

Northern California Community College Regional Track & Field Championship • Modesto, CA • May 7, 1999

Men: 1. Fresno 104½; 2. Modesto 102; 3. Chabot 60; 4. Hartnell 59; 5. West Valley 57; 6. San Francisco 54; 7. San Jose 46; 8. San Mateo 36; 9. Siskiyou, Sequoias 31; 11. Merritt 28; 12. SJ Delta 26; 13. Diablo Valley 22; 14. Yuba 19; 15T. Sacramento, American River 18; 17T. Butte, Contra Costa 16; 19. Sierra 15; 20. Shasta 14½; 21. Santa Rosa 12; 22T. De Anza, Foothill 8; 24. Marin 6; 25. Redwoods 5; 26. Reedley 4; 27. Merced 2.

Women: 1. Sacramento 146; 2. Hartnell 94; 3. American River 89; 4. Modesto 69; 5. San Mateo 52; 6. San Francisco 48; 7. Santa Rosa 44; 8. Diablo Valley 36; 9. Chabot 34; 10. Sierra 33½; 11. Fresno 29; 12. Merced 21; 13. Sequoias 18; 14. Shasta 14; 15. SJ Delta 16; 16. Foothill 14; 17. West Valley, Siskiyou 13; 19. Lassen 9; 20T. Reedley, Merritt 5; 22. Butte 4½; 23. Redwoods 4; 24. Marin 2; 25. Mendocino 1.

Men

100m- Final

1. Andre Ammons	San Francisco	10.44
2. Jerome Avery	Fresno	10.49
3. Starr Roberts	Merritt	10.53
5. Edwin Howard	Reedley	10.74
6. Jamail Alexander	Fresno	10.78

200- Final

1. Andre Ammons	San Francisco	20.97
2. Jerome Avery	Fresno	21.06
3. Starr Roberts	Merritt	21.07
5. Jamail Alexander	Fresno	21.69

400- Final

1. Ernesto Salinas	Hartnell	47.16
2. Tim Brown	Fresno	47.42
3. Eddie Levine	Modesto	47.96
4. BB Malone	Sequoias	48.17
6. Leslie Ford	Fresno	48.58
8. Lackey	Sacramento	49.79

800- Final

1. Brian Wilkinson	Modesto	1:52.87
2. Ryan Locklin	San Francisco	1:54.42
3. Jacob Green	West Valley	1:55.50

1500- Final

1. Brian Wilkinson	Modesto	3:57.91
2. Jason Bouey	Merritt	4:01.60
3. Mike Kasahun	Fresno	4:01.98
7. Jared Plemons	Sierra	4:04.11

5000- Final

1. Mike Kasahun	Fresno	15:15.84
2. Juan Miramontes	West Valley	15:23.15
3. Rick Turner	Sequoias	15:23.67
6. Kala Donnelly	Sequoias	15:38.12

10,000- Final

1. Juan Miramontes	West Valley	31:16.70
2. Mike Kasahun	Fresno	31:20.99
3. Jose Saenz	Modesto	31:44.63
4. Kala Donnelly	Sequoias	32:38.63
6. Blair	American River	33:04.90

110 Hurdles- Final

1. Henry Frazier	Chabot	14.04
2. Joseph Rodan	West Valley	14.60
3. D.J. Crittenden	Modesto	14.73

400 Hurdles- Final

1. Kito Andrews	Sacramento	52.54
2. Anthony Murrill	Fresno	54.02
3. Marcos Villarmarin	Modesto	54.46
5. Byron Talley	Yuba	54.93

Men

Steeplechase- Final

1. Jose Saenz	Modesto	9:36.00
2. Jacob Mills	Sierra	9:43.20
3. Jose Acosta	West Valley	9:50.30
4. Jeremy Max	American River	9:56.50
6. Ryan Soares	Fresno	10:19.80

400 Relay- Final

1. Fresno	41.03
2. Chabot	41.66
3. Modesto	41.69
4. Siskiyou	41.80
5. San Francisco	41.82
6. Hartnell	42.00
7. SJ Delta	42.01
8. Contra Costa	42.21

1600 Relay- Final

1. Fresno	3:10.96
2. San Francisco	3:12.46
(Andre Ammons, Ryan Locklin, Dave Navarette, William Smith)	
3. Hartnell	3:14.25
4. Modesto	3:18.82
5. Sacramento	3:19.72
6. San Jose	3:20.46
7. Sequoias	3:21.21
8. Chabot	3:21.53

High Jump- Final

1. Kerry Pearson	SJ Delta	6-8
2. Grady Wilborn	Foothill	6-6
3. Herman Gill	Modesto	6-6
8. Kenny Sickler	Fresno	6-2

Pole Vault- Final

1. Steve Harris	San Jose	17-0
2. Robert Carbajal	San Jose	15-6
3. Kevin Bewsey	American River	15-0
4. Brian Price	Fresno	15-0
5. Hahn	American River	14-6
7. Alan Rich	Modesto	13-6

Long Jump- Final

1. Henry Frazier	Chabot	25-0½
2. Marvin Brown	Chabot	24-9
3. Kenny Pearson	SJ Delta	24-4
4. BB Malone	Modesto	24-1½

Triple Jump- Final

1. Benson Jones	Diablo Valley	51-9½
2. Kyrah Ayers	Contra Costa	47-7
3. Henry Frazier	Chabot	46-11
8. Viry Tran	Modesto	45-4¼

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Men

Shot Put- Final

1. Chris DeMartini	San Mateo	57-0
2. Steve Parker	San Francisco	50-1¾
3. Elliott Smith	Butte	49-6
8. Mike Guidry	Fresno	46-5¼

Discus-Final

1. Chris DeMartini	San Mateo	181-6
2. Mike Guidry	Fresno	169-3
3. Cheyne Murray	San Mateo	154-8
4. Rian Weber	Sierra	151-5
7. Stephen Lamoure	Modesto	141-4

Javelin- Final

1. Ron White	Siskiyou	203-3
2. Jerrod Stewart	Hartnell	178-2
3. Tom Rhoads	Hartnell	175-1
7. Mike Maselli	Merced	170-0

Hammer- Final

1. Stephen Lamoure	Modesto	169-1
2. Marshall Denton	Modesto	141-4
3. Robert Rubio	Modesto	140-11
8. Masso	Yuba	129-0

Decathlon- Final

1. Byron Talley	Yuba	6,535
2. Joe Rodan	West Valley	6,495
3. Matt Blair	Marin	6,422
4. Benji Chamberlain	Siskiyou	6,235
5. Rick Halberg	Diablo Valley	6,198
6. Ken Vaughn	Sacramento	6,112

Held at Yuba College on April 13-14

Women

100- Final

1. Jaquilla Lewis	Sacramento	12.05
2. Iman Sims	Sacramento	12.28
3. Raanee Marshall	San Francisco	12.41
4. Junelle Morris	Merced	12.43
5. Lillie Maselli	Merced	12.82
6. Alyana Lacey	Merced	12.82
7. Shaw	American River	12.84
8. Amanda Fossen	Reedley	12.94

200- Final

1. Shavone Poopola	San Mateo	24.92
2. Jaquilla Lewis	Sacramento	25.06
3. Melanie King	Sacramento	25.76
4. Junelle Morris	Merced	25.82
5. Iman Sims	Sacramento	26.23
6. Lillie Maselli	Merced	26.48
8. Alyana Lacey	Merced	26.86

Women

400- Final

1. Shavone Poopola	San Mateo	55.90
2. Melanie King	Sacramento	57.94
3. Jackie Dalton	Sacramento	58.64
6. Barney	Sacramento	60.79

800- Final

1. Melissa Rodriquez	Diablo Valley	2:22.56
2. Niki LaFreniere	Santa Rosa	2:23.00
3. Kim Roberts	Santa Rosa	2:23.20
5. Sarah Knapp	Sierra	2:26.77
6. Houser	Sacramento	2:27.55
7. Kathy Chafee	Fresno	2:29.61

1500- Final

1. Jen Schindler	American River	4:39.58
2. Nike LaFreniere	Santa Rosa	5:01.93
3. Chrissy Clark	Sierra	5:04.11
5. Rosie Macias	Fresno	5:05.61
6. Stone	American River	5:05.65

3000- Final

1. Steph Vannicola	Chabot	10:38.12
2. Lisa Hernandez	Santa Rosa	10:40.49
3. Lori Kluck	Shasta	10:55.28
4. Ann Koscki	Sierra	11:00.25
6. Veronica Hernandez	Modesto	11:34.64
7. Irene Wright	Fresno	11:53.82

5000- Final

1. Jen Schindler	American River	17:53.71
2. Holly Babione	Hartnell	18:27.00
3. Kathy Lenno	Hartnell	18:27.9
4. Ann Koscki	Sierra	19:09.78

10,000- Final

1. Jen Schindler	American River	35:36.63
2. Kathy Lenno	Hartnell	38:05.38
3. Ann Koscki	Sierra	39:49.15
8. Mears	American River	45:49.81

100 Hurdles- Final (wind +2.2 mps)

1. Tamisha Allen	Hartnell	14.15
2. Jaquilla Lewis	Sacramento	14.16
3. Renee Warner	San Francisco	14.61
8. Julia Bacon	Fresno	16.9

400 Hurdles- Final

1. Tamisha Allen	Hartnell	63.22
2. Renee Warner	San Francisco	64.66
3. Zahra Alabanza	Modesto	64.75
8. Henderson	American River	83.18

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Women

400 Relay- Final

1. Sacramento	48.72
2. Modesto	49.54
3. San Francisco	49.90
4. American River	50.72
5. Santa Rosa	52.07
6. San Mateo	52.40
7. Diablo Valley	52.61
8. Foothill	54.54

1600 Relay- Final

1. Sacramento	3:59.26
2. San Francisco	4:08.10
3. Hartnell	4:09.30
4. San Mateo	4:10.53
5. Santa Rosa	4:13.54
6. Diablo Valley	4:20.17
7. Redwoods	4:20.33

High Jump- Final

1. Jessica Saltzman	Siskiyou	5-6
2. Kibibi Bodden	Chabot	5-6
3. Sarah Soroken	Diablo Valley	5-4
5. Iman Sims	Sacramento	5-0
8. Holder	American River	4-10

Pole Vault- Final

1. Amanda Sweeten	SJ Delta	10-0
2. Vanessa Yerba	Hartnell	10-0
3. Sarah Harcow	Modesto	10-0
5. Michelle Phipps	Modesto	8-6
6. Bergann Montes	Modesto	8-6
7. DeCausemaker	Sierra	8-6

Long Jump- Final

1. Jaquilla Lewis	Sacramento	19-3
2. Connie Smith	Modesto	18-11¾
3. Jackie Dalton	Sacramento	18-6¾
8. Pearson	American River	16-7¾

Triple Jump- Final

1. Tiombe Wiley	San Mateo	37-0¾
2. Synora Dunn	Sacramento	36-7
3. Trineshia Holder	American River	35-2¾
5. Suzanne Fagundes	Sequoias	34-6½
6. Pearson	American River	34-5¾
8. Amanda Fossen	Reedley	34-0½

Women

Shot Put- Final

1. Melissa Wallace	Fresno	40-5½
2. Jennifer Santos	Foothill	39-10½
3. Carol Pese	San Mateo	38-9
4. Melanie Glennen	Sacramento	38-8½
5. Kym Washington	Sequoias	38-3½

Discus- Final

1. Christiana Weaver	Fresno	139-0
2. Sarah Lilly	Modesto	128-10
3. Kym Washington	Sequoias	128-4
5. Jamie Eleman	Modesto	125-0

Javelin- Final

1. Nikkie Gillott	Hartnell	124-3
2. Christine Luders	West Valley	118-5
3. Elizabeth Brown	American River	112-3

Hammer- Final

1. Shannon Cox	American River	153-0
2. Sarah Lilly	Modesto	149-0
3. Becca Jensen	American River	139-1
5. Olivia Vasquez	Sequoias	134-10
7. Jamie Eleman	Modesto	128-7

Heptathlon- Final

1. Jaquilla Lewis	Sacramento	4,461
2. Jackie Dalton	Sacramento	4,361
3. Nikki Gillott	Hartnell	4,118
4. Tiombe Wiley	San Mateo	3,930
5. Sarah Atkinson	Modesto	3,588

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