

2005 Southern California Track - 4/30/2005 to 5/7/2005

Saddleback College

Results

Women 100 Meter Dash

Name	Yr	Team	Finals
Section 1 Finals Wind: 2.2			
1 Baldwin, Jasmin	Fr	MSAC	11.51
2 Chacon, Meghan	Fr	MSAC	12.05
3 Dawson, Shammeeer	So	ELC	12.08
4 Wells, Angela	Fr	LBCC	12.11
5 Emmons, Cortney	Fr	MSAC	12.13
6 Harris, Jennifer	Fr	MSAC	12.17
7 Gibbs, Jessica	Fr	SC	12.20

Women 200 Meter Dash

Name	Yr	Team	Finals
Section 1 Finals Wind: 2.0			
1 Baldwin, Jasmin	Fr	MSAC	24.22
2 Eichelberger, Danielle	Fr	LBCC	24.69
3 Chacon, Meghan	Fr	MSAC	24.85
4 Stinnette, Danielle	So	CANS	24.91
5 Panteau, April	So	LBCC	24.93
6 Dawson, Shammeeer	So	ELC	24.98
7 Gibbs, Jessica	Fr	SC	25.50
8 Harris, Jennifer	Fr	MSAC	27.40

Women 400 Meter Dash

Name	Yr	Team	Finals
Section 1 Finals			
1 Panteau, April	So	LBCC	55.84
2 Hudson, Kimiah	So	CC	56.85
3 White, Dominique	So	CC	57.15
4 Stinnette, Danielle	So	CANS	57.30
5 Quinn, Krystal	Fr	AVC	57.71
6 Woodley, Aleisha	Fr	LBCC	58.31
7 Madden, Cheri	Fr	BC	1:00.26

Women 800 Meter Run

Name	Yr	Team	Finals
Section 1 Finals			
1 Webb, Tyrene	So	CC	2:12.53
2 Brown, Lindsey	So	ELC	2:17.34
3 Robinson, Tashine	Fr	CITR	2:18.40
4 McGauley, Laura	Fr	CUES	2:18.46
5 Botello, Jenessa	So	CC	2:20.01
6 Gilson, Amy	Fr	RCC	2:23.14
7 Jesse, Tracey	Fr	MSAC	2:23.24
8 Nowel, Clare	Fr	CUES	2:34.99

Women 1500 Meter Run

Name	Yr	Team	Finals
Section 1 Finals			
1 Valdez, Ludi	So	OCC	4:40.21
2 Botello, Jenessa	So	CC	4:43.22
3 Santana, Gabriela	Fr	OCC	4:44.38
4 Grimes, Brittany	Fr	BC	4:45.15
5 Butler, Jewel	Fr	OCC	4:47.56
6 Moran, Dinora	So	ELC	4:49.41
7 Montoya, Natasha	Fr	RCC	4:52.67

8 Holcomb, Karissa	Fr	RCC	4:59.27
9 Attard, Gina	Fr	GWC	5:06.28
10 Robinson, Tashine	Fr	CITR	5:18.58
11 Bolden, Ashley	Fr	SWC	5:19.95

Women 5000 Meter Run

Name	Yr	Team	Finals
Section 1			
1 Valdez, Ludi	So	OCC	18:23.33
2 Botello, Jenessa	So	CC	18:24.98
3 Grimes, Brittany	Fr	BC	18:32.59
4 Santana, Gabriela	Fr	OCC	18:36.80
5 Marquardt, Melissa	So	MSAC	18:42.67
6 Delira, Emanuela	Fr	MSAC	18:59.45
7 Valinsky, Amy	Fr	LBCC	19:05.10
8 Holcomb, Karissa	Fr	RCC	19:05.70
9 Fairley, Laura	So	RCC	19:11.33
10 Albrez, Karla	Fr	LACC	19:15.69
11 Zuniga, Delfina	Fr	OXN	19:21.37
12 Santiago, Rocio	Fr	SWC	19:25.35
13 Chumm, Adrienne		MSAC	19:26.10
14 Paine, Sarah	So	VC	19:33.92
15 Reyes-Gutierrez, Celer	So	SWC	19:35.16
16 Bravo, Brenda	Fr	SWC	19:38.22
17 Hoover, Cristy	Fr	RCC	19:42.65
18 VanBeurden, Alison	Fr	CUES	19:48.65
19 Moore, Laura	So	RCC	19:53.21
20 Butler, Jewel	Fr	OCC	19:56.55
21 Sanders, Dora	So	CUYA	20:00.37
22 Huerta, Araceli	Fr	OCC	20:07.81
23 Nicastro, Nicole	Fr	CUYA	20:17.23
24 Lopez, Yacxiri	Fr	TECH	20:24.96
25 Flores, Irais	So	RIO	20:28.96
26 Sandoval, Suzie	Fr	VC	20:30.10
27 Cardenas, Maria	Fr	MSAC	20:44.69

Women 10000 Meter Run

Name	Yr	Team	Finals
Section 1			
1 Valdez, Ludi	So	OCC	37:47.40
2 Botello, Jenessa	So	CC	38:16.79
3 Santana, Gabriela	Fr	OCC	38:42.49
4 Cardenas, Maria	Fr	MSAC	39:09.12
5 Delira, Emanuela	Fr	MSAC	39:12.95
6 Marquardt, Melissa	So	MSAC	39:13.41
7 Valinsky, Amy	Fr	LBCC	39:35.17
8 Lopez, Yacxiri	Fr	TECH	39:51.34
9 Fairley, Laura	So	RCC	39:55.14
10 Tucker, Valerie		ELC	40:10.20
11 Sanders, Dora	So	CUYA	40:25.97
12 Paine, Sarah	So	VC	40:31.51
13 Zuniga, Delfina	Fr	OXN	40:56.34
14 Reyes-Gutierrez, Celer	So	SWC	41:23.38
15 VanBeurden, Alison	Fr	CUES	41:24.80
16 Schumm, Adrienne	Fr	MSAC	41:24.92
17 Hernandez, Eneida		CC	41:28.45
18 Sandoval, Suzie	Fr	VC	41:35.00

19 Santiago, Rocio	Fr	SWC	41:50.60
20 Huerta, Araceli	Fr	OCC	42:49.45
21 Munoz, Mayra	Fr	OCC	43:47.78
22 Vo, Emilie	So	OCC	44:05.41
23 Cespedes, Marbel	Fr	GCC	44:49.11
24 Minero, Jennifer		CC	45:35.85
25 Castenada, Jocelyn		MOOR	45:54.76
--- Flores, Rocio	So	VC	DNF

Women 100 Meter Hurdles

Name	Yr	Team	Finals
Section 1 Finals Wind: 1.4			
1 Rattler, Dana	Fr	CANS	14.84
2 Jackson, Christina	Fr	MSAC	14.94
3 Patten, Endurha	Fr	LBCC	15.09
4 Roberson, Janine	So	OXN	15.55
5 Cooper, Brittani	Fr	CITR	15.73
6 Cruikshank, Elle	So	SA	15.97
7 Fernandez, Keziah	Fr	LBCC	16.59
8 Bereal, Jamie	So	LBCC	20.01

Women 400 Meter Hurdles

Name	Yr	Team	Finals
Section 1 Finals			
1 Cruikshank, Elle	So	SA	1:03.75
2 Holmes, Brandi	Fr	WLA	1:04.00
3 Cooper, Brittani	Fr	CITR	1:04.04
4 Fernandez, Keziah	Fr	LBCC	1:06.10
5 Rattler, Dana	Fr	CANS	1:07.06
6 Bereal, Jamie	So	LBCC	1:08.05
7 Juarez, Vanessa	Fr	FC	1:08.17
8 Jackson, Christina	Fr	MSAC	1:09.46

Women 3000 Meter Steeplechase

Name	Yr	Team	Finals
Section 1 Finals			
1 Su, Monica	So	SBCC	11:32.22
2 Albrez, Karla	Fr	LACC	11:45.22
3 Reyes-Gutierrez, Celer	So	SWC	11:49.70
4 Nowel, Clare	Fr	CUES	11:52.45
5 Thompson, Lynette	So	CC	11:54.34
6 Cardenas, Maria	Fr	MSAC	12:03.39
7 Calderon, Jodi	So	BC	12:06.85
8 Lopez, Yacxiri	Fr	TECH	12:13.75
9 Attard, Anna	Fr	GWC	12:18.07
10 Jones, Emily	Fr	MSAC	12:20.72
11 Silva, Erica	So	BC	12:37.43
12 Fematt, Stephanie	Fr	RCC	12:40.81

Women 4x100 Meter Relay

Team	Relay	Finals
Section 1 Finals		
1 LBCC	A	46.51
2 CANS	A	47.45
3 CC	A	47.93
4 ELC	A	48.38
5 SMC	A	49.28

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Section 1 Finals ... (Women 4x100 Meter Relay)		
6 SA	A	49.75
7 OCC	A	51.72
--- MOOR	A	DQ

Women 4x400 Meter Relay		
Team	Relay	Finals
Section 1 Finals		
1 CC	A	3:50.25
2 LBCC	A	3:51.25
3 MSAC	A	3:53.48
4 ELC	A	3:56.15
5 CANS	A	3:59.58
6 SMC	A	4:09.44
7 AVC	A	4:11.30
8 WLA	A	4:17.28

Women High Jump			
Name	Yr	Team	Finals
Flight 1 Finals			
1 Wee, MaryAnn	Fr	FC	5-08.00
2 McClellan, Grace	So	BC	5-02.00
2 Black, Katie	Fr	CC	5-02.00
2 Burton, Antoinette	Fr	LAVC	5-02.00
5 Zand, Hasti	Fr	SC	5-00.00
5 Williams, Joanna	So	OCC	5-00.00
5 Cruikshank, Elle	So	SA	5-00.00
5 Speights, Denina	Fr	SC	5-00.00
5 Ricks, Tatyanna	Fr	CC	5-00.00
5 Taylor, Jacqueline	Fr	CC	5-00.00
5 Chouinard, Katie	So	RCC	5-00.00
12 Rios-Aguilar, Rosario	Fr	RIO	4-10.00
12 Jefferson, TaMesha	Fr	AVC	4-10.00
12 Wharton, Malia	Fr	OCC	4-10.00
15 Hoppe, Brittany	Fr	OCC	4-08.00
15 Fluckers, Tiffany		MSAC	4-08.00
--- Ocampo, Eunice	So	RIO	NH

Women Pole Vault			
Name	Yr	Team	Finals
Flight 1 Finals			
1 Miller, Alissa	So	SC	11-07.75
1 Do, Jocelyn	Fr	GWC	11-07.75
1 Filipowski, Kara	Fr	CUYA	11-07.75
4 Quinn, Krystal	Fr	AVC	11-01.75
4 Alten, Ashley	Fr	CUES	11-01.75
6 Wagner, Alycia	Fr	CUES	10-08.00
6 Espinoza, Jennifer	Fr	CC	11-08.00
8 Penn, Daymora	Fr	MSAC	10-02.00
9 D'Alfonso, Danielle	Fr	SBCC	9-08.00

Women Long Jump			
Name	Yr	Team	Finals
Flight 1 Finals			
1 Wells, Angie	Fr	LBCC	19-03.25
2 Faquir, Annisa	Fr	MSAC	18-01.00

3 Stinnette, Michelle	So	CANS	18-00.00
3 Thurman, Star	So	ELC	18-00.00
5 Taylor, Jacqueline	Fr	CC	17-11.00
6 Ricks, Tatyanna	Fr	CC	17-08.00
6 Eichelberger, Danielle	Fr	LBCC	17-08.00
8 Taylor, Allison	Fr	SA	17-04.50
9 Brown, Nickesha	Fr	LBCC	17-00.00
10 Golcevskaja, Zora	Fr	SMC	16-09.00
11 Speights, Denina	Fr	SC	16-08.00
12 Willingham, Evon	Fr	SDMC	15-08.50

Women Triple Jump			
Name	Yr	Team	Finals
Flight 1 Finals			
1 Thurman, Star	So	ELC	38-01.50
2 Willingham, Evon	Fr	SDMC	37-10.00
3 Taylor, Jacqueline	Fr	CC	36-09.00
4 Huckers, Tiffany		MSAC	36-02.75
5 Cusick, Tayler	So	OCC	36-02.50
6 Roberson, Janine	So	OXN	36-00.75
7 Primous, Ciesha	So	SA	35-11.00
8 Joyner, Kristal	Fr	CC	35-09.50
9 Nyoth, Gladys	Fr	LAVC	35-05.50
10 Jernigan, Marisa	Fr	SBVC	34-00.25
11 Ricks, Tatyanna	Fr	CC	33-02.50
12 Blades, Terra		PCC	32-05.75

Women Shot Put			
Name	Yr	Team	Finals
Flight 1 Finals			
1 Patton, Bobbie	So	AHC	44-07.25
2 Lilly, Kendra	So	CC	42-07.75
3 Battle, Tai	Fr	MOOR	40-06.00
4 Avila, Kim	Fr	RCC	40-00.25
4 Robbins, Stephanie	So	ELC	40-00.25
6 Morales, Angela	Fr	ELC	39-11.00
7 Chambers, Roya	Fr	BC	37-04.00
8 Dawson, Christine	So	CUYA	37-03.75
9 Lipscomb, Aabria	Fr	OCC	37-01.50
10 Johnson, Marquita	Fr	ELC	36-02.25
11 Villanueva, Viridiana	So	FC	34-04.50
--- Power, Cassandra	Fr	SA	FOUL

Women Discus Throw			
Name	Yr	Team	Finals
Flight 1 Finals			
1 Battle, Tai	Fr	MOOR	149-01
2 Avila, Kim	Fr	RCC	143-01
3 Lipscomb, Aabria	Fr	OCC	133-09
4 Martinez, Desirae	So	FC	128-07
5 Hanley, Mary	Fr	MOOR	124-07
6 Luther, Erin	Fr	CUYA	122-11
7 Villanueva, Viridiana	So	FC	122-06
8 Bautista, Linda	So	FC	118-01
9 Malupo, Ana	Fr	FC	110-05
10 Dawson, Christine	So	CUYA	108-00
--- Lilly, Kendra	So	CC	ND

--- Corea, Daniela	Fr	MSAC	ND
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Women Hammer Throw			
Name	Yr	Team	Finals
Flight 1 Finals			
1 Battle, Tai	Fr	MOOR	152-09
2 Luther, Erin	Fr	CUYA	138-08
3 Patton, Bobbie	So	AHC	132-07
4 Hanley, Mary	Fr	MOOR	132-03
5 Guzman, Brittany	Fr	CITR	132-01
6 Dawson, Christine	So	CUYA	130-11
7 McPhetridge, Emily	So	SBCC	123-06
8 Almaguer, Racquel		CITR	122-10
9 Power, Cassandra	Fr	SA	122-06
10 Bailey, Johanna	FR	MOOR	116-09
11 Lilly, Kendra	So	CC	115-06
--- Pere, Breanne	Fr	AHC	FOUL

Women Javelin Throw			
Name	Yr	Team	Finals
Flight 1 Finals			
1 Martinez, Desirae	So	FC	133-09
2 Lilly, Kendra	So	CC	127-04
3 Patton, Bobbie	So	AHC	115-07
4 McCurdy, Amanda	Fr	CUYA	115-03
5 Clark, Amy	So	BC	114-10
6 Cohn, Linda	Fr	CANS	114-06
7 Miller, Noel	Fr	GWC	114-02
8 Taylor, Jacqueline	Fr	CC	107-04
9 Ickes, Kalli	Fr	OCC	105-04
10 Thompson, Jenny	So	OCC	102-02
11 Rios-Aguilar, Rosario	Fr	RIO	97-07
12 Luther, Erin	Fr	CUYA	92-04

Women Heptathlon			
Name	Yr	Team	Finals
1 Cruikshank, Elle	So	SA	4173
2 Taylor, Jacqueline	Fr	CC	4076
3 Ricks, Tatyanna	Fr	CC	3843
4 Rattler, Dana	Fr	CANS	3696
5 Ingram, Sarah	So	SBCC	3681
6 Greenfield, Maryam	Fr	MOOR	3501
7 Estevez, Rocio	Fr	CC	3494
8 Portillo, Jenny	Fr	LAVC	3375
9 Black, Katie	Fr	CC	3362
10 Burton, Antoinette	Fr	LAVC	3303
11 Rios-Aguilar, Rosario	Fr	RIO	3193
12 Fromer, Daniela	So	SDMC	3179
13 Gonzalez, Veronica	Fr	SA	3130
14 Miller, Noel	Fr	GWC	3052
15 Lompart, Amanda	Fr	MOOR	3037
16 Wee, MaryAnn	Fr	FC	3032
17 Woodward, Rose	Fr	SBCC	3017
18 Chouinard, Katie	So	RCC	3016
19 Williams, Joanna	So	OCC	2999
20 McCurdy, Amanda	Fr	CUYA	2863
21 Reeds, Mary	So	SBCC	2748

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(Women Heptathlon)

22	Bailey, Johanna	FR	MOOR	2693
23	Emory, Katie	SO	SBCC	2681
24	Ocampo, Eunice	So	RIO	2620
25	Thompson, Jenny	So	OCC	2567
26	Ruiz, Krystle	Fr	RCC	2529
27	Lovell, Cara	Fr	SDMC	2516
28	Metcalf, Chelsea	So	OCC	2371
29	Taylor, Alexandra	Fr	FC	2057
30	Carneiro, Lela	Fr	CUYA	1881

Men 100 Meter Dash

Name	Yr	Team	Finals	
Section 1 Finals Wind: 3.0				
1	Ware, Jared	Fr	RCC	10.37
2	Alugbue, Roy	Fr	ELC	10.51
3	Lenaris, Cory	So	GCC	10.58
4	Woods, Brian	Fr	LBCC	10.60
5	Jones, Stirley	Fr	GWC	10.63
6	Gray, Brent	Fr	LBCC	10.66
7	Whaley, Terrance	Fr	RCC	10.78
8	Hemphill, Daniel	Fr	LBCC	10.91

Men 200 Meter Dash

Name	Yr	Team	Finals	
Section 1 Finals Wind: 1.4				
1	Ware, Jared	Fr	RCC	21.01
2	White, Deon	Fr	SDMC	21.13
3	Woods, Brian	Fr	LBCC	21.24
4	Hughley, Mario	Fr	RCC	21.37
5	Alugbue, Roy	Fr	ELC	21.46
6	Jones, Stirley	Fr	GWC	21.64
7	Lenaris, Cory	So	GCC	21.73
8	Tryon, Justin	Fr	CANS	21.82

Men 400 Meter Dash

Name	Yr	Team	Finals	
Section 1 Finals				
1	Hughley, Mario	Fr	RCC	47.21
2	Johnson, David	So	RCC	47.25
3	Moore, Mitchell	Fr	LBCC	47.43
4	Hill, David	So	LBCC	47.59
5	Walker, Anthony	Fr	MSAC	47.97
6	Littleton, Jarvis	So	LBCC	48.03
7	White, Damein	Fr	RCC	48.71
8	McGiffert, Dominic	Fr	LBCC	49.32

Men 800 Meter Run

Name	Yr	Team	Finals	
Section 1 Finals				
1	Cobian, Mario	Fr	PCC	1:53.41
2	Giles, Edward	So	CC	1:54.90
3	Moiser, David	Fr	CUYA	1:55.48
4	Tippett, Stephen	Fr	SC	1:56.48
5	Woods, Drew		OCC	1:57.40
6	Latourelle, Chad	Fr	MSAC	2:00.33

7	Walker, Daris	Fr	CITR	2:01.47
8	Bleach, Brandon	Fr	SBVC	2:01.52

Men 1500 Meter Run

Name	Yr	Team	Finals	
Section 1 Finals				
1	Rojas, Humberto	So	OCC	3:54.35
2	Cobian, Mario	Fr	PCC	3:54.40
3	Arredondo, Tony	Fr	OXN	3:56.16
4	Lopez, Gabriel	So	OXN	3:59.24
5	Sthula, Chris		CUES	4:00.71
6	Burrola, Jose	So	AVC	4:00.88
7	Staggs, Matt	So	OCC	4:02.15
8	Elmi, Mo	Fr	SMC	4:03.79
9	Tibbetts, Eric	So	CITR	4:05.17
10	Hanakeawe, Jason	Fr	ELC	4:06.01
11	Scott, Billy	Fr	CUYA	4:06.37
12	Huddleston, Chris	Fr	MSAC	4:09.65

Men 5000 Meter Run

Name	Yr	Team	Finals	
Section 1				
1	Arredondo, Tony	Fr	OXN	14:58.01
2	Wagnew, Babey	Fr	SWC	15:09.74
3	Lopez, Gabriel	So	OXN	15:11.95
4	Casillas, Jose	Fr	OCC	15:14.83
5	Meija, Juan	Fr	VC	15:20.46
6	Parra, Porfilio	So	TECH	15:25.99
7	Perez, Isaac	So	SA	15:28.00
8	Cipolla, Matt	So	SBCC	15:50.11
9	Ramirez, Ruben	Fr	MSAC	15:53.69
10	Alvarez, Oswaldo	So	SWC	15:55.77
11	Johnson, Brandon	Fr	CC	15:56.30
12	Lotspeich, Joe	So	CC	15:57.01
13	Gomez, Jesus	So	CUYA	15:57.94
14	Gehr, Matt	Fr	VC	15:58.31
15	Cedeno, Martin	Fr	SBVC	16:00.27
16	Pescador, Luis	So	SBVC	16:04.64
17	Diaz, Jose	So	FC	16:05.54
18	Lopez, Jivanny	So	CC	16:07.00
19	Rojas, Vincent	Fr	CC	16:08.91
20	Alvarez, Daniel		MSAC	16:17.35
21	Valenzuela, Jason	So	OCC	16:19.80
22	Mendoza, Nahavi	Fr	TECH	16:39.22
23	Silveria, Dennis	Fr	SBVC	16:39.76
---	Rojas, Humberto	So	OCC	DNF
---	Hughes, Kyle	Fr	SC	DNF

Men 10000 Meter Run

Name	Yr	Team	Finals	
Section 1				
1	Wagnew, Babey	Fr	SWC	31:19.07
2	Perez, Isaac	So	SA	31:37.53
3	Casillas, Jose	Fr	OCC	31:43.33
4	Meija, Juan	Fr	VC	31:44.60
5	Hughes, Kyle	Fr	SC	32:20.92
6	Silveria, Dennis	Fr	SBVC	32:35.49

7	Gomez, Rigo	Fr	MSAC	32:49.39
8	Alvarez, Moises	So	OXN	32:49.62
9	Landeros, Carlos	Fr	SWC	32:49.92
10	Diaz, Jose	So	FC	33:00.00
11	Gomez, Jesus	So	CUYA	33:07.67
12	Rojas, Vincent	Fr	CC	33:31.05
13	Pluff, Joseph	Fr	SDMC	33:50.41
14	Zavala, Jose	Fr	VC	33:58.20
15	enrique, Hans		VC	33:59.21
16	Meija, Francisco	Fr	BC	34:00.31
17	Chavez, Orlando	Fr	SA	34:03.90
18	Wong, Ray	Fr	MSAC	34:17.41
19	Flores, Alex		AHC	34:25.43
20	Hernandez, Martin		CUES	34:42.47
21	Hamilton, Josh	Fr	BC	34:48.73
22	Ramos, alberto		GCC	35:01.19
23	Valenzuela, Jason	So	OCC	35:04.08
24	Arciniaga, Mike	Fr	OCC	35:08.25
25	Lotspeich, Joe	So	CC	35:27.78
26	Cerritos, Jostias	So	TECH	35:28.48

Men 110 Meter Hurdles

Name	Yr	Team	Finals	
Section 1 Finals Wind: 2.4				
1	Miller, Jeremy	So	BC	14.49
2	Williams, Marcus	Fr	MSAC	14.71
3	Blue, Nicholas	Fr	WLA	14.80
4	Gant, Dupree	So	RCC	14.91
5	Laing, Dean	Fr	CC	15.45
6	Freeman, Chad	So	SBCC	15.62
7	Richardson, Christoph	So	CC	15.74
8	Falcioni, Nicholas	Fr	SA	15.88

Men 400 Meter Hurdles

Name	Yr	Team	Finals	
Section 1 Finals				
1	Thomas, Chad	Fr	MSAC	52.53
2	Session, Tracy	So	LBCC	52.98
3	Blue, Nicholas	Fr	WLA	54.35
4	Hawthorne, Donald	So	SC	54.36
5	Cedeno, Leslie	Fr	LBCC	54.51
6	Hillary, Justin	Fr	SWC	56.54
7	Terakawa, Haruki	Fr	SC	58.71
---	Gomez, Robert	So	BC	DNF

Men 3000 Meter Steeplechase

Name	Yr	Team	Finals	
Section 1 Finals				
1	Parra, Porfilio	So	TECH	9:32.14
2	Cedeno, Martin	Fr	SBVC	9:35.08
3	Limon, Omar	So	GCC	9:44.23
4	Valenzuela, Jason	So	OCC	9:44.62
5	Fitzgerald, Patrick	So	OCC	9:45.86
6	Gomez, Rigo	Fr	MSAC	9:45.91
7	Mendoza, Nahavi	Fr	TECH	9:49.61
8	George, Jon	Fr	CUES	9:59.66
9	Lewis, Jason	Fr	BC	10:02.45

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Section 1 Finals ... (Men 3000 Meter Steeplechase)

10 Renaud, Matt	Fr	CUYA	10:15.11
11 Arciniaga, Mike	Fr	OCC	10:20.47
--- Lopez, Kendall	So	ELC	DQ

Men 4x100 Meter Relay

Team	Relay	Finals
Section 1 Finals		
1 RCC	A	40.91
2 MSAC	A	40.99
3 SDMC	A	41.53
4 ELC	A	141.55
4 LBCC	A	41.55
6 CC	A	41.89
7 SC	A	42.14
8 CANS	A	43.16

Men 4x400 Meter Relay

Team	Relay	Finals
Section 1 Finals		
1 LBCC	A	3:11.01
2 RCC	A	3:11.07
3 MSAC	A	3:12.60
4 CC	A	3:16.62
5 SC	A	3:16.91
6 ELC	A	3:17.56
7 BC	A	3:20.29
8 WLA	A	3:21.90

Men High Jump

Name	Yr	Team	Finals
Flight 1 Finals			
1 Flax, Donoir		MSAC	7-00.00
2 Allen, Justin	So	SC	6-10.00
3 Fisher, Amir	So	ELC	6-08.00
4 Mays, Thomas	Fr	SBCC	6-06.00
5 McClain, Dorian	Fr	SMC	J6-04.00
5 Alugbue, Roy	Fr	ELC	J6-04.00
5 Richardson, Christoph	So	CC	6-04.00
5 Okenwa, Michael	Fr	CUYA	J6-04.00
9 Mancha, Joey	So	SC	J6-02.00
9 Foreman, Lee	Fr	BC	J6-02.00
9 Smith-Hagans, Coupe	So	RCC	6-02.00
9 McLaurin, Filmore	So	ELC	J6-02.00
13 Enderson, Roger	Fr	SDMC	6-00.00
--- Uwadia, Kingsley	So	SBVC	NH
--- Delahoussaye, Dan	Fr	GWC	NH

Men Pole Vault

Name	Yr	Team	Finals
Flight 1 Finals			
1 Mora, Brandon	Fr	GWC	16-00.00
2 Little, Colin	Fr	MSAC	15-06.00
2 Lubeck, Josh	Fr	MOOR	J15-06.00
4 Valdivia, Dustin	Fr	MSAC	J15-00.00
4 Carreon, Patrick	Fr	MSAC	15-00.00

6 Starnes, Clay	So	SC	J14-06.00
6 Gossler, Corey	Fr	MOOR	J14-06.00
6 Atef, Kaveh	Fr	MSAC	14-06.00
6 Armendariz, Noe	Fr	MSAC	J14-06.00
10 Peterson, Kyle	Fr	OCC	14-00.00
--- Gallay, Kevin	Fr	MOOR	NH

Men Long Jump

Name	Yr	Team	Finals
Flight 1 Finals			
1 Mosby, Demetri	Fr	RIO	24-08.25
2 Richardson, Christoph	So	CC	24-07.00
3 Johnson, David	So	RCC	23-11.25
4 Lewis, Javaun	Fr	LASW	J23-08.00
4 Flax, Donoir		MSAC	23-08.00
6 Bolin, Vincent	Fr	SA	23-03.25
7 Nunez, Francis	Fr	RCC	23-02.25
8 Hawthorne, Donald	So	SC	22-11.00
9 Napoleon, Jason	Fr	MOOR	22-09.00
10 Strong, Michael	So	LBCC	22-08.25
11 Caples, Leonard	So	SWC	22-05.00
12 Young, Robert	Fr	SBCC	22-03.25

Men Triple Jump

Name	Yr	Team	Finals
Flight 1 Finals			
1 Green, Frankie	Fr	SDMC	50-07.00
2 McFarlane, Raphael	Fr	SC	48-10.00
3 Flax, Donoir		MSAC	48-00.00
4 Hawkins, Rodney	Fr	LBCC	47-09.50
5 Lewis, Troy	Fr	MOOR	46-09.75
6 Hawthorne, Donald	So	SC	46-07.75
7 Wise, Christian	Fr	PCC	45-02.50
8 Wyse, Lyndon	Fr	CC	45-01.25
9 Kaafi, Dan	Fr	CANS	44-11.75
10 Ma, Robert	Fr	PCC	44-00.50
11 Nunez, Francis	Fr	RCC	43-02.25
--- Napoleon, Jason	Fr	MOOR	ND

Men Shot Put

Name	Yr	Team	Finals
Flight 1 Finals			
1 Veldman, Colin	So	MOOR	56-07.00
2 Peck, Dwayne	Fr	GWC	54-10.50
3 Davis, Ryan	So	CANS	53-10.50
4 Roussell, O'Neill	Fr	CITR	48-07.00
5 Medina, Adam	So	RCC	47-06.50
6 Davis, Willie	Fr	LBCC	47-04.00
7 Nevarez, RJ	Fr	SC	47-00.50
8 Meade, John	Fr	CUYA	46-07.00
9 Odom, Shannon	So	BC	45-02.50
10 Munir, Muwwakkil	Fr	PCC	43-07.00
11 Mac Arthur, Cody	So	MOOR	43-05.50
12 Thompson, daniel		RCC	41-02.50

Men Discus Throw

Name	Yr	Team	Finals
Flight 1 Finals			
1 Veldman, Colin	So	MOOR	176-03
2 Slinkard, Dustin	Fr	SC	157-05
3 Medina, Adam	So	RCC	150-06
4 Richardson, Christoph	So	CC	150-00
4 Hogan, Robert	Fr	MOOR	J150-00
6 Sugishita, Tommy	So	MOOR	149-02
7 Peck, Dwayne	Fr	GWC	147-04
8 Gaines, Chris	Fr	SDMC	147-00
9 Mac Arthur, Cody	So	MOOR	145-01
10 Gocke, Cody	Fr	CUYA	140-00
10 Gray, Matt	Fr	FC	140-00
12 Ramirez, Armando	Fr	CC	134-06

Men Hammer Throw

Name	Yr	Team	Finals
Flight 1 Finals			
1 Veldman, Colin	So	MOOR	187-09
2 Sugishita, Tommy	So	MOOR	168-11
3 McGinley, Shaun	So	SA	157-10
4 Sherry, Kyle	So	MOOR	156-08
5 Hogan, Robert	Fr	MOOR	155-07
6 Ramirez, Armando	Fr	CC	154-09
7 Davis, Ryan	So	CANS	151-00
8 Arnold, Keith	Fr	BC	149-10
9 Mac Arthur, Cody	So	MOOR	147-09
10 Odom, Shannon	So	BC	140-07
11 Miconi, Nicholas	Fr	AVC	138-09
12 Peneda, Alvaro	Fr	MSAC	126-03

Men Javelin Throw

Name	Yr	Team	Finals
Flight 1 Finals			
1 Richardson, Christoph	So	CC	190-02
2 Bawden, Nick	Fr	MOOR	183-07
3 Burbach, Chris	Fr	OCC	180-00
4 Grimm, Ross	Fr	SC	172-01
5 Gaines, Chris	Fr	SDMC	169-10
6 Crichton, Ian	So	CC	169-03
7 Marchbank, Garrett	Fr	GWC	168-11
8 Mac Arthur, Cody	So	MOOR	159-01
9 Gocke, Cody	Fr	CUYA	156-05
10 Smith, Ben	Fr	SA	144-06
11 Davila, Antonio	Fr	ELC	144-01

Men Decathlon

Name	Yr	Team	Finals
1 Richardson, Christoph	So	CC	6968
2 Ricks, Jarom	Fr	BC	5589
3 Price, Mike	Fr	CC	5553
4 Freeman, Chad	So	SBCC	5527
5 Johnson, Erik	So	GWC	5490
6 Laing, Dean	Fr	CC	5473
7 Nooney, Robert	Fr	SBCC	5410

2005 Southern California Track - 4/30/2005 to 5/7/2005

Saddleback College

Results

(Men Decathlon)

8	Selinsky, Christopher	So	FC	5157
9	Club, Steven	Fr	MSAC	5124
10	Valdez, Daniel	Fr	SBVC	5117
11	Gant, Dupree	So	RCC	5072
12	Mancha, Joey	So	SC	4971
13	Powell, Kevin	Fr	SBVC	4879
14	Croson, Anthony	So	CUYA	4843
15	Uwadia, Kingsley	So	SBVC	4820
16	Enderson, Roger	Fr	SDMC	4630
17	Amy, Jason	So	RCC	4570
18	McGhee, Dan	So	CUYA	4464
19	Valentine, Alex	Fr	SANT	4272
20	Winters, Will	Fr	SBVC	4157
21	Aluizio, Antonio	Fr	RIO	4112
22	Orgill, Riley	Fr	GWC	4064
23	Zavaleta, Robert	Fr	RCC	3839
24	Evans, Jeremy	Fr	LAVC	2717