

Southern California Community College Regional Track & Field Championships • Los Angeles, CA • May 17, 1969

1. LACC 69; 2. SD Mesa 45; 3. Bakersfield 42; 4. LA Valley 31; 5. East LA 30; 6. Golden West 28; 7. San Bernardino 26; 8. Pasadena 24; 9T. Santa Ana, Mt. SAC 22; 11T. Compton, Riverside 20; 13. Palomar 18½; 14. Chaffey 16; 15. Long Beach 15; 16. Cerritos 13; 17. Ventura 11; 18. Fullerton 10; 19. LA Pierce 8; 20. LA Harbor 7; 21T., Mira Costa, San Diego 4; 23. Moorpark 3; 24T. Grossmont, Southwestern 2; 26T. LA Southwest, El Camino, Imperil Valley 1; 29. Victory Valley ½.

100y

1. Bob Ballard	Cerritos	9.6
2. Ernest London	LACC	9.7
3. Daniel Moore	East LA	9.7
4. Willie Deckard	LACC	9.7
5. Eddie Steward	Santa Ana	9.9
6. Leon Brown	LACC	9.9

220

1. Daniel Moore	East LA	21.3
2. Willie Deckerd	LACC	21.4
3. Eugene Jones	LACC	21.4
4. Ernest London	LACC	21.5
5. Ralph Lavage	Grossmont	21.6
6. Eddie Steward	Santa Ana	21.6

440

1. Roger Aldridge	Riverside	48.6
2. Gary Nickerson	LACC	48.9
3. Jim Thomas	Long Beach	49.2
4. Albert Fennell	SD Mesa	49.3
5. Wayne Stevenson	LACC	49.5
6. Tim Hayes	LA Pierce	49.5

880

1. Jim Estes	LA Valley	1:52.0
2. Pancho Enriquez	Palomar	1:52.9
3. Clark Diamond	SD Mesa	1:52.9
4. Bruce Sutherland	Pasadena	1:53.1
5. Arthur Martinez	East LA	1:53.1
6. Wim Vandenberg	Fullerton	1:54.3

Mile

1. Mike Wagenbach	LA Valley	4:07.6
1. Jim Estes	LA Valley	4:07.6
3. Keith Strodl	Santa Ana	4:10.3
4. Allen Hinkle	Mt. SAC	4:11.4
5. Dewey Swan	Southwestern	4:15.5
6. Dave Buck	Fullerton	4:16.0

2 Mile

1. Rick Hitchcock	Bakersfield	8:59.6
2. Rick Muth	Santa Ana	9:01.2
2. Nick Rosner	Pasadena	9:01.2
4. Bob Macias	LA Pierce	9:02.6
5. Frank Rodriguez	Bakersfield	9:04.6
6. Tim Tubb	Moorpark	9:12.0

120 HH

1. Lance Babb	LACC	14.3
2. Dave McLucas	Ventura	14.3
3. Jim Seymour	Golden West	14.4
4. Tom Ries	Palomar	14.7
4. Gary Amar	Ventura	14.7
6. James Williams	LA Southwest	14.9

440 IH (new event)

1. Jim Seymour	Golden West	52.0
2. Henry Shipes	Bakersfield	52.9
3. Don Bajima	SD Mesa	53.6
4. Tom Ries	Palomar	53.9
5. Roger Vignocchi	Chaffey	54.1
6. Alan Tobin	Long Beach	54.5

440 Relay

1. LACC	41.3
(Lance Babb, Ernest London, Wayne Stevenson, Willie Deckard)	
2. San Bernardino	41.9
(Curtis Biggers, John Cain, Victor Holloway, Don Wesley)	
3. Bakersfield	41.9
(Rufus Morris, Henry Snipes, Ron Ricks, Vincent Ladd)	
4. Golden West	42.0
(Doug Johnson, Don Knudson, Phil Agee, Don Harris)	
5. Cerritos	42.5
6. LA Harbor	42.5

Mile Relay

1. SD Mesa	3:15.9
(James King, Don Bajema, Albert Fennell, Clark Diamond)	
2. LACC	3:16.3
(Wayne Stevenson, Lance Babb, Leon Brown, Gary Nickerson)	
3. Chaffey	3:17.0
(Frank Cervantes, Steve Basay, Jerry Fellows, Earl Chandler)	
4. Palomar	3:18.3
(Ron Figueroa, Larry Hall, Frank Enriquez, Tom Ries)	
4. LA Valley	3:18.3
(Ted Marcinko, Ed Deal, Bob Nelson, Jim Estes)	
6. East LA	3:18.7

High Jump

1. Steve Lang	East LA	6-10
2. Don Shields	Golden West	6-8
3. John Watson	Long Beach	6-8
4. Larry Hollins	Mira Costa	6-8
5. Rick Dyess	Moorpark	6-4
6. Don Atkinson	Victor Valley	6-4
6. Pat Mallman	Palomar	6-4

Pole Vault

1. Vic Dias	Riverside	16-0
2. Bob Richards	Mt. SAC	16-0
3. Ed Ellett	Santa Ana	15-6
4. Jeff Sakala	LA Pierce	15-0
5. Greg Smithy	Long Beach	14-6
6. Alan Mann	Pasadena	14-6

Long Jump

1. Arnie Robinson	SD Mesa	24-7
2. Lawrence Diggs	San Bernardino	24-5¾
3. Gary Moody	Pasadena	24-3
4. Gerald Jones	San Bernardino	23-11¾
5. Rufus Morris	Bakersfield	23-10¼
6. Carl Anderson	East LA	23-9¼

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Triple Jump

1. Robert Reader	Bakersfield	49-2½
2. Arnie Robinson	SD Mesa	47-10
3. Wayne King	Fullerton	46-9
4. Lawrence Diggs	San Bernardino	46-7¼
5. Gerald Jones	San Bernardino	45-10½
6. Mike Hausman	Fullerton	45-9¾

Discus

1. Gary O'Sullivan	Compton	162-8
2. Dwight Scruggs	Mt. SAC	160-0
3. Pete Kvesic	LA Harbor	158-0
4. Greg Art	Bakersfield	157-8
5. Bernie Miller	Mt. SAC	156-7
6. James Haywood	SD Mesa	156-1

Shot Put

1. Gary O'Sullivan	Compton	56-2¼
2. Ernie Cathcart	Chaffey	55-9
3. Ed Howard	Pasadena	53-5½
4. Hank Lenyoun	San Diego	51-2¾
5. Steve Cleeland	Fullerton	50-11¼
6. Rudy Juarez	Cerritos	50-7¾

Javelin (exhibition)

1. Dave Camero	Santa Ana	202-2
2. Rufus Scruggs	Mt. SAC	198-1
3. Bernie Miller	Mt. SAC	197-8
4. Lucky Fleming	Grossmont	193-8½
5. Pete Jones	SD Mesa	189-11
6. Don Bajema	SD Mesa	184-4½