

2019 CCCAA Northern California Championship

November 8, 2019 | Toro Park Salinas, CA 93905

HOST: Hartnell College DIRECTOR: Chris Zepeda TIMING: Chip Powers REFEREE: N/A

LIST OF EVENTS: [Women 3 Mile Run CC](#) | [Men 4 Mile Run CC](#)

Women 3 Mile Run CC Team Results (3 Mile)

[Top ↑](#)

PL	Team	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	Hartnell	1:35:03	19:00	29	1	2	3	4	19	25	28
2	Sierra	1:40:43	20:08	109	6	21	26	27	29	30	42
3	Clovis CC	1:41:39	20:19	118	5	13	23	38	39	41	49
4	Santa Rosa	1:42:31	20:30	136	15	16	20	37	48	53	56
5	Modesto	1:43:09	20:37	150	8	18	36	43	45	64	67
6	San Mateo	1:45:47	21:09	167	10	22	31	35	69		
7	San Joaquin Delta	1:46:07	21:13	181	12	14	40	52	63		
8	Fresno	1:46:34	21:18	197	11	24	50	55	57	65	
9	American River	1:50:50	22:10	199	7	17	32	70	73		
10	De Anza	1:46:33	21:18	204	9	44	46	51	54	61	62
11	Monterey Peninsula	1:53:29	22:41	271	34	47	59	60	71		
12	Butte	1:56:52	23:22	297	33	58	66	68	72		

Women 3 Mile Run CC Individual Results (3 Mile)

[Top ↑](#)

PL	NAME	YEAR	TEAM	Avg. Mile	TIME	SCORE
1	Julia Gonzalez	SO-2	Diablo Valley	06:07.1	18:21.1	
2	Daniela Salazar	2022	Hartnell	06:08.2	18:24.5	1
3	Shantal Martinez	2022	Hartnell	06:13.7	18:41.1	2
4	Valeria Lozano-Gomez	2023	Hartnell	06:16.0	18:48.0	3
5	Nerina Campos	2022	Hartnell	06:22.9	19:08.5	4
6	Alyssa Freeman	FR-1	Clovis CC	06:25.1	19:15.1	5
7	Alyse Sibley	2022	Sierra	06:25.2	19:15.5	6
8	Marlee Duane	2022	American River	06:25.4	19:16.1	7
9	Katrina Kohlmeyer	FR-1	Diablo Valley	06:28.6	19:25.7	
10	Maritza Tellez	2022	Sacramento	06:29.4	19:28.0	
11	Aryana Perillo	2023	Modesto	06:30.4	19:31.2	8
12	Leslee Patino	2022	De Anza	06:30.9	19:32.6	9
13	Shannen Dorn	2023	San Mateo	06:31.0	19:32.9	10
14	Matison McCombs	2023	Fresno	06:33.5	19:40.5	11
15	Maria Soto-Aguilar	2023	San Joaquin Delta	06:35.5	19:46.4	12
16	Toni Payton	FR-1	Clovis CC	06:35.8	19:47.2	13
17	Vivianna Gardea	2023	San Joaquin Delta	06:37.5	19:52.3	14
18	Evelin Ramirez	2023	Santa Rosa	06:38.4	19:55.2	15
19	Katrina Frandsen	2023	Santa Rosa	06:38.5	19:55.4	16
20	Abigail Rasmussen	2023	American River	06:39.7	19:59.1	17
21	Nora Nash	2022	Modesto	06:40.4	20:01.1	18
22	Faith Mora	2023	Hartnell	06:40.5	20:01.5	19
23	Jackie Ramirez	2023	Santa Rosa	06:42.1	20:06.2	20
24	Rhiannon Repetti	2023	Sierra	06:43.0	20:08.8	21
25	Evelyn Contreras	2023	San Mateo	06:44.7	20:14.1	22
26	Aubrey Scheibel	2023	Chabot	06:45.1	20:15.2	
27	Alyssa Canales	SO-2	Clovis CC	06:45.5	20:16.3	23
28	Olivia Zambrano	2023	Fresno	06:46.9	20:20.5	24
29	Mariah Changco	2023	Hartnell	06:47.4	20:22.1	25
30	Mikayla Barkve	2023	Sierra	06:48.5	20:25.5	26
31	Sierra Iverson	2022	Sierra	06:48.5	20:25.5	27

32	Joanna Macias	2023	Hartnell	06:48.6	20:25.8	28
33	Grace Southern	2023	Shasta	06:49.3	20:27.7	
34	Carlin Coulam	2023	Sierra	06:49.6	20:28.8	29
35	Anna Larson	2022	Sierra	06:50.7	20:31.9	30
36	Sydney Hou	2023	San Mateo	06:51.3	20:33.7	31
37	Natalie Loo	2022	American River	06:52.8	20:38.3	32
38	Cailin Dockendorf	2023	Butte	06:53.5	20:40.3	33
39	Fabiola Abonce	2023	Monterey Peninsula	06:55.6	20:46.8	34
40	Saralis Villalobos-Marti	2023	San Mateo	06:56.1	20:48.3	35
41	Hope Dodgen	2022	Siskiyou	06:57.0	20:51.0	
42	Gabriella Avalos	2022	Modesto	06:57.3	20:51.8	36
43	Bria Keelty	2023	Santa Rosa	06:58.6	20:55.8	37
44	Courtney Santos	2022	Sequoias	06:59.0	20:56.9	
45	Lily Kahn	SO-2	Clovis CC	07:02.9	21:08.5	38
46	Vanessa Ureno	2023	Chabot	07:03.0	21:09.0	
46	Anisah Rogers	FR-1	Diablo Valley	07:03.0	21:09.0	
48	Natalie Curtis	SO-2	Clovis CC	07:04.1	21:12.2	39
49	Tiana Galaviz-Alvarado	2023	San Joaquin Delta	07:05.6	21:16.7	40
50	Kalana Sawyer	FR-1	Clovis CC	07:06.7	21:20.0	41
51	Diana Diaz Guerra	2023	Sierra	07:06.8	21:20.4	42
52	Myrka Banuelos	2023	Modesto	07:07.6	21:22.7	43
53	Elizabeth Kardach	2023	De Anza	07:07.8	21:23.2	44
54	Jennifer Peraza	2023	Modesto	07:07.8	21:23.2	45
55	Joyce Chang	2023	De Anza	07:10.9	21:32.6	46
56	Miranda Linker	2023	Siskiyou	07:11.7	21:35.0	
57	Darshana Nand	2023	Monterey Peninsula	07:11.8	21:35.2	47
58	Gris Alonso-Soto	2022	Santa Rosa	07:13.1	21:39.3	48
59	Clarissa Luna	FR-1	Clovis CC	07:13.9	21:41.5	49
60	Jorgina Lazcano	2022	Fresno	07:14.1	21:42.3	50
61	Tammy Dinh	2023	De Anza	07:18.4	21:55.2	51
62	Sky Garcia	2023	Sequoias	07:19.6	21:58.6	
63	Raiann Prieto	2023	San Joaquin Delta	07:20.1	22:00.3	52
64	Jenna Asnault	2023	Feather River	07:20.3	22:00.8	
65	Hailey Hopkins	2023	Redwoods	07:20.7	22:01.9	
66	Miranda Huntsinger	2023	Santa Rosa	07:22.3	22:06.8	53
67	Kiely Hardy	2023	De Anza	07:23.5	22:10.3	54
68	Cierra Camarillo	2023	Fresno	07:24.3	22:12.8	55
69	Dana Johnson	2023	Santa Rosa	07:27.3	22:21.8	56
70	Ruth Gross	2023	Redwoods	07:29.2	22:27.6	
71	Alondra Chavira	2023	Fresno	07:32.8	22:38.3	57
72	Grace Swift	2023	Butte	07:33.2	22:39.4	58
73	Sierra Ravinski	2023	Monterey Peninsula	07:40.6	23:01.7	59
74	Natalie Henn	2023	Monterey Peninsula	07:41.0	23:02.9	60
75	Litzzy Gutierrez	2023	De Anza	07:43.1	23:09.1	61
76	Guadalupe Ortiz	2023	De Anza	07:43.3	23:09.9	62
77	Kristen Sotelo	2022	San Joaquin Delta	07:43.9	23:11.7	63
78	Chelsea Rodriguez-Parra	2023	Modesto	07:45.5	23:16.5	64
79	Patty Benitez-Lopez	2023	Fresno	07:47.7	23:23.1	65
80	Adrian Bartlett	2023	Shasta	07:51.4	23:34.0	
81	Amy Matthews	2023	Butte	07:56.9	23:50.6	66
82	Alyssa Beltran	2023	Modesto	08:07.4	24:22.0	67
83	Elizabeth Mercado	2022	Butte	08:10.2	24:30.4	68
84	Ashley Vintero	2023	San Mateo	08:13.0	24:38.9	69
85	Milkah Nyamtoura	2023	American River	08:17.9	24:53.5	70
86	Anahi Arredondo	2023	Monterey Peninsula	08:21.2	25:03.4	71
87	Alia Sager	2023	Shasta	08:23.5	25:10.4	

88	Blaire Britten	2023	Butte	08:23.9	25:11.7	72
89	Lizbeth Escalante	2023	American River	08:41.4	26:04.0	73
90	Savanna Sanderson	2022	Shasta	08:56.1	26:48.2	
91	Abigael Gulley	2022	Redwoods	10:13.5	30:40.5	

Men 4 Mile Run CC Team Results (4 Mile)

Top ↑

PL	Team	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	American River	1:43:31	20:42	41	3	5	8	9	16	22	29
2	Sequoias	1:44:21	20:52	71	1	2	11	27	30	34	44
3	De Anza	1:46:40	21:20	97	12	14	18	25	28	35	51
4	Hartnell	1:46:37	21:19	109	6	10	21	32	40	41	45
5	Clovis CC	1:47:44	21:32	135	7	17	31	38	42	50	72
6	Diablo Valley	1:49:37	21:55	172	4	13	15	46	94		
7	Modesto	1:51:19	22:15	222	19	36	53	54	60	73	88
8	Fresno	1:51:46	22:21	231	26	33	49	59	64	89	
9	Santa Rosa	1:53:28	22:41	266	20	43	58	66	79	83	85
10	Chabot	1:56:03	23:12	332	61	62	63	71	75	86	87
11	Siskiyou	1:59:30	23:54	345	23	48	52	107	115		
12	Sacramento	1:56:42	23:20	346	47	56	70	82	91	112	113
13	Butte	1:56:55	23:23	350	55	57	67	81	90	103	
14	San Joaquin Delta	1:57:30	23:30	360	37	69	78	84	92	98	114
15	Redwoods	1:59:24	23:52	380	24	65	95	97	99	111	116
16	CCSF	2:00:28	24:05	419	68	76	77	96	102	105	
17	Shasta	2:03:52	24:46	449	39	93	100	108	109	110	
18	Monterey Peninsula	2:03:26	24:41	465	74	80	101	104	106	117	

Men 4 Mile Run CC Individual Results (4 Mile)

Top ↑

PL	NAME	YEAR	TEAM	Avg. Mile	TIME	SCORE
1	Ismael Ramirez	2022	Sequoias	04:59.1	19:56.1	1
2	Oscar Perez	2022	Sequoias	05:03.3	20:13.0	2
3	Collin DeJulio	2022	American River	05:04.7	20:18.8	3
4	Logan McNamar	SO-2	Diablo Valley	05:05.9	20:23.6	4
5	Jesus Guerra-Reyes	2023	American River	05:07.1	20:28.2	5
6	Jesus Avalos	2022	Hartnell	05:08.2	20:32.5	6
7	Mohamed Saleh	SO-2	Clovis CC	05:09.6	20:38.2	7
8	Josh Kling	2022	American River	05:11.1	20:44.1	8
9	Ben Blankenburg	2022	American River	05:11.1	20:44.2	9
10	Isaac Gensel	2023	Hartnell	05:14.0	20:56.0	10
11	Evan Loftin	2023	Sequoias	05:15.3	21:01.0	11
12	Ethan Sunseri	2023	De Anza	05:15.8	21:03.0	12
13	Cameron Reyes	SO-2	Diablo Valley	05:17.2	21:08.7	13
14	Max Corrales	2022	De Anza	05:18.3	21:12.9	14
15	Luis Ramirez	SO-2	Diablo Valley	05:18.4	21:13.4	15
16	Peter Vo	2022	American River	05:19.0	21:16.0	16
17	Chris Watkins	SO-2	Clovis CC	05:19.0	21:16.0	17
18	Akito Fujisawa	2022	De Anza	05:19.9	21:19.4	18
19	Bryce Pasquale	2023	Modesto	05:20.6	21:22.3	19
20	Bailey Williams	2023	Santa Rosa	05:21.3	21:24.9	20
21	Rigo Garcia	2023	Hartnell	05:21.7	21:26.5	21
22	Ruben Garcia	2022	American River	05:21.9	21:27.5	22
23	Blake Chitwood	2022	Siskiyou	05:22.0	21:28.0	23
24	Kaleb Trificante	2023	Redwoods	05:22.1	21:28.4	24
25	Tyler Stowell	2022	De Anza	05:22.6	21:30.2	25
26	Christian Santana	2023	Fresno	05:22.9	21:31.4	26
27	Christian Gonzales	2022	Sequoias	05:23.4	21:33.5	27
28	Mohammad Mirwais	2023	De Anza	05:24.0	21:35.8	28
29	Andrew Ribeiro	2022	American River	05:24.3	21:37.1	29

30	Zackary Woods	2023	Sequoias	05:24.5	21:38.0	30
31	Seth Frazer	FR-1	Clovis CC	05:25.2	21:40.5	31
32	Jiovanni Garcia	2023	Hartnell	05:25.3	21:41.2	32
33	Eliel Payan	2022	Fresno	05:28.1	21:52.2	33
34	Luciano Linares	2022	Sequoias	05:28.4	21:53.4	34
35	Ryan Menees	2022	De Anza	05:28.4	21:53.6	35
36	Damian Lopez	2023	Modesto	05:29.5	21:57.9	36
37	Mario Munoz	2022	San Joaquin Delta	05:29.6	21:58.2	37
38	Russel Zelazo	Sophomore	Clovis CC	05:30.0	21:59.9	38
39	Jacob Garrett	2023	Shasta	05:30.0	22:00.0	39
40	Alexis Ojeda	2023	Hartnell	05:30.5	22:01.7	40
41	Edgar Williams	2023	San Jose	05:31.2	22:04.5	
42	Frankie Maciel	2023	Hartnell	05:32.5	22:09.7	41
43	Jared Orth	SO-2	Clovis CC	05:32.6	22:10.3	42
44	Nathan Hayes	2023	Santa Rosa	05:33.0	22:11.9	43
45	Cristobal Vasquez	2023	Sequoias	05:33.0	22:11.9	44
46	Joseph Loreda	2023	Hartnell	05:33.3	22:13.1	45
47	Thomas Ball	FR-1	Diablo Valley	05:33.7	22:14.7	46
48	Xavier Morales	2023	Sacramento	05:34.1	22:16.1	47
49	Ryan Hering	2023	Siskiyou	05:34.4	22:17.5	48
50	Miguel Mendoza	2023	San Jose	05:34.9	22:19.5	
51	BK Robinson	2022	Fresno	05:34.9	22:19.6	49
52	Abraham Cordova	FR-1	Clovis CC	05:36.1	22:24.4	50
53	Ken Yuasa	2023	De Anza	05:37.3	22:28.9	51
53	Logan VanSickle	2023	Siskiyou	05:37.3	22:28.9	52
55	Joshua Hurlock	2023	Modesto	05:37.6	22:30.4	53
56	Alberto Alves	2023	Modesto	05:38.0	22:31.8	54
57	Brody Guinon	2022	Butte	05:38.3	22:33.0	55
58	Xavier Venegas	2022	Sacramento	05:40.1	22:40.2	56
59	Nicholas Moore	2023	San Mateo	05:41.3	22:44.9	
60	David Gonzalez	2023	Butte	05:41.4	22:45.4	57
61	Zach Passalaqua	2023	Santa Rosa	05:43.0	22:52.0	58
62	Adrian Rodriguez	2023	Fresno	05:43.5	22:53.8	59
63	Kyle Brown	2023	Modesto	05:44.3	22:57.0	60
64	Anthony Juarez	2023	Chabot	05:45.9	23:03.3	61
65	Adrian Schroeder	2023	Chabot	05:46.0	23:04.0	62
66	Julian Alfonso	2023	Chabot	05:46.8	23:07.0	63
67	Mikenan Guevara	2023	Fresno	05:47.4	23:09.5	64
68	Matthew Guerrero	2022	Redwoods	05:47.9	23:11.3	65
69	Conor Schott	2023	Santa Rosa	05:48.4	23:13.6	66
70	Zachary Woodworth	2022	Butte	05:49.0	23:15.9	67
71	Evan Forsman	2023	CCSF	05:49.1	23:16.4	68
72	Ben Higa	2023	San Joaquin Delta	05:49.4	23:17.4	69
73	James Womack	2022	Sacramento	05:49.9	23:19.4	70
74	Javier Alfonso	2023	Chabot	05:50.1	23:20.2	71
75	Christian Shehadey	SO-2	Clovis CC	05:51.2	23:24.8	72
76	Ishmael Ramirez	2023	Modesto	05:51.4	23:25.5	73
77	Andrew Alonzo	2023	Monterey Peninsula	05:51.6	23:26.4	74
78	Jonathan Loayza	2023	Chabot	05:52.2	23:28.8	75
79	Jacky Choi	2022	CCSF	05:52.6	23:30.1	76
80	Jose Salazar	2023	CCSF	05:54.2	23:36.8	77
81	Justin Sherman	2023	San Joaquin Delta	05:54.9	23:39.3	78
82	Tucker Frandsen	2023	Santa Rosa	05:56.6	23:46.2	79
83	Michael Garcia	2023	Monterey Peninsula	05:57.1	23:48.2	80
84	Ziggy Barthology	2023	Butte	05:58.7	23:54.8	81
85	Arturo Tovar	2023	Sacramento	05:59.9	23:59.3	82

86	Loren Gillogly	2023	Santa Rosa	06:00.4	24:01.4	83
87	Ignacio Lopez-Espinosa	2023	San Joaquin Delta	06:00.9	24:03.5	84
88	Brandon Alvarado	2023	Santa Rosa	06:01.5	24:05.8	85
89	Mario Martinez	2023	Chabot	06:02.1	24:08.2	86
90	Omar Navarro	Freshman	Chabot	06:02.8	24:11.1	87
91	Chase Phillips	2023	Modesto	06:04.6	24:18.3	88
92	Luis Capistrano	2022	Fresno	06:05.4	24:21.3	89
93	Jonathon Mercado	2023	Butte	06:06.7	24:26.7	90
94	Thomas Le	2023	Sacramento	06:07.0	24:28.0	91
95	Casimiro Rodriguez	2023	San Joaquin Delta	06:08.1	24:32.2	92
96	Joseph Williams	2023	Shasta	06:08.8	24:35.0	93
97	Sam Dudley	FR-1	Diablo Valley	06:09.4	24:37.5	94
98	Josh Hunt	2023	Redwoods	06:12.0	24:47.8	95
99	Jesse Gutierrez	2023	CCSF	06:13.0	24:51.7	96
100	Alejandro Osorio	2023	Redwoods	06:13.8	24:55.2	97
101	Eric Cha	2023	San Joaquin Delta	06:13.9	24:55.4	98
102	Ryan Waite	2023	Redwoods	06:15.6	25:02.2	99
103	Jeshua Wilkinson	2023	Shasta	06:15.9	25:03.6	100
104	Saul Cardenas	2023	Monterey Peninsula	06:17.4	25:09.5	101
105	Alejandro Jauregui	2023	CCSF	06:18.5	25:13.8	102
106	Jacob Long	2023	Butte	06:19.0	25:16.0	103
107	Edward Castaneda	2023	Monterey Peninsula	06:21.2	25:24.5	104
108	Kabila Hightower	2022	CCSF	06:24.4	25:37.6	105
109	Juan Melo	2022	Monterey Peninsula	06:24.6	25:38.1	106
110	Colby Contreras	2023	Siskiyou	06:28.7	25:54.8	107
111	Aaron Young	2023	Shasta	06:31.0	26:04.0	108
112	Cordell Brock	2023	Shasta	06:32.6	26:10.1	109
113	Dixon Moore	2023	Shasta	06:37.9	26:31.4	110
114	Infallible Asenbauer	2023	Redwoods	06:41.8	26:47.0	111
115	Mario Lucero	2023	Sacramento	06:45.4	27:01.3	112
116	Anthony Yopez	Freshman	Sacramento	06:48.6	27:14.2	113
117	Vincent Surait	2023	San Joaquin Delta	06:50.4	27:21.3	114
118	Greyson Morrison	2023	Siskiyou	06:50.4	27:21.4	115
119	Edward Carpenter	2022	Redwoods	06:54.8	27:38.9	116
120	Sukneet Bal	2023	Monterey Peninsula	07:28.8	29:55.0	117

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