

NORTHERN CALIFORNIA  
CROSS COUNTRY CHAMPIONSHIPS

1974

Host: Monterey Peninsula College  
Location: Pebble Beach, California

November 15, 1974  
4.0 Miles

L A R G E C O L L E G E R E S U L T S

TEAM RESULTS

1. San Joaquin Delta	1, 6, 7, 16, 23	53
2. West Valley	2, 9, 11, 13, 31	66
3. San Jose City	15, 18, 20, 21, 26	100
4. American River	5, 14, 19, 36, 37	111
5. Fresno City College	3, 8, 24, 27, 53	125
6. Chabot College	4, 10, 40, 44, 51	149
7. Sacramento City	17, 33, 35, 58, 69	212
8. College of Marin	25, 32, 38, 67, 71	233
9. College of San Mateo	22, 43, 49, 56, 63	233
10. Diablo Valley College	12, 48, 57, 62, 64	243
11. Santa Rosa College	41, 50, 61, 66, 70	288
12. San Francisco City	55, 60, 72, 82, 81	350

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INDIVIDUAL CHAMPION

Henry Perez --- San Joaquin Delta College

Winning Time: 19:03 \*\*New Course Record\*\* (Old record 19:32.8)

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INDIVIDUAL RESULTS

1. Henry Perez	San Joaquin Delta	19:03
2. Matt Sommer	West Valley	19:12
3. Tony Ramirez	Fresno	19:16
4. Ted Quintana	Chabot	19:18
5. Gary Green	American River	19:20
6. Richard Van Slyke	San Joaquin Delta	19:22
7. Roger Casillas	San Joaquin Delta	19:25
8. Ned Baird	Fresno	19:34
9. Craig Sullivan	West Valley	19:38
10. Doug Padilla	Chabot	19:39
11. Rich Candless	West Valley	19:39
12. Mike Emry	Diablo Valley	19:41
13. Artie Rios	West Valley	19:45
14. Mark Payne	American River	19:45
15. Alex Aguilar	San Jose City	19:46