

**CCCAA Northern California Section - 5/6/2016 to 5/14/2016**  
**Track & Field Championships**  
**Chabot College**

**MEN:** 1. American River 180½; 2. Sequoias 103; 3. Modesto 100; 4. Hartnell 53½; 5. Santa Rosa 44½; 6. Chabot 40½; 7. Yuba 35; 8. San Mateo 34; 9. Butte 28½; 10. Diablo Valley 27; 11. Merritt 26; 12. Siskiyou 25½; 13. CCSF 25; 14. Shasta 24; 15. De Anza 21; 16. Redwoods 19; 17. SJ Delta 15; 18. San Jose 13; 19. Fresno 4.

Event 2 Men 100 Meter Dash

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 NorCal Meet: N 10.22 1992 Ato Bolden, San Jose City College  
 Name Year School Finals Wind Points  
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Finals

1	Donovan Wallace	SO Modesto	10.34	0.5	10
2	Holland Cabara	SO Sequoias	10.39	0.5	8
3	Karndeeep Johl	SO Butte	10.45	0.5	6
4	Daniel Bien-Aime'	SO Siskiyou	10.54	0.5	5
5	John McDonald	FR Merritt	10.57	0.5	4
6	James Traylor	SO Ccsf	10.71	0.5	3
7	Ashron Sobers	SO Sequoias	10.73	0.5	2
8	Russell Maxwell	SO Modesto	10.74	0.5	1
9	Justin Burton	SO Modesto	10.81	0.5	

Heat 1 Preliminaries

Wind: -0.9

1	Donovan Wallace	SO Modesto	10.49Q		
2	James Traylor	SO Ccsf	10.82q		
3	Daniel Bien-Aime'	SO Siskiyou	10.91q		
4	Anthony Hankins	SO Butte	11.05		
5	David Mewborn	SO Sacramento	11.08		
6	Lionel White	FR Diablo Valley	11.11		
7	Nigel Burnett	FR Diablo Valley	11.16		
8	Tyus Williamson	FR American River	11.26	11.258	

Heat 2 Preliminaries

Wind: -0.1

1	Holland Cabara	SO Sequoias	10.79Q	10.786	
2	Justin Burton	SO Modesto	10.83q		
3	John McDonald	FR Merritt	10.90q		
4	Drakkar Sweet	SO Siskiyou	11.14		
5	Jaskaran Singh	SO Chabot	11.17		
6	Latrell Thayer	FR Diablo Valley	11.19		
7	Jeremiah Emershy	FR Shasta	11.25		
8	Isaiah Griffin	SO American River	11.26	11.257	

Heat 3 Preliminaries

Wind: -0.5

1	Karndeeep Johl	SO Butte	10.76Q		
2	Russell Maxwell	SO Modesto	10.79q	10.789	
3	Ashron Sobers	SO Sequoias	10.93q		
4	Windsor Jamison	FR Modesto	10.98		
5	JD Elzie	SO San Mateo	11.07		
6	Justin Zinnerman	FR Santa Rosa	11.09		
7	Seth Arena	SO Siskiyou	11.10		
8	Drelan Bramwell	SO Sequoias	11.38		

Event 4 Men 200 Meter Dash

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 NorCal Meet: N 20.53 1988 Harland Davis, Taft College  
 Name Year School Finals Wind Points  
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Finals

1	Donovan Wallace	SO Modesto	20.63	+0.0	10
2	Holland Cabara	SO Sequoias	21.01	+0.0	8
3	Karndeeep Johl	SO Butte	21.24	+0.0	6
4	Keefer Joyce	SO Sequoias	21.28	+0.0	5
5	Dante Berggren	FR Modesto	21.81	+0.0	4
6	Andrew Willson	FR Redwoods	21.85	+0.0	3
7	Windsor Jamison	FR Modesto	21.98	+0.0	2
8	Richard Finical	SO American River	22.45	+0.0	1

Heat 1 Preliminaries Wind: 0.1

1	Holland Cabara	SO Sequoias	21.55Q		
2	Karndeeep Johl	SO Butte	21.65q		
3	Dante Berggren	FR Modesto	21.77q	21.768	
4	Richard Finical	SO American River	21.85q		
5	Daniel Bien-Aime'	SO Siskiyou	22.09	22.087	
6	Austin Harper	SO Diablo Valley	22.42		
7	Brandon Beck	SO Santa Rosa	22.57		

Heat 2 Preliminaries Wind: 1.1

1	Donovan Wallace	SO Modesto	20.98Q		
2	Windsor Jamison	FR Modesto	21.71q		
3	Ohdel James	SO Sequoias	21.77q	21.770	
4	Davit Saghatelyan	SO Yuba	22.14		
5	Latrell Thayer	FR Diablo Valley	22.20		
6	Isaiah Johnson	SO Sequoias	22.22		
7	Daniel Mewborn	SO Sacramento	22.98		

Heat 3 Preliminaries Wind: -0.1

1	Keefer Joyce	SO Sequoias	21.66Q		
2	Andrew Willson	FR Redwoods	21.78q		
3	Justin Burton	SO Modesto	21.99		
4	David Mewborn	SO Sacramento	22.09	22.088	
5	Jeremiah Emershy	FR Shasta	22.82		
6	Aziim Alishlah	FR Chabot	22.90		
--	Isaiah Griffin	SO American River	DNF		

Event 6 Men 400 Meter Dash

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 NorCal Meet: N 45.90 1991 Chris Taylor, Merritt College  
 Name Year School Finals Points  
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Finals

1	Isaiah Johnson	SO Sequoias	47.83	10
2	Richard Finical	SO American River	47.89	8
3	Christian Carter	SO Sequoias	48.35	6
4	Theon Lewis	SO Sequoias	48.49	5
5	Ohdel James	SO Sequoias	48.57	4
6	Keefer Joyce	SO Sequoias	48.77	3
7	Isaiah Mobley	FR Diablo Valley	49.19	2
8	Martino Falls	FR American River	50.09	1
--	Cherrard Cohen	FR Redwoods	FS	

## Heat 1 Preliminaries

1 Ohdel James	SO Sequoias	47.06Q
2 Richard Finical	SO American River	48.10q
3 Isaiah Mobley	FR Diablo Valley	48.66q
4 Martino Falls	FR American River	50.02q
5 Fiston Kizungu	FR De Anza	50.07
6 Riccardo Cicciarella	SO Redwoods	50.16
7 Davit Saghatelyan	SO Yuba	50.29
8 Eric Pugh	FR Fresno	51.26

## Heat 2 Preliminaries

1 Isaiah Johnson	SO Sequoias	48.17Q	48.165
2 Keefer Joyce	SO Sequoias	48.17q	48.166
3 Theon Lewis	SO Sequoias	49.25q	
4 Christian Carter	SO Sequoias	49.29q	
5 Cherrard Cohen	FR Redwoods	49.58q	
6 D'Mitre Jones	FR American River	50.55	
7 Daniel Mewborn	SO Sacramento	50.80	

## Event 8 Men 800 Meter Run

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 NorCal Meet: N 1:49.08 1986 Dave Campbell, Foothill College  
 Name Year School Finals Points  
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## Finals

1 Gerardo Castro	SO Ccsf	1:51.95	10
2 Conner Mckinnon	FR Chabot	1:52.60	8
3 Steven Hill	FR American River	1:52.69	6
4 Geoffrey Weseman	FR Diablo Valley	1:52.72	5
5 Rhomel Clarke	SO Chabot	1:52.84	4
6 Alan Quintero	SO American River	1:53.66	3
7 Stephen Gibson	FR American River	1:55.00	2
8 Alexies Reynoso	SO Modesto	1:55.69	1

## Heat 1 Preliminaries

1 Gerardo Castro	SO Ccsf	1:53.46Q
2 Geoffrey Weseman	FR Diablo Valley	1:56.14Q
3 Gary Austin	FR Sequoias	1:57.40
4 Jacob Graber	FR Butte	1:58.04
5 Tyler Daugherty	SO Merritt	1:59.02
6 Rogelio Luviano	FR Sequoias	1:59.70
7 Eduardo Orozco	FR Hartnell	2:06.70

## Heat 2 Preliminaries

1 Steven Hill	FR American River	1:55.00Q
2 Rhomel Clarke	SO Chabot	1:55.28Q
3 Alexies Reynoso	SO Modesto	1:55.51q
4 Dejon Josphe	FR American River	1:56.78
5 Justin Thurman	FR Santa Rosa	1:59.42

## Heat 3 Preliminaries

1 Conor Wells	FR American River	1:55.08Q
2 Conner Mckinnon	FR Chabot	1:55.50Q
3 Alan Quintero	SO American River	1:55.55q
4 Stephen Gibson	FR American River	1:55.70q
5 Gonzalo (Gonzo) Morales-	FR American River	1:58.39
6 Abel Padilla	FR De Anza	1:59.10

Event 10 Men 1500 Meter Run

NorCal Meet: N 3:47.70 1979		John Sup, Monterey Peninsula		
Name	Year	School	Finals	Points
<b>Finals</b>				
1	Conor Wells	FR American River	3:55.02	10
2	Tyler Daugherty	SO Merritt	3:55.11	8
3	Jason Intravaia	SO Chabot	3:58.43	6
4	Dejon Josphe	FR American River	3:59.06	5
5	Gonzalo (Gonzo) Morales-	FR American River	3:59.38	4
6	Alexies Reynoso	SO Modesto	3:59.88	3
7	Anthony Sanchez	SO American River	4:00.13	2
8	Jacob Graber	FR Butte	4:01.21	1
9	Adam Gonzalez	FR Sequoias	4:01.75	
10	Andrew Langwell	SO Santa Rosa	4:02.65	
11	Abdul Hamid	SO American River	4:04.22	
12	Ross Walker	FR American River	4:20.65	

Heat 1 Preliminaries

1	Conor Wells	FR American River	4:02.52Q
2	Alexies Reynoso	SO Modesto	4:02.58Q
3	Andrew Langwell	SO Santa Rosa	4:04.99Q
4	Dejon Josphe	FR American River	4:05.06q
5	Abdul Hamid	SO American River	4:12.25q
6	Eduardo Orozco	FR Hartnell	4:17.67
7	Oscar Mora	FR Hartnell	4:19.76
8	Andrew Martinez	FR Hartnell	4:21.61
9	Edgar Bonilla	FR Hartnell	4:36.05

Heat 2 Preliminaries

1	Adam Gonzalez	FR Sequoias	3:58.52Q
2	Jason Intravaia	SO Chabot	3:58.59Q
3	Gonzalo (Gonzo) Morales-	FR American River	3:58.97Q
4	Tyler Daugherty	SO Merritt	3:58.99q
5	Anthony Sanchez	SO American River	3:59.55q
6	Jacob Graber	FR Butte	3:59.57q
7	Ross Walker	FR American River	4:06.73q
8	Justin Thurman	FR Santa Rosa	4:14.29
9	Javier Garcia	SO Hartnell	4:32.11
10	Angel Mejia	FR Hartnell	4:39.32

Event 14 Men 5000 Meter Run

NorCal Meet: N 14:22.94 1978		Bill Hurst, Modesto Junior Colleg		
Name	Year	School	Finals	Points
<b>Finals</b>				
1	Abdul Hamid	SO American River	15:11.24	10
2	Jason Intravaia	SO Chabot	15:16.17	8
3	Jorge Sanchez	FR Hartnell	15:23.48	6
4	Hassen (Ozzie) Hassen	FR American River	15:28.52	5
5	Donald Plazola	FR American River	15:39.31	4
6	Oscar Mora	FR Hartnell	15:45.64	3
7	Mario Perez	FR Hartnell	15:51.06	2
8	Jared Duncan	SO American River	15:55.99	1
9	Andrew Martinez	FR Hartnell	15:57.93	
10	Edgar Bonilla	FR Hartnell	15:58.21	
11	Javier Garcia	SO Hartnell	16:00.86	
12	Angel Mejia	FR Hartnell	16:01.22	

13	Casey Aguirre	SO	American River	16:03.36
14	Juan Pablo Magana	FR	De Anza	16:10.48
15	Bryan Stamos	SO	Hartnell	16:22.88
16	Keith Lowry	FR	Diablo Valley	16:24.39
17	Abran Ayon	FR	Sequoias	16:29.51
18	Eduardo Orozco	FR	Hartnell	16:53.73
19	Christian Monroy	SO	Hartnell	16:56.66
--	Brad Needles	SO	American River	DNF
--	Joe Shanahan	FR	American River	DNF
--	Anthony Sanchez	SO	American River	DNF

Event 16 Men 10000 Meter Run

Name	Year	School	Finals	Points
Finals				
1	Abdul Hamid	SO	American River	31:43.51 10
2	Donald Plazola	FR	American River	31:46.61 8
3	Jorge Sanchez	FR	Hartnell	31:55.64 6
4	Hassen (Ozzie) Hassen	FR	American River	32:07.39 5
5	Javier Garcia	SO	Hartnell	32:18.56 4
6	Brad Needles	SO	American River	32:24.93 3
7	Joe Shanahan	FR	American River	32:36.05 2
8	Angel Mejia	FR	Hartnell	32:36.85 1
9	Mario Perez	FR	Hartnell	32:40.25
10	Oscar Mora	FR	Hartnell	32:55.27
11	Edgar Bonilla	FR	Hartnell	32:55.89
12	Andrew Martinez	FR	Hartnell	33:05.71
13	Keith Lowry	FR	Diablo Valley	33:18.21
14	Jared Duncan	SO	American River	33:22.86
15	Abran Ayon	FR	Sequoias	33:30.78
16	Bret Greene	FR	Chabot	33:53.38
17	Bryan Stamos	SO	Hartnell	33:53.61
18	Matthew Villarreal	FR	Sequoias	33:58.59
19	Juan Pablo Magana	FR	De Anza	34:09.31
20	Manuel Rojas	FR	Sequoias	34:23.69
21	Christian Monroy	SO	Hartnell	34:32.74
22	David Yeshiwas	FR	Chabot	35:42.85

Event 18 Men 110 Meter Hurdles

NorCal Meet: N 13.49 1991 Eugene Swift, Merritt College				
Name	Year	School	Finals	Wind Points
Finals				
1	James Traylor	SO	Ccsf	14.39 -0.6 10
2	Leroy Elliott	SO	Chabot	14.51 -0.6 8
3	Chris Green	SO	Sequoias	14.61 -0.6 6
4	Asa Allen	FR	Merritt	14.62 -0.6 5
5	Gared Featherson	FR	San Joaquin Delta	14.69 -0.6 4
6	Rhett Gonzalez	SO	Hartnell	14.92 -0.6 3
7	Treshon Woods	FR	American River	14.94 -0.6 2
8	Jacob Hoekstra	FR	De Anza	14.97 -0.6 1
9	Deon Crayon	FR	Butte	15.08 -0.6

Heat 1 Preliminaries		Wind: -0.9	
1	James Traylor	SO Ccsf	14.47Q
2	Jacob Hoekstra	FR De Anza	14.97q
3	Rhett Gonzalez	SO Hartnell	15.04q
4	Gared Featherson	FR San Joaquin Delta	15.09q
5	Deon Crayon	FR Butte	15.27q
6	Jalen Hemphill	FR Santa Rosa	15.66
7	Jacob Campbell	FR Santa Rosa	15.89

Heat 2 Preliminaries		Wind: -0.4	
1	Asa Allen	FR Merritt	14.63Q
2	Leroy Elliott	SO Chabot	14.67q
3	Chris Green	SO Sequoias	15.08q
4	Treshon Woods	FR American River	15.49q
5	Cambron Lyles	SO American River	15.60
6	Nicholas Valdez	FR Modesto	16.14
7	Nathan Bishop	SO Hartnell	18.56

Event 24 Men 400 Meter Hurdles

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 NorCal Meet: N 50.48 1989 Michael Cox, Taft College  
 Name Year School Finals Points  
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Finals

1	Treshon Woods	FR American River	52.11	10
2	Chris Green	SO Sequoias	52.94	8
3	Francisco Hurtado	SO Diablo Valley	54.28	6
4	Rhett Gonzalez	SO Hartnell	54.83	5
5	Paul Koenig	FR Hartnell	55.34	4
6	Deon Crayon	FR Butte	55.39	3
7	Jacob Hoekstra	FR De Anza	55.95	2
8	Davion Curry	FR Redwoods	58.22	1
9	Nicholas Valdez	FR Modesto	59.14	

Heat 1 Preliminaries

1	Chris Green	SO Sequoias	53.41Q
2	Paul Koenig	FR Hartnell	55.25q
3	Deon Crayon	FR Butte	56.78q
4	Nicholas Valdez	FR Modesto	56.89q
5	Davion Curry	FR Redwoods	57.98q
6	Jalen Hemphill	FR Santa Rosa	59.72
7	Nathan Bishop	SO Hartnell	61.88
--	John Turks	SO Ccsf	DNF

Heat 2 Preliminaries

1	Treshon Woods	FR American River	54.56Q
2	Rhett Gonzalez	SO Hartnell	55.46q
3	Jacob Hoekstra	FR De Anza	55.79q
4	Francisco Hurtado	SO Diablo Valley	57.45q
5	Alex Hernandez	FR San Joaquin Delta	58.27
6	Daniel Torres	FR Merced	58.64
7	Tyrone Yanaga	SO Diablo Valley	59.58
8	Andrew Morgan	SO Merced	61.03

Event 12 Men 3000 Meter Steeplechase

NorCal Meet: N 9:03.60 1983 Jesse Torres, San Jose City Colleg				
Name	Year	School	Finals	Points
Finals				
1	Joseph	Esparza	SO Redwoods	9:44.29 10
2	Donald	Plazola	FR American River	9:44.41 8
3	Nathan	Bailey	SO Santa Rosa	9:50.77 6
4	Joe	Shanahan	FR American River	9:56.07 5
5	Casey	Aguirre	SO American River	9:56.76 4
6	Matt	Morris	SO American River	10:00.96 3
7	Andrew	Martinez	FR Hartnell	10:07.46 2
8	Bret	Greene	FR Chabot	10:28.14 1
9	Brando	Haven	FR Redwoods	10:55.03

Event 20 Men 4x100 Meter Relay

NorCal Meet: N 39.71 1991 Merritt College, Merritt College				
Swift/Taylor/Wright/Lanes				
School			Finals	Points
Finals				
1	Modesto		40.72	10
	1) Justin	Burton	SO	
	2) Donovan	Wallace	SO	
	3) Windsor	Jamison	FR	
	4) Dante	Berggren	FR	
2	Diablo Valley		41.21	8
	1) Latrell	Thayer	FR	
	2) Austin	Harper	SO	
	3) Nigel	Burnett	FR	
	4) Lionel	White	FR	
3	Sequoias		41.41	6 41.404
	1) Bryce	Huggins	FR	
	2) Holland	Cabara	SO	
	3) Keefer	Joyce	SO	
	4) Ohdel	James	SO	
4	American River		41.41	5 41.408
	1) D'Mitre	Jones	FR	
	2) Tyus	Williamson	FR	
	3) Isaiah	Griffin	SO	
	4) Richard	Finical	SO	
5	Butte		41.86	4
	1) Robert	Jenkins	FR	
	2) Karndeeep	Johl	SO	
	3) Deon	Crayon	FR	
	4) Dwayne	Fontenette	FR	
6	Siskiyou		42.20	3
	1) Drakkar	Sweet	SO	
	2) Daniel	Bien-Aime'	SO	
	3) Seth	Arena	SO	
	4) Trevian	Jackson	FR	
7	Santa Rosa		42.53	2
	1) Jalen	Hemphill	FR	
	2) Justin	Zinnerman	FR	
	3) Brandon	Beck	SO	
	4) Kadeem	Hemphill	FR	
8	Hartnell		42.80	1
	1) Norman	Napolitano	FR	
	2) Jordan	Rodriguez	FR	
	3) Skye	Keller	FR	
	4) Thomas	Salao	FR	

Heat 1 Preliminaries

1	Sequoias	41.52Q	
2	Diablo Valley	41.58q	
3	American River	42.06q	
4	Siskiyou	42.75q	
5	Hartnell	43.23q	
6	San Joaquin Delta	43.62	
7	San Jose	45.08	
--	Redwoods	DQ	Lane violation

Heat 2 Preliminaries

1 Modesto	40.93Q	
2 Butte	42.17q	
3 Chabot	42.60q	42.594
4 Santa Rosa	42.60q	42.600
5 Monterey	43.57	
6 De Anza	44.26	
7 Fresno	44.55	
-- Merritt	DQ	Long zone 2

Event 22 Men 4x400 Meter Relay

NorCal Meet: N 3:07.88 1991 Merritt College, Merritt College  
Taylor/Chambers/Swift/Maye

School	Finals	Points
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Finals

1 Sequoias	3:12.88	10
1) Chris Green SO	2) Christian Carter SO	
3) Keefer Joyce SO	4) Isaiah Johnson SO	
2 American River	3:14.63	8
1) D'Mitre Jones FR	2) Treshon Woods FR	
3) Martino Falls FR	4) Richard Finical SO	
3 Diablo Valley	3:15.62	6
1) Geoffrey Weseman FR	2) Austin Harper SO	
3) Kohlden Hochhaus SO	4) Isaiah Mobley FR	
4 Redwoods	3:18.01	5
1) Andrew Willson FR	2) Riccardo Cicciarella SO	
3) Davion Curry FR	4) Cherrard Cohen FR	
5 Merritt	3:18.85	4
1) Asa Allen FR	2) Tyler Daugherty SO	
3) Xavier Prospero FR	4) John McDonald FR	
6 Santa Rosa	3:22.90	3
1) Justin Zinnerman FR	2) Andrew Langwell SO	
3) Jalen Hemphill FR	4) Brandon Beck SO	
7 Ccsf	3:23.43	2
1) Anthony Ismail FR	2) James Traylor SO	
3) Ronan Sullivan FR	4) Gerardo Castro SO	
8 De Anza	3:24.74	1
1) Fiston Kizungu FR	2) Sabastian Marin FR	
3) Aidan Jardon FR	4) Abel Padilla FR	
9 San Joaquin Delta	3:27.36	
1) Mark Franco FR	2) Alex Hernandez FR	
3) Zack Ormonde FR	4) Thomas Thrush FR	

Heat 1 Preliminaries

1 Sequoias	3:17.52Q
2 Ccsf	3:19.70Q
3 De Anza	3:22.51q
4 Modesto	3:26.07
5 Hartnell	3:26.93

Heat 2 Preliminaries

1 Diablo Valley	3:17.28Q
2 Redwoods	3:18.89Q
3 American River	3:19.00q
4 Merritt	3:22.03q
5 Santa Rosa	3:24.09q
6 San Joaquin Delta	3:25.16q
7 Fresno	3:28.01
8 Monterey	3:31.65



Event 26 Men High Jump

NorCal Meet: N 7-04 1981		Milton Goode, Alameda College			
Name	Year	School	Finals	Points	
<b>Finals</b>					
1 Domuniqué Stewart	FR	Shasta	2.09m	6-10.25	10
1.82 1.87 1.92 1.97 2.09 2.13					
O XO O O XO XXX					
2 Jeremiah Putnam	FR	Shasta	1.92m	6-03.50	8
1.82 1.87 1.92 1.97					
O XO O XXX					
3 Justin Zinnerman	FR	Santa Rosa	J1.92m	6-03.50	6
1.82 1.87 1.92 1.97					
O O XO XXX					
4 Daniel Newson	FR	San Jose	J1.92m	6-03.50	5
1.82 1.87 1.92 1.97					
O XO XO XXX					
5 Deaven Booker	FR	Modesto	J1.92m	6-03.50	4
1.82 1.87 1.92 1.97					
O O XXO XXX					
6 Aidan Jardon	FR	De Anza	1.87m	6-01.50	3
1.82 1.87 1.92					
O O XXX					
7 Kasey Mancini	SO	Santa Rosa	J1.87m	6-01.50	2
1.82 1.87 1.92					
P XXO XXX					
8 Davit Saghatelyan	SO	Yuba	1.82m	5-11.50	1
1.82 1.87					
XO XXX					
-- Austin Collier	SO	American River	NH		
1.82 1.87 1.92					
P P XXX					
-- Carl Robertgeau	FR	Shasta	NH		
1.82					
XXX					

Event 28 Men Pole Vault

NorCal Meet: N 17-05 1982		Ralph Preiman, Foothill College			
Name	Year	School	Finals	Points	
<b>Finals</b>					
1 Michael Fancey	FR	San Joaquin Delta	4.97m	16-03.50	10
3.77 3.92 4.07 4.22 4.37 4.52 4.72 4.87 4.97 5.12					
P P P O O O O O XO XXX					
2 Cambron Lyles	SO	American River	4.72m	15-05.75	8
3.77 3.92 4.07 4.22 4.37 4.52 4.72 4.87					
P P P P O O XO XXX					
3 Andrew Garcia	SO	Chabot	4.37m	14-04.00	5.50
3.77 3.92 4.07 4.22 4.37 4.52					
P P P O O XXX					
3 Norman Napolitano	FR	Hartnell	4.37m	14-04.00	5.50
3.77 3.92 4.07 4.22 4.37 4.52					
P P O O O XXX					
5 Adam Gockel	FR	Santa Rosa	J4.37m	14-04.00	3.50
3.77 3.92 4.07 4.22 4.37 4.52					
P P P O XO XXX					

5	Najee Benafghoul	SO American River	J4.37m	14-04.00	3.50
	3.77 3.92 4.07 4.22 4.37 4.52				
	P P P O XO XXX				
7	Joseph Macias	FR Modesto	J4.37m	14-04.00	2
	3.77 3.92 4.07 4.22 4.37 4.52				
	P P O XXO XO XXX				
8	Matt Beltran	FR American River	J4.37m	14-04.00	1
	3.77 3.92 4.07 4.22 4.37 4.52				
	P P O O XXO XXX				
9	Nolan O'Brien	SO Yuba	4.07m	13-04.25	
	3.77 3.92 4.07 4.22				
	P XO O XXX				
10	Kasey Mancini	SO Santa Rosa	J4.07m	13-04.25	
	3.77 3.92 4.07 4.22				
	P P XO XXX				
10	Ryan Twissleman	FR San Joaquin Delta	J4.07m	13-04.25	
	3.77 3.92 4.07 4.22				
	P O XO XXX				
12	Nathan Bishop	SO Hartnell	J4.07m	13-04.25	
	3.77 3.92 4.07 4.22				
	P P XXO XXX				
13	Forrest Barcus	FR Fresno	3.92m	12-10.25	
	3.77 3.92 4.07				
	O O XXX				
14	Kyle Rodriguez	FR Sacramento	J3.92m	12-10.25	
	3.77 3.92 4.07				
	P XXO XXX				
--	Michael Albinto	FR San Joaquin Delta		NH	
	3.77 3.92				
	P XXX				
--	Thomas Salao	FR Hartnell		NH	
	3.77 3.92 4.07				
	P P XXX				
--	Daniel Dwyer	SO Santa Rosa		NH	
	3.77 3.92 4.07				
	P P XXX				

Event 30 Men Long Jump

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 NorCal Meet: N 26-07.50 1987 Charles Brooks, Merritt College  
 Name Year School Finals Wind Points  
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Finals

1	Austin Collier	SO American River	7.30m	3.4	23-11.50	10
	6.45m(1.8) 7.00m(1.8) FOUL(1.8) PASS		7.30m(3.4) 6.26m(1.1)			
2	James Dudley	FR American River	J7.30m	3.1	23-11.50	8
	6.86m(+0.0) FOUL(2.6) FOUL(2.7) 6.84m(-1.0) FOUL(4.0) 7.30m(3.1)					
3	Bryce Huggins	FR Sequoias	7.29m	2.4	23-11.00	6
	FOUL(0.3) FOUL(2.4) 6.97m(3.3) 7.29m(2.4) FOUL(2.1) FOUL(1.0)					
4	Anthony Hankins	SO Butte	7.09m	2.1	23-03.25	5
	6.12m(2.3) 7.09m(2.1) 7.03m(1.8) 6.98m(2.0) 6.93m(2.3) 5.52m(0.3)					
5	Gabe Ferges	SO American River	6.98m	1.7	22-11.00	4
	6.62m(1.6) FOUL(-1.0) 6.97m(2.3) 6.90m(1.0) 6.98m(1.7) 6.93m(0.9)					
6	Lenny Nelson	FR American River	J6.98m	1.1	22-11.00	3
	FOUL(2.7) FOUL(2.1) 6.74m(2.0) 6.93m(4.4) 6.98m(1.1) 6.95m(2.2)					
7	Tristan Meye	FR De Anza	6.94m	1.5	22-09.25	2
	6.79m(1.1) 6.86m(2.5) 6.68m(-0.4) 6.81m(-0.6) 6.94m(1.5) FOUL(3.3)					
8	Dante Berggren	FR Modesto	6.87m	2.2	22-06.50	1
	FOUL(1.7) 6.50m(1.1) 6.87m(2.2) FOUL(0.6) FOUL(2.8) 6.41m(2.4)					

9	Nih-Jer Jackson	FR Merced	6.73m	1.2	22-01.00
	FOUL(0.6)	6.70m(1.2)	6.42m(-0.5)	FOUL(2.3)	6.73m(1.2) FOUL(2.0)
10	Michael Armstead	FR Monterey	6.66m	1.2	21-10.25
	FOUL(1.0)	6.66m(1.2)	FOUL(1.3)		
--	Brandon Martin	SO Fresno	FOUL		
	FOUL(1.6)	FOUL(2.7)	FOUL(1.6)		

Preliminaries

1	Austin Collier	SO American River	7.23mq	NWI	23-08.75
	6.97m(NWI)	5.95m(NWI)	7.23m(NWI)		
2	Bryce Huggins	FR Sequoias	7.03mq	NWI	23-00.75
	FOUL	7.03m(NWI)	PASS		
3	Alex Skondras	FR American River	6.97mq	NWI	22-10.50
	FOUL	FOUL	6.97m(NWI)		
4	James Dudley	FR American River	6.96mq	NWI	22-10.00
	6.83m(NWI)	FOUL	6.96m(NWI)		
5	Anthony Hankins	SO Butte	6.93mq	NWI	22-09.00
	FOUL	6.93m(NWI)	6.66m(NWI)		
6	Dante Berggren	FR Modesto	6.90mq	NWI	22-07.75
	6.67m(NWI)	6.90m(NWI)	6.23m(NWI)		
7	Tristan Meye	FR De Anza	6.81mq	NWI	22-04.25
	6.78m(NWI)	6.81m(NWI)	PASS		
8	Gabe Ferges	SO American River	6.80mq	NWI	22-03.75
	FOUL	6.77m(NWI)	6.80m(NWI)		
9	Lenny Nelson	FR American River	6.71mq	NWI	22-00.25
	6.71m(NWI)	6.55m(NWI)	FOUL		
10	Nih-Jer Jackson	FR Merced	6.63mq	NWI	21-09.00
	6.49m(NWI)	6.30m(NWI)	6.63m(NWI)		
11	Michael Armstead	FR Monterey	6.55mq	NWI	21-06.00
	6.32m(NWI)	6.31m(NWI)	6.55m(NWI)		
12	Brandon Martin	SO Fresno	6.54mq	NWI	21-05.50
	6.21m(NWI)	6.19m(NWI)	6.54m(NWI)		
13	Seth Arena	SO Siskiyou	6.53m	NWI	21-05.25
	6.53m(NWI)	FOUL	6.45m(NWI)		
14	Davion Curry	FR Redwoods	6.48m	NWI	21-03.25
	6.34m(NWI)	FOUL	6.48m(NWI)		
15	Drakkar Sweet	SO Siskiyou	6.45m	NWI	21-02.00
	6.35m(NWI)	6.45m(NWI)	6.35m(NWI)		
16	Domuniqué Stewart	FR Shasta	6.38m	NWI	20-11.25
	6.38m(NWI)	6.23m(NWI)	5.92m(NWI)		
17	Justin Nobida-Lagrimas	FR Monterey	6.34m	NWI	20-09.75
	6.30m(NWI)	0.58m(NWI)	6.34m(NWI)		
18	Davit Saghatelyan	SO Yuba	6.17m	NWI	20-03.00
	6.14m(NWI)	6.11m(NWI)	6.17m(NWI)		
19	Aidan Jardon	FR De Anza	6.14m	NWI	20-01.75
	6.14m(NWI)	6.09m(NWI)	5.87m(NWI)		
20	Derrick Johnson	FR San Jose	6.10m	NWI	20-00.25
	5.80m(NWI)	5.91m(NWI)	6.10m(NWI)		
21	Marquis Muse-Amiel	SO Modesto	6.05m	NWI	19-10.25
	6.05m(NWI)	FOUL	5.97m(NWI)		
22	Thomas Mehler	SO Yuba	6.01m	NWI	19-08.75
	6.01m(NWI)	FOUL	FOUL		
23	Kadeem Hemphill	FR Santa Rosa	5.99m	NWI	19-08.00
	5.92m(NWI)	5.99m(NWI)	5.76m(NWI)		
24	Stanley Young	FR San Joaquin Delta	3.34m	NWI	10-11.50
	3.34m(NWI)	FOUL	FOUL		

Event 32 Men Triple Jump

NorCal Meet: N 53-11.50 1989		Brian Wellman, Taft College				
Name	Year	School	Finals	Wind	Points	
<b>Finals</b>						
1	Tristan Meye	FR	De Anza	14.65m	2.8	48-00.75 10
	14.26m(3.6)	14.65m(2.8)	FOUL(1.8)	14.13m(2.0)	PASS	PASS
2	Donovan Wallace	SO	Modesto	14.61m	4.6	47-11.25 8
	14.61m(4.6)	PASS	PASS	FOUL	FOUL	13.87m(3.1)
3	Austin Collier	SO	American River	14.27m	3.5	46-10.00 6
	FOUL(3.5)	FOUL(3.5)	14.19m(4.6)	13.59m(0.3)	FOUL(2.8)	14.27m(3.5)
4	Bryce Huggins	FR	Sequoias	14.19m	3.0	46-06.75 5
	13.59m(2.6)	14.01m(2.2)	14.19m(3.0)	PASS	PASS	PASS
5	Blake Brown	SO	Merritt	14.05m	3.0	46-01.25 4
	FOUL(4.0)	14.05m(3.0)	FOUL(4.0)	13.78m(3.8)	FOUL(3.5)	FOUL(2.0)
6	Trevian Jackson	FR	Siskiyou	13.78m	3.1	45-02.50 3
	13.08m(2.0)	13.40m(2.2)	13.48m(1.7)	13.44m(1.7)	13.36m(0.7)	13.78m(3.1)
7	Chad Zeibak	FR	Sequoias	13.68m	4.1	44-10.75 2
	13.23m(3.4)	12.88m(3.6)	13.16m(3.2)	12.25m(0.4)	13.01m(0.8)	13.68m(4.1)
8	Kailen Lewis	FR	Merritt	13.51m	2.9	44-04.00 1
	13.51m(2.9)	12.59m(3.6)	FOUL(2.0)	12.77m(2.0)	13.16m(1.7)	13.04m(1.4)
9	Derrick Johnson	FR	San Jose	13.29m	3.0	43-07.25
	13.29m(3.0)	FOUL(2.9)	13.00m(3.0)	12.58m(1.1)	2.91m(5.0)	12.27m(2.3)
10	Trevor Robertson	SO	Shasta	13.04m	2.3	42-09.50
	12.73m(4.4)	12.14m(3.9)	13.04m(2.3)			
--	Lenny Nelson	FR	American River	FOUL		
	FOUL(2.3)	FOUL(2.1)	FOUL(1.2)			

Event 40 Men Shot Put

NorCal Meet: N 60-11 1982		Jeff Voorhees, Santa Rosa Jr. College				
Name	Year	School	Finals	Points		
<b>Finals</b>						
1	Ryan Donnahoe	SO	Yuba	16.12m	52-10.75	10
	15.49m	15.46m	FOUL	15.13m	15.52m	16.12m
2	Jerry Johnson	SO	San Mateo	15.77m	51-09.00	8
	14.58m	15.15m	14.71m	14.60m	FOUL	15.77m
3	William Rogers	SO	San Mateo	15.62m	51-03.00	6
	15.17m	15.29m	13.74m	FOUL	15.34m	15.62m
4	Shaquill Singuineau	FR	Sequoias	15.50m	50-10.25	5
	15.16m	15.30m	15.50m	15.47m	FOUL	15.14m
5	Justin Kaelin	FR	Siskiyou	15.45m	50-08.25	3.50
	13.81m	15.21m	14.81m	FOUL	14.58m	15.45m
5	Zane Ventimiglia	SO	Butte	15.45m	50-08.25	3.50
	15.26m	14.90m	15.31m	15.45m	15.14m	14.03m
7	Daniel Roberts	SO	Modesto	15.37m	50-05.25	2
	15.32m	FOUL	FOUL	15.37m	FOUL	FOUL
8	Darrell Kaanaana	FR	Yuba	15.30m	50-02.50	1
	15.30m	15.05m	14.93m	14.65m	FOUL	FOUL
9	Trevor Candelaria	SO	Butte	14.72m	48-03.50	
	4.27m	FOUL	14.72m	FOUL	13.48m	FOUL
10	Colton Waggoner	SO	Yuba	14.37m	47-01.75	
	12.91m	14.37m	FOUL			
11	Thomas Lowe	SO	Butte	14.29m	46-10.75	
	13.21m	14.29m	FOUL			
12	Adan Pena	FR	San Mateo	13.33m	43-09.00	
	13.33m	13.09m	12.88m			

Preliminaries

1	Ryan Donnahoe	SO Yuba	15.47mq	50-09.25
	15.47m PASS PASS			
2	Justin Kaelin	FR Siskiyou	14.92mq	48-11.50
	13.97m 14.92m 14.89m			
3	Zane Ventimiglia	SO Butte	14.86mq	48-09.00
	14.83m 14.86m FOUL			
4	Colton Waggoner	SO Yuba	14.63mq	48-00.00
	13.81m 13.87m 14.63m			
5	Daniel Roberts	SO Modesto	14.57mq	47-09.75
	14.02m 14.57m 14.43m			
6	Darrell Kaanaana	FR Yuba	14.46mq	47-05.25
	13.43m 14.31m 14.46m			
7	Shaquill Singuineau	FR Sequoias	14.37mq	47-01.75
	14.37m FOUL 13.64m			
8	Jerry Johnson	SO San Mateo	14.26mq	46-09.50
	FOUL 13.06m 14.26m			
9	William Rogers	SO San Mateo	14.20mq	46-07.25
	13.55m 14.20m 13.80m			
10	Trevor Candelaria	SO Butte	14.03mq	46-00.50
	14.03m FOUL FOUL			
11	Thomas Lowe	SO Butte	13.65mq	44-09.50
	13.54m 13.65m 13.55m			
12	Adan Pena	FR San Mateo	13.63mq	44-08.75
	12.51m 13.10m 13.63m			
13	Patrick Ng	FR San Mateo	13.62m	44-08.25
	FOUL 12.79m 13.62m			
14	Michael McClurg	FR Redwoods	13.32m	43-08.50
	FOUL 13.32m 13.12m			
15	Justin Parham	FR Modesto	13.07m	42-10.75
	12.78m 12.80m 13.07m			
16	Leo Navarro	SO De Anza	13.05m	42-09.75
	13.05m FOUL 13.05m			
17	Bronson Espinoza	FR Sequoias	12.96m	42-06.25
	12.96m FOUL FOUL			
18	Erick Loomis	SO Modesto	12.91m	42-04.25
	12.74m 12.42m 12.91m			
19	Corey Gilbert	FR Diablo Valley	12.59m	41-03.75
	FOUL 12.59m FOUL			
20	Matthew Gallego	FR Modesto	11.78m	38-07.75
	11.23m 10.82m 11.78m			
21	Anthony Girola	SO American River	11.60m	38-00.75
	FOUL FOUL 11.60m			
22	Nolan O'Brien	SO Yuba	11.43m	37-06.00
	11.43m 11.34m 11.40m			
23	Daniel Rangel	FR Hartnell	10.63m	34-10.50
	FOUL 10.63m FOUL			

Event 34 Men Discus Throw

NorCal Meet: N 192-01 1983		Todd Kaufman, San Jose City College						
Name	Year	School	Finals			Points		
<b>Finals</b>								
1 Daniel Roberts		SO Modesto			54.56m	179-00	10	
FOUL	52.15m	53.34m	53.87m	FOUL	54.56m			
2 Erick Loomis		SO Modesto			50.05m	164-02	8	
FOUL	44.24m	44.22m	FOUL	43.81m	50.05m			
3 Colton Waggoner		SO Yuba			49.99m	164-00	6	
47.64m	43.14m	46.00m	49.99m	48.96m	FOUL			
4 Jerry Johnson		SO San Mateo			46.86m	153-09	5	
FOUL	43.99m	46.86m	FOUL	45.30m				
5 Hunter Armon		FR Sequoias			46.57m	152-09	4	
FOUL	44.03m	44.86m	46.57m	FOUL	FOUL			
6 Christian Diaz		SO Santa Rosa			45.02m	147-08	3	
45.02m	FOUL	FOUL	FOUL	41.82m	FOUL			
7 Dustin Samms		SO Hartnell			44.90m	147-04	2	
43.74m	44.90m	41.53m	FOUL	40.48m	42.06m			
8 Adan Pena		FR San Mateo			44.52m	146-01	1	
42.66m	44.52m	FOUL	FOUL	43.63m	FOUL			
9 Patrick Ng		FR San Mateo			43.89m	144-00		
43.82m	40.12m	37.16m	36.16m	43.89m	37.24m			
10 Matthew Gallego		FR Modesto			42.50m	139-05		
FOUL	42.50m	FOUL						
11 Darrell Kaanaana		FR Yuba			41.16m	135-00		
39.33m	41.16m	39.02m						
12 Ian Montague		FR Shasta			38.05m	124-10		
FOUL	34.49m	38.05m						
<b>Preliminaries</b>								
1 Daniel Roberts		SO Modesto			52.42mq	172-00		
52.42m	FOUL	FOUL						
2 Christian Diaz		SO Santa Rosa			45.09mq	147-11		
38.46m	45.09m	44.62m						
3 Colton Waggoner		SO Yuba			44.75mq	146-10		
44.00m	44.75m	FOUL						
4 Hunter Armon		FR Sequoias			44.69mq	146-07		
41.70m	44.69m	FOUL						
5 Jerry Johnson		SO San Mateo			43.48mq	142-08		
43.48m	FOUL	FOUL						
6 Matthew Gallego		FR Modesto			43.06mq	141-03		
40.95m	42.63m	43.06m						
7 Erick Loomis		SO Modesto			42.49mq	139-05		
FOUL	42.49m	FOUL						
8 Dustin Samms		SO Hartnell			41.63mq	136-07		
41.63m	41.20m	40.82m						
9 Patrick Ng		FR San Mateo			41.57mq	136-05		
41.57m	FOUL	FOUL						
10 Adan Pena		FR San Mateo			41.23mq	135-03		
FOUL	40.63m	41.23m						
11 Ian Montague		FR Shasta			41.13mq	134-11		
41.13m	FOUL	34.60m						
12 Darrell Kaanaana		FR Yuba			40.14mq	131-08		
40.14m	39.93m	FOUL						
13 William Rogers		SO San Mateo			39.90m	130-11		
FOUL	39.90m	FOUL						
14 Joshua Morales		FR San Jose			39.31m	129-00		
39.31m	38.00m	FOUL						

15	Hamilton Mateski	FR Siskiyou	39.20m	128-07
	35.96m 38.81m 39.20m			
16	Justin Kaelin	FR Siskiyou	38.77m	127-02
	38.77m FOUL FOUL			
17	Corey Gilbert	FR Diablo Valley	37.13m	121-10
	FOUL FOUL 37.13m			
18	Justin Parham	FR Modesto	36.72m	120-06
	FOUL 36.72m FOUL			
19	Victor Cruz	FR San Jose	36.45m	119-07
	34.23m 36.45m FOUL			
20	Leo Navarro	SO De Anza	35.82m	117-06
	FOUL 35.82m FOUL			
21	Trevor Candelaria	SO Butte	35.67m	117-00
	35.67m FOUL FOUL			
--	Keven Kwok	FR San Mateo	FOUL	
	FOUL FOUL FOUL			

Event 38 Men Javelin Throw

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 NorCal Meet: N 219-08 1989 Charles Langston, Shasta College  
 Name Year School Finals Points  
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Finals

1	Alvin Sung	SO San Mateo	59.14m	194-00	10
	59.14m 58.32m 55.65m 55.54m 56.50m PASS				
2	Haile Filmon	SO San Jose	54.73m	179-07	8
	54.73m 51.51m PASS 47.47m PASS FOUL				
3	Brian Berg	FR Shasta	52.11m	170-11	6
	FOUL 51.34m 41.39m 52.11m 51.65m 51.93m				
4	Hamilton Mateski	FR Siskiyou	50.73m	166-05	5
	49.95m 50.55m 50.00m 50.73m 49.72m 48.65m				
5	Rashaan Miller	FR Fresno	50.65m	166-02	4
	48.58m 44.79m 49.10m 45.23m 50.65m 47.54m				
6	George Tomal	FR Siskiyou	49.89m	163-08	3
	44.57m 46.44m 49.89m FOUL FOUL 47.23m				
7	Alejandro Orozco	SO De Anza	49.67m	162-11	2
	42.06m 42.66m 48.09m 45.62m 44.08m 49.67m				
8	Trent Bateson	FR Siskiyou	49.40m	162-01	1
	49.40m FOUL 45.83m 41.03m 45.04m FOUL				
9	Trevor Robertson	SO Shasta	48.31m	158-06	
	44.70m 48.31m 44.84m PASS PASS 47.90m				
10	Deaven Booker	FR Modesto	47.90m	157-02	
	47.13m 47.90m 45.19m				
11	Adam Gockel	FR Santa Rosa	43.96m	144-03	
	FOUL 40.05m 43.96m				
12	Jake Sandhagen	FR Siskiyou	42.21m	138-06	
	FOUL 42.21m PASS PASS PASS PASS				

Preliminaries

1	Alvin Sung	SO San Mateo	57.52mq	188-08
	51.47m 57.25m 57.52m			
2	Alejandro Orozco	SO De Anza	51.46mq	168-10
	51.46m PASS PASS			
3	Brian Berg	FR Shasta	50.83mq	166-09
	47.12m 48.73m 50.83m			
4	Rashaan Miller	FR Fresno	50.68mq	166-03
	46.46m 48.42m 50.68m			
5	Jake Sandhagen	FR Siskiyou	50.57mq	165-11
	50.57m 50.16m 49.31m			

6	Haile Filmon		SO San Jose	50.47mq	165-07
	45.81m	50.47m	PASS		
7	Trevor Robertson		SO Shasta	49.65mq	162-11
	48.96m	49.65m	48.32m		
8	Hamilton Mateski		FR Siskiyou	49.33mq	161-10
	48.41m	49.33m	49.15m		
9	Deaven Booker		FR Modesto	49.25mq	161-07
	49.25m	FOUL	45.43m		
10	George Tomal		FR Siskiyou	47.22mq	154-11
	45.45m	47.22m	46.59m		
11	Austin Collier		SO American River	46.17mq	151-06
	46.17m	40.30m	43.56m		
12	Adam Gockel		FR Santa Rosa	46.16mq	151-05
	46.16m	FOUL	43.91m		
13	Trent Bateson		FR Siskiyou	46.02m	151-00
	42.48m	45.48m	46.02m		
14	Jaelin Ivy		FR San Joaquin Delta	46.00m	150-11
	42.23m	46.00m	FOUL		
15	Nathan Bishop		SO Hartnell	45.96m	150-09
	PASS	45.96m	35.58m		
16	Michael Martin		SO Siskiyou	45.70m	149-11
	45.70m	43.77m	FOUL		
17	Adan Pena		FR San Mateo	44.81m	147-00
	43.18m	44.81m	43.80m		
17	Chris Garvey		FR San Mateo	44.81m	147-00
	41.92m	42.06m	44.81m		
19	Clarence Cowart		SO Siskiyou	40.61m	133-03
	39.47m	40.61m	FOUL		
20	Kasey Mancini		SO Santa Rosa	39.67m	130-02
	FOUL	38.26m	39.67m		

Event 36 Men Hammer Throw

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 NorCal Meet: N 61.35m 2008 K. P. Singh, Fresno City College  
 Name Year School Finals Points  
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Finals

1	Daniel Roberts		SO Modesto	63.47mN	208-03	10
	57.65m	FOUL	55.25m	FOUL	59.23m	63.47m
2	Erick Loomis		SO Modesto	59.42m	194-11	8
	53.94m	FOUL	FOUL	58.30m	59.42m	57.85m
3	Dustin Samms		SO Hartnell	56.31m	184-09	6
	52.52m	54.10m	54.20m	52.25m	56.31m	56.15m
4	Kyle Cammon		SO Yuba	49.80m	163-05	5
	48.10m	FOUL	49.79m	49.80m	49.53m	43.99m
5	Colton Waggoner		SO Yuba	49.77m	163-03	4
	40.41m	FOUL	49.37m	47.33m	49.77m	49.01m
6	Cyrus Corman-Gill		SO Santa Rosa	49.36m	161-11	3
	FOUL	48.46m	49.36m	47.08m	FOUL	48.71m
7	Nathan Swisley		SO American River	49.35m	161-11	2
	48.10m	49.35m	FOUL	FOUL	FOUL	FOUL
8	Justin Parham		FR Modesto	48.38m	158-09	1
	44.06m	46.79m	FOUL	48.38m	48.34m	48.37m
9	Abel Villa		FR San Joaquin Delta	43.49m	142-08	
	43.49m	43.21m	FOUL	43.49m	FOUL	FOUL
10	Josh Makieve		SO Sacramento	43.25m	141-11	
	FOUL	43.25m	FOUL			
11	Juan Lopez		SO De Anza	43.24m	141-10	
	42.77m	40.61m	43.24m			



12	Leo Navarro	SO De Anza	42.06m	138-00
	41.92m 42.06m FOUL			

Preliminaries

1	Daniel Roberts	SO Modesto	63.79mq	209-03
	FOUL 63.79m FOUL			
2	Erick Loomis	SO Modesto	59.30mq	194-07
	46.57m 59.30m FOUL			
3	Dustin Samms	SO Hartnell	54.48mq	178-09
	54.48m FOUL 52.61m			
4	Cyrus Corman-Gill	SO Santa Rosa	48.63mq	159-06
	48.63m FOUL FOUL			
5	Kyle Cammon	SO Yuba	48.55mq	159-03
	48.55m FOUL FOUL			
6	Justin Parham	FR Modesto	47.52mq	155-11
	44.89m FOUL 47.52m			
7	Josh Makieve	SO Sacramento	46.60mq	152-11
	FOUL 46.60m 46.09m			
8	Leo Navarro	SO De Anza	44.22mq	145-01
	42.81m 44.22m 41.79m			
9	Abel Villa	FR San Joaquin Delta	44.04mq	144-06
	43.99m 42.61m 44.04m			
10	Nathan Swisley	SO American River	43.81mq	143-09
	42.37m 43.81m FOUL			
11	Colton Waggoner	SO Yuba	43.28mq	142-00
	FOUL 43.28m FOUL			
12	Juan Lopez	SO De Anza	43.21mq	141-09
	43.21m 41.87m 42.47m			
13	Christian Diaz	SO Santa Rosa	42.91m	140-09
	42.91m FOUL 40.05m			
14	Haile Filmon	SO San Jose	42.16m	138-04
	42.16m FOUL FOUL			
15	Michael McClurg	FR Redwoods	41.08m	134-09
	FOUL FOUL 41.08m			
16	Matthew Gallego	FR Modesto	41.06m	134-08
	FOUL FOUL 41.06m			
17	Zane Ventimiglia	SO Butte	40.62m	133-03
	FOUL 40.62m FOUL			
18	Trevor Candelaria	SO Butte	40.59m	133-02
	37.83m FOUL 40.59m			
19	Darrell Kaanaana	FR Yuba	39.56m	129-09
	FOUL 39.56m 38.65m			
20	Timothy Holmes	FR Fresno	38.88m	127-07
	FOUL 37.81m 38.88m			
21	Daniel Rangel	FR Hartnell	38.13m	125-01
	FOUL 38.13m FOUL			
22	Bronson Espinoza	FR Sequoias	36.99m	121-04
	FOUL FOUL 36.99m			
--	Patrick Ng	FR San Mateo	FOUL	
	FOUL FOUL FOUL			
--	Hunter O'Brion	FR Fresno	FOUL	
	FOUL FOUL FOUL			

	Points	Men Decathlon										
		100	LJ	SP	HJ	400 Day1	110H	DT	PV	JT	1500	
1 Kasey Mancini Santa Rosa SO Team Points: 10	6127	11.62 w: 0.1 (728)	6.08m (604)	11.01m NWI 36-01.5 (546)	1.89m 6-02.25 (705)	52.16 (718)	3301	17.13 w: -0.6 (611)	32.45m 106-05 (513)	3.95m 12-11.5 (603)	44.62m 146-05 (509)	4:54.83
2 Davit Saghatelian Yuba SO Team Points: 8	5912	11.06 w: 0.1 (847)	5.79m (542)	10.46m NWI 34-04 (513)	1.80m 5-10.75 (627)	50.62 (786)	3315	17.58 w: 0.9 (565)	30.72m 100-09 (479)	3.35m 10-11.75 (444)	37.38m 122-08 (404)	4:36.10
3 Adam Gockel Santa Rosa FR Team Points: 6	5635	11.91 w: +0.0 (669)	6.05m (597)	9.78m NWI 32-01 (472)	1.71m 5-07.25 (552)	54.13 (634)	2924	17.81 w: 0.2 (543)	31.73m 104-01 (499)	3.95m 12-11.5 (603)	47.12m 154-07 (546)	5:07.09
4 Deaven Booker Modesto FR Team Points: 5	5448	12.60 w: +0.0 (538)	6.01m (589)	9.26m NWI 30-04.75 (441)	1.89m 6-02.25 (705)	55.88 (564)	2837	16.93 w: -0.6 (632)	23.65m 77-07 (341)	3.15m 10-04 (393)	54.47m 178-08 (655)	4:54.77
5 Nick Pallas San Mateo FR Team Points: 4	5402	11.82 w: 0.1 (687)	6.18m (626)	10.44m NWI 34-03 (512)	1.65m 5-05 (504)	54.16 (633)	2962	17.13 w: 0.9 (611)	28.40m 93-02 (433)	3.65m 11-11.75 (522)	37.10m 121-09 (400)	5:15.38
6 Nathan Bishop Hartnell SO Team Points: 3	5333	12.10 w: +0.0 (631)	5.23m (427)	9.01m NWI 29-06.75 (426)	1.62m 5-03.75 (480)	54.92 (602)	2566	16.89 w: -0.6 (636)	27.59m 90-06 (417)	4.25m 13-11.25 (688)	45.60m 149-07 (524)	5:10.35
7 Max Michelin Siskiyou FR Team Points: 2	5263	11.97 w: +0.0 (657)	5.71m (525)	11.02m NWI 36-02 (547)	1.50m 4-11 (389)	55.67 (572)	2690	17.82 w: 0.2 (542)	31.18m 102-03 (488)	3.85m 12-07.5 (576)	41.94m 137-07 (470)	5:11.12
8 Alex Hernandez San Joaquin Delta FR Team Points: 1	5001	12.09 w: +0.0 (633)	5.54m (490)	9.49m NWI 31-01.75 (455)	1.65m 5-05 (504)	52.99 (682)	2764	18.23 w: 0.9 (502)	25.97m 85-02 (386)	3.15m 10-04 (393)	36.71m 120-05 (395)	4:59.72
9 Norman Napolitano Hartnell FR	4106	11.68 w: 0.1 (715)	6.09m (606)	8.42m NWI 27-07.5 (391)	1.68m 5-06 (528)	57.22 (513)	2753	21.05 w: 0.2 (271)	21.11m 69-03 (293)	NH (0)	29.65m 97-03 (294)	5:11.53
10 Nolan O'Brien Yuba SO	4040	12.66 w: +0.0 (527)	5.31m (443)	11.77m NWI 38-07.5 (592)	1.74m 5-08.5 (577)	64.53 (272)	2411	20.61 w: -0.6 (303)	34.09m 111-10 (545)	3.35m 10-11.75 (444)	32.68m 107-03 (337)	DNF
11 Kevin Moe Santa Rosa FR	2982	11.42 w: 0.1 (769)	5.43m (467)	9.51m NWI 31-02.5 (456)	1.65m 5-05 (504)	DNF (0)	2196	DNF (0)	28.80m 94-06 (441)	NH (0)	33.27m 109-02 (345)	DNF
DNF Thomas Salao Hartnell FR		DNS (0)	DNS (0)	DNS (0)	DNS (0)	DNS (0)		DNS (0)	DNS (0)	DNS (0)	DNS (0)	DNS (0)

**WOMEN: 1.** Sequoias 134; **2.** Fresno 94; **3.** American River 84; **4.** Modesto 80; **5.** Santa Rosa 69; **6.** Diablo Valley 67; **7.** De Anza 63; **8.** Hartnell 59; **9.** Yuba 26; **10.** Siskiyou 21; **11.** Monterey 18½; **T12.** Laney, San Joaquin Delta 15; **T14.** Merritt, San Mateo 12; **16.** Butte 10; **17.** CCSF 9½; **18.** Sacramento 9; **19.** Chabot 8; **20.** San Jose 7; **21.** Shasta 5; **22.** Merced 1.

Event 1 Women 100 Meter Dash

NorCal Meet: N 11.30 2012 Ashton Purvis, Laney College						
Name	Year	School	Finals	Wind	Points	
Finals						
1 Strangenae Campbell	FR	Diablo Valley	11.60	0.8	10	
2 Moesha Davidson	SO	Fresno	11.61	0.8	8	
3 Joylynn Daily	FR	Sequoias	11.95	0.8	6	
4 Tatiana Bell	SO	American River	12.01	0.8	5	
5 Jordan McNeal	FR	Modesto	12.06	0.8	4	
6 Cumisha Hobbs,	SO	Sequoias	12.10	0.8	3	
7 KiAnna Cunningham,	FR	Sequoias	12.19	0.8	2	
8 Lyric Anderson	SO	Modesto	12.32	0.8	1	
9 Mykisha Abrams	FR	Butte	12.41	0.8		

Heat 1 Preliminaries		Wind: -1.0		
1	Moesha Davidson	SO Fresno	12.28Q	
2	Joylynn Daily	FR Sequoias	12.59q	12.581
3	Cumisha Hobbs,	SO Sequoias	12.59q	12.586
4	Daeja Bonnette	FR Fresno	12.82	12.812
5	Kiera Simmons	SO Ccsf	12.91	
6	Kelia Surrency	FR De Anza	13.13	
7	Alexis Pope	FR American River	13.14	13.133
8	Alexa Garcia	FR Yuba	13.54	
Heat 2 Preliminaries		Wind: -0.6		
1	Strangenae Campbell	FR Diablo Valley	11.63Q	
2	Jordan McNeal	FR Modesto	12.30q	
3	Jordan Hinds	FR Diablo Valley	12.77	
4	Alyssa Emerson	FR Yuba	12.78	
5	Kyleah Johnson	FR American River	12.82	12.818
6	Antoinette Vanhook	FR Laney	13.35	
Heat 3 Preliminaries		Wind: +0.0		
1	Tatiana Bell	SO American River	12.20Q	
2	KiAnna Cunningham,	FR Sequoias	12.33q	
3	Mykisha Abrams	FR Butte	12.58q	
4	Lyric Anderson	SO Modesto	12.68q	
5	Jordan Gutierrez-Sanders	SO Yuba	13.14	13.136
6	Erica Spencer	FR Laney	13.19	
7	Victoria Benson	FR Diablo Valley	13.26	

Event 3 Women 200 Meter Dash

NorCal Meet: N 23.26 2012 Ashton Purvis, Laney College					
Name	Year	School	Finals	Wind	Points
=====					
Finals					
1	Strangenae Campbell	FR Diablo Valley	23.69	0.3	10
2	Joylynn Daily	FR Sequoias	24.46	0.3	8
3	Meleni Rodney,	FR Sequoias	24.78	0.3	6
4	Tatiana Bell	SO American River	25.07	0.3	5
5	Mariama Hilburn	FR Laney	25.33	0.3	4
6	Alyssa Emerson	FR Yuba	25.75	0.3	3
7	Kyleah Johnson	FR American River	25.98	0.3	2
8	Morgan Simpson	SO American River	26.11	0.3	1
9	Taylor Brown	SO Merced	26.21	0.3	
Heat 1 Preliminaries		Wind: 0.1			
1	Strangenae Campbell	FR Diablo Valley	24.01Q		
2	Mariama Hilburn	FR Laney	25.45q		
3	Alyssa Emerson	FR Yuba	25.83q		
4	Morgan Simpson	SO American River	26.02q		
5	Cheniek Rogers	FR San Joaquin Delta	27.19		
6	Antoinette Vanhook	FR Laney	27.20		
7	Jordan Gutierrez-Sanders	SO Yuba	29.79		
Heat 2 Preliminaries		Wind: 0.4			
1	Meleni Rodney,	FR Sequoias	24.57Q		
2	Tatiana Bell	SO American River	25.31q		
3	Cheianne Armstrong	FR De Anza	26.60		
4	Erin McCullough	FR Santa Rosa	26.62		
5	Kennedy Wade	FR Diablo Valley	26.66		
6	Akeia Neptune	SO De Anza	26.84		
7	Jordan McNeal	FR Modesto	27.66		
8	Alexis Pope	FR American River	27.68		

Heat 3 Preliminaries		Wind: 0.3	
1	Joylynn Daily	FR Sequoias	25.18Q
2	Kyleah Johnson	FR American River	26.17q
3	Taylor Brown	SO Merced	26.24q
4	Moesha Davidson	SO Fresno	26.56
5	Lyric Anderson	SO Modesto	26.59
6	Daeja Bonnette	FR Fresno	26.75
7	Sage Williams	SO San Jose	28.26

Event 5 Women 400 Meter Dash

=====  
 NorCal Meet: N 54.00 2009 Champelle Brown, Laney College  
 Name Year School Finals Points  
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Finals

1	Meleni Rodney,	FR Sequoias	55.49	10
2	Mariama Hilburn	FR Laney	57.38	8
3	Morgan Simpson	SO American River	57.57	6
4	Tia Harper	FR Diablo Valley	58.33	5
5	Erin McCullough	FR Santa Rosa	59.97	4
6	Cheianne Armstrong	FR De Anza	60.18	3
7	Sedona Shepard	FR De Anza	61.66	2
8	Taylor Brown	SO Merced	62.97	1

Heat 1 Preliminaries

1	Meleni Rodney,	FR Sequoias	57.43Q
2	Tia Harper	FR Diablo Valley	58.28q
3	Erin McCullough	FR Santa Rosa	59.36q
4	Sedona Shepard	FR De Anza	60.24q
5	Kasey McNamara	FR American River	63.49
6	Alie Newhouse	FR Redwoods	64.84

Heat 2 Preliminaries

1	Morgan Simpson	SO American River	57.42Q
2	Mariama Hilburn	FR Laney	57.70q
3	Taylor Brown	SO Merced	58.35q
4	Cheianne Armstrong	FR De Anza	60.89q
5	Kyana Rivera	SO Monterey	61.45q
6	Sydney Rhoads	FR Fresno	63.01

Event 7 Women 800 Meter Run

=====  
 NorCal Meet: N 2:11.22 1983 Jill Moss, American River College  
 Name Year School Finals Points  
 =====

Finals

1	Cicelya Beard	SO San Joaquin Delta	2:17.17	10
2	Micayla Rennick	FR American River	2:17.95	8
3	Harleen Pabla	SO Modesto	2:18.34	6
4	Lucie Chevreuil	FR American River	2:21.25	5
5	Annette Acosta,	FR Sequoias	2:21.56	4
6	Bibiana Enriquez	FR Laney	2:23.00	3
7	Jocelyn Montes	FR Modesto	2:24.37	2
8	Marlene Alcantar	SO Sequoias	2:25.78	1
9	Magali (Ali) Arsiniega	SO Merritt	2:29.66	

## Heat 1 Preliminaries

1	Micayla Rennick	FR American River	2:18.56Q
2	Bibiana Enriquez	FR Laney	2:19.57Q
3	Magali (Ali) Arsiniega	SO Merritt	2:19.78q
4	Marlene Alcantar	SO Sequoias	2:21.24q
5	Jane Stephans	SO Ccsf	2:25.73
6	Lizette Garcia	SO Hartnell	2:26.09
7	Elizabeth Hernandez	FR Monterey	2:27.29
8	Sarah Reid,	FR Sequoias	2:29.79

## Heat 2 Preliminaries

1	Cicelya Beard	SO San Joaquin Delta	2:16.46Q
2	Harleen Pabla	SO Modesto	2:20.79Q
3	Annette Acosta,	FR Sequoias	2:21.29q
4	Jocelyn Montes	FR Modesto	2:22.85q
5	Lucie Chevreuil	FR American River	2:24.26q
6	Adriana Jimenez	FR Hartnell	2:25.72
7	Ane Archuleta	SO American River	2:28.74
8	Amanda Viera	FR Redwoods	2:30.78
9	Angelina DazaSanchez	FR Diablo Valley	2:36.79

## Event 9 Women 1500 Meter Run

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 NorCal Meet: N 4:27.60 1980 Sabrina Peters, Monterey Peninsula  
 Name Year School Finals Points  
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## Finals

1	Malena Grover	SO Hartnell	4:35.47	10
2	Erica Ruiz	SO Santa Rosa	4:36.25	8
3	Micayla Rennick	FR American River	4:37.47	6
4	Harleen Pabla	SO Modesto	4:46.95	5
5	Magali (Ali) Arsiniega	SO Merritt	4:52.93	4
6	Kristen Jacobs	SO San Mateo	5:08.51	3
7	Adriana Jimenez	FR Hartnell	5:10.45	2
8	Angelina Law	FR Santa Rosa	5:12.43	1
9	Lizette Garcia	SO Hartnell	5:13.35	
10	Maria Rodriguez	SO Hartnell	5:15.35	
11	Jane Stephans	SO Ccsf	5:20.10	
12	Sarah Reid,	FR Sequoias	5:25.47	
13	Niyia Sims	FR Yuba	5:54.26	

## Event 13 Women 5000 Meter Run

=====  
 NorCal Meet: N 17:15.20 1985 Leslie Hawkins, Monterey Peninsul  
 Name Year School Finals Points  
 =====

## Finals

1	Jenica Dodge	SO American River	17:35.57	10
2	Malena Grover	SO Hartnell	17:46.32	8
3	Jordyn Zorn,	FR Sequoias	18:27.67	6
4	Erica Ruiz	SO Santa Rosa	18:28.95	5
5	Mirka Uhlirova	SO San Mateo	18:59.45	4
6	Michele Perez-Lopez	SO De Anza	19:11.93	3
7	Nancy Rodriguez	SO Hartnell	19:16.89	2
8	Dana Pollard	SO Modesto	19:24.05	1
9	Victoria Arevalo	FR Fresno	19:30.76	
10	Kelsay McClendon,	FR Sequoias	19:33.24	
11	Beatriz Duarte	FR Hartnell	19:39.68	
12	Ariana Jasso,	FR Sequoias	19:42.50	
13	Alyssa Renteria	FR De Anza	19:43.51	

14	Adeline Blair	SO	Sequoias	19:57.96
15	Yvette Felix	FR	Hartnell	20:01.40
16	Monica Lopez,	FR	Sequoias	20:21.28
17	Lucie Chevreuil	FR	American River	20:25.05
18	Katherine Embody	SO	Diablo Valley	20:36.42
19	Carly Zako	FR	Hartnell	20:48.54
20	Daniela Camacho	FR	De Anza	20:49.74
21	Maria Rodriguez	SO	Hartnell	21:04.59
22	Jaclyn Leduc	FR	American River	21:23.91
23	Niyia Sims	FR	Yuba	23:26.12
24	Lizette Garcia	SO	Hartnell	23:41.93

Event 15 Women 10000 Meter Run

Name	Year	School	Finals	Points
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Finals

1	Jenica Dodge	SO	American River	36:43.79	10
2	Malena Grover	SO	Hartnell	36:50.76	8
3	Jordyn Zorn,	FR	Sequoias	38:43.02	6
4	Mirka Uhlirova	SO	San Mateo	38:51.91	5
5	Dana Pollard	SO	Modesto	39:45.48	4
6	Victoria Arevalo	FR	Fresno	40:06.56	3
7	Nancy Rodriguez	SO	Hartnell	40:14.03	2
8	Kelsay McClendon,	FR	Sequoias	40:21.19	1
9	Adeline Blair	SO	Sequoias	40:28.57	
10	Alyssa Renteria	FR	De Anza	40:58.81	
11	Yvette Felix	FR	Hartnell	41:18.38	
12	Ariana Jasso,	FR	Sequoias	41:41.07	
13	Beatriz Duarte	FR	Hartnell	41:52.82	
14	Katherine Embody	SO	Diablo Valley	42:31.49	
15	Carissa Salazar	FR	American River	42:54.15	
16	Cynthia Tovar	SO	Hartnell	43:29.26	
17	Carly Zako	FR	Hartnell	43:35.93	

Event 17 Women 100 Meter Hurdles

NorCal Meet: N 13.39 2013 Erica Wilson, Laney

Name	Year	School	Finals	Wind	Points
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Finals

1	Deshaunda Morrison	FR	Sequoias	13.53	1.1	10
2	Moesha Davidson	SO	Fresno	14.25	1.1	8
3	Kiera Simmons	SO	Ccsf	14.42	1.1	6
4	Cumisha Hobbs,	SO	Sequoias	14.51	1.1	5
5	Andrea Stark	FR	American River	14.60	1.1	4
6	Danielle Olson	FR	Modesto	14.93	1.1	3
7	Ray'Ven Sanders	FR	Merritt	14.94	1.1	2
8	BreAnn Scally	FR	Monterey	15.26	1.1	1
9	Antonique Newson-Henry	SO	San Joaquin Delta	15.48	1.1	

Heat 1 Preliminaries Wind: -0.3

1	Deshaunda Morrison	FR	Sequoias	13.96Q
2	Ray'Ven Sanders	FR	Merritt	15.08q
3	Andrea Stark	FR	American River	15.12q
4	BreAnn Scally	FR	Monterey	15.97q
5	Jazzmin Bryan	FR	Siskiyous	16.80
6	Dorian Aberouette	SO	Ccsf	16.88
7	Juliette Alliaume	SO	Diablo Valley	17.24
8	Hannah Martinez	FR	Monterey	18.32

Heat 2 Preliminaries		Wind: -1.1	
1	Moesha Davidson	SO Fresno	14.65Q
2	Kiera Simmons	SO Ccsf	14.71q
3	Danielle Olson	FR Modesto	15.67q
4	Cumisha Hobbs,	SO Sequoias	15.88q
5	Antonique Newson-Henry	SO San Joaquin Delta	15.95q
6	Caitlin McCoy	SO Butte	16.60
7	Amanda Villareal	SO Marin	16.65

Event 23 Women 400 Meter Hurdles

=====  
 NorCal Meet: N 60.15 1996 Christyna Serrano, Hartnell College  
 Name Year School Finals Points  
 =====

Finals

1	Deshaunda Morrrison	FR Sequoias	62.75	10
2	Stephanie Fernandez	FR Santa Rosa	63.84	8
3	Jazzmin Bryan	FR Siskiyou	65.45	6
4	Dhakiya Omawahleh,	FR Sequoias	65.62	5
5	Stephanie Powers	SO Hartnell	66.18	4
6	Caitlin McCoy	SO Butte	66.27	3
7	Kelia Surrency	FR De Anza	67.64	2
8	April Williams	FR De Anza	67.66	1
9	Amelia Medrano	SO Fresno	67.75	

Heat 1 Preliminaries

1	Deshaunda Morrrison	FR Sequoias	64.77Q
2	Dhakiya Omawahleh,	FR Sequoias	67.15q
3	Kelia Surrency	FR De Anza	67.26q
4	Caitlin McCoy	SO Butte	67.27q
5	Amelia Medrano	SO Fresno	68.54q
6	Taylor Burley	FR Modesto	72.00
7	Joy Bragg	SO San Joaquin Delta	75.38

Heat 2 Preliminaries

1	Stephanie Fernandez	FR Santa Rosa	64.09Q
2	Jazzmin Bryan	FR Siskiyou	65.92q
3	Stephanie Powers	SO Hartnell	66.41q
4	April Williams	FR De Anza	67.93q
5	Andrea Stark	FR American River	68.69
6	Danielle Olson	FR Modesto	69.88
7	Laury-Ashley Diboki	FR San Joaquin Delta	70.39
8	Amanda Villareal	SO Marin	73.12
9	Hannah Welch	FR Shasta	75.72

Event 11 Women 3000 Meter Steeplechase

=====  
 NorCal Meet: N 11:21.34 2013 Victoria Alcalá, Hartnell  
 Name Year School Finals Points  
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Finals

1	Michele Perez-Lopez	SO De Anza	11:41.07	10
2	Dana Pollard	SO Modesto	11:46.94	8
3	Nancy Rodriguez	SO Hartnell	12:04.34	6
4	Adriana Jimenez	FR Hartnell	12:17.98	5
5	Alyssa Renteria	FR De Anza	12:28.82	4
6	Laura Becerra	FR Diablo Valley	12:30.38	3
7	Hannah Montague	FR American River	12:30.62	2
8	Megan Gerbrandt	FR Fresno	12:33.83	1
9	Eleanor Velez	FR American River	12:52.06	

10 Cynthia Tovar	SO Hartnell	12:58.99
11 Ana Drake-Tripp	FR Santa Rosa	13:01.01
12 Alejandra Flores	SO De Anza	13:06.09
13 Kayla Verzosa	SO Fresno	13:07.77
14 Daniela Camacho	FR De Anza	13:08.68
15 Jessica Swingle	FR American River	13:41.71

Event 19 Women 4x100 Meter Relay

=====  
 NorCal Meet: N 44.69 2013 Laney, Laney  
 E Wilson, K Suleman, A Giles, A Bamberg  
 School Finals Points  
 =====

Finals

1 Sequoias		45.75	10
1) Joylynn Daily FR	2) Meleni Rodney, FR		
3) Deshaunda Morrison FR	4) Cumisha Hobbs, SO		
2 Diablo Valley		47.63	8
1) Jordan Hinds FR	2) Tia Harper FR		
3) Victoria Benson FR	4) Strangenae Campbell FR		
3 Modesto		48.17	6
1) Danielle Olson FR	2) Lyric Anderson SO		
3) Chabryel Snaer FR	4) Jordan McNeal FR		
4 American River		48.22	5
1) Alexis Pope FR	2) Kyleah Johnson FR		
3) Morgan Simpson SO	4) Tatiana Bell SO		
5 Santa Rosa		48.73	4
1) Devyn Ruiz SO	2) Erin McCullough FR		
3) Stephanie Fernandez FR	4) Julia Grimm SO		
6 Fresno		48.75	3
1) Daeja Bonnette FR	2) Moesha Davidson SO		
3) Amelia Banks FR	4) Brittney Chatman FR		
7 De Anza		48.85	2
1) Stephanie Baca SO	2) Kelia Surrency FR		
3) Cheianne Armstrong FR	4) Akeia Neptune SO		
8 San Joaquin Delta		50.24	1
1) Joy Bragg SO	2) Cicelya Beard SO		
3) Antonique Newson-Henry SO	4) Cheniek Rogers FR		
9 Monterey		50.98	
1) Hannah Martinez FR	2) BreAnn Scally FR		
3) Kyana Rivera SO	4) Kellie Breitfuss FR		

Heat 1 Preliminaries

1 Sequoias	46.48Q
2 Modesto	49.11q
3 Diablo Valley	49.80q
4 De Anza	50.67q
5 Yuba	51.07
6 Hartnell	54.38

Heat 2 Preliminaries

1 American River	48.77Q
2 Santa Rosa	49.13q
3 Fresno	50.56q
4 San Joaquin Delta	50.89q
5 Monterey	51.05q



Event 21 Women 4x400 Meter Relay

NorCal Meet: N 3:47.82 1984 Contra Costa College, Contra Costa  
Carpenter/Rogers/LeeSimue

School	Finals	Points
<b>Finals</b>		
1 Sequoias	3:57.90	10
1) Dhakiya Omawahleh, FR	2) Joylynn Daily FR	
3) Cumisha Hobbs, SO	4) Meleni Rodney, FR	
2 Diablo Valley	3:58.39	8
1) Angelina DazaSanchez FR	2) Jordan Hinds FR	
3) Tia Harper FR	4) Strangena Campbell FR	
3 De Anza	3:59.90	6
1) Cheianne Armstrong FR	2) Sedona Shepard FR	
3) Akeia Neptune SO	4) Kelia Surrency FR	
4 Modesto	4:01.64	5
1) Danielle Olson FR	2) Jocelyn Montes FR	
3) Lyric Anderson SO	4) Mariajose Correa FR	
5 American River	4:04.99	4
1) Ane Archuleta SO	2) Andrea Stark FR	
3) Kyleah Johnson FR	4) Morgan Simpson SO	
6 Santa Rosa	4:06.03	3
1) Julia Grimm SO	2) Adrianna Cortes-Rosas FR	
3) Erin McCullough FR	4) Stephanie Fernandez FR	
7 San Joaquin Delta	4:10.09	2
1) Laury-Ashley Diboki FR	2) Joy Bragg SO	
3) Cheniek Rogers FR	4) Cicelya Beard SO	
8 Fresno	4:10.60	1
1) Sydney Rhoads FR	2) Amelia Medrano SO	
3) Delia Guzman- Hernandez FR	4) Daeja Bonnette FR	
9 Hartnell	4:16.34	
1) Stephanie Powers SO	2) Malena Grover SO	
3) Lizette Garcia SO	4) Adriana Jimenez FR	

Heat 1 Preliminaries

1 Sequoias	3:58.46Q
2 American River	3:59.36Q
3 De Anza	4:01.67q
4 Hartnell	4:12.46q
5 San Joaquin Delta	4:17.24q

Heat 2 Preliminaries

1 Diablo Valley	4:03.02Q
2 Modesto	4:03.31Q
3 Santa Rosa	4:10.85q
4 Fresno	4:20.64q
5 Redwoods	4:44.56

Event 25 Women High Jump

NorCal Meet: N 5-10 2003		Kim Harper, Modesto Junior College	
Name	Year School	Finals	Points
<b>Finals</b>			
1 Julia Grimm	SO Santa Rosa	1.61m 5-03.25	10
1.41 1.46 1.51 1.56 1.61 1.66			
P O O O O XX			
2 Petrice Beattie	SO Diablo Valley	J1.61m 5-03.25	8
1.41 1.46 1.51 1.56 1.61 1.66			
P P O O XO XXX			
3 Ray'Ven Sanders	FR Merritt	1.56m 5-01.25	6
1.41 1.46 1.51 1.56 1.61			
P P XO O XXX			
4 Moesha Davidson	SO Fresno	J1.56m 5-01.25	5
1.41 1.46 1.51 1.56 1.61			
P O O XO XXX			
5 Juliette Alliaume	SO Diablo Valley	J1.56m 5-01.25	4
1.41 1.46 1.51 1.56 1.61			
P XO O XO XXX			
6 Idalis Rubalcava	FR Sequoias	1.51m 4-11.50	3
1.41 1.46 1.51 1.56			
P O O XXX			
7 Lyric Anderson	SO Modesto	J1.51m 4-11.50	2
1.41 1.46 1.51 1.56			
O XXO O XXX			
8 BreAnn Scally	FR Monterey	1.46m 4-09.50	0.50
1.41 1.46 1.51			
O O XXX			
8 Dorian Aberouette	SO Ccsf	1.46m 4-09.50	0.50
1.41 1.46 1.51			
O O XXX			
10 April Williams	FR De Anza	J1.46m 4-09.50	
1.41 1.46 1.51			
P XO XXX			
10 Eva King	FR Santa Rosa	J1.46m 4-09.50	
1.41 1.46 1.51			
P XO XXX			
12 Angelique Souza	FR Modesto	J1.46m 4-09.50	
1.41 1.46 1.51			
O XXO XXX			
13 Lynda Shadman	FR American River	1.41m 4-07.50	
1.41 1.46			
XO XXX			
13 Laury-Ashley Diboki	FR San Joaquin Delta	1.41m 4-07.50	
1.41 1.46			
XO XXX			
-- Jazzmin Bryan	FR Siskiyou	NH	
1.41			
XXX			

Event 27 Women Pole Vault

NorCal Meet: N 12-08.75		2011	Jenna Yowell, American River College							
Name	Year	School	Finals		Points					
Finals										
1 Alexandria Clausen		SO Fresno	3.29m	10-09.50	10					
	2.39	2.54	2.69	2.84	2.99	3.14	3.29	3.44		
	P	P	P	O	O	XO	XO	XXX		
2 Amber Flores		SO Modesto	J3.29m	10-09.50	8					
	2.39	2.54	2.69	2.84	2.99	3.14	3.29	3.44		
	P	P	P	P	O	O	XXO	XXX		
3 Alexis Babbes		FR American River	J3.29m	10-09.50	6					
	2.39	2.54	2.69	2.84	2.99	3.14	3.29	3.44		
	P	P	P	O	O	XO	XXO	XXX		
4 Peremeter Jade		FR Shasta	3.14m	10-03.50	5					
	2.39	2.54	2.69	2.84	2.99	3.14	3.29			
	O	P	P	P	O	O	XXX			
5 Sydnie Sullivan		FR Fresno	J3.14m	10-03.50	4					
	2.39	2.54	2.69	2.84	2.99	3.14	3.29			
	P	P	O	O	XXO	O	XXX			
6 Rachel Randall		FR Butte	2.84m	9-03.75	3					
	2.39	2.54	2.69	2.84	2.99					
	P	O	O	XO	XXX					
7 Melissa Borello		FR De Anza	2.69m	8-09.75	2					
	2.39	2.54	2.69	2.84						
	P	O	O	XXX						
8 Nicole Hobby		SO Modesto	J2.69m	8-09.75	1					
	2.39	2.54	2.69	2.84						
	O	O	XO	XXX						
9 Joy Bragg		SO San Joaquin Delta	J2.69m	8-09.75						
	2.39	2.54	2.69	2.84						
	P	XXO	XXO	XXX						
10 Danielle Rodgers		FR Modesto	2.54m	8-04.00						
	2.39	2.54	2.69							
	P	O	XXX							
11 Kaitlin Rice		FR San Joaquin Delta	J2.54m	8-04.00						
	2.39	2.54	2.69							
	P	XO	XXX							
12 Michelle Figarella		SO De Anza	J2.54m	8-04.00						
	2.39	2.54	2.69							
	P	XXO	XXX							
-- Marissa Gonzalez		FR Hartnell	NH							
	2.39									
	XXX									

Event 29 Women Long Jump

NorCal Meet: N 20-04		1993	Sheila Nicks, College of the Sequoias							
Name	Year	School	Finals	Wind	Points					
Finals										
1 Moesha Davidson		SO Fresno	5.85m	2.1	19-02.50	10				
	5.68m(3.3)	5.85m(2.1)	FOUL(2.4)	5.34m(0.8)	5.67m(0.6)	PASS				
2 Deshaunda Morrison		FR Sequoias	5.68m	2.2	18-07.75	8				
	5.36m(0.9)	5.68m(2.2)	5.42m(1.0)	5.63m(1.8)	5.61m(2.2)	5.47m(2.3)				
3 KiAnna Cunningham,		FR Sequoias	5.58m	2.8	18-03.75	6				
	4.90m(1.0)	5.35m(2.1)	5.58m(2.8)	4.97m(2.7)	5.32m(2.7)	5.28m(1.6)				
4 Cumisha Hobbs,		SO Sequoias	5.57m	1.6	18-03.25	5				
	FOUL(1.3)	5.24m(1.3)	5.22m(1.6)	5.54m(1.6)	5.57m(1.6)	FOUL(1.4)				

5	Mykisha Abrams	FR Butte	5.34m	1.5	17-06.25	4
	5.34m(1.5)	5.34m(0.6)	5.34m(2.4)	5.24m(1.6)	FOUL(1.9)	5.21m(0.1)
6	Devyn Ruiz	SO Santa Rosa	5.26m	1.0	17-03.25	3
	5.26m(1.0)	5.20m(1.3)	FOUL(2.3)	5.02m(1.4)	FOUL(2.1)	FOUL(3.0)
7	Kelia Surrency	FR De Anza	5.22m	1.9	17-01.50	2
	5.15m(1.3)	5.19m(1.4)	5.22m(1.9)	FOUL(1.9)	5.03m(0.8)	5.19m(0.7)
8	Kyana Rivera	SO Monterey	5.21m	2.1	17-01.25	1
	5.21m(2.1)	PASS	FOUL(1.8)	5.05m(2.2)	5.09m(2.0)	5.18m(2.9)
9	Daeja Bonnette	FR Fresno	5.01m	1.3	16-05.25	
	4.98m(1.4)	4.86m(1.0)	4.87m(1.9)	5.01m(1.3)	4.88m(1.7)	4.67m(3.1)
10	Akeia Neptune	SO De Anza	4.94m	1.7	16-02.50	
	4.85m(3.0)	4.94m(1.7)	4.88m(3.5)			
11	Laury-Ashley Diboki	FR San Joaquin Delta	4.91m	1.8	16-01.50	
	4.90m(1.7)	4.91m(1.8)	FOUL(2.4)			
--	Julia Grimm	SO Santa Rosa	FOUL			
	FOUL(1.0)	FOUL(1.6)	FOUL(1.3)			

#### Preliminaries

1	KiAnna Cunningham,	FR Sequoias	5.54mq	NWI	18-02.25	
	5.54m(NWI)	PASS	PASS			
2	Deshaunda Morrison	FR Sequoias	5.50mq	NWI	18-00.50	
	FOUL	5.50m(NWI)	PASS			
3	Moesha Davidson	SO Fresno	5.35mq	NWI	17-06.75	
	5.35m(NWI)	PASS	PASS			
4	Kelia Surrency	FR De Anza	5.33mq	NWI	17-06.00	
	5.13m(NWI)	5.33m(NWI)	4.95m(NWI)			
5	Mykisha Abrams	FR Butte	5.28mq	NWI	17-04.00	
	5.15m(NWI)	5.28m(NWI)	PASS			
6	Kyana Rivera	SO Monterey	5.27mq	NWI	17-03.50	
	5.27m(NWI)	5.18m(NWI)	PASS			
7	Daeja Bonnette	FR Fresno	J5.27mq	NWI	17-03.50	
	4.17m(NWI)	5.27m(NWI)	5.14m(NWI)			
8	Akeia Neptune	SO De Anza	5.08mq	NWI	16-08.00	
	4.89m(NWI)	5.04m(NWI)	5.08m(NWI)			
9	Cumisha Hobbs,	SO Sequoias	5.07mq	NWI	16-07.75	
	4.92m(NWI)	4.63m(NWI)	5.07m(NWI)			
10	Devyn Ruiz	SO Santa Rosa	5.06mq	NWI	16-07.25	
	5.04m(NWI)	5.06m(NWI)	FOUL			
11	Laury-Ashley Diboki	FR San Joaquin Delta	5.05mq	NWI	16-07.00	
	5.05m(NWI)	FOUL	5.00m(NWI)			
12	Julia Grimm	SO Santa Rosa	J5.05mq	NWI	16-07.00	
	FOUL	FOUL	5.05m(NWI)			
13	BreAnn Scally	FR Monterey	4.97m	NWI	16-03.75	
	4.97m(NWI)	4.94m(NWI)	FOUL			
14	Amelia Banks	FR Fresno	4.93m	NWI	16-02.25	
	4.57m(NWI)	4.56m(NWI)	4.93m(NWI)			
15	Jordan Gutierrez-Sanders	SO Yuba	J4.93m	NWI	16-02.25	
	4.93m(NWI)	FOUL	FOUL			
16	Melody Harris	SO Fresno	4.90m	NWI	16-01.00	
	4.90m(NWI)	4.80m(NWI)	FOUL			
17	Dorian Aberouette	SO Ccsf	J4.90m	NWI	16-01.00	
	4.90m(NWI)	4.74m(NWI)	FOUL			
18	Gina Nelson	FR Shasta	4.78m	NWI	15-08.25	
	FOUL	4.71m(NWI)	4.78m(NWI)			
19	Lauren Cariaso	FR American River	4.62m	NWI	15-02.00	
	4.62m(NWI)	FOUL	FOUL			
20	Esther Philipp	SO Yuba	4.51m	NWI	14-09.75	
	4.36m(NWI)	FOUL	4.51m(NWI)			
21	Antonique Newson-Henry	SO San Joaquin Delta	J4.51m	NWI	14-09.75	
	FOUL	4.14m(NWI)	4.51m(NWI)			

Event 31 Women Triple Jump

NorCal Meet: N 41-08 1985		Janis Diggs, Hartnell College			Finals	Wind	Points
Name	Year	School					
<b>Finals</b>							
1	Moesha Davidson	SO	Fresno		11.79m	3.2	38-08.25 10
	11.20m(4.3) PASS		11.02m(4.2) PASS	PASS	11.79m(3.2)		
2	BreAnn Scally	FR	Monterey		11.70m	1.1	38-04.75 8
	11.23m(0.6) 11.70m(1.1) PASS		10.45m(3.5) 10.95m(4.7) 11.29m(2.9)				
3	Lia Burrell	SO	Modesto		11.17m	3.8	36-07.75 6
	11.17m(3.8) 10.95m(2.8) 10.72m(1.3) FOUL(3.7) FOUL(3.2) FOUL(1.5)						
4	Lauren Cariaso	FR	American River		11.03m	3.0	36-02.25 5
	11.03m(3.0) 10.67m(2.5) FOUL(4.4) 10.70m(4.0) 10.74m(2.5) FOUL(2.9)						
5	Idalis Rubalcava	FR	Sequoias		10.93m	4.4	35-10.50 4
	10.82m(3.0) FOUL(2.3) 10.69m(4.5) 10.93m(4.4) 10.72m(1.8) 10.90m(5.1)						
6	Kyana Rivera	SO	Monterey		10.85m	1.7	35-07.25 3
	10.75m(3.2) 10.62m(0.7) 10.81m(3.5) 10.65m(3.4) 10.18m(3.8) 10.85m(1.7)						
7	Eva King	FR	Santa Rosa		10.75m	4.3	35-03.25 2
	FOUL(-0.1) FOUL(1.2) 10.75m(4.3) FOUL(4.4) 10.55m(3.0) FOUL(2.6)						
8	Laury-Ashley Diboki	FR	San Joaquin Delta		10.55m	1.0	34-07.50 1
	FOUL(3.0) FOUL(4.7) 10.55m(1.0) 10.00m(2.4) FOUL(3.3) 10.53m(2.0)						
9	Kanisha Tucker,	FR	Sequoias		10.46m	2.4	34-04.00
	FOUL(2.3) 10.46m(2.4) 10.08m(3.2) FOUL(1.6) 10.13m(2.3) FOUL(0.7)						
10	Amelia Banks	FR	Fresno		10.23m	+0.0	33-06.75
	FOUL(3.8) 10.23m(+0.0) 10.12m(2.8)						
11	Devyn Ruiz	SO	Santa Rosa		10.21m	1.8	33-06.00
	9.97m(3.5) 10.07m(4.4) 10.21m(1.8)						
12	Christine Rhyne	FR	Shasta		10.16m	3.2	33-04.00
	9.66m(3.1) 10.10m(2.6) 10.16m(3.2)						
<b>Preliminaries</b>							
1	BreAnn Scally	FR	Monterey		10.96mq	NWI	35-11.50
	10.96m(NWI) PASS		PASS				
2	Moesha Davidson	SO	Fresno		10.82mq	NWI	35-06.00
	10.82m(NWI) PASS		PASS				
3	Idalis Rubalcava	FR	Sequoias		10.63mq	NWI	34-10.50
	FOUL 10.42m(NWI) 10.63m(NWI)						
4	Kyana Rivera	SO	Monterey		10.58mq	NWI	34-08.50
	10.58m(NWI) PASS		PASS				
5	Eva King	FR	Santa Rosa		10.56mq	NWI	34-07.75
	10.56m(NWI) 9.95m(NWI) 10.56m(NWI)						
6	Christine Rhyne	FR	Shasta		10.45mq	NWI	34-03.50
	10.04m(NWI) 10.45m(NWI) PASS						
7	Lia Burrell	SO	Modesto		10.27mq	NWI	33-08.50
	10.13m(NWI) 10.27m(NWI) FOUL						
8	Laury-Ashley Diboki	FR	San Joaquin Delta		10.18mq	NWI	33-04.75
	9.85m(NWI) 10.18m(NWI) PASS						
9	Devyn Ruiz	SO	Santa Rosa		10.17mq	NWI	33-04.50
	9.67m(NWI) 10.17m(NWI) 10.15m(NWI)						
10	Lauren Cariaso	FR	American River		10.14mq	NWI	33-03.25
	FOUL 10.14m(NWI) PASS						
11	Amelia Banks	FR	Fresno		9.98mq	NWI	32-09.00
	FOUL FOUL 9.98m(NWI)						
12	Kanisha Tucker,	FR	Sequoias		9.95mq	NWI	32-07.75
	FOUL 9.95m(NWI) 9.77m(NWI)						
13	Akeia Neptune	SO	De Anza		9.93m	NWI	32-07.00
	9.93m(NWI) 9.70m(NWI) 9.63m(NWI)						
14	Cheianne Armstrong	FR	De Anza		9.90m	NWI	32-05.75
	9.10m(NWI) 9.33m(NWI) 9.90m(NWI)						

15	Clarrisa Bancoro	SO Fresno	9.78m	NWI	32-01.00
	FOUL	9.78m(NWI)	FOUL		
16	Antonique Newson-Henry	SO San Joaquin Delta	9.68m	NWI	31-09.25
		9.68m(NWI) 9.48m(NWI) 9.62m(NWI)			
17	April Williams	FR De Anza	9.44m	NWI	30-11.75
		9.32m(NWI) 9.44m(NWI) 9.35m(NWI)			
18	Michelle Figarella	SO De Anza	9.24m	NWI	30-03.75
	FOUL	9.01m(NWI) 9.24m(NWI)			
19	Alexa Garcia	FR Yuba	9.08m	NWI	29-09.50
	PASS	FOUL 9.08m(NWI)			
20	Hannah Welch	FR Shasta	8.98m	NWI	29-05.50
		8.98m(NWI) 8.87m(NWI) 8.97m(NWI)			
21	Marissa Gonzalez	FR Hartnell	8.92m	NWI	29-03.25
		8.92m(NWI) 8.83m(NWI) 8.58m(NWI)			
22	Gina Nelson	FR Shasta	8.89m	NWI	29-02.00
		8.63m(NWI) 8.89m(NWI) 8.53m(NWI)			

Event 39 Women Shot Put

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 NorCal Meet: N 50-05 1983 Dot Jones, Modesto Junior College  
 Name Year School Finals Points  
 =====

Finals

1	Brandy Williams	FR Diablo Valley	14.00m	45-11.25	10
		13.52m 13.73m 13.32m 12.73m 14.00m 13.59m			
2	Imani Bierly	SO Yuba	13.94m	45-09.00	8
		11.66m 11.85m 12.11m 13.08m 13.21m 13.94m			
3	Breanna Lowther	SO Modesto	12.01m	39-05.00	6
		11.39m 11.49m 11.73m 11.39m 11.72m 12.01m			
4	Mickie Seuga	FR Santa Rosa	11.71m	38-05.00	5
		11.64m 11.40m 11.71m 11.37m FOUL 11.40m			
5	Daisy Newman	FR Siskiyou	11.44m	37-06.50	4
		10.99m 11.44m 10.92m 11.17m 10.70m 10.83m			
6	Janelle Paulo	SO Sacramento	11.32m	37-01.75	3
		10.65m 10.99m 11.32m 10.90m FOUL 10.74m			
7	Clara Ratu	SO San Jose	11.19m	36-08.50	2
		11.19m 11.02m 11.08m FOUL 10.83m 10.26m			
8	Anya Tonga	FR De Anza	10.95m	35-11.25	1
		10.95m FOUL FOUL 10.86m 10.82m 10.55m			
9	Airieal Perry	FR Yuba	10.85m	35-07.25	
		9.39m 10.85m FOUL 10.43m 10.09m 10.74m			
10	Shapre Jones	FR San Joaquin Delta	10.72m	35-02.00	
		FOUL FOUL 10.72m			
11	Elizabeth Alcala	FR Hartnell	10.39m	34-01.25	
		10.16m 10.39m FOUL			
12	Grace Bruschi	FR Redwoods	9.22m	30-03.00	
		9.22m FOUL FOUL			

Preliminaries

1	Brandy Williams	FR Diablo Valley	13.75mq	45-01.50
		13.75m 12.83m FOUL		
2	Imani Bierly	SO Yuba	13.17mq	43-02.50
		12.03m FOUL 13.17m		
3	Shapre Jones	FR San Joaquin Delta	11.62mq	38-01.50
		10.79m 11.44m 11.62m		
4	Breanna Lowther	SO Modesto	11.45mq	37-06.75
		11.45m 10.96m 11.38m		
5	Mickie Seuga	FR Santa Rosa	11.43mq	37-06.00
		11.16m 11.11m 11.43m		

6	Airieal Perry	FR Yuba	11.37mq	37-03.75
	10.44m 11.37m 10.89m			
7	Anya Tonga	FR De Anza	11.27mq	36-11.75
	11.27m FOUL FOUL			
8	Clara Ratu	SO San Jose	10.95mq	35-11.25
	10.43m 10.95m FOUL			
9	Janelle Paulo	SO Sacramento	10.77mq	35-04.00
	10.77m 10.70m 10.47m			
10	Daisy Newman	FR Siskiyou	10.64mq	34-11.00
	10.07m 10.64m 10.53m			
11	Grace Bruschi	FR Redwoods	10.32mq	33-10.25
	FOUL FOUL 10.32m			
12	Elizabeth Alcalá	FR Hartnell	10.28mq	33-08.75
	9.81m 10.10m 10.28m			
13	Chelsea Andrade	FR Hartnell	10.12m	33-02.50
	9.83m 10.12m 9.94m			
14	Alexis Martin	SO Chabot	10.05m	32-11.75
	9.88m 10.05m 9.60m			
15	Jayla Stevenson-Collins	SO Yuba	10.02m	32-10.50
	10.02m 9.75m FOUL			
16	Adora Garrick	SO Chabot	10.00m	32-09.75
	FOUL 10.00m 9.80m			
17	Marina Aguilar	FR Ccsf	9.88m	32-05.00
	9.87m 9.49m 9.88m			
18	Melody Harris	SO Fresno	9.76m	32-00.25
	9.72m 9.54m 9.76m			
19	Destiny Shepard	FR Yuba	9.11m	29-10.75
	9.11m 8.91m 8.84m			
20	Grace Horan	SO Shasta	8.27m	27-01.75
	8.27m 8.23m FOUL			

Event 33 Women Discus Throw

NorCal Meet: N 162-05 1998		Andrea Pappas, College of San Mateo			
Name	Year	School	Finals	Points	
Finals					
1	Anya Tonga	FR De Anza	43.38m	142-04	10
	FOUL 40.78m 43.38m 42.22m FOUL FOUL				
2	Adora Garrick	SO Chabot	41.47m	136-01	8
	41.47m 39.92m FOUL 34.50m 37.29m 41.13m				
3	Tori Teraji	SO Hartnell	40.81m	133-11	6
	38.57m FOUL 40.81m FOUL FOUL 39.39m				
4	Clara Ratu	SO San Jose	40.58m	133-02	5
	35.34m 40.58m 39.24m 37.41m FOUL 40.30m				
5	Breanna Lowther	SO Modesto	39.94m	131-00	4
	FOUL 39.94m FOUL 38.60m 35.55m FOUL				
6	Gabriela Stanford	SO Fresno	39.86m	130-09	3
	36.84m 39.86m 37.20m 37.37m 37.49m FOUL				
7	Mickie Seuga	FR Santa Rosa	39.59m	129-11	2
	34.84m 39.59m 38.79m 37.16m FOUL FOUL				
8	Brandy Williams	FR Diablo Valley	39.16m	128-06	1
	31.34m 39.16m 37.04m FOUL FOUL 36.54m				
9	Imani Bierly	SO Yuba	38.79m	127-03	
	34.61m 38.79m FOUL FOUL 37.20m 38.08m				
10	Grace Bruschi	FR Redwoods	36.73m	120-06	
	FOUL 36.73m FOUL				
11	Airieal Perry	FR Yuba	34.52m	113-03	
	FOUL 34.52m 27.36m				
12	Daisy Newman	FR Siskiyou	32.09m	105-03	

Event 37 Women Javelin Throw

NorCal Meet: N 156-04 1984		Rosa Pugh, Shasta College					
Name	Year	School	Finals			Points	
<b>Finals</b>							
1	Melody Harris	SO	Fresno	47.02m	154-03	10	
	40.64m FOUL	46.28m	47.02m FOUL	42.03m			
2	Julia Grimm	SO	Santa Rosa	41.94m	137-07	8	
	39.84m 39.75m	39.59m	41.70m 38.54m	41.94m			
3	Daisy Newman	FR	Siskiyou	38.94m	127-09	6	
	38.94m FOUL	FOUL	FOUL 38.71m	37.67m			
4	Brandy Hendershott	FR	Siskiyou	36.07m	118-04	5	
	35.03m 35.75m	36.02m	36.07m 34.10m	34.35m			
5	Mariah Frerichs	SO	Sacramento	35.49m	116-05	4	
	33.66m 29.65m	33.73m	FOUL 31.68m	35.49m			
6	Alyssa Pochop	FR	Hartnell	34.35m	112-08	3	
	27.28m FOUL	33.01m	29.76m 32.68m	34.35m			
7	Kelly Baxter	SO	De Anza	32.65m	107-01	2	
	FOUL 32.65m	FOUL	31.48m 31.63m	30.15m			
8	Dhakiya Omawahleh,	FR	Sequoias	30.82m	101-01	1	
	27.05m 30.82m	FOUL	29.31m PASS	PASS			
9	Alina Sanchez	FR	De Anza	29.96m	98-03		
	29.96m 25.42m	29.95m	26.91m 25.63m	27.90m			
10	Grace Bruschi	FR	Redwoods	28.50m	93-06		
	28.50m FOUL	27.59m					
11	Tori Teraji	SO	Hartnell	28.22m	92-07		
	FOUL FOUL	28.22m					
12	Savannah Valladarez	SO	Monterey	27.16m	89-01		
	21.90m 27.16m	25.72m					
13	Vanessa Wong	FR	Sequoias	27.01m	88-07		
	27.01m 26.32m	25.37m					
14	Marissa Gonzalez	FR	Hartnell	25.53m	83-09		
	25.53m PASS	PASS					
15	Holly Quandt	FR	Siskiyou	24.25m	79-07		
	FOUL 24.25m	FOUL					
16	Elizabeth Alcalá	FR	Hartnell	22.14m	72-08		
	21.82m 22.14m	20.92m					

Event 35 Women Hammer Throw

NorCal Meet: N 180-00 2003		Sara Clinkenbeard, Sacramento City College					
Name	Year	School	Finals			Points	
<b>Finals</b>							
1	Imani Bierly	SO	Yuba	48.55m	159-03	10	
	45.03m 46.40m	47.20m	45.80m 45.74m	48.55m			
2	Breanna Lowther	SO	Modesto	47.59m	156-02	8	
	FOUL 46.33m	44.03m	47.19m FOUL	47.59m			
3	Emma Seyer	SO	De Anza	47.54m	156-00	6	
	FOUL FOUL	47.23m	43.24m 46.10m	47.54m			
4	Silvia Gutierrez	FR	De Anza	46.40m	152-03	5	
	45.69m 46.40m	FOUL	FOUL 44.98m				
5	Jayla Stevenson-Collins	SO	Yuba	46.23m	151-08	4	
	40.97m 46.23m	FOUL	45.11m 45.64m	43.16m			
6	Alyssa Pochop	FR	Hartnell	43.99m	144-04	3	
	42.42m 42.95m	FOUL	43.99m FOUL	42.41m			
7	Janelle Paulo	SO	Sacramento	43.45m	142-07	2	
	42.19m 43.41m	FOUL	41.91m 43.45m	FOUL			



8	Tierney Jamison	SO	Yuba	43.35m	142-03	1
	41.58m 42.29m 43.35m 42.80m	FOUL	FOUL			
9	Anya Tonga	FR	De Anza	43.02m	141-02	
	40.21m FOUL 42.49m 42.95m 43.02m 41.96m					
10	Destiny Shepard	FR	Yuba	41.34m	135-07	
	FOUL FOUL 41.34m					
11	Erika Contreras	SO	Sacramento	40.02m	131-03	
	39.47m 39.67m 40.02m					
12	Mickie Seuga	FR	Santa Rosa	39.31m	129-00	
	FOUL 39.31m FOUL					

Preliminaries

1	Imani Bierly	SO	Yuba	49.18mq	161-04	
	45.01m 49.18m FOUL					
2	Anya Tonga	FR	De Anza	45.97mq	150-10	
	45.97m 41.16m 41.78m					
3	Breanna Lowther	SO	Modesto	45.12mq	148-00	
	45.12m 44.87m FOUL					
4	Emma Seyer	SO	De Anza	45.04mq	147-09	
	FOUL 45.04m FOUL					
5	Jayla Stevenson-Collins	SO	Yuba	44.59mq	146-03	
	43.67m 44.59m FOUL					
6	Erika Contreras	SO	Sacramento	43.25mq	141-11	
	41.87m 39.19m 43.25m					
7	Janelle Paulo	SO	Sacramento	42.29mq	138-09	
	42.29m FOUL FOUL					
8	Tierney Jamison	SO	Yuba	42.15mq	138-03	
	34.67m FOUL 42.15m					
9	Alyssa Pochop	FR	Hartnell	41.29mq	135-05	
	37.12m 41.29m FOUL					
10	Destiny Shepard	FR	Yuba	41.12mq	134-11	
	FOUL FOUL 41.12m					
11	Silvia Gutierrez	FR	De Anza	41.09mq	134-10	
	41.09m FOUL 41.02m					
12	Mickie Seuga	FR	Santa Rosa	40.35mq	132-04	
	4.00m 40.35m FOUL					
13	Adora Garrick	SO	Chabot	39.80m	130-07	
	37.86m 39.80m FOUL					
14	Tori Teraji	SO	Hartnell	39.47m	129-06	
	FOUL FOUL 39.47m					
15	Grace Horan	SO	Shasta	39.16m	128-06	
	34.62m FOUL 39.16m					
16	Airieal Perry	FR	Yuba	38.71m	127-00	
	38.71m 22.70m 37.82m					
17	Chelsea Andrade	FR	Hartnell	37.84m	124-02	
	36.47m 37.67m 37.84m					
18	Gabriela Stanford	SO	Fresno	37.29m	122-04	
	FOUL FOUL 37.29m					
19	Elizabeth Alcalá	FR	Hartnell	36.72m	120-06	
	33.16m 36.72m 34.96m					
20	Shayne Hawthorne	SO	American River	36.20m	118-09	
	35.69m 36.20m 35.95m					
21	Maria Elisa Salazar	SO	Fresno	35.77m	117-04	
	FOUL 35.77m FOUL					
22	Gabrielle Cervantes	SO	Shasta	34.78m	114-01	
	34.39m 34.78m 33.34m					
23	Grace Bruschi	FR	Redwoods	33.50m	109-11	
	FOUL FOUL 33.50m					
--	Alexandra Rodriguez	FR	Sacramento	FOUL		
	FOUL FOUL FOUL					

Women Heptathlon

	Points	100H	HJ	SP	200 Day1	LJ	JT	800
1 Moesha Davidson Fresno		14.07	1.64m	9.05m	24.42	5.44m	25.03m	2:42.09
		w: -0.8	5-04.5	29-08.25	w: 1.2		NWI	82-01
SO Team Points: 10	4774	(968)	(783)	(467)	(941) 3159	(683)	(383)	(549)
2 Melody Harris Fresno		16.12	1.46m	10.36m	26.65	5.33m	44.02m	2:38.67
		w: -1.0	4-09.5	34-00	w: 1.2		NWI	144-05
SO Team Points: 8	4555	(700)	(577)	(553)	(741) 2571	(651)	(745)	(588)
3 Julia Grimm Santa Rosa		16.30	1.61m	10.00m	26.81	5.06m	39.55m	2:39.56
		w: -0.8	5-03.25	32-09.75	w: 2.4		NWI	129-09
SO Team Points: 6	4495	(678)	(747)	(529)	(728) 2682	(576)	(659)	(578)
4 BreAnn Scally Monterey		15.44	1.61m	7.34m	26.78	4.94m	24.15m	2:40.58
		w: -0.8	5-03.25	24-01	w: 1.2		NWI	79-03
FR Team Points: 5	4093	(784)	(747)	(357)	(730) 2618	(543)	(366)	(566)
5 Dhakiya Omawahleh Sequoias		17.50	1.43m	10.33m	27.27	4.87m	30.02m	2:37.77
		w: -1.0	4-08.25	33-10.75	w: 1.2		NWI	98-06
FR Team Points: 4	3926	(541)	(544)	(551)	(690) 2326	(524)	(477)	(599)
6 Dorian Aberouette Ccsf		16.42	1.55m	9.18m	27.90	4.92m	19.28m	2:46.32
		w: -1.0	5-01	30-01.5	w: 2.4		NWI	63-03
SO Team Points: 3	3774	(664)	(678)	(476)	(639) 2457	(538)	(276)	(503)
7 Kelia Surrency De Anza		17.71	1.43m	7.48m	26.11	4.94m	23.40m	2:40.61
		w: -1.1	4-08.25	24-06.5	w: 1.2		NWI	76-09
FR Team Points: 2	3678	(519)	(544)	(366)	(788) 2217	(543)	(352)	(566)
8 Antonique Newson-He San Joaquin Delta		15.31	1.31m	9.13m	27.27	5.04m	19.62m	2:56.93
		w: -0.8	4-03.5	29-11.5	w: 1.2		NWI	64-04
SO Team Points: 1	3629	(801)	(419)	(473)	(690) 2383	(570)	(282)	(394)
9 Laury-Ashley Diboki San Joaquin Delta		17.60	1.43m	9.59m	27.86	4.73m	23.47m	2:42.87
		w: -1.1	4-08.25	31-05.75	w: 2.4		NWI	77-00
FR	3600	(530)	(544)	(503)	(642) 2219	(487)	(354)	(540)
10 Caitlin McCoy Butte		16.50	1.25m	7.66m	27.82	4.17m	19.41m	2:38.89
		w: -1.0	4-01.25	25-01.75	w: 2.4		NWI	63-08
SO	3246	(654)	(359)	(377)	(645) 2035	(347)	(278)	(586)
11 Joy Bragg San Joaquin Delta		18.09	1.25m	7.66m	28.60	4.37m	19.68m	2:54.75
		w: -1.1	4-01.25	25-01.75	w: 2.4		NWI	64-07
SO	2893	(479)	(359)	(377)	(584) 1799	(396)	(283)	(415)
DNF Katelyn Allen San Joaquin Delta		18.87	1.31m	7.03m	26.81	4.30m	DNS	DNS
		w: -1.1	4-03.5	23-00.75	w: 2.4		NWI	
FR		(402)	(419)	(337)	(728)	(379)	(0)	(0)