

Northern California Community College Regional Track & Field Championship • Pleasant Hill, CA • May 19, 1979

Men: 1. San Jose 111; 2. Santa Rosa 60; 3. Alameda 40; 4. Fresno 32; 5. Hartnell 31; 6T. Foothill, American River 27; 8. Chabot 26; 9T. Cosumnes River, West Valley 24; 11. De Anza 20; 12T. San Mateo, Modesto, Sierra 18; 15. Sequoias 16; 16T. Monterey, Butte, Yuba 12; 19. Skyline 10; 20T. Contra Costa, Los Medanos 9; 22T. Sacramento, Merced, Antelope Valley 6; 25. Shasta 5; 26T. Marin, SJ Delta 2; 28T. San Francisco, Merritt 1.

Women: 1. San Jose 68; 2. West Valley 54; 3. Alameda 48; 4. Butte 42; 5. Monterey 40; 6. Santa Rosa 36; 7. Fresno 30; 8. Modesto 21; 9. De Anza 17; 10. Yuba 14; 11T. SJ Delta, Taft 10; 13. Sierra 9; 14T. Foothill, Diablo Valley 8; 16. Chabot 7; 17T. Antelope Valley, Contra Costa, Hartnell 6; 20. American River 4; 21. Sacramento 3; 22T. Cuesta, Skyline 2; 24T. Shasta, Sequoias 1.

MEN

100m-Final (wind: +1.5mps)

1. Willie Jackson	San Jose	10.47
2. Tim Foster	San Jose	10.56
2. Chris Dailey	Sacramento	10.56
4. Phil Trask	Hartnell	10.62
5. Victor Trapps	Alameda	10.64
6. Rene Scott	Fresno	10.74

200-Final (wind-aided: +2.10mps)

1. Willie Jackson	San Jose	20.92
2. Phil Trask	Hartnell	21.28
3. Rene Scott	Fresno	21.45
4. Victor Trapps	Alameda	21.52
5. Gerald Wilhite	American River	21.87
6. Rod Burris	American River	21.87

400- Final

1. Chris Whitlock	Santa Rosa	46.94
2. Joel Ngetich	Foothill	47.02
3. Pat Croft	Los Medanos	47.67
4. James Bradley	Cosumnes River	47.91
5. Eddie Carey	Butte	48.25
6. Jeff Garrett	Los Medanos	48.36

800- Final

1. Vern Sallaz	Chabot	1:50.28
2. Pat Holcombe	San Jose	1:50.92
3. Larry Gonzales	Sequoias	1:51.39
4. Rocky Niederberger	American River	1:51.62
5. Antone Shired	Santa Rosa	1:51.66
6. Reggie DeRosans	San Jose	1:52.37

1500- Final

1. John Sup	Monterey	3:47.7
2. Dan Navarro	Sierra	3:48.0
3. Vern Sallaz	Chabot	3:49.2
4. Swift Katepa	Sequoias	3:54.5
5. Jim Christiansen	Monterey	3:55.4
6. Jacob Cancleria	Merritt	3:55.8

5000-Final

1. Tim Holmes	Modesto	14:39.8
2. Greg Hitchcock	Sierra	14:41.0
3. Mike Galligan	Yuba	14:52.0
4. Malcolm Maxwell	American River	15:01.6
5. Jeff Baumsteiger	Marin	15:07.4
6. Dan Will	American River	15:07.6

10,000 Meters- Final

1. Paul Sechrist	San Jose	31:16.7
2. Danny Grimes	De Anza	31:18.6
3. Greg Szanto	West Valley	31:59.8
4. Kurt Graves	West Valley	32:02.0
5. Sal Beruman	San Jose	32:36.9
6. Mike Fanelli	San Francisco	32:59.3

MEN

110 High Hurdles- Final (wind: +1.1mps)

1. Malcolm Dixon	Foothill	14.33
2. Will Patterson	Contra Costa	14.37
3. Andre Phillips	San Jose	14.47
4. Bryon Carmichael	San Jose	14.49
5. Greg Marjama	Butte	14.61
6. Claude Grady	Hartnell	14.62

400 Hurdles- Final

1. Andre Phillips	San Jose	51.03
2. Greg Marjama	Butte	52.55
3. Mark Stryker	Santa Rosa	52.76
4. David Jackson	Cosumnes River	53.64
5. Curtis Sells	Hartnell	54.06
6. Steve Blagdon	Chabot	54.2

Steeplechase- Final

1. Mike Dyer	West Valley	9:17.6
2. Ricardo Vargas	Hartnell	9:30.2
3. Brian Turner	Alameda	9:31.7
4. Kevin Jones	Santa Rosa	9:33.2
5. Brent Cushenberry	American River	9:47.4
6. Stan Winkley	Modesto	9:47.6

400 Relay-Final

1. San Jose	40.99
(Tim Foster, Andre Phillips, Willie Jackson, Byron Carmichael)	
2. Santa Rosa	41.32
(Humphrey Garratt, Ricky Jackson, Chris Whitlock, Jim Flores)	
3. Hartnell	41.48
(Phil Trask, Rod Blakeney, Mike Folleta, Claude Grady)	
4. Fresno	41:68
(Rene Scott, Willie Moore, Alan Williams, Terry Flanagan)	
5. Cosumnes River	41.72
(Hollywood Roberts, Mark Tylor, Henry Dawkins, Dave Jackson)	
6. SJ Delta	41.83

Mile Relay- Final

1. San Jose	3:12.8
(Tim Foster, Dwayne Taylor, Pat Holcombe, Andre Phillips)	
2. Foothill	3:13.0
(Malcolm Dixon, Joel Ngetich, Cleve Prince, Vince Dailey)	
3. Santa Rosa	3:13.5
(Chris Whitlock, Antone Shired, Ricky Jackson, Greg Clark)	
4. Cosumnes River	3:13.7
(Mark Taylor, James Bradley, Hollywood Roberts, Dave Jackson)	
5. Los Medanos	3:14.9
6. Contra Costa	3:15.7

High Jump-Final

1. Kerry Myers	Alameda	6-10
2. Mike Edwards	Modesto	6-10
3. Phil Chapman	Yuba	6-10
4. Eric Johannsen	Shasta	6-10
5. Joel Wyrick	San Jose	6-10
6. Brian Powell	American River	6-8

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Pole Vault- Final

1. Brian Binau	San Jose	15-6
2. Ross McAlexander	De Anza	15-6
3. Greg Cox	Antelope Valley	14-6
4. Jeff Kitts	West Valley	14-6
5. Kris Reuter	Sierra	14-0
6. Bruce Collett	Chabot	14-0

Long Jump- Final

1. Paul Bates	Alameda	24-10½
2. Gerald Wilhite	American River	24-9¼
3. Willie Alexander	Sequoias	24-1
4. Gary Wipfler	De Anza	23-2½
5. Mike Heinz	Chabot	23-2
6. Tom Gelonek	Shasta	23-1¼

Triple Jump- Final

1. Lonnie Sanders	Cosumnes River	51-6¼
2. Paul Bates	Alameda	50-2½
3. Mark Slaton	Merced	50-2
4. Norm Alston	Fresno	49-5¼
5. Loren Lebherz	Skyline	49-0½
6. Joel Wyrick	San Jose	48-7½

Shot Put- Final

1. Jeff Voorhees	Santa Rosa	58-7½
2. Mike Smith	San Mateo	53-5¼
3. Ron McKee	San Jose	52-4¼
4. Randy O' Rourke	American River	51-11¼
5. Chris Sorenson	Santa Rosa	50-5¼
6. Tom Merlo	Fresno	49-3¼

Discus- Final

1. Tim Bennett	Fresno	171-3
2. Jeff Voorhees	Santa Rosa	167-8
3. Scott Reid	Chabot	165-5
4. Kevin Goode	San Jose	163-7
5. Chris Sorenson	Santa Rosa	161-9
6. Les Serba	SJ Delta	160-4

Javelin- Final

1. Dave Rider	San Mateo	218-5
2. Steve Roller	Skyline	208-8
3. Jasmel Singh	Sequoias	204-7
4. Chris Hurtubise	Santa Rosa	199-3
5. Tom Peterson	Hartnell	199-1
6. Neil Shepherd	Foothill	191-9

Hammer exhibition

1. Tim Bennett	Fresno	141-7
2. Steve Rohovit	Chabot	127-11
3. Mike Songer	Cosumnes River	127-4
4. Larry Sciaqua	Fresno	125-6
5. Tim Thompson	De Anza	123-9
6. Steve Lanza	De Anza	117-2

Decathlon exhibition*

1. Gary Wipfler	De Anza	7,017
2. Tim Gelonek	Shasta	6,789
3. Shawn Giblin	Sacramento	6,390
4. Loren Lebherz	Skyline	6,389
5. Mark Pleis	Diablo Valley	6,017
6. Steve Blagdon	Chabot	6,000

*Held at De Anza College on May 2-3

WOMEN

100m-Final (wind: -2.5mps)

1. Debbie White	Alameda	11.83
2. Tina Gibbs	San Jose	11.96
3. Eloise Mallory	San Jose	12.02
4. Donna Carley	American River	12.13
5. Celeste Martyn	Cuesta	12.21
6. Delia Hampton	San Jose	12.31

200-Final (wind: -2.2mps)

1. Debbie White	Alameda	24.41
2. Tina Gibbs	San Jose	24.59
3. Eloise Mallory	San Jose	24.94
4. Delia Hampton	San Jose	25.41
5. Teresa Philopena	Santa Rosa	25.76
6. Jean McDaniel	Sacramento	25.86

400-Final

1. Teresa Philopena	Santa Rosa	55.27
2. Arlene Van Warmerdam	SJ Delta	56.41
3. Joselyn West	San Jose	56.69
4. Diana Macias	Fresno	57.23
5. Gwen Kennedy	Skyline	57.34
6. Donna Kesterson	Yuba	58.40

800- Final

1. Tammy Gonzales	Monterey	2:14.66
2. Luanne Park	Butte	2:15.46
3. Pam Bowers	West Valley	2:16.31
4. Suzanne Blevins	Diablo Valley	2:16.76
5. Diana Pappas	Yuba	2:18.56
6. Connie Hester	Fresno	2:19.5

1500- Final

1. Pam Bowers	West Valley	4:37.6
2. Sabrina Peters	Monterey	4:37.7
3. Anne Wotherspoon	West Valley	4:43.1
4. Kathy Perkins	West Valley	4:44.9
5. Suzanne Blevins	Diablo Valley	4:45.9
6. Connie Hester	Fresno	4:46.0

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WOMEN

3000-Final

1. Kathy Perkins	West Valley	10:00.6
2. Sabrina Peters	Monterey	10:00.8
3. Maria Trujillo	Hartnell	10:09.6
4. Irene Crowley	San Jose	10:10.2
5. Karey Robinson	SJ Delta	10:12.6
6. Anne Wotherspoon	West Valley	10:23.6

100 Hurdles- Final (wind: -0.62mps)

1. Diana Macias	Fresno	14.5
2. Karen Kendall	Sierra	14.8
3. Liz Robinson	Antelope Valley	15.0
4. Jamie Blake	Chabot	15.0
5. Donna Hunnerlach	Butte	15.2
6. Nancy O'Connell	West Valley	15.5

400 Hurdles- Final

1. Donna Hunnerlach	Butte	62.63
2. Nancy O'Connell	West Valley	63.17
3. Kathy Hohmann	West Valley	63.19
4. Jackie Boriolo	Santa Rosa	63.97
5. Stephanie Ratcliffe	Chabot	64.06
6. Cathy Thurber	Sierra	65.28

400 Relay- Final

1. Alameda	47.45
(Robbie McGree, Kathy Tyrnski, Nellwyn Smith, Debbie White)	
2. San Jose	47.69
(Delia Hampton, Eloise Mallory, Tina Gibbs, Joselyn West)	
3. Modesto	48.57
(Dot Ramirez, Kellie Shreve, Michelle Tornquist, Ora Perry)	
4. Fresno	48.89
(Bonita Walker, Diana Macias, Kim Wooten, Carrie Johanns)	
5. Santa Rosa	49.44
(Jackie Boriolo, Peggy Rogers, Teresa Philopena, Deanne Neff)	
6. Sequoias	49.6

Mile Relay- Final

1. San Jose	3:52.14
(Eloise Mallory, Della Hampton, Tina Gibbs, Joselyn West)	
2. Alameda	3:53.37
(Robbie McCree, Kathy Tyrnski, Nellwyn Smith, Debbie White)	
3. Santa Rosa	3:56.08
(Jackie Boriolo, Peggy Rogers, Teresa Philopena, Deanne Neff)	
4. Butte	3:56.81
(Luann Park, Donna Hunnerlach, Cindy Cook, Liz Bennett)	
5. West Valley	3:57.05
6. Yuba	3:58.26

High Jump-Final

1. Deanne Neff	Santa Rosa	5-8
2. Liz Bordenkircher	Yuba	5-6
3. Karen Richards	De Anza	5-2
4. Cathy Mathews	Monterey	5-2
5. Naomi Henderson	Sacramento	5-0
6. Shelly Craig	De Anza	5-0

WOMEN

Long Jump- Final

1. Newelyn Smith	Alameda	19-4
2. Donna Hunnerlach	Butte	18-3 ³ / ₄
3. Michele Turnquist	Modesto	17-8 ¹ / ₄
4. DelGarcia Green	Contra Costa	17-6 ¹ / ₄
5. Deanne Neff	Santa Rosa	17-5 ¹ / ₂
6. Jamie Blake	Chabot	17-3

Shot Put- Final

1. Donna Erickson	Shasta	44-2 ¹ / ₂
2. Peggy Pollack	De Anza	39-10 ¹ / ₂
3. Wendi Michelli	Santa Rosa	39-6 ³ / ₄
4. Wendy Robinson	Butte	39-3 ³ / ₄
5. Roxanne Kasparian	Fresno	39-0 ¹ / ₂
6. Sandi Binns	Modesto	38-9

Discus-Final

1. Roxanne Kasparian	Fresno	138-9
2. Cecillia Sandoval	Modesto	138-2
3. Wendy Robinson	Butte	137-5
4. Kim Hunter	Taft	131-2
5. Maureen Burt	De Anza	129-2
6. Lori Wilson	Shasta	122-4

Javelin- Final

1. Alisa Jones	Monterey	136-5
2. Elaine Sundby	Foothill	129-0
3. Kim Middlebrooks	Taft	125-11
4. Carol Ginocchio	Yuba	119-8
5. Lynn Harrison	Diablo Valley	118-5
6. Wendi Michelli	Santa Rosa	116-0