

NorCal Community College Championships
11/5/05 Hartnell

Men's Race

Team Scores

Rank	Team name	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	Hartnell	1:46:17	21:15	64	8	10	13	14	19	31	
2	Diablo Valley	1:45:46	21:09	66	4	7	9	16	30	51	
3	American River	1:46:29	21:17	70	6	11	12	20	21	37	
4	Sequoias	1:47:29	21:29	126	2	3	5	54	62	86	
5	Modesto	1:50:35	22:07	164	18	28	33	41	44	75	
6	CCSF	1:51:05	22:13	187	17	35	36	40	59		
7	Butte	1:50:25	22:05	196	1	15	56	61	63	87	
8	Sacramento	1:52:07	22:25	204	23	27	46	50	58		
9	Fresno	1:52:41	22:32	225	24	29	49	57	66	83	
10	San Jose	1:54:20	22:52	247	38	39	43	48	79		
11	Santa Rosa	1:55:06	23:01	271	32	34	60	64	81		
12	San Mateo	1:59:00	23:48	280	25	45	52	65	93		
13	West Valley	1:56:40	23:20	315	42	55	68	72	78		
14	San Joaquin Delta	1:59:36	23:55	375	69	71	76	77	82		
15	Monterey Peninsula	2:11:47	26:21	443	84	88	89	90	92		

Individual Results

Place	Name	Year	Team	Avg. Mile	Time	Score
1	Uribe, Oscar		Butte	5:02	20:08.71	1
2	Cepeda, Rudy		Sequoias	5:05	20:21.41	2
3	Escobedo, Isaias		Sequoias	5:07	20:30.05	3
4	Mason, Ryan		Diablo Valley	5:08	20:33.66	4
5	Marquez, Luis		Sequoias	5:10	20:43.87	5
6	Morinico, Cristian		American River	5:11	20:45.17	6
7	Smith, Lancer		Diablo Valley	5:12	20:49.86	7
8	Shea, Nick		Hartnell	5:13	20:55.45	8
9	Lopez, Harlan		Diablo Valley	5:15	21:01.62	9
10	Garcia, Jose		Hartnell	5:18	21:12.88	10
11	Engler, Jason		American River	5:18	21:13.96	11
12	Parnow, Ken		American River	5:18	21:14.58	12
13	Mendoza, Omar		Hartnell	5:19	21:18.28	13
14	Rogers, Beau		Hartnell	5:19	21:18.80	14
15	Craig, Ian		Butte	5:19	21:19.39	15

16	Padilla, Luis	Diablo Valley	5:19	21:19.70	16
17	Sparks, Kenny	CCSF	5:20	21:22.13	17
18	Padilla, Alex	Modesto	5:21	21:24.84	18
19	Tostado, Eder	Hartnell	5:22	21:31.75	19
20	Prado, Jason	American River	5:24	21:36.85	20
21	Boeger, Jake	American River	5:24	21:38.92	21
22	Carothers, Chance	Hartnell	5:26	21:45.00	22
23	Rosales, Miguel	Sacramento	5:26	21:47.07	23
24	Rodriguez, Cesar	Fresno	5:27	21:50.31	24
25	Huezo, Arturo	San Mateo	5:27	21:51.01	25
26	Magaletti, Paul	American River	5:27	21:51.41	26
27	Graves, David	Sacramento	5:27	21:51.93	27
28	Giron, Steve	Modesto	5:29	21:56.58	28
29	Pulido, Anthony	Fresno	5:29	21:58.76	29
30	Kuslits, Rob	Diablo Valley	5:30	22:01.30	30
31	Edwards, Scott	Hartnell	5:30	22:02.85	31
32	Anguiano, Jose	Santa Rosa	5:31	22:07.12	32
33	Paneda, Jeff	Modesto	5:31	22:07.57	33
34	Quiroga, Tim	Santa Rosa	5:31	22:07.92	34
35	Gebremichael, Amanuel	CCSF	5:32	22:08.41	35
36	Pelayo, Jose	CCSF	5:32	22:10.35	36
37	Martin, Tim	American River	5:34	22:16.48	37
38	Higashi, Jeff	San Jose	5:34	22:17.60	38
39	Rosales, Gilbert	San Jose	5:36	22:24.80	39
40	Tablizo, Anthony	CCSF	5:36	22:25.49	40
41	Gonzalez, Humberto	Modesto	5:36	22:26.92	41
42	Nebeker, Kendon	West Valley	5:38	22:32.97	42
43	Gutierrez, Jose	San Jose	5:38	22:33.70	43
44	Mekeel, Donald	Modesto	5:39	22:39.79	44
45	Aguilar, Tony	San Mateo	5:40	22:43.21	45
46	Daniels, Landry	Sacramento	5:41	22:44.02	46
47	Foster, Jonathan	Diablo Valley	5:41	22:44.51	47
48	Cervantes, Jose	San Jose	5:41	22:45.01	48
49	Adams, Cruz	Fresno	5:41	22:45.58	49
50	Tiamoori, Amin	Sacramento	5:41	22:46.07	50
51	Lorenzana, Jose	Diablo Valley	5:41	22:46.56	51
52	Winzelberg, Julien	San Mateo	5:42	22:49.33	52
53	Tews, John	Modesto	5:43	22:52.59	53
54	Fussell, Brian	Sequoias	5:43	22:53.33	54
55	Kurani, Kyle	West Valley	5:43	22:54.07	55
56	Price, Orian	Butte	5:43	22:54.69	56
57	Banuelas, Eddie	Fresno	5:43	22:55.38	57
58	Singh, Fred	Sacramento	5:44	22:58.15	58
59	Harrington, Vince	CCSF	5:44	22:58.73	59
60	Yungert, Christian	Santa Rosa	5:45	23:00.23	60

61	Ventura, Manuel	Butte	5:45	23:00.70	61
62	Ramirez, Juan	Sequoias	5:45	23:01.25	62
63	Robertson, Brady	Butte	5:45	23:01.80	63
64	Gallagher, Andrew	Santa Rosa	5:46	23:06.55	64
65	Ramirez, Carlos	San Mateo	5:46	23:07.66	65
66	Palavicini, Martin	Fresno	5:47	23:11.84	66
67	Vulich, Danny	Fresno	5:48	23:14.80	67
68	Sommer, Aaron	West Valley	5:48	23:15.43	68
69	Zevely, David	San Joaquin Delta	5:49	23:17.19	69
70	McLaughlin, Dennis	Butte	5:51	23:27.16	70
71	Sandhu, Manjit	San Joaquin Delta	5:52	23:29.14	71
72	Kelley, Kevin	West Valley	5:54	23:39.51	72
73	Marino, Jose	Sequoias	5:55	23:40.88	73
74	Gadayan, Francis	CCSF	5:55	23:41.89	74
75	Myneer, Brandon	Modesto	5:58	23:52.88	75
76	Parra, Edgar	San Joaquin Delta	5:59	23:57.81	76
77	Parra, Omar	San Joaquin Delta	6:00	24:00.44	77
78	Capes, Ryan	Las Positas	6:00	24:01.26	
79	Atanacio, Jesus	West Valley	6:04	24:18.30	78
80	Caballero, Mike	San Jose	6:04	24:18.98	79
81	Arcelona, Adrian	West Valley	6:05	24:21.43	80
82	Inman, Ian	Santa Rosa	6:11	24:44.84	81
83	Walkington, Lance	San Joaquin Delta	6:13	24:52.35	82
84	Velarde, Ricardo	Fresno	6:15	25:02.75	83
85	Mellinger, Richard	Monterey Peninsula	6:18	25:14.98	84
86	Scheffel, Justin	San Joaquin Delta	6:18	25:15.69	85
87	Sutton, Brandon	Sequoias	6:23	25:32.60	86
88	Gray, Matthew	Butte	6:27	25:51.22	87
89	Rawlings, Tim	Monterey Peninsula	6:27	25:51.59	88
90	Moya, David	Monterey Peninsula	6:28	25:55.59	89
91	Ostarello, Ross	Monterey Peninsula	6:34	26:16.59	90
92	Folk, Rich	San Jose	6:38	26:32.39	91
93	Prokosch, Greg	Las Positas	6:38	26:33.92	
94	Flores, Adam	Monterey Peninsula	7:07	28:28.69	92
95	Matthew, Wirgler	San Mateo	7:07	28:29.22	93
96	Smith, Brent	Monterey Peninsula	7:07	28:29.88	94

Women's Race

Team Scores

Rank	Team name	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	Diablo Valley	1:40:46	20:09	55	3	4	8	18	22	71	
2	Hartnell	1:41:41	20:20	64	7	11	13	14	19	56	
3	Sacramento	1:45:49	21:09	125	2	6	15	47	55		
4	Butte	1:45:53	21:10	127	5	9	30	33	50	58	
5	Modesto	1:47:10	21:26	145	12	28	29	32	44	66	
6	American River	1:46:56	21:23	148	16	25	27	38	42		
7	Sierra	1:47:38	21:31	158	1	23	34	49	51	76	
8	West Valley	1:48:20	21:40	162	10	17	35	48	52		
9	Santa Rosa	1:56:24	23:16	228	26	31	36	54	81		
10	San Mateo	1:53:26	22:41	231	37	41	43	46	64		
11	CCSF	1:59:36	23:55	263	21	45	61	62	74		
12	Monterey Peninsula	2:05:54	25:10	316	39	59	65	75	78		
13	San Jose	2:11:17	26:15	322	20	67	73	80	82		
14	De Anza	2:08:52	25:46	337	40	69	72	77	79		

Individual Results

Place	Name	Year	Team	Avg. Mile	Time	Score
1	Barr, Emmy		Sierra	6:20	19:00.70	1
2	Quinonez, Cassandra		Sacramento	6:30	19:32.62	2
3	Sinclair, Danielle		Diablo Valley	6:31	19:35.97	3
4	Ross, Vera		Diablo Valley	6:32	19:37.49	4
5	Lee, Jenna		Butte	6:33	19:39.50	5
6	Garcia, Melissa		Sacramento	6:33	19:40.25	6
7	Garcia, Grecia		Hartnell	6:37	19:53.90	7
8	Tozel, Christena		Diablo Valley	6:39	19:58.89	8
9	Bowers, Tanya		Butte	6:40	20:00.18	9
10	Hoyt, Jaime		West Valley	6:42	20:07.33	10
11	Flores, Eva		Fresno	6:44	20:13.67	
12	Paredes, Veronica		Hartnell	6:45	20:15.93	11
13	Alvarez, Natalie		Modesto	6:46	20:18.75	12
14	Mireles, Peaches		Hartnell	6:48	20:24.68	13
15	Morales, LeeAnn		Hartnell	6:48	20:25.11	14
16	Fong, Stacey		Sacramento	6:48	20:25.61	15
17	Barlow, Lindsey		American River	6:49	20:27.50	16
18	Harris, Ashley		West Valley	6:51	20:34.24	17
19	Dyer, April		Diablo Valley	6:51	20:35.25	18

20	Flores, Alyssa	Hartnell	6:53	20:41.56	19
21	Nguyen, Kim	San Jose	6:55	20:47.38	20
22	Gooding, Diane	CCSF	6:55	20:47.81	21
23	Bricker, Whitney	Diablo Valley	6:59	20:58.66	22
24	Lee, Jaqueline	Sierra	6:59	20:59.82	23
25	Larkin, Lynn	Hartnell	7:00	21:00.94	24
26	Rooney, Kelley	American River	7:00	21:01.51	25
27	Lambdin, Anna	Shasta	7:01	21:05.34	
28	Montenegro, Jessica	San Joaquin Delta	7:02	21:08.56	
29	Cain, Sade	Santa Rosa	7:05	21:16.08	26
30	Tracy, Lynn	American River	7:06	21:19.21	27
31	Leal, Jodie	Modesto	7:07	21:23.41	28
32	Jamie, Christina	Modesto	7:08	21:25.62	29
33	Eden, Cori	Butte	7:10	21:32.14	30
34	Hubbard, Whitney	Sequoias	7:11	21:33.01	
35	Beers, Jenna	Santa Rosa	7:11	21:33.83	31
36	McCoy, Erin	Modesto	7:11	21:35.72	32
37	Roberts, Lindsay	Butte	7:12	21:36.45	33
38	Wheeler, Michelle	Sierra	7:13	21:39.59	34
39	Oliver, Katie	West Valley	7:13	21:40.99	35
40	Wolfe, Alex	Santa Rosa	7:13	21:41.84	36
41	Ortiz, Jezabel	San Mateo	7:16	21:49.38	37
42	Elwan, Deena	American River	7:18	21:54.91	38
43	Hoffman, Jessica	Monterey Peninsula	7:18	21:56.58	39
44	Barrios, Briseida	De Anza	7:21	22:04.09	40
45	Silva, Helena	San Mateo	7:21	22:05.23	41
46	Rouse, Sherrie	American River	7:24	22:13.24	42
47	Beck, Danielle	San Mateo	7:25	22:16.33	43
48	Armendariz, Queriza	Modesto	7:28	22:26.56	44
49	Connolly, Eloise	CCSF	7:29	22:29.16	45
50	Gustafson, Tiffany	San Mateo	7:32	22:36.22	46
51	Cokley, Johntay	Sacramento	7:33	22:41.74	47
52	Gonzales, Paula	Fresno	7:35	22:45.08	
53	Pound, Allison	West Valley	7:36	22:48.56	48
54	Frank, Samantha	Sierra	7:37	22:52.39	49
55	Cohen, Michelle	Butte	7:41	23:04.82	50
56	Gall, Katherine	Sierra	7:42	23:06.01	51
57	Nguyen, Christine	West Valley	7:42	23:08.95	52
58	Drum, Amanda	Butte	7:44	23:13.08	53
59	Boulay, Lindsay	San Joaquin Delta	7:44	23:14.93	
60	Frindell, Karen	Santa Rosa	7:49	23:28.08	54
61	Perez, Melissa	Sacramento	7:49	23:29.36	55
62	Rodrigues, Katrina	Hartnell	7:50	23:30.92	56
63	MacKanic, Rebecca	West Valley	7:53	23:39.73	57
64	Baker, Olivia	Butte	7:55	23:46.16	58

65	Milmon, Tiffany	Monterey Peninsula	7:55	23:46.62	59
66	Valdez, Angelita	Modesto	8:00	24:01.18	60
67	Manning, Rashida	CCSF	8:07	24:21.57	61
68	deLange, Natasha	CCSF	8:09	24:27.18	62
69	Dyck, Suzzane	Sierra	8:12	24:37.17	63
70	Maghzi, Parisa	San Mateo	8:13	24:39.24	64
71	Smith, Rachel	Monterey Peninsula	8:14	24:44.89	65
72	Malloy, Valleah	Modesto	8:16	24:48.70	66
73	Sanchez, Mariana	San Jose	8:18	24:56.61	67
74	DeLaCruz, Michelle	Fresno	8:20	25:01.59	
75	Estrada, Ana	Sacramento	8:22	25:06.93	68
76	Shakeri, Yasaman	De Anza	8:22	25:08.71	69
77	Serna, Raquel	Diablo Valley	8:29	25:28.93	70
78	Maduzia, Anne	Diablo Valley	8:30	25:32.05	71
79	Doda, Rebecca	Fresno	8:38	25:54.46	
80	Tran, Van Anh	De Anza	8:39	25:58.80	72
81	Alcantar, Veronica	San Jose	9:01	27:04.24	73
82	Carranza, Claudia	CCSF	9:10	27:31.17	74
83	Guillow, Rebekah	Monterey Peninsula	9:11	27:35.52	75
84	Wallace, Melanie	Sierra	9:12	27:38.78	76
85	Cisneros, Nizhoni	De Anza	9:15	27:47.36	77
86	Starkey, Luda	Monterey Peninsula	9:17	27:51.19	78
87	Moton, Cherie	De Anza	9:17	27:53.82	79
88	Johnson, Holly	San Jose	9:24	28:12.31	80
89	Perry, Michelle	Santa Rosa	9:28	28:24.17	81
90	Calderon, Juana	San Jose	10:05	30:17.04	82