

NORTHERN CALIFORNIA COMMUNITY COLLEGE CROSS COUNTRY CHAMPIONSHIPS  
WOMEN'S RESULTS

Crystal Springs Course 2.9 Miles

November 10, 1984

Rain, cold, muddy conditions.

*1. Foothill College	39	6. Yuba College	146
*2. West Valley College	83	7. Monterey Peninsula	147
*3. American River College	118	8. Hartnell College	183
*4. Santa Rosa Jr. College	119	9. Shasta College	188
*5. College of the Sequoias	120	10. Lassen College	281

Individual results:

1. Hawkins, Leslie*	MPC	17:29.1	43. Plutchak, Julie	WVC	20:11
2. Kendrick, Anne	Foot	17:43	44. Galarneau, Nancy	MC	20:11
3. McAfee, Stacey*	Sie	18:00	45. Walker, Jackie	Yuba	20:16
4. Mantynen, Linda	Foot	18:12	46. Karanfel, Heidi	WVC	20:17
5. Lopez, Maria*	Hart	18:13	47. Beedie, Pam	ARC	20:18
6. Dunlap, Shelly*	SCC	18:14	48. Bungo, Kelly	Foot	20:19
7. Macke, Peggy	ARC	18:18	49. Banner, Liz	SRJC	20:22
8. Schlumpberger, Jill*	DAC	18:23	50. Stanley, Donna	Yuba	20:28
9. Rasmussen, Julie*	Delta	18:23	51. Rued, Heidi	SRJC	20:29
10. Hansen, Susie	WVC	18:30	52. Carter, Kim	Menlo	20:30
11. VanHorn, Julie*	SCC	18:33	53. Peras, Livia	WVC	20:34
12. Medina, Rosa*	FCC	18:35	54. Elias, Victoria	COS	20:35
13. Saleme, Cecilia*	DAC	18:37	55. Baca, Liza	Yuba	20:37
14. Bryan, Sue	Foot	18:39	56. Morend, Jessie	SRJC	20:39
15. Galvin, Kim*	SCC	18:40	57. Warren, Teresa	COS	20:42
16. Jungswith, Cindy	COS	18:42	58. Pickering, Sandi	ARC	20:46
17. Halford, Carla	WVC	18:43	59. Lopez, Kristi	Hart	20:52
18. Quad, Sue*	CHA	18:47	60. Campbell, Lisa	MPC	20:54
19. Dewey, DeeDee	SRJC	18:49	61. Sanchez, Robin	ARC	21:05
20. Opp, Sheri*	SJCC	18:56	62. Mendez, Monica	SIE	21:15
21. Rezowalli, Heather	Foot	19:00	63. Schreder, Sabrina	SHA	21:18
22. Canales, Jill	COS	19:05	64. Niepoort, Birgetta	Men	21:23
23. Virga, Shari	ARC	19:09	65. Molitor, Nancy	ARC	21:27
24. Lofranco, Christine	WVC	19:11	66. Beltran, Carmen	Port	21:35
25. Ferrari, Carol	SRJC	19:16	67. Rathbun, Mary	SHA	21:36
26. Way, Bonnie*	SIE	19:19	68. Carlson, Deann	COS	21:48
27. VanZant, Becki	Foot	19:21	69. Gysin, Adele	LASS	21:52
28. Fant, Sheryl	Foot	19:26	70. Roles, Lupe	COS	22:00
29. Martin, Donna*	SHA	19:32	71. Musante, Leslie	SRJC	22:07
30. Thomas, Colleen*	MPC	19:39	72. Saloria, Mary	Hart	22:17
31. Bushling, Laurie	Yuba	19:41	73. Payne, Karen	LASS	22:25
32. Kennelley, Clea	COS	19:43	74. Drasa, Dianne	MPC	22:33
33. Stanley, Karen	Yuba	19:49	75. Sexton, Barbara	MPC	22:42
34. Hamilton, Kathy	DAC	19:53	76. Dixon, Dena	LASS	22:57
35. Wilkinson, Trish	Hart	19:58	77. Haas, N. J.	MPC	23:11
36. Summers, Donna	SRJC	19:59	78. Schrededer, Elona	Men	23:21
37. Williamson, Maureen	WVC	20:00	79. Lasiter, Susan	LASS	23:43
38. Conway, Pati	ARC	20:01	80. Fantazia, Richelle	MC	24:21
39. Lopez, Connie	Delta	20:05	81. Weskamp, Marcy	MC	24:41
40. Moran, Michelle	Menlo	20:07	82. Cunha, Sharon	Hart	24:46
41. Lindley, Jill	Sha	20:08	83. MacLennan, Tracy	MC	26:19
42. Nozares, Anita	MPC	20:09	84. DeHaven, Kathryn	LASS	29:36

\*California State Meet Qualifiers

# NORTHERN CALIFORNIA CROSS COUNTRY CHAMPIONSHIPS

Crystal Springs: 4.197 miles

November 10, 1984

Weather: rainy, Muddy, Windy, cold, & slippery

Team Scores:

1st. MONTEREY .....43pts.	6th. Sierra.....174pts.
2nd. West Valley....67	8th. FRESNO.....182
3rd. Shasta.....147	9th. Skyline.....183
4th. Chabot.....159	10th. Lasso.....189
5th. American River163	11th. Sequoias....208
6th. Santa Rosa... 174	12th. Marin.....368

Place	Name	College	Time	Place	Name	College	Time
1	Davies, Tom	BC	21:15	46	Vincent, Pete	SRJC	22:37
2	Curran, Troy	MPC	21:17	47	Hall, Ken	LASS	22:38
3	Green, James	SJCC	21:23	48	Geeser, Mike	WVC	22:40
4	Strickland, Todd	WVC	21:28	49	Smedberg, Eric	ARC	22:42
5	Bowe, Chris	MPC	21:28	50	Twilleager, Doug	MC	22:43
6	LaFuente, Jim	SJCC	21:30	51	Martinez, Arnold	Hart	22:43
7	Garcia, Roy	WVC	21:33	52	Schmalenberger, Rob	ARC	22:46
8	Hoover, Paul	Foot	21:36	53	Barton, Ricky	LASS	22:46
9	Goulet, Mark	CAB	21:37	54	Whitehead, Steve	SHA	22:46
10	VanHorn, Stacy	SRJC	21:38	55	Butler, Jack	COS	22:50
11	Davila, Tim	CHA	21:41	56	Valdez, Danny	MC	22:53
12	Cibrian, Hugo	COS	21:45	57	Lillis, Todd	SRJC	22:55
13	Gurrola, Jose	SKY	21:48	58	Castro, Roy	SRJC	22:56
14	Leal, Martin	FCC	21:49	59	Price, James	ARC	22:57
15	Cattanach, David	MPC	21:51	60	Strickland, Kyle	Lass.	22:58
16	Rivera, Greg	WVC	21:53	61	Tapia, Pascual	Port	22:59
17	Gama, Armando	SHA	21:55	62	Santos, Chris	CAB	23:00
18	Miller, Dean	SIE	21:58	63	Bailey, Jeff	ARC	23:01
19	Nelson, John	MPC	21:59	64	Vandenberg, ERIC	Hart	23:02
20	McManus, Mike	Delta	22:01	65	Merryman, Luke	SKY	23:07
21	Lybeer, Bill	MPC	22:02	66	Montez, Orlando	SKY	23:08
22	McGreal, Dan	MPC	22:03	67	Howard, Keith	CHA	23:18
23	Cottier, Nelson	WVC	22:05	68	Bohn, Eric	SRJC	23:26
24	Anderson, Mike	CSM	22:07	69	Jasso, Gilbert	LASS	23:30
25	Larabee, David	SHA	22:07	70	Barron, Hector	WVC	23:31
26	Johnston, Bob	LASS	22:11	71	Blodgett, Greg	SIE	23:32
27	Matthews, Mike	Foot	22:13	72	Laukkanen, Craig	Yuba	23:32
28	Ruiz, Jorge	Delta	22:15	73	Thompson, Kelly	SKY	23:35
29	Williams, James	FCC	22:17	74	Winter, Tom	SHA	23:40
30	Lego, John	CHA	22:18	75	Shaw, John	MJC	23:48
31	Freer, Ernie	SHA	22:22	76	Lamar, Brent	COS	23:48
32	Savage, Scott	CHA	22:22	77	Tweedt, Rick	PC	23:51
33	Brown, Reggie	SIE	22:23	78	Enriquez, Angelo	CRC	23:52
34	Vanatta, Dave	SIE	22:23	79	Flores, LUCIANO	FCC	23:54
35	Urbina, Omar	SKY	22:25	80	Wood, Gary	SRJC	23:57
36	Allen, Chris	ARC	22:26	81	Rankin, Scott	SIE	23:59
37	Acheson, Todd	MPC	22:27	82	Williams, Darin	KRC	24:01
38	Calderon, Dave	COS	22:27	83	Lawrence, Mike	CHA	24:03
39	Zepata, Daniel	Hart	22:31	84	Piscotta, Keith	CHA	24:06
40	Kuphaldt, Ken	ARC	22:32	85	Lynde, Rob	SRJC	24:12
41	Kovisto, Steve	Delta	22:33	86	Brauch, Tom	MAR	24:17
42	Stafford, Mike	ARC	22:34	87	Porter, Craig	FCC	24:17
43	McCaig, Kelley	FCC	22:34	88	Pearson, Clint	RED	24:21
44	Velasquez, Frank	WVC	22:35	89	McKittrick, Brian	SKY	24:22
45	Rico, Carlo	Merr	22:36	90	Steinhauer, Greg	RCC	24:28

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*4. Chabot College	159	10. Lassen College	189
*5. American River College	163	11. College of Sequoias	208
6. Sierra College	174	12. College of Marin	368

Individual Results

\*California State Meet Qualifier

1. Davies, Tom*	BC	21:15	56. Valdez, Danny	MC	22:53
2. Curran, Troy	MPC	21:17	57. Lillis, Todd	SRJC	22:55
3. Green, James*	SJCC	21:23	58. Castro, Roy	SRJC	22:56
4. Strickland, Todd	WVC	21:28	59. Price, James	ARC	22:57
5. Bowe, Chris	MPC	21:28	60. Strickland, Kyle	LASS	22:58
6. LaFauente, Jim*	SJCC	21:30	61. Tapia, Pascual	Port	22:59
7. Garcia, Roy	WVC	21:33	62. Santos, Chris	CAB	23:00
8. Hoover, Paul*	Foot	21:36	63. Bailey, Jeff	ARC	23:01
9. Goulet, Mark*	CAB	21:37	64. Vandenberg, Eric	Hart	23:02
10. VanHorn, Stacy*	SRJC	21:38	65. Merryman, Luke	SKY	23:07
11. Davila, Tim	CHA	21:41	66. Montez, Orlando	SKY	23:08
12. Cibrian, Hugo*	COS	21:45	67. Howard, Keith	CHA	23:18
13. Gurrola, Jose*	SKY	21:48	68. Bohn, Eric	SRJC	23:26
14. Leal, Martin*	FCC	21:49	69. Jasso, Gilbert	LASS	23:30
15. Cattanach, David	MPC	21:51	70. Barron, Hector	WVC	23:31
16. Rivera, Greg	WVC	21:53	71. Blodgett, Greg	SIE	23:32
17. Gama, Armando	SHA	21:55	72. Laukkanen, Craig	Yuba	23:32
18. Miller, Dean*	SIE	21:58	73. Thompson, Kelly	SKY	23:35
19. Nelson, John	MPC	21:59	74. Winter, Tom	SHA	23:40
20. McManus, Mike*	Delta	22:01	75. Shaw, John	MJC	23:48
21. Lybeer, Bill	MPC	22:02	76. Lamar, Brent	COS	23:48
22. McGreal, Dan	MPC	22:03	77. Tweedt, Rick	PC	23:51
23. Cottier, Nelson	WVC	22:05	78. Enriquez, Angelo	CRC	23:52
24. Anderson, Mike*	CSM	22:07	79. Flores, Luciano	FCC	23:54
25. Larabee, David	SHA	22:07	80. Wood, Gary	SRJC	23:57
26. Johnston, Bob*	LASS	22:11	81. Rankin, Scott	SIE	23:59
27. Matthews, Mike*	Foot	22:13	82. Williams, Darin	KRC	24:01
28. Ruiz, Jorge*	Delta	22:15	83. Lawrence, Mike	CHA	24:03
29. Williams, James	FCC	22:17	84. Piscotta, Keith	CHA	24:06
30. Lego, John	CHA	22:18	85. Lynde, Rob	SRJC	24:12
31. Freer, Ernie	SHA	22:22	86. Brauch, Tom	MAR	24:17
32. Savage, Scott	CHA	22:22	87. Porter, Craig	FCC	24:17
33. Brown, Reggie	SIE	22:23	88. Pearson, Clint	RED	24:21
34. Vanatta, Dave	SIE	22:23	89. McKittrick, Brian	SKY	24:22
35. Urbina, Omar	SKY	22:25	90. Steinhauer, Greg	RCC	24:28
36. Allen, Chris	ARC	22:26	91. Blodgett, Paul	SIE	24:34
37. Acheson, Todd	MPC	22:27	92. Albertson, Terry	SHA	24:40
38. Calderon, Dave	COS	22:27	93. Elwell, Mike	CHA	24:43
39. Zepata, Daniel	Hart	22:31	94. Dodge, Jerry	SIE	24:44
40. Kuphaldt, Ken	ARC	22:32	95. Felter, Ron	SHA	24:47
41. Kovisto, Steve	Delta	22:33	96. Tipton, Scott	MAR	25:05
42. Stafford, Mike	ARC	22:34	97. Marvier, Mike	LASS	25:06
43. McCaig, Kelley	FCC	22:34	98. Knotek, Bob	SKY	25:10
44. Velasquez, Frank	WVC	22:35	99. Mitchell, Rex	COS	25:20
45. Rico, Carlo	Merr	22:36	100. Magee, Bill	MAR	25:38
46. Vincent, Pete	SRJC	22:37	101. Simi, Mark	MAR	25:41
47. Hall, Ken	LASS	22:38	102. Harryman, Allan	Yuba	25:50
48. Geeser, Mike	WVC	22:40	103. Castellanos, Efrain	FCC	25:51
49. Smedberg, Eric	ARC	22:42	104. Wright, Mervin	LASS	25:54
50. Twilleager, Doug	MC	22:43	105. Rogneby, Cary	Napa	26:15
51. Martinez, Arnold	Hart	22:43	106. Axt, Steve	Yuba	26:22
52. Schmalenberger, Rob	ARC	22:46	107. Munton, Joe	MAR	26:30
53. Barton, Ricky	LASS	22:46	108. Arenivaz, Ricky	COS	29:08
54. Whitehead, Steve	SHA	22:46	109. Farber, Scott	---	---