilsen-Aguilar	SO Moorpark	4.94m	+0.0	16-02.50	543
	4.81m(1.2) 4.94m(+0.0) 4.79m(1.0)					
8	Talynn Schroeder	FR Butte	4.82m	1.2	15-09.75	511
	FOUL(+0.0) FOUL(2.1) 4.82m(1.2)					
9	Katelyn Muniz	SO Orange Coast	4.76m	0.6	15-07.50	495
	4.72m(+0.0) 4.71m(0.1) 4.76m(0.6)					
10	Michelle Campos	SO Cerritos	4.61m	1.2	15-01.50	456
	4.30m(+0.0) 4.22m(+0.0) 4.61m(1.2)					
11	Maya Lew	SO De Anza	4.36m	1.4	14-03.75	393
	FOUL(1.8) 4.22m(0.7) 4.36m(1.4)					
12	Annabelle Low	FR Orange Coast	4.27m	1.8	14-00.25	371
	4.11m(+0.0) 3.97m(0.7) 4.27m(1.8)					

**Heptathlon: #3 Women Shot Put**

Name	Year School	Finals	Points	
1 Ashlyn Jory	FR San Joaquin Delta	10.06m	33-00.25	533
		9.49m 10.06m 9.17m		
2 Jazzmine Davis	SO Cerritos	10.00m	32-09.75	529
		9.29m 10.00m 8.87m		
3 Camrenne Genilla	FR Modesto	9.36m	30-08.50	488
		FOUL 9.36m 9.09m		
4 Alexa Camacho	SO American River	9.33m	30-07.50	486
		9.33m 8.90m 8.62m		
5 Amelia Adamson	SO Yuba	9.13m	29-11.50	473
		8.48m 8.59m 9.13m		
6 Michelle Campos	SO Cerritos	9.07m	29-09.25	469
		8.10m 8.74m 9.07m		
7 Mia Nilsen-Aguilar	SO Moorpark	8.82m	28-11.25	452
		8.82m 8.76m 8.21m		
8 Emily Nguyen	SO Golden West	8.43m	27-08.00	427
		8.43m 8.00m 8.41m		
9 Maya Lew	SO De Anza	8.14m	26-08.50	408
		6.69m 8.14m 7.78m		
10 Talynn Schroeder	FR Butte	8.07m	26-05.75	404
		8.04m 8.07m 7.49m		
11 Annabelle Low	FR Orange Coast	7.98m	26-02.25	398
		7.50m 7.98m 7.75m		
12 Katelyn Muniz	SO Orange Coast	7.57m	24-10.00	372
		6.36m 7.57m 7.09m		

**Heptathlon: #6 Women Javelin Throw**

Name	Year School	Finals	Points
------	-------------	--------	--------

## CCCAA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Heptathlon: #6 Women Javelin Throw

1	Camrenne Genilla	FR Modesto	34.77m	114-01	567
	34.77m 33.21m 28.84m				
2	Ashlyn Jory	FR San Joaquin Delta	30.24m	99-02	481
	30.15m 30.24m 29.63m				
3	Amelia Adamson	SO Yuba	29.65m	97-03	470
	28.80m 29.65m 28.85m				
4	Emily Nguyen	SO Golden West	27.85m	91-04	436
	27.85m FOUL FOUL				
5	Annabelle Low	FR Orange Coast	27.56m	90-05	430
	27.56m 18.50m 24.98m				
6	Alexa Camacho	SO American River	26.59m	87-03	412
	21.97m FOUL 26.59m				
7	Jazzmine Davis	SO Cerritos	25.89m	84-11	399
	25.60m 25.52m 25.89m				
8	Mia Nilsen-Aguilar	SO Moorpark	25.65m	84-02	395
	23.17m 24.43m 25.65m				
9	Michelle Campos	SO Cerritos	25.48m	83-07	391
	22.04m 25.48m 25.26m				
10	Talynn Schroeder	FR Butte	23.43m	76-10	353
	22.66m 22.85m 23.43m				
11	Katelyn Muniz	SO Orange Coast	20.04m	65-09	290
	20.04m 18.73m 19.14m				
12	Maya Lew	SO De Anza	15.60m	51-02	208
	12.61m 12.11m 15.60m				

## Women Heptathlon

State Meet: < 5424 5/20/2017 Juanita Webster, Cerritos College					
Name	Year	School	Finals	Points	
1 Jazzmine Davis	SO	Cerritos	4704	10	
2 Amelia Adamson	SO	Yuba	4269	8	
3 Ashlyn Jory	FR	San Joaquin Delta	4160	6	
4 Mia Nilsen-Aguilar	SO	Moorpark	4119	5	
5 Alexa Camacho	SO	American River	3968	4	
6 Camrenne Genilla	FR	Modesto	3966	3	
7 Talynn Schroeder	FR	Butte	3815	2	
8 Katelyn Muniz	SO	Orange Coast	3746	1	
9 Emily Nguyen	SO	Golden West	3738		
10 Annabelle Low	FR	Orange Coast	3702		
11 Maya Lew	SO	De Anza	3650		
12 Michelle Campos	SO	Cerritos	3319		

## Men 100 Meter Dash

State Meet: < 9.93 5/16/2014 Kemarley Brown, Merritt College					
Name	Year	School	Finals	Points	
Section 1 Wind: 0.8					
1 Jacob Williams	FR	Mt. Sac	10.33	10	
2 Moray Steward	SO	San Diego Me	10.38	8	
3 Jake Jensen	FR	Mt. Sac	10.48	6	
4 Cornell Davis	FR	Diablo Valley	10.54	5	
5 Lamar Smith	FR	San Diego Me	10.59	4	
6 Zion Mayo	SO	Chabot	10.64	3	

**CCCAA State Championships - 5/19/2023 to 5/20/2023****Modesto Junior College Stadium****Results****...Men 100 Meter Dash**

7	Isaiah Marecheau	SO Ventura	10.69	2
8	Chaison Wesley	SO Merritt	10.76	1
9	Tim Conerly	FR Fresno	15.90	

**Men 200 Meter Dash**

=====  
 State Meet: < 20.29 5/14/2014 Kemarley Brown, Merritt College

Name	Year	School	Finals	Points
===== Section 1 Wind: 0.1				
1	Kerry Smith	FR Mt. Sac	21.37	10
2	Jake Jensen	FR Mt. Sac	21.44	8
3	Lamar Smith	FR San Diego Me	21.47	6
4	Kwaku Owusu	SO Merritt	21.54	5
5	Zion Mayo	SO Chabot	21.66	4
6	Jordon Smith	SO West Los Angeles	21.67	3
7	Colin Quinn	SO Moorpark	21.89	2
8	Chaison Wesley	SO Merritt	22.02	1
9	Derrick Jones	SO Sequoias	22.11	

**Men 400 Meter Dash**

=====  
 State Meet: < 44.91 5/17/1997 Tyree Washington, San Bernardino Val

Name	Year	School	Finals	Points
===== Section 1				
1	Kwaku Owusu	SO Merritt	47.77	10
2	Jordon Smith	SO West Los Angeles	48.09	8
3	Nick Felix	FR Mt. Sac	48.11	6
4	Amaree Berry	SO Cuyamaca	48.29	5
5	Colby Owens	SO Cerritos	48.85	4
6	Malachi Cox	SO Modesto	48.96	3
7	Gabe Martinez	SO San Joaquin Delta	49.48	2
8	Quincy Patton	FR Clovis CC	49.70	1
9	Fernando Valenzuela	FR East LA	50.53	

**Men 800 Meter Run**

=====  
 State Meet: < 1:46.97 5/17/1986 Lorenzo Brown, Mira Costa College

Name	Year	School	Finals	Points
===== Section 1				
1	Jake Beckwith	SO San Diego Me	1:54.32	10
	56.229 (56.229)	1:54.316 (58.087)		
2	Kyle Reden	SO Riverside	1:54.36	8
	56.020 (56.020)	1:54.358 (58.339)		
3	Luke Gleason	SO Riverside	1:54.66	6
	56.394 (56.394)	1:54.653 (58.260)		
4	Thomas Scofano	FR Mt. Sac	1:54.94	5
	56.166 (56.166)	1:54.937 (58.772)		
5	Anthony Lopez	FR Mt. Sac	1:55.33	4
	56.150 (56.150)	1:55.321 (59.171)		
6	James Neely	SO El Camino	1:55.84	3
	55.865 (55.865)	1:55.839 (59.974)		
7	Kyle Byrne	SO Redwoods	1:56.46	2
	56.930 (56.930)	1:56.457 (59.527)		

## CCCA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Men 800 Meter Run

8 Jackson Reindel	SO Shasta	1:57.85	1
57.442 (57.442)	1:57.850 (1:00.409)		
9 Julius Largaespada	SO Glendale	1:57.92	
57.859 (57.859)	1:57.915 (1:00.056)		

## Men 1500 Meter Run

State Meet: < 3:41.76 5/18/1989 Nourredine Morceli, Riverside Coll  
Name Year School Finals Points

1 Esteban Deniz	SO Hartnell	3:51.01	10
44.657 (44.657)	1:47.306 (1:02.650)	2:51.504 (1:04.198)	3:51.003 (59.500)
2 Julius Largaespada	SO Glendale	3:51.54	8
45.080 (45.080)	1:48.758 (1:03.678)	2:52.524 (1:03.767)	3:51.535 (59.011)
3 Bryce Gardhouse	SO Moorpark	3:56.92	6
45.870 (45.870)	1:50.294 (1:04.424)	2:56.055 (1:05.762)	3:56.914 (1:00.860)
4 Anthony Erikson	FR Cuesta	3:57.14	5
47.045 (47.045)	1:52.017 (1:04.972)	2:55.817 (1:03.800)	3:57.138 (1:01.322)
5 Devin Provence	SO San Diego Me	3:57.55	4
45.657 (45.657)	1:48.713 (1:03.057)	2:51.719 (1:03.006)	3:57.549 (1:05.830)
6 Moises Benito	FR Hartnell	3:58.35	3
45.779 (45.779)	1:51.178 (1:05.399)	2:55.916 (1:04.738)	3:58.349 (1:02.434)
7 Dominic Robles	SO Modesto	4:00.40	2
45.428 (45.428)	1:49.259 (1:03.831)	2:54.897 (1:05.638)	4:00.391 (1:05.494)
8 Abraham Alsaiddi	SO Modesto	4:03.53	1
46.426 (46.426)	1:51.085 (1:04.659)	2:56.466 (1:05.381)	4:03.530 (1:07.064)
9 Joey Acosta	SO San Diego Me	4:04.57	
46.099 (46.099)	1:51.772 (1:05.673)	2:58.495 (1:06.724)	4:04.570 (1:06.075)
10 Jude Giolitto	FR San Diego Me	4:09.85	
46.869 (46.869)	1:53.233 (1:06.365)	3:03.281 (1:10.048)	4:09.850 (1:06.570)
11 Zak Beckwith	SO San Diego Me	4:10.85	
45.590 (45.590)	1:50.864 (1:05.275)	3:00.017 (1:09.153)	4:10.846 (1:10.830)
12 Ricky Diaz III	SO Hartnell	4:14.98	
46.664 (46.664)	1:52.363 (1:05.699)	3:01.048 (1:08.685)	4:14.980 (1:13.933)

## Men 5000 Meter Run

State Meet: < 14:10.40 5/31/1976 Victor Simonian, LA City College  
Name Year School Finals Points

1 Marco Perez	SO San Joaquin Delta	14:39.74	10
38.209 (38.209)	1:50.441 (1:12.232)	3:01.402 (1:10.961)	4:11.968 (1:10.567)
5:23.085 (1:11.117)	6:34.666 (1:11.582)	7:46.175 (1:11.509)	8:58.988 (1:12.814)
10:09.796 (1:10.808)	11:18.886 (1:09.090)	12:28.251 (1:09.365)	13:36.506 (1:08.256)
14:39.737 (1:03.231)			
2 Jonathan Zavala	FR Mt. Sac	14:43.12	8
38.547 (38.547)	1:50.372 (1:11.825)	3:00.908 (1:10.537)	4:11.697 (1:10.789)
5:23.034 (1:11.337)	6:34.474 (1:11.441)	7:46.216 (1:11.743)	8:59.168 (1:12.952)
10:10.037 (1:10.870)	11:19.120 (1:09.083)	12:28.482 (1:09.362)	13:36.742 (1:08.260)
14:43.118 (1:06.377)			
3 Muhammed Ahmed	SO Chabot	14:51.13	6
37.482 (37.482)	1:49.971 (1:12.489)	3:01.271 (1:11.300)	4:12.444 (1:11.174)
5:23.793 (1:11.349)	6:35.173 (1:11.381)	7:47.003 (1:11.831)	8:59.449 (1:12.446)
10:10.290 (1:10.841)	11:19.734 (1:09.444)	12:30.836 (1:11.103)	13:42.655 (1:11.819)
14:51.130 (1:08.476)			

**CCCA State Championships - 5/19/2023 to 5/20/2023**

**Modesto Junior College Stadium**

**Results**

**....Men 5000 Meter Run**

4	Elliot Daniels	FR De Anza	14:52.19	5	
	38.188 (38.188)	1:50.793 (1:12.605)	3:00.364 (1:09.571)	4:11.473 (1:11.110)	
	5:22.876 (1:11.403)	6:35.535 (1:12.660)	7:46.668 (1:11.133)	8:59.137 (1:12.469)	
	10:12.147 (1:13.010)	11:23.150 (1:11.004)	12:35.021 (1:11.872)	13:45.597 (1:10.576)	
	14:52.187 (1:06.590)				
5	Francisco Felix	SO Bakersfield	14:52.52	4	
	38.009 (38.009)	1:50.149 (1:12.141)	3:00.664 (1:10.515)	4:11.682 (1:11.018)	
	5:22.831 (1:11.149)	6:34.135 (1:11.304)	7:46.037 (1:11.903)	8:59.008 (1:12.972)	
	10:10.655 (1:11.647)	11:21.760 (1:11.105)	12:34.359 (1:12.599)	13:46.657 (1:12.298)	
	14:52.512 (1:05.855)				
6	Esteban Deniz	SO Hartnell	15:00.72	3	
	37.086 (37.086)	1:49.670 (1:12.584)	3:00.114 (1:10.444)	4:11.207 (1:11.093)	
	5:22.604 (1:11.398)	6:34.784 (1:12.180)	7:47.037 (1:12.254)	9:00.201 (1:13.164)	
	10:12.381 (1:12.180)	11:24.773 (1:12.392)	12:38.346 (1:13.573)	13:51.330 (1:12.984)	
	15:00.713 (1:09.383)				
7	David Millan	SO San Diego Me	15:03.27	2	
	37.265 (37.265)	1:50.045 (1:12.780)	3:01.089 (1:11.045)	4:11.843 (1:10.754)	
	5:23.298 (1:11.455)	6:34.283 (1:10.986)	7:46.390 (1:12.107)	8:59.677 (1:13.288)	
	10:12.389 (1:12.712)	11:24.700 (1:12.312)	12:41.774 (1:17.074)	13:58.617 (1:16.843)	
	15:03.270 (1:04.653)				
8	Bryce Kueker	SO San Diego Me	15:04.65	1	
	37.829 (37.829)	1:50.590 (1:12.762)	3:01.595 (1:11.005)	4:12.632 (1:11.038)	
	5:23.750 (1:11.118)	6:36.291 (1:12.541)	7:49.123 (1:12.832)	9:02.955 (1:13.833)	
	10:17.410 (1:14.456)	11:31.589 (1:14.179)	12:46.400 (1:14.812)	13:58.713 (1:12.313)	
	15:04.646 (1:05.933)				
9	Devin Provence	SO San Diego Me	15:12.23		
	38.470 (38.470)	1:51.215 (1:12.745)	3:01.653 (1:10.439)	4:12.179 (1:10.526)	
	5:23.532 (1:11.354)	6:34.906 (1:11.374)	7:46.737 (1:11.831)	8:59.281 (1:12.544)	
	10:13.161 (1:13.880)	11:28.907 (1:15.747)	12:45.436 (1:16.529)	14:00.061 (1:14.626)	
	15:12.222 (1:12.161)				
10	Alan Jimenez	SO San Diego Me	15:14.62		
	37.762 (37.762)	1:50.122 (1:12.360)	3:00.859 (1:10.738)	4:11.946 (1:11.087)	
	5:23.268 (1:11.322)	6:35.273 (1:12.006)	7:47.400 (1:12.127)	8:59.921 (1:12.522)	
	10:12.890 (1:12.970)	11:29.199 (1:16.309)	12:47.099 (1:17.900)	14:04.498 (1:17.400)	
	15:14.618 (1:10.120)				
11	Moises Benito	FR Hartnell	15:15.88		
	38.717 (38.717)	1:51.417 (1:12.701)	3:02.435 (1:11.018)	4:12.886 (1:10.451)	
	5:24.392 (1:11.506)	6:37.369 (1:12.978)	7:51.169 (1:13.800)	9:06.916 (1:15.748)	
	10:22.394 (1:15.478)	11:38.016 (1:15.622)	12:53.888 (1:15.873)	14:09.494 (1:15.606)	
	15:15.879 (1:06.386)				
12	Pedro Tirado	SO American River	15:20.72		
	38.775 (38.775)	1:50.997 (1:12.222)	3:02.105 (1:11.108)	4:13.060 (1:10.956)	
	5:24.043 (1:10.983)	6:36.566 (1:12.523)	7:48.589 (1:12.023)	9:02.651 (1:14.063)	
	10:17.468 (1:14.817)	11:32.574 (1:15.106)	12:50.313 (1:17.740)	14:08.638 (1:18.325)	
	15:20.719 (1:12.082)				

**Men 10000 Meter Run**

=====					
State Meet:	< 29:39.31	5/21/1999	Wilhelm Gidasuday,	Riverside Coll	
Name		Year School	Finals	Points	
=====					

## CCCA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Men 10000 Meter Run

1	Jonathan Zavala	FR Mt. Sac	31:28.11	10
	1:20.653 (1:20.653)	2:41.078 (1:20.425)	3:58.427 (1:17.349)	5:17.326 (1:18.900)
	6:34.479 (1:17.153)	7:51.513 (1:17.034)	9:03.839 (1:12.326)	10:18.371 (1:14.533)
	11:34.885 (1:16.514)	12:52.432 (1:17.547)	14:09.019 (1:16.587)	15:22.419 (1:13.400)
	16:40.996 (1:18.578)	17:53.890 (1:12.894)	19:11.782 (1:17.892)	20:26.634 (1:14.853)
	21:39.184 (1:12.550)	22:54.474 (1:15.290)	24:12.776 (1:18.303)	25:31.600 (1:18.824)
	26:46.453 (1:14.854)	28:01.357 (1:14.904)	29:15.183 (1:13.826)	30:25.417 (1:10.234)
	31:28.110 (1:02.694)			
2	Muhammed Ahmed	SO Chabot	31:31.83	8
	1:21.162 (1:21.162)	2:41.509 (1:20.347)	3:58.939 (1:17.430)	5:17.575 (1:18.636)
	6:34.731 (1:17.157)	7:52.093 (1:17.362)	9:04.234 (1:12.141)	10:18.641 (1:14.408)
	11:35.576 (1:16.935)	12:52.220 (1:16.644)	14:08.792 (1:16.573)	15:22.160 (1:13.368)
	16:40.764 (1:18.605)	17:53.632 (1:12.868)	19:11.455 (1:17.824)	20:26.375 (1:14.920)
	21:38.945 (1:12.570)	22:54.223 (1:15.278)	24:12.531 (1:18.309)	25:31.356 (1:18.825)
	26:46.221 (1:14.866)	28:01.137 (1:14.916)	29:15.008 (1:13.871)	30:25.180 (1:10.172)
	31:31.823 (1:06.644)			
3	Francisco Felix	SO Bakersfield	31:32.27	6
	1:21.662 (1:21.662)	2:41.946 (1:20.285)	3:59.075 (1:17.129)	5:17.696 (1:18.621)
	6:35.007 (1:17.311)	7:51.907 (1:16.900)	9:04.792 (1:12.885)	10:19.335 (1:14.544)
	11:36.599 (1:17.264)	12:51.713 (1:15.114)	14:08.359 (1:16.646)	15:21.736 (1:13.378)
	16:40.532 (1:18.796)	17:54.084 (1:13.552)	19:11.896 (1:17.813)	20:26.096 (1:14.200)
	21:38.698 (1:12.603)	22:53.940 (1:15.242)	24:12.328 (1:18.388)	25:31.118 (1:18.790)
	26:45.975 (1:14.857)	28:00.871 (1:14.897)	29:14.774 (1:13.903)	30:25.997 (1:11.223)
	31:32.262 (1:06.266)			
4	Elliot Daniels	FR De Anza	31:36.53	5
	1:20.525 (1:20.525)	2:40.899 (1:20.374)	3:58.214 (1:17.316)	5:17.108 (1:18.894)
	6:34.287 (1:17.180)	7:51.740 (1:17.453)	9:04.541 (1:12.801)	10:19.081 (1:14.540)
	11:36.072 (1:16.991)	12:52.034 (1:15.963)	14:08.557 (1:16.523)	15:22.765 (1:14.208)
	16:41.274 (1:18.509)	17:54.372 (1:13.098)	19:11.707 (1:17.336)	20:27.089 (1:15.382)
	21:40.231 (1:13.142)	22:55.503 (1:15.272)	24:13.046 (1:17.544)	25:30.862 (1:17.816)
	26:46.742 (1:15.880)	28:01.731 (1:14.989)	29:14.974 (1:13.243)	30:27.473 (1:12.499)
	31:36.526 (1:09.053)			
5	Ricky Diaz III	SO Hartnell	32:31.99	4
	1:21.399 (1:21.399)	2:41.812 (1:20.413)	3:59.684 (1:17.873)	5:18.169 (1:18.485)
	6:35.631 (1:17.462)	7:52.645 (1:17.014)	9:07.010 (1:14.365)	10:23.348 (1:16.339)
	11:40.777 (1:17.429)	12:59.507 (1:18.730)	14:16.971 (1:17.464)	15:36.444 (1:19.473)
	16:56.561 (1:20.117)	18:14.985 (1:18.424)	19:33.108 (1:18.124)	20:52.354 (1:19.246)
	22:12.709 (1:20.355)	23:34.564 (1:21.855)	24:56.104 (1:21.540)	26:13.556 (1:17.452)
	27:28.104 (1:14.549)	28:44.452 (1:16.348)	30:01.789 (1:17.337)	31:18.250 (1:16.461)
	32:31.983 (1:13.734)			
6	Louis Torres	FR Mt. Sac	32:36.40	3
	1:21.437 (1:21.437)	2:41.777 (1:20.340)	3:59.732 (1:17.955)	5:18.064 (1:18.332)
	6:35.410 (1:17.347)	7:52.480 (1:17.070)	9:06.839 (1:14.359)	10:23.962 (1:17.124)
	11:41.269 (1:17.307)	12:59.591 (1:18.323)	14:17.200 (1:17.609)	15:36.416 (1:19.216)
	16:55.939 (1:19.523)	18:14.353 (1:18.414)	19:32.614 (1:18.261)	20:51.874 (1:19.260)
	22:12.763 (1:20.889)	23:34.418 (1:21.656)	24:55.935 (1:21.517)	26:14.845 (1:18.910)
	27:32.730 (1:17.885)	28:52.597 (1:19.867)	30:11.776 (1:19.179)	31:30.040 (1:18.264)
	32:36.393 (1:06.354)			
7	Jesus Villarreal	SO San Diego Me	32:38.40	2
	1:20.827 (1:20.827)	2:41.168 (1:20.341)	3:58.677 (1:17.510)	5:17.352 (1:18.675)
	6:34.606 (1:17.255)	7:51.819 (1:17.213)	9:06.130 (1:14.311)	10:23.177 (1:17.048)
	11:41.123 (1:17.946)	12:59.755 (1:18.633)	14:17.311 (1:17.556)	15:36.529 (1:19.218)
	16:56.150 (1:19.622)	18:14.696 (1:18.546)	19:32.850 (1:18.154)	20:52.085 (1:19.236)
	22:12.349 (1:20.264)	23:34.213 (1:21.864)	24:55.720 (1:21.508)	26:14.643 (1:18.923)
	27:33.223 (1:18.580)	28:53.325 (1:20.102)	30:11.985 (1:18.661)	31:29.898 (1:17.913)
	32:38.396 (1:08.498)			

## CCCA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Men 10000 Meter Run

8	Gavyn Condit	SO Riverside	32:41.68	1	
	1:21.079 (1:21.079)	2:41.373 (1:20.295)	3:59.161 (1:17.788)	5:17.753 (1:18.592)	
	6:35.278 (1:17.525)	7:52.315 (1:17.037)	9:06.083 (1:13.768)	10:21.587 (1:15.505)	
	11:40.836 (1:19.249)	12:59.612 (1:18.777)	14:16.800 (1:17.188)	15:36.318 (1:19.519)	
	16:56.432 (1:20.114)	18:14.195 (1:17.764)	19:32.356 (1:18.161)	20:51.704 (1:19.348)	
	22:12.583 (1:20.879)	23:34.477 (1:21.894)	24:56.001 (1:21.524)	26:13.904 (1:17.904)	
	27:32.123 (1:18.219)	28:52.308 (1:20.185)	30:12.832 (1:20.524)	31:32.346 (1:19.515)	
	32:41.676 (1:09.330)				
9	Jalen Griego	FR Mt. Sac	32:52.62		
	1:20.866 (1:20.866)	2:41.301 (1:20.435)	3:59.357 (1:18.056)	5:17.981 (1:18.625)	
	6:34.904 (1:16.923)	7:52.261 (1:17.358)	9:06.384 (1:14.123)	10:22.662 (1:16.278)	
	11:40.508 (1:17.847)	12:59.258 (1:18.750)	14:17.551 (1:18.293)	15:36.698 (1:19.147)	
	16:56.273 (1:19.575)	18:13.944 (1:17.672)	19:32.046 (1:18.102)	20:51.446 (1:19.400)	
	22:12.574 (1:21.128)	23:34.305 (1:21.731)	24:55.850 (1:21.545)	26:14.189 (1:18.339)	
	27:31.271 (1:17.082)	28:50.348 (1:19.078)	30:11.489 (1:21.141)	31:33.589 (1:22.101)	
	32:52.612 (1:19.023)				
10	Jake Santana	SO Monterey Peninsula	33:12.39		
	1:17.114 (1:17.114)	2:37.459 (1:20.346)	3:57.876 (1:20.417)	5:16.786 (1:18.910)	
	6:33.980 (1:17.195)	7:51.320 (1:17.340)	9:06.634 (1:15.314)	10:23.519 (1:16.886)	
	11:40.604 (1:17.085)	12:59.141 (1:18.538)	14:17.197 (1:18.056)	15:36.712 (1:19.515)	
	16:56.547 (1:19.835)	18:14.858 (1:18.312)	19:33.656 (1:18.798)	20:53.206 (1:19.551)	
	22:12.813 (1:19.607)	23:34.617 (1:21.804)	24:56.204 (1:21.588)	26:16.402 (1:20.198)	
	27:38.608 (1:22.206)	29:01.962 (1:23.354)	30:25.860 (1:23.898)	31:48.896 (1:23.037)	
	33:12.384 (1:23.488)				
11	Austin Ledgerwood	FR Mt. Sac	33:13.46		
	1:21.140 (1:21.140)	2:41.542 (1:20.402)	3:59.472 (1:17.930)	5:17.890 (1:18.418)	
	6:35.159 (1:17.269)	7:52.064 (1:16.905)	9:06.527 (1:14.463)	10:23.777 (1:17.250)	
	11:41.076 (1:17.299)	12:59.389 (1:18.313)	14:16.753 (1:17.365)	15:36.185 (1:19.432)	
	16:56.299 (1:20.115)	18:16.174 (1:19.875)	19:38.064 (1:21.891)	20:59.229 (1:21.165)	
	22:20.026 (1:20.797)	23:41.677 (1:21.651)	25:03.966 (1:22.289)	26:27.837 (1:23.872)	
	27:51.366 (1:23.529)	29:15.246 (1:23.880)	30:36.192 (1:20.947)	31:59.447 (1:23.255)	
	33:13.456 (1:14.009)				
12	Jesse Blanco	FR Hartnell	34:09.28		
	1:21.816 (1:21.816)	2:42.063 (1:20.247)	3:59.941 (1:17.878)	5:18.343 (1:18.403)	
	6:35.730 (1:17.387)	7:52.857 (1:17.127)	9:07.711 (1:14.855)	10:25.132 (1:17.421)	
	11:43.429 (1:18.297)	13:03.718 (1:20.289)	14:25.030 (1:21.312)	15:46.909 (1:21.879)	
	17:09.689 (1:22.780)	18:33.595 (1:23.906)	19:57.470 (1:23.875)	21:21.006 (1:23.537)	
	22:47.060 (1:26.054)	24:13.082 (1:26.023)	25:35.123 (1:22.041)	27:01.286 (1:26.163)	
	28:28.207 (1:26.922)	29:55.183 (1:26.976)	31:22.463 (1:27.281)	32:48.356 (1:25.893)	
	34:09.274 (1:20.919)				

## Men 110 Meter Hurdles

State Meet: < 13.64 5/16/1992 Larry Harrington, Poterville College

Name Year School Finals Points

Section 1 Wind: 1.6

1	Joshua Hornsby	SO Riverside	13.85	10	
2	Anthony Taylor	FR El Camino	14.27	8	
3	Christian Baker	FR Mt. Sac	14.64	6	
4	Donovan Garcia	SO San Mateo	14.69	5	
5	Maximilian Pinto	SO San Diego Me	14.75	4	14.747
6	Justyce Kahuanahana	SO Sequoias	14.75	3	14.748
7	Alex Sweeney	FR West Los Angeles	14.78	2	
8	Vincent Corday	SO Diablo Valley	15.19	1	

## CCCAA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Men 110 Meter Hurdles

9 Alexander Maederos	SO Sequoias	15.51
----------------------	-------------	-------

## Men 400 Meter Hurdles

State Meet: < 50.07	5/22/1982	Greg Johnson, Mt. San Antonio Colleg		
Name	Year	School	Finals	Points

## Section 1

1 Josh Marlin	SO San Joaquin Delta	51.47	10
2 Ethan Dierke	FR Santa Rosa	51.81	8
3 Lincoln Marschall	FR El Camino	52.84	6
4 Vincent Corday	SO Diablo Valley	53.03	5
5 Donovan Garcia	SO San Mateo	53.32	4
6 Joey Brown	SO American River	54.18	3
7 Brad Riehl	FR Mt. Sac	54.38	2
8 Harrison Hansen	SO San Diego Me	55.35	1
9 Domenic Favaloro	SO Modesto	55.42	

## Men 3000 Meter Steeplechase

State Meet: < 8:53.20	5/28/1977	Shannon Laird, Palomar College		
Name	Year	School	Finals	Points

1 Bryce Kueker	SO San Diego Me	9:19.16	10
2 David Millan	SO San Diego Me	9:23.53	8
3 Zak Beckwith	SO San Diego Me	9:27.02	6
4 Nathanael Rodriguez	FR Bakersfield	9:29.90	5
5 Byron Chadwick	SO American River	9:35.90	4
6 Ernesto Ruiz	FR Riverside	9:38.24	3
7 Bradley Williams	SO Moorpark	9:38.64	2
8 Antoine Moret	FR De Anza	9:49.03	1
9 Daniel Pantoja	SO Hartnell	9:50.97	
10 Elijah Jordan	FR Cuyamaca	9:51.61	
11 Brandon Pizano-Pintor	SO Saddleback	9:59.54	
12 Ramiro Mateos	SO Ventura	10:11.79	

## Men 4x100 Meter Relay

State Meet: < 39.01	5/21/1988	Taft College, Taft College		
School	Finals	Points		

1 Mt. Sac	40.07	10
1) Namir Hemphill SO	2) Kerry Smith FR	
3) Jake Jensen FR	4) Jacob Williams FR	
2 Modesto	40.73	8
1) Tosh Black SO	2) Domenic Favaloro SO	
3) Jabari Vaughn SO	4) Rahsaan Dozier SO	
3 San Diego Mesa College	40.80	6
1) Moray Steward SO	2) Lamar Smith FR	
3) Adrian Chavez SO	4) Luke Yruretagoyena FR	
4 Sequoias	41.04	5
1) Noah Jimenez SO	2) Derrick Jones SO	
3) Justyce Kahuanahana SO	4) Isaiah Kemp SO	
5 Diablo Valley	41.10	4
1) Meshach Davis FR	2) Cornell Davis FR	

**CCCAA State Championships - 5/19/2023 to 5/20/2023****Modesto Junior College Stadium****Results****....Men 4x100 Meter Relay**

3) Ameen Tokhi FR	4) Imannul Hunter FR		
6 El Camino	41.16	3	
1) Anthony Taylor FR	2) Izak Giacchetto FR		
3) Xerxes Reamer SO	4) Lincoln Marschall FR		
7 Moorpark	41.50	2	
1) Jahbari Fraser SO	2) Michael Holland FR		
3) Malik Hensley-Prince FR	4) Colin Quinn SO		
8 West Los Angeles	41.68	1	
1) Joseph Thornton FR	2) Alex Sweeney FR		
3) Matthew Williams FR	4) Jordon Smith SO		
9 Fresno	41.77		
1) Jaylen Garrison FR	2) Akeli Conley FR		
3) Michael Greco SO	4) Tim Conerly FR		

**Men 4x400 Meter Relay**

State Meet: < 3:06.03 5/21/1994 Sacramento City College, Sacramento  
School Finals Points

1 Mt. Sac	3:11.85	10	
1) Thomas Scofano FR	2) Nicholas Vargas FR		
3) Nick Felix FR	4) Kerry Smith FR		
2 San Diego Mesa College	3:14.86	8	
1) Jake Beckwith SO	2) Harrison Hansen SO		
3) Lamar Smith FR	4) Luke Yruretagoyena FR		
3 El Camino	3:15.14	6	
1) Lincoln Marschall FR	2) Anthony Taylor FR		
3) James Neely SO	4) Yuto Tamada FR		
4 Riverside	3:15.49	5	
1) Elijah Davis FR	2) Joshua Hornsby SO		
3) Luke Gleason SO	4) Charlie Ruiz FR		
5 American River	3:16.53	4	
1) Joey Brown SO	2) Aedan Ming SO		
3) Mason Ready FR	4) Isaac Ja FR		
6 Modesto	3:16.63	3	
1) Malachi Cox SO	2) Jabari Vaughn SO		
3) Tosh Black SO	4) Rahsaan Dozier SO		
7 Santa Rosa	3:17.21	2	
1) Jake Sievers SO	2) Cody Wood SO		
3) Ethan Dierke FR	4) Valentino Bugica FR		
8 Merritt	3:17.58	1	
1) Kwaku Owusu SO	2) Christian Bardell SO		
3) Erik Erdiakoff SO	4) Anthony Coleman SO		
9 West Los Angeles	3:18.41		
1) Joseph Thornton FR	2) Alex Sweeney FR		
3) Matthew Williams FR	4) Jordon Smith SO		

**Men High Jump**

State Meet: < 7-05.25 5/30/1981 Milton Goode, Alameda College

Name Year School Finals Points

Flight 1



## CCCA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Men Pole Vault

5	Collin Orlando	SO Mt. Sac	4.53m	14-10.25	4
	4.23 4.38 4.53 4.68				
	--- XO O XXX				
6	Justin Beltran	FR Mt. Sac	J4.53m	14-10.25	3
	4.23 4.38 4.53 4.68				
	--- XO XO XXX				
7	Jesus Arias	FR Mt. Sac	4.38m	14-04.50	1.50
	4.23 4.38 4.53				
	O XO XXX				
7	Anthony Sheridan	SO San Mateo	4.38m	14-04.50	1.50
	4.23 4.38 4.53				
	O XO XXX				
9	Aaron Wood	SO Modesto	J4.38m	14-04.50	
	4.23 4.38 4.53 4.68				
	--- XXO --- XXX				
10	Luke Appleby	FR Modesto	4.23m	13-10.50	
	4.23 4.38				
	O XXX				
--	Armando Castillo	FR San Diego Me	NH		
	4.23				
	XXX				
--	Daniel Machado Morales	FR San Jose	NH		
	4.23 4.38 4.53				
	--- --- XXX				

## Men Long Jump

State Meet: < 26-02.75 5/27/1978 Kenneth Hays, Pasadena City College							
Name	Year	School	Finals	Wind		Points	
1	Darius Hill	SO Riverside	7.56m	+0.0	24-09.75	10	
	7.34m(0.4) FOUL(0.9) FOUL(0.3) 7.56m(+0.0) FOUL(0.2) FOUL(1.9)						
2	Marcus Monroe	SO Mt. Sac	7.37m	+0.0	24-02.25	8	
	7.20m(2.5) 6.95m(+0.0) 7.03m(0.6) FOUL(1.2) 7.05m(1.4) 7.37m(+0.0)						
3	Layne Buck	SO Canyons	7.10m	0.2	23-03.50	6	
	6.36m(+0.0) 6.96m(0.4) 6.89m(+0.0) 6.24m(+0.0) 6.81m(1.2) 7.10m(0.2)						
4	Rahsaan Dozier	SO Modesto	7.05m	0.8	23-01.75	5	
	6.76m(1.2) FOUL(1.4) 6.94m(1.2) FOUL(0.7) 5.34m(0.2) 7.05m(0.8)						
5	Nasim Moody	FR Allan Hancock	J7.05m	1.4	23-01.75	4	
	6.65m(0.5) 7.05m(1.4) 6.68m(0.5) 6.67m(1.3) 6.48m(1.2) 6.86m(0.5)						
6	Garren Haynes	SO Mt. Sac	7.03m	0.2	23-00.75	3	
	7.03m(0.2) 6.79m(+0.0) FOUL(+0.0) FOUL(1.1) PASS PASS						
7	Karim McCune	FR Monterey Peninsula	6.93m	0.3	22-09.00	2	
	6.81m(0.7) 6.90m(+0.0) 6.60m(0.9) 6.49m(0.8) FOUL(1.3) 6.93m(0.3)						
8	Zachary Simpson	SO San Joaquin Delta	6.92m	0.4	22-08.50	1	A
	6.80m(0.9) 6.49m(0.2) 6.43m(1.4) 6.25m(0.8) 6.77m(1.7) 6.92m(0.4)						
9	Arthur Simpson	FR Cuyamaca	6.75m	1.8	22-01.75		
	6.75m(1.8) 6.65m(1.2) 6.66m(0.4) 6.60m(+0.0) FOUL(0.9) 4.93m(+0.0)						
10	Tytan Taylor	FR San Diego Me	6.62m	1.1	21-08.75		
	6.49m(1.6) 6.55m(1.2) 6.62m(1.1)						
11	Jeremiah Artis	FR Long Beach	6.59m	1.7	21-07.50		
	FOUL(1.2) FOUL(1.2) 6.59m(1.7)						
12	Diesel Wilson	FR Chabot	6.36m	1.4	20-10.50		
	FOUL(0.7) 6.10m(1.3) 6.36m(1.4)						

## CCCAA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## Men Triple Jump

State Meet: < 54-03.25 5/22/1982 Bryon Criddle, Contra Costa College							
Name	Year	School	Finals	Wind		Points	
1 Namir Hemphill	SO	Mt. Sac	15.64m	0.9	51-03.75	10	
			15.41m(1.0)		15.47m(+0.0)		15.57m(1.1) 15.64m(0.9) 15.41m(1.4) FOUL(+0.0)
2 Terrence Sweetman	FR	Mt. Sac	14.60m	0.5	47-11.00	8	
			FOUL(+0.0)		14.60m(0.5)		13.91m(1.1) 14.44m(1.8) FOUL(1.7) 14.20m(0.4)
3 Jaylen Garrison	FR	Fresno	14.18m	3.2	46-06.25	6	
			13.20m(+0.0)		13.61m(0.7)		14.18m(3.2) 13.32m(0.8) 13.04m(0.2) 13.75m(0.9)
4 Rahsaan Dozier	SO	Modesto	14.16m	+0.0	46-05.50	5	
			14.16m(+0.0)		FOUL(1.3)		13.13m(2.1) FOUL(0.5) PASS PASS
5 Garren Haynes	SO	Mt. Sac	14.13m	3.1	46-04.25	4	
			13.83m(0.1)		14.07m(0.9)		FOUL(1.9) 13.85m(+0.0) 13.88m(1.6) 14.13m(3.1)
6 Jaden Rucker	FR	Southwestern	13.86m	1.0	45-05.75	3	
			13.86m(1.0)		12.49m(0.2)		FOUL(+0.0) 12.83m(0.9) 13.63m(1.3) 12.42m(2.1)
7 Ethan Lavina	FR	Hartnell	13.71m	0.9	44-11.75	2	
			11.96m(+0.0)		13.59m(+0.0)		13.18m(3.2) 13.59m(1.3) 13.25m(0.4) 13.71m(0.9)
8 Layne Buck	SO	Canyons	13.66m	1.5	44-09.75	1	
			13.19m(0.2)		13.43m(+0.0)		13.14m(1.9) 13.66m(1.5) 13.50m(0.9) 12.19m(1.0)
9 Kaelin Smith	FR	Antelope Valley	13.23m	2.2	43-05.00		
			13.23m(2.2)		FOUL(1.3)		FOUL(3.7) 13.07m(1.0) 13.16m(0.6) FOUL(1.2)
10 Michael Greco	SO	Fresno	12.82m	0.4	42-00.75		
			12.82m(0.4)		12.28m(3.0)		12.41m(0.3)
11 Makuochukwu Ene	SO	Antelope Valley	12.77m	2.5	41-10.75		
			FOUL(+0.0)		12.61m(+0.0)		12.77m(2.5)

## Men Shot Put

State Meet: < 65-04 5/22/1982 Hank Kraychir, Long Beach City College							
Name	Year	School	Finals			Points	
1 Cesar Salazar	SO	San Diego Me	16.62m		54-06.50	10	
			15.22m	16.17m	16.04m		15.11m FOUL 16.62m
2 Donal Aluesi	SO	Riverside	16.51m		54-02.00	8	
			15.51m	15.88m	15.43m		16.05m 16.51m 16.17m
3 Canaan Wharry	FR	Yuba	16.00m		52-06.00	6	
			15.28m	15.16m	15.37m		15.26m 16.00m FOUL
4 Chance Hefter	SO	Redwoods	15.90m		52-02.00	5	
			15.40m	14.76m	15.46m		15.90m 15.09m 14.77m
5 Jasper Kadlec	SO	San Diego Me	15.79m		51-09.75	4	
			15.70m	FOUL	15.49m		15.69m 15.79m FOUL
6 Edward Ta'amilo	FR	Riverside	15.75m		51-08.25	3	
			13.93m	15.10m	14.66m		15.40m FOUL 15.75m
7 Alan Rennie	SO	Riverside	14.93m		48-11.75	2	
			13.77m	13.86m	14.17m		14.52m 14.93m 14.08m
8 Christian Burroughs	FR	Riverside	14.62m		47-11.75	1	
			13.09m	14.62m	FOUL		FOUL FOUL FOUL
9 Barry Lualemaga	SO	Fresno	14.27m		46-10.00		
			13.50m	14.20m	FOUL		13.73m 14.27m 14.05m
10 Mason Phillips	FR	Merced	13.29m		43-07.25		
			FOUL	13.29m	12.73m		
-- Christopher Antunez	FR	Fresno					ND
			ND	ND	ND		
-- Chase Huguenard	FR	Sequoias					FOUL
			FOUL	FOUL	FOUL		

## CCCA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## Men Discus Throw

State Meet: < 196-07 5/21/2004 Robert Slowik, Fresno College							Finals	Points
Name	Year	School						
1 Edward Ta'amilo	FR	Riverside					53.30m	174-10 10
			50.30m	48.01m	49.02m	48.75m	53.30m	50.26m
2 Canaan Wharry	FR	Yuba					49.46m	162-03 8
			47.84m	42.90m	47.98m	FOUL	49.46m	48.34m
3 Christian Burroughs	FR	Riverside					48.43m	158-11 6
			48.43m	43.70m	FOUL	FOUL	46.85m	FOUL
4 Travis Martin	SO	De Anza					47.80m	156-10 5
			45.58m	47.80m	45.71m	46.46m	45.71m	45.39m
5 Donal Aluesi	SO	Riverside					47.60m	156-02 4
			FOUL	47.60m	FOUL	46.14m	45.91m	46.06m
6 Frank Pereira	SO	Modesto					47.26m	155-01 3
			FOUL	42.05m	44.80m	47.26m	45.79m	45.39m
7 Chance Hefter	SO	Redwoods					47.23m	154-11 2
			46.19m	43.45m	47.23m	FOUL	46.60m	44.59m
8 Nasser Brown	FR	Cerritos					44.90m	147-04 1
			40.68m	39.28m	43.90m	44.85m	41.66m	44.90m
9 Alan Rennie	SO	Riverside					43.95m	144-02
			40.34m	40.37m	43.95m	43.55m	41.32m	37.05m
10 Chinedu Adolf-Anokwu	SO	El Camino					42.45m	139-03
			42.45m	FOUL	FOUL			
11 Namontte Grisby	SO	Butte					41.27m	135-05
			FOUL	37.66m	41.27m			
12 Cesar Salazar	SO	San Diego Me					39.00m	127-11
			FOUL	39.00m	FOUL			

## Men Hammer Throw

State Meet: < 206-03 5/21/2016 Daniel Roberts, Modesto College							Finals	Points
Name	Year	School						
1 Travis Martin	SO	De Anza					60.70m	199-02 10
			55.62m	60.70m	FOUL	FOUL	56.20m	53.84m
2 Donal Aluesi	SO	Riverside					53.61m	175-11 8
			48.60m	FOUL	53.61m	51.47m	51.51m	FOUL
3 Chance Hefter	SO	Redwoods					53.59m	175-10 6
			51.82m	FOUL	50.89m	53.59m	51.20m	FOUL
4 Canaan Wharry	FR	Yuba					52.28m	171-06 5
			47.65m	51.07m	49.42m	FOUL	52.28m	50.34m
5 Micah Norfles	SO	Cerritos					51.50m	168-11 4
			51.50m	FOUL	49.69m	48.89m	FOUL	FOUL
6 Christian Burroughs	FR	Riverside					51.42m	168-08 3
			47.17m	FOUL	42.63m	47.75m	48.58m	51.42m
7 Edward Ta'amilo	FR	Riverside					50.76m	166-06 2
			45.42m	49.19m	49.37m	FOUL	50.76m	49.24m
8 Kevin Gomez	SO	Glendale					48.99m	160-09 1
			47.32m	48.91m	48.67m	48.24m	45.94m	48.99m
9 Kai Burich	FR	De Anza					48.79m	160-01
			48.79m	45.47m	46.81m	45.48m	48.27m	42.46m
10 Malik Shakur	FR	San Joaquin Delta					46.45m	152-05
			46.45m	FOUL	43.91m			
11 Devin Hernandez	SO	American River					45.74m	150-01
			42.27m	43.08m	45.74m			

## CCCA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Men Hammer Throw

12 Tylor Connelly FR Mt. Sac 40.38m 132-06  
FOUL 40.38m FOUL

## Men Javelin Throw

State Meet: < 222-00 5/15/2009 Cooper Thompson, Bakersfield College

Name	Year	School	Finals	Points
1 Zachary Sims	SO	Hartnell	61.23m	200-11 10
53.13m 55.78m 54.36m			61.23m 55.14m 60.99m	
2 Matthew Mannino	SO	Mt. Sac	60.72m	199-02 8
58.32m 60.72m 57.98m			56.54m 56.92m 59.05m	
3 Jasper Kadlec	SO	San Diego Me	56.00m	183-09 6
FOUL 51.02m FOUL FOUL			51.04m 56.00m	
4 Brandon Smith	FR	Butte	55.31m	181-05 5
47.71m 46.70m 53.64m			55.31m 49.41m 53.55m	
5 Ronin Tidd	FR	Monterey Peninsula	55.06m	180-08 4
50.45m 49.35m 50.99m			47.22m 52.94m 55.06m	
6 Joshua Mejorada	SO	Orange Coast	52.87m	173-05 3
50.04m 52.87m FOUL FOUL			49.26m FOUL	
7 Daniel May	FR	Saddleback	52.56m	172-05 2
50.57m 52.56m FOUL FOUL			50.73m FOUL	
8 Alberto Nunez	SO	Sequoias	49.72m	163-01 1
49.72m 48.02m FOUL FOUL			FOUL 49.37m	
9 Michael Stine III	SO	Mt. Sac	49.58m	162-08
46.56m 49.51m 48.17m			FOUL 49.58m 48.30m	
10 Keith Orona	FR	Modesto	33.54m	110-00
33.54m PASS PASS				
-- Brandon Beane	FR	San Mateo	FOUL	
FOUL FOUL FOUL				

## Decathlon: #1 Men 100 Meter Dash

Name	Year	School	Finals	Points
Section 1 Wind: 1.4				
1 Jeramiah Havens	SO	San Diego Me	10.96	870
2 Jordan Navarro	FR	Moorpark	11.20	817
3 Collin Friedman	FR	American River	11.27	801
4 Cole Bailey	SO	Modesto	11.47	759
5 Justin Gauthier	SO	San Mateo	11.85	681
6 Tucker Monaco	FR	Bakersfield	11.96	659
Section 2 Wind: 1.4				
1 Ryan Gregory	FR	Santa Barbara	11.15	827
2 Aaron Wood	SO	Modesto	11.33	789
3 Reno Vasquez	SO	Riverside	11.38	778
4 Cayden Loth	FR	Orange Coast	11.39	776
5 Amier Hollis	FR	Sequoias	11.61	730
6 Alfred Nunes	SO	Modesto	11.74	703

## CCCA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## Decathlon: #5 Men 400 Meter Dash

Name	Year School	Finals	Points
Section 1			
1 Jeramiah Havens	SO San Diego Me	51.33	754
2 Reno Vasquez	SO Riverside	51.71	737
3 Cayden Loth	FR Orange Coast	52.19	716
4 Justin Gauthier	SO San Mateo	52.56	700
5 Amier Hollis	FR Sequoias	1:35.09	
-- Cole Bailey	SO Modesto	DNF	
Section 2			
1 Ryan Gregory	FR Santa Barbara	50.94	772
2 Aaron Wood	SO Modesto	51.06	766
3 Jordan Navarro	FR Moorpark	53.29	669
4 Tucker Monaco	FR Bakersfield	53.41	664
5 Collin Friedman	FR American River	55.80	567
6 Alfred Nunes	SO Modesto	58.26	474

## Decathlon: #10 Men 1500 Meter Run

Name	Year School	Finals	Points
Section 1			
1 Tucker Monaco	FR Bakersfield	4:36.22	704
48.070 (48.070)	2:03.152 (1:15.082)	3:24.259 (1:21.107)	4:36.217 (1:11.958)
2 Reno Vasquez	SO Riverside	4:46.04	643
51.987 (51.987)	2:12.053 (1:20.066)	3:35.519 (1:23.467)	4:46.035 (1:10.516)
3 Ryan Gregory	FR Santa Barbara	4:48.48	628
53.474 (53.474)	2:14.850 (1:21.376)	3:37.442 (1:22.592)	4:48.479 (1:11.038)
4 Aaron Wood	SO Modesto	4:49.40	622
53.906 (53.906)	2:12.577 (1:18.672)	3:36.282 (1:23.705)	4:49.393 (1:13.112)
5 Justin Gauthier	SO San Mateo	4:51.82	608
54.584 (54.584)	2:15.588 (1:21.005)	3:38.446 (1:22.858)	4:51.814 (1:13.369)
6 Jeramiah Havens	SO San Diego Me	4:53.31	599
54.220 (54.220)	2:16.197 (1:21.978)	3:39.649 (1:23.452)	4:53.310 (1:13.661)
7 Collin Friedman	FR American River	5:06.07	525
54.856 (54.856)	2:16.529 (1:21.673)	3:42.488 (1:25.959)	5:06.064 (1:23.576)
8 Cayden Loth	FR Orange Coast	5:07.18	519
54.631 (54.631)	2:16.400 (1:21.769)	3:44.046 (1:27.647)	5:07.172 (1:23.127)
9 Jordan Navarro	FR Moorpark	5:07.36	518
54.934 (54.934)	2:16.796 (1:21.862)	3:44.213 (1:27.417)	5:07.359 (1:23.147)
10 Amier Hollis	FR Sequoias	5:44.11	333
56.370 (56.370)	2:25.813 (1:29.444)	4:09.469 (1:43.656)	5:44.101 (1:34.632)
11 Alfred Nunes	SO Modesto	5:59.26	267
55.166 (55.166)	2:20.000 (1:24.834)	4:07.205 (1:47.205)	5:59.258 (1:52.054)

## Decathlon: #6 Men 110 Meter Hurdles

Name	Year School	Finals	Points
Section 1 Wind: 0.6			
1 Alfred Nunes	SO Modesto	16.76	650
2 Reno Vasquez	SO Riverside	17.10	614
3 Amier Hollis	FR Sequoias	17.72	551
4 Tucker Monaco	FR Bakersfield	19.64	378
Section 2 Wind: 1.1			

## CCCAA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ....Decathlon: #6 Men 110 Meter Hurdles

1	Jordan Navarro	FR Moorpark	15.82	753	15.812
2	Cayden Loth	FR Orange Coast	16.38	691	
3	Justin Gauthier	SO San Mateo	17.32	591	
--	Cole Bailey	SO Modesto		DNF	
Section 3 Wind: 2.5					
1	Ryan Gregory	FR Santa Barbara	15.66	772	
2	Jeremiah Havens	SO San Diego Me	15.82	753	15.816
3	Aaron Wood	SO Modesto	16.20	710	
4	Collin Friedman	FR American River	17.92	532	

## Decathlon: #4 Men High Jump

Name	Year	School	Finals	Points
Flight 1				
1	Aaron Wood	SO Modesto	1.96m 6-05.00	767
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81 1.84 1.87 1.90 1.93 1.96 1.99	---	---
	---	---	O XO XO O O XO XXX	
1	Jordan Navarro	FR Moorpark	1.96m 6-05.00	767
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81 1.84 1.87 1.90 1.93 1.96 1.99	---	---
	---	---	O O XO O O O XXX	
3	Reno Vasquez	SO Riverside	1.87m 6-01.50	687
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81 1.84 1.87 1.90	---	---
	---	---	O --- XO XO O XXX	
3	Amier Hollis	FR Sequoias	1.87m 6-01.50	687
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81 1.84 1.87 1.90	---	---
	---	---	O --- O O XO XXX	
5	Ryan Gregory	FR Santa Barbara	1.81m 5-11.25	636
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81 1.84	---	---
	---	---	XO XO XXX	
6	Tucker Monaco	FR Bakersfield	1.78m 5-10.00	610
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81	---	---
	---	---	O --- XO O XXO XXO XXX	
6	Justin Gauthier	SO San Mateo	1.78m 5-10.00	610
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81	---	---
	---	---	O --- --- O O XO XXO XXX	
6	Jeremiah Havens	SO San Diego Me	1.78m 5-10.00	610
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81	---	---
	---	---	O O XO O XXO XXX	
9	Collin Friedman	FR American River	1.75m 5-08.75	585
	1.60 1.63 1.66 1.69 1.72	1.75 1.78	---	---
	---	---	O XXO XXO O XXX	
9	Alfred Nunes	SO Modesto	1.75m 5-08.75	585
	1.60 1.63 1.66 1.69 1.72	1.75 1.78	---	---
	---	---	O XO XO XXX	
11	Cayden Loth	FR Orange Coast	1.72m 5-07.75	560
	1.60 1.63 1.66 1.69 1.72	1.75	---	---
	---	---	O O XXO XXX	
--	Cole Bailey	SO Modesto		NH
	1.60 1.63			
	X-- R			

## CCCA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## Decathlon: #8 Men Pole Vault

Name	Year	School	Finals										Points							
1 Aaron Wood	SO	Modesto	4.94m	16-02.50	892															
			3.34	3.44	3.54	3.64	3.74	3.84	3.94	4.04	4.14	4.24	4.34	4.44	4.54	4.64	4.74	4.84	4.94	5.04
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
2 Collin Friedman	FR	American River	4.24m	13-11.00	685															
			2.64	2.74	2.84	2.94	3.04	3.14	3.24	3.34	3.44	3.54	3.64	3.74	3.84	3.94	4.04	4.14	4.24	4.34
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
2 Tucker Monaco	FR	Bakersfield	4.24m	13-11.00	685															
			2.64	2.74	2.84	2.94	3.04	3.14	3.24	3.34	3.44	3.54	3.64	3.74	3.84	3.94	4.04	4.14	4.24	4.34
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
4 Jeramiah Havens	SO	San Diego Me	4.14m	13-07.00	656															
			2.54	2.64	2.74	2.84	2.94	3.04	3.14	3.24	3.34	3.44	3.54	3.64	3.74	3.84	3.94	4.04	4.14	4.24
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
5 Ryan Gregory	FR	Santa Barbara	4.04m	13-03.00	628															
			2.44	2.54	2.64	2.74	2.84	2.94	3.04	3.14	3.24	3.34	3.44	3.54	3.64	3.74	3.84	3.94	4.04	4.14
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
6 Alfred Nunes	SO	Modesto	3.94m	12-11.00	601															
			2.44	2.54	2.64	2.74	2.84	2.94	3.04	3.14	3.24	3.34	3.44	3.54	3.64	3.74	3.84	3.94	4.04	
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
7 Cayden Loth	FR	Orange Coast	3.44m	11-03.50	467															
			2.44	2.54	2.64	2.74	2.84	2.94	3.04	3.14	3.24	3.34	3.44	3.54						
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
8 Amier Hollis	FR	Sequoias	3.24m	10-07.50	416															
			2.44	2.54	2.64	2.74	2.84	2.94	3.04	3.14	3.24	3.34								
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
9 Jordan Navarro	FR	Moorpark	3.14m	10-03.50	391															
			2.44	2.54	2.64	2.74	2.84	2.94	3.04	3.14	3.24									
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
10 Justin Gauthier	SO	San Mateo	3.04m	9-11.75	367															
			2.44	2.54	2.64	2.74	2.84	2.94	3.04	3.14										
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---
11 Reno Vasquez	SO	Riverside	2.84m	9-03.75	319															
			2.44	2.54	2.64	2.74	2.84	2.94												
			---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

## Decathlon: #2 Men Long Jump

Name	Year	School	Finals	Wind	Points	
1 Aaron Wood	SO	Modesto	6.94m	2.3	22-09.25	799
			6.52m(+0.0)	FOUL(1.5)	6.94m(2.3)	
2 Jeramiah Havens	SO	San Diego Me	6.76m	0.8	22-02.25	757
			6.76m(0.8)	FOUL(1.1)	FOUL(1.7)	
3 Reno Vasquez	SO	Riverside	6.59m	+0.0	21-07.50	718
			6.33m(1.7)	6.59m(+0.0)	FOUL(0.1)	
4 Jordan Navarro	FR	Moorpark	6.55m	1.0	21-06.00	709
			6.55m(1.0)	6.07m(1.0)	FOUL(0.5)	
5 Collin Friedman	FR	American River	6.52m	1.4	21-04.75	702
			6.11m(1.1)	6.21m(+0.0)	6.52m(1.4)	
6 Ryan Gregory	FR	Santa Barbara	6.43m	0.9	21-01.25	682
			6.37m(0.8)	6.35m(1.2)	6.43m(0.9)	
7 Alfred Nunes	SO	Modesto	6.30m	1.0	20-08.00	652
			6.27m(1.6)	6.22m(0.9)	6.30m(1.0)	

## CCCAA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Decathlon: #2 Men Long Jump

8	Cayden Loth	FR Orange Coast	6.27m	1.2	20-07.00	646
	FOUL(+0.0) 6.27m(1.2) 6.15m(0.5)					
9	Justin Gauthier	SO San Mateo	6.00m	+0.0	19-08.25	587
	5.19m(0.2) FOUL(1.2) 6.00m(+0.0)					
10	Tucker Monaco	FR Bakersfield	5.97m	0.5	19-07.00	580
	5.97m(0.5) 5.85m(+0.0) 5.75m(+0.0)					
11	Amier Hollis	FR Sequoias	5.96m	1.2	19-06.75	578
	FOUL(1.9) FOUL(0.6) 5.96m(1.2)					
12	Cole Bailey	SO Modesto	4.31m	0.4	14-01.75	257
	4.31m(0.4) PASS PASS					

## Decathlon: #3 Men Shot Put

Name	Year School	Finals	Points
1 Cayden Loth	FR Orange Coast	12.69m	41-07.75 648
		11.26m 12.69m 12.54m	
2 Jeramiah Havens	SO San Diego Me	12.53m	41-01.50 639
		12.05m FOUL 12.53m	
3 Aaron Wood	SO Modesto	10.79m	35-05.00 533
		10.79m 10.42m 10.67m	
4 Tucker Monaco	FR Bakersfield	10.44m	34-03.00 512
		10.44m 9.66m 9.52m	
5 Jordan Navarro	FR Moorpark	10.40m	34-01.50 510
		10.36m 10.40m 10.17m	
6 Cole Bailey	SO Modesto	10.19m	33-05.25 497
		9.96m 10.07m 10.19m	
7 Amier Hollis	FR Sequoias	9.99m	32-09.50 485
		FOUL 9.99m 9.16m	
8 Justin Gauthier	SO San Mateo	9.73m	31-11.25 469
		9.67m 9.73m FOUL	
9 Alfred Nunes	SO Modesto	9.68m	31-09.25 466
		9.68m 9.02m 9.23m	
10 Collin Friedman	FR American River	9.65m	31-08.00 465
		9.13m 9.60m 9.65m	
11 Reno Vasquez	SO Riverside	9.21m	30-02.75 438
		9.12m 9.21m 8.69m	
12 Ryan Gregory	FR Santa Barbara	8.95m	29-04.50 423
		8.85m 8.88m 8.95m	

## Decathlon: #7 Men Discus Throw

Name	Year School	Finals	Points
1 Jeramiah Havens	SO San Diego Me	43.11m	141-05 728
		43.11m FOUL 40.09m	
2 Tucker Monaco	FR Bakersfield	36.82m	120-10 600
		35.53m 36.82m 28.40m	
3 Ryan Gregory	FR Santa Barbara	35.15m	115-04 567
		32.75m 35.15m 30.77m	
4 Aaron Wood	SO Modesto	33.18m	108-10 527
		32.81m 33.18m FOUL	
5 Cayden Loth	FR Orange Coast	32.95m	108-01 523
		32.95m 32.57m 29.88m	

## CCCAA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ....Decathlon: #7 Men Discus Throw

6	Alfred Nunes	SO Modesto	31.65m	103-10	497
	31.62m 31.18m 31.65m				
7	Jordan Navarro	FR Moorpark	31.37m	102-11	491
	29.71m 31.37m FOUL				
8	Amier Hollis	FR Sequoias	29.42m	96-06	453
	22.77m 25.42m 29.42m				
9	Justin Gauthier	SO San Mateo	28.23m	92-07	430
	20.26m 28.23m 26.87m				
10	Cole Bailey	SO Modesto	27.74m	91-00	420
	25.04m 26.70m 27.74m				
11	Reno Vasquez	SO Riverside	26.76m	87-09	401
	26.76m 23.55m 24.44m				
12	Collin Friedman	FR American River	22.79m	74-09	325
	22.53m 21.94m 22.79m				

## Decathlon: #9 Men Javelin Throw

Name	Year School	Finals	Points
1 Jeramiah Havens	SO San Diego Me	48.95m	160-07 573
	48.12m 48.95m 44.87m		
2 Ryan Gregory	FR Santa Barbara	45.48m	149-02 522
	FOUL 45.48m 45.24m		
3 Cayden Loth	FR Orange Coast	44.77m	146-10 512
	41.81m 43.70m 44.77m		
4 Aaron Wood	SO Modesto	43.56m	142-11 494
	43.56m 43.51m 43.14m		
5 Reno Vasquez	SO Riverside	43.42m	142-05 492
	43.42m 40.36m 40.83m		
6 Jordan Navarro	FR Moorpark	42.95m	140-11 485
	42.95m 40.53m 42.03m		
7 Amier Hollis	FR Sequoias	42.94m	140-10 485
	40.87m 42.94m 41.24m		
8 Alfred Nunes	SO Modesto	40.31m	132-03 447
	39.88m 39.36m 40.31m		
9 Tucker Monaco	FR Bakersfield	40.19m	131-10 445
	39.38m 37.56m 40.19m		
10 Justin Gauthier	SO San Mateo	40.12m	131-07 444
	28.54m FOUL 40.12m		
11 Collin Friedman	FR American River	36.45m	119-07 391
	33.00m 36.45m 33.22m		

## Men Decathlon

Name	Year School	Finals	Points
1 Jeramiah Havens	SO San Diego Me	6939	10
2 Aaron Wood	SO Modesto	6899	8
3 Ryan Gregory	FR Santa Barbara	6457	6
4 Jordan Navarro	FR Moorpark	6110	5
5 Cayden Loth	FR Orange Coast	6058	4
6 Tucker Monaco	FR Bakersfield	5837	3
7 Reno Vasquez	SO Riverside	5827	2

## CCCA State Championships - 5/19/2023 to 5/20/2023

## Modesto Junior College Stadium

## Results

## ...Men Decathlon

8 Collin Friedman	FR American River	5578	1
9 Justin Gauthier	SO San Mateo	5487	
10 Alfred Nunes	SO Modesto	5342	
11 Amier Hollis	FR Sequoias	4718	

 =====  
 Women - Team Rankings - 21 Events Scored  
 =====

1) Mt. SAC	151.50	2) Cerritos	84
3) San Diego Mesa College	54	4) Diablo Valley	50
5) Hartnell	42.50	6) Bakersfield	38
7) Redwoods	33	8) San Joaquin Delta	32.50
9) Riverside	30	10) West Los Angeles	25
11) Shasta	19	12) Moorpark	18.50
13) Cuesta	18	13) Santa Barbara	18
13) Merritt	18	16) Golden West	17
17) Glendale	15	18) Modesto	13.50
19) Sequoias	13	19) Saddleback	13
21) Long Beach	12	21) El Camino	12
23) De Anza	10	23) Ventura	10
23) Chabot	10	26) Palomar	9
27) Yuba	8	28) Santa Monica	6
28) American River	6	30) Clovis CC	5
31) Antelope Valley	4	31) Pasadena	4
31) Canyons	4	31) Compton	4
31) Butte	4	36) Monterey Peninsula	3.50
37) Laney	2	38) Sacramento	1
38) Orange Coast	1		

 =====  
 Men - Team Rankings - 21 Events Scored  
 =====

1) Mt. SAC	175.50	2) San Diego Mesa College	110
3) Riverside	98	4) Modesto	38
5) Hartnell	32	6) De Anza	26
6) El Camino	26	8) Merritt	23
8) San Joaquin Delta	23	10) Chabot	21
11) Yuba	19	12) Bakersfield	18
13) American River	17	13) Moorpark	17
15) Sequoias	15	15) Redwoods	15
15) Diablo Valley	15	18) West Los Angeles	14
19) Santa Rosa	12.50	20) San Mateo	10.50
21) Glendale	9	21) Shasta	9
21) Cerritos	9	24) Canyons	7
24) Orange Coast	7	26) Sacramento	6.50
27) Monterey Peninsula	6	27) Santa Barbara	6
27) Fresno	6	30) Cuesta	5
30) Butte	5	30) Cuyamaca	5
33) Allan Hancock	4	34) Saddleback	3
34) Southwestern	3	36) Ventura	2
37) Clovis CC	1		