

CALIFORNIA
state

J. C.

CROSS COUNTRY

CHAMPIONSHIPS

1969

H O S T

F R E S N O C I T Y C O L L E G E

November 29, 1969

Woodward Park

11:30 a.m.

Mark Covert of L.A. Valley, the defending champ, led the 86 runners through the first mile at 4:36, Rick Hitchcock of Bakersfield hit the 2 mile at 9:29 and three mile at 14:52. During the 4th mile Ruben Chappins and Hitchcock traded leads with Rick going ahead downhill and Chappins taking over uphill. Hitchcock sprinted ahead with 440 yards remaining in the race but Chappins charged up a steep hill and took the lead and built up a 7 yard lead with 220 yards to go. Rick responded down the last hill, put on a tremendous burst and went by Ruben with 175 yards and charged into the chute 15 yards ahead of a game Ruben Chappins. Mark Covert didn't get into the fight for first place after the 2nd mile.

The team victory gives Los Angeles Valley the crown for the second straight year and a new record of 39 points. They averaged 20:10.2 per man for an accurate 4.0 not so easy miles.

Splits during the race:

440 yds.	62 sec.	1½ miles	7:04	4:36	
880 yds.	2:13	2 miles	9:29	4:53	9:29
1320 "	3:26	3 miles	14:52	5:23	
Mile	4:36	4 miles	19:39.6	4:48	10:10.6

(64 seconds on the last 440yds.)

<u>Place</u>	<u>Team Times</u>	<u>School</u>	<u>Places</u>	<u>Points</u>
1	1:40:51	Los Angeles Valley	2-3-6-11-17	39
2	1:42:15	Moorpark College	4-5-10-19-28	66
3	1:42:51	Mt. San Antonio	8-12-15-20-25	80
4	1:43:52	Pasadena	9-14-22-29-30	104
5	1:44:02	Bakersfield	1-13-18-33-56	121
6	1:46:30	San Francisco C.C.	7-16-41-51-60	176
7	1:1:46:45	San Jose City	24-26-31-47-52	180
8	1:47:13	Chabot College	27-32-40-45-46	190
9	1:47:49	Fresno City College	23-34-43-54-57	211
10	1:48:21	American River	21-36-50-55-64	226
11	1:49:16	De Anza College	37-58-59-60-63	253

1969 CALIFORNIA STATE

JUNIOR COLLEGE CROSS COUNTRY CHAMPIONSHIP

Host School: Fresno City College
 Temperature 65 degrees

Course: Woodward Park 4.0 Miles
 Course Record 20:19 -Jim Tracy

TEAM SCORES

L.A. Valley 39 points (Coach George Kerr)	San Francisco 176 points (Coach Lou Vasquez)
Moorpark 66 (Coach G. Brinkman)	San Jose 180 (Coach Bert Bonanno)
Mt. San Antonio 80 (Coach Don Ruh)	Chabot 190 (Coach G. Malcolm)
Pasadena 104 (Coach Larry Knuth)	Fresno 211 (Coach Bob Fries)
Bakersfield 121 (Coach Bob Covey)	American River 226 (Coach Al Baeta)
	DeAnza 253 (Coach J. Linthicum)

<u>Plc.</u>	<u>Time</u>	<u>Name</u>	<u>School</u>	<u>Plc.</u>	<u>Time</u>	<u>Name</u>	<u>School</u>
1.	19:39.6	Rick Hitchcock	Bakersf.	41.	21:21	Manny Mahon	De Anza
2.	19:43	Ruben Chappins	Cerritos	42.	21:22	Keith Grinnell	LA Vall
3.	19:50	Mark Covert	LA Vall.	43.	21:25	Gordon Currie	De Anza
4.	19:52	Maury Greer	L.Beach	44.	21:29	Ron Zarate	Hancock
5.	19:55	Pat Palazzolo	LA Vall.	45.	21:32	Doug Gibbons	Chabot
6.	20:05	Tim Tubb	Moorpark	46.	21:35	Rod Narvaez	SanFran.
7.	20:06	John Gasso	Moorpark	47.	21:37	Frank Valencia	Delta
8.	20:08	German Alonso	LA Vall	48.	21:48	Jr. Torres	MoorPark
9.	20:11	Jim Tracy	SanFran.	49.	21:40	Frank Recchio	Fresno
10.	20:15	John Gregorio	Mt.Sac	50.	21:41	Frank Gilbert	Mt.Sac.
11.	20:16	Cliff Chisam	Pasaden.	51.	21:44	Kevin Anderson	Chabot
12.	20:17	Brent Wilson	Grossm.	52.	21:45	Euencio Hurtado	Chabot
13.	20:18	Ken Gerry	Moorpark	53.	21:47	Rich Santoro	SanJose
14.	20:19	Manuel Greene	LA Vall.	54.	21:51	Gil Escoto	MoorPark
15.	20:20	Gary Maddox	Mt.Sac.	55.	21:53	Jeff Whitfield	Pasaden
16.	20:25	Gabe Sanchez	Porter.	56.	21:54	Bob Gates	Am.River
17.	20:28	Louie Sanchez	Bakersf.	57.	21:55	David Power	SanFran.
18.	20:31	Mark Evans	Pasaden.	58.	21:56	John Anderson	SanJose
19.	20:35	Jim Collier	Mt. Sac.	59.	21:56	Bob King	LA Vall.
20.	20:37	Humb. Hernandez	San.Fran	60.	21:56	M. Hernandez	Fresno
21.	20:39	Jeff Clenard	LA Vall.	61.	21:56	Joe Lenz	Am.River
22.	20:43	Mike Davis	Bakers.	62.	21:58	Mark Andrews	Bakersf.
23.	20:44	Ed Ramirez	Moorpark	63.	22:05	Larry Gobelman	Fresno
24.	20:44	Jim Hamilton	Mt.Sac.	64.	22:08	Glenn Gaesser	DeAnza
25.	20:48	Fred Veliz	Am.River	65.	22:11	Mike Catlin	DeAnza
26.	20:52	Nick Rosner	Pasadena	66.	22:11	K. Bernstein	DeAnza
27.	20:52	Louie Hernandez	Fresno	67.	22:12	Paul Brickley	San.Fran
28.	20:56	Jaime Baldovinos	SanJose	68.	22:17	Dudley Godoya	Pasadena
29.	20:57	Mark Aiassa	Mt. Sac	69.	22:18	John Hanes	DeAnza
30.	20:59	Sean O'Riordan	San Jose	70.	22:22	Dan Sundin	Am.River
31.	21:01	Frank Bautista	Chabot	71.	22:26	Jim Gross	Bakersf.
32.	21:02	Ben Aparicio	Moorpark	72.	22:28	Mike Dattke	Chabot
33.	21:06	Jim Gembrini	Pasadena	73.	22:35	Mike Burns	Chabot
34.	21:07	Jack Pipkin	Pasadena	74.	22:37	Luck Hurlon	SanJose
35.	21:07	Jim Allen	San Jose	75.	22:40	Jerry Johnson	Am.River
36.	21:11	Charles Burke	Chabot	76.	22:47	Larry Lung	Fresno
37.	21:13	John Caldwell	Bakers.	77.	22:58	Tom LeMay	Bakersf.
38.	21:16	Jeff Hill	Fresno	78.	23:09	Frank Matoes	DeAnza
39.	21:17	Jeff Funk	Mt.Sac.	79.	23:14	Frank Aguallo	Fresno
40.	21:19	Mike Weaver	Am.River	80.	23:17	Gus Cano	SanFran.
				81.	23:41	Tom Koerner	Amer.Riv

PAST WINNERS CALIFORNIA STATE J.C. CROSS COUNTRY MEETS.

1964

San Diego Mesa 57 points
 Coach Cox

1965

TEAMS

INDIVIDUALS

Grossmont 63 points
 (Coach Ron Vavra)
 Mt. San Antonio 98
 Fresno City College 103
 Pasadena 109
 Orange Coast 116

B. Lamorandier, Grossmont
 T. Saldana, Bakersfield
 F. Ortega, L.A. Valley
 Santa Cruz, L.A. Valley
 Tim Troy, Orange Coast

1966

Pierce 76
 (Coach Bob Chambers)
 Grossmont 80
 Pasadena 93
 Mt. San Antonio 109
 Long Beach 114

Neil Duggin, Allan Hancock
 Eddie Cadena, Bakersfield
 Hartzell Alpizar, Long Beach
 Pete Brang, Mt. San Antonio
 Pete Santos, Fresno

1967

Pasadena 71
 (Coach Larry Knuth)
 Fullerton 78
 Bakersfield 92
 Pierce 95
 American River 109

Ole Eleson, Santa Monica
 Pete Brang, Mt. San Antonio
 Ron Fister, Fullerton
 Hartzell Alpizar, Long Beach
 Jesse Gomez, Pasadena

1968

Los Angeles Valley 50
 (Coach George Ker)
 Mt. San Antonio 73
 Bakersfield 74
 Pasadena 91
 El Camino

Mark Covert, L.A. Valley
 Rich Carr, Santa Monica
 Rich Hitchcock, Bakersfield
 Jesse Gomez, Pasadena
 Mike Wagonbach, L.A. Valley

1969

