

Southern California Community College Regional Track & Field Championship • Glendora, CA • May 11, 1996

Men: 1. Long Beach 125; 2. Riverside 116; 3. Bakersfield 95; 4. Mt. SAC 86; 5. SD Mesa 55; 6. Moorpark 42; 7. Antelope Valley 33; 8. San Bernardino 31; 9. Rancho Santiago 29; 10. El Camino 26.

Women: 1. Long Beach 153; 2. SD Mesa 77; 3. El Camino 75; 4. Riverside 74; 5. Bakersfield 70; 6. Fullerton 33; 7. Pasadena 32; 8. Citrus 29; 9. Ventura 26; 10. Compton 25.

Men

100—1. Bean, LBCC, 10.27; 2. Foster, LBCC, 10.27; 3. Grimes, RCC, 10.46; 4. Knight, LBCC, 10.46; 5. Fambach, M, 10.49; 6. Brown, B, 10.57.

200—1. Williams, RCC, 20.69; 2. Lee, Valley, 21.10; 3. Settle, LBCC, 21.21; 4. Fambach, M, 21.42; 5. Hill, SDM, 21.62; 6. Charles, Fullerton, 21.86.

400—1. Williams, RCC, 47.83; 2. Johnson, LBCC, 48.15; 3. Daniels, AV, 48.20; 4. Armour, B, 48.36; 5. Tessler, SBV, 48.60; 6. Dabney, AV, 48.65.

800—1. Innis, LBCC, 1:53.53; 2. Ethridge, SBV, 1:53.84; 3. Browne, LBCC, 1:54.00; 4. Cleare, LBCC, 1:54.01; 5. Romero, RCC, 1:54.88; 6. O'Bannon, LBCC, 1:55.88.

1,500—1. Gonzalez, Pasadena City, 3:58.41; 2. Ethridge, SBV, 3:59.88; 3. Paragas, EC, 4:01.30; 4. Mitzel, RS, 4:02.34; 5. Hancock, Orange Coast, 4:03.03; 6. Munoz, L.A. City, 4:03.46.

3,000 STEEPLECHASE—1. Hussain, RCC, 9:33.64; 2. Appell, OC, 9:39.54; 3. Sanchez, EC, 9:43.74; 4. Villavicencio, M, 9:46.04; 5. Serratos, Glendale, 9:46.64; 6. Caldwell, B, 9:57.84.

5,000—1. Magill, G, 15:10.47; 2. Rangel, RS, 15:15.50; 3. Hussain, RCC, 15:16.22; 4. Gonzalez, PCC, 15:16.91; 5. Hernandez, M, 15:20.86; 6. Leos, L.A. Trade Tech, 15:22.93.

10,000—1. Hernandez, Moor, 31:14.68; 2. Hussain, Riv, 31:15.15; 3. Gangle, RS, 31:39.63; 4. Jella, RS, 31:48.23; 5. Goodrich, EC, 31:51.14; 6. Sanchez, EC, 32:11.03.

Men

110 HIGH HURDLES—1. Kears, RCC, 14.07; 2. Boissy, RCC, 14.40; 3. Castillo, MSAC, 14.59; 4. Young, Cerritos, 14.65; 5. Isaacs, RCC, 14.66; 6. Allen, SBV, 14.76.

400 INTERMEDIATE HURDLES—1. Sanchez, SDM, 52.16; 2. Grimes, RCC, 52.59; 3. McLucas, Ventura, 52.67; 4. Kears, RCC, 52.79; 5. Bangurah, LBCC, 52.80; 6. Brownlee, LBCC, 52.87.

400 RELAY—1. Riverside, 40.43; 2. Long Beach City, 40.62; 3. Bakersfield, 41.06; 4. Antelope Valley, 41.40; 5. San Diego Mesa, 41.43; 6. Moorpark, 41.51.

1,600 RELAY—1. Long Beach City, 3:11.21; 2. San Diego Mesa, 3:11.70; 3. Riverside, 3:12.84; 4. Antelope Valley, 3:12.91; 5. San Bernardino Valley, 3:13.51; 6. Mt. San Antonio, 3:14.74.

HIGH JUMP—1. Jackson, LBCC, 7-0; 2. McGuinis, MSAC, 7-0; 3. Pfaff, MSAC, 6-10; 4. Brossett, EC, 6-8; 5. Langley, OC, 6-8; 6. Lightbourn, LBCC, 6-8.

POLE VAULT—1. Abadie, MSAC, 15-6; 2. Tumbiolo, Hancock, 15-6; 3. Wright, MSAC, 15-6; 4. McLaughlin, Cuyamaca, 15-6; 5. Beam, M, 15-0; 6. Parker, MSAC, 15-0.

LONG JUMP—1. Haupt, SDM, 25-4 3/4; 2. Boykin, LBCC, 25-3 1/4; 3. Kaffeur, Compton, 24-8 1/4; 4. Kooba, Citrus, 24-8 1/4; 5. McBride, SM, 24-0 1/4; 6. McKeaver, Cuyamaca, 23-9.

TRIPLE JUMP—Haupt, SDM, 50-9 1/2; 2. Boykin, LBCC, 50-8 3/4; 3. Rollins, B, 48-11 1/2; 4. Bean, LBCC, 48-10 3/4; 5. Laffeur, Compton, 48-5 1/4; 6. Magee, West L.A., 47-3 3/4.

SHOTPUT—1. Staat, B, 57-0 1/45; 2. Johnson, RCC, 51-6 1/4; 3. Boswell, B, 49-2 1/2; 4. Patterson, AV, 49-2 1/2; 5. Tozzi, Cuesta, 49-1; 6. McComb, Cuyamaca, 48-10 1/4.

Southern California Community College Regional Track & Field Championship • Glendora, CA • May 11, 1996

Men: 1. Long Beach 125; 2. Riverside 116; 3. Bakersfield 95; 4. Mt. SAC 86; 5. SD Mesa 55; 6. Moorpark 42; 7. Antelope Valley 33; 8. San Bernardino 31; 9. Rancho Santiago 29; 10. El Camino 26.

Women: 1. Long Beach 153; 2. SD Mesa 77; 3. El Camino 75; 4. Riverside 74; 5. Bakersfield 70; 6. Fullerton 33; 7. Pasadena 32; 8. Citrus 29; 9. Ventura 26; 10. Compton 25.

Men

DISCUS—1. Staat, B, 169-7; 2. Moore, B, 160-5; 3. MacDonald, Saddleback, 155-11; 4. Boswell, B, 153-2; 5. Arceo, RS, 150-8; 6. Liberty, SDM, 149-11.
HAMMER THROW—1. Staat, B, 182-5; 2. Matrai, AV, 173-11; 3. Liberty, SDM, 158-11; 4. Appleton, B, 147-0; 5. Boswell, B, 144-10; 6. Bailey, AV, 144-1.
JAVELIN—1. Cheeks, MSAC, 196-9; 2. R. Davilla, MSAC, 193-3; 3. J. Davilla, MSAC, 192-4; Tozzi, Cuesta, 189-4; 5. Hollander, S, 185-5; 6. Francis, Golden West, 185-5.

Decathlon

1. Spotts	Bakersfield	6,220
2. Castillo	Mt. SAC	5,787
3. Wright	Mt. SAC	5,734
4. Walsh	Ventura	5,712
5. Canales	Moorpark	5,692

Held on April 2-3

Women

100—1. Burton, Riv, 11.65; 2. McKinney, SDM, 11.94; 3. Bass, Compton, 11.98; 4. McDaniel, Saddleback, 12.09; 5. West, EC, 12.15; 6. Parker, San Bernardino Valley, 12.26.
200—1. Burton, Riv, 24.03; 2. Nelson, LBCC, 24.28; 3. Stringer, LBCC, 24.55; 4. Banks, Compton, 25.03; 5. Woods, LBCC, 25.24; 6. Good, EC, 25.42.
400—1. Burton, Riv, 55.18; 2. Nelson, LBCC, 55.47; 3. Stringer, LBCC, 56.71; 4. Good, EC, 57.25; 5. Banks, Compton, 59.50; 6. Boyd, Ven, 59.77.
800—1. Trotman, LBCC, 2:15.22; 2. Gonzales, SDM, 2:15.89; 3. Aispuro, Bak, 2:16.36; 4. Mayock, Riv, 2:16.66; 5. Carter, SDM, 2:18.18; 6. Gilmore, LBCC, 2:19.25.
1,500—1. Mayock, Riv, 4:48.01; 2. Overlock, Canyons, 4:51.94; 3. Golding, Golden West, 4:53.58; 4. Aispuro, Bak, 4:57.98; 5. Lima, EC, 5:01.30; 6. Nunez, Mt. SAC, 5:01.31.
3,000—1. Lopez, EC, 10:21.63; 2. Barnett, SDM, 10:46.78; 3. Robles, Mt. SAC, 10:56.78; 4. Nunez, Mt. SAC, 10:58.08; 5. Gibson, PCC, 10:59.19; 6. Flores, Rancho Santiago, 11:06.15.
5,000—1. Lopez, EC, 18:17.77; 2. Robinson, LBCC, 18:50.28; 3. Robles, Mt. SAC, 18:55.25; 4. Nakamura, EC, 18:59.82; 5. Estrada, RS, 19:02.90; 6. Overlock, COC, 19:07.33.
10,000—1. Robinson, LBCC, 38:23.83; 2. North, Santa Barbara, 38:40.92; 3. Nakamura, EC, 38:47.82; 4. Estrada, Rancho Santiago, 38:52.22; 5. Argandar, Antelope Valley, 39:12.90; 6. Estrada, East LA, 39:14.05.

Southern California Community College Regional Track & Field Championship • Glendora, CA • May 11, 1996

Men: 1. Long Beach 125; 2. Riverside 116; 3. Bakersfield 95; 4. Mt. SAC 86; 5. SD Mesa 55; 6. Moorpark 42; 7. Antelope Valley 33; 8. San Bernardino 31; 9. Rancho Santiago 29; 10. El Camino 26.

Women 1. Long Beach 153; 2. SD Mesa 77; 3. El Camino 75; 4. Riverside 74; 5. Bakersfield 70; 6. Fullerton 33; 7. Pasadena 32; 8. Citrus 29; 9. Ventura 26; 10. Compton 25.

Women

100 HIGH HURDLES—1. Moten, LBCC, 14.58; 2. Odom, LBCC, 14.68; 3. Watkins, Bak, 14.76; 4. Holguin, Ful, 14.94; 5. Harrison, Bak, 15.01; 6. Grah, Bak, 15.61.
400 LOW HURDLES—1. Bostick, Antelope Valley, 1:04.68; 2. Amer, Citrus, 1:05.24; 3. Grah, Bak, 1:06.46; 4. Moten, LBCC, 1:06.61; 5. Stone, SDM, 1:06.98; 6. Hooper, Riv, 1:09.77.
400 RELAY—1. Compton, 47.27; 2. Long Beach City, 47.59; 3. El Camino, 47.63; 4. San Diego Mesa, 48.37; 5. Bakersfield, 48.65; 6. Saddleback, 48.72.
1,600 RELAY—1. Long Beach City, 3:44.86; 2. El Camino, 3:52.46; 3. Riverside, 4:01.12; 4. Bakersfield, 4:02.25; 5. San Diego Mesa, 4:02.73; 6. Glendale, 4:03.18.
HIGH JUMP—1. Watson, West L.A., 5-6; 2. Hogan, Bak, 5-4; 3. Dunkerley, COC, 5-4; 4. Willard, Saddleback, 5-2; 5. Davis, PCC, 5-2; 6. Escobar, 5-2.
LONG JUMP—1. West, EC, 18-11; 2. Nelson, LBCC, 18-11; 3. Doby, LBCC, 18-9 1/4; 4. Harrison, Bakersfield, 17-11; 5. Foose, Riv, 17-9 1/2; 6. Parker, SBV, 17-4 1/2.

Women

TRIPLE JUMP—1. Foose, Riv, 38-7 1/4; 2. Doby, LBCC, 38-5; 3. Noel, LBCC, 38-4; 4. Harrison, Bak, 37-1; 5. Bunkner, Chaffey, 35-10 1/2; 6. Furr, Citrus, 35-10.
SHOT PUT—1. Tuimoloau, Ven, 48-4 3/4; 2. Darrow, SDM, 42-11 3/4; 3. Brown, Bak, 42-0 1/2; 4. Goodlaw, PCC, 41-7; 5. Codd, G, 38-7; 6. Vargas, Valley, 38-6.
DISCUS—1. Darrow, SDM, 143-5; 2. Goodlaw, PCC, 132-5; 3. Righetti, Ven, 130-1; 4. Rich, LBCC, 128-6; 5. Mantas, Ful, 125-9; 6. Andrade, SDM, 120-9.
HAMMER THROW—1. Darrow, SDM, 150-1; 2. Goodlaw, PCC, 145-9; 3. Andrade, Citrus, 139-0; 4. Nakashima, Bak, 134-11; 5. Surina, Citrus, 134-8; 6. Tuimoloau, Ven, 125-7.
JAVELIN—1. Watts, GW, 114-11; 2. Phillips, Ful, 113-8; 3. McAlee, 110-7; 4. Escobar, SM, 107-10; 5. Fuller, 106-9; 6. Parodi, EC, 101-7.

Heptathlon

1. Escobar	Santa Monica	4,322
2. Doby	LongBeach	4,193
3. Foose	Riverside	4,134
4. Holguin	Fullerton	3,836
5. Arana	Ventura	3,790

Held on April 2-3