

Northern California Community College Regional Track & Field Championship • Santa Rosa, CA • May 18, 1956

1. Modesto 89¾; 2. Sequoias 59¾; 3. San Francisco 53; 4. Hartnell 30½; 5. Oakland 29; 6. Fresno 28; 7. American River 22¾; 8. San Jose 22½; 9. Santa Rosa 20½; 10T. Menlo, Yuba 14; 12T. Porterville, Monterey 11; 14. Sierra 10¹⁹/₂₀; 15. Napa 8; 16. Sacramento 6½; 17. Stockton 2; 18T. East Contra Costa, West Contra Costa, Reedley, Coalinga 1.

100y

1. Ray Norton	Oakland	10.0
2. Clint Redus	San Francisco	
3. Ron White	Yuba	
4. White	Fresno	
5. Jerry Marquis	Stockton	
6. Joe Ellington	Monterey	

220

1. Ray Norton	Oakland	22.3
2. Ron White	Yuba	
3. Chuck McNeil	Modesto	
4. Manual Fagundas	San Jose	
5. White	Fresno	
6. Bob Ross	West Contra Costa*	

440

1. Gene Hofer	Sequoias	50.0
2. Randy Grant	Sequoias	
3. Hosea Harper	Santa Rosa	
4. Dean Johnson	American River	
5. Aldridge	Fresno	
6. Anderson	Hartnell	

880

1. Dick Casper	Hartnell	1:56.5
2. Charles Winger	Modesto	
3. Urban Gasperi	Modesto	
4. Buddy Cole	American River	
5. Holt	Sequoias	
6. Jim Briggs	East Contra Costa*	

Mile

1. Ray Hale	Modesto	4:20.6
2. Charles Winger	Modesto	
3. Fred Green	Napa	
4. Wes Bond	Hartnell	
5. Willie Watkins	American River	
6. Don Jardine	Modesto	

2 Mile

1. Ray Hale	Modesto	9:52.0
2. Wes Bond	Hartnell	
3. Willie Watkins	American River	
4. Castello	San Francisco	
5. Bob Cowles	Modesto	
6. Capello	Sacramento	

120 High Hurdles

1. Denny Ballam	Menlo	15.3
2. Jones	San Francisco	
3. Clint Redus	San Francisco	
4. Carroll Cobb	Modesto	
5. Cain	Sequoias	
6. T. Jones	Coalinga	

220 Low High Hurdles

1. Clint Redus	San Francisco	24.8
2. Jack Dietz	Sequoias	
3. Dean Johnson	American River	
4. Denny Ballam	Menlo	
5. Gene Masterson	American River	
6. Carter	Porterville	

Mile Relay

1. Sequoias	3:23.9
2. San Francisco	
3. Sierra	
4. Modesto	
5. Napa	
6. Sacramento	

High Jump

1. Harold Theus	Oakland	6-3½
1. Leroy Thomas	San Francisco	
3. Ernie Smith	Modesto	
3. Wyrick	San Jose	
5. Clyde Rainwater	American River	
5. Richard Miller	Sierra	
5. Phillips	Sequoias	
5. Allen	Modesto	

Pole Vault

1. Mike Franchetti	Santa Rosa	12-6
2. Carl Cox	Santa Rosa	
3. Roger Biffle	Sacramento	
4. Don Olcott	Sierra	
5. Melvin Kelley	Hartnell	
6. Benke	San Jose	

Long Jump

1. Joe Ellington	Monterey	22-6¾
2. Kirby Mannon	Sequoias	
3. Toesper	Modesto	
4. Gene Masterson	American River	
5. Roger Davis	Modesto	
6. Ray Fitzhugh	San Jose	

Shot Put

1. John Sano	Fresno	48-0
2. Ray Pierce	Modesto	
3. Beaver	San Jose	
4. Bibler	Modesto	
5. Aldridge	Fresno	
6. Mervin Anderson	Hartnell	

Discus

1. Ken Shannon	Porterville	145-4
2. John Sano	Fresno	
3. Al Hangil	Sequoias	
4. Stewart	Modesto	
5. Rizzo	San Jose	
6. Fenton McCahill	Reedley	

* School Name Changes

West Contra Costa is now Diablo Valley.

East Contra Costa is now Contra Costa.