

2001 NORTHERN CALIFORNIA COMMUNITY COLLEGE TRACK & FIELD CHAMPIONSHIPS

Friday, May 11, Hartnell College, Salinas

Men's 100 Meter Dash						Men's 800 Meter Run					
PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS	PL	ATHLETE NAME	YR SCHOOL	TIME	PTS	
1	Luiz Mello	SO	Santa Rosa	10.74 -0.9	10	1	1 Phil Tabor	SO American Riv	1:54.52	10	
2	Josh Norman	SO	Fresno	10.75 -0.9	8	2	2 D.J. Ozan	SO West Valley	1:56.30	8	
3	Lawrence Parks	SO	Merritt	10.93 -0.9	6	3	3 Steve Smith	SO American Riv	1:57.09	6	
4	Christopher Hughes	SO	Contra Costa	10.99 -0.9	5	4	4 Juan Vazquez	FR Sequoias	1:57.42	5	
5	Tremayne Cantey	FR	Chabot	11.00 -0.9	4	5	5 Ryan Stepp	SO Fresno	1:59.48	4	
6	Alex Mandall	FR	Modesto	11.02 -0.9	3	6	6 Hector Alicea	SO Modesto	2:03.17	3	
7	Jeff Billing	FR	Shasta	11.05 -0.9	2	7	7 Chris Binschus	FR Redwoods	2:07.62	2	
8	Sherod Holmes	SO	Butte	11.07 -0.9	1						
9	Harwell Lang Jr.	FR	Contra Costa	11.18							

Men's 200 Meter Dash						Men's 1,500 Meter					
PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS	PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS
1	Luiz Mello	SO	Santa Rosa	21.29 -3.4	10	1	Josh Campbell	FR	Hartnell	4:00.77	10
2	Josh Norman	SO	Fresno	21.58 -3.4	8	2	Joshua Foster	SO	Diablo Valle	4:04.71	8
3	Lawrence Parks	SO	Merritt	21.66 -3.4	6	3	D.J. Ozan	SO	West Valley	4:04.94	6
4	Lorenzo Parham	SO	Merritt	21.89 -3.4	5	4	Juan Vazquez	FR	Sequoias	4:05.90	5
5	Hung Nguyen	SO	West Valley	22.12 -3.4	4	5	Jeff Seborer	FR	Sequoias	4:07.12	4
6	Phillip Watson	SO	Fresno	22.21 -3.4	3	6	Aaron Buttery	FR	West Valley	4:07.97	3
7	Westlund Childs	SO	Contra Costa	22.33 -3.4	2	7	Victor Flores	FR	Modesto	4:11.69	2
8	Phil Jackson	FR	CCSF	22.60 -3.4	1	8	Justin Willingham	FR	Modesto	4:13.54	1
9	Kajari Burns	FR	Contra Costa	23.46 -3.4		9	Chris Binschus	FR	Redwoods	4:13.77	
						10	Brian Smith	SO	Shasta	4:14.49	
						11	Danny Melo	SO	Santa Rosa	4:15.30	
						12	Sam Ramirez	FR	Hartnell	4:16.46	

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Men's 400 Meter Dash						Men's 3000 Steeple					
PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS	PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS
1	Lorenzo Parham	SO	Merritt	47.11	10	1	Michael Kouri	FR	American Riv	9:38.50	10
2	Steve Fitch	FR	Chabot	47.96	8	2	Michael Dolloff	FR	American Riv	9:41.60	8
3	Ricco Brown	SO	Chabot	48.23	6	3	Jose Palma	FR	Modesto	9:46.10	6
4	Laron Mitchell	FR	Modesto	48.53	5	4	Jon Smith	FR	American Riv	9:52.50	5
5	Kajari Burns	FR	Contra Costa	48.58	4	5	Justin Hurd	FR	Hartnell	9:59.70	4
6	Greg Turner	FR	Merritt	49.01	3	6	Chris Brown	FR	Diablo Valle	10:02.80	3
7	Robert Sorensen	SO	Butte	49.85	2	7	Chris O'Neal	FR	San Jose	10:18.90	2
8	Jeff Fennell	FR	Merritt	50.32	1	8	Eric Nilsen	FR	West Valley	10:22.00	1
9	Phil Jackson	FR	CCSF	51.34		9	Chip Powers	FR	Hartnell	10:32.70	
						10	Russell Bassett	FR	Sequoias	10:36.80	
						11	Jeremy Moore	SO	Fresno	10:54.40	
						12	Larry Blaylock	SO	Sacramento	11:03.30	
						13	Carlos Melchor	FR	San Jose	11:05.30	
						14	Steven Nehls	FR	Lassen	11:13.00	

Men's 110 Meter Hurdles			
ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Ben Clark	SO San Joaquin	15.04 -2.4	10
2 Maurice Mann	FR Monterey Pen	15.09 -2.4	8
3 Jeremy Johnson	FR West Valley	15.37 -2.4	6
4 Dominic Barbaria	SO San Jose	15.46 -2.4	5
5 Wesley Williams	FR San Joaquin	15.54 -2.4	4
6 Erik Allen	FR Chabot	15.66 -2.4	3
7 Logan Moore	FR Sacramento	15.67 -2.4	2
8 Jeremy Garcia	FR Reedley	15.85 -2.4	1
- Christian Crosby	SO San Joaquin	DNF NWI	

Men's 4x100 Relay			
PL	SCHOOL	TIME	PTS
1	Contra Costa	40.91	10
2	Fresno	41.05	8
3	Chabot	41.54	6
4	Monterey Peninsula	42.16	5
5	Merritt	42.39	4
6	Sacramento	42.51	3
7	West Valley	42.60	2
8	San Joaquin Delta	42.66	1
-	Hartnell	DNF	

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Men's 5,000 Meter						Men's 400 Meter Hurdles					
PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS	PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS
1	Delfino Arevalo	FR	Modesto	15:27.28	10	1	Ben Clark	SO	San Joaquin	53.6	10
2	Enrique Henriquez	FR	Chabot	15:36.08	8	2	Erik Allen	FR	Chabot	54.1	8
3	Eddie Alaniz	FR	San Jose	15:42.88	6	3	Jessie Willis	FR	Modesto	54.6	6
4	Brian Smith	SO	Shasta	16:00.99	5	4	Miguel Celaya	FR	Hartnell	55.0	5
5	Kala Donnelly	SO	Sequoias	16:19.23	4	5	Rigo Canela	FR	De Anza	55.2	4
6	Erik Wackemstedt	FR	West Valley	16:20.63	3	6	Nate Boudreaux	FR	West Valley	55.6	3
7	David Leon	FR	West Valley	16:33.12	2	7	Michael Kouri	FR	American Riv	58.2	2
8	Aaron Jacobsen	FR	West Valley	16:47.49	1	8	Dan Mulverhill	FR	Sequoias	63.0	1
9	Arturo Lopez	FR	Sequoias	17:22.07		-	Kito Andrews	SO	Sacramento	DQ	
	Josh Shafer	FR	Sequoias	17:29.87							
-	Larry Blaylock	SO	Sacramento	DNF							
Men's 10,000 Meter Run						Men's 4x400 Relay					
PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS	PL	SCHOOL	YR	TIME	PTS	
1	Delfino Arevalo	FR	Modesto	32:19.20	10	1	Merritt		3:14.62	10	
2	Enrique Henriquez	FR	Chabot	32:52.60	8	2	Chabot		3:16.25	8	
3	Kala Donnelly	SO	Sequoias	33:30.50	6	3	West Valley		3:17.27	6	
4	Billy Maas	SO	Redwoods	33:47.00	5	4	Modesto		3:17.76	5	
5	Arturo Lopez	FR	Sequoias	34:03.60	4	5	Hartnell		3:17.80	4	
6	Robert Eap	FR	CCSF	34:04.40	3	6	Contra Costa		3:18.51	3	
7	Roberto Loredo	SO	San Joaquin	34:26.30	2	7	Sacramento		3:21.57	2	
8	Larry Blaylock	SO	Sacramento	34:53.10	1	8	American River		3:33.71	1	
9	David Leon	FR	West Valley	35:13.80							
10	Aaron Van Order	SO	Butte	35:22.90							
11	Pastor Bejinez	SO	Chabot	35:27.40							
12	Chikara Omine	FR	CCSF	35:45.60							
13	Aaron Jacobsen	FR	West Valley	36:00.90							

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Men's High Jump						
PL	ATHLETE NAME	YR	SCHOOL	MARK		PTS
1	Jon Willison	FR	Santa Rosa	7'02.25	2.19m	10
2	Kurtiss Dilley	FR	Sacramento	7'00.25	2.14m	8
3	William Halford	FR	Fresno	6'09.00	2.06m	6
4	Stanley Wright	FR	Cosumnes River	6'09.00	2.06m	5
5	Vincent Boatwright	SO	Chabot	6'07.00"	2.01m	4
6	Willie Brown	FR	Hartnell	6'05.00"	1.96m	3
7	La Vinciano Fowler	FR	CCSF	6'05.00"	1.96m	1.50
7	Kenneth Pearson	SO	San Joaquin	6'05.00"	1.96m	1.50
9	James Randle	FR	Hartnell	6'03.00	1.91m	
10	Trenton Garland	FR	Sacramento	6'03.00"	1.91m	
11	Christopher Padilla	FR	Merced	6'01.00"	1.85m	
-	Mike Reynolds	FR	Modesto	NH		

Men's Triple Jump						
PL	ATHLETE NAME	YR	SCHOOL	MARK - WIND		PTS
1	DaShawn Clark	SO	Sacramento	47'02.50" -0.5	14.39m	10
2	Kenneth Pearson	SO	San Joaquin	46'01.00" -3.6	14.05m	8
3	Jeremiah Tolbert	FR	West Valley	44'10.75" -1.1	13.68m	6
4	Keith Mickey	SO	Contra Costa	44'03.00" -1.5	13.49m	5
5	Andre Mitchell	SO	Sequoias	43'09.50" -2.1	13.35m	4
6	Marques Tucker	FR	Redwoods	43'03.00" -4.3	13.18m	3
7	Niani White	FR	San Jose	43'02.50" -4.0	13.17m	2
7	Kurtiss Dilley	FR	Sacramento	43'02.25" -2.5	13.16m	1
9	Greg Turner	SO	Chabot	42'06.25" -5.0	12.96m	
10	Greg Jones	FR	Merritt	42'03.25" -2.7	12.88m	
11	Bobby Bernal	SO	Butte	41'10.25" -3.9	12.76m	
12	Mike Cordoba	SO	Hartnell	41'03.00" -1.4	12.57m	
13	Tony Castro	FR	Modesto	40'11.50" -4.2	12.48m	

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Men's Discus							Men's Javelin					
PL	ATHLETE NAME	YR	SCHOOL	MARK		PTS	PL	ATHLETE NAME	YR	SCHOOL	MARK	PTS
1	Bryan Harris	SO	San Joaquin	172'06.00	52.58m	10	1	Matthew McGee	SO	Marin	187'06.00	10
2	Gilbert Rocha	FR	San Joaquin	157'09.00	48.08m	8	2	Ryan Burgess	SO	Modesto	184'02.00	8
3	Kakami Malakai	FR	Reedley	156'02.00"	47.60m	6	3	Josh Meyer	SO	Reedley	181'09.00	6
4	Denver Guillory	SO	Santa Rosa	151'06.00"	46.18m	5	4	Gabe Scarpelli	SO	De Anza	181'07.00	5
5	Cole Sprague	FR	West Hills	148'03.00"	45.19m	4	5	Paul Carras	SO	Sacramento	175'11.00	4
6	John Newell	FR	Sacramento	148'03.00"	45.19m	3	6	Christian Amabisca	SO	Fresno	173'03.00	3
7	Drew Tombleson	FR	Sacramento	144'01.00"	43.92m	2	7	Jeff Dougherty	FR	Hartnell	170'08.00	2
8	Donnell Thomas	FR	Sequoias	143'10.00"	43.84m	1	8	Willie Herrera	SO	Modesto	165'09.00	1
9	Robert Linkul	SO	American Riv	141'04.00"	43.08m		9	Matt Ellis	FR	San Mateo	165'02.00	
10	Hebrews Josue	SO	Reedley	139'06.00"	42.52m		10	Sean Blandford	SO	Sacramento	164'04.00	
11	Mike Sagapolu	FR	Chabot	135'03.00"	41.22m		11	Kakami Malakai	FR	Reedley	155'09.00	
12	Anton Alves	SO	Shasta	125'10.00"	38.35m		12	Christian Crosby	SO	San Joaquin	146'03.00	
Men's Hammer Throw												
PL	ATHLETE NAME	YR	SCHOOL	MARK		PTS	Women's 100 Meter Dash					
1	Robert Linkul	SO				10	PL	ATHLETE NAME	YR	SCHOOL	TIME-WIND	PTS
2	John Newell	FR	Sacramento	166'02.00"	50.65m	8	1	Tania Woods	FR	CCSF	11.77 -0.9	10
3	Bryan Harris	SO	San Joaquin	163'02.00"	49.73m	6	2	Nikki Avery	FR	Fresno	12.43 -0.9	8
4	Denver Guillory	SO	Santa Rosa	163'01.00"	49.71m	5	3	Anita McCallum	SO	CCSF	12.63 -0.9	6
5	Vetto Cerrato	SO	San Joaquin	162'09.00"	49.61m	4	4	Penny Osborns	SO	Sequoias	12.66 -0.9	5
6	Cole Sprague	FR	West Hills	151'08.00"	46.23m	3	5	Odiri Pinnock	SO	Contra Costa	12.86 -0.9	4
7	Brian Crum	SO	American Riv	150'08.00"	45.92m	2	6	Miracle Lee	FR	Fresno	13.01 -0.9	3
8	Anton Alves	SO	Shasta	149'07.00"	45.59m	1	7	Akenja Jones	SO	CCSF	13.08 -0.9	2
9	Jared Casey	SO	Modesto	146'11.00"	44.78m		8	Sarah Yanes	SO	Fresno	13.25 -0.9	1
10	Timothy Lembach	FR	Lassen	137'03.00"	41.83m							
11	Mike Lamoure	FR	Modesto	136'09.00"	41.68m		Women's 200 Meter Dash					
12	Erik Swanson	SO	Sierra	131'04.00"	40.03m		PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS
							1	Tania Woods	FR	CCSF	23.78 -5.1	10
							2	Dana Brewer	SO	Contra Costa	25.64 -5.1	8
							3	Nikki Avery	FR	Fresno	25.81 -5.1	6
							4	Simone Brooks	FR	CCSF	26.08 -5.1	5
							5	Odiri Pinnock	SO	Contra Costa	26.12 -5.1	4
							6	Penny Osborns	SO	Sequoias	26.36 -5.1	3
							7	Kate Marshell	FR	American Riv	26.40 -5.1	2
							8	Akenja Jones	SO	CCSF	26.51 -5.1	1
								Kristen Wasser	FR	Fresno	26.88 -5.1	

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Women's 400 Meter						Women's 3,000 Meter					
PL.	ATHLETE NAME	YR	SCHOOL	TIME	PTS	PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS
1	Anndria Norris	FR	CCSF	57.48	10	1	Celeste Dunlap	FR	West Valley	10:56.37	10
2	Dana Brewer	SO	Contra Costa	58.13	8	2	Kelly Smith	SO	American Riv	11:04.58	8
3	Kristen Wasser	FR	Fresno	58.47	6	3	Hannah Sellers	FR	Sequoias	11:10.71	6
4	Michelle Armstrong	FR	CCSF	58.81	5	4	Ivajo Otto	FR	Mendocino	11:11.81	5
5	Kristen Ray	FR	CCSF	59.73	4	5	Diana Kirk	FR	West Valley	11:12.58	4
6	Kate Marshall	FR	American Riv	59.95	3	6	Becka Zamolo	FR	Diablo Valle	11:22.82	3
7	Tenisha Johnson	FR	CCSF	60.18	2	7	Araceli Garcia	SO	Sequoias	11:39.36	2
8	Danielle Williams	FR	Sacramento	60.77	1	8	Cristy Beatty	FR	American Riv	11:42.64	1
9	Zettia Barney	FR	Sacramento	63.11		9	Sarah Pond	FR	American Riv	11:49.85	
						10	Christina Escobar	FR	San Joaquin	11:49.92	
						11	Dace Samta	FR	San Mateo	11:55.31	
Women's 800 Meter						12	Dwan Horn	FR	Sierra	12:03.90	
PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS	13	Shirley Coughenour	SO	American Riv	12:05.10	
1	Ginny Greene	FR	West Valley	2:19.09	10	14	Amy Haddon-Bloomfie	FR	Marin	12:27.34	
2	Angelica Casas	FR	Sequoias	2:22.39	8	15	Vanna Nget	SO	Chabot	12:30.79	
3	Monique Garcia	FR	Modesto	2:23.05	6	16	Alison Bowles	FR	American Riv	12:48.84	
4	Jessica Meyer	FR	Santa Rosa	2:24.33	5	17	Melanie Staton	FR	Shasta	13:45.47	
5	Heidi Cavender	SO	Mendocino	2:25.18	4						
6	Andrea Branco	SO	Chabot	2:26.33	3						
7	Allison Beatty	SO	American Riv	2:29.99	2	Women's 5,000 Meter Run					
8	Erin Rau	FR	American Riv	2:34.89	1	PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS
9	Beverly Havner	FR	West Valley	2:44.62		1	Kelly Smith	SO	American Riv	18:44.08	10
						2	Hannah Sellers	FR	Sequoias	18:47.43	8
Women's 1500 Meter						3	Cassandra Goodson	FR	Diablo Valle	19:09.43	6
PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS	4	Araceli Garcia	SO	Sequoias	19:39.55	5
1	Heidi Cavender	SO	Mendocino	4:52.37	10	5	Melanie Staton	FR	Shasta	19:45.51	4
2	Sirena Alvarez	FR	Modesto	4:57.34	8	6	Monica Nicholson	SO	Hartnell	19:56.37	3
3	Celeste Dunlap	FR	West Valley	5:04.18	6	7	Cristy Beatty	FR	American Riv	20:14.89	2
4	Amy Briley	SO	Hartnell	5:04.81	5	8	Sharlet Gilbert	FR	Contra Costa	20:21.37	1
5	Beverly Havner	FR	West Valley	5:07.18	4	9	Sarah Pond	FR	American Riv	20:28.50	
6	Erin Rau	FR	American Riv	5:07.24	3	10	Onita Nogales	FR	American Riv	20:32.24	
7	Andrea Branco	SO	Chabot	5:13.97	2	11	Alison Graham	SO	American Riv	20:47.70	
8	Kristie Gonzales	SO	Sequoias	5:17.96	1	12	Katherine Trout	FR	San Joaquin	21:02.90	
9	Monique Garcia	FR	Modesto	5:20.92		13	Erin Furlong	FR	Mendocino	21:06.31	
0	Dwan Horn	FR	Sierra	5:21.35		14	Monique Melara	FR	Diablo Valle	21:43.25	
1	Casey Cook	FR	Mendocino	5:30.32		15	Jennifer Xepoleas	FR	Diablo Valle	22:02.78	
2	Amy Haddon-Bloomfie	FR	Marin	5:37.60		16	Kristy Schulenberg	FR	Diablo Valle	23:04.99	
3	Melanie Staton	FR	Shasta	6:17.26							

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Women's 10000 Meter						Women's 4x100 Meter Relay			
PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS	PL	SCHOOL	TIME	PTS
1	Kelly Smith	SO	American Riv	39:46.59	10	1	CCSF	46.59	10
2	Hannah Sellers	FR	Sequoias	41:00.54	8	2	Contra Costa	48.36	8
3	Monica Nicholson	SO	Hartnell	41:56.72	6	3	Fresno	49.13	6
4	Cristy Beatty	FR	American Riv	42:19.87	5	4	De Anza	49.34	5
5	Araceli Garcia	SO	Sequoias	42:40.26	4	5	Sacramento	50.93	4
6	Diana Kirk	FR	West Valley	42:51.21	3	6	Sequoias	52.13	3
7	Onita Nogales	FR	American Riv	43:00.82	2	7	American River	52.50	2
8	Alison Graham	SO	American Riv	43:51.77	1	8	Modesto	52.82	1
9	Sarah Pond	FR	American Riv	44:04.09		9	Yuba	53.71	
10	Katherine Trout	FR	San Joaquin	44:21.27					
11	Erin Furlong	FR	Mendocino	45:51.05		Women's 4x400 Meter Relay			
12	Monique Melara	FR	Diablo Valle	46:59.69		PL	SCHOOL	TIME	PTS
13	Jennifer Xepoleas	FR	Diablo Valle	47:06.32		1	CCSF	3:59.02	10
						2	Contra Costa	4:04.73	8
						3	West Valley	4:06.51	6
						4	Sacramento	4:07.47	5
Women's 100 Meter High Hurdles									
1	Simone Brooks	FR	CCSF	15.08 -0.6	10	5	De Anza	4:08.52	4
2	Susanna Wall	SO	San Joaquin	15.23 -0.6	8	6	Chabot	4:10.62	3
3	Rachel McDonald	SO	Chabot	15.81 -0.6	6	7	Santa Rosa	4:16.30	2
4	Brianna Cardenas	FR	Yuba	16.09 -0.6	5	8	Modesto	4:17.99	1
5	Heather Contreras	SO	Yuba	16.51 -0.6	3.50	9	American River	4:19.37	
6	Maya Agarwal	FR	American Riv	16.51 -0.6	3.50				
7	Stephanie Jzyk	SO	Diablo Valle	16.84 -0.6	2				
8	Jackie White	FR	Santa Rosa	16.89 -0.6	1				
9	Diane Hubbell	FR	Modesto	16.96 -0.6					

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Women's Hammer							Men's Decathlon					
PL	ATHLETE NAME	YR	SCHOOL	MARK		PTS	PL	ATHLETE NAME	YR	SCHOOL	PTS	PTS
1	Cami Carroll	SO	San Mateo	164'09.00"	50.22m	10	1	Logan Moore	FR	Sacramento	6278	10
2	Lisa Krauter	SO	Fresno	152'11.00"	46.61m	8	2	Vincent Boatwright	SO	Chabot	5947	8
3	Katherine Kersh	FR	Sierra	150'09.00"	45.95m	6	3	Mike Comarato	FR	San Mateo	5890	6
4	Christine Benson	FR	Sierra	134'07.00"	41.02m	5	4	Kevin Coelho	FR	Hartnell	5467	5
5	Angel Johnson	FR	Lassen	134'02.00"	40.89m	4	5	Jesse Simmons	SO	Butte	5463	4
6	Christina Duncan	SO	San Joaquin	131'05.00"	40.06m	3	6	Matthew McGee	SO	Marin	5452	3
7	Jamie Elemen	SO	Modesto	128'07.00"	39.19m	2	7	Clarence Salviejo	SO	Hartnell	5344	2
8	Heather Edelheit	FR	Santa Rosa	120'08.00"	36.78m	1	8	Arthur Benedetti	SO	Redwoods	5216	1
9	Allison Kennedy	FR	Santa Rosa	118'08.00"	36.17m		9	Sean Warner	FR	Yuba	5049	
0	Omega Gentry	SO	Santa Rosa	117'11.00"	35.94m		10	Justin Alvarez	FR	Diablo Valle	4776	
1	Maria Sampang	FR	Lassen	107'07.00"	32.79m		11	Tim O'Hara	SO	Diablo Valle	4457	
2	Jessica Brandt	SO	Santa Rosa	92'09.00"	28.27m		12	Joe Lemenager	FR	Yuba	4386	

Women's Javelin						
PL	ATHLETE NAME	YR	SCHOOL	MARK		PTS
1	Brandie Dressel	SO	Sacramento	129'06.00"	39.47m	10
2	Alexis Bonilla	FR	Monterey Pen	124'07.00"	37.97m	8
3	Aliah Abdo	SO	De Anza	120'07.00"	36.75m	6
4	Keri Guillemin	SO	Fresno	116'02.00"	35.41m	5
5	Lateena Ling	SO	Sequoias	114'05.00"	34.87m	4
6	Melissa Hernandez	FR	Sequoias	112'00.00"	34.14m	3
7	Laurel Damm	SO	Redwoods	111'11.00"	34.11m	2
8	Rachel McDonald	SO	Chabot	109'11.00"	33.50m	1
9	Tiffany Bishop	FR	Modesto	108'04.00"	33.02m	
0	Amanda Budge	FR	Santa Rosa	101'03.00"	30.86m	
1	Ileah Jackson	SO	Shasta	97'02.00"	29.62m	
2	Makana Limary	FR	Yuba	69'00.00"	21.03m	

Women's Heptathlon					
PL	ATHLETE NAME	YR	SCHOOL	PTS	PTS
1	Rachel McDonald	SO	Chabot	4044	10
2	Brianna Cardenas	FR	Yuba	3865	8
3	Darcie Burton	FR	Butte	3862	6
4	Rachael Mintz	FR	Yuba	3598	5
5	Ileah Jackson	SO	Shasta	3499	4
6	Laurel Damm	SO	Redwoods	3413	3
7	Wendy Ballreich	SO	De Anza	3282	2
8	Odiri Pinnock	SO	Contra Costa	3170	1
9	Aliah Abdo	SO	De Anza	3142	

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Friday, May 11, Hartnell College, Salinas

Men's Team Scores

1. Sacramento	74
2. SJ Delta	73.5
3. Chabot	71
4. American Rive	64
5. Modesto	60
6. West Valley	57
7. Hartnell	46
8. Merritt	45
9. Santa Rosa	44.5
10. Fresno	40
11. Sequoias	34
12. Contra Costa	29
13. Butte	23
15. San Jose	21
16. Shasta	18.5
17. Reedley	16
18. West Hills	15
19. Marin	13
20. Diablo Valley	11
20. Redwoods	11
22. De Anza	9
23. San Francisco	7.5
24. San Mateo	6
25. Cosumnes River	5
26. Sierra	1

Women's Team Scores

1. San Francisco	106
2. Fresno	67
3. Sequoias	60
4. American River	56.5
5. Yuba	49.5
6. West Valley	49
7. Contra Costa	46
8. De Anza	43
9. Chabot	36
10. Modesto	33
11. SJ Delta	31
12. Sacramento	29
12. Sierra	29
14. Shasta	25
15. San Mateo	22
16. Santa Rosa	21
17. Diablo Valley	19
17. Mendocino	19
19. Lassen	16
20. Hartnell	15
21. Redwoods	13
22. Butte	12
23. Merced	10
24. Monterey	8
25. San Jose	4

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Men Decathlon

	Points	100	LJ	SP	HJ	400 Day1	110H	DT	PV	JT	1500
1 Josh Linker		11.68	6.53m	10.29m	1.86m	53.60	16.78	33.92m	4.38m	49.91m	5:00.30
San Joaquin Delta		NWI	NWI	33-09.25	6-01.25		NWI	111-03	14-04.5	163-09	
Team Points: 10	6316	(715)	(704)	(503)	(679)	(656) 3257	(647)	(542)	(725)	(587)	(558)
2 Erik Tom		11.42	6.46m	10.67m	1.89m	51.89	16.10	32.15m	3.68m	49.53m	5:08.38
Butte		NWI	NWI	35-00.25	6-02.25		NWI	105-06	12-00.75	162-06	
Team Points: 8	6271	(769)	(688)	(526)	(705)	(730) 3418	(722)	(507)	(530)	(582)	(512)
3 Chris Hauswirth		11.22	6.67m	8.44m	1.80m	50.51	17.58	25.91m	4.38m	38.80m	4:46.78
Hartnell		NWI	NWI	27-08.25	5-10.75		NWI	85-00	14-04.5	127-03	
Team Points: 6	6096	(812)	(736)	(392)	(627)	(791) 3358	(565)	(385)	(725)	(425)	(638)
4 Andrew van Straaten		11.71	6.00m	10.66m	1.92m	53.56	16.14	36.09m	3.68m	44.33m	5:19.53
San Mateo		NWI	NWI	34-11.75	6-03.5		NWI	118-05	12-00.75	145-05	
Team Points: 5	6000	(709)	(587)	(525)	(731)	(658) 3210	(717)	(586)	(530)	(505)	(452)
5 Chad McCammon		11.83	5.85m	10.17m	1.77m	52.02	17.96	31.62m	4.48m	46.73m	5:11.24
Sacramento		NWI	NWI	33-04.5	5-09.75		NWI	103-09	14-08.25	153-04	
Team Points: 4	5876	(685)	(554)	(496)	(602)	(724) 3061	(528)	(496)	(754)	(540)	(497)
6 Brian Beeman		11.95	6.26m	9.53m	1.83m	52.22	17.35	28.47m	3.68m	45.56m	4:51.45
Modesto		NWI	NWI	31-03.25	6-00		NWI	93-05	12-00.75	149-06	
Team Points: 3	5815	(661)	(644)	(457)	(653)	(715) 3130	(588)	(434)	(530)	(523)	(610)
7 Oliver Shabram		11.86	6.00m	9.03m	1.71m	50.84	16.76	24.77m	2.28m	28.59m	4:42.62
Hartnell		NWI	NWI	29-07.5	5-07.25		NWI	81-03	7-05.75	93-09	
Team Points: 2	5173	(679)	(587)	(428)	(552)	(776) 3022	(650)	(363)	(195)	(279)	(664)
8 David Oien		12.13	6.26m	7.81m	NH	50.25	17.71	23.60m	3.58m	44.13m	4:31.70
American River		NWI	NWI	25-07.5			NWI	77-05	11-09	144-09	
Team Points: 1	5058	(626)	(644)	(355)	(0)	(803) 2428	(552)	(340)	(503)	(502)	(733)

2001 NORTHERN CALIFORNIA COMMUNITY COLLEGE TRACK & FIELD CHAMPIONSHIPS

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9 David McDonald Chabot	12.20 NWI	5.65m NWI	11.07m 36-04	1.71m 5-07.25	54.14	DQ	34.12m	3.18m	51.47m	5:04.83
4949	(612)	(512)	(550)	(552)	(634) 2860	(0)	(546)	(401)	(610)	(532)

10 Mavrick Crawford Hartnell	11.65 NWI	5.87m NWI	9.14m 30-00	1.62m 5-03.75	52.19	17.82	18.64m	2.38m	ND	NT
3915	(721)	(559)	(434)	(480)	(716) 2910	(542)	(247)	(216)	(0)	(0)

DNF Kris Sulonen American River	DNF	DNS	DNS	DNS	SCR		DNS	DNS	ND	NT
	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)

Women Heptathlon

	Points	100H	HJ	SP	200 Day1	LJ	JT	800
1 Cristina Hibbert American River	15.78 NWI	1.38m 4-06.25	8.53m 28-00	25.15 NWI	4.60m NWI	30.88m 101-04	2:30.57	
Team Points: 10	4172	(741)	(491)	(434)	(873) 2539	(454)	(493)	(686)

2 Helena Silva San Mateo	17.18 NWI	1.35m 4-05	8.63m 28-03.75	27.86 NWI	4.73m NWI	37.10m 121-09	2:35.32	
Team Points: 8	3845	(576)	(460)	(440)	(642) 2118	(487)	(612)	(628)

3 Kapri Hockaday Modesto	17.28 NWI	1.62m 5-03.75	8.24m 27-00.5	27.66 NWI	4.24m NWI	24.03m 78-10	2:32.55	
Team Points: 6	3786	(565)	(759)	(415)	(658) 2397	(364)	(364)	(661)

4 Valerie Peterson San Joaquin Delta	16.02 NWI	1.29m 4-02.75	8.94m 29-04	26.99 NWI	4.27m NWI	29.00m 95-02	2:34.17	
Team Points: 5	3755	(712)	(399)	(460)	(713) 2284	(371)	(458)	(642)

5 Sherrie Rouse American River	18.04 NWI	1.29m 4-02.75	8.41m 27-07.25	27.79 NWI	4.15m NWI	32.37m 106-02	2:35.91	
Team Points: 4	3442	(484)	(399)	(426)	(647) 1956	(343)	(522)	(621)

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6	Katrina Rodrigues	18.14	1.38m	7.44m	28.01	4.29m	23.25m	2:33.68
	Hartnell	NWI	4-06.25	24-05	NWI	NWI	76-03	
	Team Points: 3	3330	(474)	(491)	(363)	(630)	1958	(376) (349) (647)

7	Shannamar Dewey	20.34	1.59m	9.02m	29.81	3.97m	27.77m	2:39.19
	Siskiyou	NWI	5-02.5	29-07.25	NWI	NWI	91-01	
	Team Points: 2	3276	(275)	(724)	(465)	(495)	1959	(301) (434) (582)

8	Ariel Wilson	18.66	1.23m	10.01m	28.56	4.32m	26.56m	2:39.45
	Sacramento	NWI	4-00.5	32-10.25	NWI	NWI	87-02	
	Team Points: 1	3255	(423)	(340)	(530)	(587)	1880	(384) (412) (579)

9	Kourteney Johnson	20.26	1.35m	8.00m	27.00	4.83m	21.22m	2:50.79
	American River	NWI	4-05	26-03	NWI	NWI	69-07	
	Team Points: 1	3133	(281)	(460)	(399)	(712)	1852	(514) (312) (455)

10	Elsa Barthson	18.87	1.17m	8.03m	26.69	3.88m	21.12m	2:30.44
	American River	NWI	3-10	26-04.25	NWI	NWI	69-03	
	Team Points: 1	3103	(402)	(284)	(401)	(738)	1825	(281) (310) (687)

11	Celeste Jones	19.09	NH	7.96m	28.41	4.48m	32.28m	2:34.09
	Diablo Valley	NWI		26-01.5	NWI	NWI	105-11	
	Team Points: 1	2964	(382)	(0)	(397)	(599)	1378	(423) (520) (643)

12	Kari Kronberg	18.70	1.32m	7.38m	29.75	4.60m	24.78m	2:56.16
	Modesto	NWI	4-04	24-02.5	NWI	NWI	81-03	
	Team Points: 1	2941	(419)	(429)	(359)	(500)	1707	(454) (378) (402)

13	Brianna Wright	17.07	1.20m	7.37m	28.60	4.25m	ND	2:49.23
	Monterey	NWI	3-11.25	24-02.25	NWI	NWI		
	Team Points: 1	2683	(589)	(312)	(359)	(584)	1844	(367) (0) (472)
