

Southern California Community College Regional Track & Field Championship • Bakersfield, CA • May 16-17, 1979

Men: 1. LBCC 121; 2. Grossmont 75½; 3. Pasadena 60; 4. Bakersfield 53; 5. Mt. SAC 38; 6. San Diego 24; 7T. Glendale, Hancock 23; 9. Fullerton 20; 10. Saddleback 15; 11. El Camino 14; 12. Cypress, Desert 11½; 14. Orange Coast 11; 15. Santa Monica 10; 16. LA Southwest 9; 17T. LA Harbor, Southwestern, Santa Barbara 8; 20T. Compton, West LA 7; 22. San Bernardino, Canyons, Chaffey, LA Valley 6; 26. Cerritos 5; 27. Citrus, Santa Ana 4; 29. Mira Costa 3½; 30. LACC, SD Mesa 2; 31. LA Pierce 1.

Women: 1. El Camino 56; 2. Glendale 50; 3. Ventura 48; 4. Orange Coast 39; 5T. Mt. SAC, Compton 35; 7. Southwestern 32; 8T. Bakersfield, Citrus 26; 10. LACC 23; 11. West LA 16; 12. Cypress 12; 13. LA Harbor 11; 14. Cerritos 10; 15T. LA Valley, Moorpark, Pasadena 8; 18T. Santa Barbara, LA Southwest 6; 20T. Long Beach, Santa Monica 4.

Men

100m

1. Greg Illorson	Bakersfield	10.43
2. Joe Smith,	Pasadena	10.71
3. Perry Johnson	Long Beach	10.72
4. Jerome Miller	Pasadena	10.74
5. Daryl Sidney	Long Beach	10.85
6. Deron Early	Cerritos	10.90

200

1. Greg Illorson	Bakersfield	20.89
2. Ron Williams	Long Beach	21.05
3. Larry Goldston	Mt. SAC	21.14
4. Devin Lewis	Long Beach	21.19
5. Perry Johnson	Long Beach	21.62
6. Peter van Miltenberg	Saddleback	21.67

400

1. Ron Williams,	Long Beach	45.4
2. Larry Goldston	Mt. SAC	46.3
3. Devin Lewis	Long Beach	46.71
4. Sam Caesar	Long Beach	46.94
5. Randall Woodson	Fullerton	46.98
6. Anthony Smith	Compton	47.87

800

1. Johnny Gray	Santa Monica	1:49.4
2. Boyd	Bakersfield	1:50.5
3. Rong-Hwa Wang	San Bernardino	1:50.8
4. Jon Cook	Saddleback	1:50.8
5. Cary Hardwick	Long Beach	1:50.9
6. Eddie Wright	Pasadena	1:51.6

1500

1. Steve Ortiz	Grossmont	3:45.8
2. Ivan Huff	Hancock	3:50.0
3. Will Porter	Canyons	3:51.4
4. Randy White	Bakersfield	3:52.3
5. George Lillig	Glendale	3:52.5
6. Ed Burns	Bakersfield	3:52.6

5000

1. Steve Ortiz	Grossmont	14:20.0
2. Bill Hendrick	San Diego	14:43.7
3. Dave Dahl	Cypress	14:46.0
4. Ivan Huff	Hancock	14:48.4
5. Mike Lohr	Grossmont	14:49.7
6. Scott Gillis	Santa Barbara	14:52.8

10,000

1. Carmelo Rios	Long Beach	30:21.5
2. Rick Rose	Grossmont	30:22.3
3. Greg Parks	LA Valley	30:30.2
4. Terry Gibson	Glendale	30:43.8
5. Ricky Perez	SD Mesa	30:54.4
6. Gonzales	Pasadena	31:36.1

Men

110HH

1. Derek Robinson	Long Beach	14.46
2. Darrell Davis	Long Beach	14.49
3. Tony Gilbert	Santa Barbara	14.51
4. Chris Wimberly	Pasadena	14.92
5. Steffler	Chaffey	14.97
6. Williams	West LA	15.06

400 IH

1. Ramoan Grubbs	Pasadena	51.4
2. Terry Richardson	Pasadena	52.1
3. Ralph Johnson	San Diego	52.8
4. Tony Amezcuca	Cerritos	52.8
5. John Hogan	Orange Coast	52.9
6. Oscar Moore	Pasadena	53.1

Steeplechase

1. Mark Lewis	Glendale	9:02.3
2. Carmelo Rios	Long Beach	9:04.4
3. Pat Carroll	Grossmont	9:08.9
4. Robert Lusitana	Grossmont	9:10.2
5. Mark LaBonte	Saddleback	9:11.5
6. Scott Mayfield	Hancock	9:16.0

400 Relay

1. Long Beach	40.60
(Derek Robinson, Devin Lewis, Daryl Sidney, Perry Johnson)	
2. Mt. SAC	41.04
3. Citrus	41.59
4. Grossmont	41.76
5. West LA	42.5
6. LA Southwest	42.7

Mile Relay

1. Mt. SAC	3:10.0
(Sampson, Newbill, Williams, Larry Goldston)	
2. Long Beach	3:10.4
(Daryl Sidney, Sam Caesar, Devin Lewis, Ron Williams)	
3. Compton	3:13.4
4. El Camino	3:13.6
5. Orange Coast	3:15.3
6. LACC	3:15.9

High Jump

1. Doug Nordquist	Fullerton	7-0¼
2. Jerry Sanders	Long Beach	6-10¼
2. Scott Cox	Glendale	6-10¼
4. Alex Williams	Mira Costa	6-10¼
4. Paul Lee	Moorpark	6-10¼
6. Randy Wallace	Grossmont	6-10¼

Pole Vault

1. Bert Johnson	El Camino	16-6
2. Mark Newton	Grossmont	15-6
3. Dave Kenworthy	Grossmont	15-6
4. Jim Sidler	Orange Coast	15-6
5. Robert Thayer	Grossmont	15-0
6. Larry Rivers	Desert	15-0

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Men

Long Jump

1. Charles Crews	San Diego	24-0½
2. Tony Zawinul	Pasadena	23-11
3. Gary Williams	Long Beach	23-11
4. Tony Pitts	Santa Ana	23-9¾
5. Ken Brooks	Grossmont	23-7
6. Mike Bradford	LA Pierce	23-3½

Triple Jump

1. Gary Williams	Long Beach	50-2½
2. Nate Wilford	Southwestern	49-6
3. Fred Humphrey	Saddleback	49-3
4. Gray	West LA	49-1¼
5. Paul Jones	Pasadena	48-7
6. Tony Gilbert	Santa Barbara	48-4

Shot Put

1. Leonard Larson	Bakersfield	51-10
2. Hambrick	LA Southwest	51-8½
3. Matt Gauthier	Grossmont	51-4 ½
4. Matt Fuchs	Pasadena	50-7
5. Ken Pole	Grossmont	50-3½
6. Henry Scarborough	Pasadena	50-1

Discus

1. Jay Kovar	Bakersfield	170-5
2. Matt Gauthier	Grossmont	160-0
3. Bruce Mondello	Fullerton	158-5
4. Bach	Chaffey	147-10
5. Chris Dobie	Fullerton	147-7
6. Welton	Citrus	145-7

Javelin

1. Louie Romero	Desert	226-4
2. Van Wiese	LA Harbor	215-6
3. Mark Anderson	Mt. SAC	209-10
4. Riley	Pasadena	207-7
5. Rich Love	Saddleback	202-6
6. Matt Fuchs	Pasadena	200-6

Hammer (new event, exhibition)

1. Jerome Franey	Bakersfield	119-3
2. Bill Hise	Glendale	114-4
3. Steve Futujma	Oxnard	112-4
4. Valov	Bakersfield	111-1
5. Chris Dobie	Fullerton	110-4
6. Kaiser	Bakersfield	100-5

Decathlon (exhibition)

Women

100

1. Yvette Evans	El Camino	11.90
2. Carol Sanders	Compton	12.03
3. Johnson	West LA	12.39
4. Allen	LACC	12.40
5. Price	LACC	12.51
6. Sperling	Long Beach	12.61

200

1. Yvette Evans	El Camino	24.52
2. Tanya Bowie	Mt. SAC	24.97
3. Beverly Johnson	West LA	25.40
4. Allen	LACC	25.5
5. Karen Wise	Ventura	25.5
6. Eddington	LA Harbor	25.6

400

1. Tanya Bowie	Mt. SAC	56.43
2. Karen Wise	Ventura	56.45
3. Connie Hogan	Santa Barbara	57.66
4. Wren	Compton	58.39
5. Moore	LA Southwest	58.78
6. Touchstone	LACC	59.13

800

1. Ruth Caldwell	Citrus	2:08.72
2. Emily Whitney	Glendale	2:16.41
3. Karen Moore	Moorpark	2:16.87
4. Ester Scherzinger	Cypress	2:17.22
5. Gould	Citrus	2:18.00
6. Gregorie	Mt. SAC	2:21.2

1500

1. Ruth Caldwell	Citrus	4:36.7
2. Emily Whitney	Glendale	4:41.4
3. Lopez	Bakersfield	4:47.2
4. Gould	Citrus	4:48.8
5. Beth Milewski	Ventura	4:49.7
6. Shoemaker	Ventura	4:51.1

3000

1. Diana Karg	LA Harbor	10:16.3
2. Beth Milewski	Ventura	10:17.5
3. Jeanie Weber	El Camino	10:33.6
4. Johnson	Santa Monica	10:45.6
5. Galley	Mt. SAC	10:50.0
6. Fernandez	Orange Coast	11:02.4

100 H

1. Laura Nagel	Southwestern	14.52
2. Leach	Southwestern	14.99
3. Laura Held	Orange Coast	15.04
4. Bettancourt	Southwestern	15.19
5. Lofton	Mt. SAC	15.20
6. Tyler	Long Beach	15.40

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Women

400 H

1. Laura Held	Orange Coast	61.6
2. Laura Nagel	Southwestern	62.3
3. Lynn Davis	LACC	64.0
4. Barrett	Ventura	65.8
5. Stokes	West LA	66.4
6. Wright	Compton	68.4

400 Relay

1. Compton (Wren, Wright, Walker, Sanders)	48.02
2. El Camino (Wilson, Burley, Mines, Evans)	48.25
3. Pasadena	49.01
4. LACC	49.11
5. West LA	49.72
6. Ventura	49.79

Mile Relay

1. Ventura (Brookshire, Johnson, Brown, Wise)	3:58.90
2. Mt. SAC	3:59.73
3. El Camino	4:00.16
4. LA Southwest	4:03.48
5. Pasadena	4:04.34
6. LACC	4:04.63

High Jump

1. Phyllis Blunston	El Camino	6-0
2. Ester Scherzinger	Cypress	5-8
3. Dorothy Kaiser	Bakersfield	5-6
4. Vicki Marquez	Ventura	5-4
5. Sandy Tyler	Long Beach	5-4
6. Beurman	Bakersfield	5-2

Long Jump

1. Debra Wilford	Southwestern	19-6½
2. Yvette Evans	El Camino	18-6¼
3. Carol Sanders	Compton	18-2½
4. Lofton	Mt. SAC	18-1½
5. Tappin	Bakersfield	17-4
6. Candace Ambl	Bakersfield	16-9½

Shot Put

1. Julie Flynn	Glendale	44-0½
2. Patty Shaw	Orange Coast	40-3¼
3. Michelle Morse	Cerritos	39-4¼
4. Bonnie Dasse	Orange Coast	39-1½
5. Erin Lynch	Moorpark	38-6½
6. Neal	LACC	37-11½

Discus

1. Julie Flynn	Glendale	144-8
2. Bonnie Dasse	Orange Coast	138-3
3. Laura Coombs	Bakersfield	126-1
4. Donna Mayhew	Glendale	122-6
5. Lewis	Cerritos	115-2
6. Patty Shaw	Orange Coast	114-4

Women

Javelin

1. Donna Mayhew	Glendale	150-7
2. Gaye Anderson	Ventura	133-11
3. Jo Ann Walker	Compton	123-11
4. Laura Coombs	Bakersfield	119-0
5. Tippy Borrego	Cerritos	118-11
6. Bonnie Dasse	Orange Coast	118-3