

## CCCAA Cross Country State Championships

November 23, 2019 | Woodward Park-Fresno Fresno, CA

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### Mens Race Team Results (4 Mile)

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PL	Team	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	San Diego Mesa College	1:43:20	20:40	37	2	3	7	12	13	19	68
2	American River	1:44:59	20:59	65	4	10	16	17	18	22	56
3	Mt. SAC	1:46:47	21:21	141	6	11	31	46	47	69	75
4	Glendale	1:47:49	21:33	174	14	35	38	43	44	49	60
5	Orange Coast	1:47:46	21:33	197	9	15	41	45	87	110	111
6	Sequoias	1:47:31	21:30	232	1	8	48	85	90	91	
7	Hartnell	1:48:46	21:45	233	20	21	50	62	80	82	92
8	Moorpark	1:48:41	21:44	246	5	26	54	55	106		
9	El Camino	1:49:13	21:50	250	32	39	42	59	78	114	131
10	San Bernardino Valley	1:49:14	21:50	276	28	30	40	84	94	105	115
11	Clovis CC	1:49:50	21:58	304	23	34	52	93	102	113	137
12	Riverside	1:50:08	22:01	306	33	58	67	71	77	101	121
13	De Anza	1:50:11	22:02	308	37	51	70	74	76	89	122
14	LA Harbor	1:50:31	22:06	334	36	63	64	72	99	119	126
15	Cerritos	1:51:09	22:13	382	25	66	86	97	108	120	139
16	Bakersfield	1:51:10	22:14	398	27	73	95	100	103	109	129
17	Cuyamaca	1:51:45	22:21	406	61	65	79	83	118	128	130
18	Canyons	1:52:38	22:31	431	24	53	112	117	125	138	142
19	Diablo Valley	1:53:54	22:46	439	29	57	96	123	134		
20	Modesto	1:55:30	23:06	543	81	98	104	124	136	140	141
21	San Diego City College	1:55:34	23:06	570	88	107	116	127	132	133	135

### Mens Race Individual Results (4 Mile)

START TIME: 9:58 AM [Top ↑](#)

PL	NAME	YEAR	TEAM	Avg. Mile	TIME	SCORE	Mile 1	Mile 2	Mile 3	Mile 4
1	Ismael Ramirez	2022	Sequoias	05:03.5	20:14.0	1	20:14.0	10:08.3 (05:06.9)	15:18.3 (05:10.1)	20:14.0 (04:55.6)
2	Stefen Rasmuson	2022	San Diego Mesa College	05:03.8	20:15.0	2	20:15.0	10:08.2 (05:06.8)	15:18.3 (05:10.0)	20:15.0 (04:56.8)
3	Isaiah Labra	2022	San Diego Mesa College	05:07.6	20:30.4	3	20:30.3	10:08.8 (05:06.6)	15:19.3 (05:10.5)	20:30.3 (05:11.0)
4	Jesus Guerra-Reyes	2023	American River	05:09.0	20:35.8	4	20:35.7	10:11.7 (05:05.5)	15:23.7 (05:12.1)	20:35.7 (05:12.0)
5	Drake Nienow	2023	Moorpark	05:10.2	20:40.8	5	20:40.7	10:10.0 (05:08.1)	15:25.0 (05:15.1)	20:40.7 (05:15.9)
6	Daniel Abdala	2023	Mt. SAC	05:11.3	20:44.9	6	20:44.8	10:12.8 (05:09.6)	15:31.7 (05:18.8)	20:44.8 (05:13.2)
7	Cristian Alcantar	2022	San Diego Mesa College	05:11.3	20:44.9	7	20:44.9	10:11.2 (05:08.3)	15:31.8 (05:20.6)	20:44.9 (05:13.1)
8	Oscar Perez	2022	Sequoias	05:12.2	20:48.5	8	20:48.5	10:18.0 (05:13.6)	15:38.2 (05:20.3)	20:48.5 (05:10.4)
9	Brian Soriano-Guzman	2023	Orange Coast	05:12.3	20:49.0	9	20:49.0	10:11.0 (05:08.7)	15:31.2 (05:20.4)	20:49.0 (05:17.6)
10	Collin DeJulio	2022	American River	05:12.7	20:50.6	10	20:50.5	10:12.1 (05:06.6)	15:30.6 (05:18.5)	20:50.5 (05:20.0)
11	Zackary Alexander	2023	Mt. SAC	05:13.3	20:53.0	11	20:53.0	10:18.5 (05:11.1)	15:41.2 (05:22.6)	20:53.0 (05:11.9)
12	Bobby Brana	2022	San Diego Mesa College	05:13.7	20:54.8	12	20:54.7	10:09.2 (05:06.6)	15:27.5 (05:18.3)	20:54.7 (05:27.4)
13	Medhane Woldu	2022	San Diego Mesa College	05:14.1	20:56.1	13	20:56.0	10:14.1 (05:11.5)	15:40.1 (05:26.1)	20:56.0 (05:16.0)
14	Spencer Geck	2022	Glendale	05:14.4	20:57.4	14	20:57.4	10:12.2 (05:10.1)	15:39.8 (05:27.6)	20:57.4 (05:17.5)
15	Barajas-Ramirez Giovanni	2022	Santa Ana	05:15.7	21:02.7		21:02.7	10:10.3 (05:08.6)	15:42.2 (05:31.9)	21:02.7 (05:20.5)
16	Eric Rios	2023	Oxnard	05:16.4	21:05.5		21:05.5	10:15.1 (05:11.1)	15:42.2 (05:27.1)	21:05.5 (05:23.3)
17	Ty Savely	2023	Orange Coast	05:16.7	21:06.8	15	21:06.7	10:13.0 (05:11.6)	15:43.2 (05:30.3)	21:06.7 (05:23.6)
18	Ben Blankenburg	2022	American River	05:17.3	21:09.2	16	21:09.2	10:08.1 (05:05.4)	15:40.2 (05:32.1)	21:09.2 (05:29.0)
19	Peter Vo	2022	American River	05:17.7	21:10.8	17	21:10.7	10:25.6 (05:12.3)	15:49.8 (05:24.1)	21:10.7 (05:21.0)
20	Josh Kling	2022	American River	05:18.3	21:12.9	18	21:12.9	10:20.1 (05:13.6)	15:52.1 (05:32.1)	21:12.9 (05:20.9)
21	Ian Ibarra	2022	San Diego Mesa College	05:19.0	21:15.8	19	21:15.7	10:20.1 (05:16.0)	15:48.2 (05:28.3)	21:15.7 (05:27.6)
22	Ricardo Torres	2022	Oxnard	05:19.5	21:17.7		21:17.7	10:20.8 (05:16.1)	15:51.7 (05:30.8)	21:17.7 (05:26.0)
23	Jesus Avalos	2022	Hartnell	05:19.6	21:18.1	20	21:18.0	10:22.3 (05:17.6)	15:53.3 (05:31.0)	21:18.0 (05:24.8)

24	Isaac Gensel	2023	Hartnell	05:19.6	21:18.3	21	21:18.2	10:31.1 (05:24.3)	16:02.2 (05:31.3)	21:18.2 (05:16.0)
25	Ruben Garcia	2022	American River	05:19.8	21:19.1	22	21:19.0	10:25.3 (05:16.3)	15:55.8 (05:30.6)	21:19.0 (05:23.1)
26	Mohamed Saleh	SO-2	Clovis CC	05:20.0	21:19.7	23	21:19.7	10:11.6 (05:08.5)	15:39.5 (05:27.9)	21:19.7 (05:40.3)
27	Juan Martinez	2022	Oxnard	05:20.5	21:21.8		21:21.7	10:19.0 (05:14.1)	15:52.8 (05:33.8)	21:21.7 (05:28.8)
28	David Salazar	2023	Canyons	05:20.6	21:22.4	24	21:22.4	10:20.0 (05:16.3)	15:53.2 (05:33.4)	21:22.4 (05:29.1)
29	Pablo Calderon	2022	Cerritos	05:20.8	21:23.0	25	21:23.0	10:16.8 (05:13.4)	15:52.5 (05:35.7)	21:23.0 (05:30.6)
30	Andrew Teasdale	2022	Moorpark	05:21.0	21:24.0	26	21:24.0	10:18.3 (05:16.1)	15:55.2 (05:37.0)	21:24.0 (05:28.7)
31	Bryan Gaxiola	2023	Bakersfield	05:21.2	21:24.6	27	21:24.5	10:23.7 (05:19.4)	16:01.6 (05:37.9)	21:24.5 (05:23.1)
32	Kevin Quinteros	2023	San Bernardino Valley	05:21.3	21:25.1	28	21:25.0	10:25.7 (05:20.6)	15:59.2 (05:33.5)	21:25.0 (05:25.8)
33	Cameron Reyes	SO-2	Diablo Valley	05:21.8	21:26.9	29	21:26.9	10:24.1 (05:17.3)	15:54.2 (05:30.1)	21:26.9 (05:32.8)
34	Elvis Rojas King	2023	San Bernardino Valley	05:22.0	21:27.7	30	21:27.7	10:25.5 (05:20.0)	15:57.5 (05:32.0)	21:27.7 (05:30.3)
35	Vicente Huerta	2023	Mt. SAC	05:22.5	21:30.0	31	21:30.0	10:19.0 (05:15.1)	15:50.8 (05:32.0)	21:30.0 (05:39.1)
36	Manny Gil	2022	El Camino	05:23.3	21:33.0	32	21:33.0	10:23.1 (05:16.1)	15:58.8 (05:35.9)	21:33.0 (05:34.2)
37	Alberto Lopez	2023	Riverside	05:23.6	21:34.2	33	21:34.2	10:29.7 (05:24.2)	16:02.1 (05:32.3)	21:34.2 (05:32.1)
38	Chris Watkins	SO-2	Clovis CC	05:24.1	21:36.2	34	21:36.2	10:19.6 (05:16.0)	15:54.6 (05:35.1)	21:36.2 (05:41.6)
39	Albert Serrano	2022	Glendale	05:24.4	21:37.5	35	21:37.5	10:32.6 (05:27.3)	16:08.6 (05:36.1)	21:37.5 (05:28.8)
40	David Reyes	2023	LA Harbor	05:24.4	21:37.6	36	21:37.5	10:39.8 (05:26.6)	16:12.3 (05:32.6)	21:37.5 (05:25.1)
41	Max Corrales	2022	De Anza	05:24.8	21:39.2	37	21:39.1	10:37.5 (05:27.8)	16:11.3 (05:34.0)	21:39.1 (05:27.8)
42	Abraham Martinez	2022	Glendale	05:24.8	21:39.2	38	21:39.2	10:31.1 (05:26.3)	16:05.1 (05:34.1)	21:39.2 (05:34.1)
43	Michael Yaskowitz	2022	El Camino	05:25.0	21:40.0	39	21:40.0	10:31.7 (05:29.1)	16:13.5 (05:41.8)	21:40.0 (05:26.5)
44	Jeffory Phelps	2022	San Bernardino Valley	05:25.2	21:40.8	40	21:40.7	10:31.5 (05:25.6)	16:11.5 (05:40.0)	21:40.7 (05:29.4)
45	Andrew Lopez	2023	Orange Coast	05:25.7	21:42.7	41	21:42.7	10:21.8 (05:19.1)	16:08.7 (05:47.1)	21:42.7 (05:34.0)
46	Colby Ratzat	2023	Cuesta	05:26.0	21:44.0		21:44.0	10:49.3 (05:34.3)	16:22.3 (05:33.1)	21:44.0 (05:21.6)
47	Ciro Benitez	2023	West Los Angeles	05:26.1	21:44.1		21:44.0	10:45.1 (05:30.3)	16:23.7 (05:38.8)	21:44.0 (05:20.3)
48	Jonathan Cruz	2023	El Camino	05:26.5	21:45.7	42	21:45.7	10:41.7 (05:29.5)	16:15.2 (05:33.7)	21:45.7 (05:30.3)
49	Usiel Ulloa	2022	Glendale	05:26.8	21:47.2	43	21:47.1	10:40.7 (05:30.9)	16:23.8 (05:43.3)	21:47.1 (05:23.3)
50	Kevin Keller	2022	Glendale	05:27.1	21:48.3	44	21:48.2	10:26.7 (05:22.6)	16:13.3 (05:46.7)	21:48.2 (05:35.0)
51	Justin Dominguez	2022	Orange Coast	05:27.5	21:49.8	45	21:49.7	10:31.5 (05:25.0)	16:11.8 (05:40.5)	21:49.7 (05:37.8)
52	Lorenzo Orozco	2023	Mt. SAC	05:27.5	21:49.9	46	21:49.9	10:15.8 (05:12.6)	16:03.0 (05:47.2)	21:49.9 (05:47.0)
53	Isaiah Wilson	2022	Mt. SAC	05:27.5	21:50.0	47	21:50.0	10:18.3 (05:14.6)	15:56.7 (05:38.3)	21:50.0 (05:53.4)
54	Evan Loftin	2023	Sequoias	05:27.8	21:51.1	48	21:51.0	10:24.7 (05:20.3)	16:07.3 (05:42.7)	21:51.0 (05:43.7)
55	Marvin Guardado	2023	Glendale	05:28.0	21:51.7	49	21:51.6	10:37.1 (05:31.5)	16:21.1 (05:44.1)	21:51.6 (05:30.6)
56	Ian Rusk	2022	Fullerton	05:28.0	21:51.8		21:51.7	10:36.2 (05:26.3)	16:24.1 (05:48.0)	21:51.7 (05:27.6)
57	Juan Gutierrez III	2022	Hartnell	05:28.2	21:52.5	50	21:52.5	10:26.2 (05:21.8)	00:00.0 (00:00.0)	21:52.5 (11:26.3)
58	Mauro Rosales	2022	Fullerton	05:28.8	21:54.9		21:54.9	10:53.0 (05:38.0)	16:31.8 (05:38.8)	21:54.9 (05:23.1)
59	Ethan Sunseri	2023	De Anza	05:28.9	21:55.6	51	21:55.5	10:50.5 (05:33.3)	16:24.3 (05:33.9)	21:55.5 (05:31.3)
60	Seth Frazer	FR-1	Clovis CC	05:29.0	21:56.0	52	21:56.0	10:25.2 (05:21.5)	16:08.6 (05:43.4)	21:56.0 (05:47.5)
61	Tarek Khezri	2023	Canyons	05:29.3	21:57.1	53	21:57.0	10:44.2 (05:30.1)	16:25.1 (05:40.9)	21:57.0 (05:32.0)
62	Robby Riggs	2022	Moorpark	05:29.5	21:57.8	54	21:57.7	10:44.1 (05:39.3)	16:31.8 (05:47.8)	21:57.7 (05:25.9)
63	Zach Leith	2023	Moorpark	05:29.5	21:57.8	55	21:57.7	10:38.2 (05:30.0)	16:26.1 (05:48.0)	21:57.7 (05:31.6)
64	Andrew Ribeiro	2022	American River	05:29.7	21:58.8	56	21:58.7	10:30.1 (05:22.1)	16:15.5 (05:45.5)	21:58.7 (05:43.4)
65	Logan McNamar	SO-2	Diablo Valley	05:29.8	21:59.2	57	21:59.1	10:22.7 (05:20.6)	16:18.8 (05:56.3)	21:59.1 (05:40.3)
66	Jordan Wilson	2023	Riverside	05:30.0	21:59.7	58	21:59.6	10:38.6 (05:29.5)	16:22.8 (05:44.1)	21:59.6 (05:36.8)
67	Farooq Tariq	2023	El Camino	05:30.1	22:00.3	59	22:00.2	10:35.2 (05:29.3)	16:24.7 (05:49.3)	22:00.2 (05:35.6)
68	Ameer Mohammed	2023	Glendale	05:30.2	22:00.6	60	22:00.5	10:38.7 (05:29.3)	16:20.2 (05:41.3)	22:00.5 (05:40.5)
69	Jason Smith	2022	Cuyamaca	05:30.4	22:01.5	61	22:01.5	10:50.7 (05:34.0)	16:35.2 (05:44.5)	22:01.5 (05:26.4)
70	Rigo Garcia	2023	Hartnell	05:30.7	22:02.6	62	22:02.5	10:44.7 (05:32.4)	16:27.3 (05:42.6)	22:02.5 (05:35.1)
71	Roberto Morales	2023	LA Harbor	05:30.9	22:03.5	63	22:03.5	10:38.3 (05:25.3)	16:23.1 (05:44.6)	22:03.5 (05:40.3)
72	Yxtzae Enriquez	2023	Santa Barbara	05:31.2	22:04.7		22:04.7	10:50.2 (05:36.0)	16:33.1 (05:42.8)	22:04.7 (05:31.7)
73	Israel Haik	2022	LA Harbor	05:31.5	22:06.0	64	22:06.0	10:47.5 (05:31.6)	16:30.7 (05:43.3)	22:06.0 (05:35.3)
74	Mario Barone	2023	Cuyamaca	05:31.9	22:07.3	65	22:07.2	10:37.5 (05:31.3)	16:24.3 (05:46.8)	22:07.2 (05:43.0)
75	Bailey Williams	2023	Santa Rosa	05:32.1	22:08.3		22:08.2	10:41.8 (05:31.6)	16:23.7 (05:42.0)	22:08.2 (05:44.6)
76	Jaime Quinones	2022	Cerritos	05:32.2	22:08.6	66	22:08.5	10:44.2 (05:33.6)	16:32.3 (05:48.1)	22:08.5 (05:36.3)
77	Jason Morse	2023	Riverside	05:32.4	22:09.3	67	22:09.2	10:42.1 (05:34.7)	16:33.8 (05:51.9)	22:09.2 (05:35.4)
78	Esteban Magana	2023	San Diego Mesa College	05:32.5	22:09.9	68	22:09.9	10:20.6 (05:16.5)	16:07.3 (05:46.8)	22:09.9 (06:02.6)
79	Bryce Butler	2022	Mt. SAC	05:32.8	22:11.0	69	22:11.0	10:46.8 (05:32.8)	16:28.6 (05:41.8)	22:11.0 (05:42.3)

80	Tyler Stowell	2022	De Anza	05:32.8	22:11.1	70	22:11.0	10:50.7 (05:31.1)	16:31.0 (05:40.3)	22:11.0 (05:40.2)
81	Cody Patrick	2023	Riverside	05:32.9	22:11.4	71	22:11.4	10:24.8 (05:18.0)	16:17.8 (05:53.0)	22:11.4 (05:53.6)
82	Oscar Zepeda	2023	LA Harbor	05:33.0	22:12.0	72	22:12.0	10:43.7 (05:30.3)	16:28.2 (05:44.5)	22:12.0 (05:43.9)
83	Harrison Wykoff	2023	Bakersfield	05:33.0	22:12.0	73	22:12.0	10:46.1 (05:31.8)	16:32.1 (05:46.0)	22:12.0 (05:40.0)
84	Mohammad Mirwais	2023	De Anza	05:33.1	22:12.4	74	22:12.3	10:50.2 (05:33.0)	16:30.8 (05:40.6)	22:12.3 (05:41.6)
85	David Bazaldua	2023	Mt. SAC	05:33.5	22:13.8	75	22:13.7	10:48.0 (05:34.2)	16:33.2 (05:45.3)	22:13.7 (05:40.5)
86	Akito Fujisawa	2022	De Anza	05:33.5	22:13.9	76	22:13.8	10:44.2 (05:29.0)	00:00.0 (00:00.0)	22:13.8 (11:29.6)
87	Jared Mallon	2023	Riverside	05:33.5	22:14.0	77	22:14.0	10:49.8 (05:39.3)	16:41.2 (05:51.3)	22:14.0 (05:32.8)
88	Yahia Liban	2023	El Camino	05:33.6	22:14.3	78	22:14.2	10:42.8 (05:30.3)	16:32.6 (05:49.9)	22:14.2 (05:41.6)
89	Beau Murray	2022	Cuyamaca	05:33.6	22:14.4	79	22:14.4	10:51.0 (05:37.8)	16:40.2 (05:49.4)	22:14.4 (05:34.1)
90	Jiovanni Garcia	2023	Hartnell	05:33.7	22:14.7	80	22:14.7	10:50.2 (05:34.5)	16:33.8 (05:43.5)	22:14.7 (05:41.0)
91	Bryce Pasquale	2023	Modesto	05:33.9	22:15.5	81	22:15.5	10:53.7 (05:38.1)	16:43.2 (05:49.5)	22:15.5 (05:32.4)
92	Elliot Ruiz	2023	Hartnell	05:33.9	22:15.6	82	22:15.5	10:45.0 (05:32.2)	16:32.7 (05:47.6)	22:15.5 (05:42.8)
93	Elijah Jordan	2023	Cuyamaca	05:34.0	22:15.8	83	22:15.7	10:45.3 (05:35.9)	16:36.2 (05:51.1)	22:15.7 (05:39.5)
94	Jose Escalante	2022	San Bernardino Valley	05:34.1	22:16.4	84	22:16.4	10:32.3 (05:25.1)	16:17.3 (05:45.1)	22:16.4 (05:59.1)
95	Christian Gonzales	2022	Sequoias	05:34.3	22:16.9	85	22:16.9	10:45.5 (05:34.3)	16:33.1 (05:47.6)	22:16.9 (05:43.9)
96	Antonio Calderon	2023	Cerritos	05:34.3	22:17.0	86	22:17.0	10:47.8 (05:37.3)	16:38.7 (05:51.1)	22:17.0 (05:38.3)
97	Donovan Zavala	2022	Long Beach	05:34.3	22:17.2		22:17.2	10:43.7 (05:38.3)	16:36.2 (05:52.6)	22:17.2 (05:40.8)
98	Yuki Watanabe	2023	Orange Coast	05:34.6	22:18.2	87	22:18.2	10:32.5 (05:29.3)	16:30.6 (05:58.2)	22:18.2 (05:47.6)
99	Omar Jimenez	2023	San Diego City College	05:35.1	22:20.1	88	22:20.0	10:49.1 (05:47.4)	16:41.5 (05:52.5)	22:20.0 (05:38.6)
100	Eliel Payan	2022	Fresno	05:35.2	22:20.8		22:20.7	10:31.0 (05:28.3)	16:24.6 (05:53.7)	22:20.7 (05:56.1)
101	Ryan Menees	2022	De Anza	05:35.2	22:20.8	89	22:20.7	10:52.0 (05:33.6)	16:40.0 (05:48.1)	22:20.7 (05:40.9)
102	Zackary Woods	2023	Sequoias	05:35.4	22:21.4	90	22:21.4	10:45.0 (05:34.3)	16:36.0 (05:51.0)	22:21.4 (05:45.3)
103	Luciano Linares	2022	Sequoias	05:35.5	22:22.0	91	22:22.0	10:45.7 (05:34.0)	16:32.5 (05:46.6)	22:22.0 (05:49.5)
104	Daniel Correa	2023	Hartnell	05:35.8	22:23.2	92	22:23.1	10:49.5 (05:36.6)	16:40.1 (05:50.6)	22:23.1 (05:43.2)
105	Abraham Cordova	FR-1	Clovis CC	05:35.9	22:23.4	93	22:23.4	10:45.7 (05:36.5)	16:36.7 (05:51.0)	22:23.4 (05:46.8)
106	Jacob Shroder	2023	Santa Barbara	05:36.1	22:24.4		22:24.3	10:50.1 (05:36.0)	16:33.5 (05:43.3)	22:24.3 (05:51.0)
107	Alvaro Heredia	2022	San Bernardino Valley	05:36.2	22:24.5	94	22:24.5	10:50.8 (05:42.3)	16:35.6 (05:44.8)	22:24.5 (05:48.8)
108	Juan Cadena	2023	Bakersfield	05:36.4	22:25.5	95	22:25.5	10:48.2 (05:37.3)	16:39.8 (05:51.7)	22:25.5 (05:45.6)
109	Julian Lasting	2022	Saddleback	05:36.8	22:26.9		22:26.9	10:52.5 (05:39.7)	16:45.7 (05:53.3)	22:26.9 (05:41.3)
110	Ryan Hering	2023	Siskiyou	05:37.0	22:27.7		22:27.7	10:56.8 (05:44.5)	16:47.6 (05:50.8)	22:27.7 (05:40.2)
111	Luis Ramirez	SO-2	Diablo Valley	05:37.4	22:29.3	96	22:29.2	10:36.5 (05:29.1)	16:34.8 (05:58.5)	22:29.2 (05:54.3)
112	Jordy Mazariegos	2023	Cerritos	05:37.5	22:29.8	97	22:29.7	10:50.0 (05:37.6)	16:47.1 (05:57.2)	22:29.7 (05:42.8)
113	Damian Lopez	2023	Modesto	05:38.0	22:31.8	98	22:31.7	10:54.1 (05:38.6)	16:44.3 (05:50.3)	22:31.7 (05:47.5)
114	Denis Escobar	2023	LA Harbor	05:38.2	22:32.7	99	22:32.6	10:45.8 (05:35.5)	16:44.7 (05:58.8)	22:32.6 (05:48.0)
115	Elias Martinez	2023	Bakersfield	05:38.3	22:33.2	100	22:33.1	10:54.3 (05:37.8)	16:44.5 (05:50.1)	22:33.1 (05:48.7)
116	Joshua Briscoe	2022	Riverside	05:38.5	22:33.9	101	22:33.8	10:49.2 (05:39.2)	16:41.3 (05:52.2)	22:33.8 (05:52.5)
117	Christian Shehadey	SO-2	Clovis CC	05:38.8	22:35.0	102	22:35.0	11:02.5 (05:41.4)	16:57.6 (05:55.1)	22:35.0 (05:37.5)
118	Joshua Sobarzo	2023	Bakersfield	05:38.8	22:35.2	103	22:35.2	10:57.2 (05:41.1)	16:49.8 (05:52.5)	22:35.2 (05:45.5)
119	Mario Munoz	2022	San Joaquin Delta	05:38.8	22:35.2		22:35.2	10:49.0 (05:40.6)	16:45.2 (05:56.4)	22:35.2 (05:49.8)
120	Alberto Alves	2023	Modesto	05:39.3	22:36.9	104	22:36.9	11:04.2 (05:42.0)	16:45.6 (05:41.5)	22:36.9 (05:51.4)
121	David Hernandez	2023	San Bernardino Valley	05:39.6	22:38.2	105	22:38.1	11:02.1 (05:45.3)	16:59.7 (05:57.6)	22:38.1 (05:38.6)
122	Miguel Velasquez Campos	2023	Palomar	05:40.1	22:40.2		22:40.1	10:44.7 (05:32.8)	16:40.5 (05:55.8)	22:40.1 (05:59.8)
123	Connor Ahl	2023	Moorpark	05:40.4	22:41.4	106	22:41.4	10:51.6 (05:39.8)	16:51.0 (05:59.5)	22:41.4 (05:50.3)
124	David Sweigart	2022	Chaffey	05:40.7	22:42.8		22:42.7	11:00.6 (05:40.3)	16:51.7 (05:51.1)	22:42.7 (05:51.1)
125	Jonathan Ruiz	2023	Long Beach	05:41.2	22:44.6		22:44.5	11:02.7 (05:45.8)	16:57.2 (05:54.5)	22:44.5 (05:47.5)
126	Anthony Orduno	2022	San Diego City College	05:42.3	22:48.9	107	22:48.9	11:13.6 (05:54.1)	17:05.5 (05:51.8)	22:48.9 (05:43.5)
127	Jacob Garrett	2023	Shasta	05:42.3	22:49.1		22:49.0	10:58.8 (05:47.3)	17:07.0 (06:08.2)	22:49.0 (05:42.2)
128	Daniel Alonzo	2023	Cerritos	05:42.7	22:50.8	108	22:50.7	10:59.1 (05:45.8)	17:01.6 (06:02.6)	22:50.7 (05:49.1)
129	Adolfo Escudero-Mendoza		Bakersfield	05:43.0	22:51.8	109	22:51.7	10:52.0 (05:36.8)	16:55.5 (06:03.5)	22:51.7 (05:56.3)
130	Mohammad Halim	2023	Pasadena	05:43.4	22:53.5		22:53.5	10:59.8 (05:44.8)	16:59.8 (06:00.1)	22:53.5 (05:53.6)
131	Adam Angel	2022	Orange Coast	05:43.4	22:53.5	110	22:53.5	10:58.7 (05:48.8)	17:01.5 (06:02.7)	22:53.5 (05:52.1)
132	Peter Antunez	2023	Orange Coast	05:43.5	22:54.0	111	22:54.0	10:49.7 (05:41.8)	17:01.1 (06:11.3)	22:54.0 (05:53.0)
133	Mauricio Abrego	2022	Canyons	05:43.7	22:54.8	112	22:54.7	11:11.3 (05:44.9)	17:10.5 (05:59.2)	22:54.7 (05:44.3)
134	Russell Zelazo	SO-2	Clovis CC	05:43.8	22:55.1	113	22:55.0	10:45.7 (05:37.1)	16:47.7 (06:02.2)	22:55.0 (06:07.4)

135	Faizan Darsot	2023	El Camino	05:44.4	22:57.5	114	22:57.5	10:56.1 (05:43.6)	17:02.1 (06:06.1)	22:57.5 (05:55.5)
136	Eddie Perez Sandoval	2023	San Bernardino Valley	05:44.5	22:57.7	115	22:57.7	10:44.0 (05:34.6)	16:49.7 (06:05.8)	22:57.7 (06:08.0)
137	Xavier Morales	2023	Sacramento	05:44.5	22:57.9		22:57.9	10:58.7 (05:41.3)	17:01.6 (06:02.8)	22:57.9 (05:56.3)
138	Cisco Gonzalez	2023	San Diego City College	05:44.7	22:58.5	116	22:58.5	11:00.6 (05:46.8)	17:03.0 (06:02.3)	22:58.5 (05:55.6)
139	Mathew Liebmann	2023	Canyons	05:45.3	23:01.0	117	23:01.0	10:56.6 (05:41.1)	17:00.1 (06:03.5)	23:01.0 (06:01.0)
140	Maximus Collier	2023	Palomar	05:45.5	23:02.0		23:02.0	11:03.0 (05:46.6)	17:03.7 (06:00.6)	23:02.0 (05:58.4)
141	Matthew Musa	2023	Cuyamaca	05:46.6	23:06.3	118	23:06.2	10:57.5 (05:41.4)	17:02.1 (06:04.7)	23:06.2 (06:04.3)
142	Tucker Meyer		LA Harbor	05:46.8	23:06.9	119	23:06.9	11:20.3 (05:55.1)	17:23.1 (06:03.0)	23:06.9 (05:43.8)
143	Alberto Serrano	2023	Cerritos	05:46.9	23:07.5	120	23:07.5	11:06.7 (05:57.6)	17:24.7 (06:18.2)	23:07.5 (05:42.6)
144	Ricardo Cruz	2022	Riverside	05:47.1	23:08.2	121	23:08.2	10:54.5 (05:41.2)	17:01.2 (06:06.8)	23:08.2 (06:07.1)
145	Ken Yuasa	2023	De Anza	05:48.2	23:12.8	122	23:12.7	11:02.7 (05:40.4)	17:09.5 (06:06.8)	23:12.7 (06:03.3)
146	Thomas Ball	FR-1	Diablo Valley	05:49.3	23:17.0	123	23:17.0	11:00.7 (05:47.8)	17:13.5 (06:12.8)	23:17.0 (06:03.3)
147	Kaleb Traficante	2023	Redwoods	05:49.6	23:18.3		23:18.2	10:58.1 (05:50.1)	17:09.1 (06:11.1)	23:18.2 (06:09.2)
148	Joshua Hurlock	2023	Modesto	05:50.1	23:20.4	124	23:20.4	10:58.1 (05:44.9)	17:10.0 (06:12.0)	23:20.4 (06:10.3)
149	Brannon Barber	2022	Canyons	05:50.8	23:23.2	125	23:23.1	11:15.2 (05:51.3)	17:20.3 (06:05.1)	23:23.1 (06:02.9)
150	Jose Azpeitiamarquez	2023	LA Harbor	05:51.3	23:25.2	126	23:25.1	11:17.7 (05:56.5)	17:22.5 (06:04.8)	23:25.1 (06:02.6)
151	Sebastian Luna	2022	San Diego City College	05:52.9	23:31.5	127	23:31.5	11:07.5 (05:47.3)	17:16.0 (06:08.6)	23:31.5 (06:15.3)
152	Ramon Owens	2023	Cuyamaca	05:54.2	23:36.5	128	23:36.5	11:05.3 (05:50.6)	17:29.2 (06:23.8)	23:36.5 (06:07.3)
153	Elias Arteaga	2023	Bakersfield	05:54.2	23:36.8	129	23:36.7	11:04.7 (05:44.1)	17:19.0 (06:14.3)	23:36.7 (06:17.8)
154	Jose Jaques	2023	Cuyamaca	05:55.0	23:39.7	130	23:39.7	11:22.6 (05:59.1)	17:40.0 (06:17.5)	23:39.7 (05:59.7)
155	Christian Santana	2023	Fresno	05:56.3	23:45.1		23:45.0	11:02.2 (05:55.1)	17:31.0 (06:28.6)	23:45.0 (06:14.1)
156	Nathan Hayes	2023	Santa Rosa	05:56.6	23:46.4		23:46.3	11:08.5 (05:44.4)	17:42.8 (06:34.3)	23:46.3 (06:03.5)
157	Christian Moreno	2022	El Camino	05:57.4	23:49.5	131	23:49.5	11:14.6 (05:59.8)	17:37.0 (06:22.3)	23:49.5 (06:12.5)
158	Rashad Prince	2023	Southwestern	05:59.0	23:55.8		23:55.7	11:13.3 (05:57.1)	17:46.7 (06:33.3)	23:55.7 (06:09.0)
159	Adolfo Cisneros	2023	San Diego City College	05:59.1	23:56.1	132	23:56.0	11:15.3 (05:53.9)	17:40.5 (06:25.1)	23:56.0 (06:15.5)
160	Edgar Williams	2023	San Jose	06:03.5	24:14.0		24:14.0	11:08.1 (06:04.0)	17:37.2 (06:29.3)	24:14.0 (06:36.6)
161	Aturo Sandoval	2023	San Diego City College	06:05.1	24:20.3	133	24:20.2	11:32.3 (06:09.5)	18:00.2 (06:27.8)	24:20.2 (06:20.1)
162	Dylan Arreola	2022	Chaffey	06:08.6	24:34.4		24:34.4	11:45.2 (06:18.3)	18:19.1 (06:33.9)	24:34.4 (06:15.3)
163	Sam Dudley	FR-1	Diablo Valley	06:10.6	24:42.2	134	24:42.1	11:39.8 (06:11.8)	18:13.5 (06:33.7)	24:42.1 (06:28.6)
164	Alan Lozoya	2023	San Diego City College	06:11.6	24:46.3	135	24:46.2	12:04.2 (06:50.9)	18:41.1 (06:36.9)	24:46.2 (06:05.2)
165	Ishmael Ramirez	2023	Modesto	06:11.6	24:46.4	136	24:46.3	11:50.5 (06:11.3)	18:27.3 (06:36.8)	24:46.3 (06:19.0)
166	Jared Orth	SO-2	Clovis CC	06:11.9	24:47.5	137	24:47.5	11:08.7 (05:59.1)	18:26.2 (07:17.6)	24:47.5 (06:21.3)
167	Brandon Lucas-Sanchez	2023	Canyons	06:13.9	24:55.3	138	24:55.2	12:15.0 (06:29.6)	18:46.6 (06:31.6)	24:55.2 (06:08.6)
168	Joe Munoz		Cerritos	06:16.1	25:04.3	139	25:04.2	11:50.3 (06:25.1)	18:35.8 (06:45.6)	25:04.2 (06:28.3)
169	Chase Phillips	2023	Modesto	06:19.0	25:16.0	140	25:16.0	12:05.6 (06:22.7)	18:44.6 (06:39.1)	25:16.0 (06:31.4)
170	Kyle Brown	2023	Modesto	06:27.4	25:49.3	141	25:49.2	12:03.3 (06:28.6)	18:55.7 (06:52.5)	25:49.2 (06:53.5)
171	Nathan Torres	2022	West Los Angeles	06:31.3	26:05.1		26:05.0	11:57.2 (06:37.0)	19:25.0 (07:28.0)	26:05.0 (06:40.0)
172	Daniel Lazo	2023	Canyons	07:18.6	29:14.2	142	29:14.1	14:09.7 (07:26.6)	21:51.2 (07:41.6)	29:14.1 (07:22.9)
0	Blake Chitwood	2022	Siskiyou		DNF					
0	Cristobal Vasquez	2023	Sequoias		DNF					

**Womens Race Team Results (3.1 Mile)**

Top↑

PL	Team	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	Glendale	1:35:40	19:08	66	8	10	11	13	24	56	66
2	Saddleback	1:38:00	19:36	113	6	20	21	28	38	127	133
3	Mt. SAC	1:38:53	19:46	142	14	15	29	41	43	48	77
4	Hartnell	1:38:05	19:37	145	5	9	18	46	67	79	95
5	Riverside	1:40:02	20:00	170	23	30	32	34	51	53	88
6	Ventura	1:38:50	19:46	180	2	3	47	57	71	80	96
7	LA Harbor	1:42:03	20:24	238	16	25	31	55	111	120	121
8	Palomar	1:42:07	20:25	260	12	22	45	74	107	114	129
9	Moorpark	1:42:04	20:24	285	1	42	64	84	94	97	
10	San Diego Mesa College	1:42:55	20:35	297	7	44	61	75	110	131	
11	Santa Rosa	1:43:17	20:39	311	39	52	62	76	82	106	126
12	Oxnard	1:43:07	20:37	314	17	63	68	81	85	112	119
13	Orange Coast	1:43:56	20:47	316	26	37	70	90	93	103	122
14	Modesto	1:44:40	20:56	331	27	33	69	98	104	124	130
15	Clovis CC	1:44:37	20:55	344	40	54	59	91	100	108	116
16	Sierra	1:44:19	20:51	345	36	72	73	78	86	87	99
17	Chaffey	1:45:02	21:00	348	19	35	89	92	113	117	
18	Cuesta	1:45:39	21:07	375	4	50	101	105	115	118	
19	Canyons	1:47:47	21:33	420	58	60	65	109	128	132	
20	San Joaquin Delta	1:49:58	21:59	482	49	83	102	123	125		
	San Mateo			DNF							

**Womens Race Individual Results (3.1 Mile)**

START TIME: 9:58 AM Top↑

PL	NAME	YEAR	TEAM	Avg. Mile	TIME	SCORE	Mile 1	Mile 2	M 3.1
1	Sophia Cortina	2022	Moorpark	05:57.3	18:27.6	1	18:27.5	12:05.1 (06:08.8)	18:27.5 (06:22.5)
2	Olivia Burton	2022	Ventura	05:59.2	18:33.6	2	18:33.5	12:05.3 (06:09.1)	18:33.5 (06:28.4)
3	Brieanna Tafoya	2022	Ventura	06:01.1	18:39.2	3	18:39.2	00:00.0 (00:00.0)	18:39.2 (12:42.6)
4	Leza Cassidy	2022	Cuesta	06:01.3	18:40.0	4	18:40.0	12:10.1 (06:13.3)	18:40.0 (06:29.8)
5	Daniela Salazar	2022	Hartnell	06:03.3	18:46.1	5	18:46.0	12:05.1 (06:08.6)	18:46.0 (06:41.1)
6	Dana McGrath	2022	Saddleback	06:04.1	18:48.7	6	18:48.7	12:10.6 (06:12.8)	18:48.7 (06:38.2)
7	Yahaira Zuniga	2023	San Diego Mesa College	06:04.3	18:49.1	7	18:49.0	12:10.5 (06:13.7)	18:49.0 (06:38.6)
8	Jamie Levin	2023	Glendale	06:05.1	18:51.7	8	18:51.6	12:10.8 (06:13.8)	18:51.6 (06:40.8)
9	Valeria Lozano-Gomez	2023	Hartnell	06:05.8	18:53.7	9	18:53.7	12:18.5 (06:20.6)	18:53.7 (06:35.3)
10	Phoebe Forsyth	2022	Glendale	06:05.8	18:53.9	10	18:53.9	12:17.5 (06:18.8)	18:53.9 (06:36.5)
11	Yajaira Calderon	2023	Glendale	06:07.1	18:57.8	11	18:57.7	12:10.7 (06:14.8)	18:57.7 (06:47.1)
12	Alexia Delgadillo	2023	Palomar	06:10.5	19:08.5	12	19:08.5	12:17.1 (06:21.1)	19:08.5 (06:51.3)
13	Julia Gonzalez	SO-2	Diablo Valley	06:11.0	19:10.1		19:10.0	12:05.8 (06:10.1)	19:10.0 (07:04.1)
14	Kimberly Pena	2023	San Bernardino Valley	06:11.5	19:11.5		19:11.5	12:11.5 (06:15.3)	19:11.5 (07:00.1)
15	Bianca Biel	2023	Glendale	06:12.1	19:13.4	13	19:13.4	12:22.5 (06:22.8)	19:13.4 (06:51.0)
16	Janiah Brown	2023	Mt. SAC	06:12.7	19:15.3	14	19:15.2	12:21.6 (06:24.5)	19:15.2 (06:53.6)
17	Sadie Encinas	2022	Mt. SAC	06:14.3	19:20.3	15	19:20.2	12:25.1 (06:22.8)	19:20.2 (06:55.1)
18	Marai Atanacio	2023	LA Harbor	06:15.0	19:22.2	16	19:22.2	12:25.2 (06:25.0)	19:22.2 (06:57.1)
19	Angelica Alcala	2023	Oxnard	06:16.1	19:25.7	17	19:25.7	12:28.2 (06:24.5)	19:25.7 (06:57.6)
20	Shantal Martinez	2022	Hartnell	06:16.1	19:25.8	18	19:25.7	00:00.0 (00:00.0)	19:25.7 (19:25.7)
21	Svetlana Martin	2022	Chaffey	06:17.2	19:29.2	19	19:29.1	12:19.7 (06:22.8)	19:29.1 (07:09.3)
22	Nayelli Hernandez	2023	Saddleback	06:17.9	19:31.4	20	19:31.4	12:26.3 (06:27.3)	19:31.4 (07:05.1)
23	Holly Morales	2022	Saddleback	06:20.2	19:38.7	21	19:38.6	12:42.6 (06:37.8)	19:38.6 (06:56.1)
24	Addison Rose	2023	Palomar	06:20.6	19:39.7	22	19:39.7	12:40.2 (06:32.8)	19:39.7 (06:59.3)
25	Briana Rodriguez	2023	Riverside	06:20.9	19:40.7	23	19:40.7	12:37.1 (06:30.3)	19:40.7 (07:03.7)
26	Lydia Forsyth	2023	Glendale	06:22.1	19:44.3	24	19:44.2	12:38.8 (06:35.9)	19:44.2 (07:05.5)
27	Angie Fajardo	2023	LA Harbor	06:24.6	19:52.1	25	19:52.0	12:39.2 (06:40.9)	19:52.0 (07:13.0)
28	Emily Olson	2023	Orange Coast	06:24.8	19:52.7	26	19:52.6	12:28.7 (06:30.0)	19:52.6 (07:24.0)
29	Maritza Tellez	2022	Sacramento	06:25.0	19:53.3		19:53.2	12:43.7 (06:43.3)	19:53.2 (07:09.6)
30	Aryana Perillo	2023	Modesto	06:25.0	19:53.4	27	19:53.4	12:36.0 (06:38.2)	19:53.4 (07:17.5)

31	Cayla Porter	2022	Saddleback	06:25.3	19:54.4	28	19:54.4	12:35.5 (06:35.0)	19:54.4 (07:19.0)
32	Yesenia Flores	2023	Mt. SAC	06:25.8	19:55.9	29	19:55.8	12:43.8 (06:39.9)	19:55.8 (07:12.0)
33	Olivia Ruiz	2023	Pasadena	06:25.8	19:56.0		19:56.0	12:53.3 (06:42.1)	19:56.0 (07:02.6)
34	Ariel Martinez	2022	Riverside	06:26.3	19:57.4	30	19:57.4	12:38.8 (06:36.3)	19:57.4 (07:18.5)
35	Linnssy Munoz	2023	LA Harbor	06:26.3	19:57.5	31	19:57.5	12:34.7 (06:35.4)	19:57.5 (07:22.8)
36	Emiliana Merida Cano	2022	Riverside	06:26.9	19:59.2	32	19:59.2	12:44.8 (06:38.9)	19:59.2 (07:14.4)
37	Nora Nash	2022	Modesto	06:27.0	19:59.7	33	19:59.7	12:48.6 (06:40.0)	19:59.7 (07:11.1)
38	Helena Valdez	2023	Riverside	06:28.0	20:02.8	34	20:02.7	12:43.1 (06:39.5)	20:02.7 (07:19.6)
39	Audrie Torres	2023	Chaffey	06:29.0	20:05.7	35	20:05.6	12:47.0 (06:43.2)	20:05.6 (07:18.6)
40	Shannen Dorn	2023	San Mateo	06:29.0	20:05.9		20:05.9	12:48.2 (06:45.6)	20:05.9 (07:17.7)
41	Alyse Sibley	2022	Sierra	06:29.1	20:06.2	36	20:06.1	12:50.7 (06:42.6)	20:06.1 (07:15.5)
42	Kaila Gindlesperger	2023	Orange Coast	06:29.3	20:06.8	37	20:06.7	12:53.2 (06:49.8)	20:06.7 (07:13.6)
43	Alexis Park	2022	Saddleback	06:29.6	20:07.8	38	20:07.7	12:49.1 (06:46.1)	20:07.7 (07:18.6)
44	Evelin Ramirez	2023	Santa Rosa	06:29.7	20:08.0	39	20:08.0	12:54.1 (06:43.0)	20:08.0 (07:13.8)
45	Alyssa Freeman	FR-1	Clovis CC	06:29.9	20:08.5	40	20:08.5	12:47.1 (06:43.2)	20:08.5 (07:21.5)
46	Katrina Kohlmeyer	FR-1	Diablo Valley	06:30.2	20:09.4		20:09.4	12:52.2 (06:48.3)	20:09.4 (07:17.3)
47	Daniela De La Torre Garcia	2023	Mt. SAC	06:30.5	20:10.4	41	20:10.3	13:02.3 (06:50.3)	20:10.3 (07:08.1)
48	Natalie Aynilian	2023	Moorpark	06:30.7	20:11.1	42	20:11.0	13:08.7 (06:54.1)	20:11.0 (07:02.4)
49	Kaitlyn Atkinson	2023	Mt. SAC	06:31.0	20:12.0	43	20:12.0	13:03.6 (06:51.1)	20:12.0 (07:08.3)
50	Adriana Leal	2023	San Diego Mesa College	06:31.1	20:12.4	44	20:12.4	12:57.8 (06:49.1)	20:12.4 (07:14.6)
51	Marlee Duane	2022	American River	06:31.2	20:12.7		20:12.7	12:40.0 (06:37.6)	20:12.7 (07:32.6)
52	Jolie Beentjes	2022	Palomar	06:31.6	20:13.9	45	20:13.8	13:00.7 (06:43.6)	20:13.8 (07:13.1)
53	Faith Mora	2023	Hartnell	06:32.0	20:15.2	46	20:15.1	12:57.1 (06:51.8)	20:15.1 (07:18.1)
54	Gisele Ortega	2023	Ventura	06:32.1	20:15.5	47	20:15.5	12:49.1 (06:45.6)	20:15.5 (07:26.3)
55	Evelyn Peralta	2022	Mt. SAC	06:32.2	20:15.8	48	20:15.7	12:51.3 (06:42.6)	20:15.7 (07:24.5)
56	Megan Lindenmuth	2023	Santiago Canyon	06:32.3	20:16.1		20:16.0	12:56.3 (06:48.5)	20:16.0 (07:19.8)
57	Leslee Patino	2022	De Anza	06:32.8	20:17.7		20:17.6	13:01.7 (06:59.8)	20:17.6 (07:16.0)
58	Michelle Torres-Ruiz	2022	Santiago Canyon	06:33.5	20:19.6		20:19.5	13:04.3 (06:56.0)	20:19.5 (07:15.3)
59	Maria Soto-Aguilar	2023	San Joaquin Delta	06:33.9	20:21.1	49	20:21.0	12:54.2 (06:51.6)	20:21.0 (07:26.8)
60	Kylee Dismuke-Rodriguez	2023	Cuesta	06:34.2	20:21.8	50	20:21.7	13:00.8 (06:56.7)	20:21.7 (07:20.8)
61	Aeriel Madrigal	2023	Riverside	06:34.3	20:22.2	51	20:22.1	12:52.8 (06:46.3)	20:22.1 (07:29.5)
62	Katrina Frandsen	2023	Santa Rosa	06:34.4	20:22.5	52	20:22.5	12:57.3 (06:48.6)	20:22.5 (07:25.1)
63	Maria Rojas	2023	Riverside	06:34.5	20:22.8	53	20:22.7	13:01.1 (06:50.5)	20:22.7 (07:21.8)
64	Toni Payton	FR-1	Clovis CC	06:35.4	20:25.8	54	20:25.7	12:56.7 (06:57.5)	20:25.7 (07:29.0)
65	Aleta Fields	2023	LA Harbor	06:36.0	20:27.6	55	20:27.5	13:07.2 (06:49.3)	20:27.5 (07:20.5)
66	Eileen Silva	2022	Glendale	06:36.3	20:28.4	56	20:28.4	13:02.1 (06:58.6)	20:28.4 (07:26.4)
67	Michelle Meugniot	2023	Ventura	06:36.8	20:29.9	57	20:29.8	13:07.1 (06:52.6)	20:29.8 (07:22.8)
68	Diana Perez	2023	Canyons	06:37.2	20:31.3	58	20:31.2	13:07.8 (07:03.1)	20:31.2 (07:23.3)
69	Natalie Curtis	SO-2	Clovis CC	06:37.2	20:31.3	59	20:31.2	13:04.8 (06:58.0)	20:31.2 (07:26.5)
70	Lauren Franco	2023	Canyons	06:37.6	20:32.6	60	20:32.5	13:19.7 (06:52.0)	20:32.5 (07:12.8)
71	Grace Calegari	2023	San Diego Mesa College	06:38.7	20:35.7	61	20:35.7	13:11.3 (06:54.6)	20:35.7 (07:24.4)
72	Jackie Ramirez	2023	Santa Rosa	06:39.0	20:36.7	62	20:36.7	13:03.3 (06:51.5)	20:36.7 (07:33.5)
73	Melody Salazar	2023	Oxnard	06:39.1	20:37.0	63	20:37.0	13:15.1 (06:56.1)	20:37.0 (07:21.9)
74	Adriana Perez	2022	Moorpark	06:39.4	20:37.9	64	20:37.9	13:17.2 (07:00.3)	20:37.9 (07:20.6)
75	Paris Camacho	2023	Canyons	06:39.4	20:37.9	65	20:37.9	13:15.2 (07:01.6)	20:37.9 (07:22.8)
76	Jasmine Corralejo		Glendale	06:40.2	20:40.4	66	20:40.3	13:18.7 (07:00.2)	20:40.3 (07:21.6)
77	Mariah Changco	2023	Hartnell	06:41.4	20:44.4	67	20:44.3	13:07.8 (07:02.4)	20:44.3 (07:36.7)
78	Araceli Rodriguez	2023	Oxnard	06:41.5	20:44.6	68	20:44.5	13:18.7 (06:57.3)	20:44.5 (07:25.8)
79	Olivia Zambrano	2023	Fresno	06:41.8	20:45.5		20:45.5	13:10.8 (07:02.6)	20:45.5 (07:34.6)
80	Evelyn Contreras	2023	San Mateo	06:41.9	20:45.8		20:45.7	13:08.3 (07:00.8)	20:45.7 (07:37.3)
81	Gabriella Avalos	2022	Modesto	06:42.9	20:49.0	69	20:49.0	13:19.1 (06:53.6)	20:49.0 (07:29.8)
82	Skyler Madrid	2023	Orange Coast	06:43.2	20:49.8	70	20:49.7	12:47.6 (06:46.1)	20:49.7 (08:02.3)
83	Isabelle Egbert	2023	Ventura	06:44.1	20:52.6	71	20:52.5	13:08.7 (06:54.5)	20:52.5 (07:43.8)
84	Carlin Coulam	2023	Sierra	06:44.6	20:54.2	72	20:54.1	13:18.2 (07:04.1)	20:54.1 (07:35.8)
85	Mikayla Barkve	2023	Sierra	06:45.5	20:56.9	73	20:56.8	13:20.3 (06:56.6)	20:56.8 (07:36.5)
86	Maria Marroquin	2022	Santa Ana	06:45.6	20:57.1		20:57.0	13:09.8 (07:06.3)	20:57.0 (07:47.3)

87	Brianna Frain	2022	Palomar	06:45.6	20:57.2	74	20:57.2	13:26.6 (06:59.8)	20:57.2 (07:30.7)
88	Beyonce Wright	2023	San Diego Mesa College	06:45.9	20:58.2	75	20:58.1	13:32.2 (07:09.2)	20:58.1 (07:25.8)
89	Naibe Ruelas	2022	Desert	06:46.3	20:59.5		20:59.5	13:22.3 (07:02.1)	20:59.5 (07:37.1)
90	Nataly Rosales	2023	Santa Monica	06:46.8	21:01.1		21:01.0	13:28.2 (06:59.8)	21:01.0 (07:32.8)
91	Bria Keelty	2023	Santa Rosa	06:46.9	21:01.4	76	21:01.4	13:22.6 (07:08.8)	21:01.4 (07:38.8)
92	Abigail Rasmussen	2023	American River	06:47.1	21:02.0		21:02.0	13:06.6 (07:04.9)	21:02.0 (07:55.5)
93	Julianne Ibarra	2022	Mt. SAC	06:47.5	21:03.0	77	21:03.0	13:24.8 (07:12.3)	21:03.0 (07:38.2)
94	Rhiannon Repetti	2023	Sierra	06:47.6	21:03.4	78	21:03.3	13:34.6 (07:12.4)	21:03.3 (07:28.8)
95	Nerina Campos	2022	Hartnell	06:48.0	21:04.6	79	21:04.5	13:02.6 (07:03.6)	21:04.5 (08:02.1)
96	Alisann Tolosa	2023	Ventura	06:49.4	21:09.0	80	21:09.0	13:25.7 (07:10.1)	21:09.0 (07:43.3)
97	Kimberly Acosta	2023	Oxnard	06:49.5	21:09.2	81	21:09.2	13:34.7 (07:06.3)	21:09.2 (07:34.5)
98	Gris Alonso-Soto	2022	Santa Rosa	06:49.5	21:09.3	82	21:09.2	13:35.6 (07:10.6)	21:09.2 (07:33.8)
99	Vivianna Gardea	2023	San Joaquin Delta	06:49.6	21:09.8	83	21:09.7	13:35.6 (07:11.0)	21:09.7 (07:34.1)
100	Estefania De Los Santos	2023	Moorpark	06:49.7	21:09.9	84	21:09.8	13:27.1 (07:10.6)	21:09.8 (07:42.8)
101	Esther Gomez	2023	Oxnard	06:50.0	21:10.8	85	21:10.7	13:43.8 (07:08.9)	21:10.7 (07:26.9)
102	Julia Reyes	2022	Pasadena	06:51.0	21:14.0		21:14.0	13:35.0 (07:11.8)	21:14.0 (07:39.0)
103	Matison McCombs	2023	Fresno	06:51.5	21:15.6		21:15.5	13:27.3 (07:19.0)	21:15.5 (07:48.4)
104	Aubrey Scheibel	2023	Chabot	06:51.6	21:15.7		21:15.7	13:24.3 (07:01.6)	21:15.7 (07:51.3)
105	Valeria Guerra	2023	Cerritos	06:52.7	21:19.3		21:19.2	13:35.8 (07:23.1)	21:19.2 (07:43.6)
106	Diana Díaz Guerra	2023	Sierra	06:52.8	21:19.6	86	21:19.5	13:34.3 (06:58.9)	21:19.5 (07:45.3)
107	Anna Larson	2022	Sierra	06:53.7	21:22.4	87	21:22.4	13:40.0 (07:04.6)	21:22.4 (07:42.5)
108	Aliy Camacho	2022	Riverside	06:54.9	21:26.2	88	21:26.1	13:19.1 (07:06.5)	21:26.1 (08:07.1)
109	Grace Southern	2023	Shasta	06:54.9	21:26.2		21:26.1	13:32.0 (07:18.1)	21:26.1 (07:54.1)
110	Joanna Lopez	2022	San Diego City College	06:55.1	21:26.7		21:26.6	13:47.1 (07:21.7)	21:26.6 (07:39.6)
111	Mixtli Aguilar Guzman	2022	Chaffey	06:55.2	21:27.1	89	21:27.0	13:36.6 (07:20.1)	21:27.0 (07:50.6)
112	Amaya Ferris	2023	Long Beach	06:55.8	21:28.8		21:28.7	13:37.0 (07:13.3)	21:28.7 (07:51.8)
113	Gabby Delgado	2023	Orange Coast	06:56.4	21:30.7	90	21:30.7	13:25.2 (07:14.1)	21:30.7 (08:05.6)
114	Clarissa Luna	FR-1	Clovis CC	06:56.5	21:31.2	91	21:31.1	13:46.3 (07:26.7)	21:31.1 (07:44.8)
115	Dasani Zavala	2022	Long Beach	06:56.5	21:31.2		21:31.1	13:43.8 (07:20.0)	21:31.1 (07:47.3)
116	Saralis Villalobos-Marti	2023	San Mateo	06:57.4	21:33.9		21:33.8	13:43.6 (07:31.8)	21:33.8 (07:50.4)
117	Sonia Tuia	2022	Chaffey	06:57.5	21:34.1	92	21:34.0	13:45.3 (07:18.8)	21:34.0 (07:48.8)
118	Jessica Aguilera	2022	San Bernardino Valley	06:57.6	21:34.6		21:34.5	13:50.3 (07:17.3)	21:34.5 (07:44.2)
119	Carmen Hernandez	2022	El Camino	06:57.9	21:35.5		21:35.5	13:47.1 (07:24.5)	21:35.5 (07:48.3)
120	Meagan Silves	2022	Orange Coast	06:58.2	21:36.3	93	21:36.2	13:50.6 (07:18.3)	21:36.2 (07:45.6)
121	Jasmin J Gallegos	2022	Desert	06:58.7	21:37.9		21:37.8	13:43.6 (07:23.1)	21:37.8 (07:54.3)
122	Venus Venegas	2023	Moorpark	06:58.7	21:37.9	94	21:37.9	13:47.7 (07:21.1)	21:37.9 (07:50.3)
123	Meline Minasian	2023	Pasadena	06:59.2	21:39.3		21:39.2	13:46.8 (07:19.1)	21:39.2 (07:52.3)
124	Rhiannon Tracey	2022	Santa Monica	06:59.3	21:39.8		21:39.7	13:51.5 (07:16.6)	21:39.7 (07:48.3)
125	Ruth Cobieya	SO-2	Los Angeles Mission	06:59.7	21:41.0		21:41.0	13:43.3 (07:26.1)	21:41.0 (07:57.6)
126	Isabelle Torres	2022	Hartnell	07:00.8	21:44.3	95	21:44.2	13:50.8 (07:20.1)	21:44.2 (07:53.5)
127	Diana Saldana	2022	Ventura	07:01.1	21:45.2	96	21:45.2	13:30.7 (07:15.5)	21:45.2 (08:14.6)
128	Elizabeth Hsu	2023	Moorpark	07:03.0	21:51.0	97	21:51.0	13:56.5 (07:30.6)	21:51.0 (07:54.6)
129	Myrka Banuelos	2023	Modesto	07:03.3	21:52.1	98	21:52.0	13:36.1 (07:18.1)	21:52.0 (08:16.0)
130	Sierra Iverson	2022	Sierra	07:04.0	21:54.3	99	21:54.2	13:57.2 (07:18.9)	21:54.2 (07:57.1)
131	Kalana Sawyer	FR-1	Clovis CC	07:06.0	22:00.4	100	22:00.4	13:56.2 (07:23.8)	22:00.4 (08:04.3)
132	Kayla Shaw	2022	Cuesta	07:06.4	22:01.8	101	22:01.7	14:04.6 (07:23.6)	22:01.7 (07:57.2)
133	Tiana Galaviz-Alvarado	2023	San Joaquin Delta	07:07.0	22:03.5	102	22:03.5	13:51.8 (07:26.3)	22:03.5 (08:11.8)
134	Kelsey Withers	2023	Orange Coast	07:07.5	22:05.3	103	22:05.2	14:04.0 (07:31.5)	22:05.2 (08:01.4)
135	Jennifer Peraza	2023	Modesto	07:07.8	22:06.2	104	22:06.2	13:52.6 (07:22.7)	22:06.2 (08:13.7)
136	Shannon Farrell	2023	Cuesta	07:08.0	22:06.7	105	22:06.7	14:06.0 (07:25.0)	22:06.7 (08:00.8)
137	Miranda Huntsinger	2023	Santa Rosa	07:08.2	22:07.5	106	22:07.5	14:30.6 (07:35.1)	22:07.5 (07:36.8)
138	Mila Beentjes	2022	Palomar	07:08.4	22:07.9	107	22:07.9	14:11.8 (07:28.0)	22:07.9 (07:56.1)
139	Alyssa Canales	SO-2	Clovis CC	07:08.7	22:08.7	108	22:08.7	13:43.0 (07:30.8)	22:08.7 (08:25.8)
140	Jayda Martinez	2022	San Bernardino Valley	07:08.9	22:09.6		22:09.5	14:04.5 (07:33.4)	22:09.5 (08:05.1)
141	Sarah Zamudio	2023	Canyons	07:11.2	22:16.5	109	22:16.5	14:10.6 (07:39.1)	22:16.5 (08:05.8)
142	Mykenzie Belliotti	2023	San Diego Mesa College	07:12.3	22:19.9	110	22:19.9	14:11.7 (07:38.8)	22:19.9 (08:08.1)

143	Nichol Trigo	2023	LA Harbor	07:13.6	22:24.0	111	22:24.0	14:10.8 (07:27.8)	22:24.0 (08:13.1)
144	Fiona Rodriguez	2022	Oxnard	07:13.7	22:24.3	112	22:24.2	14:21.3 (07:35.1)	22:24.2 (08:02.9)
145	Stephanie Tovar	2023	Chaffey	07:14.3	22:26.2	113	22:26.1	14:22.8 (07:30.6)	22:26.1 (08:03.3)
146	Mckenna Brown	2023	Palomar	07:15.0	22:28.4	114	22:28.4	14:22.6 (07:37.6)	22:28.4 (08:05.8)
147	Casey Shaw	2022	Cuesta	07:15.4	22:29.7	115	22:29.7	14:26.1 (07:42.3)	22:29.7 (08:03.6)
148	Lily Kahn	SO-2	Clovis CC	07:17.0	22:34.7	116	22:34.7	14:30.0 (07:48.5)	22:34.7 (08:04.6)
149	Ashley Payan	2023	Chaffey	07:17.2	22:35.1	117	22:35.0	14:24.6 (07:37.2)	22:35.0 (08:10.5)
150	Mattie Lindsey	2022	Cuesta	07:17.2	22:35.2	118	22:35.1	14:23.1 (07:45.3)	22:35.1 (08:12.1)
151	Jasmine Rangel	2023	Oxnard	07:20.5	22:45.3	119	22:45.2	14:19.3 (07:44.3)	22:45.2 (08:26.1)
152	Jocelyn Osorio	2023	LA Harbor	07:21.9	22:49.7	120	22:49.7	14:31.7 (07:48.4)	22:49.7 (08:18.1)
153	Stephany Ramirez-Lopez	2023	Desert	07:23.1	22:53.4		22:53.4	14:38.1 (07:54.6)	22:53.4 (08:15.3)
154	Laura Hernandez	2023	LA Harbor	07:24.9	22:59.0	121	22:59.0	14:35.1 (07:53.6)	22:59.0 (08:23.8)
155	Angie Mateo	2023	Orange Coast	07:25.0	22:59.4	122	22:59.4	14:21.3 (07:57.3)	22:59.4 (08:38.1)
156	Raiann Prieto	2023	San Joaquin Delta	07:27.5	23:07.1	123	23:07.0	14:46.1 (07:58.3)	23:07.0 (08:21.0)
157	Chelsea Rodriguez-Parra	2023	Modesto	07:30.3	23:15.7	124	23:15.7	14:34.6 (07:49.2)	23:15.7 (08:41.2)
158	Kristen Sotelo	2022	San Joaquin Delta	07:30.8	23:17.3	125	23:17.2	14:47.1 (08:01.5)	23:17.2 (08:30.1)
159	Dana Johnson	2023	Santa Rosa	07:33.5	23:25.8	126	23:25.7	14:41.5 (07:49.0)	23:25.7 (08:44.3)
160	Amairani Sanchez	2023	Saddleback	07:38.6	23:41.4	127	23:41.4	15:03.8 (07:56.8)	23:41.4 (08:37.5)
161	Jisselle Lomeli	2023	Canyons	07:41.3	23:50.0	128	23:50.0	15:04.0 (08:15.8)	23:50.0 (08:46.0)
162	Lessli Maldonado	2022	Palomar	07:53.3	24:27.3	129	24:27.2	15:33.3 (08:17.3)	24:27.2 (08:53.8)
163	Alyssa Beltran	2023	Modesto	07:56.6	24:37.4	130	24:37.4	15:45.2 (08:22.0)	24:37.4 (08:52.3)
164	Cameron Gregg	2023	San Diego Mesa College	08:10.4	25:20.2	131	25:20.2	16:13.7 (08:41.7)	25:20.2 (09:06.6)
165	Megan Carbajal	2023	Canyons	08:22.2	25:56.8	132	25:56.7	16:29.7 (08:56.2)	25:56.7 (09:27.2)
166	Ashley Vintero	2023	San Mateo	08:45.7	27:09.6		27:09.5	16:54.6 (09:35.1)	27:09.5 (10:15.0)
167	Amber Park	2023	Saddleback	09:05.0	28:09.3	133	28:09.2	17:22.0 (09:45.3)	28:09.2 (10:47.2)
0	Talia Kokonian	2023	Moorpark				DNF		
0	Sydney Hou	2023	San Mateo				DNF		

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