

Southern California Community College Regional Track & Field Championship • Long Beach, CA • May 15, 1993

Men: 1. Long Beach 193½; 2. Riverside 161; 3. Mt. SAC 51; 4. Bakersfield 42; 5. Moorpark 41½; 6. SD Mesa 33; 7. LA Valley 29; 8. Compton, Cuesta 25; 10. El Camino 22.

Women 1. Riverside 139; 2. Long Beach 106½; 3. SD Mesa 88; 4. Mt. SAC 87; 5. El Camino 53½; 6. Fullerton 38.

Men

100 (0.0 meters per second wind)—Smith (Long Beach), 10.40; Patterson (Riverside), 10.57; Bello (Long Beach), 10.58; Frett (Long Beach), 10.60; Stubbs (Compton), 10.61; Gomez (Southwestern), 10.62.

200 (0.0)—Smith (Long Beach), 20.89; Patterson (Riverside), 21.21; Maxie (Valley), 21.28; Bello (Long Beach), 21.29; Woods (Southwest LA), 21.50; Frett (Long Beach), 21.72.

400—Redd (Riverside), 46.58; McCladdie (Long Beach), 46.60; Knowles (Compton), 47.01; Steele (Riverside), 47.27; Krill (Moorpark), 47.64; Gibson (Long Beach), 47.85.

800—Jimma (Riverside), 1:50.71; Furusa (Riverside), 1:51.42; Lomenick (Mt. SAC), 1:52.64; Naranjo (Cermos), 1:52.95; Jelks (Long Beach), 1:52.96; Estorga (Santa Monica), 1:54.48.

1,500—Jimma (Riverside), 3:47.52; Martinez (Mt. SAC), 3:50.28; Rabb (Orange Coast), 3:51.59; Chelby (Riverside), 3:51.67; Ortenburger (Cuesta), 3:51.86; Montgomery (Long Beach), 3:52.12.

3,000 STEEPLECHASE—Furusa (Riverside), 9:01.5; Nelson (Glendale), 9:03.9; Mazano (Riverside), 9:12.8; Mavhera (Riverside), 9:17.8; Rubalcava (Saddleback), 9:41.5; Jones (Mt. SAC), 9:44.0.

5,000—Jimma (Riverside), 14:49.25; Furusa (Riverside), 14:49.53; Chelby (Riverside), 14:51.64; Reinisch (El Camino), 14:56.94; Rabb (Orange Coast), 15:04.60; Sinderson (Antelope Valley), 15:09.03.

10,000 (held May 8)—Mazano (Riverside), 29:50.10; Chelby (Riverside), 30:28.97; Pose (El Camino), 30:30.02; Martinez (San Bernardino), 31:05.24; Mavhera (Riverside), 31:17.39; Zavala (Rancho Santiago), 31:26.52.

Men

400 RELAY—Long Beach, 39.77; Riverside, 40.44; Valley, 40.90; Moorpark, 41.32; Compton, 41.54; Ventura, 41.67.

1,600 RELAY—Long Beach, 3:11.64; Santa Monica, 3:13.06; Moorpark, 3:14.62; Valley, 3:15.16; Bakersfield, 3:16.70; SD Mesa, 3:17.68.

HJ—Lewis (Long Beach), 6-10; Cody (Fullerton), 6-10; Montgomery (Compton), 6-8; Greenberry (Santa Barbara), 6-8; Leon (El Camino), 6-6; tie between Gentry (Moorpark) and Kanowsky (Long Beach), 6-4.

PV—Chadwick (Cuesta), 16-4; Hecox (Mt. SAC), 16-0; Juarez (Mt. SAC), 15-4; Reddy (Long Beach), 15-4; Haffen (Southwestern), 14-6; Davis (Cuesta), 14-0.

LJ—Woods (Southwest LA), 25-3¼w; Norca (Long Beach), 24-6¼; Johnson (Ventura), 24-6¼4w; Li (Mt. SAC), 24-5¼; Dickenson (Compton), 24-4¼w; Jordan (Long Beach), 23-8¼w.

TJ—Norca (Long Beach), 52-11½; Jordan (Long Beach), 51-1; Li (Mt. SAC), 49-4½; Leon (El Camino), 48-2½; Smith (Fullerton), 47-4½;

6. Masay

Long Beach

47-3½

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Men

Women

SP—Bustamonte (Citrus), 55-3; Frank (Bakersfield), 53-1½; Wallin (Long Beach), 52-2¾; Loshonkohl (SD Mesa), 50-10¼; Goldbehere (Cuesta), 48-6¾; Vacin (Grossmont), 48-3¼.

DT—Frank (Bakersfield), 173-6; Loshonkohl (SD Mesa), 173-3; Bustamonte (Citrus), 166-8; Dumble (Bakersfield), 160-11; Koch (Grossmont), 155-1; Estrada (Riverside), 153-7.

HT (held May 8)—Loshonkohl (SD Mesa), 202-4; Patterson (Antelope Valley), 164-11; Poulston (Antelope Valley), 164-11; Dumble (Bakersfield), 160-2; Knight (Antelope Valley), 156-5; Godbehere (Cuesta), 155-2.

JT—McClintock (Golden West), 198-7; Teasley (Moorpark), 195-4; Bartley (Long Beach), 185-0; Lycklaraa (Canyons), 183-0; Weilert (Riverside), 182-6; Guerra (Glendale), 182-1.

800—Williams (Riverside), 2:12.81; Alliman (Golden West), 2:19.55; Miller (Riverside), 2:21.89; Munroe (Mt. SAC), 2:22.50; Encisco (Grossmont), 2:23.59; Ferran (Cuesta), 2:24.45.

1,500—Shiferaw (Riverside), 4:36.59; Smith (Mt. SAC), 4:40.89; Hampson (Santa Monica), 4:42.81; Williams (Riverside), 4:45.59; Olson (Grossmont), 4:46.37; Mora (Rancho Santiago), 4:49.07.

3,000—Gbreigiorgis (Trade Tech), 10:11.46; Shiferaw (Riverside), 10:18.46; Lewy (Long Beach), 10:18.70; Hampson (Santa Monica), 10:19.05; Yaba (Mt. SAC), 10:20.86; Maygin (Cuyama), 10:28.86.

5,000 (held May 8)—Shiferaw (Riverside), 17:44.36; Gbreigiorgis (Trade Tech), 17:44.63; Lewy (Long Beach), 18:15.90; Hampson (Santa Monica), 18:17.43; Rivas (Glendale), 18:28.00; Smith (Mt. SAC), 18:32.0.

100 LH (0.02 mps)—Bernard (Fullerton), 14.67; Foreman (El Camino), 14.83; Brown (Fullerton), 15.27; Wilson (Long Beach), 15.33; Nellis (Antelope Valley), 15.43; Skippings (Compton), 15.50.

400 LH—Sutton (El Camino), 60.65; Bernard (Fullerton), 61.03; Cox (Long Beach), 62.81; Skippings (Compton), 62.95; Kazmer (Orange Coast), 63.00; Grey (Riverside), 63.37.

400 RELAY—Long Beach, 46.1; El Camino, 46.7; San Diego Mesa, 47.0; Riverside, 47.3; Santa Monica, 47.6; Valley, 48.1.

1,600 RELAY—El Camino, 3:52.35; SD Mesa, 3:53.69; Riverside, 3:56.22; Mt. SAC, 3:56.95; Long Beach, 4:00.88; Santa Monica, 4:03.28.

HJ—McDonald (Orange Coast), 5-6; Stewart (Valley), 5-6; Cunningham (Riverside), 5-6; tie between Sullivan (SD Mesa) and Bassett (Grossmont), 5-4; tie between Spencer (Citrus) and Kazmar (Orange Coast), 5-4.

LJ—Bryant (Long Beach), 19-3½; Irving (Mt. SAC), 19-2½; Collis (Riverside), 18-5;

Decathlon

1. Norca	Long Beach	6,768
2. Aucutt	Ventura	6,107
3. Prescott	Mt. SAC	6,065
4. Weilert	Riverside	6,000
5. Mustafa	Moorpark	5,882
6. Voong	Pasadena	5,881

Contested on March 29-30 at Long Beach

Women

100 (0.0 meters per second wind)—Sullivan (SD Mesa), 11.88; Rudder (Riverside), 12.12; Bryant (Riverside), 12.12; Collis (Riverside), 12.12; Woods (Long Beach), 12.17; Brooks (Long Beach), 12.33.

200 (0.1)—Sullivan (SD Mesa), 24.04; Collis (Riverside), 24.58; Powell (Long Beach), 24.59; Brooks (Long Beach), 24.75; Freeman (SD Mesa), 24.94; Bryant (Long Beach), 25.10.

400—Campbell (Mt. SAC), 54.07; Sutton (El Camino), 55.21; Freeman (SD Mesa), 55.22; Powell (Long Beach), 55.81; Michael (Bakersfield), 57.96; Judge (El Camino), 58.06.

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Women

Carver (Long Beach), 18-4¼; Brown (Fullerton), 17-11; Martinez (Grossmont), 16-10.

TJ—Carver (Long Beach), 40-3¼; Brown (Fullerton), 39-10¼; Amersakera (Mt. SAC), 38-11; Connole (Grossmont), 38-6¼; Dimry (MiraCosta), 38-4¾; Irving (Mt. SAC), 37-9¼.

SP—Coons (SD Mesa), 46-2½; Smith (SD Mesa), 44-11½; Warr (Riverside), 41-1¾; Newell (Cuesta), 41-1; Hampton (Bakersfield), 40-2; Flewellen (Long Beach), 39-5.

DT—Warr (Riverside), 146-5; Coons (SD Mesa), 143-11; Smith (SD Mesa), 125-8; Hampton (Bakersfield), 123-9; Dijkstra (Bakersfield), 122-3; Smith (Bakersfield), 121-1.

JT—Amersakera (Mt. SAC), 165-1; Coons (SD Mesa), 158-9; Oliver (Glendale), 127-11; Blyenberg (Chaffey), 122-2; Ngo (Golden West), 120-9; Collis (Riverside), 116-2.

Heptathlon