

Northern California Community College Regional Track & Field Championship • Kentfield, CA • May 19, 1973

1. San Francisco 74; 2. Contra Costa 42; 3. Foothill 3; 5 4. Chabot 32; 5T. Modesto, Diablo Valley 31; 7T. San Jose, Fresno 30; 9. Laney 27; 10. Skyline 24; 11. SJ Delta 15; 12T. West Valley, American River, Sacramento 14; 15. De Anza 11; 16. Redwoods 10; 17T. Santa Rosa, San Mateo, Sequoias 8; 20. Merced 7; 21T. Porterville, West Hills 6; 23. Shasta 5; 24. Antelope Valley 4; 25T. Cosumnes River, Lassen, Solano 2; 28T. Yuba, Siskiyou 1.

100y

1. Mel Watson	Contra Costa	9.8
2. Bill Wilder	San Francisco	9.8
3. Rick Begley	Shasta	9.9
4. Otto Rossner	Diablo Valley	9.9
5. Ken Duncan	Sacramento	10.0
6. Mike Brown	Solano	10.0

220

1. Bill Wilder	San Francisco	21.6
2. Gordon Snyder	Skyline	22.0
3. Sanford Brewer	Sacramento	22.0
4. Otto Rossner	Diablo Valley	22.1
5. Mel Watson	Contra Costa	22.2
6. Joe Jenkins	Solano	22.2

440

1. Mal Washington	San Francisco	49.2
2. Matt Pruitt	Contra Costa	49.7
3. Thad Cooper	San Jose	49.7
4. Joe Duchala	Modesto	49.9
5. Jack Johnson	Fresno	49.9
6. Jim Deckard	Laney	50.0

880

1. James Robinson	Laney	1:52.1
2. Cirilo Morgan	San Francisco	1:52.6
3. Tim Bryan	American River	1:53.2
4. Bob See	Diablo Valley	1:53.9
5. Gary Hicklin	Skyline	1:54.6
6. Dennis Butler	Shasta	1:54.9

Mile

1. Al Buenrostro	SJ Delta	4:08.9
2. Melvin Hayes	Laney	4:12.4
3. James Hughes	Contra Costa	4:12.5
4. Karl Schaecterle	American River	4:12.6
5. Gary Sanchez	San Jose	4:13.1
6. Andy Betsheart	Sacramento	4:13.9

3 Mile

1. Greg Hall	Fresno	14:08.8
2. Jim Van Dine	San Mateo	14:13.8
3. Dan Anderson	Chabot	14:24.0
4. Rick Bowen	SJ Delta	14:33.2
5. Dave Chamness	Foothill	14:34.8
6. Pete Flores	Yuba	14:41.8

120 High Hurdles

1. John Foster	Foothill	14.6
2. Derek Ligons	Chabot	14.6
3. John Alexander	Fresno	14.7
4. Mark Davies	Antelope Valley	14.8
5. Bill Wright	San Jose	14.9
6. Rich Roesky	De Anza	nt

440 Intermediate Hurdles

1. Rich Roesky	De Anza	52.9
2. Will Fields	San Francisco	53.0
3. Jim Wyatt	Skyline	53.3
4. John Foster	Foothill	53.4
5. Marty Lydster	Foothill	53.7
6. Will Williamson	SJ Delta	54.2

440 Relay

1. San Francisco	41.8
(Ken Chambers, Bill Wilder, Curtis Davis, Mal Washington)	
2. Contra Costa	41.8
(Bernard Stephens, Nick Eastman, James Cummings, Mel Watson)	
3. Chabot	42.0
(Bernard Broutier, Ron Roda, Dave Torres, Derek Ligons)	
4. Porterville	42.1
(Ron Parker, John Jenkins, Hillary Spencer, Bob Triplett)	
5. Fresno	42.1
(Willie Rucker, John Alexander, Jeff Johnson, Mike Jackson)	
6. Diablo Valley	42.1
(Glenn Chambers, Otto Rossner, Lendsey Busby, Tony Butler)	

Mile Relay

1. San Francisco	3:14.2
(Will Fields, Earl Thomas, Jay Hatley, Cirilio Morgan)	
2. Laney	3:16.3
(Willie Deckard, Rudy Peters, Brad Coleman, James Robinson)	
3. West Valley	3:18.9
(Mike Haniger, Rob Anderson, Ernie Crumpler, Rick Gonzales)	
4. Modesto	3:19.1
(George Blanco, Jerry Hougen, Larry Bengson, Joe Duchala)	
5. Diablo Valley	3:21.3
(Bob See, George Guichard, John Gliatto, Jim Enemark)	
6. American River	3:23.3

High Jump

1. Cliff Ross	San Jose	6-8
2. Ed Miller	Diablo Valley	6-8
3. Charles Mackey	San Jose	6-8
4. Allan Johnson	Modesto	6-8
5. Jim Brown	Cosumnes River	6-8
6. Joe Friday	Siskiyou	6-6

Pole Vault

1. Randy Kearns	Modesto	15-7
2. Steve Truman	Skyline	15-0
3. Pat Aldrich	Sequoias	15-0
4. Jim Lee	San Jose	14-6
5. Terry Abbott	American River	14-0
6. Jim McCray	Santa Rosa	14-0

Long Jump

1. Curtis Davis	San Francisco	23-7 ³ / ₄
2. Stan Urmann	Santa Rosa	23-2
3. Eugene Smith	West Hills	22-5 ¹ / ₂
4. Tony Coleman	Modesto	22-3 ¹ / ₂
5. John Triplett	West Valley	22-2 ³ / ₄
6. Dan Clark	San Mateo	22-2 ¹ / ₂

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Triple Jump

1. Dale Krebs	Foothill	49-0
2. Tony Reed	Contra Costa	48-4½
3. John Triplett	West Valley	47-10½
4. Steve Porter	Foothill	47-5½
5. John Meadows	Sequoias	47-3
6. Tony Coleman	Modesto	47-2½

Shot Put

1. Jeff Miller	Redwoods	53-3½
2. Greg Boyd	Fresno	51-3½
3. Ray Daniels	Sacramento	50-10
4. Frank Beeler	Modesto	49-9¾
5. Ira Gorbet	Lassen	49-3¾
6. Mike Langford	Merced	49-3¾

Discus

1. Dan Gardner	Chabot	166-10
2. Ken Cowl	Chabot	160-1
3. Steve Frankiewicz	Merced	156-11
4. Arnold Kirkham	Diablo Valley	153-2
5. Steve Buss	Foothill	150-4
6. Randy Patterson	Foothill	146-6

Javelin (exhibition)

1. Barry Ryan	Foothill	185-10
2. Steve Schmidt	Antelope Valley	185-7
3. Doug Ladd	Modesto	180-9
4. Tom Roberts	West Valley	176-11