

California Community College State Track and Field Championship
Decathlon • Top 10 Marks
(All conditions)
1972- 2024

100

| | | | |
|-------|----------------|--------------|------|
| 10.66 | Max Daniels | Mt SAC | 2022 |
| 10.75 | Phillip Bailey | Cerritos | 2014 |
| 10.76 | Chris Wilcox | Long Beach | 1988 |
| 10.80 | Donn Thompson | CCSF | 2006 |
| 10.82 | Matt O'Connor | San Mateo | 2005 |
| 10.84 | Clint Bradburn | Southwestern | 1981 |
| 10.94 | Bill Hanson | Orange Coast | 1970 |
| 10.94 | Herb Ward | CCSF | 1976 |
| 10.94 | Wayne Gray | West Valley | 1977 |
| 10.94 | Charles Hatch | CCSF | 1977 |
| 10.94 | Rodney Love | LA Pierce | 1979 |
| 10.94 | Tim Gelonek | Shasta | 1979 |

Long Jump

| | | | | |
|------|--------|---------------------|--------------|------|
| 7.38 | 24-2 ½ | Sheldon Blockburger | Orange Coast | 1985 |
| 7.35 | 24-1 ½ | Jose Medina | Southwestern | 1975 |
| 7.29 | 23-11 | Thomas Cheval | Cerritos | 2014 |
| 7.27 | 23-10 | Paul Cox | Saddleback | 1970 |
| 7.25 | 23-9 ½ | Tim Gelonek | Shasta | 1979 |
| 7.22 | 23-8 ¼ | Sheldon Blockburger | Orange Coast | 1984 |
| 7.22 | 23-8 ¼ | Isaiah Mustafa | Moorpark | 1994 |
| 7.21 | 23-8 | Isaiah Mustafa | Moorpark | 1996 |
| 7.21 | 23-8 | Max Daniels | Mt SAC | 2022 |
| 7.17 | 23-6 ½ | Steve Arkley | Foothill | 1971 |
| 7.15 | 23-5 ½ | Tim Gelonek | Shasta | 1978 |

Shot Put

| | | | | |
|-------|---------|-----------------|------------|------|
| 14.96 | 49-1 | Steve Albright | Glendale | 1974 |
| 14.81 | 48-7 | Bart Goodell | Redwoods | 1983 |
| 14.32 | 46-11 ¾ | Aaron Victorian | San Jose | 2009 |
| 14.04 | 46-4 | Mike Langford | Merced | 1973 |
| 14.03 | 46- ½ | Harley North | Shasta | 1991 |
| 13.88 | 45-6 ½ | John Goldhammer | Glendale | 1973 |
| 13.84 | 45-5 | Scott McCloud | Taft | 1991 |
| 13.79 | 45-3 | Aaron Victorian | San Jose | 2010 |
| 13.75 | 45-1 | John H. Johnson | Long Beach | 1987 |
| 13.74 | 45-1 | Steve Fink | Hartnell | 1981 |
| 13.74 | 45-1 | John H. Johnson | LBCC | 1987 |

High Jump

| | | | | |
|------|-------|--------------------|----------------|------|
| 2.16 | 7-1 | Miles Poullard | Mt SAC | 2014 |
| 2.15 | 7- ¼ | Neil Lahey | Hartnell | 1996 |
| 2.08 | 6-9 ¾ | Brad Harris | LBCC | 1980 |
| 2.07 | 6-9 ½ | Devon Wheeler | SBCC | 1976 |
| 2.07 | 6-9 ½ | Steve LaRusch | Glendale | 1976 |
| 2.07 | 6-9 ½ | George Garcia | Long Beach | 1997 |
| 2.07 | 6-9 ½ | Jim Bamish | Mt SAC | 1985 |
| 2.06 | 6-9 | Eric Ritterath | Glendale | 1972 |
| 2.06 | 6-9 | Paul Menzel | Santa Barbara | 1972 |
| 2.06 | 6-9 | Mark Hafliger | Saddleback | 1984 |
| 2.06 | 6-9 | Chris Wilcox | Long Beach | 1988 |
| 2.06 | 6-9 | Brent Miller | Sacramento | 1991 |
| 2.06 | 6-9 | Elgin Blake | San Diego City | 1991 |
| 2.06 | 6-9 | Nicholas Armstrong | Cerritos | 2009 |

400

| | | | |
|-------|-----------------|----------------|------|
| 48.93 | Donn Thompson | CCSF | 2006 |
| 48.87 | Chris Wilcox | Long Beach | 1988 |
| 49.09 | Alex Acevedo | Fresno | 2013 |
| 49.14 | Clint Bradburn | Southwestern | 1991 |
| 49.14 | Milles Poullad | Mt Sac | 2014 |
| 49.24 | Armand Boutte | El Camino | 1978 |
| 49.29 | Kendrick Murphy | Siskiyou | 2015 |
| 49.30 | Elisha Edwards | Moorpark | 2017 |
| 49.34 | Wayne Gray | West Valley | 1978 |
| 49.38 | Jason Chester | American River | 1997 |

High Hurdles

| | | | |
|-------|----------------|----------------|------|
| 14.34 | Tom Turner | Fullerton | 1977 |
| 14.44 | Steve Robinson | Marin | 1998 |
| 14.54 | Don Vinson | Bakersfield | 1991 |
| 14.67 | Chris Brown | Hartnell | 2006 |
| 14.70 | Jim Freeman | American River | 1996 |
| 14.71 | Shawn Wilbourn | Sequoias | 1988 |
| 14.74 | Brian De Wan | LACC | 1972 |
| 14.74 | Scott Young | Southwestern | 1976 |
| 14.83 | Wesley Norris | Riverside | 2013 |
| 14.83 | Alex Robie | ARC | 2018 |

Discus

| | | | | |
|-------|-------|-------------------|--------------|------|
| 49.44 | 162-2 | Steve Frankiewich | Merced | 1974 |
| 48.07 | 157-8 | Steve Frankiewich | Merced | 1973 |
| 47.48 | 155-9 | Ivy Calvin | Bakersfield | 1991 |
| 45.14 | 148-1 | Doug Fernandez | LBCC | 1984 |
| 43.84 | 143-4 | Mike Prokopuk | Mt SAC | 1980 |
| 43.36 | 142-3 | Steve Robinson | Marin | 1998 |
| 43.11 | 141-3 | Jeramiah Havens | SD Mesa | 2023 |
| 43.10 | 141-3 | Andrew Cruikshank | Orange Coast | 2012 |
| 42.78 | 140-4 | Paul Cox | Saddleback | 1970 |
| 42.52 | 139-6 | George Wainscoat | Orange Coast | 1986 |

Pole Vault

| | | | | |
|------|---------|-----------------|---------------|------|
| 4.94 | 16-2 ½ | Aaron Wood | Modesto | 2023 |
| 4.90 | 16-¾ | Tori Lewis | Hancock | 1976 |
| 4.90 | 16-¾ | Doug Bockmiller | Cypress | 1976 |
| 4.90 | 16-¾ | Tim McDonald | SRJC | 1978 |
| 4.84 | 15-10 ¾ | Mike Comarato | San Mateo | 2002 |
| 4.80 | 15-9 | Larry Johnson | Glendale | 1974 |
| 4.80 | 15-9 | Jeff Conkle | Fullerton | 1980 |
| 4.75 | 15-7 ¼ | Jeff Juhala | Diablo Valley | 1987 |
| 4.75 | 15-7 | Trevor Papp | Diablo Valley | 1999 |
| 4.72 | 15-6 | Sam Albanese | Hartnell | 1972 |
| 4.72 | 15-6 | Carlos Garcia | Glendale | 1974 |

Javelin (since 1986)

| | | | | |
|-------|--------|------------------|----------------|------|
| 59.66 | 195-9 | Troy Lamb | Butte | 1986 |
| 58.74 | 192-8 | Chris Navarro | Riverside | 2013 |
| 58.60 | 192-3 | Charles Langston | Shasta | 1989 |
| 58.34 | 191-5 | Michael Bryant | Ventura | 1989 |
| 58.06 | 190-6 | Otis Smith | Taft | 1987 |
| 57.74 | 189-5 | Ray Bardone | Orange Coast | 1998 |
| 57.50 | 188-8 | Raul Sanchez | Cosumnes River | 1986 |
| 57.32 | 188-1 | Ben Knight | Cuyamaca | 2003 |
| 56.95 | 186-10 | David Thomas | Cerritos | 2009 |
| 56.77 | 186-3 | Chris Wielert | Riverside | 1993 |

Javelin (Pre 1986)

| | | | | |
|-------|--------|---------------------|--------------|------|
| 69.24 | 227-2 | Doug Fernandez | LBCC | 1984 |
| 63.10 | 207-0 | Sheldon Blockburger | Orange Coast | 1985 |
| 62.58 | 205-4 | Ken Lockey | Southwestern | 1977 |
| 62.24 | 204-2 | Wayne Gorman | Fullerton | 1973 |
| 61.18 | 200-9 | David Viars | Monterey | 1978 |
| 60.94 | 199-11 | Bart Goodell | Redwoods | 1983 |
| 60.60 | 198-10 | Steve Fink | Hartnell | 1981 |
| 58.98 | 193-6 | Paul Cox | Saddleback | 1970 |
| 58.68 | 192-6 | Wayne Gray | West Valley | 1978 |
| 58.08 | 190-7 | Sheldon Blockburger | Orange Coast | 1984 |

1500

| | | | |
|---------|--------------------|----------------|------|
| 4:11.4 | Rich Maher | Merced | 1981 |
| 4:17.2 | Stan Hockerson | Santa Rosa | 1974 |
| 4:17.3 | Wes Hayes | Grossmont | 1986 |
| 4:19.6 | Mark Van Iderstein | Fullerton | 1974 |
| 4:20.49 | Ty Wynn | Ranch Santiago | 1994 |
| 4:21.03 | Brett Lombardi | ARC | 2018 |
| 4:21.0 | Devon Wheeler | Glendale | 1976 |
| 4:21.5 | Bruce Elies | Hancock | 1972 |
| 4:21.65 | Noah Walsh | Ventura | 1996 |
| 4:22.8 | Bob Beauchamp | Mt SAC | 1975 |

Top Scores

| | | | | |
|------|---------------------|--------------|------|-----------------|
| 7478 | Doug Fernandez | Long Beach | 1983 | 1 st |
| 7361 | Sheldon Blockburger | Orange Coast | 1985 | 1 st |
| 7281 | Doug Fernandez | Long Beach | 1984 | 1 st |
| 7299 | Tom Harris | Canyons | 1977 | 1 st |
| 7270 | Shawn Wilbourn | Sequoias | 1988 | 1 st |
| 7244 | Chris Wilcox | Long Beach | 1988 | 2 nd |
| 7205 | Mark Hafliger | Saddleback | 1984 | 2 nd |
| 7198 | Kevin Knight | Bakersfield | 1983 | 3 rd |
| 7177 | Rich Maher | Merced | 1981 | 1 st |
| 7175 | Thomas Cheval | Cerritos | 2014 | 1 st |

***** Pre- 1985 scores adjusted to reflect the changes from the 1962 scoring table.**