

Northern California Community College Regional Track & Field Championship • Pleasant Hill, CA • May 21, 1977

Men: 1. San Jose 78; 2. Alameda 63; 3. San Mateo 50; 4. Skyline 38; 5. American River 33; 6. Chabot 32½; 7. Porterville 31; 8. Santa Rosa 28; 9. Cosumnes River 27; 10. Fresno 24; 11. Foothill 17; 12T. West Valley, Solano 16; 14. Sacramento 14½ 15T. Modesto, Monterey, Laney 13; 18. Cuesta 10; 19. De Anza 9; 20. Diablo Valley 8½; 21T. Sequoias, Butte 8; 23. Sierra 5; 24T. Yuba, Marin, Contra Costa 4; 27. San Francisco 3½; 28T. Hartnell, Lassen, Shasta, Merritt, Los Medanos, West Hills, SJ Delta 2.

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100m-Final

1. Cynthia Johnson	Alameda	12.5
2. Lillian Cordova	Reedley	12.6
3. Yvonne Boone	Alameda	12.6
4. Vicki Booker	Solano	12.7
5. Ann Mays	Modesto	12.7

200-Final

1. Cynthia Johnson	Alameda	25.9
2. Yvonne Boone	Alameda	26.1
3. Jannine Cessna	Modesto	26.2
4. Lillian Cordova	Reedley	26.3

400-Final

1. Lily Partida	Yuba	57.9
2. Melinda Revere	Cabrillo	57.9
3. Terry Mulligan	Reedley	58.7
4. Perratta	Redwoods	58.9
6. De Anna Sobota	Modesto	62.1

800

1. Arleen Mears	De Anza	2:20.4
2. Barbara Davis	Yuba	2:21.1
3. Hickman	SJ Delta	2:25.4
4. Bramscomb	Redwoods	2:30.8

1500-Final

1. Arleen Mears	De Anza	4:51.4
2. Hickman	SJ Delta	5:00.7
3. Chris Darling	Yuba	5:12.5
4. Molly Mosher	Cabrillo	5:16.0

3000-Final

1. Sue Munday	San Jose	11:03.0
2. Amber Pappé	Cuesta	11:37.8
3. Turner	Sierra	11:51.6
4. Vargas	Fresno	11:58.0

100 Hurdles-Final

1. Yvonne Boone	Alameda	14.9
2. Kathy Voss	Lassen	15.4
3. Denise Cornell	Hartnell	15.4
4. Lesley Spellingburg	Redwoods	15.5
5. Tina Pisetti	Hartnell	16.6

400 Hurdles-Final

1. Heidi Aufdermaur	Modesto	68.2
2. McElvery	De Anza	71.4
3. Terry Mulligan	Reedley	72.1
4. Banks	Fresno	83.9

400 Relay-Final

1. Alameda	49.2
2. Reedley	50.4
3. Modesto	50.5
(Jannine Cessna, Deanna Sobota, Ann Mays, Betty Adamson)	
4. De Anza	50.6

1600 Relay-Final

1. Yuba	4:07.4
(Lily Partida, Lynette Western, Barbara Davis, Sharon Galligan)	
2. Modesto	4:08.2
(Jannine Cessna, Deanna Sobota, Kathy Morino, Heidi Aufdermaur)	
3. De Anza	4:10.9
4. Cuesta	4:17.2
(Christy Peters, Christy Huggart, Rita Keosky, Carrie Walters)	

High Jump-Final

1. Denis Cornell	Hartnell	5-4½
2. Terry Mulligan	Reedley	5-2½
3. Lesley Spellingburg	Redwood	5-2½
4. Sharon Galligan	Yuba	5-2½

Long Jump

1. Denise Cornell	Hartnell	18-5¾
2. Kathy Voss	Lassen	17-11½
3. Spellingburg	Redwoods	17-10¼
4. Myrna White	Yuba	17-8¼
6. Ann Mays	Modesto	17-0

Shot Put

1. Kathy Kuchta	Hartnell	41-8
2. Renee Wessell	Modesto	40-6¼
3. P.J. Scruggs	Modesto	36-9
4. Robles	Modesto	36-7¾
5. Denise Cornell	Hartnell	35-11¼

Discus-Final

1. Kathy Kuchta	Hartnell	124-7
2. Renee Wessell	Modesto	118-2
3. Barbara Lloyd	De Anza	116-5
4. Guerrero	Yuba	114-10

Javelin-Final

1. Feddie	Yuba	124-11
2. Arleen Mears	De Anza	123-0
3. Debbi Mourette	Sequoias	119-4
4. Tompkins	Antelope Valley	112-7

Men

100m-Final

1. Mike McRae	Chabot	10.35
2. Eldon Walker	Laney	10.42
3. Sherman Jones	San Jose	10.47
4. Horace Berry	San Jose	10.49
5. Paul Jackson	Alameda	10.50
5. Ernest Lewis	Diablo Valley	10.50

200-Final

1. Jon Ware	Cosumnes River	21.78
2. Paul Jackson	Alameda	21.93
3. Eugene Rachel	San Jose	21.99
4. Eldon Walker	Laney	22.09
5. Ernest Lewis	Diablo Valley	22.17
6. Sherman Jones	San Jose	22.39

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400-Final

1. Stephen Chepkwony	Foothill	46.86
2. Lester Mickens	Alameda	46.87
3. Vern Mayweather	Alameda	47.82
4. Fred Harvey	San Jose	48.07
5. Ward	Merritt	48.14
6. Ron Haynes	San Francisco	48.43

800-Final

1. Mike Bisbee	Cuesta	1:52.8
2. Dan Aldridge	Santa Rosa	1:53.1
3. Dave Emery	Chabot	1:53.8
4. Martin	Antelope Valley	1:54.2
5. Elwell	Shasta	1:55.0
6. Clarence Roots	Cosumnes River	1:56.1

1500-Final

1. Dan Aldridge	Santa Rosa	3:50.3
2. Mike Wright	Solano	3:52.3
3. Mike Brown	American River	3:52.4
4. Bob McMeans	Contra Costa	3:53.3
5. Ed Taylor	Sequoias	3:53.8
6. Tim Farrell	American River	3:55.9

5000-Final

1. Joaquin Leano	Porterville	14:48.4
2. Alfred Lara	Fresno	14:49.2
3. Art Baudendistel	American River	14:51.4
4. Mitch Kingery	San Mateo	14:52.2
5. Jim Mebust	American River	14:57.8
5. Steve Watkins	Monterey	15:13.7

10000-Final

1. Paul Mello	San Mateo	31:24.6
2. Earl Lagomarsino	American River	31:34.2
3. Rudy Montenegro	San Jose	31:34.4
4. Jim Sane	Sierra	31:43.2
5. Bob Paulin	West Valley	31:49.5
6. Dave Parrish	San Jose	32:02.4

110 High Hurdles-Final

1. Calvert Jones	Cosumnes River	14.3
2. Raphael Smith	Skyline	14.3
3. Anthony Washington	Fresno	14.4
4. Bill Dorvall	Butte	14.8
5. Clarence Dixon	SJ Delta	15.2

400 Intermediate Hurdles-Final

1. Richardson	Santa Rosa	52.24
2. Tony Hicks	Skyline	53.08
3. Raphael Smith	Skyline	53.20
4. Bill Dorvall	Butte	53.49
5. Jeff Jones	West Hills	53.88
6. Dennis Claxton	Alameda	54.21

3K Steeplechase-Final

1. Bill Weed	American River	9:13.3
2. Joaquin Leano	Porterville	9:26.6
3. Steve Watkins	Monterey	9:27.8
4. Kim Baez	Marin	9:31.4
5. Frank Dauncey	Lassen	9:33.4
6. Kevin Searles	Diablo Valley	9:42.0

400 Relay-Final

1. San Jose	40.12
(Sherman Jones, Eugene Rachal, Horace Berry, Ken Meriweather)	
2. Alameda	40.76
3. Cosumnes River	41.14
(Calvin Macey, Jon Ware, Eric Patton, Duran Harden)	
4. Diablo Valley	41.25
(Ivory Lewis, Ernest Lewis, Tim Toffoli, John Gill)	
5. Chabot	41.27
6. Modesto	41.56

1600 Relay-Final

1. Alameda	3:14.6
(Paul Jackson, Leseter Mickens, Vern Mayweather, Glass)	
2. Skyline	3:15.5
(Robert Clay, Raphael Smith, Tony Hicks, Alvin Diles)	
3. Foothill	3:15.6
(Leonard DeNux, Dave Jakle, Chris Menninger, Stephen Chepkwony)	
4. San Jose	3:16.5
5. San Mateo	3:17.7
6. Laney	3:17.7

High Jump-Final

1. Thurliss Gibbs	San Jose	6-10
2. Keith Dimas	Solano	6-10
3. Leo Williams	Alameda	6-10
4. Randy Turner	San Francisco	6-8
4. Bob Petersen	Chabot	6-8
4. Tim Trejo	Sacramento	6-8

Pole Vault-Final

1. Steve Oravetz	West Valley	17-0
2. Kim Black	San Mateo	16-0
3. Stan Reyes	Fresno	15-6
4. Jerry Mulligan	West Valley	15-6
5. Bob Dillard	San Mateo	15-0
6. Mark McGorty	Foothill	15-0

Long Jump-Final

1. Mike McRae	Chabot	25-7½
2. Ed Taylor	Modesto	24-11
3. Skip Peterson	San Mateo	24-2½
4. Greg Turner	Cosumnes River	24-2
5. Fred Brooks	Hartnell	23-9
6. Chuck Polite	Sacramento	23-7

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Triple Jump-Final

1. Carl Nicks	Alameda	50-7¼
2. Peter Moreno	San Jose	50-6
3. Ron Johnson	Monterey	50-2
4. Eddie Tate	Fresno	50-0
5. Mike McRae	Chabot	49-5¼
6. Matt Rice	Alameda	49-3

Discus-Final

1. Gregg Tafralis	San Mateo	174-4
2. Dan John	Skyline	172-0
3. John Turton	Porterville	169-4
4. Mark Tinsley	Yuba	160-5
5. Mike Stableton	Los Medanos	159-2
6. Mike Gough	De Anza	157-10

Shot Put-Final

1. Dave Laut	San Jose	60-3
2. Gregg Tafralis	San Mateo	53-8
3. John Turton	Porterville	53-5
4. Howard Stuart	De Anza	53-1
5. Mike Gough	De Anza	52-8
6. Chris Linggi	Sacramento	52-0¼

Javelin-Final

1. Rick Fitzmeier	Sacramento	202-9
2. Doug Hart	San Jose	198-3
3. Gary Haymond	Sequoias	196-10
4. Norm Finke	Modesto	195-8
5. Kevin Hurd	De Anza	191-3
6. John Misko	Porterville	187-8