

## SoCal Championships - 5/10/2015

## Finished Results

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## Results

## Event 1 Women Javelin Throw

SoCal Meet: 53.49m &lt; 1992 Vijitha Amerasakera

Name	Yr	School	Finals
<b>Finals</b>			
1 Jessica Escalante	SO	Santa Barbar	36.69m
2 Raena Ramirez	FR	Golden West	34.69m
3 Raiven Ellis	FR	Cerritos	34.22m
4 Deirdre Mercado	SO	Mt. Sac	33.83m
5 Breanna Curry	FR	Cerritos	33.57m
6 Cambria Serrano	SO	El Camino	33.37m
7 Allison Zalin	FR	Glendale	33.30m
8 Desdrith Mejia	FR	Mt. Sac	32.69m
9 Carolyn Nguyen	SO	Mt. Sac	32.53m
10 Sarah Baker	FR	Cerritos	29.24m
11 Jasmine Williams	SO	Fullerton	28.19m
12 Jennifer Hulfachor	SO	Cuesta	27.07m

## Event 2 Men Javelin Throw

SoCal Meet: 66.89m &lt; 1989 Rich Doering

Name	Yr	School	Finals
<b>Finals</b>			
1 Daniel Hernandez	SO	Golden West	57.34m
2 Aaron Mateski	SO	Santa Barbar	56.96m
3 James Gough	FR	Riverside	56.34m
4 Tyler Edwards	SO	Saddleback	55.27m
5 Tyler Bodison	SO	West Los Ang	54.50m
6 Marvin Magg	SO	Santa Barbar	52.16m
7 Cade Lindsay	FR	Mt. Sac	49.49m
8 Jose Ochoa	SO	Long Beach	48.50m
9 Kevin Heinemann	FR	El Camino	45.44m
10 Nathaniel Vinson	FR	Bakersfield	45.36m
11 Cole Hicks	FR	Riverside	42.07m
12 Ramiro Arreola	FR	East LA	41.16m

## Event 3 Men Hammer Throw

SoCal Meet: 64.27m &lt; 2002 Kibwe Johnson

Name	Yr	School	Finals
<b>Finals</b>			
1 Mitch Dixon	SO	Saddleback	57.39m
2 Matthew Seawright	FR	Cerritos	56.81m
3 Aaron Russell	SO	SD Mesa	55.49m
4 Austin Turner	SO	Riverside	53.86m
5 Esteban Anguiano	SO	Mt. Sac	53.54m
6 Shawn Dech	SO	Riverside	52.23m
7 Jose Casillas	FR	Riverside	50.61m
8 Frank Clarke	SO	Riverside	48.64m
9 Christopher Brown	FR	Riverside	47.34m
10 Gavin Coath	SO	Golden West	46.87m
11 Jared Springer	FR	Allan Hancoc	44.73m
11 Casey Peraza	SO	Golden West	44.73m

## Event 4 Women Discus Throw

SoCal Meet: 54.11m &lt; 1990 Grace Apiafi

Name	Yr	School	Finals
<b>Finals</b>			
1 Michelle Campa	FR	Riverside	42.51m
2 Carolyn Nguyen	SO	Mt. Sac	40.58m
3 Samiyah Hawkins	FR	Canyons	39.39m
4 Sisilia Puaka	FR	Cerritos	39.37m
5 Valeria Castro	FR	Mt. Sac	38.03m
6 Olivia Kana	SO	Riverside	37.72m
7 Ashley Santos	FR	Riverside	36.20m
8 Christina Gibson	SO	West Los Ang	34.63m
9 Nikki Yanez	FR	Cerritos	34.44m
10 Marilyn Quintero	FR	Bakersfield	33.98m
11 Avery Dail	SO	Riverside	33.93m
12 De'ondra Young	FR	Palomar	31.43m

## Event 5 Men Long Jump

SoCal Meet: 7.90m &lt; 1978 Kenny Hays

Name	Yr	School	Finals
<b>Finals</b>			
1 Joshua Taylor	FR	East LA	7.15m 1.1
2 Hakeem Fairweather	SO	Mt. Sac	7.05m 1.7
3 Arik Nesbit	FR	Saddleback	7.01m 1.5
4 Lee Mitchell	FR	Saddleback	6.86m 0.5
5 Terrynce Duke	SO	West Los Ang	6.77m 2.4
6 John Soriano	FR	Riverside	6.60m +0.0
7 Dylan Roberts	FR	Ventura	6.57m 2.5
8 Justin McKinley	SO	Riverside	6.53m 1.3
9 William Ingram	SO	El Camino	6.53m 1.1
10 Michael Butterbredt	FR	Riverside	6.50m +0.0
11 Christopher Rasmussen	SO	El Camino	6.45m 1.9
12 Jherrell Charles	FR	Riverside	6.19m +0.0

## Event 6 Women Long Jump

SoCal Meet: 6.24m &lt; 1989 Lashawn Simmons

Name	Yr	School	Finals
<b>Finals</b>			
1 Kaniya Bawlon	FR	East LA	5.41m 2.2
2 Daria Sharova	FR	Golden West	5.24m +0.0
3 Kayla Wilson	FR	Riverside	5.16m 1.9
4 Yanitza Padfield	FR	SD Mesa	5.07m 0.8
5 Elizabeth Cotociu	FR	Golden West	4.95m 0.9
6 Kaira Saunders	FR	Bakersfield	4.94m +0.0
7 Breanna Curry	FR	Cerritos	4.87m 1.3
8 Maria de Jesus Garcia	SO	Southwestern	4.69m 0.7
8 Ariel Thomas	FR	Cerritos	4.69m +0.0
10 Carissa Baker	FR	West Los Ang	4.66m +0.0

## Event 7 Women Pole Vault

SoCal Meet: 3.82m &lt; 5/7/2013 Tiziana Ruiz

Name	Yr	School	Finals
<b>Finals</b>			
1 MaKenna Powell	FR	West Los Ang	3.65m

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## Finals ... (Event 7 Women Pole Vault)

Name	Yr	School	Finals
2 Augusta Thomason	FR	Cuesta	J3.65m
3 Sara Curran	FR	El Camino	3.55m
4 Megan Hasseler	FR	Mt. Sac	J3.55m
5 Deirdre Mercado	SO	Mt. Sac	3.40m
6 Arielle Bray	SO	Riverside	3.25m
6 Sydney Cueva	SO	Saddleback	3.25m
8 Erica Davis	FR	Cerritos	3.10m
9 Cassidy Motis	FR	SD Mesa	J3.10m
10 Alicia Arnett	FR	Golden West	2.95m
11 Morgan Hasseler	FR	Mt. Sac	J2.95m

## Event 8 Women High Jump

SoCal Meet: 1.83m &lt; 1979 Phyllis Blunston

Name	Yr	School	Finals
<b>Finals</b>			
1 Breanna Curry	FR	Cerritos	1.66m
2 Doshawn Franks	FR	West Los Ang	1.61m
3 Brandy Navarro	FR	Cerritos	J1.61m
4 Karla Alatore	FR	Riverside	1.56m
5 Zakora Merriweather	FR	Canyons	J1.56m
6 Shelby Stoner	FR	Saddleback	1.51m
6 Angela Steel	FR	Saddleback	1.51m
8 Jasmine Williams	SO	Fullerton	J1.51m
9 Jessica Cardenas	FR	Orange Coast	J1.51m
10 Olivia Gemperle	FR	Cuesta	1.46m

## Event 9 Women Hammer Throw

SoCal Meet: 61.70m &lt; 5/4/2013 Jessika Byrd

Name	Yr	School	Finals
<b>Finals</b>			
1 Jacklyn Chasteler	SO	Saddleback	56.56m
2 De'ondra Young	FR	Palomar	49.63m
3 Olivia Kana	SO	Riverside	47.15m
4 Hannah Peterson	SO	Saddleback	47.02m
5 Sima Jo Benson	FR	Moorpark	41.91m
6 Avery Dail	SO	Riverside	41.00m
7 Carmen Cardenas	SO	Riverside	40.17m
8 Serina Holguin	FR	Mt. Sac	39.48m
9 Briana Gaipa	FR	Cuyamaca	38.88m
10 Aisiah Tuiasosopo	FR	Glendale	38.42m
11 Valeria Castro	FR	Mt. Sac	38.34m
12 Val-Larrie Brantley	FR	Glendale	37.80m

## Event 10 Men Discus Throw

SoCal Meet: 58.18m &lt; 1991 Dag Solhaug

Name	Yr	School	Finals
<b>Finals</b>			
1 Aaron Russell	SO	SD Mesa	53.88m
2 Jovann Letuli	FR	Cuyamaca	50.45m
3 Matthew Seawright	FR	Cerritos	48.41m
4 Christopher Brown	FR	Riverside	47.13m
5 Shawn Dech	SO	Riverside	46.84m
6 Mitch Dixon	SO	Saddleback	45.30m

7 Garrett Burrow	FR	Riverside	43.58m
8 Esteban Anguiano	SO	Mt. Sac	43.53m
9 Braxton Word	FR	Fullerton	41.95m
10 Dillen Littles	FR	Bakersfield	38.04m
11 Demetrius Howard	FR	San Bernardi	36.96m

## Event 11 Men High Jump

SoCal Meet: 2.23m &lt; 1981 Brian Stanton/Dennis Lewis

Name	Yr	School	Finals
<b>Finals</b>			
1 Christopher Rasmussen	SO	El Camino	1.97m
2 Diego Felix	SO	Riverside	J1.97m
2 William Ingram	SO	El Camino	J1.97m
4 Marcus Streeter	FR	Glendale	J1.97m
4 Justin McKinley	SO	Riverside	J1.97m
6 Michael Butterbredt	FR	Riverside	1.92m
7 Luke McAllister	FR	Santa Barbar	J1.92m
8 Jahvod McDermott	FR	Riverside	1.87m
8 Jacob Thorton	FR	Long Beach	1.87m
8 Chris Burton	FR	SD Mesa	1.87m
11 Chris Rodriguez	FR	Cerritos	J1.87m
11 Brent Dionisio	FR	Allan Hancoc	J1.87m
13 Hakeem Fairweather	SO	Mt. Sac	J1.87m

## Event 12 Men Pole Vault

SoCal Meet: 5.36m &lt; 1984 Doug Wicks

Name	Yr	School	Finals
<b>Finals</b>			
1 Jeremy Kimmer	FR	Glendale	4.83m
2 Alexander Law	SO	Cuyamaca	J4.83m
3 Giovanni Hernandez	FR	Mt. Sac	4.68m
4 Joe Dreyer	SO	Cuesta	J4.68m
5 Reed Scale	SO	Mt. Sac	J4.68m
6 Cade Lindsay	FR	Mt. Sac	J4.68m
7 Viktor Moen	FR	Mt. Sac	4.53m
8 Kyle Victoria	SO	Orange Coast	4.38m
8 Garrett Hansen	FR	Mt. Sac	4.38m
10 Jason Mckinnon	SO	Orange Coast	J4.38m

## Event 13 Women Shot Put

SoCal Meet: 14.94m &lt; 1990 Grace Apiafi

Name	Yr	School	Finals
<b>Finals</b>			
1 Sisilia Puaka	FR	Cerritos	12.84m
2 De'ondra Young	FR	Palomar	12.29m
3 Ashley Santos	FR	Riverside	12.11m
4 Aisiah Tuiasosopo	FR	Glendale	11.96m
5 Richelle Kafoa	FR	Riverside	11.87m
6 Olivia Kana	SO	Riverside	11.61m
7 Avery Dail	SO	Riverside	11.52m
8 Christina Gibson	SO	West Los Ang	11.32m
9 Michelle Campa	FR	Riverside	11.17m
10 Samiyah Hawkins	FR	Canyons	11.06m
11 Simone Everet	SO	Palomar	9.90m

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## Event 14 Men Triple Jump

SoCal Meet: 16.30m &lt; 1984 Stan Oproski

Name	Yr	School	Finals
<b>Finals</b>			
1 Zain Palacio	FR	West Los Ang	14.45m -2.2
2 Chris Henderson	SO	Orange Coast	14.35m -1.7
3 Joshua Taylor	FR	East LA	14.26m -0.2
4 Dylan Roberts	FR	Ventura	14.24m +0.0
5 Genesis Smith	FR	Santa Monica	14.04m -1.5
6 Jahvod McDermott	FR	Riverside	14.00m -1.3
7 Dez Smith	SO	Cuesta	13.95m +0.0
8 Gary Davidson	SO	Riverside	13.82m -1.3
9 Arik Nesbit	FR	Saddleback	13.78m -0.7
10 John Soriano	FR	Riverside	13.27m 0.1
11 Gustavo Caballero	SO	Mt. Sac	12.68m +0.0

## Event 15 Women Triple Jump

SoCal Meet: 12.78m &lt; 2001 Andria Booker

Name	Yr	School	Finals
<b>Finals</b>			
1 Raiven Ellis	FR	Cerritos	11.32m +0.0
2 Chantel Dunson	FR	Long Beach	11.19m +0.0
3 Zaynab Bent-Mikail	FR	El Camino	10.99m +0.0
4 Ariel Thomas	FR	Cerritos	10.97m -1.5
5 Michannai Wright	FR	Cerritos	10.96m -2.3
6 Maria de Jesus Garcia	SO	Southwestern	10.95m 1.2
7 Michaela Schaeffer	FR	Orange Coast	10.54m +0.0
8 Rinecia Jackson	FR	Mt. Sac	10.24m 1.0
9 Jacqueline Moya	SO	Mt. Sac	10.22m +0.0
10 Andrea Hernandez	FR	Mt. Sac	10.12m +0.0
11 Emily Stephenson	FR	Ventura	10.09m 0.8

## Event 16 Men Shot Put

SoCal Meet: 19.69m &lt; 1982 Hank Kraychir

Name	Yr	School	Finals
<b>Finals</b>			
1 Frank Clarke	SO	Riverside	16.04m
2 Jose Casillas	FR	Riverside	15.39m
3 Mitch Dixon	SO	Saddleback	15.33m
4 Aaron Russell	SO	SD Mesa	15.29m
5 Gavin Coath	SO	Golden West	14.97m
6 Matthew Seawright	FR	Cerritos	14.84m
7 Shawn Dech	SO	Riverside	14.57m
8 Christopher Brown	FR	Riverside	14.28m
9 Jared Springer	FR	Allan Hancoc	14.27m
10 Cesar Santiesteban	FR	East LA	14.09m
11 Joseph Ochoa	FR	Santa Barbar	12.87m
12 Fernando Rodriguez	FR	Riverside	12.79m

## Event 17 Women 3000 Meter Steeplechase

SoCal Meet: 10:56.01 &lt; 5/11/2010 Larissa Davis

Name	Yr	School	Finals
<b>Finals</b>			
1 Laura Aceves	SO	East LA	10:54.96<

2 Jessica Betancourt	SO	Palomar	11:21.27
3 Haley Heinemann	SO	El Camino	11:29.83
4 Sylvia Longworth	SO	Cuyamaca	11:40.45
5 Jordan Linsky	FR	SD Mesa	11:43.20
6 Amanda De Jesus	FR	Canyons	11:54.98
7 Isi Ibarra	SO	Riverside	11:57.98
8 Xiomara Jimenez	FR	Saddleback	12:02.69
9 Paola Silvestre	SO	Bakersfield	12:06.72
10 Samantha Ogan	FR	Mt. Sac	12:28.29
11 Ruby Medina	SO	Mt. Sac	12:35.04
12 Elsa Vazquez	FR	Cerritos	12:35.99

## Event 18 Men 3000 Meter Steeplechase

SoCal Meet: 8:55.15 &lt; 1990 David Baptiste

Name	Yr	School	Finals
<b>Finals</b>			
1 Ethan Walker	FR	Canyons	9:19.08
2 Teddy Kassa	SO	El Camino	9:21.31
3 Jared Jones	FR	Long Beach	9:26.84
4 Bryan Tellez-Tolentino	FR	Mt. Sac	9:41.55
5 Miles Brubacher	FR	Saddleback	9:41.75
6 Dennis Gonzales	FR	Riverside	9:42.00
7 Lawrence Stokes	FR	Cuesta	9:46.86
8 Jose Lopez	FR	Mt. Sac	9:51.61
9 Adam Grimmitt	FR	Santa Barbar	9:57.32
10 Alejandro Rios	FR	Cerritos	10:11.57
11 Forrest Riley	FR	Santiago Can	10:14.78
12 Jason Hillquist	FR	Canyons	10:42.82

## Event 19 Women 4x100 Meter Relay

SoCal Meet: 45.59 &lt; 1983 Mt. SAC

Team	Relay	Finals
<b>Finals</b>		
1 Cerritos		47.17
1) Shukura Tyler FR	2) Najia Hudspeth FR	
3) Brandy Navarro FR	4) Lauryn Ballard FR	
2 Mt. Sac		47.32
1) Sarah Dunmore SO	2) Jazmine Robertson SO	
3) Kiara Speed SO	4) Jhaylen Ball FR	
3 Riverside		47.72
1) Alexis League SO	2) Kayla Wilson FR	
3) Latreece Cox FR	4) Maia Reynolds FR	
4 Bakersfield		47.94
1) Nicole Lewis SO	2) Taira Saunders FR	
3) Zariah Marr FR	4) Kaira Saunders FR	
5 Santa Barbara		48.48
1) Anyel Thomas FR	2) Olivia Loy FR	
3) Marla Bonser SO	4) Jessica Escalante SO	
6 El Camino		48.62
1) Kimberly Markley FR	2) Xiomara Perkins FR	
3) Shelby Bassman SO	4) Hallesha Williams FR	
7 Orange Coast		48.90
1) Hannah Heising FR	2) Taylor Sims FR	
3) Mycol Smith-Ray FR	4) Deontee Ayers FR	

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## Finals ... (Event 19 Women 4x100 Meter Relay)

Team	Relay	Finals
8 West Los Angeles		49.18
1) Keishonda Rose SO	2) Doshawn Franks FR	
3) Jenicie Thomas SO	4) Carissa Baker FR	

## Event 20 Men 4x100 Meter Relay

SoCal Meet: 39.47 &lt; 1985

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Team	Relay	Finals
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## Finals

1 Mt. Sac		40.37
1) Armani Mcneal FR	2) Cravon Gillespie FR	
3) Isaiah Kennedy SO	4) Erik Cisneros FR	
2 Riverside		41.36
1) Todd Handley FR	2) Quinton Bell FR	
3) Jamal Orme FR	4) Tanner Townsend SO	
3 Glendale		41.75
1) Jonathan Smith SO	2) Isaiah Bernard FR	
3) Johnson Kamaren FR	4) Andrew Castaneda FR	
4 Cerritos		41.76
1) Ricardo Thomas FR	2) Virjilio Griggs FR	
3) Clifford Scott FR	4) Juan Ward FR	
5 Canyons		41.90
1) Jonathan Choi FR	2) Cole Mears FR	
3) Robert Brennan FR	4) Sike Azu-Irondi FR	
6 Long Beach		42.00
1) Anterio Bateman	2) Jordan Noble FR	
3) Damond Burns FR	4) Jacob Thornton FR	
7 West Los Angeles		42.05
1) Kendell Holiday SO	2) Samar Anderson SO	
3) Nicholas Davis SO	4) Venzel Rucker SO	
8 Orange Coast		43.44
1) George Petsas SO	2) Kyle White FR	
3) Terrance Chester FR	4) Justin Gibbons SO	

## Event 21 Women 1500 Meter Run

SoCal Meet: 4:19.20 &lt; 1978

Ruth Caldwell (Wysocki)

Name	Yr	School	Finals
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## Finals

1 Aminat Olowora	FR	Southwestern	4:34.01
2 Mikala Fairchild	FR	Canyons	4:37.14
3 Crystal Tejada	FR	Riverside	4:38.74
4 Sierra Ungerman	SO	Mt. Sac	4:38.92
5 Ariel Melendez	SO	Cerritos	4:39.29
6 Maria Morales	SO	Riverside	4:40.34
7 Sara Fleming	FR	Saddleback	4:43.68
8 Andrea Mendez	FR	Fullerton	4:46.85
9 Miranda Fisher	SO	Cuyamaca	4:52.15
10 Maria Orosco	FR	Cerritos	4:52.67
11 Janet Salazar	FR	Cerritos	4:53.76
12 Jessica Campbell	SO	Bakersfield	4:56.33

## Event 22 Men 1500 Meter Run

SoCal Meet: 3:39.17 &lt; 1990

Nourredine Morceli

Name	Yr	School	Finals
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## Finals

1 Anthony Lozano	SO	Cerritos	3:51.89
2 Brandon Messerly	SO	Cuesta	3:52.21
3 Francisco Ortiz	SO	Cerritos	3:54.32
4 Alex Heuchert	SO	Santa Barbar	3:54.99
5 Oscar Soto	FR	Cuyamaca	3:55.30
6 Tyler Potts	FR	Mt. Sac	3:56.35
7 Ashton Garcia	FR	Canyons	3:56.76
8 Marc Marcano	SO	Glendale	3:58.35
9 Carlos Ponce	SO	Southwestern	3:58.56
10 Douglas Palmer	SO	San Bernardi	3:58.93
11 Jeronimo Brito	FR	Riverside	3:59.19
12 Justin Weaver	SO	Long Beach	4:21.36

## Event 23 Women 100 Meter Hurdles

SoCal Meet: 13.60 &lt; 1994

Astia Walker

Name	Yr	School	Finals
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## Finals

1 Jenai Vickers	FR	Cerritos	14.37 0.2
2 Jazmine Robertson	SO	Mt. Sac	14.56 0.2
3 Alisha Greenlaw	FR	Ventura	14.83 0.2
4 Breanna Curry	FR	Cerritos	15.01 0.2
5 Taylor Sims	FR	Orange Coast	15.02 0.2
6 Lauren Henderson	FR	Riverside	15.03 0.2
7 Larissa Johnson	FR	Southwestern	15.12 0.2
8 Daria Sharova	FR	Golden West	15.23 0.2
9 Brandy Navarro	FR	Cerritos	15.38 0.2

## Event 24 Men 110 Meter Hurdles

SoCal Meet: 13.83 &lt; 1982

Albert Lane

Name	Yr	School	Finals
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## Finals

1 Cameron Akins	FR	Mt. Sac	14.30 -1.9
2 Mackenzi Rickman	FR	Cerritos	14.50 -1.9
3 Dario Robinson	FR	Cerritos	14.69 -1.9
4 Justin Gibbons	SO	Orange Coast	14.79 -1.9
5 Chris Graham	SO	El Camino	14.83 -1.9
6 Matthew Kirkendall	SO	Riverside	15.21 -1.9
7 Cade Lindsay	FR	Mt. Sac	15.29 -1.9
8 Noah Rogers	FR	Orange Coast	15.67 -1.9

## Event 25 Women 400 Meter Dash

SoCal Meet: 52.62 &lt; 1981

Valerie Brisco

Name	Yr	School	Finals
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## Finals

1 Fanny Giron	FR	Fullerton	56.24
2 Doshawn Franks	FR	West Los Ang	56.27
3 Jhaylen Ball	FR	Mt. Sac	56.33
4 Xiomara Perkins	FR	El Camino	57.19
5 Olivia Loy	FR	Santa Barbar	57.68
6 Khadija Imara	FR	Mt. Sac	58.07

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**Finals ... (Event 25 Women 400 Meter Dash)**

Name	Yr	School	Finals
7 Nylia Hudspeth	FR	Cerritos	58.59
8 Nicole Lewis	SO	Bakersfield	58.72
9 Daeniesha Burrell	FR	Southwestern	59.29

**Event 26 Men 400 Meter Dash**

SoCal Meet: 44.52 &lt; 1997 Tyree Washington

Name	Yr	School	Finals
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**Finals**

1 Alexander McElwee	FR	Pasadena	46.19
2 Daniel York-Mouton	SO	El Camino	46.41
3 David Christensen	FR	Mt. Sac	47.71
4 Tanner Townsend	SO	Riverside	47.95
5 Vincent Ogbehi	SO	Pasadena	48.36
6 Michael Jolly	SO	Mt. Sac	48.93
7 Robert Brennan	FR	Canyons	48.96
8 Brandon Ruffin	FR	Antelope Val	49.37

**Event 27 Women 100 Meter Dash**

SoCal Meet: 11.12 &lt; 2001 Natasha Mayers

Name	Yr	School	Finals
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**Finals**

1 Sarah Dunmore	SO	Mt. Sac	11.77 0.2
2 Kayla Wilson	FR	Riverside	11.91 0.2
3 Kaira Saunders	FR	Bakersfield	11.99 0.2
4 Jazmine Robertson	SO	Mt. Sac	12.15 0.2
5 Najia Hudspeth	FR	Cerritos	12.24 0.2
6 Danasia Richard	SO	Long Beach	12.25 0.2
7 Holly Rieck	SO	Saddleback	12.37 0.2
8 Taira Saunders	FR	Bakersfield	12.51 0.2

**Event 28 Men 100 Meter Dash**

SoCal Meet: 10.09 &lt; 5/9/1999 Gerald Williams

Name	Yr	School	Finals
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**Finals**

1 Armani Meneal	FR	Mt. Sac	10.48 0.8
2 Cravon Gillespie	FR	Mt. Sac	10.59 0.8
3 Isaiah Kennedy	SO	Mt. Sac	10.59 0.8
4 Todd Handley	FR	Riverside	10.67 0.8
5 Justin Hunter	SO	Riverside	10.76 0.8
6 Sike Azu-Ironi	FR	Canyons	10.78 0.8
7 Damond Burns	FR	Long Beach	10.83 0.8
8 Clifford Scott	FR	Cerritos	10.92 0.8
9 Aqel Carson	FR	Southwestern	11.08 0.8

**Event 29 Women 800 Meter Run**

SoCal Meet: 2:06.80 &lt; 1978 Ruth Caldwell (Wysocki)

Name	Yr	School	Finals
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**Finals**

1 Maria Morales	SO	Riverside	2:12.99
2 Crystal Tejada	FR	Riverside	2:13.13
3 Glindyll Mancia	FR	Glendale	2:13.70
4 Leah Theroux	SO	Bakersfield	2:14.08
5 Jocelyn Orozco	FR	Cerritos	2:14.22

6 Monique Anguiano	FR	SD Mesa	2:18.34
7 Sara Fleming	FR	Saddleback	2:21.27
8 Andrea Mendez	FR	Fullerton	2:23.18
9 Victoria Portor	FR	El Camino	2:26.59

**Event 30 Men 800 Meter Run**

SoCal Meet: 1:47.62 &lt; 1986 Lorenzo Brown

Name	Yr	School	Finals
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**Finals**

1 Gabe Toscano	SO	Mt. Sac	1:53.43
2 Eamon Smythe	FR	Orange Coast	1:53.88
3 Juan Calderon	SO	Bakersfield	1:54.44
4 Oscar Soto	FR	Cuyamaca	1:54.49
5 Colin Monaco	FR	Cerritos	1:55.09
6 Phillip Powell	FR	Long Beach	1:55.46
7 Francisco Ortiz	SO	Cerritos	1:58.19
8 Juman Randall	FR	West Los Ang	1:58.37
9 Alberto Rodriguez	FR	Riverside	1:58.77

**Event 31 Women 400 Meter Hurdles**

SoCal Meet: 59.11 &lt; 1984 Jiau Hendry

Name	Yr	School	Finals
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**Finals**

1 Jeyla Spencer	FR	Southwestern	63.65
2 Destinee Thayer	FR	Southwestern	63.87
3 Hannah Heising	FR	Orange Coast	64.81
4 Julia Sambvani	FR	Pasadena	65.02
5 Jazmine Jones	SO	Riverside	65.66
6 Chrystale Miles	SO	West Los Ang	65.77
7 Jada Selexman	FR	Canyons	66.55

**Event 32 Men 400 Meter Hurdles**

SoCal Meet: 49.88 &lt; 1982 Greg Johnson

Name	Yr	School	Finals
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**Finals**

1 Bas VanLeersum	SO	Santa Barbar	52.51
2 Mohamed Isse	SO	Mt. Sac	53.24
3 Calvin Herman	SO	Cuesta	53.75
4 Joshua Taylor	FR	Mt. Sac	54.13
5 Travis Thomas	SO	Long Beach	54.59
6 Daylon Gomez	SO	Mt. Sac	55.44
7 Matthew Kirkendall	SO	Riverside	55.99
8 Juan Ward	FR	Cerritos	56.94
9 Tyler Rios	FR	Cerritos	57.27

**Event 33 Women 200 Meter Dash**

SoCal Meet: 22.91 &lt; 2001 Natasha Mayers

Name	Yr	School	Finals
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**Finals**

1 Sarah Dunmore	SO	Mt. Sac	24.56 -0.8
2 Kayla Wilson	FR	Riverside	24.86 -0.8
3 Kaira Saunders	FR	Bakersfield	24.95 -0.8
4 Najia Hudspeth	FR	Cerritos	25.11 -0.8
5 Olivia Loy	FR	Santa Barbar	25.35 -0.8
6 Holly Rieck	SO	Saddleback	25.45 -0.8

## SoCal Championships - 5/10/2015

## Finished Results

www.finishedresults.com

## Results

## Finals ... (Event 33 Women 200 Meter Dash)

Name	Yr	School	Finals
7 Brandy Navarro	FR	Cerritos	25.92 -0.8
8 Nicole Lewis	SO	Bakersfield	26.23 -0.8

## Event 34 Men 200 Meter Dash

SoCal Meet: 20.33 &lt; 5/9/2011 Ameer Webb

Name	Yr	School	Finals
<b>Finals</b>			
1 Virjilio Griggs	FR	Cerritos	21.35 -1.6
2 Armani Mcneal	FR	Mt. Sac	21.51 -1.6
3 Quinton Bell	FR	Riverside	21.69 -1.6
4 Alexander McElwee	FR	Pasadena	21.71 -1.6
5 Cravon Gillespie	FR	Mt. Sac	21.86 -1.6
6 Sike Azu-Ironi	FR	Canyons	22.00 -1.6
7 Damond Burns	FR	Long Beach	22.07 -1.6
8 Tyler Higby	FR	Santa Barbar	22.36 -1.6
9 Aqel Carson	FR	Southwestern	22.53 -1.6

## Event 35 Women 5000 Meter Run

SoCal Meet: 16:21.70 &lt; 1986 Sylvia Mosqueda

Name	Yr	School	Finals
<b>Finals</b>			
1 Aminat Olowora	FR	Southwestern	17:01.78
2 Laura Aceves	SO	East LA	17:53.57
3 Mikala Fairchild	FR	Canyons	18:02.78
4 Brianna Jacklin	FR	Riverside	18:03.31
5 Jessica Steinhoff	SO	Palomar	18:10.99
6 Crystal Morales	FR	Glendale	18:11.43
7 Nichelle Jackson	SO	Mt. Sac	18:27.91
8 Dominique Dowell	SO	Canyons	18:38.82
9 Sierra Ungerman	SO	Mt. Sac	18:43.18
10 Stephanie Ruiz	SO	Cerritos	19:04.08
11 Jasmine Macon	FR	Glendale	19:07.13
12 Amanda De Jesus	FR	Canyons	19:25.99
13 Samantha Ogan	FR	Mt. Sac	19:29.65
14 Dominique Delgado	FR	Mt. Sac	19:34.98
15 Jordan Linsky	FR	SD Mesa	19:38.39
16 Isi Ibarra	SO	Riverside	19:46.20
17 Azahalea Vazquez	FR	Santa Ana	19:47.02
18 Beatriz Aguilar	FR	Santiago Can	19:53.50
19 Brooke Dorsey	FR	Saddleback	20:05.65
20 Halina Carrera	SO	Riverside	20:06.24
21 Erika Gonzales	FR	Southwestern	20:07.75
22 Stephanie Perea	FR	Cerritos	20:28.47
23 Kim Stahl	FR	SD Mesa	20:50.59

## Event 36 Men 5000 Meter Run

SoCal Meet: 13:59.20 &lt; 1982 Mark Ruelas

Name	Yr	School	Finals
<b>Finals</b>			
1 Teddy Kassa	SO	El Camino	15:02.41
2 Daniel Harrigan-Cota	FR	Mt. Sac	15:03.44
3 Connor Fisher	SO	Cuesta	15:04.44
4 Ethan Walker	FR	Canyons	15:04.57

5 Ulysses Orozco	FR	Saddleback	15:04.90
6 Lucio Ramirez	SO	Orange Coast	15:07.31
7 Anthony Lozano	SO	Cerritos	15:09.75
8 Alex Heuchert	SO	Santa Barbar	15:18.74
9 Vahagn Isayan	FR	Glendale	15:27.37
10 Rodrigo Ornelas	SO	Canyons	15:27.49
11 Justin Doyle	FR	San Bernardi	15:37.58
12 Omar Torres	SO	Long Beach	15:42.68
13 Brandon Messerly	SO	Cuesta	15:44.94
14 Jesus Valdez	SO	Orange Coast	15:45.02
15 Bradley Apodaca	FR	Santa Barbar	15:51.06
16 George Martinez	SO	Southwestern	15:53.79
17 Ashton Garcia	FR	Canyons	15:55.50
18 Douglas Negrete	SO	Riverside	16:01.08
19 Douglas Palmer	SO	San Bernardi	16:03.84
20 Alejandro Rosario	FR	Southwestern	16:17.19

## Event 37 Women 4x400 Meter Relay

SoCal Meet: 3:40.10 &lt; 1984 El Camino

Team	Relay	Finals
<b>Finals</b>		
1 Mt. Sac		3:48.85
1) Jhaylen Ball FR	2) Khadija Imara FR	
3) Kiara Speed SO	4) Sarah Dunmore SO	
2 Riverside		3:50.83
1) Maia Reynolds FR	2) Maria Morales SO	
3) Crystal Tejada FR	4) Kayla Wilson FR	
3 El Camino		3:51.53
1) Kimberly Markley FR	2) Victoria Portor FR	
3) Passionae Martin FR	4) Xiomara Perkins FR	
4 Cerritos		3:54.51
1) Nylia Hudspeth FR	2) Breanna Curry FR	
3) Montana Deavila FR	4) Shukura Tyler FR	
5 Canyons		3:59.05
1) Tisian Nealy FR	2) Zakora Merriweather FR	
3) Ariana Cooper FR	4) Jada Selexman FR	
6 Bakersfield		4:05.50
1) Nicole Lewis SO	2) Kaira Saunders FR	
3) Taira Saunders FR	4) Leah Theroux SO	
7 Santa Barbara		4:10.45
1) Jessica Escalante SO	2) Michele Day FR	
3) Marla Bonser SO	4) Olivia Loy FR	

## Event 38 Men 4x400 Meter Relay

SoCal Meet: 3:07.17 &lt; 1982 Pasadena

Team	Relay	Finals
<b>Finals</b>		
1 El Camino		3:13.67
1) Christopher Rasmussen SO	2) William Ingram SO	
3) Blaize Ali-Watkins SO	4) Daniel York-Mouton SO	
2 Mt. Sac		3:14.18
1) Aron Hurtado SO	2) Michael Jolly SO	
3) Trevor Fischer FR	4) David Christensen FR	

## SoCal Championships - 5/10/2015

## Finished Results

www.finishedresults.com

## Results

## Finals ... (Event 38 Men 4x400 Meter Relay)

Team	Relay	Finals
3 Pasadena		3:15.51
1) Vincent Ogbehi SO	2) Anthony Carter SO	
3) Khaleel Muhammad SO	4) Alexander McElwee FR	
4 Cerritos		3:16.28
1) Ricardo Thomas FR	2) Colin Monaco FR	
3) Justin Reid FR	4) Virjilio Griggs FR	
5 Riverside		3:16.73
1) Albert Saura FR	2) Garrette Biggers SO	
3) Tanner Townsend SO	4) Quinton Bell FR	
6 West Los Angeles		3:17.00
1) Kendell Holiday SO	2) Nicholas Davis SO	
3) Emanuel Castro FR	4) Juman Randall FR	
7 Long Beach		3:17.30
1) Damond Burns FR	2) Travis Thomas SO	
3) Phillip Powell FR	4) Justin Weaver SO	
8 SD Mesa		3:17.56
1) Bob Myers SO	2) Suriyan Mansuri FR	
3) Chris Koons FR	4) Dante Howell FR	
9 Bakersfield		3:24.41
1) Marjon Francisco FR	2) Austin Varner FR	
3) Jesus De alba Diaz FR	4) Donaldo Mendivil FR	

## Event 39 Women 10000 Meter Run

SoCal Meet: 35:38.97 &lt; 5/8/2010 Lenore Moreno

Name	Yr	School	Finals
<b>Finals</b>			
1 Aminat Olowora	FR	Southwestern	36:07.93
2 Laura Aceves	SO	East LA	37:59.23
3 Brianna Jacklin	FR	Riverside	38:11.80
4 Nichelle Jackson	SO	Mt. Sac	38:33.38
5 Crystal Morales	FR	Glendale	38:58.59
6 Jassmine Macon	FR	Glendale	39:00.06
7 Jessica Steinhoff	SO	Palomar	39:17.47
8 Dominique Dowell	SO	Canyons	39:28.92
9 Jordan Linsky	FR	SD Mesa	39:50.61
10 Amanda De Jesus	FR	Canyons	41:08.57
11 Azahalea Vazquez	FR	Santa Ana	41:12.48
12 Stephanie Perea	FR	Cerritos	41:15.58
13 Stephanie Ruiz	SO	Cerritos	41:18.50
14 Lucik Minassian	FR	Glendale	41:28.81
15 Dominique Delgado	FR	Mt. Sac	41:31.07
16 Naoomi Gama	SO	Mt. Sac	41:34.45
17 Beatriz Aguilar	FR	Santiago Can	41:50.88
18 Stephanie Rosales	FR	Santa Ana	41:55.49
19 Jenessa Reyes	FR	Orange Coast	42:32.67
20 Guadalupe Yanez	SO	East LA	43:17.09
21 Jackie Rodriguez	FR	El Camino	43:50.34
22 Nicole Casillas	FR	Canyons	43:55.36
23 Daysi Vazquez	FR	Orange Coast	44:40.50
24 Erika Gonzales	FR	Southwestern	46:37.30

## Event 40 Men 10000 Meter Run

SoCal Meet: 29:22.70 &lt; 1988 Julius Kariuki

Name	Yr	School	Finals
<b>Finals</b>			
1 Ethan Walker	FR	Canyons	31:23.15
2 Connor Fisher	SO	Cuesta	31:25.42
3 Lucio Ramirez	SO	Orange Coast	31:27.53
4 Ulysses Orozco	FR	Saddleback	31:28.93
5 Rodrigo Ornelas	SO	Canyons	31:36.95
6 Teddy Kassa	SO	El Camino	31:46.41
7 Daniel Harrigan-Cota	FR	Mt. Sac	31:47.52
8 Vahagn Isayan	FR	Glendale	31:55.87
9 Michael Nakahara	SO	El Camino	32:02.20
10 Omar Torres	SO	Long Beach	32:16.44
11 Justin Doyle	FR	San Bernardi	32:22.45
12 Bradley Apodaca	FR	Santa Barbar	32:26.06
13 George Martinez	SO	Southwestern	32:26.09
14 Terry Fenske	SO	Mt. Sac	32:27.91
15 Edvin Hernandez	FR	LA Trade Tec	32:47.40
16 Ashton Garcia	FR	Canyons	32:51.73
17 Alejandro Rosario	FR	Southwestern	33:01.75
18 Martin Montes	SO	Santa Barbar	33:02.38
19 Brandon Ferguson	SO	Orange Coast	33:07.25
20 Brian Aguirre	FR	Saddleback	33:24.31
21 Jesus Valdez	SO	Orange Coast	33:42.20
22 Jon Dileva	SO	San Bernardi	33:43.98
23 Daniel Vargas	FR	Orange Coast	33:51.45
24 Jorge Jeronimo	SO	Orange Coast	33:57.99
25 Nathan Guzman	FR	Pasadena	34:28.50
26 AJ Freund	SO	Cuyamaca	34:32.41