

## Southern California Community College Regional Track & Field Championship • Walnut, CA • May 20, 1978

**Men:** 1. Pasadena 101; 2. Long Beach 40; 3. Mt. SAC 37 4. Grossmont 35; 5T. LA Pierce, El Camino 34; 7. Fullerton 30; 8. Cypress 23; 9. Bakersfield 22; 10T. Golden West, Glendale, Palomar 20; 13. LA Southwest 19; 14T. West LA, Compton 17; 16. LA Valley 15; 17T. Canyons, Cerritos, Hancock 12; 20. LACC 11; 21. San Diego 9; 22T. Santa Ana, Ventura 8; 24. San Diego 7; 25. LA Trade Tech 5; 26. Santa Monica 4; 27T. Southwestern, Oxnard 2; 29. LA Harbor 1.

**Women:** 1. Mt. SAC 66; 2. Orange Coast 54; 3. Bakersfield 42; 4. Santa Barbara 38; 5. Citrus 32; 6. Ventura 28; 7. San Diego 25; 8. Golden West 22; 9. El Camino 21; 10T. Southwestern, Pasadena, Compton 20; 13. Long Beach 12; 14. West LA 10; 15T. Moorpark, Hancock 8; 17. LACC 6; 18. East LA 5; 19. Canyons 4; 20. Santa Monica, LA Valley 1.

### Men

#### 100m (race wind-aided)

1. Houston McTear	Cerritos	9.9
2. Ardes Gardner	Fullerton	10.1
3. Steven Holder	LACC	10.2
4. Perry Johnson	Golden West	10.3
5. Daryl Sidney	Long Beach	10.4
6. Jon Smith	Pasadena	10.5

#### 200 (race wind-aided)

1. Gary Williams	Pasadena	20.79
2. Daryl Sidney	Long Beach	20.94
3. Rodney Goosby	Pasadena	21.28
4. Perry Johnson	Golden West	21.41
5. Steven Holder	LACC	21.70
6. Stan Webster	Mt. SAC	21.71

#### 400

1. Ron Williams	LA Pierce	46.50
2. Dean Greenaway	Pasadena	47.19
3. Ron Harris	Ventura	47.69
4. Terry Nash	Fullerton	48.02
5. Henry Williams	Long Beach	48.2
6. Williams	SD Mesa	48.4

#### 800

1. Ed Wright	Pasadena	1:51.4
2. Robert Williams	Compton	1:52.3
3. Rochester Hopeton	Compton	1:52.9
4. Jeff Sanders	West LA	1:53.0
5. Mike Armbruster	Compton	1:53.4
6. Paul Anderson	LA Harbor	1:55.1

#### 1500

1. Robert Angel	Golden West	3:52.8
1. Kevin Lundgren	Hancock	3:52.8
3. Barry Boettcher	Mt..SAC	3:53.5
4. Jim Triplett	Long Beach	3:54.8
5. Art Grasso	El Camino	3:54.8
6. Dave Eagle	Glendale	

#### 5K

1. Steve Ortiz	Grossmont	14:44.7
2. Angel Carrillo	Bakersfield	14:58.8
3. Jiminez	Pasadena	15:07.7
4. Mike Roza	Chaffey	15:14.7
5. Frankie Gonzalez	Pasadena	15:18.7
6. Bill Hendrick	San Diego	15:22.5

#### 10K

1. Kevin Burkin	LA Valley	30:13.8
2. Chris Hughes	Grossmont	30:31.2
3. Brian Blue	Grossmont	30:44.2
4. Greg Parks	LA Valley	30:47.2

### Men

#### 110 HH

1. Russell Higgins	El Camino	14.2
2. Jeff Boyd	LA Southwest	14.29
3. Rodney Love	LA Pierce	14.58
4. Derek Robinson	Long Beach	14.64
5. Robert Nowden	Mt. SAC	14.67
6. Monte Embry	West LA	14.70

#### 400 IH

1. Jeff Boyd	LA Southwest	51.91
2. Rodney Love	LA Pierce	52.40
3. Terry Richardson	Pasadena	52.44
4. Russell Higgins	El Camino	52.75
5. Mike O'Malley	Cerritos	53.91
6. Reed	SD Mesa	54.1

#### Steeplechase

1. Mark Lewis	Glendale	9:13.4
2. Raul Aguero	Santa Ana	9:14.2
3. Chris Ljung	Palomar	9:15.8
4. Eero Keranen	Hancock	9:16.3
5. Steve Brumwell	LA Valley	9:25.0
6. Wally Buckingham	Grossmont	9:29.2

#### 400 Relay

1. Long Beach	40.75
(Derek Robinson, Daryl Sidney, Henry Williams, Clarence Hopper)	
2. West LA	41.31
(Eric Johnson, Tom Bazely, Ron Lee, Dave Turner)	
3. San Diego	41.99
4. Mt. SAC	42.23
(Gary Walker, John Davis, Stan Webster, Harold Tassin)	
5. Ventura	42.33

#### 1600 Relay

1. Long Beach	3:11.40
(Daryl Sidney, Clarence Hopper, Gilbert Basaldua, Henry Williams)	
2. Pasadena	3:11.83
(Kenny Hays, Terry Richardson, Derrick Dancer, Dean Greenaway)	
3. Fullerton	3:14.06
(Dan King, Ardes Gardner, Brian Naughton, Terry Nash)	
4. El Camino	3:15.0
(Mike Kelly, Armond Boutte, Pat Malveaux, Russell Higgins)	
5. LACC	3:15.68
6. Compton	3:15.9

#### High Jump

1. Rod Smith	Pasadena	7-2 <sup>3</sup> / <sub>4</sub>
2. Stan Shockley	Mt. SAC	7-0 <sup>3</sup> / <sub>4</sub>
3. Boyd	LA Trade Tech	6-10 <sup>3</sup> / <sub>4</sub>
3. Doug Reinhart	SD Mesa	6-10 <sup>3</sup> / <sub>4</sub>
5. Doug Nordquist	Fullerton	6-10 <sup>3</sup> / <sub>4</sub>
6. Willie Briscoe	LACC	6-10 <sup>3</sup> / <sub>4</sub>

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<u>Men</u>			<u>Women</u>		
<b><u>Pole Vault</u></b>			<b><u>100m</u></b>		
1. Jon Warner	El Camino	16-1	<i>(100 results subject to film review)</i>		
2. John Baucke	Cypress	15-7	<b><u>200</u></b>		
2. Billy Halverson	Mt. SAC	15-7	1. Tanya Bowie	Mt. SAC	24.5
4. John Felando	El Camino	15-7	2. Wines	El Camino	24.6
5. Jeff Conkle	Cypress	15-7	3. Johnson	West LA	24.8
6. Andy Grinstead	Mt. SAC	15-1¼	4. Marimom	Orange Coast	25.1
<b><u>Long Jump</u></b>			5. Karen Wise	Ventura	25.3
1. Kenny Hays	Pasadena	25-11¼	6. Lovelady	San Diego	25.4
2. Stan Webster	Mt. SAC	25-5½	<b><u>400</u></b>		
3. Sidney Mitchell	Pasadena	24-11¼	1. Darlene Love	Santa Barbara	57.47
4. Farmer	SMCC	24-10	2. Kathy Keys	Golden West	57.49
5. James Shine	SD Mesa	24-5¾	3. Karen Wise	Ventura	57.85
6. Steve Bryant	LA Southwest	24-4¼	4. Wanda Morgan	Bakersfield	58.26
<b><u>Triple Jump</u></b>			5. Steppes	Pasadena	58.27
1. Kenny Hays	Pasadena	50-6½	6. Thompson	San Diego	58.56
2. Ricky Nichols	Bakersfield	49-7½	<b><u>800</u></b>		
3. Gary Williams	Pasadena	48-10	1. Ruth Caldwell	Citrus	2:06.8
4. Pat Chigbolu	Palomar	48-4½	2. Frannie Castro	Hancock	2:13.6
5. Mike DeCaro	Glendale	48-0¼	3. Robin Dunbar	Mt. SAC	2:15.1
6. Nate Wilford	Southwestern	47-11¾	4. Dawn Baske	Citrus	2:16.8
<b><u>Shot Put</u></b>			5. Emily Whitney	Glendale	2:18.7
1. Paul Johnson	Fullerton	56-3¾	6. Parker	Glendale	2:22.9
2. Stan Gardner	Canyons	51-6	<b><u>1500</u></b>		
3. Richard Stewart	Cypress	51-5	1. Ruth Caldwell	Citrus	4:19.2
4. Matt Fuchs	Pasadena	51-4¾	2. Emily Whitney	Glendale	4:40.7
5. Steve Futujma	Oxnard	51-2	3. Hemond	Pasadena	4:44.7
6. Vic Rakhshani	Golden West	51-1	4. Dyer	Long Beach	4:47.1
<b><u>Discus</u></b>			5. Branch	Santa Barbara	4:59.2
1. Kris Lettow	Grossmont	172-1	6. Cakebread	El Camino	5:21.0
2. Richard Stewart	Cypress	158-5	<b><u>3000</u></b>		
3. Brian McBride	Bakersfield	156-8	1. Ramirez	Ventura	10:37.8
4. Paul Bishop	West LA	156-2	2. Dyer	Long Beach	10:42.4
5. Williamson	Glendale	155-9	3. Moran	Glendale	10:45.2
6. Tom Marley	Southwestern	155-1	4. Gailey	Mt. SAC	10:49.3
<b><u>Javelin</u></b>			5. Langdoc	Southwestern	10:53.8
1. Tom Petranoff	Palomar	227-7	6. Johnson	Santa Monica	10:55.5
2. Matt Fuchs	Pasadena	223-10	<b><u>100 Hurdles</u></b>		
3. Steve Nugent	Chaffey	213-5	1. Laura Nagel	Southwestern	14.6
4. Mike Carli	Canyons	209-3	2. Linda Hightower	Mt. SAC	14.7
5. Dan Jewell	Glendale	208-10	3. Karen Taylor	San Diego	14.8
6. Stanford	Golden West	205-6	4. Cindy Banks	Santa Barbara	15.0
<b><u>Decathlon (exhibition) Held at Mt. SAC on May 1-2</u></b>			5. Reese	El Camino	15.2
1. John Young	Long Beach	6,812			
2. Dave Nelson	LA Harbor	6,764			
3. Armand Boutte	El Camino	6,509			
4. Jeff Conkle	Cypress	6,406			
5. Ed Brown	Mt. SAC	6,310			
6. Richard Edgeworth	SD Mesa	6,236			

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### Women

#### 400 Hurdles

1. Linda Hightower	Mt. SAC	63.08
2. Laura Nagel	Southwestern	63.09
3. Carlson	Orange Coast	65.70
4. Snider	LA Harbor	66.02
5. Marks	El Camino	67.4
6. Boehn	Moorpark	68.0

#### 400 Relay

1. Compton	48.2
2. Mt. SAC	48.3
3. San Diego	48.4
4. Bakersfield	48.7
5. Pasadena	48.8

#### 1600 Relay

1. Mt. SAC	3:55.8
2. Citrus	3:56.4
3. Santa Barbara	3:56.9
4. San Diego	3:57.5
5. Pasadena	3:57.6
6. Ventura	4:02.7

#### High Jump

1. Dorothy Kaizer	Bakersfield	5-3
2. Pam Banks	Golden West	5-3
3. Pharris	Moorpark	5-1
3. Aguayo	East LA	5-1
5. Reese	El Camino	5-1
6. Beurmann	Bakersfield	5-1

#### Long Jump

1. Carol Sanders	Compton	18-4½
2. Marimon	Orange Coast	17-10
3. Karen Taylor	San Diego	17-7
4. Diaz	Pasadena	17-3¼
5. Tappin	Bakersfield	17-1
6. Easter	Ventura	17-0

### Shot Put

1. Bonnie Dasse	Orange Coast	40-10½
2. Farrilyn Gaston	Bakersfield	39-11
3. Dale	LACC	39-2¾
4. Diane Amborn	Canyons	39-2
5. Denny	Moorpark	37-0½
6. Hylton	Bakersfield	36-1½

### Discus

1. Bonnie Dasse	Orange Coast	128-1
2. Farrilyn Gaston	Bakersfield	123-1
3. Cindy Banks	Santa Barbara	121-3
4. Coombs	Bakersfield	118-10
5. Dale	LACC	113-5
6. Glass	Glendale	112-1

### Javelin

1. Cindy Banks	Santa Barbara	133-2
2. Bonnie Dasse	Orange Coast	129-8
3. Olivia Leon	Golden West	121-8
4. Sliger	Ventura	121-6
5. Cook	Pasadena	121-0
6. Ritchie	LA Valley	116-8