

**Southern California Community College Regional Track and Field Championship • Ontario, CA • May 18, 1974**

1. Fullerton 66; 2T. West LA, LACC 46; 4. El Camino 42; 5. Long Beach 40; 6T. LA Southwest, Grossmont 39; 8. SD Mesa 27; 9. Mt. SAC 25; 10. Glendale 24; 11. LA Harbor 17; 12. LA Pierce 16; 13. Citrus 15; 14T. Cerritos, Rio Hondo 12; 16. Chaffey 11; 17. Moorpark 10; 18T. Cypress, Orange Coast, LA Valley, Bakersfield 8; 22. Hancock 7; 23. LA Trade Tech 6; 24T. Compton, Santa Barbara 4; 26T. Canyons, Palomar 1.

<b><u>100y</u></b>			<b><u>440 IH</u></b>		
1. Orlando Johnson	West LA	9.3	1. Rick Steele	Glendale	53.2
2. Bruce Smiley	Long Beach	9.4	2. Otis Fisher	LA Harbor	54.1
3. Michael Bush	West LA	9.5	3. Mark Van Iderstein	Fullerton	54.7
4. Rick Wilmoth	Citrus	9.5	4. Chuck Lowe	Santa Barbara	55.3
5. Paul White	LA Southwest	9.6	5. Randy Smith	LA Pierce	55.4
6. Donald Miller	LACC	9.9	6. Russell Nelson	Canyons	
<b><u>220</u></b>			<b><u>Steeplechase (new event, exhibition)</u></b>		
1. Orlando Johnson	West LA	20.9	1. Tim Kirkpatrick	LA Pierce	9:38.8
2. Bruce Smiley	Long Beach	21.0	2. Mark Lotich	Mt. SAC	9:41.2
3. Randy Benson	Fullerton	21.0	3. Steve Laird	Palomar	9:41.2
4. Rick Wilmoth	Citrus	21.2	4. Alberto Bazan	Imperial	9:42.9
5. Michael Bush	West LA	21.2	5. Howard Burgess	Fullerton	9:46.2
6. Karl Farmer	LA Southwest	21.5	6. Martinez	LA Southwest	9:54.2
<b><u>440</u></b>			<b><u>440 Relay</u></b>		
1. Albert Shorts	Long Beach	48.3	1. LA Southwest	41.8	
2. Randy Benson	Fullerton	48.5	2. LACC	42.0	
3. Karl Farmer	LA Southwest	48.8	3. LA Trade Tech	42.3	
4. Mike McZeal	LA Southwest	49.0	4. Compton	42.4	
5. Jim Smith	LA Southwest	49.3	5. LA Harbor	42.4	
6. Bennie Myles	LA Harbor	49.4			
<b><u>880</u></b>			<b><u>Mile Relay</u></b>		
1. Albert Sweeney	LACC	1:53.7	1. LA Southwest	3:13.9	
2. Jeff Haynes	Long Beach	1:53.7	(Paul White, Mike McZeal, Jim Smith, Karl Farmer)		
3. Steve Wulf	LA Pierce	1:56.0	2. Fullerton	3:14.4	
4. Glenn Fox	Rio Hondo	1:56.4	3. LA Harbor	3:14.7	
5. Dave Groff	Citrus	1:57.8	(Otis Fisher, Clarence Pasey, Adlai Hayes, Bennie Myles)		
6. Tim Costa	Hancock	1:58.3	4. Bakersfield	3:16.5	
			(Frank Durham, Art Bell, Dave Gaeta, Larry Boen)		
			5. Mt. SAC	3:17.3	
			6. LACC	3:17.4	
<b><u>Mile</u></b>			<b><u>High Jump</u></b>		
1. Bruce Hellebrand	Moorpark	4:11.0	1. Tony Madau	Fullerton	6-10
2. Mike Avrea	El Camino	4:12.6	2. Jim Geddes	SD Mesa	6-8
3. Earl Robinson	West LA	4:13.5	3. Steve Miller	Mt. SAC	6-6
4. Bob Wilson	Grossmont	4:18.6	3. Terry Gardne	Long Beach	6-6
5. Jess English	Cerritos	4:18.8	5. Jesse Hill	LACC	6-6
6. Steve Koenig	Mt. SAC		6. Rick Moore	Long Beach	6-6
<b><u>3 Mile</u></b>			<b><u>Pole Vault</u></b>		
1. Harold Marshall	El Camino	14:15.2	1. Hubert Black	LACC	15-6
2. Cliff Morden	LA Valley	14:17.0	2. Carlos Garcia	Glendale	15-6
3. Gary Close	Grossmont	14:19.4	3. Mike Drouin	Hancock	15-0
4. Tomas Rodriguez	El Camino	14:26.4	4. Larry Johnson	Glendale	15-0
5. Mike Breen	Grossmont	14:33.0	5. Walt Scroggy	Mt. SAC	15-0
6. Steve Walsh	El Camino	14:46.6	6. Matt Wagner	Chaffey	15-0
<b><u>120 HH</u></b>			<b><u>Long Jump</u></b>		
1. Ricardo Hall	LACC	14.4	1. Dan Carter	El Camino	24-8¼
2. Ron Houston	El Camino	14.5	2. Bill Wilkinson	SD Mesa	24-4½
3. Chris Hallmon	Grossmont	14.5	3. Allan Hollis	West LA	24-2½
4. Paul White	LA Southwest	14.6	4. John Tigner	Chaffey	23-8
5. Gary Stel	Mt. SAC	14.6	5. John Turek	Fullerton	23-5¾
6. Dwight Owens	Mt. SAC	14.6	6. Freeman	El Camino	23-4

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### Triple Jump

1. Doug Baldwin	Grossmont	49-8¼
2. Jeff Hutton	Fullerton	49-5½
2. Tony Lewis	Chaffey	49-5½
4. Andre Jackson	Bakersfield	48-11
5. Ehricke Scott	Mt. SAC	48-10½
6. Al McClure	Palomar	48-8½

### Shot Put

1. Bruce Adams	SD Mesa	58-3½
2. John Nomis	LA Pierce	56-0
3. Marl Murray	Fullerton	53-5½
4. Bruce Brooks	LACC	52-8¾
5. Steve Albright	Glendale	51-3½
6. Bob Rule	SD Mesa	50-7

### Discus

1. Marl Murray	Fullerton	165-10
2. Steve Brown	Cypress	163-1
3. Ron Dumphy	Cerritos	159-8
4. Gary Costello	Citrus	156-7
5. Alex Covarruvis	Fullerton	156-3

### Javelin (1<sup>st</sup> year as a scoring event)

1. Dave Krogh	Mt. SAC	233-11
2. Tony Ciarelli	Orange Coast	225-0
3. Larry Shively	Rio Hond	220-5
4. Mike Spoolstra	Cerritos	218-4
5. Bob Mitre	Rio Hondo	210-8
6. Steve Jarvis	Citrus	202-9