CROSS COUNTRY REGIONAL CHAMPIONSHIPS

MireCosta College

(Rain-Course)

November 12, 1983

Hen's Final Team Standings

١.	El Camino
2.	Grossmont64
3.	Glendele88
li o	Long Beach89
5.	Orange Coast99
6.	Mt. San Antonio128
7.	MiraCosta168
8.	Citus

Women	S	Final	Team	Standings
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- 1. East Los Angeles
- 2. MiraCosta
- 3. Golden West
- 4. Orange Coast
- 5. El Camino
- 6. Bakersfield
- 7. Glendale
- 8.

<u>Flace</u>	Tipe	Pirate	Place	Time	Pirste
2.	19:05	Quinonez	6.	17:24.6	Batason
10.	19:30	Da il y	19.	18:05.4	Perkins
30.	20:10	Terriquez	20.	18:10.5	De Bont
34.	20:23	McMaster	25.	18:25.7	Effinger
30.	20:25	Fiddes	30.	18:34.2	Springer
39.	20:31	Lahti	36.	18:44.9	James
45.	20:52	Fitzgerald			

JUNIOR COLLEGE SOUTHERN CALIFORNIA CHAMPIONSHIPS

Division One

At MiraCosta College

MEN IND —1 Huggins (Long Beach.) 19 00, 2 Quinonez (Orange Coast), 19 05, 3 Hope (Chaffey), 19 07, 4 Ruud (Grossmont), 19 15, 5 Hernandez (El Camino), 19 19, 6 Cox (LB), 19 21, 7 Davis (El Camino), 19 22, 8 Staalberg (EC), 19 25, 9 Floyd (Giendale), 19 28, 10 Daily (OC), 19 30 TEAM—1 El Camino, 48, 2 Grossmont, 64, 3 Giendale, 88, 4 Long Beach, 89, 5 Orange Coast, 99

WOMEN IND 1 Torres (Mt San Antonio). 1642, 2 Lasdens (MiraCosta), 1643, 3 Watt (MC), 1653, 4 Aguirre (East LA), 1659, 5 Blakeslee (MC), 17 13, 6 Batson (Orange Coast), 17 24, 7 Sote (Mt Sac), 17 25, 8 Vogt (El Camino), 17 30, 9 McGinnnis (Bakersfield), 17 42, 10 Saavedra (ELA), 17 44 TEAM - 1 East LA, 55, 2 MiraCosta, 57, 3 Golden West, 76, 4 Orange Coast, 78, 5 El Camino, 92