

SO CAL JC CHAMPIONSHIPS

10,000 meters

1976 non-scoring	John Beck, Bakersfield	32:48.4	----- Veduzzo, Grossmont 32:58.8	----- McGarry, Fullerton 33:13.6	----- Duran, Moorpark 33:49.0		
1977	Robby Bray, Bakersfield	31:15.71	Tom Zinger, Moorpark 31:18.05	Glenn Best, Grossmont 31:26.22	Chuck Hughes, Grossmont 31:54.79	Jon Cory, Glendale 32:02.95	Robert Burch, SDCC 32:37.94