

SOUTHERN CALIFORNIA CHAMPIONSHIPS

At Cerritos College

1990

Men

100 METERS—1. D. Ezinwa (Mt. San Antonio), 10.39; 2. Bridgewater (Long Beach), 10.45; 3. O. Ezinwa (Mt. SAC), 10.45; 4. Smith (East LA), 10.47; 5. Nwanko (Mt. SAC), 10.61; 6. Bennett (Long Beach) 10.74.

200—1. Bridgewater (Long Beach), 20.55; 2. D. Ezinwa (Mt. SAC), 20.85; 3. Smith (East LA), 21.03; 4. Bennett (Long Beach), 21.11; 5. O. Ezinwa (Mt. SAC), 21.11; 6. Nwanko (Mt. Sac), 21.19.

400—1. Roberts (Bakersfield), 46.39; 2. Tate (Mt. Sac), 47.51; 3. Pratt (El Camino), 47.83; 4. Henry (El Camino), 48.26; 5. Echols (Santa Monica), 48.37; 6. Stone (Cuesta), 48.73.

800—1. Long (El Camino), 1:52.84; 2. Sanford (Long Beach) 1:52.91; 3. Forehand (MiraCosta) 1:53.10; 4. Provenzano (Glendale) 1:53.60; 5. Davis (El Camino), 1:54.11; 6. Lugo (Fullerton) 1:54.2.

1,500—1. Morcelli (Riverside), 3:39.17 (national junior college record, old mark, Neil Duggan, Hancock, 1966); 2. Montes (Mt. Sac), 3:56.03; 3. Jones (Mt. Sac), 3:56.91; 4. DeMontigny (El Camino), 3:57.02; 5. Wildy (Santa Monica), 3:58.29; 6. Padilla (Pasadena), 3:58.39.

3,000 STEEPLECHASE—1. Baptise (Mt. Sac), 8:55.15; 2. Haskell (El Camino), 9:18.38; 3. Sierra (East LA), 9:24.00; 4. Hunt (Orange Coast), 9:30.95; 5. Lopez (Bakersfield) 9:33.23; 6. Herr (SD Mesa), 9:33.32.

5,000—1. Morcelli (Riverside), 13:59.22; 2. Sierra (East LA), 14:33.04; 3. Montes (Mt. Sac) 14:34.11; 4. Galindo (Ventura), 14:46.21; 5. Keindrich (Grossmont), 14:47.31; 6. Castellon (Mt. Sac), 14:50.23.

110 HIGH HURDLES—1. Morris (Long Beach), 14.25; 2. Smith (Riverside), 14.46; 3. Woods (Riverside), 14.72; 4. Dallas (Pasadena), 14.87; 5. Cason (Ventura) 15.06; 6. Edwards (Moorpark) 15.25.

400 INTERMEDIATE HURDLES—1. Beck (Glendale), 50.97; 2. Ayres (Cerritos) 52.44; 3. Dallas (Pasadena), 52.58; 4. Gibson (Long Beach), 53.11; 5. Sprague (Santa Barbara), 54.32; 6. Simpson (Glendale) 54.55.

400 RELAY—1. Long Beach, 40.27; 2. El Camino, 40.92; 3. Rancho Santiago 41.12; 4. SD Mesa, 41.51; 5. Santa Monica, 41.63; 6. Cerritos, 41.64.

Saturday's Results

SOUTHERN CALIFORNIA CHAMPIONSHIPS

At Carthage College

Men

1,600 RELAY—1. Long Beach, 3:10.40; 2. Mt. San Antonio, 3:10.56; 3. El Camino, 3:11.33; 4. Cuesta, 3:11.90; 5. Glendale, 3:15.7; 6. San Bernardino, 3:15.78.

1990

LONG JUMP—1. Anthony (Carthage), 24-5½; 2. Stanford (Long Beach), 24-2; 3. Nash (East LA), 23-8½; 4. R. Scott (Valley), 23-8½; 5. P. Scott (Long Beach), 23-5½; 6. Lee (Riverside), 23-0½.

TRIPLE JUMP—1. Scott (Long Beach), 50-10½; 2. Rogers (Mt. SAC), 50-9½; 3. Stanford (Long Beach), 50-4; 4. Michel (El Camino), 49-11½; 5. McCoy (Riverside), 47-5½.

SHOT PUT—1. Kichoff (Saddleback), 56-5½; 2. Arksey (Bakersfield), 55-8; 3. Sheeran (MiraCosta), 51-8½; 4. Frazer (Riverside), 51-7; 5. Kharam (Rancho Santiago), 50-7; 6. Capes (Santa Monica), 50-5½.

DISCUS—1. Asher (Long Beach), 173-6; 2. Frazer (Riverside), 166-1; 3. Johnson (Mt. Sac), 162-4; 4. Wilcox (Fullerton), 159-7; 5. Kichoff (Saddleback), 152-2; 6. Khuan (Rancho Santiago), 150-9.

JAVELIN—1. Camilo (Moorpark), 214-3; 2. Woods (Long Beach), 198-8; 3. Sanchez (Mt. Sac), 197-10; 4. Cummings (SD Mesa), 193-10; 5. Raposa (Ventura), 191-1; 6. Amous (Cuesta), 190-02.

FINAL TEAM LEADERS—1. Long Beach, 164; 2. Mt. San Antonio, 120; 3. Riverside, 70; 4. El Camino, 60; 5. Bakersfield, 47; 6. East LA, 42; 7. Glendale, 35; 8. San Diego Mesa, 34; 9. Carthage, 21; 10. Ventura, 20.

Women

100—1. Opara (Citrus), 12.03; 2. Inegwan (Citrus), 12.23; 3. Sales (Compton), 12.49; 4. Ferguson (San Diego Mesa), 12.49; 5. Prevost (Valley), 12.68; 6. Thomas (El Camino), 12.69.

200—1. Irving (Long Beach), 23.79; 2. Cain (Ventura), 23.97; 3. Sales (Compton), 24.36; 4. Henderson (Mt. SAC), 24.38; 5. Opara (Citrus), 24.45; 6. Inegwan (Carthage), 24.79.

400—1. Irving (Long Beach), 53.76; 2. Henderson (Mt. SAC), 53.98; 3. Cain (Ventura), 55.00; 4. Grant (Riverside), 56.83; 5. Wood (Riverside), 58.28; 6. Whotton (Fullerton), 58.87.

800—1. Garcia (El Camino), 2:12.26; 2. Grayson (Saddleback), 2:15.59; 3. Smith (MiraCosta), 2:16.89; 4. Rawman (Mt. Sac), 2:17.82; 5. Gordo (Long Beach), 2:20.19; 6. Woods (SD Mesa), 2:24.23.

1,500—1. Garcia (El Camino), 4:38.82; 2. Bonnetman (Mt. SAC), 4:40.34; 3. Sales (El Camino), 4:41.49; 4. Boyles (Bakersfield), 4:42.23; 5. Talamantes (Mt. SAC), no time; 6. Ender (Crossmont), nt.

3,000—1. Macy (El Camino), 9:59.87; 2. Boyles (Bakersfield), 10:09.31; 3. Talamantes (Mt. SAC), 10:11.80; 4. Benavides (Orange Coast), 10:17.48; 5. Swain (El Camino), 10:18.99; 6. Chumovich (Mt. Sac), 10:21.00.

100 HURDLES—1. Hale (Riverside), 14.32; 2. Deakdo (Mt. SAC), 14.33; 3. Hall (Carthage), 14.76; 4. Whitley (Antelope Valley), 15.38; 5. Stuart (Long Beach), 15.41; 6. Johnson (SD Mesa), 15.67.

400 HURDLES—1. Bailey (Long Beach), 1:01.67; 2. Tyson (SD Mesa), 1:03.12; 3. Owens (Saddleback), 1:04.04; 4. Breeman (SD Mesa), 1:04.44; 5. Thebaud (Fullerton), 1:04.66; 6. Venezuela (Mt. Sac), 1:06.97.

400 RELAY—1. Mt. San Antonio, 47.72; 2. Long Beach, 47.97; 3. SD Mesa, 48.14; 4. El Camino, 48.27; 5. Fullerton, 48.94; 6. Orange Coast, 48.97.

1,600 RELAY—1. Mt. San Antonio, 3:47.72; 2. El Camino, 3:48.46; 3. Long Beach, 3:48.89; 4. Valley, 3:50.29; 5. Ventura, 3:53.86; 6. Riverside, 3:54.01.

HIGH JUMP—1. Matthews (Santa Barbara), 5-6½; 2. Bauer (Orange Coast), 5-6½; 3. West (Crossmont), 5-2; 4. Tyler (Long Beach), 5-2; 5. King (Antelope Valley), 5-0; Moss (San Diego City), 5-0.

LONG JUMP—1. Opara (Citrus), 19-8½; 2. Hale (Riverside), 19-2; 3. Holmes (El Camino), 18-3½; 4. Lynch (Riverside), 18-2; 5. West (Crossmont), 17-11; 6. White (Long Beach), 17-6½.

TRIPLE JUMP—1. Lynch (Riverside), 38-3½; 2. West (Crossmont), 38-0½; 3. Opara (Citrus), 37-10½; 4. Giles (Glendale), 37-3½; 5. Mc Hoy (El Camino), 37-2½; 6. Holmes (El Camino), 36-5½.

SHOTPUT—1. Apoll (Mt. SAC), 49-0½; 2. Crawford (SD Southwestern), 46-1½; 3. Mesa (SD Mesa), 42-4½; 4. Jones (Long Beach), 42-2; 5. Cortez (Bakersfield), 41-0½; 6. Anderson (Long Beach), 40-2½.

DISCUS—1. Apoll (Mt. SAC), 177-6; 2. Franke (Fullerton), 135-8; 3. Anderson (SD Mesa), 133-9; 4. Mesa (SD Mesa), 133-6; 5. Crawford (SD Southwestern), 132-0; 6. Coker (Bakersfield), 128-7.

JAVELIN—1. Foster (SD Mesa), 130-9; 2. McCotter (Long Beach), 129-2; 3. Krudsen (Long Beach), 127-9; 4. Anderson (Long Beach), 121-11; 5. Williams (Riverside), 121-11; 6. Anderson (Saddleback), 120-9.

FINAL TEAM LEADERS—1. Mt. San Antonio, 112; 2. Long Beach, 106; 3. El Camino, 90; 4. Riverside, 51; 5. Citrus, 41; 6. Bakersfield, 35; 7. tie between Fullerton and Orange Coast, 29; 9. tie between San Diego and Saddleback, 22.