

2013 NorCal XC Results

Men's 3.95 Mile Team Scores

Rank	Team name	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	AMERICAN RIVER	1:42:49	20:33	42	1	2	6	13	20	23	39
2	SANTA ROSA	1:45:48	21:09	82	7	10	15	19	31	35	66
3	HARTNELL	1:45:42	21:08	86	3	4	24	27	28	29	30
4	LAS POSITAS	1:47:22	21:28	112	9	14	16	17	56	57	58
5	FRESNO	1:48:18	21:39	130	5	12	22	43	48	54	85
6	SEQUOIAS	1:48:21	21:40	136	8	11	33	37	47	49	52
7	DE ANZA	1:50:54	22:10	183	18	38	41	42	44	46	51
8	BUTTE	1:53:56	22:47	240	21	36	59	60	64	79	
9	SAN MATEO	1:55:05	23:01	242	25	26	45	63	83		
10	DIABLO VALLEY	1:56:24	23:16	290	40	53	55	69	73	74	81
11	CCSF	1:57:29	23:29	293	32	50	61	68	82		
12	WEST HILLS	2:03:56	24:47	335	34	62	67	84	88		
13	SAN JOAQUIN DELTA	2:00:42	24:08	362	65	71	72	76	78	86	
14	REDWOODS	2:04:37	24:55	389	70	75	77	80	87		

Men's 3.95 Mile Individual Results

Place	Name	Year	Team	Avg. Mile	Time	Score
1	Reyes, Will	Sophomore	AMERICAN RIVER	5:01	19:52.63	1
2	Luna, Luis	Sophomore	AMERICAN RIVER	5:03	20:00.47	2
3	Ramirez, Michael	Sophomore	HARTNELL	5:09	20:24.16	3
4	Leon, Diego	Freshman	HARTNELL	5:10	20:27.58	4
5	Rowell, Marty	Sophomore	FRESNO	5:12	20:33.37	5
6	Jagerson, Sean	Freshman	AMERICAN RIVER	5:12	20:34.82	6
7	Nazarek, Cristian	Freshman	SANTA ROSA	5:13	20:36.42	7
8	Salas, Jesus	Freshman	SEQUOIAS	5:13	20:36.93	8
9	Espinoza, Abraham	Sophomore	LAS POSITAS	5:13	20:39.85	9
10	Silva, Jaime	Freshman	SANTA ROSA	5:16	20:50.53	10
11	Terrones, Pedro	Sophomore	SEQUOIAS	5:18	20:57.04	11
12	Celum, Clay	Freshman	FRESNO	5:18	20:59.68	12
13	Kigar, Chris	Sophomore	AMERICAN RIVER	5:19	21:02.09	13
14	Morales, Juan	Freshman	LAS POSITAS	5:19	21:03.09	14
15	Fenn, Jesse	Sophomore	SANTA ROSA	5:21	21:08.78	15
16	WEST, TIMOTHY	Freshman	LAS POSITAS	5:21	21:11.01	16
17	White, Adam	Sophomore	LAS POSITAS	5:22	21:12.82	17
18	Meredith, Antonio	Sophomore	SHASTA	5:22	21:13.41	
19	Kuo, Andrew	Sophomore	DE ANZA	5:22	21:13.66	18

2013 NorCal XC Results

Place	Name	Year	Team	Avg. Mile	Time	Score
20	Stanley, Logan	Freshman	SANTA ROSA	5:23	21:18.88	19
21	Holman, Brennan	Sophomore	AMERICAN RIVER	5:23	21:19.62	20
22	Carrillo, Fredy	Sophomore	BUTTE	5:24	21:20.55	21
23	Cabrera, Ben	Sophomore	FRESNO	5:25	21:25.11	22
24	Huston, Jacob	Sophomore	AMERICAN RIVER	5:25	21:27.22	23
25	Guerrero, Andres	Sophomore	HARTNELL	5:27	21:31.98	24
26	Vargas, Francisco	Sophomore	SAN MATEO	5:28	21:35.79	25
27	Butler, Kenyon	Freshman	SAN MATEO	5:28	21:36.23	26
28	April, CM	Freshman	SAN JOSE	5:28	21:36.66	
29	Vasquez, Omar	Sophomore	HARTNELL	5:28	21:38.40	27
30	Lomeli, Thomas	Freshman	SACRAMENTO	5:29	21:39.61	
31	Romero, Luis	Sophomore	HARTNELL	5:29	21:40.18	28
32	Valencia, Robert	Sophomore	HARTNELL	5:30	21:45.38	29
33	Cervantes, Felix	Sophomore	HARTNELL	5:31	21:50.04	30
34	Taylor, Matt	Freshman	SANTA ROSA	5:32	21:53.63	31
35	Buske, Kyle	Sophomore	CCSF	5:33	21:55.57	32
36	Fernandez, Ismael	Freshman	SEQUOIAS	5:33	21:56.98	33
37	Rhoads, Matt	Sophomore	WEST HILLS	5:33	21:58.06	34
38	Ahnberg, Jon	Freshman	SANTA ROSA	5:34	21:59.40	35
39	Garcia, Justin	Freshman	BUTTE	5:34	22:01.48	36
40	Salgado, Jesse	Sophomore	SEQUOIAS	5:35	22:03.30	37
41	Prior, Connor	Freshman	DE ANZA	5:35	22:06.15	38
42	Jagerson, Patrick	Freshman	AMERICAN RIVER	5:36	22:10.45	39
43	Winn, Dylan	Sophomore	DIABLO VALLEY	5:37	22:11.97	40
44	Ninh, Eric	Sophomore	SACRAMENTO	5:37	22:12.65	
45	Stanford, Alex	Sophomore	DE ANZA	5:40	22:26.39	41
46	Grovers, Joseph	Freshman	DE ANZA	5:41	22:30.72	42
47	Rodriguez, Bryan	Freshman	FRESNO	5:42	22:31.13	43
48	Chollate, Sai	Sophomore	DE ANZA	5:43	22:37.71	44
49	Cortes, Anthony	Sophomore	SAN MATEO	5:44	22:40.54	45
50	Ignacio, Arvin	Freshman	DE ANZA	5:45	22:43.39	46
51	Adams, Cory	Freshman	SEQUOIAS	5:46	22:46.75	47
52	Sons, Garrett	Sophomore	FRESNO	5:46	22:48.91	48
53	Reid, Robie	Freshman	SEQUOIAS	5:46	22:50.07	49
54	Ferrey, Christian	Freshman	CCSF	5:48	22:55.36	50
55	Snyder, Jackson	Freshman	DE ANZA	5:48	22:56.36	51
56	Guerrero, David	Freshman	SEQUOIAS	5:49	23:02.10	52
57	Felder, Otis	Sophomore	DIABLO VALLEY	5:50	23:06.16	53

2013 NorCal XC Results

Place	Name	Year	Team	Avg. Mile	Time	Score
58	Flores, Francisco	Freshman	FRESNO	5:51	23:07.50	54
59	Timbrell, Joel	Freshman	DIABLO VALLEY	5:52	23:11.41	55
60	Perez, Giovanni	Sophomore	LAS POSITAS	5:53	23:15.29	56
61	ESTRADA,, DANIEL	Freshman	LAS POSITAS	5:53	23:16.38	57
62	Yee, Michael	Sophomore	LAS POSITAS	5:54	23:20.47	58
63	Lotspeich, Kevon	Sophomore	BUTTE	5:55	23:24.09	59
64	Becker, Stefan	Freshman	BUTTE	5:55	23:25.35	60
65	Yen, Jason	Freshman	CCSF	5:57	23:32.55	61
66	Miller, Ryan	Freshman	WEST HILLS	5:58	23:34.78	62
67	Setser, Thomas	Sophomore	SAN MATEO	5:59	23:38.16	63
68	Hinz, Malcolm	Freshman	BUTTE	6:00	23:44.63	64
69	Smith, Glenn	Sophomore	SAN JOAQUIN DELTA	6:00	23:45.49	65
70	Jeffcoat, Grant	Freshman	SANTA ROSA	6:01	23:47.14	66
71	Gonzalez, Dane	Sophomore	WEST HILLS	6:01	23:48.45	67
72	DAmato, Andrea	Sophomore	CCSF	6:01	23:49.83	68
73	Zamora, Ezra	Freshman	DIABLO VALLEY	6:02	23:51.08	69
74	Lopez, Ismael	Freshman	REDWOODS	6:02	23:53.22	70
75	Carr, Kyle	Sophomore	SAN JOAQUIN DELTA	6:03	23:56.29	71
76	Carrasco, Rigo	Freshman	SAN JOAQUIN DELTA	6:04	23:58.19	72
77	Navea, Pedro	Freshman	DIABLO VALLEY	6:05	24:03.53	73
78	Goodman, Alexander	Freshman	DIABLO VALLEY	6:06	24:09.24	74
79	Best, Gabriel	Freshman	REDWOODS	6:08	24:14.00	75
80	Fonda, Andrew	Freshman	SAN JOAQUIN DELTA	6:09	24:19.23	76
81	Cicciarella, Riccard	Freshman	REDWOODS	6:12	24:30.62	77
82	Kuntz, Tim	Sophomore	SAN JOAQUIN DELTA	6:15	24:43.75	78
83	Allen, Dillon	Sophomore	BUTTE	6:19	25:00.10	79
84	Davis, Daniel	Freshman	REDWOODS	6:20	25:02.94	80
85	Capinpin, Adrain	Freshman	DIABLO VALLEY	6:22	25:10.33	81
86	Vuu, Ming	Sophomore	CCSF	6:23	25:16.41	82
87	Cantu, Zach	Freshman	SAN MATEO	6:28	25:35.20	83
88	Castillo, Hannsel	Freshman	WEST HILLS	6:30	25:43.84	84
89	Lemus, Francisco	Sophomore	FRESNO	6:31	25:46.84	85
90	Sison, Paul	Freshman	SAN JOAQUIN DELTA	6:48	26:53.82	86
91	Smosna, Erik	Freshman	REDWOODS	6:49	26:56.81	87
93	Mendez, Fernando	Freshman	WEST HILLS	7:18	28:51.79	88

2013 NorCal XC Results

Women's 2.90 Mile Team Scores

Rank	Team name	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	MODESTO	1:36:05	19:13	85	2	14	20	21	28	36	62
2	SANTA ROSA	1:37:46	19:33	108	5	18	24	30	31	37	
2	AMERICAN RIVER	1:37:48	19:33	108	8	12	17	33	38	49	64
4	SEQUOIAS	1:36:35	19:19	124	1	10	29	39	45	67	71
5	SAN JOAQUIN DELTA	1:38:50	19:46	137	4	19	26	42	46	52	66
6	SAN MATEO	1:39:37	19:55	145	13	15	22	32	63		
7	DE ANZA	1:40:06	20:01	162	9	16	34	44	59	73	74
8	HARTNELL	1:39:53	19:58	167	6	7	43	50	61	65	
9	SACRAMENTO	1:42:50	20:34	218	3	27	47	69	72	83	
10	DIABLO VALLEY	1:43:02	20:36	221	11	35	53	54	68	76	77
11	BUTTE	1:42:59	20:35	226	23	41	51	55	56	58	60
12	FRESNO	1:46:48	21:21	275	25	40	57	75	78	79	
13	REDWOODS	1:57:08	23:25	361	48	70	80	81	82		

Women's 2.90 Mile Individual Results

Place	Name	Year	Team	Avg. Mile	Time	Score
1	Silva, Yesenia	Freshman	SEQUOIAS	5:47	16:46.76	1
2	Hobby, Becky	Sophomore	MODESTO	6:11	17:58.17	2
3	Hiers, Elizabeth	Freshman	SACRAMENTO	6:18	18:17.18	3
4	Wilson-Beard, Cicelya	Freshman	SAN JOAQUIN DELTA	6:22	18:29.61	4
5	Falk, Taylor	Sophomore	SANTA ROSA	6:23	18:31.24	5
6	Ruelas, Maritza	Freshman	HARTNELL	6:24	18:34.68	6
7	Hobson, Brandi	Freshman	HARTNELL	6:25	18:36.72	7
8	Lua, Alexa	Sophomore	AMERICAN RIVER	6:29	18:49.14	8
9	D'Orfani, Marisa	Freshman	DE ANZA	6:30	18:53.35	9
10	Taylor, Katie	Freshman	SEQUOIAS	6:31	18:54.50	10
11	Schoenstein, Emma	Freshman	DIABLO VALLEY	6:32	18:58.25	11
12	Compton, Kandace	Freshman	AMERICAN RIVER	6:33	19:00.13	12
13	Okino, Mei- Lin	Sophomore	SAN MATEO	6:36	19:08.73	13
14	Sedler, Kaylee	Sophomore	MODESTO	6:36	19:09.58	14
15	MAYFIELD, JANA E	Sophomore	LAS POSITAS	6:36	19:11.29	
16	Guillermo, Megan	Freshman	SAN MATEO	6:37	19:11.70	15
17	Viramontes, Jennifer	Sophomore	WEST HILLS	6:40	19:21.26	
18	Hampel, Ainslee	Sophomore	DE ANZA	6:41	19:25.00	16
19	Berania, Natalie	Sophomore	AMERICAN RIVER	6:43	19:29.50	17

2013 NorCal XC Results

Place	Name	Year	Team	Avg. Mile	Time	Score
20	Huerta, Luz	Freshman	SANTA ROSA	6:43	19:30.27	18
21	Carrasco, Ana	Freshman	SAN JOAQUIN DELTA	6:43	19:30.94	19
22	Cooksey, Ceslie	Freshman	MODESTO	6:44	19:31.82	20
23	Pollard, Dana	Freshman	MODESTO	6:44	19:33.31	21
24	Marin, Alejandra	Sophomore	SAN MATEO	6:44	19:33.73	22
25	Reyes, Rosie	Freshman	BUTTE	6:45	19:34.51	23
26	Dwyer, Tori	Freshman	SANTA ROSA	6:47	19:43.17	24
27	Holm, Katherine	Freshman	FRESNO	6:48	19:45.00	25
28	Hopman, Carla	Sophomore	CCSF	6:49	19:47.06	
29	Hoffman, Nicole	Freshman	SAN JOAQUIN DELTA	6:50	19:51.39	26
30	Perez, O'Naria	Freshman	SACRAMENTO	6:50	19:51.86	27
31	Ruiz, Karina	Freshman	MODESTO	6:51	19:52.41	28
32	Torres, Kathy	Freshman	SEQUOIAS	6:53	19:59.64	29
33	Birkland, Kelly	Freshman	SANTA ROSA	6:53	20:00.07	30
34	Torres, Karla	Freshman	SANTA ROSA	6:54	20:01.83	31
35	Chase, Jordan	Freshman	SAN MATEO	6:55	20:05.32	32
36	Schmidt, Jocelyn	Freshman	AMERICAN RIVER	6:56	20:08.45	33
37	Barajas, Yaritza	Sophomore	DE ANZA	6:57	20:10.12	34
38	Gutierrez, Devany	Freshman	DIABLO VALLEY	6:58	20:12.22	35
39	Carretero, Cecilia	Freshman	MODESTO	6:58	20:12.95	36
40	Lecoeuche, Marina	Sophomore	SANTA ROSA	6:59	20:16.57	37
41	Christopherson, Tara	Sophomore	AMERICAN RIVER	7:01	20:21.44	38
42	Taylor, Jenny	Freshman	SEQUOIAS	7:02	20:24.54	39
43	Petroff, Jessica	Freshman	FRESNO	7:03	20:26.88	40
44	Carrillo, Karina	Sophomore	BUTTE	7:03	20:27.57	41
45	Baum, Taylor	Freshman	SAN JOAQUIN DELTA	7:03	20:28.03	42
46	Delgado, Linda	Freshman	HARTNELL	7:03	20:28.52	43
47	Benitez, Katia	Freshman	DE ANZA	7:03	20:28.97	44
48	Sanchez, Cynthia	Sophomore	SEQUOIAS	7:03	20:29.59	45
49	Daley, Cassidy	Freshman	SAN JOAQUIN DELTA	7:04	20:30.62	46
50	Landeros, Yuli	Freshman	SACRAMENTO	7:04	20:31.07	47
51	Duncan, Elizabeth	Freshman	REDWOODS	7:04	20:32.01	48
52	Vaughn, Kyrrah	Freshman	AMERICAN RIVER	7:06	20:36.22	49
53	Lopez, Kelsey	Sophomore	WEST HILLS	7:11	20:51.16	
54	Zaragoza, Lupita	Sophomore	HARTNELL	7:11	20:52.12	50
55	Stratton, Annie	Freshman	BUTTE	7:12	20:54.86	51
56	Alvarez, Alejandra	Sophomore	SAN JOAQUIN DELTA	7:13	20:56.53	52
57	Suniga, Lauren	Sophomore	DIABLO VALLEY	7:13	20:58.45	53

2013 NorCal XC Results

Place	Name	Year	Team	Avg. Mile	Time	Score
58	Duvauchelle, Emeree	Freshman	DIABLO VALLEY	7:14	20:59.26	54
59	Rossiter, Cassie	Freshman	BUTTE	7:14	21:00.94	55
60	Gammer, Micheelle	Freshman	BUTTE	7:14	21:01.47	56
61	Madison, Rebekah	Sophomore	FRESNO	7:16	21:06.73	57
62	Ferretti, Christina	Sophomore	BUTTE	7:17	21:08.53	58
63	Rios, Karen	Freshman	DE ANZA	7:17	21:09.19	59
64	Belone, Tanya	Freshman	BUTTE	7:19	21:14.48	60
65	Lopez, Rebecca	Freshman	HARTNELL	7:21	21:21.39	61
66	MUKHA, LIANA	Freshman	LAS POSITAS	7:23	21:25.47	
67	Maldonado, Brianda	Freshman	MODESTO	7:25	21:31.25	62
68	Miller, Ashley	Freshman	SAN MATEO	7:27	21:37.60	63
69	Marshall, Miranda	Freshman	AMERICAN RIVER	7:29	21:43.75	64
70	Boyd, Iesha	Freshman	HARTNELL	7:30	21:46.31	65
71	Rowland, Julia	Freshman	SAN JOAQUIN DELTA	7:31	21:48.60	66
72	Martinez, Daniella	Freshman	SEQUOIAS	7:32	21:53.05	67
73	Federwisch, Kali	Freshman	DIABLO VALLEY	7:33	21:53.82	68
74	Lucas, Kelsey	Sophomore	SACRAMENTO	7:35	22:00.22	69
75	Pabloff, Sonia	Freshman	SHASTA	7:37	22:07.09	
76	Caffe, Beatrice	Sophomore	REDWOODS	7:38	22:09.31	70
77	Sanchez, Adriana	Freshman	SEQUOIAS	7:38	22:09.73	71
78	Knackstedt, Katriel	Freshman	SACRAMENTO	7:38	22:10.12	72
79	Dhariwal, Antarpreet	Freshman	DE ANZA	7:42	22:21.61	73
80	Lomeli, Daniela	Sophomore	DE ANZA	7:42	22:22.11	74
81	BOWERSMITH, KELSEA	Freshman	LAS POSITAS	7:47	22:35.97	
82	Ortiz, Ruby	Freshman	FRESNO	7:48	22:39.54	75
83	Monteiro, Danielle	Sophomore	DIABLO VALLEY	7:50	22:43.95	76
84	Nomura, Ashley	Freshman	DIABLO VALLEY	7:52	22:49.93	77
85	Martinez, Kayla	Freshman	FRESNO	7:52	22:49.93	78
86	Wilson, Rebecca	Freshman	FRESNO	8:11	23:46.13	79
87	Flockhart, Mickelle	Freshman	REDWOODS	8:28	24:35.76	80
88	Roberts, Karyl	Freshman	REDWOODS	8:35	24:55.28	81
89	Soto, Natalie	Freshman	REDWOODS	8:35	24:56.09	82
90	Rodriguez, Nazareth	Freshman	SACRAMENTO	9:20	27:06.66	83