

Southern California Community College Regional Track & Field Championship

El Camino College May 13, 1977

Women: 1. Ventura 71; 2. Santa Barbara 70; 3. Compton 65; 4. Orange Coast 48; 5. Bakersfield 42; 6. El Camino 31; 7. Hancock 24; 8. Golden West 22; 9. Mt. SAC 18; 10. LA Southwest 16.

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Men: 1. Pasadena 61; 2. Grossmont 59½; 3T. Fullerton, Bakersfield 52; 5. Palomar 50; 6. Long Beach 31; 7T. West LA, Compton 26; 9. El Camino 25; 10. Mt. SAC 22; 11T. San Diego, Chaffey, Citrus 16; 14T. SD Mesa, LA Valley 15; 16T. Moorpark, LA Harbor 12; 18T. Canyons, Oxnard, Ventura, Santa Monica 10; 22. Southwestern 9½; 23. Glendale 8½; 24T. Cypress, East LA 8; 26T. LACC, Riverside 4; 28T. Cerritos, Desert 1.

Women

100m

1. Gail Douglas	Compton	11.6
2. Phyllis Elmore	Compton	12.2
3. Lanessa Jones	LA Southwest	12.3
4. Vanessa Thompson	San Diego	12.5

200

1. Gail Douglas	Compton	25.0
2. Melissa Quicke	Ventura	25.2
3. Leedia Hunter	Compton	25.4
4. Barbara Smith	Santa Barbara	25.5
5. Vanessa Thompson	San Diego	25.6
6. Yvette Evans	El Camino	26.3

400

1. Melissa Quicke	Ventura	55.4
2. Kathy Keys	Golden West	56.0
3. Barbara Smith	Santa Barbara	56.4
4. JoEllen Sheelar	Orange Coast	57.2

800

1. Cynthia Sharp	Santa Barbara	2:19.9
2. Kathy Keys	Golden West	2:21.3
3. Adams	Orange Coast	2:23.3
4. Kurz	Ventura	2:28.0

1500

1. Joyce Dando	Hancock	4:57.6
2. Carla Gonzales	Bakersfield	5:02.0
3. Nancy Ramirez	Ventura	5:03.5
4. Evelyn Kane	Santa Monica	5:03.6
5. Kathy LangDoc	Southwestern	nt
6. Cynthia Sharp	Santa Barbara	5:36.2

3000

1. Joyce Dando	Hancock	11:05.8
2. Nancy Ramirez	Ventura	11:09.1
3. Teresa Jackson	Santa Barbara	11:12.2
4. Kathy LangDoc	Southwestern	11:25.0
5. Roslie O'Neil	Golden West	12:27.2
6. Faith Hendrike	Compton	13:15.4

100 Hurdles

1. Cindy Banks	Santa Barbara	15.5
2. Leedia Hunter	Compton	15.6
3. Angela Brinkman	Mt. SAC	16.0
4. Kathy Schmidt	Hancock	16.7
5. Karen Taylor	San Diego	16.8
6. Sue Kaskus	Moorpark	17.0

Women

400 Hurdles

1. Mary Beth Marks	El Camino	65.5
2. Laine Vilensky	Southwestern	66.7
3. JoEllen Sheelar	Orange Coast	67.0
4. Signe Carlson	Orange Coast	67.2
5. Angela Brinkman	Mt. SAC	69.1
6. Cathy Marino	Orange Coast	73.7

400 Relay

1. Compton	47.1
2. Santa Barbara	49.4
3. El Camino	49.5
4. Ventura	49.7
5. San Diego	49.8
6. Pasadena	52.3

Mile Relay

1. Ventura	4:01.2
2. Santa Barbara	4:03.5
3. Orange Coast	4:08.1
4. Bakersfield	4:10.2
5. San Diego	4:13.2
6. Hancock	4:14.8
6. Compton	4:14.8

High Jump

1. Angela Brinkman	Mt. SAC	5-0
2. Charlotte Tabyosavit	Bakersfield	5-0
3. Ruth Vomund	Ventura	4-10
4. Marilu Bueker	Golden West	4-10
5. Patti Carmen	Santa Barbara	4-8
5. Char Holway	Glendale	4-8
5. Gail Douglas	Compton	4-8

Long Jump

1. Lanessa Jones	LA Southwest	18-5¾
2. Gail Douglas	Compton	17-6¼
3. Karen Taylor	San Diego	17-5¾
4. Yvette Evans	El Camino	17-4½
5. Laurie Easter	Ventura	17-3½
6. Leedia Hunter	Compton	16-8⅞
7. Cindy McBride	Ventura	16-7
8. Joyce Bell	San Diego	15-9¾

Shot Put

1. Farrilyn Gaston	Bakersfield	39-11
2. Julie Flynn	Pasadena	39-8
3. Becky Daniel	Orange Coast	39-7
4. Terry Grudzinskas	LA Harbor	39-7
5. Liza Dock	Ventura	39-5
6. Minda Romero	Bakersfield	36-4
7. Michelle Withrow	Bakersfield	35-9
8. Paula Foran	Pasadena	35-0

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Women

Discus

1. Cindy Banks	Santa Barbara	137-9
2. Becky Daniel	Orange Coast	134-3
3. Marina Gomez	Santa Barbara	125-3
4. Minda Romero	Bakersfield	125-1
5. Farrilyn Gaston	Bakersfield	119-7
6. Rosemary Mello	Bakersfield	117-9
7. Liza Dock	Ventura	110-5
8. Adrana Allen	Compton	109-6

Javelin

1. Pam Parizo	Ventura	134-4½
2. Marcie Ludes	El Camino	127-0
3. Becky Daniel	Orange Coast	123-0
4. Vicki Krueger	Southwestern	113-5½
5. Kelly Maxwell	Bakersfield	113-1
6. Nancy Warmesley	Compton	105-10
7. Cindy Matthews	Ventura	102-7¾
8. Adrana Allen	Compton	96-10¾

Men

100m

1. Houston McTear	Santa Monica	10.10
2. Ricki Jackson	Pasadena	10.22
3. J.T. Carr	Compton	10.23
4. Billy Mullins	West LA	10.34
5. Dennie Scott	LACC	10.39
6. Kevin Jackson	Pasadena	10.49

200

1. Billy Mullins	West LA	20.60
2. Ed Wright	Pasadena	21.29
3. Ron Edmerson	San Diego	21.39
4. Gary Ewell	Riverside	21.50
5. Danny Clash	Pasadena	21.63
6. Dennis Baldwin	Pasadena	21.63

400

1. Ron Harris	Ventura	47.70
2. Steve Riggins	Grossmont	47.80
3. Ron Vinson	Chaffey	48.15
4. Jeffrey Sexton	Compton	48.47
5. Hunt	Glendale	48.95
6. Smith	San Diego	49.07

800

1. Tim Costa	Fullerton	1:50.00
2. Steve Tyler	Mt. SAC	1:51.40
3. Bob Short	Palomar	1:52.28
4. Steve Dyer	Fullerton	1:52.48
5. Paul Becklund	Grossmont	1:54.46
6. Sam Sawney	Pasadena	1:54.68

Men

1500

1. Perry Kleinsasser	Citrus	3:49.70
2. Chuck Hattersley	Grossmont	3:49.70
3. Jon Albrecht	Fullerton	3:51.59
4. Scott Blackburn	Moorpark	3:51.60
5. Mark Fessenden	Fullerton	3:51.89
6. Cedric Sutton	Desert	3:53.06

5K

1. Ed Ramirez	Oxnard	14:33.20
2. Kevin Burkin	LA Valley	14:39.25
3. Gary Hernandez	SD Mesa	14:44.24
4. Shannon Laird	Palomar	14:51.68
5. Sal Godinez	Pasadena	15:02.65
6. Joe Tipton	Palomar	15:07.86

10,000

1. Robby Bray	Bakersfield	31:15.71
2. Tom Zinger	Moorpark	31:18.05
3. Glenn Best	Grossmont	31:26.22
4. Chuck Hughes	Grossmont	31:54.79
5. Jon Cory	Glendale	32:02.95
6. Robert Burch	San Diego	32:37.94

110 HH

1. Tom Turner	Fullerton	14.20
2. Roland Siai Siai	Palomar	14.27
3. Ron Glenn	East LA	14.33
4. Todd Kaberlin	Mt. SAC	14.34
5. Anthony Greene	Mt. SAC	14.38
6. Ned Armour	SD Mesa	14.66

400 IH

1. Walter Pratt	Bakersfield	51.60
2. Elvester Strong	Pasadena	51.97
3. Clarence Hopper	Long Beach	52.46
4. Anthony Young	Compton	52.76
5. Tom Harris	Canyons	53.05
6. Reimon Fundin	Palomar	54.89

3KSteeplechase

1. Shannon Laird	Palomar	9:07.60
2. John Brennemen	Canyons	9:15.76
3. Mike Lebbold	Grossmont	9:24.19
4. Greg Dean	Fullerton	9:25.17
5. Phil Steinberger	Citrus	9:35.54
6. Jim Austin	Grossmont	9:43.57

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Men

400 Relay

1. West LA	41.70
<small>(Eric Johnson, Anthony Basley, Ronnie Lee, Billy Mullins)</small>	
2. San Diego	41.84
3. Compton	42.06
4. Palomar	42.10
5. LACC	42.21
6. LA Valley	42.59

1600 Relay

1. Grossmont	3:15.20
<small>(Demme Wilson, Scott Gillett, Craig Evans, Steve Riggins)</small>	
2. Bakersfield	3:16.43
3. LA Valley	3:17.20
4. Fullerton	3:17.77
5. Mt. SAC	3:19.29
6. Pasadena	3:20.04

High Jump

1. Todd Ward	Bakersfield	6-11
2. Dwayne Joseph	El Camino	6-10
3. Doug Reinhart	SD Mesa	6-10
3. Kelly Johnson	Citrus	6-10
3. David Henderson	Bakersfield	6-10
6. Bob Boller	Glendale	6-10
6. Jim Finney	Grossmont	6-10

Pole Vault

1. Charlie Brown	El Camino	17-0
2. Dave Nelson	LA Harbor	16-6
3. Jon Warner	El Camino	16-0
4. Kimmo Jokivartio	Pasadena	15-6
5. John Clemmons	LA Harbor	15-6
6. Stewart Foster	Saddleback	15-6

Men

Long Jump

1. Marcus Jennings	Chaffey	25-3
2. Tom Mitchell	Pasadena	24-6
3. Alvin Spencer	Compton	24-6
4. Ned Armour	SD Mesa	24-5
5. Bobby Jones	East LA	24-5
6. Jeff Clingan	Cerritos	24-1

Triple Jump

1. Chris DeFrance	Bakersfield	49-4½
2. Greg Riley	Pasadena	49-3
3. Gerald Halcomb	Long Beach	48-11½
4. Kevin Dorrell	Grossmont	48-4½
5. Kenny Hayes	Pasadena	48-1
6. Dwayne Joseph	El Camino	47-0

Shot Put

1. Dave Fuller	Long Beach	60-5¾
2. Steve Summers	Pasadena	59-2½
3. John Logsdon	Fullerton	55-8¾
4. Paul Johnson	Fullerton	53-3½
5. Eric Grow	Fullerton	53-2½
6. Paul Fuller	Long Beach	51-6¾

Discus

1. Kris Lettow	Grossmont	173-0
2. Richard Stewart	Cypress	163-10
3. Dave Fuller	Long Beach	162-10
4. McCauley	Glendale	157-5
5. Paul Fuller	Long Beach	157-5
6. Paul Bishop	West LA	156-5

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Javelin

1. Luc Laperriere	Palomar	243-9
2. Wayne Guy	Southwestern	237-8
3. Tom Petranoff	Palomar	228-3
4. Mark Booth	Mt. SAC	227-0
5. Chris Johnson	Mt. SAC	223-5
6. Charles Andrews	West LA	210-0