

NorCal Championships

11/7/03 Sierra

Women's Race

Team Scores

| Rank | Team name | Total Time | Avg. Time | Score | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|------|--------------------|------------|-----------|-------|----|----|----|----|----|----|---|
| 1 | Hartnell | 1:44:15 | 20:51 | 52 | 5 | 9 | 10 | 12 | 16 | 63 | |
| 2 | Sacramento | 1:48:16 | 21:39 | 100 | 6 | 11 | 22 | 28 | 33 | | |
| 3 | Diablo Valley | 1:48:36 | 21:43 | 101 | 7 | 13 | 21 | 26 | 34 | 41 | |
| 4 | Modesto | 1:47:44 | 21:32 | 103 | 1 | 18 | 23 | 25 | 36 | | |
| 5 | Monterey Peninsula | 1:49:32 | 21:54 | 115 | 4 | 14 | 29 | 30 | 38 | 65 | |
| 6 | Santa Rosa | 1:53:05 | 22:37 | 138 | 3 | 15 | 20 | 49 | 51 | | |
| 7 | Shasta | 1:57:44 | 23:32 | 179 | 2 | 27 | 35 | 56 | 59 | | |
| 8 | CCSF | 1:58:41 | 23:44 | 195 | 17 | 24 | 46 | 48 | 60 | | |
| 9 | Sequoias | 2:01:36 | 24:19 | 202 | 8 | 31 | 42 | 57 | 64 | | |
| 10 | Fresno | 2:00:15 | 24:03 | 207 | 19 | 32 | 50 | 52 | 54 | | |
| 11 | Butte | 2:03:49 | 24:45 | 239 | 37 | 39 | 43 | 58 | 62 | | |

Individual Results

| Place | Name | Year | Team | Avg. Mile | Time | Score |
|-------|-------------------|------|--------------------|-----------|----------|-------|
| 1 | Gonzalez, Irma | | Modesto | 6:14 | 19:24.55 | 1 |
| 2 | Patton, Emily | | San Mateo | 6:20 | 19:41.26 | |
| 3 | Harvey, Ciara | | Shasta | 6:25 | 19:56.95 | 2 |
| 4 | Aldridge, Jenny | | Santa Rosa | 6:29 | 20:10.37 | 3 |
| 5 | Gallup, Kristin | | Monterey Peninsula | 6:30 | 20:13.24 | 4 |
| 6 | Bocanegra, Evelyn | | Hartnell | 6:33 | 20:22.89 | 5 |
| 7 | Mohr, Trudy | | Sacramento | 6:34 | 20:27.07 | 6 |
| 8 | Nelson, Kari | | American River | 6:36 | 20:33.03 | |
| 9 | Jegan, Christine | | Diablo Valley | 6:37 | 20:34.81 | 7 |
| 10 | Solaria, Jayde | | LAS POSITAS | 6:37 | 20:35.95 | |
| 11 | Garcia, Michelle | | Sequoias | 6:38 | 20:39.32 | 8 |
| 12 | Walden, Helena | | De Anza | 6:39 | 20:40.68 | |
| 13 | Bocanegra, Eileen | | Hartnell | 6:39 | 20:42.00 | 9 |
| 14 | Quintana, Vanessa | | Hartnell | 6:41 | 20:46.33 | 10 |
| 15 | Muha, Sharon | | Sacramento | 6:41 | 20:48.61 | 11 |

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|----|----------------------------|--------------------|------|----------|----|
| 16 | Hawkins, Meri | Hartnell | 6:45 | 20:58.95 | 12 |
| 17 | Mahoney, Mora | Diablo Valley | 6:47 | 21:07.03 | 13 |
| 18 | Trowbridge, Christine | Merritt | 6:48 | 21:09.94 | |
| 19 | Hennessey, Jessica | Monterey Peninsula | 6:48 | 21:10.17 | 14 |
| 20 | Bisagno, Naomi | Santa Rosa | 6:50 | 21:15.26 | 15 |
| 21 | Vasquez, Irma | Hartnell | 6:53 | 21:24.98 | 16 |
| 22 | Truong, Ivy | CCSF | 6:53 | 21:25.22 | 17 |
| 23 | Vanzant, Linsey | Modesto | 6:54 | 21:27.72 | 18 |
| 24 | Williams, Jill | Fresno | 6:57 | 21:36.27 | 19 |
| 25 | Garrett, Caroline | San Joaquin Delta | 6:59 | 21:42.25 | |
| 26 | Nowinski-Martin, Cassandra | Santa Rosa | 6:59 | 21:43.31 | 20 |
| 27 | George, Jenna | Diablo Valley | 7:00 | 21:45.53 | 21 |
| 28 | Gyurina, Heather | Sacramento | 7:01 | 21:49.43 | 22 |
| 29 | Sanchez, Jenny | Modesto | 7:04 | 21:57.98 | 23 |
| 30 | Soto, Monica | CCSF | 7:05 | 22:02.43 | 24 |
| 31 | Iafrate, Jennine | Modesto | 7:05 | 22:03.45 | 25 |
| 32 | McClellan, Andrea | San Joaquin Delta | 7:11 | 22:20.20 | |
| 33 | Marchini, Lisa | Diablo Valley | 7:11 | 22:21.95 | 26 |
| 34 | Harness, Kayla | Shasta | 7:12 | 22:22.85 | 27 |
| 35 | Estrada, Zaira | Sacramento | 7:13 | 22:27.90 | 28 |
| 36 | Galleguillos, Andrea | Monterey Peninsula | 7:14 | 22:31.46 | 29 |
| 37 | Umemoto, Akina | Monterey Peninsula | 7:15 | 22:33.50 | 30 |
| 38 | Hamar, Kelsey | Sequoias | 7:16 | 22:35.71 | 31 |
| 39 | Hansen, Karin | Fresno | 7:17 | 22:39.53 | 32 |
| 40 | Nunes, Ashley | Sacramento | 7:18 | 22:43.41 | 33 |
| 41 | Wenger, Brandi | Diablo Valley | 7:19 | 22:46.86 | 34 |
| 42 | Phillips, Crista | Shasta | 7:20 | 22:49.53 | 35 |
| 43 | Edsall, Stefanie | Modesto | 7:21 | 22:50.93 | 36 |
| 44 | Peterson, Alison | Butte | 7:23 | 22:56.88 | 37 |
| 45 | Cassada, Kimberly | Monterey Peninsula | 7:25 | 23:04.00 | 38 |
| 46 | Roths, Erika | Butte | 7:28 | 23:13.21 | 39 |
| 47 | Gonzales, Elena | Diablo Valley | 7:30 | 23:20.29 | 40 |
| 48 | McCall, Ali | Diablo Valley | 7:31 | 23:22.71 | 41 |
| 49 | Garcia, Mary | Sequoias | 7:35 | 23:36.87 | 42 |
| 50 | Helling, Heidi | Butte | 7:40 | 23:50.01 | 43 |
| 51 | Miller, Joey | Sacramento | 7:42 | 23:57.38 | 44 |
| 52 | Virgen, Natali | Modesto | 7:43 | 23:59.51 | 45 |
| 53 | Wong, Kineta | CCSF | 7:43 | 24:00.74 | 46 |
| 54 | Hazdovac, Mary | Monterey Peninsula | 7:49 | 24:17.54 | 47 |
| 55 | Weeks, Teresa | CCSF | 7:54 | 24:34.96 | 48 |
| 56 | Koenig, Rebecca | Santa Rosa | 7:58 | 24:48.46 | 49 |
| 57 | Solorio, Eridani | Fresno | 8:04 | 25:06.24 | 50 |

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|----|-------------------|--------------------|-------|----------|----|
| 58 | Potter, Sara | Santa Rosa | 8:05 | 25:07.64 | 51 |
| 59 | Lopez, Reina | Fresno | 8:05 | 25:09.47 | 52 |
| 60 | Katz, Molly | Santa Rosa | 8:09 | 25:20.38 | 53 |
| 61 | Monday, Inez | Fresno | 8:16 | 25:43.95 | 54 |
| 62 | Asami, Becky | Fresno | 8:18 | 25:49.39 | 55 |
| 63 | Berg, Shannon | Shasta | 8:22 | 26:01.96 | 56 |
| 64 | Lucero, Kathrine | Sequoias | 8:27 | 26:17.71 | 57 |
| 65 | Pina, Veronica | Butte | 8:29 | 26:22.79 | 58 |
| 66 | Myers, Holly | Shasta | 8:32 | 26:32.93 | 59 |
| 67 | Allegro, Karen | CCSF | 8:34 | 26:37.90 | 60 |
| 68 | Hernandez, Adria | Hartnell | 8:37 | 26:49.17 | 61 |
| 69 | Chmieleski, Annie | Butte | 8:49 | 27:26.93 | 62 |
| 70 | Morales, Beth | HARTNELL | 8:59 | 27:57.23 | 63 |
| 71 | Roberson, Felica | Sequoias | 9:09 | 28:26.89 | 64 |
| 72 | Pratt, Nicole | Monterey Peninsula | 9:40 | 30:02.78 | 65 |
| 73 | Cheek, Amber | Butte | 11:09 | 34:40.00 | 66 |

Men's Race

Team Scores

| Rank | Team name | Total Time | Avg. Time | Score | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|------|----------------|------------|-----------|-------|----|----|----|----|----|----|---|
| 1 | American River | 1:47:28 | 21:29 | 34 | 3 | 4 | 6 | 9 | 12 | 32 | |
| 2 | Sequoias | 1:49:26 | 21:53 | 66 | 2 | 7 | 8 | 19 | 30 | 54 | |
| 3 | Hartnell | 1:50:58 | 22:11 | 86 | 14 | 15 | 16 | 17 | 24 | 36 | |
| 4 | CCSF | 1:52:03 | 22:24 | 109 | 10 | 18 | 26 | 27 | 28 | 46 | |
| 5 | Diablo Valley | 1:54:52 | 22:58 | 175 | 11 | 23 | 40 | 44 | 57 | 69 | |
| 6 | Santa Rosa | 1:56:30 | 23:18 | 207 | 5 | 33 | 35 | 58 | 76 | 85 | |
| 7 | Modesto | 1:56:42 | 23:20 | 212 | 25 | 29 | 43 | 55 | 60 | 77 | |
| 8 | West Valley | 1:56:14 | 23:14 | 214 | 22 | 45 | 48 | 49 | 50 | 74 | |
| 9 | Fresno | 1:56:42 | 23:20 | 218 | 20 | 37 | 52 | 53 | 56 | | |
| 10 | Butte | 1:57:59 | 23:35 | 238 | 1 | 39 | 51 | 68 | 79 | 88 | |
| 11 | San Jose | 1:57:59 | 23:35 | 239 | 13 | 42 | 59 | 61 | 64 | 80 | |
| 12 | San Mateo | 2:01:27 | 24:17 | 295 | 38 | 41 | 63 | 75 | 78 | 87 | |
| 13 | Shasta | 2:05:54 | 25:10 | 365 | 65 | 66 | 71 | 81 | 82 | | |

Individual Results

| Place | Name | Year | Team | Avg. Mile | Time | Score |
|-------|--------------------|------|----------------|-----------|----------|-------|
| 1 | Kitt, Dale | | Butte | 5:14 | 20:59.30 | 1 |
| 2 | Gomez, Andres | | Sequoias | 5:14 | 20:59.55 | 2 |
| 3 | Wambugu, Sam | | American River | 5:17 | 21:09.01 | 3 |
| 4 | Ramirez, Jose Pepe | | American River | 5:18 | 21:13.30 | 4 |
| 5 | Blanchard, Matt | | Santa Rosa | 5:21 | 21:24.16 | 5 |
| 6 | Renteria, Frankie | | American River | 5:22 | 21:28.58 | 6 |
| 7 | Figueroa, Hector | | Sequoias | 5:25 | 21:42.49 | 7 |
| 8 | Cepeda, Rudy | | Sequoias | 5:25 | 21:43.30 | 8 |
| 9 | Hart, Chris | | American River | 5:26 | 21:44.42 | 9 |
| 10 | Gehring, Jeffrey | | CCSF | 5:26 | 21:47.27 | 10 |
| 11 | Butcher, Travis | | Diablo Valley | 5:27 | 21:49.38 | 11 |
| 12 | Napieralski, Dan | | American River | 5:28 | 21:52.85 | 12 |
| 13 | Parker, James | | LASSEN | 5:29 | 21:57.27 | |
| 14 | Gezahegn, Dawit | | San Jose | 5:29 | 21:59.45 | 13 |
| 15 | Morales, Jose | | Hartnell | 5:30 | 22:01.37 | 14 |
| 16 | Clarke, Jerron | | LAS POSITAS | 5:31 | 22:04.52 | |
| 17 | Campos, Jesus | | Hartnell | 5:32 | 22:09.19 | 15 |
| 18 | Irrebaria, Cliff | | Hartnell | 5:32 | 22:10.06 | 16 |

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|----|----------------------|-------------------|------|----------|----|
| 19 | Hernandez, Patrick | Hartnell | 5:32 | 22:10.29 | 17 |
| 20 | Hernandez, Hector | CCSF | 5:32 | 22:11.95 | 18 |
| 21 | Barajas, Jose | Sequoias | 5:33 | 22:14.66 | 19 |
| 22 | Hernandez, Hector | Fresno | 5:34 | 22:17.54 | 20 |
| 23 | Done, Zach | American River | 5:34 | 22:18.84 | 21 |
| 24 | Loftus, Michael | West Valley | 5:35 | 22:21.09 | 22 |
| 25 | Fink, Brandon | Diablo Valley | 5:35 | 22:21.42 | 23 |
| 26 | Martinez, Oscar | Hartnell | 5:36 | 22:27.40 | 24 |
| 27 | Gongcoff, Josh | LAS POSITAS | 5:37 | 22:31.00 | |
| 28 | Robertson, Neil | LASSEN | 5:39 | 22:37.11 | |
| 29 | Greene, Jeff | Modesto | 5:39 | 22:37.79 | 25 |
| 30 | Sullivan, Mike | CCSF | 5:39 | 22:39.92 | 26 |
| 31 | Avila, Oscar | CCSF | 5:40 | 22:41.56 | 27 |
| 32 | Adams, Bryce | CCSF | 5:40 | 22:42.83 | 28 |
| 33 | Nickley-Pruitt, Marc | Modesto | 5:41 | 22:45.70 | 29 |
| 34 | Garcia, Jacinto | Sequoias | 5:41 | 22:46.67 | 30 |
| 35 | Lucio, Alex | Hartnell | 5:42 | 22:51.59 | 31 |
| 36 | Boedecker, Josh | American River | 5:43 | 22:52.63 | 32 |
| 37 | Gallagher, Andrew | Santa Rosa | 5:43 | 22:53.43 | 33 |
| 38 | Fitzpatrick, Daniel | CCSF | 5:43 | 22:54.71 | 34 |
| 39 | Wortman, Mike | Santa Rosa | 5:43 | 22:55.17 | 35 |
| 40 | Munoz, Steve | Hartnell | 5:45 | 23:02.56 | 36 |
| 41 | Silva, Dustin | Fresno | 5:45 | 23:03.97 | 37 |
| 42 | Bartholemew, Noel | San Joaquin Delta | 5:46 | 23:04.28 | |
| 43 | McPheeters, Ryan | De Anza | 5:46 | 23:06.70 | |
| 44 | Magzhi, Shawn | San Mateo | 5:48 | 23:12.08 | 38 |
| 45 | Neel, Alden | Butte | 5:48 | 23:14.33 | 39 |
| 46 | Lezama, Walter | Diablo Valley | 5:49 | 23:16.09 | 40 |
| 47 | Trudelle, Peter | San Mateo | 5:49 | 23:16.33 | 41 |
| 48 | Dudley, Jonathan | San Jose | 5:49 | 23:17.09 | 42 |
| 49 | Ware, Steve | San Joaquin Delta | 5:49 | 23:17.90 | |
| 50 | Willingham, Josh | Modesto | 5:49 | 23:19.14 | 43 |
| 51 | Rihel, Jonathan | Diablo Valley | 5:50 | 23:22.39 | 44 |
| 52 | Buttery, Michael | West Valley | 5:50 | 23:23.24 | 45 |
| 53 | Barajas, Fernando | CCSF | 5:51 | 23:27.01 | 46 |
| 54 | Escobedo, Josh | Sequoias | 5:51 | 23:27.58 | 47 |
| 55 | Trujillo, Isidro | West Valley | 5:51 | 23:27.78 | 48 |
| 56 | Dirks, Taff | West Valley | 5:52 | 23:29.70 | 49 |
| 57 | Kraemer, Will | West Valley | 5:53 | 23:32.98 | 50 |
| 58 | Alexander, Peter | Butte | 5:54 | 23:36.25 | 51 |
| 59 | Walls, Stephen | Fresno | 5:55 | 23:42.79 | 52 |
| 60 | Elizalde, Bob | Fresno | 5:56 | 23:46.09 | 53 |

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|----|--------------------|---------------|------|----------|----|
| 61 | Smith, Bascir | Sequoias | 5:57 | 23:48.74 | 54 |
| 62 | von Stade, Lance | Modesto | 5:57 | 23:50.48 | 55 |
| 63 | Leyva, Adrian | Fresno | 5:58 | 23:52.37 | 56 |
| 64 | Rydman, Jake | YUBA | 5:58 | 23:53.76 | |
| 65 | Boccio, Nick | Diablo Valley | 6:00 | 24:02.81 | 57 |
| 66 | Messier, Ian | Santa Rosa | 6:00 | 24:03.55 | 58 |
| 67 | Gonzalez, Bernardo | San Jose | 6:02 | 24:08.56 | 59 |
| 68 | Vizcaino, Johnny | Modesto | 6:02 | 24:09.12 | 60 |
| 69 | Gutierrez, Abraham | San Jose | 6:03 | 24:12.84 | 61 |
| 70 | Saephan, Lai | Diablo Valley | 6:04 | 24:19.34 | 62 |
| 71 | Kim, Bee-oh | San Mateo | 6:05 | 24:21.67 | 63 |
| 72 | Avila, Adrian | San Jose | 6:05 | 24:21.89 | 64 |
| 73 | Cooper, Jason | Shasta | 6:06 | 24:25.30 | 65 |
| 74 | Torum, Brian | Shasta | 6:07 | 24:30.60 | 66 |
| 75 | Caballero, Mike | San Jose | 6:07 | 24:31.44 | 67 |
| 76 | Fessehazion, Robel | Butte | 6:08 | 24:33.24 | 68 |
| 77 | Finney, Jonathan | Diablo Valley | 6:09 | 24:37.80 | 69 |
| 78 | Nakagawa, Jay | Modesto | 6:10 | 24:43.57 | 70 |
| 79 | Curiel, Phil | Shasta | 6:13 | 24:55.27 | 71 |
| 80 | Morris, Vince | Fresno | 6:13 | 24:55.50 | 72 |
| 81 | Lau, Kashing | West Valley | 6:15 | 25:00.01 | 73 |
| 82 | Rimmer, Dan | WEST VALLEY | 6:16 | 25:05.81 | 74 |
| 83 | Ramirez, Marcus | San Mateo | 6:17 | 25:10.34 | 75 |
| 84 | King, Jason | Santa Rosa | 6:18 | 25:14.13 | 76 |
| 85 | Brenton, Matt | Modesto | 6:20 | 25:20.44 | 77 |
| 86 | Litwin, Phil | San Mateo | 6:21 | 25:27.03 | 78 |
| 87 | Hall, Brandon | Butte | 6:24 | 25:36.32 | 79 |
| 88 | Folk, Rich | San Jose | 6:25 | 25:43.52 | 80 |
| 89 | Eller, Mike | Shasta | 6:29 | 25:59.27 | 81 |
| 90 | Caskey, Chris | Shasta | 6:30 | 26:03.69 | 82 |
| 91 | Schott, Matthew | Butte | 6:42 | 26:51.82 | 83 |
| 92 | Smith, Dan | Santa Rosa | 6:59 | 27:59.23 | 84 |
| 93 | Wheeler, Robert | Santa Rosa | 7:02 | 28:10.65 | 85 |
| 94 | De Luca, Phil | San Mateo | 7:06 | 28:27.75 | 86 |
| 95 | Wu, Gabe | San Mateo | 7:17 | 29:11.61 | 87 |
| 96 | Meline, Logan | Butte | 7:58 | 31:53.89 | 88 |
| 97 | Reed, Matt | Shasta | 8:16 | 33:05.79 | 89 |