

Northern California Community College Regional Track & Field Championship • Modesto, CA • May 8, 1987

Men: 1. Taft 118; 2. Fresno 67; 3. Sacramento 58; 4. Merritt 37; 5. Modesto 32; 6. Siskiyou 30; 7. SJ Delta 28; 8. American River 27; 9. San Jose 26; 10T. Sequoias, Shasta 22; 12. Santa Rosa 19½; 13. Butte 18; 14. West Valley 16; 15. Contra Costa 15; 16. Chabot 14; 17. Skyline 13; 18T. Foothill, San Francisco 12; 20. West Hills 8; 21. Porterville 7; 22. Merced 5; 23T. Kings River, San Mateo 4; 25T. Redwoods, Monterey 2; 27. Hartnell 1½; 28. De Anza 1.

Women: 1. Sacramento 86; 2. Hartnell 53; 3. Sequoias 51; 4. Contra Costa 44; 5. Modesto 41; 6. Marin 34; 7. Merritt 32; 8. Shasta 22; 9T. Skyline, Santa Rosa 20; 11. Foothill 19; 12. Butte 18; 13. Fresno 16; 14. De Anza 12; 15. West Valley 11; 16T. American River, Yuba 10; 18T. SJ Delta, Taft, Sierra, Merced 8; 22T. Porterville, Kings River 6; 24. Monterey 4; 25. Lassen 3; 26T. San Jose, Cosumnes River 2; 28. Cabrillo, San Francisco 1.

Men

100- Final

1. Anthony Barnes	Taft	10.29
2. Marcos Pica	Diablo Valley	10.30
3. Andrae White	Sacramento	10.54
4. Chris Pippins	Merced	10.56
5. Bob Flenoid	Siskiyou	10.59
6. Jack Cooper	Sequoias	10.65

200- Final

1. Harland Davis	Taft	20.97
2. Marcos Pica	Diablo Valley	21.13
3. Andre Hunter	Santa Rosa	21.17
4. Charles Brooks	Merritt	21.18
5. Anthony Barnes	Taft	21.20
6. Derron Minor	Merritt	21.68

400- Final

1. Harland Davis	Taft	46.91
2. Greg Parker	Sacramento	47.27
3. Darryl Provost	Taft	47.57
4. Markel Knox	Merritt	47.63
5. Eddie Owens	Contra Costa	48.60
6. Andre Hunter	Santa Rosa	48.62

800-Final

1. John Cook	Siskiyou	1:50.27
2. Joe Carnegie	Taft	1:50.45
3. Tom Saggau	San Jose	1:50.92
4. Wenzel Carey	SJ Delta	1:51.53
5. Ricky Lucero	San Jose	1:52.02
6. Pat Maines	Santa Rosa	1:52.6

1500- Final

1. Bobby Rivera	Modesto	3:49.58
2. Tony Bouquet	Taft	3:50.78
3. Joe Carnegie	Taft	3:50.83
4. Tony Perez	SJ Delta	3:51.92
5. Robert Williams	Diablo Valley	3:54.42
6. John Dominique	West Valley	3:55.18

5000- Final

1. Rod Heskett	West Valley	14:56.9
2. Steve Neubaum	Modesto	14:58.7
3. Jesse Llanez	Fresno	15:00.1
4. Alberto Gomez	San Mateo	15:08.6
5. Jeff Johnson	Redwoods	15:10.6
6. James Garrett	American River	15:20.7

10000- Final

1. Jesse Llanez	Fresno	31:07.5
2. Chris Hoepker	Foothill	31:52.1
3. David Larrabee	Shasta	32:00.4
4. Bill Quirk	West Valley	32:03.2
5. Greg Mislick	Monterey	32:10.8
6. Herb Pepper	De Anza	32:10.8

Men

110 Hurdles- Final

1. Carter Jefferson	Taft	14.13
2. Eugene Swift	Chabot	14.14
3. Troy Burks	Fresno	14.62
4. Ivan Graves	San Francisco	14.63
5. Pat Nelson	San Jose	14.86
6. Keith Jackson	Contra Costa	14.88

400 Hurdles- Final

1. Troy Burks	Fresno	52.27
2. Andy Shaban	SJ Delta	52.61
3. Ivan Graves	San Francisco	53.29
4. Eugene Swift	Chabot	54.30
5. Cheisy Jenkins	Butte	55.48
6. Raymond Cox	Skyline	55.71

Steeplechase- Final

1. Rod Coker	American River	9:38.1
2. Manuel Silveria	SJ Delta	9:40.8
3. Jim Kruger	Porterville	9:47.0
4. Chris Hoepker	Foothill	9:52.5
5. Harold Brown	Taft	9:55.7
6. Kevin Riley	Porterville	9:57.5

400 Relay- Final

1. Taft	40.67
2. Merritt	41.35
3. Contra Costa	41.76
4. Diablo Valley	41.77
5. Chabot	41.99
6. Merced	42.02

1600 Relay-Final

1. Merritt	3:09.92
(Charles Brooks, Markell Knox, Anthony John, Darren Minor)	
2. Taft	3:11.65
3. Contra Costa	3:12.05
4. Santa Rosa	3:12.1
(Kurt Mellick, Pat Maines, Buddy Cader, Andre Hunter)	
5. Fresno	3:17.3
6. Diablo Valley	3:17.8

High Jump- Final

1. David Puffer	Sacramento	6-11
2. Bill Hepworth	American River	6-9
3. Otis Smith	Taft	6-9
4. David Mosely	SJ Delta	6-7
5. Dean Lazzanini	Santa Rosa	6-7
5. Scott Leirman	Hartnell	6-7

Pole Vault- Final

1. Melvin Hempstead	Sacramento	15-6
2. Tom Stewart	Butte	14-6
3. Roy Whitson	Modesto	14-6
4. Eric Percy	Shasta	14-0
4. Tom Dower	Santa Rosa	14-0
6. Scott Strohmeyer	Santa Rosa	14-0

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Long Jump- Final

1. Charles Brooks	Merritt	26-7½
2. Billy Coleman	Taft	25-11
3. Harold Rucker	San Jose	25-1¼
4. Bill Hepworth	American River	24-1½
5. Kevin Smith	San Francisco	23-10½
6. Derrick Robinson	Fresno	23-8¼

Triple Jump- Final

1. Harold Rucker	San Jose	50-3¼
2. John Rivera	Modesto	48-9¼
3. Ricky Threath	Fresno	48-3¼
4. David Puffer	Sacramento	47-7
5. Aaron Braxton	Santa Rosa	46-9
6. David Girard	Siskiyou	46-7¾

Shot Put- Final

1. Dan Lang	Skyline	53-7
2. Jeff Howard	Taft	52-6¾
3. Eric Weddell	Sacramento	50-9
4. Robert Storm	Sacramento	50-1½
5. Mike Guest	Shasta	49-6¼
6. Bill Charette	Sequoias	48-0½

Discus- Final

1. Bob Owens	Siskiyou	163-8
2. Todd Cathers	Butte	163-1
3. Bill Charette	Sequoias	158-9
4. Ray East	Kings River	153-0
5. Dan Lang	Skyline	152-3
6. Milton Hartogh	Diablo Valley	151-8

Javelin- Final

1. Fred Hunter	Sacramento	243-7
2. Derrick Chachere	West Hills	220-3
3. Ron Overmeyer	Sequoias	213-7
4. Dann Fowell	Sequoias	204-4
5. Matt Johnson	Shasta	203-8
6. Mike Sweeny	Diablo Valley	193-3

Hammer- Final

1. Scott Biberthaler	Fresno	169-2
2. Bob Owens	Siskiyou	167-4
3. Scott Jacobson	Fresno	155-8
4. David Martin	American River	150-9
5. Steve West	Cosumnes River	150-7
6. Eric Nanson	Shasta	146-2

Decathlon- Final*

1. Tony Tynan	Fresno	6,433
2. Pat Nevens	Shasta	6,413
3. Otis Smith	Taft	6,378
4. Shawn Wilbourn	Sequoias	6,359
5. Raul Sanchez	Cosumnes River	6,321
6. Jeff Juhala	Diablo Valley	6,267

*Held at Sacramento City College on April 28-29

Women

100- Final

1. Phoebe Smith	Marin	12.05
2. Mona Simmons	Modesto	12.10
3. Tracy Bonner	Contra Costa	12.19
4. Regina Lambert	Hartnell	12.20
5. Nicole Caldwell	Merritt	12.35
6. Bridgette Bailey	San Francisco	12.41

200- Final

1. Denise Ervin	Contra Costa	24.50
2. Mona Simmons	Modesto	25.02
3. Phoebe Smith	Marin	25.27
4. Regina Lambert	Hartnell	25.50
5. Trina Broadway	Sacramento	25.64
6. Tania Wood	Contra Costa	26.29

400- Final

1. Tonya Miles	Sacramento	56.90
2. Denise Ervin	Contra Costa	56.95
3. LaTanya Moore	SJ Delta	57.53
4. Kathy Bugera	De Anza	57.66
5. Patrice Crosby	Merritt	58.09
6. Donya Andrews- Little	San Jose	58.29

800- Final

1. Alicia Gukenheimer	West Valley	2:16.60
2. Molly Burke	Marin	2:17.64
3. Rhonda Bird	Kings River	2:17.80
4. Gaila Hinkston	Merritt	2:18.46
5. Julie South	Butte	2:19.65
6. Lisa Cobb	Shasta	2:19.5

1500- Final

1. Molly Burke	Marin	4:44.05
2. Loretta Cruz	Sequoias	4:44.42
3. Lisa Davenport	Sequoias	4:51.73
4. Monica Daley	Foothill	4:53.81
5. Jennifer Baker	Porterville	4:54.46
6. Christine McGee	Santa Rosa	4:54.70

3000- Final

1. Loretta Cruz	Sequoias	10:24.2
2. Tassie Norton	Taft	10:24.2
3. Christine McGee	Santa Rosa	10:40.2
4. Jennifer Baker	Porterville	10:46.2
5. Barbara Crowley	Cosumnes River	10:49.7
6. Judy Miller	West Valley	10:56.4

5000- Final

1. Loretta Cruz	Sequoias	17:57.2
2. Heather Hollahan	Shasta	17:59.2
3. Flavia DeOliveria	De Anza	18:19.2
4. Suzanne Dee	Monterey	18:25.0
5. DeeDee Grafius	Modesto	18:35.9
6. Monica Daley	Foothill	18:36.4

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100 Hurdles- Final

1. Maggie Hayes	Sacramento	14.77
2. Janis Diggs	Hartnell	15.23
3. Tina Broadway	Sacramento	15.39
4. Troy Bronin	Santa Rosa	15.45
5. Lisa Littrell	Shasta	15.85
6. Barbara Scheidt	Cabrillo	16.03

Triple Jump- Final

1. Janis Diggs	Hartnell	39-4½
2. Kellee Callahan	Sacramento	38-7¼
3. Wendy Martin	Modesto	38-5¼
4. Tonya Miles	Sacramento	37-5¼
5. Darlene Smith	Sequoias	36-9¼
6. Bridget Johnson	San Jose	36-4

400 Hurdles- Final

1. Kim Hines	Merritt	62.50
2. Maggie Hayes	Sacramento	64.11
3. Tasha Cunningham	Santa Rosa	64.92
4. Lisa Littrell	Shasta	65.49
5. Gayle Brockett	Yuba	66.64
6. Heidi Freer	Shasta	68.3

Shot Put- Final

1. Joyce Fremstad	Skyline	41-6¼
2. Felycia King	Fresno	40-7½
3. Marteresia Mitchell	Contra Costa	38-10
4. Lisa Airheart	Fresno	38-3
5. Becky Barragan	Santa Rosa	37-7
6. Kris Bauer	Lassen	37-6¼

400 Relay- Final

1. Contra Costa	47.5
2. Sacramento	47.6
3. Merritt	48.2
4. Hartnell	48.7
(Janis Diggs, Kim Keller, Regina Lambert, Sheena Ringrose)	
5. Shasta	49.1
(Lisa Littrell, Ronda Ryan, Sherry Faller, Lynn Holstrom)	
6. Modesto	49.5
(Adrianna Lundquist, Wendy Martin, Cathy Lee, Mona Simmons)	

Discus- Final

1. Joyce Fremstad	Skyline	154-9
2. Pam Dearing	Yuba	141-0
3. Shelly Hobbs	Sequoias	137-0
4. Felycia King	Fresno	128-7
5. Rosalie Ramirez	Porterville	122-8
6. Becky Barragan	Santa Rosa	118-8

1600- Final

1. Sacramento	3:52.47
2. Merritt	3:55.39
3. Modesto	3:56.93
Meina Nunez, Wendy Martin, Karen Rottherman, Mona Simmons)	
4. Shasta	3:57.15
(Lisa Littrell, Camie Ake, Ronda Ryan, Lynn Holstrom)	
5. Contra Costa	3:59.34
6. SJ Delta	4:02.0

Javelin- Final

1. Christine Harris	Butte	141-0
2. Stephanie Santos	Sierra	130-4
3. Phyllis Harvey	Sacramento	122-3
4. Gina Crews	American River	122-1
5. Kris Bauer	Lassen	121-1
6. Stacy Raine	Hartnell	121-0

High Jump- Final

1. Tonya Miles	Sacramento	5-4
2. Kim Fluegel	Merced	5-4
3. Eva DePorcel	Foothill	5-2
4. Stacy Brown	Sequoias	5-2
5. Dee Dee Nelson	American River	5-0
6. Darlene Norris	Sequoias	5-0

Heptathlon- Final

1. Janis Diggs	Hartnell	4,436
2. Eva De Porcel	Foothill	4,209
3. Julie South	Butte	4,129
4. Gina Crews	American River	4,113
5. Kim Becker	Hartnell	3,894
6. Dionne Teasley	Contra Costa	3,889

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Long Jump- Final

1. Mona Simmons	Modesto	20-1¼
2. Janis Diggs	Hartnell	19-2
3. Kellee Callahan	Sacramento	19-0½
4. Darlene Smith	Sequoias	19-0
5. Tanya Trupijn	De Anza	17-11¼
6. Janette Marzloff	SJ Delta	17-10¼