

TENTH ANNUAL
STATE OF CALIFORNIA
CROSS COUNTRY CHAMPIONSHIPS

1974 RESULTS

Location: Mt. San Antonio College
Date: Saturday, November 23, 1974
Time: Large College Division - 10:00 a.m.
Small College Division - 11:00 a.m.
Entries: 10 Large colleges and 8 individuals (78 athletes)
10 Small colleges and 9 individuals (79 athletes)
Weather: Sunny and warm - temperatures 74°- 76°
Course: Six hills, dirt roads (4 miles). Good condition.

Course Record: Individual - 19:19.8 - Bob Thomas (Glendale College) 11-23-74
Team - 1:40:57 - Grossmont College (Close, Pullen, Breen,
Pfeffer, Wilson) 11-16-74

COMMENTS: It probably takes a knowledge of the hilly 4.0 mile Mt. SAC cross country course to appreciate what happened on it in the 1974 State Cross Country Championships.

With the meet coming back to its origin (on its tenth anniversary) it was fitting that the fastest time ever run in the State Meet was run on this particular course. The 19:19.6 clocking by the 18 year old Frosh from Glendale College (small college division) bettered Ollie Oleson's (Santa Monica) 1967 mark of 19:20.7 which, by the way, was run on the Fresno City College course (the same course as will be used for the 1975 State Championships). Bob Thomas' effort is even more remarkable when you consider he finished 58.2 seconds ahead of the second place runner, 17.2 seconds faster than John Olswang's winning effort in the large college division, and ran better than 25 seconds faster than the all-time course record at the start of this year. Individually, John Olswang of Orange Coast did himself justice with his 19:37.3 mark (the third fastest all-time runner on the MSAC course for the fourth fastest-ever time).

"Upsets" were in order, but that's not new to State Meet competition. These "upsets" only point out the competitiveness of the State Meet each year and the importance of keeping the State Meet a fair representation in numbers between the North and the South. To decrease representatives would do an injustice to our State Championships - as was proven again.

It was a very tight battle for honors after conceding the outstanding divisional championship teams (Grossmont and Glendale) the just honors. In the small college division 21 points only separated 2nd from 4th and 95 points between 5th place and 10th. In the large colleges it was even tighter. Second, third, fourth, fifth, and sixth places were only separated by 15 points, the entire field from 2nd to 10th by 94 points.

We mention the fact that the South has kept their team and individual winning record intact only because of the professional respect all the J.C. coaches of the state have for each other. The annual battle between the North and the South is in fun, and as we know, the South must blow its horn in cross country - especially after last year's State Track Meet.

It was asked by several that our written history be maintained and that our all time scoring table be used as a means of ongoing comparisons. We have adjusted it here to include the 1974 results. On the "single division structure" scale of 10-8-6-4-2, and on a scale of 5-4-3-2-1 after two divisions were established. The top ten rankings look like this - Mt. Sac (40), Grossmont (36), L.A. Valley (31), Pasadena (22), Fullerton (20), Bakersfield (19), Santa Ana (18), Pierce (14), American River (13), El Camino and Citrus (12).

We hope all the statistics here will help in maintaining the high traditions of the past. We congratulate all teams, coaches, and athletes for their great year just completed. Special acknowledgement goes to Coaches John Tansley and Mark Covert, the Glendale Team, and to three time State Champions, Grossmont College and their coach, Bob Larsen.

Here's to Fresno in 1975!!

LARGE COLLEGE DIVISION - TEAM SCORING

1. Grossmont (7,8,12,13,14) = 54	1:42:43	6. San Jose (10,19,22,33,38) = 122	1:44:42
2. Fullerton (5,11,18,21,52) = 107	1:44:18	7. L.A.Valley (1,17,28,46,48) = 140	1:44:47
3. S.J. Delta(9,16,20,23,40) = 108	1:44:18	8. Amer.River (30,32,34,43,51) = 190	1:46:46
4. West Valley (3,6,26,39,45) = 119	1:44:09	9. L.A.Harbor (24,31,35,53,54) = 197	1:47:12
5. Moorpark (2,15,25,37,41) = 120	1:44:12	10. Fresno (4,36,44,58,59) = 201	1:47:15

LARGE COLLEGE DIVISION
TOP TWENTY-FIVE INDIVIDUALS

1. John Olswang, Orange Coast	19:37.3	14. Mike Emry, Diablo Valley	20:28
2. Cliff Morden, L.A. Valley	19:45	15. Roger Casillas, San Joaquin	20:30
3. Gil Esparza, Moorpark	19:48	16. James Shawn, San Jose	20:31
4. Matt Sommer, West Valley	19:52	17. Armando Cendejas, Fullerton	20:32
5. Ted Quintana, Chabot	20:01	18. Frank Aguirre, Grossmont	20:34
6. Vicken Simonian, L.A. City	20:02	19. Gary Close, Grossmont	20:37
7. Tony Ramirez, Fresno	20:11	20. Kirk Pfeffer, Grossmont	20:39
8. Jose Castellanos, L.A.Trade Tech	20:15	21. Tom Zinger, Moorpark	20:39
9. Jose Saavedra, Fullerton	20:16	22. Richard Van Slyke, San Joaquin	20:40
10. Harold Ketting, El Camino	20:19	23. Doug Padilla, Chabot	20:41
11. Rich McCandless, West Valley	20:22	24. Dennis Vitarelli, L.A. Valley	20:45
12. Mike Breen, Grossmont	20:26	25. Mark Lotich, MSAC	20:46
13. Dennis Wilson, Grossmont	20:27		

SMALL COLLEGE DIVISION - TEAM SCORING

1. Glendale (1,3,10,11,15) = 40	1:42:44	6. Foothill (4,21,38,45,48) = 156	1:49:43
2. Citrus (7,12,18,24,25) = 86	1:46:18	7. Cosumnes (6,9,50,55,56) = 176	1:51:14
3. De Anza (2,17,19,22,35) = 95	1:46:35	8. Monterey (12,30,31,52,57) = 183	1:51:33
4. Hancock (5,8,16,34,44) = 107	1:47:15	9. Skyline (14,41,42,43,51) = 191	1:51:20
5. Imperial Val.(20,23,27,33,37) = 140	1:48:53	10. Palomar (29,39,40,46,61) = 215	1:53:07

SMALL COLLEGE DIVISION
TOP TWENTY--FIVE INDIVIDUALS

1. Bob Thomas, Glendale	19:19.8	14. Felipe Brizuela, Citrus	21:01
2. Paul Frederickson, De Anza	20:18	15. Tom Beck, Monterey Pen.	21:05
3. Greg Croad, Glendale	20:21	16. John McVeigh, Skyline	21:07
4. Rick Hart, Foothill	20:35	17. Richard Burns, Canyons	21:08
5. Steve Galbraith, Hancock	20:37	18. Dave Vanderveen, Glendale	21:11
6. Jim Howard, Cosumnes River	20:42	19. David Judy, Hancock	21:15
7. Chris Carlson, Citrus	20:45	20. Hank Lawson, De Anza	21:18
8. Roger Fabing, Hancock	20:48	21. Tom Ashcraft, Citrus	21:21
9. Mike Garrett, Cosumnes River	20:50	22. Greg Eger, De Anza	21:23
10. Bruce Caputo, Lassen	20:52	23. Mike Munoz, Imperial Valley	21:24
11. Brad Croad, Glendale	20:54	24. Gordon MacMitchell, Foothill	21:25
12. Jay Rubino, Glendale	20:59	25. Rich Maher, Merced	21:27
13. Marty Higginbotham, Sequoias	21:00		

California Community College State Cross Country Championship

Mt. San Antonio College • November 23, 1974

Small School

Team Scores: 1. Glendale 40; 2. Citrus 86; 3. De Anza 95; 4. Hancock 107; 5. Imperial Valley 140; 6. Foothill 156;
7. Cosumnes River 176; 8. Monterey 183; 9. Skyline 191; 10. Palomar 215.

1. Bob Thomas	Glendale	19:19	54. Dirk Rohloff	De Anza	22:47
2. Paul Frederickson	De Anza	20:18	55. Bob Brownlee	Foothill	
3. Greg Croad	Glendale	20:21	56. John Avila	West Hills	
4. Rick Hart	Foothill	20:25	57. Tom Burrough	Contra Costa	23:00
5. Steve Galbraith	Hancock	20:37	58. Gerard Venegas	Cosumnes River	23:00
6. Jim Howard	Cosumnes River	20:42	59. Bob Powell	Skyline	23:01
7. Chris Carlson	Citrus	20:45	60. John Maust	Monterey	23:06
8. Roger Fabing	Hancock	20:48	61. Alex Gomez	De Anza	23:09
9. Mike Garrett	Cosumnes River	20:50	62. Richard Snoddy	Hancock	23:12
10. Bruce Caputo	Lassen	20:52	63. Martin Cicero	Cosumnes River	23:14
11. Brad Croad	Glendale	20:54	64. Ed Dennings	Cosumnes River	23:20
12. Jay Rubino	Glendale	20:59	65. David Wright	Monterey	23:21
13. Marty Higginbotham	Sequoias	21:00	66. Ron Souza	Cosumnes River	23:23
14. Felipe Briguella	Citrus	21:01	67. Ton Fotinos	Skyline	23:25
15. Tom Beck	Monterey	21:05	68. Keith Larsen	Skyline	23:39
16. John McVeigh	Skyline	21:07	69. Randy Fain	Palomar	23:48
17. Richard Burns	Canyons	21:08	70. Jesse Ross	Imperial Valley	23:56
18. Dave Vanderveen	Glendale	21:11	71. Todd Gordon	Palomar	24:04
19. David Judy	Hancock	21:15	72. Frank Gonzales	Foothill	24:19
20. Hank Lawson	De Anza	21:18	73. David Fitzpatrick	Monterey	24:34
21. Tom Ashcraft	Citrus	21:21	74. Miguel Nolasco	Palomar	25:21
22. Greg Eger	De Anza	21:23	75. Joe Maestretti	Cosumnes River	25:51
23. Mike Munoz	Imperial Valley	21:24	76. Porfirio Pacheco	Imperial Valley	26:18
24. Gordon MacMitchell	Foothill	21:25			
25. Rich Maher	Merced	21:27			
26. Ron Lewis	De Anza	21:31			
27. Albert Bazan	Imperial Valley	21:33			
28. Chris Carlson	Citrus	21:35			
29. Frank Alvarez	Citrus	21:36			
30. Mike Ayon	Citrus	21:38			
31. Tony Munoz	Cabrillo	21:40			
32. Narbor Gomez	Imperial Valley	21:43			
33. John Fisanotti	Glendale	21:46			
34. Steve Ball	Palomar	21:53			
35. Jack Reime	Cabrillo	21:54			
36. Richard Barraza	Monterey	21:56			
37. Tom Cusick	Canyons	21:58			
38. Emil Magallanes	Monterey	22:00			
39. Andy Gurton	Glendale	22:00			
40. David Obesio	Imperial Valley	22:02			
41. Mike Martin	Hancock	22:03			
42. Bernie Mahon	De Anza	22:05			
43. Jeff Clark	Citrus	22:09			
44. George McClure	Imperial Valley	22:11			
45. Ron Martin	Foothill	22:12			
46. Matt Walker	Palomar	22:15			
47. Humberto Barajas	Palomar	22:16			
48. Tony Tarantino	Skyline	22:19			
49. John Moreno	Skyline	22:24			
50. Bob Miller	Skyline	22:29			
51. Sarge Cruz	Hancock	22:32			
52. Jack Shuflin	Foothill	22:34			
53. Chris Harmen	Palomar	22:47			