

Southern California Community College Regional Track & Field Championship • Bakersfield, CA • May 24, 1975

1. Bakersfield 56; 2. Glendale 50; 3. Mt. SAC 39; 4T. LA Harbor, Grossmont 27; 6T. LACC, Citrus 22; 8. Pasadena 21; 9T. El Camino, LA Pierce 20; 11. LBCC 19; 12. Canyons 18; 13T. SBCC, East LA 17; 15T. SD Mesa, Fullerton 16; 17T. San Bernardino, Santa Ana 14; 19. Palomar 13; 20. LA Trade Tech 11; 21T. LA Southwest, Ventura 10; 23T. Moorpark, Victor Valley, Desert 8; 26T. LA Valley, Cerritos 6; 28. Hancock 5; 29T. Mira Costa, Rio Hondo 4; 31. Hancock 2.

<u>100y</u>			<u>440 IH</u>		
1. Bob Triplett	Bakersfield	9.6	1. Grant Niederhaus	Pasadena	51.3
2. Greg County	Santa Barbara	9.6	2. Rick Steele	Glendale	51.8
3. Doug Parrell	Santa Ana	9.8	3. Rhan Sheffield	East LA	52.5
4. Pat Cranor	Citrus	9.9	4. Tony Estaban	Glendale	53.2
5. Andrew Waller	San Bernardino	9.9	5. Dwight Owens	Mt. SAC	53.3
6. Mike Gore	Pasadena	9.9	6. Bill Turner	LA Harbor	53.6

<u>220</u>			<u>Steeplechase (exhibition)</u>		
1. Pat Cranor	Citrus	21.4	1. Howard Burgess	Fullerton	9:24.0
2. Doug Parrell	Santa Ana	21.5	2. Humberto Barajas	Palomar	9:27.0
3. Mike Cornell	SD Mesa	21.6	3. Dennis Wilson	Grossmont	9:27.4
4. James Perry	East LA	21.9	4. Tim Kirkpatrick	LA Pierce	9:34.8
5. Jesse Whitmire	LA Pierce	22.0	5. Lolich	Mt. SAC	9:40.0
6. Greg County	Santa Barbara	22.2	6. Ted Van Arsdale	Fullerton	9:46.1

<u>440</u>			<u>440 Relay</u>		
1. Bennie Myles	LA Harbor	47.0	1. LA Harbor	41.2	
2. Donald Miller	LACC	47.1	(Rick Howard, Lamidas Mack, Clarence Pasley, Bennie Myles)		
3. Art Bell	Bakersfield	47.3	2. Santa Barbara	41.2	
4. Gerald Peete	Long Beach	48.3	(Greg County, Phil Pipersburg, Charles Jones, Weldon Nomura)		
5. Calvin Dupleasis	Citrus	48.6	3. Bakersfield	41.2	
6. John Greasham	Bakersfield	49.1	4. LACC	41.4	
			5. Mt. SAC	41.4	
			6. LA Trade Tech	42.0	

<u>880</u>			<u>Mile Relay</u>		
1. Jeff Haynes	Long Beach	1:49.6	1. Pasadena	3:11.8	
2. Mark Perry	SD Mesa	1:50.4	(John Barnes, Darryl McLaurin, Mike Gore, Grant Niederhaus)		
3. Dan Barry	LA Pierce	1:51.1	2. Bakersfield	3:11.9	
4. Glenn Fox	Rio Hondo	1:51.3	(Jesse Pena, Bob Triplett, Art Bell, John Greasham)		
5. Dan LaGorio	LA Pierce	1:51.7	3. Mt. SAC	3:12.9	
6. Phil Wingard	Fullerton	1:51.9	4. LA Harbor	3:14.7	
			(Michael Allen, Donald Woods, Lamidas Mack, Bennie Myles)		
			5. Long Beach	3:14.7	
			(Larry Flewellen, Michael Gilliam, Jeff Haynes, Gerald Peete)		
			6. East LA	3:16.5	

<u>Mile</u>			<u>High Jump</u>		
1. Terry Cotton	Grossmont	4:05.4	1. Rich Parks	Glendale	6-10
2. Jan Nilsson	Palomar	4:05.8	2. Steve Larusch	Glendale	6-10
3. Richard Burns	Canyons	4:06.8	3. Randy Powell	Cerritos	6-8
4. George Pullen	Grossmont	4:07.3	4. Vic Churchill	Canyons	6-8
5. Jose Saavedra	Fullerton	4:07.9	5. Jim Geddes	SD Mesa	6-8
6. Dan Rock	Fullerton	4:09.4	6. Bill Bunting	Grossmont	6-8

<u>3 Mile</u>			<u>Pole Vault</u>		
1. Vicken Simonian	LACC	13:53.0	1. Jim Knaub	El Camino	16-0
2. Bob Thomas	Glendale	13:56.0	2. Bill Jorgenson	Palomar	15-0
3. Cliff Morden	LA Valley	14:00.0	2. Kevin French	Mt. SAC	15-0
4. Armando Cendejas	Fullerton	14:00.0	2. Craig Robinson	LA Trade Tech	15-0
5. Gary Close	Grossmont	14:01.2	2. Tori Lewis	Hancock	15-0
6. Kirk Pfeffer	Grossmont	14:06.0	6. Keith Adams	LA Trade Tech	15-0

<u>120 HH</u>		
1. Paul White	LA Southwest	14.5
2. Andre Hall	Mt. SAC	14.5
3. Arthur Richardson	East LA	14.7
4. David Gaeta	Bakersfield	14.7
5. Dwight Owens	Mt. SAC	14.8
6. Jim Hampton	Desert	14.9

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Long Jump

1. Bruce Smith	Ventura	24-2 $\frac{3}{4}$
2. Dave Brown	Victor Valley	23-7 $\frac{1}{4}$
3. Harold Carter	Citrus	23-7 $\frac{1}{4}$
4. Brooks	Mira Costa	23-6 $\frac{1}{4}$
5. Bill Tolbert	Grossmont	23-3 $\frac{3}{4}$
6. O.C. Johnson	Bakersfield	22-10 $\frac{1}{4}$

Discus

1. Marcus Gordien	San Bernardino	171-6
2. Ron Engle	Canyons	163-6
3. Willie Harris	Bakersfield	153-11
4. Coleman Kells	Fullerton	153-6
5. Steve Smith,	LA Harbor	152-11
6. Rodney Palla	Bakersfield	150-1

Triple Jump

1. David Quick	Bakersfield	49-2 $\frac{1}{4}$
2. Stan Bland	Mt. SAC	48-7 $\frac{3}{4}$
3. Ehricke Scott	Mt. SAC	48-6 $\frac{3}{4}$
4. Gregory Magee	LA Trade Tech	48-4 $\frac{1}{2}$
5. Ocie Wyatt	Bakersfield	48-2 $\frac{1}{4}$
6. Bill Tolbert	Grossmont	47-5

Javelin

1. Bill Stanegel	El Camino	211-5
2. Fred Vance	Moorpark	204-10
3. Mike Seiman	Desert	199-2
4. Hodges	Glendale	197-5
5. Howard Barbee	Long Beach	196-4
6. Roger Kibbee	Desert	195-8

Shot Put

1. John Nomis	LA Pierce	53-4
2. Lon Iacopetti	Glendale	52-11 $\frac{1}{2}$
3. Curt Hampton	Grossmont	52-10
4. Joe Moretti	Fullerton	52-9 $\frac{1}{2}$
5. Marcus Gordien	San Bernardino	52-2
6. Don Baxter	LA Harbor	51-11 $\frac{3}{4}$